



NORTHERN CROSS COUNTRY CHAMPIONSHIPS 2025

UK Permit No. TBC

Saturday 25th January 2025

Tatton Park

CHAMPIONSHIP EVENTS – All distances approximate

11.00	Under 17 Women	5.20K	15 & 16 Years on 31 st Aug 2024
11.25	Under 17 Men	5.80K	15 & 16 Years on 31 st Aug 2024
11.55	Junior Women	5.80K	17,18 & 19 Years on 31 st Aug 2024
12.25	Under 13 Girls	3.15K	11 & 12 Years on Aug 31 st 2024
12.40	Under 13 Boys	3.15K	11 & 12 Years on Aug 31 st 2024
12.55	Under 15 Girls	4.00K	13 & 14 Years on Aug 31 st 2024
13.20	Under 15 Boys	4.00K	13 & 14 Years on Aug 31 st 2024
13.40	Junior Men	7.90K	17,18 & 19 Years on 31 st Aug 2024
14.10	Senior Women	7.90K	20 years and over on Aug 31 st 2024
15.00	Senior Men	11.75K	20 years and over on Aug 31 st 2024

Team Manager Entry

All entries must be submitted through www.race-results.co.uk. Entry fee £10.00 per entrant for Senior & Junior age groups and £9.00 per entrant for all other age groups. Programmes will available online.

Closing date for online entries – 19th January 2025

NO LATE ENTRIES WILL BE ACCEPTED

Conditions of Entry

All clubs may enter as many first-claim members as they wish in all events **provided they are affiliated to both Northern Athletics and England Athletics for 2024/25.**

All athletes **MUST** be **currently** registered with England Athletics as **1st Claim members of that club.**

First-claim members who do not qualify for team competition may run but these entries must be clearly marked with an asterisk. Any Foreign Athletes in the team **MUST** also be currently registered with UKA as Foreign Athletes. **All team and athlete affiliation will be verified prior to the event.**

The first SIX in the Senior Men's race and first FOUR in all other races will be a club's scoring counters, except for the two Junior events (U20), which will be THREE scoring counters. Only one registered Foreign Athlete can count in the scoring team.

Club Colours (as registered with EA) must be worn.

Notes

- 1. No competitor may compete unless his or her name appears in the programme. No guest competitors will be allowed. Acknowledgements will be by return email. Timetable, travel directions and further instructions will be posted on the NA website.*
- 2. Chip Timing will be used.*
- 3. No athlete is allowed to compete in the Championships of more than one Area Association in any discipline in any 9 month period. NB: This applies to all disciplines.*

4. *NA reserves the right to ask any athlete to withdraw from a race on health and safety grounds where, continuing to compete may put either themselves, other athletes or officials at risk; and, if told to do so on the direction of a race official, the athlete must comply with the request.*
5. *Team managers only will be able to collect numbers at registration.*

UKA Anti-Doping Statement

'An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the licence holder is a citizen of, or resident in, the UK.'