

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Under 10 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	2357	\$Pippa Morphet	Helm Hill Runners	4:35	5	2214	Luna Pearce	Rossendale Harriers & Ac	5:02
2	708	Enia Korne	Lancaster & Morecambe Ac	4:45	6	837	Millie Waite	Leven Valley AC	5:06
3	1202	Phoebe Karran	Preston Harriers	4:50	7	635	Alice Hodgson	Kendal Aac	5:15
4	836	Aida Zaboklicka	Leven Valley AC	4:58	8	324	Charlotte Sayle	Burnley Ac	6:08

Under 10 Girls — TEAM RESULTS

No complete teams

Under 10 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	220	Arthur Taylor	Blackpool Wyre & Fylde Ac	4:14	4	709	Nicholas Georgiev	Lancaster & Morecambe Ac	4:45
2	838	Bodhi Roberts	Leven Valley AC	4:18	5	2209	Tommy Fuller	Lytham St Annes Rr Club	4:58
3	2402	\$Magnus Carruthers	Unattached	4:40	6	2401	\$Jack Cummings	Unattached	5:10

Under 10 Boys — TEAM RESULTS

No complete teams

Under 12 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	844	Elena Procter	Leven Valley AC	8:51	19	1182	Estelle Alderson	Pendle Athletic Club	10:39
2	637	Isla Dalton	Kendal Aac	8:53	20	2392	\$Eliza Driver	Millom Striders	10:40
3	30	Sadie Aspinwall	Barrow & Furness Striders	9:31	21	909	Emme Dagger	Liverpool Pembroke Sefton	10:42
4	2325	\$Harriet Edwards	Dallam Running Club	9:41	22	1603	Mila McKuhen	Southport Waterloo Ac	10:43
5	2333	\$Hannah Pratt	Eden Runners	9:46	23	712	Luisa Korne	Lancaster & Morecambe Ac	10:46
6	225	Alana McMinnis	Blackpool Wyre & Fylde Ac	9:48	24	29	Renee Low	Barrow & Furness Striders	11:02
7	1205	Julia Holden	Preston Harriers	9:50	25	328	Isabelle Sutcliffe	Burnley Ac	11:09
8	1206	Annie Turner	Preston Harriers	9:56	26	33	Peggy Ray	Barrow & Furness Striders	11:11
9	907	Elspeth Mulvee	Liverpool Pembroke Sefton	9:59	27	839	Libby Larkin	Leven Valley AC	11:15
10	843	Connie Dalton	Leven Valley AC	10:02	28	1181	Emma Mitchell	Pendle Athletic Club	11:22
11	327	Maisie Hall	Burnley Ac	10:07	29	714	Poppy Holroyd	Lancaster & Morecambe Ac	11:30
12	221	Posie-Belle Cobb	Blackpool Wyre & Fylde Ac	10:14	30	842	Ayda Langhorn	Leven Valley AC	11:33
13	2161	Lucy Moran	Kirkby Milers AC	10:16	31	715	Isabelle Lake	Lancaster & Morecambe Ac	12:00
14	1204	Lily Gough	Preston Harriers	10:22	32	222	Georgie Giles	Blackpool Wyre & Fylde Ac	12:30
15	710	Emer Cody	Lancaster & Morecambe Ac	10:26	33	845	Lexi Fisher	Leven Valley AC	12:46
16	34	Izzy Frazer	Barrow & Furness Striders	10:27	34	32	Taylor Green	Barrow & Furness Striders	12:52
17	840	Piper Wright	Leven Valley AC	10:28	35	31	Billie McParland	Barrow & Furness Striders	12:52
18	229	Missy Berry	Blackpool Wyre & Fylde Ac	10:36	36	326	Lilly Maguire	Burnley Ac	15:04

Under 12 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	23 —	5 Julia Holden	6 Annie Turner	12 Lily Gough
2 Leven Valley AC	24 —	1 Elena Procter	8 Connie Dalton	15 Piper Wright
3 Blackpool Wyre & Fylde Ac	30 —	4 Alana McMinnis	10 Posie-Belle Cobb	16 Missy Berry
4 Barrow & Furness Striders	38 —	3 Sadie Aspinwall	14 Izzy Frazer	21 Renee Low
5 Lancaster & Morecambe Ac	59 —	13 Emer Cody	20 Luisa Korne	26 Poppy Holroyd
6 Burnley Ac	64 —	9 Maisie Hall	22 Isabelle Sutcliffe	33 Lilly Maguire

Under 12 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	238	Theo Minns	Blackpool Wyre & Fylde Ac	7:29	23	1112	Arthur May	Lytham St Annes Rr Club	9:38
2	639	Charlie Middleton	Kendal Aac	8:24	24	241	Alexander Parsons	Blackpool Wyre & Fylde Ac	9:39
3	2297	\$Jacob Bell	Border Harriers & Ac	8:33	25	719	Finley Lloyd	Lancaster & Morecambe Ac	9:41
4	1214	William Wiggins	Preston Harriers	8:35	26	2326	\$Lewis Edwards	Dallam Running Club	9:44
5	1213	Edward Rose	Preston Harriers	8:37	27	1607	Finley Humes	Southport Waterloo Ac	9:48
6	1192	Riley Smith	Pendle Athletic Club	8:39	28	331	Ronan Cleaver	Burnley Ac	9:50
7	2410	William Hore	Border Harriers & Ac	8:41	29	638	George Butler	Kendal Aac	9:51
8	718	George Piner	Lancaster & Morecambe Ac	8:47	30	720	Orin Clegg	Lancaster & Morecambe Ac	9:52
9	2393	\$Austin Ambrose	Millom Striders	8:55	31	847	Thomas Lightfoot	Leven Valley AC	9:53
10	1107	Samuel Hudson	Lytham St Annes Rr Club	8:57	32	1208	Jack Taylor	Preston Harriers	10:00
11	1209	Oliver Cliff	Preston Harriers	8:59	33	716	Oliver Shepherd	Lancaster & Morecambe Ac	10:08
12	2317	\$Jesse Smith	Carlisle Aspatria Ac	9:03	34	2335	\$Thomas Lane	Eden Runners	10:10
13	330	Seth Phillipson	Burnley Ac	9:04	35	2358	\$Elliot Lowrie	Helm Hill Runners	10:11
14	641	Toby Davies	Kendal Aac	9:13	36	717	Finn Leadsom	Lancaster & Morecambe Ac	10:13
15	1216	Teddy Briers	Preston Harriers	9:18	37	849	Henry Chatfield	Leven Valley AC	10:14
16	1217	George Austin	Preston Harriers	9:25	38	35	Elijah Meacock	Barrow & Furness Striders	10:15
17	1210	Harry Scholes	Preston Harriers	9:26	39	2334	\$Seth Ledger	Eden Runners	10:19
18	2364	\$Ario Sillito	Kendal Aac	9:28	40	846	Charlie Newton	Leven Valley AC	10:30
19	2370	\$Jossy Neild	Keswick AC	9:31	41	640	Matt Wild-Garcia	Kendal Aac	11:04
20	332	Daniel Smith-Shaw	Burnley Ac	9:33	42	2318	\$Oscar Balmer	Carlisle Aspatria Ac	11:45
21	1211	Fraser Mackie	Preston Harriers	9:36	43	36	Oliver Dale	Barrow & Furness Striders	11:50
22	69	Ethan Piprani	Blackburn Harriers & Ac	9:37					

Under 12 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	16 —	3 William Wiggins	4 Edward Rose	9 Oliver Cliff
2 Kendal Aac	36 —	2 Charlie Middleton	11 Toby Davies	23 George Butler
3 Burnley Ac	47 —	10 Seth Phillipson	15 Daniel Smith-Shaw	22 Ronan Cleaver
4 Lancaster & Morecambe Ac	51 —	7 George Piner	20 Finley Lloyd	24 Orin Clegg
5 Leven Valley AC	85 —	25 Thomas Lightfoot	29 Henry Chatfield	31 Charlie Newton

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Under 14 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	78	Georgia Brambles	Blackburn Harriers & Ac	11:10	26	81	Sophie Douglas	Blackburn Harriers & Ac	13:32
2	1221	Cora Alton	Preston Harriers	11:37	27	77	Pippa Blackburn	Blackburn Harriers & Ac	13:33
3	643	Teigan Wilcock	Kendal Aac	11:56	28	1114	Isla Elsander	Lytham St Annes Rr Club	13:42
4	2368	\$Mila Sillito	Kendal Aac	12:01	29	2395	\$Faith Armstrong	Millom Striders	13:51
5	1228	Ella Cox	Preston Harriers	12:10	30	1222	Aurelia Wilding	Preston Harriers	13:55
6	1220	Eden Wilkins	Preston Harriers	12:13	31	2403	\$Ellie Tweddle	Unattached	14:03
7	1219	Olivia Dyer	Preston Harriers	12:15	32	2321	\$Erin Thompson	Copeland Ac	14:04
8	857	Isabella Scanlon	Leven Valley AC	12:20	33	726	Scarlet Gora	Lancaster & Morecambe Ac	14:06
9	853	Gabrielle Murray	Leven Valley AC	12:32	34	721	Nessa Cody	Lancaster & Morecambe Ac	14:06
10	644	Romy Barron	Kendal Aac	12:36	35	2365	\$Michalina Bojdol	Kendal Aac	14:12
11	2336	\$Lucy Wood	Eden Runners	12:38	36	37	Chloe Bouffler	Barrow & Furness Striders	14:13
12	645	Isla Mackinnon	Kendal Aac	12:38	37	82	Mollie Pickup	Blackburn Harriers & Ac	14:15
13	2366	\$Rosa-Mae Crompton	Kendal Aac	12:39	38	2049	Hannah Nicholls	Wigan & District H & Ac	14:17
14	1611	Sasha McNabb	Southport Waterloo Ac	12:45	39	1618	Millie Pritchard	Southport Waterloo Ac	14:18
15	79	Lauren Redwood	Blackburn Harriers & Ac	12:47	40	724	Sienna Hardiman	Lancaster & Morecambe Ac	14:29
16	361	Iris Thomson	Chorley Athletic And Triathlon	12:50	41	335	Maisie Sayle	Burnley Ac	14:45
17	1224	Amelia Pendlebury	Preston Harriers	12:55	42	2394	\$Charley Cummings	Millom Striders	14:58
18	1223	Emily Holden	Preston Harriers	12:57	43	242	Alice Deaville	Blackpool Wyre & Fylde Ac	15:05
19	648	Poppy Carlton	Kendal Aac	13:14	44	246	Lily Shaw	Blackpool Wyre & Fylde Ac	15:14
20	924	Florence Millward	Liverpool Pembroke Sefton	13:16	45	455	Amelia-Grace Rushton	Clayton-Le-Moors Harriers	15:21
21	247	Isabelle Cooper	Blackpool Wyre & Fylde Ac	13:20	46	854	Jacy Jewitt	Leven Valley AC	15:29
22	1226	Harriet Johns	Preston Harriers	13:23	47	243	Florence Harrison	Blackpool Wyre & Fylde Ac	15:45
23	855	Heidi Murphy	Leven Valley AC	13:25	48	852	Mollie Yates	Leven Valley AC	15:54
24	725	Abigail Verrall	Lancaster & Morecambe Ac	13:27	49	1619	Demi Oneill	Southport Waterloo Ac	16:20
25	1218	Eva Karan	Preston Harriers	13:28	50	2413	\$Olivia Lespierre	Burnley Ac	17:28

