

Mid Lancs Cross Country League at Kendal on Saturday 11th October 2025

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	379	Cora Alton	Chorley A & T	7:30	19	779	Nessa Cody	Lancaster & Morecambe Ac	8:46
2	701	Teigan Wilcock	Kendal AAC	7:31	20	1746	Isla Elsender	Lytham St Annes Rr Club	8:46
3	967	Elena Proctor	Leven Valley AC	7:45	21	959	Grace Eaton	Leven Valley AC	8:48
4	222	Esame Gamble	Blackpool Wyre & Fylde Ac	7:46	22	1877	Aurelia Wilding	Preston Harriers	8:52
5	220	Isabelle Cooper	Blackpool Wyre & Fylde Ac	7:48	23	923	Heidi Murphy	Leven Valley AC	8:59
6	698	Romy Barron	Kendal AAC	7:50	24	362	Maisie Hall	Burnley Ac	9:11
7	924	Gabrielle Murray	Leven Valley AC	7:56	25	921	Connie Dalton	Leven Valley AC	9:19
8	699	Isla Dalton	Kendal AAC	7:59	26	365	Maisie Sayle	Burnley Ac	9:21
9	1878	Eden Wilkins	Preston Harriers	8:04	27	1749	Edwards Ruby Price	Lytham St Annes Rr Club	9:25
10	1874	Emily Holden	Preston Harriers	8:08	28	780	Poppy Holroyd	Lancaster & Morecambe Ac	9:33
11	384	Iris Thomson	Chorley A & T	8:09	29	382	Erin Corrigan	Chorley A & T	9:33
12	1876	Annie Turner	Preston Harriers	8:12	30	782	Freya Winterbottom	Lancaster & Morecambe Ac	9:34
13	1875	Eva Karran	Preston Harriers	8:14	31	380	Ysella Blaskovics	Chorley A & T	9:39
14	225	Alana McMinnis	Blackpool Wyre & Fylde Ac	8:16	32	1839	Estelle Alderson	Pendle Athletic Club	9:48
15	226	Annie Patel	Blackpool Wyre & Fylde Ac	8:18	33	2350	Robyn Benton	Southport Waterloo Ac	9:59
16	1873	Julia Holden	Preston Harriers	8:20	34	1846	Emma Mitchell	Pendle Athletic Club	10:01
17	2870	Erica Boydon	Lancaster & Morecambe Ac	8:28	35	1753	Jessica Neild	Lytham St Annes Rr Club	10:43
18	920	Chloe Bouffler	Leven Valley AC	8:43	36	922	Lexi Fisher	Leven Valley AC	10:48

Under 11 Girls — TEAM RESULTS

1	Kendal AAC	16	—	2	Teigan Wilcock	6	Romy Barron	8	Isla Dalton
2	Blackpool Wyre & Fylde Ac	23	—	4	Esame Gamble	5	Isabelle Cooper	14	Alana McMinnis
3	Leven Valley AC	28	—	3	Elena Proctor	7	Gabrielle Murray	18	Chloe Bouffler
4	Preston Harriers	31	—	9	Eden Wilkins	10	Emily Holden	12	Annie Turner
5	Chorley A & T	41	—	1	Cora Alton	11	Iris Thomson	29	Erin Corrigan
6	Lancaster & Morecambe Ac	64	—	17	Erica Boydon	19	Nessa Cody	28	Poppy Holroyd
7	Lytham St Annes Rr Club	82	—	20	Isla Elsender	27	Edwards Ruby Price	35	Jessica Neild

Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	249	Theo Minns	Blackpool Wyre & Fylde Ac	6:29	23	2892	Harry Scholes	Preston Harriers	8:09
2	2356	Thomas Delamere	Southport Waterloo Ac	6:52	24	245	Charlie Holifield	Blackpool Wyre & Fylde Ac	8:10
3	702	Jacob Bagshaw	Kendal AAC	6:53	25	52	Elliot Scanlon	Barrow & Furness Striders	8:15
4	707	Sean Wild-Garcia	Kendal AAC	6:54	26	1883	Zachary Livesey	Preston Harriers	8:16
5	1611	Zac Rimmer	Liverpool Pembroke Sefton	6:57	27	2362	Tom Winslow	Southport Waterloo Ac	8:21
6	1609	Luka McGlone	Liverpool Pembroke Sefton	7:12	28	241	Grayson Glickman	Blackpool Wyre & Fylde Ac	8:22
7	391	William Wiggans	Chorley A & T	7:15	29	1756	Benjamin Nield	Lytham St Annes Rr Club	8:27
8	1887	Billy Woodruff	Preston Harriers	7:15	30	385	Rupert Bignell	Chorley A & T	8:27
9	705	Harrison Reid	Kendal AAC	7:21	31	1754	Jessica Neild	Lytham St Annes Rr Club	8:30
10	2891	Edward Rose	Preston Harriers	7:30	32	251	Alexander Parsons	Blackpool Wyre & Fylde Ac	8:33
11	1605	William Elliott	Liverpool Pembroke Sefton	7:32	33	925	Henry Chatfield	Leven Valley AC	8:35
12	2887	Samuel Hudson	Lytham St Annes Rr Club	7:37	34	783	Jake Holroyd	Lancaster & Morecambe Ac	8:48
13	1879	Teddy Briers	Preston Harriers	7:40	35	51	Arlo Meacock	Barrow & Furness Striders	8:51
14	1881	Oliver Cliff	Preston Harriers	7:40	36	706	Matt Wild-Garcia	Kendal AAC	8:53
15	2360	William Paybody	Southport Waterloo Ac	7:45	37	1064	Oliver Ramsey	Kendal AAC	8:54
16	2358	Jack Mainey	Southport Waterloo Ac	7:46	38	244	Archie Holifield	Blackpool Wyre & Fylde Ac	8:59
17	2907	Freddie Fretwell	Settle Harriers	7:48	39	257	Dougie Sparrow	Blackpool Wyre & Fylde Ac	9:00
18	254	Luca Sewell	Blackpool Wyre & Fylde Ac	7:53	40	1576	Mason Kitts	Kirkby Milers AC	9:01
19	364	Seth Phillipson	Burnley Ac	8:06	41	367	Leo Welsby	Burnley Ac	9:18
20	1884	Fraser Mackie	Preston Harriers	8:07	42	50	Owen Fox	Barrow & Furness Striders	9:46
21	1755	Arthur May	Lytham St Annes Rr Club	8:08	43	390	Leo Thornton-Jones	Chorley A & T	9:53
22	1885	Ollie Melling	Preston Harriers	8:09					

Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kendal AAC	16	—	3	Jacob Bagshaw	4	Sean Wild-Garcia	9	Harrison Reid
2	Liverpool Pembroke Sefton	22	—	5	Zac Rimmer	6	Luka McGlone	11	William Elliott
3	Preston Harriers	31	—	8	Billy Woodruff	10	Edward Rose	13	Teddy Briers
4	Southport Waterloo Ac	33	—	2	Thomas Delamere	15	William Paybody	16	Jack Mainey
5	Blackpool Wyre & Fylde Ac	41	—	1	Theo Minns	17	Luca Sewell	23	Charlie Holifield
6	Lytham St Annes Rr Club	60	—	12	Samuel Hudson	20	Arthur May	28	Benjamin Nield
7	Chorley A & T	78	—	7	William Wiggans	29	Rupert Bignell	42	Leo Thornton-Jones
8	Barrow & Furness Striders	99	—	24	Elliot Scanlon	34	Arlo Meacock	41	Owen Fox

Mid Lancs Cross Country League at Kendal on Saturday 11th October 2025

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2867	Georgia Brambles	Blackburn Harriers & Ac	8:37	18	75	Ruby Govier	Blackburn Harriers & Ac	10:16
2	708	Mila Barron	Kendal AAC	8:48	19	710	Violet Benson	Kendal AAC	10:33
3	1892	Isabel Owers	Preston Harriers	8:49	20	785	Sophia Davies	Lancaster & Morecambe Ac	10:37
4	713	Maia Dacre	Kendal AAC	9:18	21	371	Isabella Williams	Burnley Ac	10:38
5	1894	Scarlett Walker	Preston Harriers	9:20	22	926	Isabelle Coward	Leven Valley AC	10:44
6	2496	Mione Todd	Trawden Athletic Club	9:22	23	786	Scarlet Gora	Lancaster & Morecambe Ac	10:46
7	927	Thea McKenna	Leven Valley AC	9:29	24	709	Rosie Beaton	Kendal AAC	10:48
8	261	Saraya Plenderleith	Blackpool Wyre & Fylde Ac	9:33	25	82	Mollie Pickup	Blackburn Harriers & Ac	10:51
9	258	Maggie Belfield	Blackpool Wyre & Fylde Ac	9:36	26	72	Pippa Blackburn	Blackburn Harriers & Ac	11:03
10	715	Isla Mackinnon	Kendal AAC	9:41	27	788	Sienna Hardiman	Lancaster & Morecambe Ac	11:05
11	2872	Silvia Parsons	Lancaster & Morecambe Ac	9:42	28	2869	Ayva Williams	Kendal AAC	11:06
12	368	Robyn Hall	Burnley Ac	9:45	29	1617	Leah McGlone	Liverpool Pembroke Sefton	11:13
13	716	Jessica Ramsey	Kendal AAC	9:46	30	369	Sadie Phillipson	Burnley Ac	11:29
14	1889	Harriet Johns	Preston Harriers	9:52	31	712	Poppy Carlton	Kendal AAC	11:35
15	1618	Florence Millward	Liverpool Pembroke Sefton	10:01	32	392	Faith Hogan	Chorley A & T	11:50
16	53	Isabella Scanlon	Barrow & Furness Striders	10:03	33	393	Ayaanah Lulat	Chorley A & T	13:33
17	1893	Mia Park	Preston Harriers	10:10	34	370	Eisie Walsh	Burnley Ac	14:47

