

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1349	Jacob Renshaw	Sale Harriers Manchester	7:11	36	2284	Jedidiah Dunning	Warriors Pentathlon & AC	8:16
2	782	Alex Bailey-Hall	Liverpool Harriers & Ac	7:20	37	1740	Laurie Jones	St Helens Sutton Ac	8:17
3	1345	Joshua Leong	Sale Harriers Manchester	7:22	38	2505	Sasha Mamedov	Wirral Ac	8:20
4	1348	Sebastian O'Hare	Sale Harriers Manchester	7:27	39	787	Fintan Taylor	Liverpool Harriers & Ac	8:22
5	2504	Jacob Leeming-Nelson	Wirral Ac	7:29	40	2285	Sam Dunning	Warriors Pentathlon & AC	8:23
6	4	Oscar Reynolds	Altrincham & District Ac	7:29	41	1666	Wilfred Wright	Salford Metropolitan Ac	8:24
7	2	Rafe Lucas	Altrincham & District Ac	7:34	42	2212	Leonard Broadhurst	Warrington A C	8:24
8	466	James McMahon	E Cheshire H & Tameside AC	7:35	43	2506	Euan Oakes	Wirral Ac	8:24
9	2502	Freddie Jackson	Wirral Ac	7:38	44	999	Martin Svacna	Manchester Harriers & AC	8:26
10	1346	James Moran	Sale Harriers Manchester	7:39	45	2024	Henry Hooper-Loudon	Trafford Athletic Club	8:26
11	1738	Rohan Dickinson	St Helens Sutton Ac	7:40	46	2215	Oscar Bering	Warrington A C	8:26
12	2286	Harry Gibbs	Warriors Pentathlon & AC	7:41	47	1742	Milo Powell	St Helens Sutton Ac	8:27
13	1737	Max Andres	St Helens Sutton Ac	7:43	48	1665	Sammy Williamson	Salford Metropolitan Ac	8:28
14	2025	Odhran Nash	Trafford Athletic Club	7:44	49	2503	Artur Karpov	Wirral Ac	8:28
15	1352	Leo Selby	Sale Harriers Manchester	7:45	50	467	Charlie Royle	E Cheshire H & Tameside AC	8:28
16	2290	James Weinberger	Warriors Pentathlon & AC	7:48	51	1	Samuel Boothroyd	Altrincham & District Ac	8:30
17	596	John-Paul Crossland	Horwich R M I Harriers	7:51	52	1343	Harry Lamb	Sale Harriers Manchester	8:35
18	2282	Ralph Abdulla	Warriors Pentathlon & AC	7:51	53	598	Finlay Stokes	Horwich R M I Harriers	8:36
19	1340	Ben Connolly	Sale Harriers Manchester	7:52	54	2283	Oliver Bromley-Walsh	Warriors Pentathlon & AC	8:37
20	1353	Alpha Tham	Sale Harriers Manchester	7:53	55	2507	Sebastian Stewart	Wirral Ac	8:42
21	2213	Daniel Kelly	Warrington A C	8:02	56	2288	Oliver Platts	Warriors Pentathlon & AC	8:44
22	2499	Luke English	Wirral Ac	8:05	57	1344	Matthew Leak	Sale Harriers Manchester	8:48
23	2023	Henry Ball	Trafford Athletic Club	8:06	58	1741	Austin Murphy	St Helens Sutton Ac	8:52
24	1562	Adam Jackson	Salford Harriers & AC	8:08	59	783	Max Baker	Liverpool Harriers & Ac	8:54
25	2375	Max Molloy	West Cheshire AC	8:08	60	1739	Oakley Dickinson	St Helens Sutton Ac	8:57
26	786	Joshua Stilwell	Liverpool Harriers & Ac	8:08	61	996	Arthur Nicholson	Manchester Harriers & AC	8:58
27	2498	Sebastian Davies	Wirral Ac	8:08	62	1350	Jacob Richardson	Sale Harriers Manchester	9:00
28	784	Emrys Care	Liverpool Harriers & Ac	8:09	63	2501	Elliott Huston	Wirral Ac	9:00
29	468	Oliver Shearing	E Cheshire H & Tameside AC	8:10	64	597	Archie Fletcher	Horwich R M I Harriers	9:03
30	2214	Daniel Lancaster	Warrington A C	8:11	65	2287	Jacob Platts	Warriors Pentathlon & AC	9:05
31	2374	Arthur Jones	West Cheshire AC	8:11	66	1743	Matthew Wilson	St Helens Sutton Ac	9:09
32	465	Stanley Alderson	E Cheshire H & Tameside AC	8:11	67	1560	Hallie Bryant	Salford Harriers & AC	9:20
33	785	James Riley	Liverpool Harriers & Ac	8:12	68	995	Jeremy Lam	Manchester Harriers & AC	9:29
34	2022	Harry Armer	Trafford Athletic Club	8:14	69	1339	Ernie Coleman	Sale Harriers Manchester	10:07
35	3	Charlie Reynolds	Altrincham & District Ac	8:15					