Under 14 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	11 —	2	Cora Alton	4	Ella Cox	5	Eden Wilkins
2	Kendal Aac	22 —	3	Teigan Wilcock	9	Romy Barron	10	Isla Mackinnon
3	Leven Valley AC	35 —	7	Isabella Scanlon	8	Gabrielle Murray	20	Heidi Murphy
4	Blackburn Harriers & Ac	36 —	1	Georgia Brambles	12	Lauren Redwood	23	Sophie Douglas
5	Lancaster & Morecambe Ac	76 —	21	Abigail Verrall	27	Scarlet Gora	28	Nessa Cody
6	Southport Waterloo Ac	84 —	11	Sasha McNabb	32	Millie Pritchard	41	Demi Oneill
7	Blackpool Wyre & Fylde Ac	89 —	18	Isabelle Cooper	35	Alice Deaville	36	Lily Shaw

Race 6 - Under 14 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1242	Addison Bland	Preston Harriers	13:34	22	940	Cian Critchley	Liverpool Pembroke Sefton	15:15
2	1235	Theodore Noblett	Preston Harriers	13:37	23	2338	\$Adam Horn	Eden Runners	15:24
3	255	Dexter Edwards	Blackpool Wyre & Fylde Ac	13:46	24	83	George Lowde	Blackburn Harriers & Ac	15:31
4	89	Harry Lowde	Blackburn Harriers & Ac	13:51	25	373	Robbie Ames	Chorley Athletic And Triathlon	15:34
5	1238	Patrick Piron	Preston Harriers	13:56	26	2323	\$Arthur Prosser	George Cumberland Fell Runners	
6	1629	Marcus Larkin	Southport Waterloo Ac	13:59	15:35				
7	1626	Thomas Delamere	Southport Waterloo Ac	14:01	27	2337	\$Elliott Griffiths	Eden Runners	15:36
8	1631	Matthew Ndjambula	Southport Waterloo Ac	14:07	28	861	Charles Gibbon	Leven Valley AC	15:37
9	1237	Harrison Kingwells	Preston Harriers	14:12	29	2339	\$Finley Gillon	Eden Runners	15:40
10	1236	Beau Proos-Dalton	Preston Harriers	14:13	30	936	Oliver Gill	Liverpool Pembroke Sefton	16:09
11	87	Zachary Falencki	Blackburn Harriers & Ac	14:17	31	944	Felix Obong	Liverpool Pembroke Sefton	16:15
12	652	Peter Butler	Kendal Aac	14:18	32	253	Charlie Holifield	Blackpool Wyre & Fylde Ac	16:17
13	651	Jacob Bagshaw	Kendal Aac	14:28	33	858	Elliott Scanlon	Leven Valley AC	17:16
14	650	Sean Wild-Garcia	Kendal Aac	14:30	34	374	Jasper Raby	Chorley Athletic And Triathlon	17:20
15	86	Louie Anderson	Blackburn Harriers & Ac	14:34	35	2295	\$Ruairidh Phillips	Annan & District AC	17:21
16	88	Ben Hawksworth	Blackburn Harriers & Ac	14:39	36	2208	Tahir Brimmo	Leven Valley AC	17:55
17	731	Hugo Meyfroidt	Lancaster & Morecambe Ac	14:40	37	38	Arlo Meacock	Barrow & Furness Striders	18:06
18	2299	\$Blake Karam	Border Harriers & Ac	14:52	38	244	Grayson Glickman	Blackpool Wyre & Fylde Ac	18:13
19	2298	\$Keanu Campbell	Border Harriers & Ac	15:01	39	2404	\$Thomas Tweddle	Unattached	18:36
20	649	Harrison Reid	Kendal Aac	15:07	40	252	Archie Holifield	Blackpool Wyre & Fylde Ac	18:55
21	1230	William Rudd	Preston Harriers	15:09	41	931	Samuel Clancy	Liverpool Pembroke Sefton	19:07
					42	2162	Mason Kitts	Kirkby Milers AC	19:38
					43	730	Jake Holroyd	Lancaster & Morecambe Ac	19:58

Race 6 - Under 14 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	8 —	1	Addison Bland	2	Theodore Noblett	5	Patrick Piron
2	Southport Waterloo Ac	21 —	6	Marcus Larkin	7	Thomas Delamere	8	Matthew Ndjambula
3	Blackburn Harriers & Ac	30 —	4	Harry Lowde	11	Zachary Falencki	15	Louie Anderson
4	Kendal Aac	39 —	12	Peter Butler	13	Jacob Bagshaw	14	Sean Wild-Garcia
5	Blackpool Wyre & Fylde Ac	60 —	3	Dexter Edwards	26	Charlie Holifield	31	Grayson Glickman
6	Liverpool Pembroke Sefton	69 —	20	Cian Critchley	24	Oliver Gill	25	Felix Obong
7	Leven Valley AC	79 —	23	Charles Gibbon	27	Elliot Scanlon	29	Tahir Brimmo

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Race 6 - Under 16 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1253	Ellie Blackhurst	Preston Harriers	13:50	19	258	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	16:06
2	1252	Ruby Cox	Preston Harriers	13:52	20	866	Mia Griffiths	Leven Valley AC	16:30
3	2400	\$Eva Abraham	Seaton Athletic Club	14:06	21	339	Robyn Hall	Burnley Ac	16:32
4	2301	\$Frankie Foster	Border Harriers & Ac	14:11	22	340	Isabella Williams	Burnley Ac	16:34
5	2388	\$Daisy Rushton	Liverpool Harriers & Ac	14:20	23	862	Luna Roberts	Leven Valley AC	16:56
6	2399	\$Lottie Donohoe	Seaton Athletic Club	14:37	24	2296	\$Mollie Phillips	Annan & District AC	17:02
7	737	Sienna Thorley	Lancaster & Morecambe Ac	14:42	25	732	Isla Hamilton	Lancaster & Morecambe Ac	17:17
8	655	Mila Barron	Kendal Aac	14:43	26	256	Maggie Belfield	Blackpool Wyre & Fylde Ac	17:18
9	864	Ava O'Keeffe	Leven Valley AC	14:49	27	1638	Melissa Cameron	Southport Waterloo Ac	17:19
10	97	Kitty Crossland	Blackburn Harriers & Ac	15:12	28	968	Bonnie Mahood	Liverpool Pembroke Sefton	17:43
11	1249	Millie Wright	Preston Harriers	15:17	29	1635	Lauren Sinha	Southport Waterloo Ac	18:01
12	2237	Eva Pearce	Rossendale Harriers & Ac	15:30	30	1640	Alexa Higham	Southport Waterloo Ac	18:04
13	1250	Lucy Mitchell	Preston Harriers	15:33	31	2052	Helena Diaz	Wigan & District H & Ac	18:18
14	1247	Isabel Owers	Preston Harriers	15:38	32	654	Violet Benson	Kendal Aac	18:44
15	865	Imogen Moore	Leven Valley AC	15:39	33	2340	\$Felicity Green	Eden Runners	19:02
16	1246	Scarlett Walker	Preston Harriers	15:41	34	2405	\$Mia Presch	Unattached	19:08
17	92	Mya Chadwick	Blackburn Harriers & Ac	15:42	35	1439	Libby Evans	Sedbergh School RC	22:21
18	736	Silvie Parsons	Lancaster & Morecambe Ac	15:58					

Race 6 - Under 16 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	10 —	1	Ellie Blackhurst	2	Ruby Cox	7	Millie Wright
2	Leven Valley AC	32 —	5	Ava O'Keeffe	11	Imogen Moore	16	Mia Griffiths
3	Lancaster & Morecambe Ac	37 —	3	Sienna Thorley	14	Silvie Parsons	20	Isla Hamilton
4	Southport Waterloo Ac	71 —	22	Melissa Cameron	24	Lauren Sinha	25	Alexa Higham