Under 13 Girls — TEAM RESULTS

1	Kendal AAC	16	—	2	Mila Barron	4	Maia Dacre	10	Isla Mackinnon
2	Preston Harriers	22	—	3	Isabel Owers	5	Scarlett Walker	14	Harriet Johns
3	Blackburn Harriers & Ac	44	—	1	Georgia Brambles	18	Ruby Govier	25	Mollie Pickup
4	Lancaster & Morecambe Ac	54	—	11	Silvia Parsons	20	Sophia Davies	23	Scarlet Gora
5	Burnley Ac	63	—	12	Robyn Hall	21	Isabella Williams	30	Sadie Phillipson

Race 4 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	722	Jos Jebb	Kendal AAC	10:46	20	717	Kobe Anton	Kendal AAC	12:25
2	90	Thomas Stewart	Blackburn Harriers & Ac	11:12	21	1898	Harrison Kingwells	Preston Harriers	12:26
3	720	Kit Evans	Kendal AAC	11:19	22	85	Zachary Falencki	Blackburn Harriers & Ac	12:28
4	718	Peter Butler	Kendal AAC	11:22	23	795	Charlie Peters	Lancaster & Morecambe Ac	12:31
5	1902	Nathaniel White	Preston Harriers	11:26	24	2871	Hugo Meyfroidt	Lancaster & Morecambe Ac	12:47
6	1895	Harry Griffin	Preston Harriers	11:28	25	1861	Harley Alderson	Pendle Athletic Club	12:49
7	92	Morgan Watson	Blackburn Harriers & Ac	11:29	26	793	Jack Parrington	Lancaster & Morecambe Ac	12:51
8	721	William Goligher	Kendal AAC	11:30	27	792	Joe Maguire	Lancaster & Morecambe Ac	12:55
9	723	Oliver Wrigley	Kendal AAC	11:31	28	396	Robbie Ames	Chorley A & T	13:01
10	398	Oscar Bragg	Chorley A & T	11:38	29	88	Harry Mitchell	Blackburn Harriers & Ac	13:20
11	2903	Ethan Douthwaite	Helm Hill Runners	11:40	30	1621	Evan Allday	Liverpool Pembroke Sefton	13:22
12	794	Oliver Partington	Lancaster & Morecambe Ac	11:42	31	791	William Gardner	Lancaster & Morecambe Ac	13:25
13	2377	Marcus Larkin	Southport Waterloo Ac	11:42	32	55	Dylan Meacock	Barrow & Furness Striders	13:46
14	2375	George Hawthorn	Southport Waterloo Ac	11:59	33	1767	Ethan Martin	Lytham St Annes Rr Club	14:06
15	1628	Thomas Howard	Liverpool Pembroke Sefton	12:02	34	1863	Oliver Dale	Pendle Athletic Club	14:11
16	87	Ben Hawksworth	Blackburn Harriers & Ac	12:08	35	269	Roman Sewell	Blackpool Wyre & Fylde Ac	14:14
17	2378	Matthew Ndjambula	Southport Waterloo Ac	12:10	36	2755	Ryan Catton	Wigan & District H & Ac	14:50
18	1900	Patrick Piron	Preston Harriers	12:15	37	266	Austin Hursahye	Blackpool Wyre & Fylde Ac	15:14
19	1896	Ruben Harwood	Preston Harriers	12:23					

Race 4 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kendal AAC	8	—	1	Jos Jebb	3	Kit Evans	4	Peter Butler
2	Blackburn Harriers & Ac	24	—	2	Thomas Stewart	7	Morgan Watson	15	Ben Hawksworth
3	Preston Harriers	28	—	5	Nathaniel White	6	Harry Griffin	17	Patrick Piron
4	Southport Waterloo Ac	41	—	12	Marcus Larkin	13	George Hawthorn	16	Matthew Ndjambula
5	Lancaster & Morecambe Ac	56	—	11	Oliver Partington	22	Charlie Peters	23	Hugo Meyfroidt

Mid Lancs Cross Country League at Kendal on Saturday 11th October 2025

Race 4 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time				
1	96	Millie Jordan	Blackburn Harriers & Ac	10:55	22	409	Isabelle Hopkins	Chorley A & T 13:28
2	1903	Ellie Blackhurst	Preston Harriers	11:21	23	100	Emily Wood	Blackburn Harriers & Ac 13:29
3	2387	Lauren Silcox	Southport Waterloo Ac	11:29	24	1906	Lucy Mitchell	Preston Harriers 13:44
4	274	Pollyanna Kershaw	Preston Harriers	11:30	25	2189	Esme Lorimer	Sedbergh School RC 13:49
5	1905	Elsie McKeever	Preston Harriers	11:46	26	1649	Georgia Piron	Liverpool Pembroke Sefton 13:50
6	725	Emmy Ranner	Kendal AAC	11:53	27	1567	Melissa Cameron	Kirkby Milers AC 13:59
7	2886	Grace Veevers	Liverpool Harriers & Ac	11:58	28	929	Mia Griffiths	Leven Valley AC 14:02
8	801	Sienna Thorley	Lancaster & Morecambe Ac	12:00	29	408	Grace Daniels	Chorley A & T 14:21
9	928	Katelyn Douglas	Leven Valley AC	12:13	30	1644	Bonnie Mahood	Liverpool Pembroke Sefton 14:28
10	2893	Thompson-Amrith	Preston Harriers	12:17	31	796	Alice Briffett	Lancaster & Morecambe Ac 14:33
11	930	Imogen Moore	Leven Valley AC	12:21	32	1640	Isabelle Elliott	Liverpool Pembroke Sefton 15:00
12	276	Lily-Rose McMinnis	Blackpool Wyre & Fylde Ac	12:26	33	1652	Daisy Wells	Liverpool Pembroke Sefton 15:01
13	278	Charlotte Robbins	Blackpool Wyre & Fylde Ac	12:27	34	802	Sofia Winterbottom	Lancaster & Morecambe Ac 15:12
14	1637	Poppy Colothan	Liverpool Pembroke Sefton	12:38	35	798	Olivia Hemingway	Lancaster & Morecambe Ac 15:56
15	2906	Ava Winstanley	Horwich R M I Harriers	12:44	36	271	Akalyna Boynton	Blackpool Wyre & Fylde Ac 16:08
16	1866	Gabriella Dale	Pendle Athletic Club	12:53	37	97	Eliza Moon	Blackburn Harriers & Ac 16:27
17	1909	Erica Purnell	Preston Harriers	13:07	38	1648	Maddie Paglia	Liverpool Pembroke Sefton 16:27
18	1910	Grace Taylor	Preston Harriers	13:09	39	411	Elizabeth McLaren	Chorley A & T 16:58
19	94	Hetty Green	Blackburn Harriers & Ac	13:17	40	2498	Grace Fort	Trawden Athletic Club 17:00
20	2188	Grace Goligher	Sedbergh School RC	13:27	41	407	Caitlin Corrigan	Chorley A & T 17:42
21	1636	Lucy Armstrong	Liverpool Pembroke Sefton	13:28	42	283	Alesha Zeb	Blackpool Wyre & Fylde Ac 20:12

Race 4 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	11	—	2	Ellie Blackhurst	4	Pollyanna Kershaw	5	Elsie McKeever
2	Blackburn Harriers & Ac	39	—	1	Millie Jordan	17	Hetty Green	21	Emily Wood
3	Leven Valley AC	44	—	8	Katelyn Douglas	10	Imogen Moore	26	Mia Griffiths
4	Liverpool Pembroke Sefton	56	—	13	Poppy Colothan	19	Lucy Armstrong	24	Georgia Piron
5	Blackpool Wyre & Fylde Ac	57	—	11	Lily-Rose McMinnis	12	Charlotte Robbins	34	Akalyna Boynton
6	Lancaster & Morecambe Ac	68	—	7	Sienna Thorley	29	Alice Briffett	32	Sofia Winterbottom
7	Chorley A & T	84	—	20	Isabelle Hopkins	27	Grace Daniels	37	Elizabeth McLaren

Race 5 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time				
1	1917	Jack Mawdsley	Preston Harriers	12:42	22	2766	Jack Marsh	Wigan & District H & Ac 14:40
2	1921	Albert Yates	Preston Harriers	12:42	23	807	Dylan Leadsom	Lancaster & Morecambe Ac 14:52
3	56	Noah Cook	Barrow & Furness Striders	12:54	24	2195	Arthur Hampton	Sedbergh School RC 14:56
4	1658	Bentley McIntosh	Liverpool Pembroke Sefton	13:19	25	2194	Jack Degroote	Sedbergh School RC 15:07
5	287	William Kershaw	Preston Harriers	13:23	26	805	Finley Flint	Lancaster & Morecambe Ac 15:17
6	931	Sam Fisher	Leven Valley AC	13:27	27	2764	Henry Jeffs-Watts	Wigan & District H & Ac 15:23
7	1580	George Jackson	Kirkby Milers AC	13:29	28	1661	William Roberts	Liverpool Pembroke Sefton 15:32
8	1915	Freddy Cheyne	Preston Harriers	13:30	29	2193	C De	Sedbergh School RC 15:32
9	284	Archie Belfield	Blackpool Wyre & Fylde Ac	13:33	30	286	Bobby Hastwell	Blackpool Wyre & Fylde Ac 15:40
10	1919	Jack Turner	Preston Harriers	13:34	31	2868	Matthew Jenner	Kendal AAC 15:45
11	2392	James McGrory	Southport Waterloo Ac	13:45	32	103	Blake McLlwaine	Blackburn Harriers & Ac 16:05
12	1914	Matthew Bennett	Preston Harriers	13:47	33	1660	Pierce Quinn	Liverpool Pembroke Sefton 16:10
13	1657	Ben Maitland	Liverpool Pembroke Sefton	13:54	34	808	Harry Macluskie	Lancaster & Morecambe Ac 16:13
14	2389	Oliver Kimball	Southport Waterloo Ac	14:05	35	2767	Elliot Molineux	Wigan & District H & Ac 16:26
15	285	Jasper Hall	Blackpool Wyre & Fylde Ac	14:14	36	804	Arthur Dickinson	Lancaster & Morecambe Ac 16:35
16	104	Oliver North	Blackburn Harriers & Ac	14:23	37	1579	Dylan Houghton	Kirkby Milers AC 16:39
17	932	Henry Murray	Leven Valley AC	14:29	38	102	Liam Frith	Blackburn Harriers & Ac 16:46
18	414	Ryan Ashworth	Chorley A & T	14:32	39	2873	Max Taylor	Lancaster & Morecambe Ac 16:58
19	107	Max Unthank	Blackburn Harriers & Ac	14:34	40	2394	James Silcox	Southport Waterloo Ac 17:06
20	806	Oscar Holroyd	Lancaster & Morecambe Ac	14:36	41	1581	Aron Savage	Kirkby Milers AC 17:35
21	2762	James Darby	Wigan & District H & Ac	14:39	42	1768	Reuben May	Lytham St Annes Rr Club 19:24

Race 5 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers	8	—	1	Jack Mawdsley	2	Albert Yates	5	William Kershaw
2	Liverpool Pembroke Sefton	45	—	4	Bentley McIntosh	13	Ben Maitland	28	William Roberts
3	Blackpool Wyre & Fylde Ac	54	—	9	Archie Belfield	15	Jasper Hall	30	Bobby Hastwell
4	Southport Waterloo Ac	65	—	11	James McGrory	14	Oliver Kimball	40	James Silcox
5	Blackburn Harriers & Ac	67	—	16	Oliver North	19	Max Unthank	32	Blake McLlwaine
6	Lancaster & Morecambe Ac	69	—	20	Oscar Holroyd	23	Dylan Leadsom	26	Finley Flint
7	Wigan & District H & Ac	70	—	21	James Darby	22	Jack Marsh	27	Henry Jeffs-Watts
8	Sedbergh School RC	78	—	24	Arthur Hampton	25	Jack Degroote	29	C De
9	Kirkby Milers AC	85	—	7	George Jackson	37	Dylan Houghton	41	Aron Savage

Mid Lancs Cross Country League at Kendal on Saturday 11th October 2025

Race 5 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	297	Kristy Leitch	Preston Harriers	14:17	11	730	Tess Evans	Kendal AAC	17:04
2	1922	Sophie Mitchell	Preston Harriers	14:35	12	2770	Katie Bonner	Wigan & District H & Ac	17:07
3	113	Emma Robertshaw	Blackburn Harriers & Ac	15:00	13	2206	Sophie Norman	Sedbergh School RC	17:16
4	109	Lottie Hesketh	Blackburn Harriers & Ac	15:03	14	729	Anna Cobley	Kendal AAC	17:18
5	2208	Juliet Price-Lyall	Sedbergh School RC	15:13	15	734	Lily Slater	Kendal AAC	17:18
6	731	Millie Jebb	Kendal AAC	15:29	16	108	Lily Green	Blackburn Harriers & Ac	17:19
7	733	Isla Pearman	Kendal AAC	15:33	17	810	Eve Briffett	Lancaster & Morecambe Ac	17:30
8	1326	Jennifer Hayes	Settle Harriers	15:55	18	815	Rahael Talks	Lancaster & Morecambe Ac	17:37
9	2199	Alberta Cooke	Sedbergh School RC	16:17	19	811	Arwen Cresswell	Lancaster & Morecambe Ac	19:38
10	935	Rosie Scott	Leven Valley AC	16:43	20	812	Tilly Dowthwaite	Lancaster & Morecambe Ac	19:43
					21	936	Emily Spencer	Leven Valley AC	20:35

Race 5 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackburn Harriers & Ac	22	—	3	Emma Robertshaw	4	Lottie Hesketh	15	Lily Green
2	Kendal AAC	23	—	6	Millie Jebb	7	Isla Pearman	10	Tess Evans
3	Sedbergh School RC	25	—	5	Juliet Price-Lyall	8	Alberta Cooke	12	Sophie Norman
4	Lancaster & Morecambe Ac	51	—	16	Eve Briffett	17	Rahael Talks	18	Arwen Cresswell

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2431	William Delamere	Southport Waterloo Ac	21:02	14	954	Oliver Scott	Leven Valley AC	24:23
2	149	Samuel Aspey	Blackburn Harriers & Ac	21:14	15	950	Joseph Connolly	Leven Valley AC	24:42
3	2217	George Martin	Sedbergh School RC	21:52	16	753	Toby Acland	Kendal AAC	24:45
4	831	Ben Brassington	Lancaster & Morecambe Ac	22:04	17	2219	Henry Patchett	Sedbergh School RC	25:14
5	754	Will Brayshaw	Kendal AAC	22:23	18	158	Thomas North	Blackburn Harriers & Ac	26:03
6	2898	Benjamin Guthrie	Sedbergh School RC	22:32	19	955	Riley Scott	Leven Valley AC	27:00
7	755	Evan Mulvany	Kendal AAC	22:37	20	1952	Jake Blackhurst	Preston Harriers	27:18
8	163	Max Winstanley	Blackburn Harriers & Ac	22:37	21	151	Liam Bennisson	Blackburn Harriers & Ac	27:37
9	153	William Grundy	Blackburn Harriers & Ac	22:47	22	2215	M Bretonniere	Sedbergh School RC	28:06
10	159	Theo Robinson	Blackburn Harriers & Ac	22:52	23	157	Loucas Lancashire	Blackburn Harriers & Ac	28:49
11	1692	Daniel Procter	Liverpool Pembroke Sefton	23:24	24	2221	Daniel Young	Sedbergh School RC	29:42
12	2521	Sam Midgley	Trawden Athletic Club	24:10	25	2214	George Birkbeck	Sedbergh School RC	29:42
13	152	Tom Falencki	Blackburn Harriers & Ac	24:10	26	2218	Barney Oakes	Sedbergh School RC	31:54

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackburn Harriers & Ac	19	—	2	Samuel Aspey	8	Max Winstanley	9	William Grundy
2	Sedbergh School RC	26	—	3	George Martin	6	Benjamin Guthrie	17	Henry Patchett
3	Kendal AAC	28	—	5	Will Brayshaw	7	Evan Mulvany	16	Toby Acland
4	Leven Valley AC	48	—	14	Oliver Scott	15	Joseph Connolly	19	Riley Scott

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time		
1	893	Anna Bloomfield	L20	1	Lancaster University	23:45	9	2211	Jemima Hearld	L20	9	Sedbergh School RC	29:13
2	1951	Sarah Yates	L20	2	Preston Harriers	24:14	10	2410	Emily Dean	L20	10	Southport Waterloo Ac	29:16
3	937	Marina Bailey	L20	3	Leven Valley AC	25:51	11	134	Holly Moffatt	L20	11	Blackburn Harriers & Ac	29:25
4	738	Sophie Cowin	L20	4	Kendal AAC	26:54	12	819	Annie Dickinson	L20	12	Lancaster & Morecambe Ac	30:08
5	901	Jessica Milburn	L20	5	Lancaster University	27:27	13	896	Kate Cookson	L20	13	Lancaster University	30:30
6	2210	Fleur Hardie	L20	6	Sedbergh School RC	28:29	14	938	I Barrowdale-Smith	L20	14	Leven Valley AC	31:07
7	902	Eve Oxenbury	L20	7	Lancaster University	28:35	15	1568	Poppy Ingarfield	L20	15	Kirkby Milers AC	31:27
8	2877	Ella Headland	L20	8	Lancaster University	28:52	16	2881	Elizabeth Wareing	L20	16	Lancaster University	33:04

Race 6 - Ladies under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster University	13	—	1	Anna Bloomfield	5	Jessica Milburn	7	Eve Oxenbury	
2	Lancaster University	'B'	37	—	8	Ella Headland	13	Kate Cookson	16	Elizabeth Wareing