Race 7 - Under 16 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	659	Milo Williams	Kendal Aac	16:40	28	2291	\$Charlie Hodgson	Ambleside Ac	19:11
2	1646	James McGrory	Southport Waterloo Ac	16:47	29	2057	Elliot Molineux	Wigan & District H & Ac	19:20
3	104	Thomas Stewart	Blackburn Harriers & Ac	16:47	30	2213	Sebastian Rudd	Preston Harriers	19:22
4	42	Noah Cook	Barrow & Furness Striders	16:53	31	2167	George Jackson	Kirkby Milers AC	19:26
5	867	Theo Zaboklicki	Leven Valley AC	17:09	32	1642	George Hawthorn	Southport Waterloo Ac	19:27
6	101	E Russell-Blackburn	Blackburn Harriers & Ac	17:14	33	1447	Archie Railton	Sedbergh School RC	19:40
7	1259	Albert Yates	Preston Harriers	17:17	34	2304	\$Ollie Mitchell	Border Harriers & Ac	19:43
8	2302	\$Matthew Downie	Border Harriers & Ac	17:24	35	102	Theo Addy	Blackburn Harriers & Ac	19:51
9	98	Ethan Carson	Blackburn Harriers & Ac	17:44	36	2058	Jack Marsh	Wigan & District H & Ac	19:54
10	1255	Oscar Bragg	Preston Harriers	17:49	37	1257	Ruben Harwood	Preston Harriers	20:20
11	656	Jos Jebb	Kendal Aac	17:50	38	744	Matty Birkbeck	Lancaster & Morecambe Ac	20:24
12	2212	Oscar Jones	Preston Harriers	17:53	39	741	Joe Maguire	Lancaster & Morecambe Ac	20:27
13	979	Harrison Wright	Liverpool Pembroke Sefton	17:56	40	2324	\$Reuben Prosser	Cumberland Fell Runners	20:30
14	107	Max Unthank	Blackburn Harriers & Ac	17:56	41	2411	Joseph Giddings	Keswick AC	20:41
15	105	Cian Woods	Blackburn Harriers & Ac	18:10	42	41	Alfie Dale	Barrow & Furness Striders	20:56
16	746	Dylan Leadsom	Lancaster & Morecambe Ac	18:13	43	1645	Jude Rose	Southport Waterloo Ac	21:06
17	1256	Nathaniel White	Preston Harriers	18:13	44	975	Jack Clancy	Liverpool Pembroke Sefton	21:13
18	1776	Max Bond	Trawden Athletic Club	18:25	45	2168	Aron Savage	Kirkby Milers AC	21:49
19	747	William Taylor	Lancaster & Morecambe Ac	18:27	46	266	Ewan Hyndman	Blackpool Wyre & Fylde Ac	21:56
20	1261	Matthew Bennett	Preston Harriers	18:40	47	2341	\$Thomas Hartley	Eden Runners	22:20
21	658	Harri Tancred	Kendal Aac	18:42	48	1445	Alex Leakey	Sedbergh School RC	22:44
22	99	William Jenner	Blackburn Harriers & Ac	18:44	49	1644	James Silcox	Southport Waterloo Ac	22:54
23	260	Harry Posner	Blackpool Wyre & Fylde Ac	18:50	50	40	Dylan Meacock	Barrow & Furness Striders	23:05
24	1643	Oliver Kimball	Southport Waterloo Ac	18:52	51	43	Charlie English	Barrow & Furness Striders	23:20
25	1260	Dylan Parker	Preston Harriers	18:55	52	2056	Ryan Catton	Wigan & District H & Ac	24:57
26	743	Oliver Partington	Lancaster & Morecambe Ac	18:57	53	1124	Reuben May	Lytham St Annes Rr Club	25:59
27	745	Ezra Woof	Lancaster & Morecambe Ac	19:07					

Race 7 - Under 16 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackburn Harriers & Ac	17 —	3	Thomas Stewart	6	E Russell-Blackburn	8	Ethan Carson
2	Preston Harriers	27 —	7	Albert Yates	9	Oscar Bragg	11	Oscar Jones
3	Kendal Aac	31 —	1	Milo Williams	10	Jos Jebb	20	Harri Tancred
4	Southport Waterloo Ac	55 —	2	James McGrory	23	Oliver Kimball	30	George Hawthorn
5	Lancaster & Morecambe Ac	58 —	15	Dylan Leadsom	18	William Taylor	25	Oliver Partington
6	Barrow & Furness Striders	87 —	4	Noah Cook	38	Alfie Dale	45	Dylan Meacock
7	Wigan & District H & Ac	107 —	27	Elliot Molineux	33	Jack Marsh	47	Ryan Catton

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Race 7 - Under 18 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1268	Kristy Leitch	Preston Harriers	17:55	9	381	Isabelle Hopkins	Chorley Athletic And Triathlon	22:11
2	1266	Pollyanna Kershaw	Preston Harriers	19:15	10	268	Abigail Cameron	Blackpool Wyre & Fylde Ac	22:30
3	662	Emmy Ranner	Kendal AAC	19:27	11	665	Isla Pearman	Kendal AAC	22:52
4	1267	Aimee Harling	Preston Harriers	19:36	12	1457	Sophie Norman	Sedbergh School RC	23:00
5	661	Isla Jebb	Kendal AAC	19:47	13	382	Kate Melling	Chorley Athletic And Triathlon	23:23
6	118	Lottie Hesketh	Blackburn Harriers & Ac	20:12	14	752	Rahael Talks	Lancaster & Morecambe Ac	23:32
7	868	Katelyn Douglas	Leven Valley AC	21:08	15	1453	Grace Goligher	Sedbergh School RC	24:11
8	2065	Holly Nicholls	Wigan & District H & Ac	21:44					

Race 7 - Under 18 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	7 —	1 Kristy Leitch	2 Pollyanna Kershaw	4 Aimee Harling
2 Kendal AAC	19 —	3 Emmy Ranner	5 Isla Jebb	11 Isla Pearman

Race 8 - Under 18 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1700	William Delamere	Southport Waterloo AC	21:25	17	47	Joseph Cook	Barrow & Furness Striders	24:07
2	1481	George Martin	Sedbergh School RC	21:40	18	880	Sam Fisher	Leven Valley AC	24:19
3	1299	Jack Mawdsley	Preston Harriers	22:00	19	2416	\$Aston Stubbs	Annan & District AC	24:21
4	2309	\$Liam Fulton	Border Harriers & AC	22:02	20	1026	Ben Maitland	Liverpool Pembroke Sefton	24:22
5	689	Evan Mulvany	Kendal AAC	22:16	21	686	Luke Switzer	Kendal AAC	24:25
6	289	Archie Belfield	Blackpool Wyre & Fylde AC	22:30	22	772	Oscar Holroyd	Lancaster & Morecambe AC	24:26
7	160	Theo Robinson	Blackburn Harriers & AC	22:46	23	887	James Jewell	Leven Valley AC	24:28
8	1301	William Kershaw	Preston Harriers	22:47	24	882	Henry Murray	Leven Valley AC	25:11
9	1797	Sam Midgley	Trawden Athletic Club	23:20	25	2417	Mason Stubbs	Annan & District AC	25:46
10	154	Benedict Raby	Blackburn Harriers & AC	23:22	26	883	Ollie Pearson	Leven Valley AC	25:57
11	159	Tom Falencki	Blackburn Harriers & AC	23:26	27	885	Riley Scott	Leven Valley AC	26:08
12	2310	\$Ewan Birch	Border Harriers & AC	23:32	28	156	Liam Bennison	Blackburn Harriers & AC	26:14
13	1023	Bentley McIntosh	Liverpool Pembroke Sefton	23:40	29	687	Matthew Jenner	Kendal AAC	28:07
14	884	Oliver Scott	Leven Valley AC	23:45	30	2088	Henry Jeffs-Watts	Wigan & District H & Ac	28:09
15	1300	David Baginski	Preston Harriers	24:00	31	1486	Charlie Francis	Sedbergh School RC	28:12
16	2415	\$Ethan HughesRudd	Cumberland Fell Runners	24:01	32	1487	Thomas Dawson	Sedbergh School RC	31:06

Race 8 - Under 18 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	23 —	3 Jack Mawdsley	7 William Kershaw	13 David Baginski
2 Blackburn Harriers & AC	25 —	6 Theo Robinson	9 Benedict Raby	10 Tom Falencki
3 Leven Valley AC	46 —	12 Oliver Scott	15 Sam Fisher	19 James Jewell
4 Kendal AAC	46 —	4 Evan Mulvany	17 Luke Switzer	25 Matthew Jenner
5 Sedbergh School RC	57 —	2 George Martin	27 Charlie Francis	28 Thomas Dawson

Race 8 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2307	\$Erin Barry	L20	1 Border Harriers & AC	26:02
2	666	Millie Jebb	L20	2 Kendal AAC	26:48
3	2305	\$Bella Tiffin-Lowe	L20	3 Border Harriers & AC	26:50
4	2306	\$Isabelle Milligan	L20	4 Border Harriers & AC	27:39
5	1461	Alberta Cooke	L20	5 Sedbergh School RC	28:11
6	1655	Amelie Scott	L20	6 Southport Waterloo AC	28:30
7	2066	Katie Bonner	L20	7 Wigan & District H & AC	28:57
8	869	I Barrowdale-Smith	L20	8 Leven Valley AC	29:13
9	2170	Poppy Ingarfield	L20	9 Kirkby Milers AC	29:44
10	121	Lily Croasdale	L20	10 Blackburn Harriers & AC	34:31