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	313	Emily Simm	L	1 Blackpool Wyre & Fylde Ac	22:48
2	589	Lizzie Browne	L35	1 Glaxo Hoad Hill Harriers	23:32
3	893	Anna Bloomfield	L20	1 Lancaster University	23:45
4	1951	Sarah Yates	L20	2 Preston Harriers	24:14
5	1943	Nicola Sutton	L40	1 Preston Harriers	25:07
6	2905	Sharon Taylor	L45	1 Helm Hill Runners	25:32
7	937	Marina Bailey	L20	3 Leven Valley AC	25:51
8	1997	Jamie Robinson	L35	2 Preston Harriers	26:16
9	1938	Kathleen Mooney	L	9 Preston Harriers	26:39
10	738	Sophie Cowin	L20	4 Kendal AAC	26:54
11	901	Jessica Milburn	L20	5 Lancaster University	27:27
12	1933	Katie Littlefair	L	12 Preston Harriers	27:39
13	310	Sophia Leonard	L	13 Blackpool Wyre & Fylde Ac	27:47
14	2902	Alex Holmes	L	14 Border Harriers & Ac	27:55
15	820	Louise Goddard	L55	1 Lancaster & Morecambe Ac	28:08
16	821	Lauren Gora	L40	2 Lancaster & Morecambe Ac	28:27
17	2210	Fleur Hardie	L20	6 Sedbergh School RC	28:29
18	902	Eve Oxenbury	L20	7 Lancaster University	28:35
19	2877	Ella Headland	L20	8 Lancaster University	28:52
20	2017	Samantha Edwards	L35	3 Red Rose Road Runners	28:54
21	1780	Joanna Goorney	L55	2 Lytham St Annes Rr Club	28:58
22	741	Lynn Hamel	L40	3 Kendal AAC	28:58
23	942	Niamh McNally	L	23 Leven Valley AC	29:00
24	2211	Jemima Heard	L20	9 Sedbergh School RC	29:13
25	2410	Emily Dean	L20	10 Southport Waterloo Ac	29:16
26	943	Elizabeth McNally	L50	1 Leven Valley AC	29:17
27	312	Basia Pawelczak	L	27 Blackpool Wyre & Fylde Ac	29:17
28	1792	Leanne Nield	L35	4 Lytham St Annes Rr Club	29:25
29	134	Holly Moffatt	L20	11 Blackburn Harriers & Ac	29:25
30	1573	Jennifer Houghton	L40	4 Kirkby Milers AC	29:27
31	2519	Paula Walsh	L45	2 Trawden Athletic Club	29:44
32	2425	Andrea Scarborough	L40	5 Southport Waterloo Ac	29:47
33	1515	Hailey Fletcher	L35	5 Sedbergh School RC	29:50
34	2276	Alina Phantsulaia	L35	6 Skelmersdale Boundary H	30:05
35	819	Annie Dickinson	L20	12 Lancaster & Morecambe Ac	30:08
36	946	Leanne Scott	L40	6 Leven Valley AC	30:09
37	595	Joanne Ellis	L45	3 Glaxo Hoad Hill Harriers	30:22
38	896	Kate Cookson	L20	13 Lancaster University	30:30
39	948	Heather Travis	L50	2 Leven Valley AC	30:34
40	601	Joanne McLeod	L55	3 Glaxo Hoad Hill Harriers	30:45
41	1794	E Price	L35	7 Lytham St Annes Rr Club	30:56
42	2899	Maggie Wild	L45	4 Sedbergh School RC	31:03
43	9381	Barrowdale-Smith	L20	14 Leven Valley AC	31:07
44	2506	Helen Buchan	L45	5 Trawden Athletic Club	31:10
45	2790	Nina Pilkington	L45	6 Wigan & District H & Ac	31:23
46	604	Emily Quinn	L	46 Glaxo Hoad Hill Harriers	31:27
47	1568	Poppy Ingarfield	L20	15 Kirkby Milers AC	31:27
48	2512	Lucy Parker	L45	7 Trawden Athletic Club	31:29
49	1788	Melanie Koth	L50	3 Lytham St Annes Rr Club	31:30
50	947	Joanne Taylor-Friell	L55	4 Leven Valley AC	31:31
51	1932	Kate Lakeland	L35	8 Preston Harriers	31:36
52	307	Laura Lawler	L55	5 Blackpool Wyre & Fylde Ac	31:44
53	303	Julie Hall	L45	8 Blackpool Wyre & Fylde Ac	31:50
54	2620	Helen Lawrenson	L55	6 Wesham Road Runners & Ac	31:55
55	816	Sally Brassington	L45	9 Lancaster & Morecambe Ac	32:13
56	740	Jenny England	L45	10 Kendal AAC	32:14
57	556	Joanne Hewitt	L45	11 Garstang Running Club	32:19
58	824	Miriam Maher	L55	7 Lancaster & Morecambe Ac	32:20
59	417	Megan Clarkson	L	59 Chorley A & T	32:20
60	561	Claire Lyons	L35	9 Garstang Running Club	32:21
61	2427	Michelle Spencer	L45	12 Southport Waterloo Ac	32:36
62	551	Bryony Boutell	L40	7 Garstang Running Club	32:38
63	609	Hilary Stephenson	L40	8 Glaxo Hoad Hill Harriers	32:44
64	606	Jodie Ritchie	L	64 Glaxo Hoad Hill Harriers	32:47
65	830	Louise Wareing	L50	4 Lancaster & Morecambe Ac	32:48
66	904	Charlotte Ross	L	66 Lancaster University	32:53
67	1684	Lisa Procter	L45	13 Liverpool Pembroke Sefton	32:59
68	1674	Loretta Davies	L	68 Liverpool Pembroke Sefton	33:00
69	2881	Elizabeth Wareing	L20	16 Lancaster University	33:04
70	825	Christina McGuire	L60	2 Lancaster & Morecambe Ac	33:07
71	591	Briony Coglan	L	71 Glaxo Hoad Hill Harriers	33:10
72	2287	Jemma Taylor	L35	10 Skelmersdale Boundary H	33:17
73	133	Jenny McAndrew	L50	5 Blackburn Harriers & Ac	33:18
74	420	Olivia Wiggans	L	74 Chorley A & T	33:20
75	1950	Sharon Wilkinson	L50	6 Preston Harriers	33:28
76	2631	Cara Rawlinson	L35	11 Wesham Road Runners & Ac	33:46
77	818	Emma Davies	L45	14 Lancaster & Morecambe Ac	33:48
78	2776	Jayne Barlow	L50	7 Wigan & District H & Ac	33:49
79	316	Beverley Wright	L60	2 Blackpool Wyre & Fylde Ac	33:55
80	2518	Julie Townson	L60	3 Trawden Athletic Club	34:06
81	1571	Nicola Kitts	L35	12 Kirkby Milers AC	34:08
82	1777	Xavia Cooper	L45	15 Lytham St Annes Rr Club	34:18
83	2502	Samantha Barnes	L45	16 Trawden Athletic Club	34:19
84	299	Karen Dunford	L55	8 Blackpool Wyre & Fylde Ac	34:20
85	592	Alison Cooke	L60	4 Glaxo Hoad Hill Harriers	34:28
86	2018	Sarah Hargreaves	L35	13 Red Rose Road Runners	34:42
87	743	Carolyn Kevan	L65	1 Kendal AAC	34:46
88	1791	Claire Markham	L50	8 Lytham St Annes Rr Club	34:48
89	2295	Anna Williams	L45	17 Skelmersdale Boundary H	34:56
90	2565	Alex Earley	L	90 Walney Wind Cheetahs	34:59
91	2416	Carole James	L60	5 Southport Waterloo Ac	35:05
92	2242	Bernice Blundell	L60	6 Skelmersdale Boundary H	35:12
93	311	Suzanne Leonard	L55	9 Blackpool Wyre & Fylde Ac	35:30
94	2516	Deborah Stevenson	L45	18 Trawden Athletic Club	35:30
95	2570	Poyntz Karen Maggio	L50	9 Walney Wind Cheetahs	35:36
96	608	Angela Spencer	L40	9 Glaxo Hoad Hill Harriers	35:47
97	828	Emily Stapleton	L50	10 Lancaster & Morecambe Ac	35:52
98	2639	Alona Versinina	L35	14 Wesham Road Runners & Ac	36:01
99	739	Kerry Davies	L55	10 Kendal AAC	36:07
100	1795	Julia Rolfe	L60	7 Lytham St Annes Rr Club	36:16
101	1942	Zowie Purnell	L40	10 Preston Harriers	36:34
102	1670	Tracy Berry	L45	19 Liverpool Pembroke Sefton	36:45
103	60	Cathrine Grisdale	L65	2 Barrow & Furness Striders	36:50
104	1685	Sharon Roberts	L50	11 Liverpool Pembroke Sefton	36:53
105	746	Dianne Priestley	L70	1 Kendal AAC	37:05
106	2025	Paula Plowman	L60	8 Red Rose Road Runners	37:08
107	2781	Katie Green	L35	15 Wigan & District H & Ac	37:15
108	2028	Annabel Rigby	L	108 Red Rose Road Runners	37:19
109	1675	Michelle Durney	L50	12 Liverpool Pembroke Sefton	37:28
110	557	Mary Hewitt	L65	3 Garstang Running Club	37:32
111	2508	Elaine Corcoran	L45	20 Trawden Athletic Club	37:32
112	603	Kalyani Nutt	L40	11 Glaxo Hoad Hill Harriers	37:33
113	897	Sophie Hartley	L	113 Lancaster University	37:41
114	2036	Theresa Wilson	L55	11 Red Rose Road Runners	37:43
115	2503	Helen Beech	L40	12 Trawden Athletic Club	37:46
116	2612	Kat Fawcett	L40	13 Wesham Road Runners & Ac	37:50
117	58	Sarah Bouffler	L40	14 Barrow & Furness Striders	39:17
118	550	Anne Bagshaw	L55	12 Garstang Running Club	40:20
119	2250	Su Crossland	L45	21 Skelmersdale Boundary H	40:20
120	2594	Clare Belfield	L40	15 Wesham Road Runners & Ac	40:40
121	823	Lou Holroyd	L40	16 Lancaster & Morecambe Ac	40:47
122	2595	Anne Berry	L60	9 Wesham Road Runners & Ac	41:02
123	559	Caroline Humphreys	L	123 Garstang Running Club	41:24
124	817	Anne Carman	L65	4 Lancaster & Morecambe Ac	41:48
125	2015	Caroline Cocker	L60	10 Red Rose Road Runners	42:18
126	1948	Sue Wickham	L65	5 Preston Harriers	42:51
127	2020	Alison Mercer	L60	11 Red Rose Road Runners	43:35
128	1946	Julie Tyrer	L45	22 Preston Harriers	44:28
129	599	Paula Herbert	L55	13 Glaxo Hoad Hill Harriers	44:47
130	2616	Kirsty Holland	L35	16 Wesham Road Runners & Ac	45:34