Race 8 - Ladies under 20 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Race 8 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time				
1	812	Anna Bloomfield	L	1 Lancaster University	23:52	78	2378	\$Louise Brown	L55 9 Keswick AC
2	148	Louisa Powell-Smith	L45	1 Blackburn Harriers & Ac	24:44	79	2374	\$Leeann Barber	L45 17 Keswick AC
3	1282	Nicola Sutton	L40	1 Preston Harriers	25:28	80	394	Nicola Raby	L50 6 Chorley Athletic And Triathlon
4	1659	Olivia Logan	L	4 Southport Waterloo Ac	25:40	81	1915	Helen Lawrenson	L55 10 Wesham Road Runners & Ac
5	2359	\$Sharon Taylor	L45	2 Helm Hill Runners	25:44	82	2329	\$Debbie Walker	L50 7 Derwent Ac Cockermouth
6	755	Santa Rumniece	L35	1 Lancaster & Morecambe Ac	25:54	83	1367	Sarah Hargreaves	L40 12 Red Rose Road Runners
7	2307	\$Erin Barry	L20	1 Border Harriers & Ac	26:02	84	761	Sally Brassington	L50 8 Lancaster & Morecambe Ac
8	678	Lilian Lewis	L	8 Kendal AAC	26:12	85	475	Alison Dugdale	L55 11 Clayton-Le-Moors Harriers
9	147	Vikki Robertshaw	L45	3 Blackburn Harriers & Ac	26:29	86	275	Chloe Lowin	L 86 Blackpool Wyre & Fylde Ac
10	1678	Elisia Mbwale	L40	2 Southport Waterloo Ac	26:36	87	280	Julie Hall	L45 18 Blackpool Wyre & Fylde Ac
11	989	Alicia Wadeson	L	11 Liverpool Pembroke Sefton	26:41	88	477	Julia Rushton	L60 2 Clayton-Le-Moors Harriers
12	549	Lauren Booth	L	12 Hoad Hill Harriers	26:45	89	1675	Ashleigh Gray	L35 5 Southport Waterloo Ac
13	666	Millie Jebb	L20	2 Kendal AAC	26:48	90	1006	Katherine Clancy	L45 19 Liverpool Pembroke Sefton
14	1670	Natalie Hewitt	L35	2 Southport Waterloo Ac	26:49	91	674	Helen Blunt	L45 20 Kendal AAC
15	2305	\$Bella Tiffin-Lowe	L20	3 Border Harriers & Ac	26:50	92	530	Becky Howell	L55 12 Garstang Running Club
16	2073	Kelly Staunton	L	16 Wigan & District H & Ac	27:36	93	466	Kirstie Millar	L35 6 Clayton-Le-Moors Harriers
17	2306	\$Isabelle Milligan	L20	4 Border Harriers & Ac	27:39	94	675	Jenny England	L45 21 Kendal AAC
18	992	Lotte Hendriksen	L	18 Liverpool Pembroke Sefton	27:41	95	1823	Alex Earley	L35 7 Walney Wind Cheetahs
19	139	Ellen Sagar-Hesketh	L	19 Blackburn Harriers & Ac	27:45	96	1690	Carole James	L60 3 Southport Waterloo Ac
20	671	Lynn Hamel	L40	3 Kendal AAC	28:10	97	1008	Tracy Berry	L45 22 Liverpool Pembroke Sefton
21	1461	Alberta Cooke	L20	5 Sedburgh School RC	28:11	98	571	Pippa Martin	L50 9 Hoad Hill Harriers
22	2372	\$Eleanor Green	L	22 Keswick AC	28:24	99	121	Lily Croasdale	L20 10 Blackburn Harriers & Ac
23	1655	Amelie Scott	L20	6 Southport Waterloo Ac	28:30	100	1525	Anna Williams	L45 23 Skelmersdale Boundary H
24	1538	Maria Cook	L50	1 Skelmersdale Boundary H	28:31	101	528	Margaret Morley	L55 13 Garstang Running Club
25	676	Amy Pearman	L45	4 Kendal AAC	28:36	102	2375	\$Debbie Charlton	L50 10 Blackpool Wyre & Fylde Ac
26	2345	\$Emma Nielsen	L50	2 Eden Runners	28:37	103	286	Jennifer Burtonwood	L60 4 Blackpool Wyre & Fylde Ac
27	809	Ella Headland	L	27 Lancaster University	28:47	104	2347	\$Alison Cooke	L65 4 Eden Runners
28	871	Niamh McNally	L	28 Leven Valley AC	28:50	105	285	Karen Dunford	L60 5 Blackpool Wyre & Fylde Ac
29	2066	Katie Bonner	L20	7 Wigan & District H & Ac	28:57	106	1	Lilyanne Bot	L 106 Accrington Road Runners
30	874	Leanne Scott	L40	4 Leven Valley AC	28:59	107	2	Lexie Lord	L 107 Accrington Road Runners
31	2412	\$Heather Eccles	L	31 Cumberland Fell Runners	29:04	108	2072	Lucy Kearsley	L 108 Wigan & District H & Ac
32	471	Kim Kennedy	L45	5 Clayton-Le-Moors Harriers	29:12	109	1380	Paula Plowman	L60 6 Red Rose Road Runners
33	869	I Barrowdale-Smith	L20	8 Leven Valley AC	29:13	110	566	Leanne Bayliff	L45 24 Hoad Hill Harriers
34	276	Basia Pawelczak	L	34 Blackpool Wyre & Fylde Ac	29:16	111	1370	Margaret Worbey	L45 25 Red Rose Road Runners
35	1140	Joanna Goorney	L55	1 Lytham St Annes Rr Club	29:26	112	683	Carolyn Kevan	L65 5 Kendal AAC
36	2292	\$Michelle Foxwell	L50	3 Ambleside Ac	29:31	113	1785	Elaine Corcoran	L45 26 Trawden Athletic Club
37	877	Elizabeth McNally	L55	2 Leven Valley AC	29:41	114	1897	Katie Patel	L40 13 Wesham Road Runners & Ac
38	1665	Chloe Davies	L	38 Southport Waterloo Ac	29:43	115	573	Liz Strickland	L55 14 Hoad Hill Harriers
39	2170	Poppy Ingarfield	L20	9 Kirkby Milers AC	29:44	116	1923	Lisa Minns	L60 7 Wesham Road Runners & Ac
40	2346	\$Karen Bridge	L55	3 Eden Runners	29:47	117	1548	Sally Adams	L55 15 Skelmersdale Boundary H
41	1366	Samantha Edwards	L40	5 Red Rose Road Runners	29:49	118	1909	Jennifer Salt	L50 11 Wesham Road Runners & Ac
42	879	Joanne Taylor-Friell	L55	4 Leven Valley AC	29:51	119	764	Emily Stapleton	L50 12 Lancaster & Morecambe Ac
43	811	Eve Oxenbury	L	43 Lancaster University	29:53	120	5	Sarah Morris	L50 13 Accrington Road Runners
44	569	Joanne Ellis	L45	6 Hoad Hill Harriers	29:55	121	151	Sarah Krige	L50 14 Blackburn Harriers & Ac
45	668	Christie Byrne	L	45 Kendal AAC	29:57	122	2379	\$Nicky Butler	L60 8 Keswick AC
46	1009	Lisa Procter	L45	7 Liverpool Pembroke Sefton	30:06	123	281	Julie Smith	L50 15 Blackpool Wyre & Fylde Ac
47	2377	\$Elaine Sargent	L55	5 Keswick AC	30:09	124	1142	Julia Rolfe	L60 9 Lytham St Annes Rr Club
48	873	Caroline Gibbon	L40	6 Leven Valley AC	30:13	125	6	Vanessa Oldham	L55 16 Accrington Road Runners
49	1777	Isabel Hartley	L	49 Trawden Athletic Club	30:14	126	684	Dianne Priestley	L75 1 Kendal AAC
50	575	Joanne McLeod	L60	1 Hoad Hill Harriers	30:15	127	1284	Olga Wiggins	L45 27 Preston Harriers
51	1680	Andrea Scarborough	L45	8 Southport Waterloo Ac	30:16	128	1898	Kat Fawcett	L40 14 Wesham Road Runners & Ac
52	1291	Jane Hodgkinson	L65	1 Preston Harriers	30:22	129	768	Elizabeth Salt	L65 6 Lancaster & Morecambe Ac
53	1279	Nicola Karran	L35	3 Preston Harriers	30:32	130	2290	Jo McCaffery	L45 28 Wesham Road Runners & Ac
54	2343	\$Katie Milburn	L40	7 Eden Runners	30:39	131	1286	Julie Tyrer	L50 16 Preston Harriers
55	1369	Rachel Tolson	L45	9 Red Rose Road Runners	30:41	132	872	Amanda Thomas	L35 8 Leven Valley AC
56	1828	Amy Singleton	L45	10 Walney Wind Cheetahs	30:47	133	1679	Gemma Delamere	L45 29 Southport Waterloo Ac
57	2376	\$Caroline Cattini-Dow	L50	4 Keswick AC	30:48	134	46	Cathrine Grisdale	L65 7 Barrow & Furness Striders
58	568	Liz White	L45	11 Hoad Hill Harriers	30:52	135	44	Sarah Bouffler	L45 30 Barrow & Furness Striders
59	1919	Susan Coulthurst	L55	6 Wesham Road Runners & Ac	30:55	136	1687	Susan McGough	L55 17 Southport Waterloo Ac
60	1784	Helen Buchan	L45	12 Trawden Athletic Club	31:11	137	1510	Emily Whelan	L 137 Skelmersdale Boundary H
61	756	Liz Lake	L40	8 Lancaster & Morecambe Ac	31:12	138	476	Helen Harrison	L55 18 Clayton-Le-Moors Harriers
62	283	Laura Lawler	L55	7 Blackpool Wyre & Fylde Ac	31:15	139	1902	Clare Belfield	L40 15 Wesham Road Runners & Ac
63	1285	Catherine Mitchell	L45	13 Preston Harriers	31:17	140	478	Yvonne Wickham	L60 10 Clayton-Le-Moors Harriers
64	525	Bryony Boutell	L40	9 Garstang Running Club	31:19	141	45	Sonja Farish	L55 19 Barrow & Furness Striders
65	564	Hilary Stephenson	L45	14 Hoad Hill Harriers	31:21	142	1824	Amy Hesketh	L35 9 Walney Wind Cheetahs
66	1779	S McArdle-Watson	L35	4 Trawden Athletic Club	31:25	143	1281	Agnieszka Kowalczyk	L40 16 Preston Harriers
67	765	Miriam Maher	L55	8 Lancaster & Morecambe Ac	31:28	144	481	Katherine Thompson	L70 1 Clayton-Le-Moors Harriers
68	2342	\$Lisa Jackson	L40	10 Eden Runners	31:32	145	1792	Claire Partridge	L60 11 Trawden Athletic Club
69	480	Susan Burns	L65	2 Clayton-Le-Moors Harriers	31:40	146	1292	Sue Wickham	L65 8 Preston Harriers
70	279	Fran Connolly	L45	15 Blackpool Wyre & Fylde Ac	31:42	147	758	Lou Holroyd	L40 17 Lancaster & Morecambe Ac
71	552	Emily Quinn	L	71 Hoad Hill Harriers	31:44	148	529	Sheena Cottam	L55 20 Garstang Running Club
72	1468	Maggie Wild	L45	16 Sedburgh School RC	31:45	149	1793	Karen Windle	L65 9 Trawden Athletic Club
73	4	Jennie Lynch	L40	11 Accrington Road Runners	31:47	150	1289	Sherrill Caines	L55 21 Preston Harriers
74	1143	Barbara Holmes	L65	3 Lytham St Annes Rr Club	31:48	151	2081	Becki Barnes	L50 17 Wigan & District H & Ac
75	876	Heather Travis	L50	5 Leven Valley AC	31:49	152	1795	Julie Carman	L70 2 Trawden Athletic Club
76	554	Briony Cogan	L	76 Hoad Hill Harriers	31:53	153	482	Christine Leathley	L75 2 Clayton-Le-Moors Harriers
77	547	Daisy Turner	L	77 Hoad Hill Harriers	32:00	154	483	Karin Goss	L75 3 Clayton-Le-Moors Harriers
						155	479	Susan Allen	L65 10 Clayton-Le-Moors Harriers