Race 6 - Vet 70 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	2723	Phillip Quibell	V70 1 Wesham Road Runners & Ac	29:21
2	1973	Kevin Hesketh	V70 2 Preston Harriers	31:29
3	2665	John Collier	V70 3 Wesham Road Runners & Ac	33:31
4	572	Graham Hobson	V70 4 Garstang Running Club	35:56
5	1984	Michael McLoughlin	V70 5 Preston Harriers	37:26
6	2751	Simon Young	V70 6 Wesham Road Runners & Ac	37:37
7	583	Anthony Pritchard	V70 7 Garstang Running Club	38:17
8	764	Peter Mitchell	V70 8 Kendal AAC	50:03

Race 6 - Vet 70 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	4 —	1 Phillip Quibell	3 John Collier
2 Preston Harriers	7 —	2 Kevin Hesketh	5 Michael McLoughlin
3 Garstang Running Club	11 —	4 Graham Hobson	7 Anthony Pritchard

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	16	—	4 Sarah Yates	5 Nicola Sutton	7 Jamie Robinson
2 Lancaster University	29	—	3 Anna Bloomfield	10 Jessica Milburn	16 Eve Oxenbury
3 Blackpool Wyre & Fylde Ac	38	—	1 Emily Simm	12 Sophia Leonard	25 Basia Pawelczak
4 Leven Valley AC	51	—	6 Marina Bailey	21 Niamh McNally	24 Elizabeth McNally
5 Lancaster & Morecambe Ac	60	—	13 Louise Goddard	14 Lauren Gora	33 Annie Dickinson
6 Sedbergh School RC	68	—	15 Fleur Hardie	22 Jemima Hearld	31 Hailey Fletcher
7 Preston Harriers 'B'	68	—	8 Kathleen Mooney	11 Katie Littlefair	49 Kate Lakeland
8 Glaxo Hoad Hill Harriers	75	—	2 Lizzie Browne	35 Joanne Ellis	38 Joanne McLeod
9 Kendal AAC	83	—	9 Sophie Cowin	20 Lynn Hamel	54 Jenny England
10 Lytham St Annes Rr Club	84	—	19 Joanna Goorney	26 Leanne Nield	39 EPrice
11 Leven Valley AC 'B'	112	—	34 Leanne Scott	37 Heather Travis	41 I Barrowdale-Smith
12 Southport Waterloo Ac	112	—	23 Emily Dean	30 Andrea Scarborough	59 Michelle Spencer
13 Trawden Athletic Club	117	—	29 Paula Walsh	42 Helen Buchan	46 Lucy Parker
14 Lancaster University 'B'	117	—	17 Ella Headland	36 Kate Cookson	64 Charlotte Ross
15 Kirkby Milers AC	152	—	28 Jennifer Houghton	45 Poppy Ingarfield	79 Nicola Kitts
16 Glaxo Hoad Hill Harriers 'B'	167	—	44 Emily Quinn	61 Hilary Stephenson	62 Jodie Ritchie
17 Lancaster & Morecambe Ac 'B'	172	—	53 Sally Brassington	56 Miriam Maher	63 Louise Wareing
18 Garstang Running Club	173	—	55 Joanne Hewitt	58 Claire Lyons	60 Bryony Boutell
19 Blackpool Wyre & Fylde Ac 'B'	178	—	50 Laura Lawler	51 Julie Hall	77 Beverley Wright
20 Skelmersdale Boundary H	189	—	32 Alina Phantsulaia	70 Jemma Taylor	87 Anna Williams
21 Red Rose Road Runners	206	—	18 Samantha Edwards	84 Sarah Hargreaves	104 Paula Plowman
22 Lytham St Annes Rr Club 'B'	213	—	47 Melanie Koth	80 Xavia Cooper	86 Claire Markham
23 Wesham Road Runners & Ac	222	—	52 Helen Lawrenson	74 Cara Rawlinson	96 Alona Versinina
24 Wigan & District H & Ac	224	—	43 Nina Pilkington	76 Jayne Barlow	105 Katie Green
25 Liverpool Pembroke Sefton	231	—	65 Lisa Procter	66 Loretta Davies	100 Tracy Berry
26 Trawden Athletic Club 'B'	251	—	78 Julie Townson	81 Samantha Barnes	92 Deborah Stevenson
27 Kendal AAC 'B'	285	—	85 Carolyn Kevan	97 Kerry Davies	103 Dianne Priestley
28 Red Rose Road Runners 'B'	341	—	106 Annabel Rigby	112 Theresa Wilson	123 Caroline Cocker
29 Garstang Running Club 'B'	345	—	108 Mary Hewitt	116 Anne Bagshaw	121 Caroline Humphreys
30 Wesham Road Runners & Ac 'B'	352	—	114 Kat Fawcett	118 Clare Belfield	120 Anne Berry

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	32	—	2 Nicola Sutton	3 Jamie Robinson	27 Kate Lakeland
2 Glaxo Hoad Hill Harriers	37	—	1 Lizzie Browne	17 Joanne Ellis	19 Joanne McLeod
3 Lytham St Annes Rr Club	37	—	7 Joanna Goorney	10 Leanne Nield	20 EPrice
4 Lancaster & Morecambe Ac	40	—	4 Louise Goddard	5 Lauren Gora	31 Sally Brassington
5 Leven Valley AC	43	—	9 Elizabeth McNally	16 Leanne Scott	18 Heather Travis
6 Trawden Athletic Club	58	—	12 Paula Walsh	22 Helen Buchan	24 Lucy Parker
7 Kendal AAC	96	—	8 Lynn Hamel	32 Jenny England	56 Carolyn Kevan
8 Garstang Running Club	105	—	33 Joanne Hewitt	35 Claire Lyons	37 Bryony Boutell
9 Blackpool Wyre & Fylde Ac	105	—	28 Laura Lawler	29 Julie Hall	48 Beverley Wright
10 Southport Waterloo Ac	108	—	13 Andrea Scarborough	36 Michelle Spencer	59 Carole James
11 Skelmersdale Boundary H	115	—	15 Alina Phantsulaia	42 Jemma Taylor	58 Anna Williams
12 Red Rose Road Runners	135	—	6 Samantha Edwards	55 Sarah Hargreaves	74 Paula Plowman
13 Wesham Road Runners & Ac	141	—	30 Helen Lawrenson	45 Cara Rawlinson	66 Alona Versinina
14 Wigan & District H & Ac	145	—	23 Nina Pilkington	47 Jayne Barlow	75 Katie Green
15 Liverpool Pembroke Sefton	182	—	40 Lisa Procter	70 Tracy Berry	72 Sharon Roberts

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Leven Valley AC	22	—	3 Elizabeth McNally	6 Heather Travis	13 Joanne Taylor-Friell
2 Trawden Athletic Club	24	—	4 Paula Walsh	9 Helen Buchan	11 Lucy Parker
3 Lancaster & Morecambe Ac	38	—	1 Louise Goddard	17 Sally Brassington	20 Miriam Maher
4 Lytham St Annes Rr Club	45	—	2 Joanna Goorney	12 Melanie Koth	31 Xavia Cooper
5 Glaxo Hoad Hill Harriers	46	—	5 Joanne Ellis	7 Joanne McLeod	34 Alison Cooke
6 Blackpool Wyre & Fylde Ac	58	—	14 Laura Lawler	15 Julie Hall	29 Beverley Wright
7 Kendal AAC	97	—	18 Jenny England	35 Carolyn Kevan	44 Kerry Davies
8 Liverpool Pembroke Sefton	117	—	23 Lisa Procter	46 Tracy Berry	48 Sharon Roberts
9 Garstang Running Club	126	—	19 Joanne Hewitt	52 Mary Hewitt	55 Anne Bagshaw
10 Skelmersdale Boundary H	132	—	37 Anna Williams	39 Bernice Blundell	56 Su Crossland
11 Preston Harriers	148	—	26 Sharon Wilkinson	60 Sue Wickham	62 Julie Tyrer
12 Red Rose Road Runners	163	—	50 Paula Plowman	54 Theresa Wilson	59 Caroline Cocker