Race 8 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	24	—	4	Olivia Logan	8	Elisia Mbware	12	Natalie Hewitt
2	Blackburn Harriers & Ac	24	—	2	Louisa Powell-Smith	7	Vikki Robertshaw	15	Ellen Sagar-Hesketh
3	Kendal Aac	33	—	6	Lilian Lewis	11	Millie Jebb	16	Lynn Hamel
4	Lancaster University	56	—	1	Anna Bloomfield	21	Ella Headland	34	Eve Oxenbury
5	Liverpool Pembroke Sefton	60	—	9	Alicia Wadeson	14	Lotte Hendriksen	37	Lisa Procter
6	Leven Valley AC	72	—	22	Niamh McNally	24	Leanne Scott	26	I Barrowdale-Smith
7	Hoad Hill Harriers	85	—	10	Lauren Booth	35	Joanne Ellis	40	Joanne McLeod
8	Preston Harriers	88	—	3	Nicola Sutton	42	Jane Hodgkinson	43	Nicola Karan
9	Southport Waterloo Ac 'B'	89	—	18	Amelie Scott	30	Chloe Davies	41	Andrea Scarborough
10	Leven Valley AC 'B'	100	—	29	Elizabeth McNally	33	Joanne Taylor-Friell	38	Caroline Gibbon
11	Lancaster & Morecambe Ac	109	—	5	Santa Rumniece	49	Liz Lake	55	Miriam Maher
12	Wigan & District H & Ac	126	—	13	Kelly Staunton	23	Katie Bonner	90	Lucy Kearsley
13	Kendal Aac 'B'	131	—	20	Amy Pearman	36	Christie Byrne	75	Helen Blunt
14	Blackpool Wyre & Fylde Ac	134	—	27	Basia Pawelczak	50	Laura Lawler	57	Fran Connolly
15	Trawden Athletic Club	141	—	39	Isabel Hartley	48	Helen Buchan	54	S McArdle-Watson
16	Red Rose Road Runners	143	—	32	Samantha Edwards	44	Rachel Tolson	67	Sarah Hargreaves
17	Clayton-Le-Moors Harriers	150	—	25	Kim Kennedy	56	Susan Burns	69	Alison Dugdale
18	Hoad Hill Harriers 'B'	157	—	46	Liz White	53	Hilary Stephenson	58	Emily Quinn
19	Lytham St Annes Rr Club	194	—	28	Joanna Goorney	61	Barbara Holmes	105	Julia Rolfe
20	Skelmersdale Boundary H	202	—	19	Maria Cook	84	Anna Williams	99	Sally Adams
21	Wesham Road Runners & Ac	209	—	47	Susan Coulthurst	66	Helen Lawrenson	96	Katie Patel
22	Garstang Running Club	213	—	52	Bryony Boutell	76	Becky Howell	85	Margaret Morley
23	Blackpool Wyre & Fylde Ac 'B'	227	—	70	Chloe Lowin	71	Julie Hall	86	Jennifer Burtonwood
24	Accrington Road Runners	237	—	60	Jennie Lynch	88	Lilyanne Bot	89	Lexie Lord
25	Walney Wind Cheetahs	247	—	45	Amy Singleton	79	Alex Earley	123	Amy Hesketh
26	Clayton-Le-Moors Harriers 'B'	268	—	72	Julia Rushton	77	Kirstie Millar	119	Helen Harrison
27	Preston Harriers 'B'	271	—	51	Catherine Mitchell	108	Olga Wiggins	112	Julie Tyrer
28	Lancaster & Morecambe Ac 'B'	279	—	68	Sally Brassington	101	Emily Stapleton	110	Elizabeth Salt
29	Wesham Road Runners & Ac 'B'	307	—	98	Lisa Minns	100	Jennifer Salt	109	Kat Fawcett
30	Trawden Athletic Club 'B'	351	—	95	Elaine Corcoran	126	Claire Partridge	130	Karen Windle
31	Barrow & Furness Striders	353	—	115	Cathrine Grisdale	116	Sarah Bouffler	122	Sonja Farish

Race 8 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	31	—	5	Elisia Mbware	6	Natalie Hewitt	20	Andrea Scarborough
2	Leven Valley AC	38	—	10	Leanne Scott	13	Elizabeth McNally	15	Joanne Taylor-Friell
3	Preston Harriers	45	—	2	Nicola Sutton	21	Jane Hodgkinson	22	Nicola Karan
4	Hoad Hill Harriers	60	—	16	Joanne Ellis	19	Joanne McLeod	25	Liz White
5	Lancaster & Morecambe Ac	65	—	3	Santa Rumniece	28	Liz Lake	34	Miriam Maher
6	Kendal Aac	66	—	7	Lynn Hamel	9	Amy Pearman	50	Helen Blunt
7	Blackburn Harriers & Ac	79	—	1	Louisa Powell-Smith	4	Vikki Robertshaw	74	Sarah Krige
8	Red Rose Road Runners	80	—	14	Samantha Edwards	23	Rachel Tolson	43	Sarah Hargreaves
9	Clayton-Le-Moors Harriers	91	—	11	Kim Kennedy	35	Susan Burns	45	Alison Dugdale
10	Blackpool Wyre & Fylde Ac	111	—	29	Laura Lawler	36	Fran Connolly	46	Julie Hall
11	Liverpool Pembroke Sefton	122	—	17	Lisa Procter	49	Katherine Clancy	56	Tracy Berry
12	Trawden Athletic Club	126	—	27	Helen Buchan	33	S McArdle-Watson	66	Elaine Corcoran
13	Lytham St Annes Rr Club	127	—	12	Joanna Goorney	39	Barbara Holmes	76	Julia Rolfe
14	Wesham Road Runners & Ac	135	—	26	Susan Coulthurst	42	Helen Lawrenson	67	Katie Patel
15	Skelmersdale Boundary H	136	—	8	Maria Cook	58	Anna Williams	70	Sally Adams
16	Garstang Running Club	141	—	31	Bryony Boutell	51	Becky Howell	59	Margaret Morley
17	Walney Wind Cheetahs	171	—	24	Amy Singleton	54	Alex Earley	93	Amy Hesketh
18	Accrington Road Runners	188	—	38	Jennie Lynch	73	Sarah Morris	77	Vanessa Oldham
19	Barrow & Furness Striders	265	—	86	Cathrine Grisdale	87	Sarah Bouffler	92	Sonja Farish

Race 8 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Hoad Hill Harriers	36	—	9	Joanne Ellis	11	Joanne McLeod	16	Liz White
2	Leven Valley AC	42	—	7	Elizabeth McNally	8	Joanne Taylor-Friell	27	Heather Travis
3	Clayton-Le-Moors Harriers	59	—	5	Kim Kennedy	23	Susan Burns	31	Alison Dugdale
4	Blackburn Harriers & Ac	59	—	1	Louisa Powell-Smith	2	Vikki Robertshaw	56	Sarah Krige
5	Blackpool Wyre & Fylde Ac	75	—	19	Laura Lawler	24	Fran Connolly	32	Julie Hall
6	Kendal Aac	76	—	4	Amy Pearman	35	Helen Blunt	37	Jenny England
7	Liverpool Pembroke Sefton	83	—	10	Lisa Procter	34	Katherine Clancy	39	Tracy Berry
8	Lytham St Annes Rr Club	90	—	6	Joanna Goorney	26	Barbara Holmes	58	Julia Rolfe
9	Preston Harriers	94	—	13	Jane Hodgkinson	20	Catherine Mitchell	61	Olga Wiggins
10	Skelmersdale Boundary H	96	—	3	Maria Cook	41	Anna Williams	52	Sally Adams
11	Wesham Road Runners & Ac	97	—	17	Susan Coulthurst	29	Helen Lawrenson	51	Lisa Minns
12	Red Rose Road Runners	106	—	14	Rachel Tolson	45	Paula Plowman	47	Margaret Worbe
13	Lancaster & Morecambe Ac	106	—	22	Miriam Maher	30	Sally Brassington	54	Emily Stapleton
14	Southport Waterloo Ac	115	—	12	Andrea Scarborough	38	Carole James	65	Gemma Delamere
15	Trawden Athletic Club	140	—	18	Helen Buchan	49	Elaine Corcoran	73	Claire Partridge
16	Garstang Running Club	153	—	36	Becky Howell	42	Margaret Morley	75	Sheena Cottam
17	Barrow & Furness Striders	204	—	66	Cathrine Grisdale	67	Sarah Bouffler	71	Sonja Farish

Race 8 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	34 —	9 Susan Burns	12 Alison Dugdale	13 Julia Rushton
2 Lytham St Annes Rr Club	35 —	1 Joanna Goorney	10 Barbara Holmes	24 Julia Rolfe
3 Wesham Road Runners & Ac	39 —	6 Susan Coulthurst	11 Helen Lawrenson	22 Lisa Minns
4 Blackpool Wyre & Fylde Ac	42 —	7 Laura Lawler	17 Jennifer Burtonwood	18 Karen Dunford
5 Garstang Running Club	66 —	14 Becky Howell	16 Margaret Morley	36 Sheena Cottam
6 Preston Harriers	78 —	5 Jane Hodgkinson	35 Sue Wickham	38 Sherrill Caines
7 Trawden Athletic Club	110 —	34 Claire Partridge	37 Karen Windle	39 Julie Carman

Race 8 - Ladies over 65 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	22 —	2 Susan Burns	8 Katherine Thompson	12 Christine Leathley
-----------------------------	------	---------------	----------------------	-----------------------

Race 8 - Vet 70 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	2387	Paul Morris	V70 1 Keswick AC	28:53
2	1927	Phillip Quibell	V70 2 Wesham Road Runners & Ac	29:33
3	1295	Kevin Hesketh	V70 3 Preston Harriers	30:50
4	1928	John Collier	V70 4 Wesham Road Runners & Ac	35:11
5	532	Graham Hobson	V70 5 Garstang Running Club	35:57
6	1796	John Carman	V70 6 Trawden Athletic Club	36:51
7	1297	Alan Appleby	V75 1 Preston Harriers	37:13
8	771	George Parrington	V75 2 Lancaster & Morecambe Ac	39:40

Race 8 - Vet 70 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	4 —	1 Phillip Quibell	3 John Collier
2 Preston Harriers	8 —	2 Kevin Hesketh	6 Alan Appleby

Mid Lancs Cross Country League at Kendal on Saturday 10th October 2026

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	488	Biruk Kebede		Clayton-Le-Moors Harriers	31:42	86	797Shane Cody	V45 5	Lancaster & Morecambe Ac	39:48
2	2380	\$John Battrick		Keswick AC	31:46	87	1995Mark Belfield	V4010	Wesham Road Runners & Ac	39:52
3	302	Luke Minns		Blackpool Wyre & Fylde Ac	32:32	88	701Richard Wilson	V45 6	Kendal Aac	39:55
4	833	Joshua McKenny		Lancaster University	32:36	89	2414\$Steven Pagan		Border Harriers & Ac	40:01
5	896	Philip Waite		Leven Valley AC	32:38	90	1752John Delamere	V50 5	Southport Waterloo Ac	40:02
6	2313	\$Ross Landon		Border Harriers & Ac	33:25	91	816Issac Pressley	U2010	Lancaster University	40:04
7	1303	Luke Kane	U20 1	Preston Harriers	33:33	92	1951Ryan Ashcroft		Wesham Road Runners & Ac	40:05
8	2097	Aiden Briffett		Wigan & District H & Ac	33:58	93	799John Brassington	V50 6	Lancaster & Morecambe Ac	40:05
9	695	Alasdair Russell		Kendal Aac	33:59	94	1715Oliver Horton		Southport Waterloo Ac	40:11
10	827	George Beevers		Lancaster University	34:02	95	2121Mike Harris	V55 5	Wigan & District H & Ac	40:14
11	889	Marley Griffiths	U20 2	Leven Valley AC	34:05	96	212Mark Chippendale	V55 6	Blackburn Harriers & Ac	40:19
12	168	Jack Wood	U20 3	Blackburn Harriers & Ac	34:10	97	2383\$Simon Blackman	V50 7	Keswick AC	40:21
13	2312	\$David Rich		Border Harriers & Ac	34:20	98	345Tobias Mackie	V4011	Burnley Ac	40:21
14	1036	Oliver Sutcliffe		Liverpool Pembroke Sefton	34:25	99	694Adam Taylor		Kendal Aac	40:24
15	893	Matthew Wall		Leven Valley AC	34:28	100	534Andy Woof	V4012	Garstang Running Club	40:24
16	693	Daniel Clavey		Kendal Aac	34:32	101	899Mark Fisher	V4013	Leven Valley AC	40:25
17	892	Ross Campbell		Leven Valley AC	34:39	102	1081Michael Procter	V55 7	Liverpool Pembroke Sefton	40:27
18	496	Joshua Ingham		Clayton-Le-Moors Harriers	34:53	103	703Matthew Wilson	V50 8	Kendal Aac	40:37
19	783	Roger Prudon		Lancaster & Morecambe Ac	34:58	104	801Christopher Pyle	V50 9	Lancaster & Morecambe Ac	40:42
20	2381	\$Sam Stead		Keswick AC	34:59	105	535Peter Hewitt	V45 7	Garstang Running Club	40:49
21	346	Peter Mackrell	V40 1	Burnley Ac	35:09	106	2360\$Seb Sillito	V45 8	Helm Hill Runners	40:54
22	1710	Callum Queen		Southport Waterloo Ac	35:37	107	521David Edmondson	V55 8	Clayton-Le-Moors Harriers	40:57
23	1317	Sam Butler		Preston Harriers	35:41	108	522Chris Funnell	V60 2	Clayton-Le-Moors Harriers	40:59
24	1323	Patrick Brown		Preston Harriers	35:46	109	298Curt Shields		Blackpool Wyre & Fylde Ac	41:03
25	784	Beau Smith		Lancaster & Morecambe Ac	35:51	110	1037Luke Collopy		Liverpool Pembroke Sefton	41:06
26	580	Luke Turner		Hoad Hill Harriers	36:06	111	2021Steve Wilson	V5010	Wesham Road Runners & Ac	41:09
27	1760	Francois Rafferty	V55 1	Southport Waterloo Ac	36:08	112	2013Stephen Dunn	V45 9	Wesham Road Runners & Ac	41:10
28	830	Rohan Finch		Lancaster University	36:13	113	200Richard Addy	V4510	Blackburn Harriers & Ac	41:11
29	782	James Morris		Lancaster & Morecambe Ac	36:15	114	1941Daniel Hounslea		Wesham Road Runners & Ac	41:12
30	17	James McLeod	V40 2	Accrington Road Runners	36:21	115	704Alex Davies	V55 9	Kendal Aac	41:16
31	2140	Andrew Laycock		Clayton-Le-Moors Harriers	36:24	116	598Matthew Rooke		Hoad Hill Harriers	41:21
32	2293	\$Jack Robinson		Ambleside Ac	36:29	117	206Anton Krige	V5510	Blackburn Harriers & Ac	41:30
33	2206	Alfie Bundy	U20 4	Lancaster University	36:31	118	2294\$Steve Brown	V60 3	Ambleside Ac	41:38
34	511	Adam Wale	V40 3	Clayton-Le-Moors Harriers	36:32	119	825Matthew Oberholzer		Lancaster University	41:40
35	1804	Martin Greenwood		Trawden Athletic Club	36:35	120	611Robert Inman	V4511	Hoad Hill Harriers	41:40
36	1806	Brent Gardner	V40 4	Trawden Athletic Club	36:41	121	1813Gary Barwell	V5011	Trawden Athletic Club	41:55
37	615	Scott Smith	V50 1	Hoad Hill Harriers	36:42	122	2384\$Chris Eland	V5511	Keswick AC	41:56
38	785	Rory Alderson		Lancaster & Morecambe Ac	36:44	123	1162Jonathan Tuck	V5012	Lytham St Annes Rr Club	42:02
39	491	Michael Stevens		Clayton-Le-Moors Harriers	36:57	124	698Carl Hanaghan	V4512	Kendal Aac	42:04
40	795	Mark Leadbeatter	V45 1	Lancaster & Morecambe Ac	36:57	125	582James Perry		Hoad Hill Harriers	42:05
41	2363	\$Tim Ellis	V40 5	Horwich R M I Harriers	37:02	126	2351\$Philip Cooper	V5013	Eden Runners	42:06
42	1307	Morgan Harley		Preston Harriers	37:03	127	500George Chapman		Clayton-Le-Moors Harriers	42:07
43	1032	Alexander Procter		Liverpool Pembroke Sefton	37:04	128	52Danny Bouffier	V4014	Barrow & Furness Striders	42:09
44	163	Henry Ward	U20 5	Blackburn Harriers & Ac	37:09	129	1329Christopher McCarthy	V4015	Preston Harriers	42:10
45	1738	Mark Keenan		Southport Waterloo Ac	37:14	130	2316\$Martin Varey	V5014	Border Harriers & Ac	42:29
46	2095	Jack Cuff		Wigan & District H & Ac	37:20	131	1351Steve Hallas	V5015	Preston Harriers	42:34
47	2348	\$Edward Walker		Eden Runners	37:24	132	2124Jamie Munro	V5512	Wigan & District H & Ac	42:38
48	1147	Jake Rodwell		Lytham St Annes Rr Club	37:26	133	1964Thomas Crabtree		Wesham Road Runners & Ac	42:41
49	512	Ian Cocks	V40 6	Clayton-Le-Moors Harriers	37:28	134	903Tony Murray	V5016	Leven Valley AC	42:43
50	2315	\$Jonny Lowe	V45 2	Border Harriers & Ac	37:42	135	898Chris Larkin	V4016	Leven Valley AC	42:45
51	2210	Ross McKelvie		Lytham St Annes Rr Club	37:48	136	1765Peter Roome	V60 4	Southport Waterloo Ac	42:47
52	778	Tom Bowman		Lancaster & Morecambe Ac	37:54	137	1326Jonathan Rackstraw		Preston Harriers	42:49
53	1315	George Holt		Preston Harriers	38:02	138	1397Barry Wheeler	V4017	Red Rose Road Runners	42:50
54	2385	\$Dave Birch	V55 2	Keswick AC	38:08	139	605Cian Nutt	V4513	Hoad Hill Harriers	42:52
55	891	Jack Smith		Leven Valley AC	38:11	140	536Gary Dewhurst	V4514	Garstang Running Club	43:18
56	1708	Matthew Bailey		Southport Waterloo Ac	38:12	141	1359David Lea	V65 1	Preston Harriers	43:20
57	2352	\$Tim Campbell	V50 2	Eden Runners	38:15	142	614Howard Lindow	V4515	Hoad Hill Harriers	43:24
58	1716	Cameron Jeffers		Southport Waterloo Ac	38:18	143	22Dave Hartley	V5017	Accrington Road Runners	43:29
59	1027	Daniel Procter	U20 6	Liverpool Pembroke Sefton	38:20	144	175Jack Lamb		Blackburn Harriers & Ac	43:31
60	1489	Henry Patchett	U20 7	Sedbergh School RC	38:21	145	1565Phillip Derry	V4516	Skelmersdale Boundary H	43:35
61	831	Samuel Binks		Lancaster University	38:23	146	815Pete Abell	U2011	Lancaster University	43:48
62	787	William Fish		Lancaster & Morecambe Ac	38:26	147	826Sander Morris		Lancaster University	43:53
63	1744	Andrew Veevers	V45 3	Southport Waterloo Ac	38:28	148	1856Charles Mitchell	V5018	Walney Wind Cheetahs	43:54
64	515	Richard Stevenson	V50 3	Clayton-Le-Moors Harriers	38:30	149	311Stuart Hall	V4517	Blackpool Wyre & Fylde Ac	43:55
65	1728	Marc Singer		Southport Waterloo Ac	38:32	150	516Gareth Berry	V5019	Clayton-Le-Moors Harriers	43:56
66	1502	Richard Wells	V55 3	Sedbergh School RC	38:33	151	608Glenn Boulter	V4518	Hoad Hill Harriers	43:57
67	292	Thomas Dunbar		Blackpool Wyre & Fylde Ac	38:40	152	296Nathan Baker		Blackpool Wyre & Fylde Ac	43:58
68	597	Darren Coward		Hoad Hill Harriers	38:43	153	1768Neil Adshead	V65 2	Southport Waterloo Ac	44:00
69	2319	\$Simon Oliver	V50 4	Chester Triathlon Club	38:44	154	624Jeffrey Chadwick	V5513	Hoad Hill Harriers	44:03
70	579	Charles Jeffrey		Hoad Hill Harriers	38:52	155	13Jordan Livesey		Accrington Road Runners	44:04
71	165	Thomas North	U20 8	Blackburn Harriers & Ac	38:54	156	2025Tony Terras	V5514	Wesham Road Runners & Ac	44:08
72	2349	\$Richard Green	V40 7	Eden Runners	38:58	157	1573Paul Howarth	V5020	Skelmersdale Boundary H	44:15
73	1342	Andrew Harling	V45 4	Preston Harriers	38:58	158	1408David Simmons	V5021	Red Rose Road Runners	44:17
74	821	Jake Moir		Lancaster University	39:00	159	510Phill Campbell	V4018	Clayton-Le-Moors Harriers	44:37
75	1039	Jack Valentine		Liverpool Pembroke Sefton	39:02	160	625Pete Hopley	V5515	Hoad Hill Harriers	44:46
76	696	William Sisson	V40 8	Kendal Aac	39:03	161	2141Simon Gora	V4019	Garstang Running Club	44:48
77	820	Nathan Jost		Lancaster University	39:04	162	2330\$David Harper	V4519	Derwent Ac Cockermouth	44:50
78	1322	Paul Finnigen		Preston Harriers	39:12	163	304Jay Marrington		Blackpool Wyre & Fylde Ac	44:52
79	26	Glen Goodwin	V60 1	Accrington Road Runners	39:19	164	10Alex Birtwistle		Accrington Road Runners	44:54
80	520	Jonathan Ratcliffe	V55 4	Clayton-Le-Moors Harriers	39:21	165	1809Sam Norris	V4020	Trawden Athletic Club	44:56
81	690	Will Brayshaw	U20 9	Kendal Aac	39:23	166	208Craig Greenough	V5516	Blackburn Harriers & Ac	45:08
82	1154	James Whittle		Lytham St Annes Rr Club	39:25	167	1488Matthew Mulligan	U2012	Sedbergh School RC	45:09
83	1705	Oliver Kitt		Southport Waterloo Ac	39:27	168	317Andrew Smith	V5517	Blackpool Wyre & Fylde Ac	45:16
84	1498	Danny Roberts	V40 9	Sedbergh School RC	39:35	169	2354\$Jonathan Tombs	V5518	Eden Runners	45:19
85	493	Luke Lloyd		Clayton-Le-Moors Harriers	39:48	170	28David Tomlinson	V60 5	Accrington Road Runners	45:23