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Lancaster & Morecambe Ac	16	—	1 Louise Goddard	7 Miriam Maher	8 Christina McGuire
2 Blackpool Wyre & Fylde Ac	25	—	5 Laura Lawler	9 Beverley Wright	11 Karen Dunford
3 Glaxo Hoad Hill Harriers	45	—	3 Joanne McLeod	12 Alison Cooke	30 Paula Herbert
4 Kendal AAC	50	—	13 Carolyn Kevan	17 Kerry Davies	20 Dianne Priestley
5 Red Rose Road Runners	71	—	21 Paula Plowman	23 Theresa Wilson	27 Caroline Cocker

Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Kendal on Saturday 11th October 2025

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	2229	Ben Harrison		Sedbergh School RC	31:39
2	913	Joshua McKenny		Lancaster University	32:36
3	1979	Chris Livesey	V45 1	Preston Harriers	32:55
4	909	Charlie Daley		Lancaster University	32:59
5	345	Luke Minns		Blackpool Wyre & Fylde Ac	33:22
6	768	Alasdair Russell		Kendal AAC	33:51
7	1961	Patrick Brown		Preston Harriers	33:59
8	1833	Mike Toft		Lytham St Annes Rr Club	34:01
9	961	Will McNally	U20 1	Leven Valley AC	34:37
10	838	Jack Eccles	U20 2	Lancaster & Morecambe Ac	34:46
11	327	Jude Cowan		Blackpool Wyre & Fylde Ac	35:02
12	2746	Adam Wilding		Wesham Road Runners & Ac	35:17
13	2811	Aiden Briffett		Wigan & District H & Ac	35:23
14	212	Ben Stratton	U20 3	Blackburn Harriers & Ac	35:27
15	976	Will Wright		Leven Valley AC	35:32
16	2470	Francois Rafferty	V55 1	Southport Waterloo Ac	35:34
17	347	Charlie Ormerod	U20 4	Blackpool Wyre & Fylde Ac	35:35
18	2534	Brent Gardner		Trawden Athletic Club	35:39
19	2491	Mark Wynne	V50 1	Southport Waterloo Ac	35:41
20	1383	Ben Procter	V40 1	Leven Valley AC	35:44
21	1822	Ross McKelvie		Lytham St Annes Rr Club	36:27
22	845	Lee Parrington	V40 2	Lancaster & Morecambe Ac	36:31
23	775	Sam Upton	V45 2	Kendal AAC	36:37
24	541	Richard Stevenson	V50 2	Clayton-Le-Moors Harriers	36:39
25	2652	Tom Bamber	V45 3	Wesham Road Runners & Ac	36:41
26	2455	Andrew Kershaw		Southport Waterloo Ac	36:49
27	657	Scott Smith	V50 3	Glaxo Hoad Hill Harriers	36:51
28	2448	David Hamilton	V55 2	Southport Waterloo Ac	36:54
29	758	Alfie Addison	U20 5	Kendal AAC	37:09
30	2532	Frazer Durris	V45 4	Trawden Athletic Club	37:30
31	342	Philip Leybourne	V55 3	Blackpool Wyre & Fylde Ac	37:39
32	2440	Robert Chesters	V40 3	Southport Waterloo Ac	37:48
33	2232	Richard Wells	V55 4	Sedbergh School RC	37:51
34	177	James Bretherton	V45 5	Blackburn Harriers & Ac	37:57
35	1966	homas FryarS		Preston Harriers	38:03
36	1996	Billy Reid		Preston Harriers	38:09
37	2536	Martin Greenwood		Trawden Athletic Club	38:17
38	848	John Peters	V50 4	Lancaster & Morecambe Ac	38:26
39	639	Graham Jessop		Glaxo Hoad Hill Harriers	38:27
40	1837	James Whittle		Lytham St Annes Rr Club	38:31
41	62	Robert Atkinson	V65 1	Barrow & Furness Striders	38:32
42	1729	Alexander Procter		Liverpool Pembroke Sefton	38:35
43	1986	Gareth Morris	V40 4	Preston Harriers	38:37
44	2736	David Taylor		Wesham Road Runners & Ac	38:56
45	907	George Beevers	U20 6	Lancaster University	39:05
46	919	Hamish Wills		Lancaster University	39:07
47	2444	John Delamere	V50 5	Southport Waterloo Ac	39:15
48	2658	Mark Belfield	V40 5	Wesham Road Runners & Ac	39:24
49	969	Jack Smith		Leven Valley AC	39:35
50	2669	Thomas Crabtree		Wesham Road Runners & Ac	39:37
51	2553	Dave Woods	V45 6	Trawden Athletic Club	39:40
52	2904	James Parsons	V45 7	Helm Hill Runners	39:49
53	1813	Joe Greenwood		Lytham St Annes Rr Club	39:50
54	2533	Kevin Fenton-Clough	V45 8	Trawden Athletic Club	39:51
55	956	John Bell		Leven Valley AC	39:52
56	179	Mark Chippendale	V55 5	Blackburn Harriers & Ac	39:59
57	836	Shane Cody	V45 9	Lancaster & Morecambe Ac	40:05
58	840	Mark Holgate	V50 6	Lancaster & Morecambe Ac	40:08
59	1980	Daniel Lord		Preston Harriers	40:09
60	776	Andrew Wallace	V45 10	Kendal AAC	40:11
61	2467	James Paybody	V45 11	Southport Waterloo Ac	40:14
62	770	William Sisson		Kendal AAC	40:21
63	2477	Marc Singer		Southport Waterloo Ac	40:26
64	2823	Mike Harris	V50 7	Wigan & District H & Ac	40:31
65	2041	Emil Bowe		Red Rose Road Runners	40:38
66	33	Graham Morris	V60 1	Accrington Road Runners	40:40
67	2047	Andrew Christie	V40 6	Red Rose Road Runners	40:48
68	2838	Jamie Munro	V55 6	Wigan & District H & Ac	40:49
69	2554	James Wright		Trawden Athletic Club	40:50
70	1730	Michael Procter	V50 8	Liverpool Pembroke Sefton	40:58
71	2693	Christopher Hastwell	V40 7	Wesham Road Runners & Ac	41:06
72	965	Tony Murray	V50 9	Leven Valley AC	41:07
73	906	Eric Austin		Lancaster University	41:09
74	1968	Peter Gibson		Preston Harriers	41:13
75	2300	James Ashworth	V40 8	Skelmersdale Boundary H	41:18
76	1583	Luke Culshaw	U20 7	Kirkby Milers AC	41:21
77	2895	James Corrigan		Sedbergh School RC	41:24
78	612	Rory Anderson		Glaxo Hoad Hill Harriers	41:27
79	656	Matthew Rooke		Glaxo Hoad Hill Harriers	41:29
80	2849	Stuart Towns	V50 10	Wigan & District H & Ac	41:35
81	2316	Phillip Derry	V45 12	Skelmersdale Boundary H	41:37
82	2438	Matthew Bailey		Southport Waterloo Ac	41:48
83	1743	Mitchell Wells	V50 11	Liverpool Pembroke Sefton	41:50
84	2673	Stephen Dunn	V45 13	Wesham Road Runners & Ac	41:59
					85 912Regan Hickman Lancaster University 42:01
					86 1405Edward Falkingham Barrow & Furness Striders 42:02
					87 571Peter Hewitt V4514 Garstang Running Club 42:03
					88 1817Dominic Kirby V4515 Lytham St Annes Rr Club 42:04
					89 2223D Bellier U20 8 Sedbergh School RC 42:06
					90 911Rohan Finch U20 9 Lancaster University 42:09
					91 2437Mark Ashcroft V40 9 Southport Waterloo Ac 42:09
					92 1834Jonathan Tuck V5012 Lytham St Annes Rr Club 42:22
					93 2490David Wright Southport Waterloo Ac 42:24
					94 2691Chris Haines V4010 Wesham Road Runners & Ac 42:26
					95 667Lee Winter V5013 Glaxo Hoad Hill Harriers 42:28
					96 1715Ross Johnson Liverpool Pembroke Sefton 42:30
					97 339Dominic Lavelle Blackpool Wyre & Fylde Ac 42:32
					98 167Mark Almond V55 7 Blackburn Harriers & Ac 42:34
					99 1972Steve Hallas V5014 Preston Harriers 42:36
					100 1354Danny Bouffler V4011 Leven Valley AC 42:38
					101 761Carl Hanaghan V4012 Kendal AAC 42:40
					102 653James Perry Glaxo Hoad Hill Harriers 42:43
					103 2738Tony Terras V55 8 Wesham Road Runners & Ac 42:46
					104 2541Paul Needham V55 9 Trawden Athletic Club 42:51
					105 962David McNally U2010 Leven Valley AC 42:55
					106 1735Adrian Rogers V4516 Liverpool Pembroke Sefton 43:06
					107 2750Steve Wilson V5015 Wesham Road Runners & Ac 43:07
					108 2722William Parkinson Wesham Road Runners & Ac 43:07
					109 1965Gareth Fairclough V4517 Preston Harriers 43:11
					110 2062Michael Oddie V5016 Red Rose Road Runners 43:17
					111 636Pete Hopley V5510 Glaxo Hoad Hill Harriers 43:21
					112 1977David Lea V65 2 Preston Harriers 43:28
					113 426Jack Hardman Chorley A & T 43:30
					114 620Jeffrey Chadwick V5511 Glaxo Hoad Hill Harriers 43:32
					115 579Richard Jones V4518 Garstang Running Club 43:35
					116 2543Sam Norris V4013 Trawden Athletic Club 43:55
					117 1597Mark Ingarfield V5017 Kirkby Milers AC 44:05
					118 2473Peter Roome V60 2 Southport Waterloo Ac 44:21
					119 188Craig Greenough V5512 Blackburn Harriers & Ac 44:22
					120 908Rogan Cox U2011 Lancaster University 44:23
					121 578Colin Jennings V5018 Garstang Running Club 44:24
					122 1823Simon Nield Lytham St Annes Rr Club 44:27
					123 351Simon Reason Blackpool Wyre & Fylde Ac 44:28
					124 916Prince Onwuegbuzie U2012 Lancaster University 44:30
					125 874Jason Beare Lancaster Runners 44:33
					126 2717Steve Myerscough V5019 Wesham Road Runners & Ac 44:56
					127 643Howard Lindow V4519 Glaxo Hoad Hill Harriers 45:00
					128 2056Scott Jackson V5020 Red Rose Road Runners 45:03
					129 568Gary Dewhurst V4520 Garstang Running Club 45:08
					130 2070David Simmons V5021 Red Rose Road Runners 45:09
					131 652Cian Nutt V4014 Glaxo Hoad Hill Harriers 45:11
					132 2528Chris Burfitt V5022 Trawden Athletic Club 45:16
					133 334Stuart Hall V4521 Blackpool Wyre & Fylde Ac 45:21
					134 880Paul Marshall V4015 Lancaster Runners 45:28
					135 1375Christopher Moore V4522 Leven Valley AC 45:34
					136 2458Ken Lennon V60 3 Southport Waterloo Ac 45:35
					137 2069John Shepherd V60 4 Red Rose Road Runners 45:49
					138 427Christopher Hodgson V5023 Chorley A & T 45:52
					139 434Paul Wareing V60 5 Chorley A & T 45:53
					140 2845Alex Roberts Wigan & District H & Ac 45:55
					141 1971John Griffiths V60 6 Preston Harriers 46:10
					142 2546Charlie Reeder U2013 Trawden Athletic Club 46:13
					143 646Richard Marlton V5513 Glaxo Hoad Hill Harriers 46:25
					144 632Rich Greenfield V4016 Glaxo Hoad Hill Harriers 46:26
					145 2046John Carruthers V60 7 Red Rose Road Runners 46:29
					146 2045Stuart Cann V60 8 Red Rose Road Runners 46:34
					147 2584Harry McMurdo U2014 Walney Wind Cheetahs 46:35
					148 760Quentin Gratrix V5024 Kendal AAC 46:40
					149 2338Andrew Mowatt V4523 Skelmersdale Boundary H 46:42
					150 910Toby Edwards U2015 Lancaster University 46:45
					151 1592Andrew Kitts V4017 Kirkby Milers AC 46:49
					152 1807Chris Cottam Lytham St Annes Rr Club 46:52
					153 353Jonathon Sanderson Blackpool Wyre & Fylde Ac 46:53
					154 361Christopher Wylie Blackpool Wyre & Fylde Ac 46:54
					155 2816David Collins V60 9 Wigan & District H & Ac 46:57
					156 377Adam Hall Burnley Ac 47:21
					157 661Brian Thompson V70 1 Glaxo Hoad Hill Harriers 47:24
					158 2298Michael Aisbitt V5025 Skelmersdale Boundary H 47:27
					159 1975Paul Jeffries V5026 Preston Harriers 47:35
					160 421David Ashcroft V4524 Chorley A & T 47:37
					161 654Dave Ramsay V6010 Glaxo Hoad Hill Harriers 47:39
					162 2741Alek Walker V4018 Wesham Road Runners & Ac 47:56
					163 2575Steven Batty V6011 Walney Wind Cheetahs 48:02
					164 357Paul Sparrow V5514 Blackpool Wyre & Fylde Ac 48:09
					165 2715Max Watson Wesham Road Runners & Ac 48:11
					166 2526Adrian Blackledge V5027 Trawden Athletic Club 48:15
					167 2828Graeme Higgins V6012 Wigan & District H & Ac 48:17
					168 1994John Rainford V6013 Preston Harriers 48:26
					169 335Michael Hall V5515 Blackpool Wyre & Fylde Ac 48:36

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Sport
Soft

170 436Karl Winrow	V5516 Chorley A & T	48:49	194 2729Nigel Shepherd	V65 5 Wesham Road Runners & Ac	53:32
171 2044Philip Butler	V6014 Red Rose Road Runners	48:53	195 2580Jason Cordes	V4020 Walney Wind Cheetahs	53:37
172 378Ben Williams	V4019 Burnley Ac	49:01	196 914Sander Morris	U2017 Lancaster University	53:49
173 1734Neil Roberts	V5517 Liverpool Pembroke Sefton	49:05	197 2052Steven Gibson	V4021 Red Rose Road Runners	54:01
174 2583Philip Horrocks	V6015 Walney Wind Cheetahs	49:15	198 2820Christopher Green	V4022 Wigan & District H & Ac	54:06
175 2308Paul Casey	V5518 Skelmersdale Boundary H	49:17	199 757Peter Acland	V6022 Kendal AAC	54:16
176 2335Jamie McMahon	V5028 Skelmersdale Boundary H	49:18	200 767Stephen Roberts	V5032 Kendal AAC	54:51
177 432Simon Thomson	V4525 Chorley A & T	49:26	201 2674Paul Eccles	V4528 Wesham Road Runners & Ac	55:31
178 2231George Scarr	U2016 Sedbergh School RC	49:28	202 569Mark Dobson	V6023 Garstang Running Club	55:37
179 2077Stephen Woodruffe	V6016 Red Rose Road Runners	49:40	203 1962Michael Brown	V65 6 Preston Harriers	55:53
180 206Gary Pearse	V6017 Blackburn Harriers & Ac	49:49	204 565Andrew Burrell	V5033 Garstang Running Club	56:25
181 585Dan Tomkins	V5029 Garstang Running Club	50:16	205 525Andrew Howarth	V65 7 Clayton-Le-Moors Harriers	57:29
182 769Andrew Sheldon	V6018 Kendal AAC	50:47	206 622James Cooke	V65 8 Glaxo Hoad Hill Harriers	57:46
183 2178Steve Melling	V65 3 Rossendale Harriers & Ac	51:19	207 2588Dave Rawlinson	V4529 Walney Wind Cheetahs	59:37
184 64Ray Jones	V6019 Barrow & Furness Striders	51:25	208 354Simon Scarr	V6024 Blackpool Wyre & Fylde Ac	1:00:08
185 970Neil Smith	V5519 Leven Valley AC	51:29	209 2582Andrew Hemsley	V6025 Walney Wind Cheetahs	1:00:28
186 873Jonathan Appleby	V4526 Lancaster Runners	51:35	210 2900Ben Chane	U2018 Skelmersdale Boundary H	1:00:41
187 2339Nick Paul	V6020 Skelmersdale Boundary H	52:04	211 2468Ian Pike	V5520 Southport Waterloo Ac	1:00:59
188 2550Harry Stanworth	Trawden Athletic Club	52:05	212 2323Adrian Goulding	V4530 Skelmersdale Boundary H	1:02:08
189 1814Dan Gregson	V5030 Lytham St Annes Rr Club	52:27	213 2003Gordon Thompson	V65 9 Preston Harriers	1:02:44
190 641Damian Jones	V6021 Glaxo Hoad Hill Harriers	52:43	214 2670James Danson	V6026 Wesham Road Runners & Ac	1:04:06
191 1594Stuart Cameron	V4527 Kirkby Milers AC	52:55	215 2548Philip Simpson	V5034 Trawden Athletic Club	1:07:08
192 422Steve Baker	V65 4 Chorley A & T	53:05	216 330John Dunn	V4531 Blackpool Wyre & Fylde Ac	1:15:40
193 322Anthony Blight	V5031 Blackpool Wyre & Fylde Ac	53:27			