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Sport
Soft

171 2408\$Andrew Blenkinsop	V5022	Unattached	45:25	206 634Will Holligan	V65 6	Hoad Hill Harriers	49:45
172 2362\$Paul Targett	V60 6	Holcombe Harriers	45:31	207 322Nick Hume	V65 7	Blackpool Wyre & Fylde Ac	49:46
173 344Adam Hall	V4021	Burnley Ac	45:33	208 2191Andrew Kitts	V4024	Kirkby Milers AC	49:59
174 603Tom Southward	V4022	Hoad Hill Harriers	45:36	209 1348Paul Jeffries	V5031	Preston Harriers	50:11
175 1338Chris Ringrose	V4520	Preston Harriers	45:40	210 2128Graeme Higgins	V6015	Wigan & District H & Ac	50:21
176 1852Kieran Ireland		Walney Wind Cheetahs	45:45	211 905Peter Jewell	V5522	Leven Valley AC	50:24
177 1354Andrew Tranter	V60 7	Preston Harriers	45:48	212 2332\$Anthony Davis	V65 8	Derwent Ac Cockermouth	50:33
178 1356John Griffiths	V60 8	Preston Harriers	45:50	213 1398Nat Kerry	V4025	Red Rose Road Runners	50:45
179 2019Steve Myerscough	V5023	Wesham Road Runners & Ac	45:57	214 626Mark Holden	V6016	Hoad Hill Harriers	50:53
180 1352Chris Wales	V5024	Preston Harriers	46:05	215 628Peter Davison	V6017	Hoad Hill Harriers	51:00
181 1159Steve Pepper	V4023	Lytham St Annes Rr Club	46:08	216 1163Dan Gregson	V5032	Lytham St Annes Rr Club	51:23
182 2198Mark Ingarfield	V5025	Kirkby Milers AC	46:13	217 803Eryl Husband	V65 9	Lancaster & Morecambe Ac	51:35
183 600Andy Johannesen		Hoad Hill Harriers	46:19	218 2142Laurence Shackleton	V5033	Garstang Running Club	51:36
184 1350Steve Sherwen	V5026	Preston Harriers	46:20	219 539Stephen Crompton	V5034	Garstang Running Club	51:38
185 2350\$Richard Wood	V4521	Eden Runners	46:24	220 707Stuart McGurk	V6510	Kendal Aac	51:42
186 2355\$Jamie Jephcott	V5519	Eden Runners	46:43	221 2194Stuart Cameron	V4526	Kirkby Milers AC	51:49
187 513David Motley	V4522	Clayton-Le-Moors Harriers	46:45	222 1860Philip Horrocks	V6018	Walney Wind Cheetahs	52:53
188 25Darrin Robinson	V60 9	Accrington Road Runners	46:48	223 1597Nick Paul	V6019	Skelmersdale Boundary H	53:04
189 1426Simon Shaw	V6010	Red Rose Road Runners	47:00	224 2386\$Dominic Barry	V6020	Keswick AC	53:23
190 1092Mark Hudson	V65 3	Liverpool Pembroke Sefton	47:08	225 1424Stephen Woodruffe	V6021	Red Rose Road Runners	53:55
191 538Chris Horner	V5027	Garstang Running Club	47:11	226 315Anthony Blight	V5523	Blackpool Wyre & Fylde Ac	53:57
192 1570Andrew Mowatt	V4523	Skelmersdale Boundary H	47:33	227 24Liam Moden	V6022	Accrington Road Runners	54:12
193 1576Jamie McMahon	V5028	Skelmersdale Boundary H	47:34	228 2045Nigel Shepherd	V6511	Wesham Road Runners & Ac	54:24
194 1407Scott Jackson	V5029	Red Rose Road Runners	47:36	229 54Ray Jones	V6512	Barrow & Furness Striders	54:37
195 1358John Rainford	V65 4	Preston Harriers	47:56	230 706Peter Acland	V6513	Kendal Aac	54:40
196 2119John Smith	V5030	Wigan & District H & Ac	48:05	231 623Frank McKeown	V5524	Hoad Hill Harriers	54:46
197 902Chris Moore	V4524	Leven Valley AC	48:10	232 523Ian Harrison	V6023	Clayton-Le-Moors Harriers	55:28
198 906Neil Smith	V5520	Leven Valley AC	48:55	233 1572Adrian Goulding	V5035	Skelmersdale Boundary H	56:06
199 1420John Carruthers	V6011	Red Rose Road Runners	48:59	234 1360Michael Brown	V6514	Preston Harriers	56:15
200 1764Graham Cuddy	V6012	Southport Waterloo Ac	49:03	235 1414Edwin Hamilton	V5525	Red Rose Road Runners	57:30
201 1423Philip Butler	V6013	Red Rose Road Runners	49:08	236 542Marcus Howell	V5036	Garstang Running Club	58:55
202 1766Michael Cunningham	V6014	Southport Waterloo Ac	49:31	237 593Cormac Murray		Hoad Hill Harriers	1:00:53
203 1863Steven Batty	V65 5	Walney Wind Cheetahs	49:34	238 2197Nicholas McCole	V5037	Kirkby Milers AC	1:01:55
204 2353\$Garry Bower	V5521	Eden Runners	49:42	239 1862Andrew Hemsley	V6024	Walney Wind Cheetahs	1:06:24
205 1405Simon Worbey	V4525	Red Rose Road Runners	49:44	240 1855Paul Smith	V5038	Walney Wind Cheetahs	1:07:09