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	168	—	16 Francois Rafferty	19 Mark Wynne	26 Andrew Kershaw	28 David Hamilton	32 Robert Chesters	47 John Delamere
2 Preston Harriers	182	—	3 Chris Livesey	7 Patrick Brown	35 Thomas Fryar	36 Billy Reid	43 Gareth Morris	58 Daniel Lord
3 Leven Valley AC	218	—	9 Will McNally	15 Will Wright	20 Ben Procter	49 Jack Smith	54 John Bell	71 Tony Murray
4 Wesham Road Runners & Ac	249	—	12 Adam Wilding	25 Tom Bamber	44 David Taylor	48 Mark Belfield	50 Thomas Crabtree	70 Christopher Hastwell
5 Lancaster University	253	—	2 Joshua McKenny	4 Charlie Daley	45 George Beevers	46 Hamish Wills	72 Eric Austin	84 Regan Hickman
6 Trawden Athletic Club	257	—	18 Brent Gardner	30 Frazer Durris	37 Martin Greenwood	51 Dave Woods	53 Kevin Fenton-Clough	68 James Wright
7 Kendal AAC	278	—	6 Alasdair Russell	23 Sam Upton	29 Alfie Addison	59 Andrew Wallace	61 William Sisson	100 Carl Hanaghan
8 Blackpool Wyre & Fylde Ac	282	—	5 Luke Minns	11 Jude Cowan	17 Charlie Ormerod	31 Philip Leybourne	96 Dominic Lavelle	122 Simon Reason
9 Lytham St Annes Rr Club	299	—	8 Mike Toft	21 Ross McKelvie	40 James Whittle	52 Joe Greenwood	87 Dominic Kirby	91 Jonathan Tuck
10 Glaxo Hoad Hill Harriers	416	—	27 Scott Smith	39 Graham Jessop	77 Rory Anderson	78 Matthew Rooke	94 Lee Winter	101 James Perry
11 Blackburn Harriers & Ac	497	—	14 Ben Stratton	34 James Bretherton	55 Mark Chippendale	97 Mark Almond	118 Craig Greenough	179 Gary Pearse
12 Southport Waterloo Ac 'B'	502	—	60 James Paybody	62 Marc Singer	81 Matthew Bailey	90 Mark Ashcroft	92 David Wright	117 Peter Roome
13 Wigan & District H & Ac	515	—	13 Aiden Briffett	63 Mike Harris	67 Jamie Munro	79 Stuart Towns	139 Alex Roberts	154 David Collins
14 Liverpool Pembroke Sefton	565	—	42 Alexander Procter	69 Michael Procter	82 Mitchell Wells	95 Ross Johnson	105 Adrian Rogers	172 Neil Roberts
15 Wesham Road Runners & Ac 'B'	616	—	83 Stephen Dunn	93 Chris Haines	102 Tony Terras	106 Steve Wilson	107 William Parkinson	125 Steve Myerscough
16 Red Rose Road Runners	631	—	64 Emil Bowe	66 Andrew Christie	109 Michael Oddie	127 Scott Jackson	129 David Simmons	136 John Shepherd
17 Preston Harriers 'B'	688	—	73 Peter Gibson	98 Steve Hallas	108 Gareth Fairclough	111 David Lea	140 John Griffiths	158 Paul Jeffries
18 Glaxo Hoad Hill Harriers 'B'	764	—	110 Pete Hopley	113 Jeffrey Chadwick	126 Howard Lindow	130 Cian Nutt	142 Richard Marlon	143 Rich Greenfield
19 Skelmersdale Boundary H	808	—	74 James Ashworth	80 Phillip Derry	148 Andrew Mowatt	157 Michael Aisbitt	174 Paul Casey	175 Jamie McMahon
20 Garstang Running Club	829	—	86 Peter Hewitt	114 Richard Jones	120 Colin Jennings	128 Gary Dewhurst	180 Dan Tomkins	201 Mark Dobson
21 Trawden Athletic Club 'B'	842	—	103 Paul Needham	115 Sam Norris	131 Chris Burfitt	141 Charlie Reeder	165 Adrian Blackledge	187 Harry Stanworth
22 Chorley A & T	891	—	112 Jack Hardman	137 Christopher Hodgson	138 Paul Wareing	159 David Ashcroft	169 Karl Winrow	176 Simon Thomson
23 Blackpool Wyre & Fylde Ac 'B'	960	—	132 Stuart Hall	152 Jonathon Sanderson	153 Christopher Wylie	163 Paul Sparrow	168 Michael Hall	192 Anthony Blight
24 Walney Wind Cheetahs	1089	—	146 Harry McMurdo	162 Steven Batty	173 Philip Horrocks	194 Jason Cordes	206 Dave Rawlinson	208 Andrew Hemsley

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time			
1	961	Will McNally	U20 1	Leven Valley AC	34:37	10	962 David McNally	U2010 Leven Valley AC 42:55
2	838	Jack Eccles	U20 2	Lancaster & Morecambe Ac	34:46	11	908 Rogan Cox	U2011 Lancaster University 44:23
3	212	Ben Stratton	U20 3	Blackburn Harriers & Ac	35:27	12	916 Prince Onwuegbuzie	U2012 Lancaster University 44:30
4	347	Charlie Ormerod	U20 4	Blackpool Wyre & Fylde Ac	35:35	13	2546 Charlie Reeder	U2013 Trawden Athletic Club 46:13
5	758	Alfie Addison	U20 5	Kendal AAC	37:09	14	2584 Harry McMurdo	U2014 Walney Wind Cheetahs 46:35
6	907	George Beevers	U20 6	Lancaster University	39:05	15	910 Toby Edwards	U2015 Lancaster University 46:45
7	1583	Luke Culshaw	U20 7	Kirkby Milers AC	41:21	16	2231 George Scarr	U2016 Sedbergh School RC 49:28
8	2223	D Bellier	U20 8	Sedbergh School RC	42:06	17	914 Sander Morris	U2017 Lancaster University 53:49
9	911	Rohan Finch	U20 9	Lancaster University	42:09	18	2900 Ben Chane	U2018 Skelmersdale Boundary H 1:00:41

Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Lancaster University	26	—	6 George Beevers	9 Rohan Finch	11 Rogan Cox
2 Lancaster University 'B'	44	—	12 Prince Onwuegbuzie	15 Toby Edwards	17 Sander Morris

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	28	—	2 Francois Rafferty	3 Mark Wynne	10 David Hamilton	13 Robert Chesters
2 Lancaster & Morecambe Ac	70	—	5 Lee Parrington	16 John Peters	24 Shane Cody	25 Mark Holgate
3 Wesham Road Runners & Ac	100	—	8 Tom Bamber	20 Mark Belfield	33 Christopher Hastwell	39 Stephen Dunn
4 Trawden Athletic Club	105	—	11 Frazer Durris	21 Dave Woods	22 Kevin Fenton-Clough	51 Paul Needham
5 Preston Harriers	120	—	1 Chris Livesey	18 Gareth Morris	47 Steve Hallas	54 Gareth Fairclough
6 Blackburn Harriers & Ac	147	—	15 James Bretherton	23 Mark Chippendale	46 Mark Almond	63 Craig Greenough
7 Leven Valley AC	160	—	4 Ben Procter	34 Tony Murray	48 Danny Bouffler	74 Christopher Moore
8 Kendal AAC	165	—	6 Sam Upton	26 Andrew Wallace	49 Carl Hanaghan	84 Quentin Gratrix
9 Glaxo Hoad Hill Harriers	168	—	9 Scott Smith	45 Lee Winter	56 Pete Hopley	58 Jeffrey Chadwick
10 Wigan & District H & Ac	182	—	28 Mike Harris	31 Jamie Munro	36 Stuart Towns	87 David Collins
11 Red Rose Road Runners	221	—	30 Andrew Christie	55 Michael Oddie	67 Scott Jackson	69 David Simmons
12 Liverpool Pembroke Sefton	225	—	32 Michael Procter	38 Mitchell Wells	52 Adrian Rogers	103 Neil Roberts
13 Garstang Running Club	231	—	40 Peter Hewitt	59 Richard Jones	64 Colin Jennings	68 Gary Dewhurst
14 Skelmersdale Boundary H	246	—	35 James Ashworth	37 Phillip Derry	85 Andrew Mowatt	89 Michael Aisbitt
15 Blackpool Wyre & Fylde Ac	278	—	12 Philip Leybourne	72 Stuart Hall	95 Paul Sparrow	99 Michael Hall
16 Chorley A & T	346	—	77 Christopher Hodgson	78 Paul Wareing	91 David Ashcroft	100 Karl Winrow
17 Walney Wind Cheetahs	455	—	94 Steven Batty	104 Philip Horrocks	123 Jason Cordes	134 Dave Rawlinson

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	8	—	1 Francois Rafferty	2 Mark Wynne	5 David Hamilton
2 Wigan & District H & Ac	46	—	13 Mike Harris	15 Jamie Munro	18 Stuart Towns
3 Glaxo Hoad Hill Harriers	53	—	4 Scott Smith	21 Lee Winter	28 Pete Hopley
4 Blackburn Harriers & Ac	66	—	11 Mark Chippendale	22 Mark Almond	33 Craig Greenough
5 Wesham Road Runners & Ac	85	—	24 Tony Terras	26 Steve Wilson	35 Steve Myerscough
6 Preston Harriers	95	—	23 Steve Hallas	29 David Lea	43 John Griffiths
7 Liverpool Pembroke Sefton	96	—	16 Michael Procter	19 Mitchell Wells	61 Neil Roberts
8 Red Rose Road Runners	100	—	27 Michael Oddie	36 Scott Jackson	37 David Simmons
9 Trawden Athletic Club	118	—	25 Paul Needham	38 Chris Burfitt	55 Adrian Blackledge
10 Blackpool Wyre & Fylde Ac	118	—	6 Philip Leybourne	54 Paul Sparrow	58 Michael Hall
11 Chorley A & T	142	—	41 Christopher Hodgson	42 Paul Wareing	59 Karl Winrow
12 Skelmersdale Boundary H	177	—	50 Michael Aisbitt	63 Paul Casey	64 Jamie McMahon
13 Garstang Running Club	181	—	34 Colin Jennings	67 Dan Tomkins	80 Mark Dobson
14 Kendal AAC	193	—	47 Quentin Gratrix	68 Andrew Sheldon	78 Peter Acland
15 Walney Wind Cheetahs	201	—	53 Steven Batty	62 Philip Horrocks	86 Andrew Hemsley

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Red Rose Road Runners	25	—	6 John Shepherd	9 John Carruthers	10 Stuart Cann
2 Preston Harriers	27	—	3 David Lea	8 John Griffiths	16 John Rainford
3 Glaxo Hoad Hill Harriers	50	—	12 Brian Thompson	13 Dave Ramsay	25 Damian Jones
4 Walney Wind Cheetahs	66	—	14 Steven Batty	18 Philip Horrocks	34 Andrew Hemsley