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	148 —	1 Biruk Kebede	15 Joshua Ingham	27 Andrew Laycock	29 Adam Wale	34 Michael Stevens	42 Ian Cocks
2 Leven Valley AC	172 —	4 Philip Waite	9 Marley Griffiths	12 Matthew Wall	14 Ross Campbell	46 Jack Smith	87 Mark Fisher
3 Lancaster & Morecambe Ac	174 —	16 Roger Prudon	21 Beau Smith	25 James Morris	33 Rory Alderson	35 Mark Leadbeatter	44 Tom Bowman
4 Lancaster University	176 —	3 Joshua McKenny	8 George Beevers	24 Rohan Finch	28 Alfie Bundy	51 Samuel Binks	62 Jake Moir
5 Preston Harriers	186 —	5 Luke Kane	19 Sam Butler	20 Patrick Brown	36 Morgan Harley	45 George Holt	61 Andrew Harling
6 Southport Waterloo Ac	228 —	18 Callum Queen	23 Francois Rafferty	39 Mark Keenan	47 Matthew Bailey	48 Cameron Jeffers	53 Andrew Veevers
7 Kendal Aac	314 —	7 Alasdair Russell	13 Daniel Clavey	64 William Sisson	69 Will Brayshaw	76 Richard Wilson	85 Adam Taylor
8 Liverpool Pembroke Sefton	343 —	11 Oliver Sutcliffe	37 Alexander Procter	49 Daniel Procter	63 Jack Valentine	88 Michael Procter	95 Luke Collopy
9 Hoad Hill Harriers	376 —	22 Luke Turner	32 Scott Smith	58 Darren Coward	59 Charles Jeffrey	101 Matthew Rooke	104 Robert Inman
10 Blackburn Harriers & Ac	391 —	10 Jack Wood	38 Henry Ward	60 Thomas North	83 Mark Chippendale	98 Richard Addy	102 Anton Krige
11 Clayton-Le-Moors Harriers 'B'	489 —	54 Richard Stevenson	68 Jonathan Ratcliffe	73 Luke Lloyd	92 David Edmondson	93 Chris Funnell	109 George Chapman
12 Southport Waterloo Ac 'B'	535 —	55 Marc Singer	71 Oliver Kitt	77 John Delamere	81 Oliver Horton	117 Peter Roome	134 Neil Adshead
13 Blackpool Wyre & Fylde Ac	559 —	2 Luke Minns	57 Thomas Dunbar	94 Curt Shields	130 Stuart Hall	133 Nathan Baker	143 Jay Marrington
14 Wesham Road Runners & Ac	560 —	75 Mark Belfield	79 Ryan Ashcroft	96 Steve Wilson	97 Stephen Dunn	99 Daniel Hounslea	114 Thomas Crabtree
15 Wigan & District H & Ac	596 —	6 Aiden Briffett	40 Jack Cluff	82 Mike Harris	113 Jamie Munro	171 John Smith	184 Graeme Higgins
16 Lytham St Annes Rr Club	607 —	41 Jake Rodwell	43 Ross McKelvie	70 James Whittle	106 Jonathan Tuck	158 Steve Pepper	189 Dan Gregson
17 Accrington Road Runners	646 —	26 James McLeod	67 Glen Goodwin	124 Dave Hartley	136 Jordan Livesey	144 Alex Birtwistle	149 David Tomlinson
18 Preston Harriers 'B'	681 —	66 Paul Finnigen	111 Christopher McCarthy	112 Steve Hallas	118 Jonathan Rackstraw	122 David Lea	152 Chris Ringrose
19 Hoad Hill Harriers 'B'	759 —	108 James Perry	120 Cian Nutt	123 Howard Lindow	132 Glenn Boulter	135 Jeffrey Chadwick	141 Pete Hopley
20 Garstang Running Club	797 —	86 Andy Woolf	91 Peter Hewitt	121 Gary Dewhurst	142 Simon Gora	166 Chris Horner	191 Laurence Shackleton
21 Red Rose Road Runners	941 —	119 Barry Wheeler	139 David Simmons	164 Simon Shaw	169 Scott Jackson	174 John Carruthers	176 Philip Butler
22 Skelmersdale Boundary H	1000 —	126 Phillip Derry	138 Paul Howarth	167 Andrew Mowatt	168 Jamie McMahon	196 Nick Paul	205 Adrian Goulding
23 Walney Wind Cheetahs	1078 —	129 Charles Mitchell	153 Kieran Ireland	178 Steven Batty	195 Philip Horrocks	211 Andrew Hemsley	212 Paul Smith

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	1303	Luke Kane	U20 1	Preston Harriers	33:33
2	889	Marley Griffiths	U20 2	Leven Valley AC	34:05
3	168	Jack Wood	U20 3	Blackburn Harriers & Ac	34:10
4	2206	Alfie Bundy	U20 4	Lancaster University	36:31
5	163	Henry Ward	U20 5	Blackburn Harriers & Ac	37:09
6	1027	Daniel Procter	U20 6	Liverpool Pembroke Sefton	38:20
7	1489	Henry Patchett	U20 7	Sedbergh School RC	38:21
8	165	Thomas North	U20 8	Blackburn Harriers & Ac	38:54
9	690	Will Brayshaw	U20 9	Kendal Aac	39:23
10	816	Issac Pressley	U2010	Lancaster University	40:04
11	815	Pete Abell	U2011	Lancaster University	43:48
12	1488	Matthew Mulligan	U2012	Sedbergh School RC	45:09

Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackburn Harriers & Ac	16 —	3 Jack Wood	5 Henry Ward	8 Thomas North
2 Lancaster University	25 —	4 Alfie Bundy	10 Issac Pressley	11 Pete Abell

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	37	—	4 Adam Wale	8 Ian Cocks	10 Richard Stevenson	15 Jonathan Ratcliffe
2 Lancaster & Morecambe Ac	74	—	7 Mark Leadbeatter	17 Shane Cody	21 John Brassington	29 Christopher Pyle
3 Southport Waterloo Ac	79	—	2 Francois Rafferty	9 Andrew Veevers	20 John Delamere	48 Peter Roome
4 Kendal Aac	96	—	13 William Sisson	19 Richard Wilson	28 Matthew Wilson	36 Alex Davies
5 Accrington Road Runners	142	—	3 James McLeod	14 Glen Goodwin	54 Dave Hartley	71 David Tomlinson
6 Hoad Hill Harriers	147	—	6 Scott Smith	38 Robert Inman	50 Cian Nutt	53 Howard Lindow
7 Wesham Road Runners & Ac	147	—	18 Mark Belfield	33 Steve Wilson	34 Stephen Dunn	62 Tony Terras
8 Preston Harriers	151	—	12 Andrew Harling	43 Christopher McCarthy	44 Steve Hallas	52 David Lea
9 Blackburn Harriers & Ac	164	—	23 Mark Chippendale	35 Richard Addy	37 Anton Krige	69 Craig Greenough
10 Garstang Running Club	173	—	25 Andy Woolf	30 Peter Hewitt	51 Gary Dewhurst	67 Simon Gora
11 Leven Valley AC	211	—	26 Mark Fisher	46 Tony Murray	47 Chris Larkin	92 Chris Moore
12 Wigan & District H & Ac	262	—	22 Mike Harris	45 Jamie Munro	91 John Smith	104 Graeme Higgins
13 Red Rose Road Runners	286	—	49 Barry Wheeler	64 David Simmons	84 Simon Shaw	89 Scott Jackson
14 Skelmersdale Boundary H	293	—	55 Phillip Derry	63 Paul Howarth	87 Andrew Mowatt	88 Jamie McMahon
15 Blackpool Wyre & Fylde Ac	346	—	57 Stuart Hall	70 Andrew Smith	101 Nick Hume	118 Anthony Blight
16 Walney Wind Cheetahs	399	—	56 Charles Mitchell	98 Steven Batty	115 Philip Horrocks	130 Andrew Hemsley
17 Kirkby Milers AC	425	—	80 Mark Ingarfield	102 Andrew Kitts	114 Stuart Cameron	129 Nicholas McCole

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton-Le-Moors Harriers	23	—	3 Richard Stevenson	6 Jonathan Ratcliffe	14 David Edmondson
2 Southport Waterloo Ac	32	—	1 Francois Rafferty	7 John Delamere	24 Peter Roome
3 Blackburn Harriers & Ac	63	—	10 Mark Chippendale	18 Anton Krige	35 Craig Greenough
4 Hoad Hill Harriers	66	—	2 Scott Smith	30 Jeffrey Chadwick	34 Pete Hopley
5 Accrington Road Runners	68	—	5 Glen Goodwin	26 Dave Hartley	37 David Tomlinson
6 Wigan & District H & Ac	82	—	9 Mike Harris	22 Jamie Munro	51 John Smith
7 Preston Harriers	84	—	21 Steve Hallas	25 David Lea	38 Andrew Tranter
8 Wesham Road Runners & Ac	87	—	16 Steve Wilson	31 Tony Terras	40 Steve Myerscough
9 Lancaster & Morecambe Ac	87	—	8 John Brassington	13 Christopher Pyle	66 Eryl Husband
10 Kendal Aac	98	—	12 Matthew Wilson	17 Alex Davies	69 Stuart McGurk
11 Red Rose Road Runners	127	—	33 David Simmons	45 Simon Shaw	49 Scott Jackson
12 Leven Valley AC	137	—	23 Tony Murray	52 Neil Smith	62 Peter Jewell
13 Skelmersdale Boundary H	151	—	32 Paul Howarth	48 Jamie McMahon	71 Nick Paul
14 Walney Wind Cheetahs	154	—	27 Charles Mitchell	57 Steven Batty	70 Philip Horrocks
15 Blackpool Wyre & Fylde Ac	168	—	36 Andrew Smith	59 Nick Hume	73 Anthony Blight
16 Garstang Running Club	182	—	47 Chris Horner	67 Laurence Shackleton	68 Stephen Crompton

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Accrington Road Runners	16	—	1 Glen Goodwin	6 David Tomlinson	9 Darrin Robinson
2 Preston Harriers	19	—	4 David Lea	7 Andrew Tranter	8 John Griffiths
3 Southport Waterloo Ac	22	—	3 Peter Roome	5 Neil Adshead	14 Graham Cuddy
4 Red Rose Road Runners	38	—	10 Simon Shaw	13 John Carruthers	15 Philip Butler
5 Hoad Hill Harriers	61	—	18 Will Holligan	21 Mark Holden	22 Peter Davison
6 Walney Wind Cheetahs	76	—	17 Steven Batty	25 Philip Horrocks	34 Andrew Hemsley