Under 11 - Boys — TEAM RESULTS

1	Sale Harriers Manchester	8	—	1	Jacob Renshaw	3	Joshua Leong	4	Sebastian O'Hare
2	Wirral Ac	36	—	5	Jacob Leeming-Nelson	9	Freddie Jackson	22	Luke English
3	Sale Harriers Manchester 'B'	44	—	10	James Moran	15	Leo Selby	19	Ben Connolly
4	Warriors Pentathlon & AC	46	—	12	Harry Gibbs	16	James Weinberger	18	Ralph Abdulla
5	Altrincham & District Ac	48	—	6	Oscar Reynolds	7	Rafe Lucas	35	Charlie Reynolds
6	Liverpool Harriers & Ac	56	—	2	Alex Bailey-Hall	26	Joshua Stilwell	28	Emrys Care
7	St Helens Sutton Ac	61	—	11	Rohan Dickinson	13	Max Andres	37	Laurie Jones
8	E Cheshire H & Tameside AC	69	—	8	James McMahon	29	Oliver Shearing	32	Stanley Alderson
9	Trafford Athletic Club	71	—	14	Odhran Nash	23	Henry Ball	34	Harry Armer
10	Warrington A C	93	—	21	Daniel Kelly	30	Daniel Lancaster	42	Leonard Broadhurst
11	Wirral Ac 'B'	108	—	27	Sebastian Davies	38	Sasha Mamedov	43	Euan Oakes
12	Sale Harriers Manchester 'C'	129	—	20	Alpha Tham	52	Harry Lamb	57	Matthew Leak
13	Warriors Pentathlon & AC 'B'	130	—	36	Jedidiah Dunning	40	Sam Dunning	54	Oliver Bromley-Walsh
14	Liverpool Harriers & Ac 'B'	131	—	33	James Riley	39	Fintan Taylor	59	Max Baker
15	Horwich R M I Harriers	134	—	17	John-Paul Crossland	53	Finlay Stokes	64	Archie Fletcher
16	St Helens Sutton Ac 'B'	165	—	47	Milo Powell	58	Austin Murphy	60	Oakley Dickinson
17	Wirral Ac 'C'	167	—	49	Artur Karpov	55	Sebastian Stewart	63	Elliott Huston
18	Manchester Harriers & AC	173	—	44	Martin Svacna	61	Arthur Nicholson	68	Jeremy Lam

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Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time			Time	
1	1668	Melia Ferendenus	Salford Metropolitan Ac	7:42	26	1002 Maddison Entwistle	Manchester Harriers & AC	8:49
2	1567	Sorcha Torhill	Salford Harriers & AC	7:51	27	793 Sienna Hughes	Liverpool Harriers & Ac	8:49
3	2511	Sophia McCready	Wirral Ac	7:51	28	2293 Amelia Draper	Warriors Pentathlon & AC	8:51
4	1667	Georgiana Beech	Salford Metropolitan Ac	7:54	29	1358 Molly Hounslow	Sale Harriers Manchester	9:09
5	2216	Ivy Davidson	Warrington A C	7:57	30	1669 Elsie Fitzpatrick	Salford Metropolitan Ac	9:10
6	2512	Mila Price	Wirral Ac	7:59	31	2377 Arianwen Setters	West Cheshire AC	9:10
7	1362	Connie Summers	Sale Harriers Manchester	8:00	32	2508 Katie Giblett	Wirral Ac	9:10
8	2376	Abby Gamble	West Cheshire AC	8:00	33	795 Lucy Oh	Liverpool Harriers & Ac	9:13
9	791	Erin Freeman	Liverpool Harriers & Ac	8:03	34	1744 Iona Donald	St Helens Sutton Ac	9:19
10	1356	Poppy Dowling	Sale Harriers Manchester	8:10	35	2296 Megan Roberts	Warriors Pentathlon & AC	9:20
11	2509	Evie Hulse	Wirral Ac	8:16	36	2294 Isabelle Mackie	Warriors Pentathlon & AC	9:25
12	792	Lula Grimes	Liverpool Harriers & Ac	8:18	37	797 Evelyn Stark	Liverpool Harriers & Ac	9:34
13	1004	Rebekah Miller	Manchester Harriers & AC	8:22	38	1670 Pearl Hunt	Salford Metropolitan Ac	9:35
14	789	Ada Cameron	Liverpool Harriers & Ac	8:28	39	1673 Niahm Williamson	Salford Metropolitan Ac	9:37
15	1360	Isabelle Neesam	Sale Harriers Manchester	8:29	40	1745 Heidi Dutton	St Helens Sutton Ac	9:48
16	2513	Ziva Timson	Wirral Ac	8:29	41	788 Florence Burman	Liverpool Harriers & Ac	9:51
17	2292	Milly Airey	Warriors Pentathlon & AC	8:32	42	1568 Harlow Young	Salford Harriers & AC	9:58
18	1355	Darcey Davenport	Sale Harriers Manchester	8:35	43	2220 Lily-Mae McMullen	Warrington A C	9:59
19	1671	Isabel McGinnis	Salford Metropolitan Ac	8:35	44	2295 Amaia Pickering	Warriors Pentathlon & AC	10:00
20	1361	Alice Scholfield	Sale Harriers Manchester	8:38	45	2291 Lillia Agent	Warriors Pentathlon & AC	10:01
21	2510	Sienna Jones	Wirral Ac	8:39	46	1746 Maya Radcliffe	St Helens Sutton Ac	10:02
22	796	Isabelle Ryan	Liverpool Harriers & Ac	8:40	47	1564 Aoife Carthy	Salford Harriers & AC	10:04
23	2218	Autumn Illingworth	Warrington A C	8:44	48	2219 Fion Lawton	Warrington A C	10:05
24	2371	Heidi Anstey	West Cheshire AC	8:44	49	174 Maya Akram	Bury Athletic Club	10:06
25	790	Rose Fay	Liverpool Harriers & Ac	8:45	50	2567 Amillie Worrall	Warrington Athletic Club	10:10
					51	202 Anwen Roberts	Buxton AC	10:13
					52	599 April Mort	Horwich R M I Harriers	10:30

Under 11 - Girls — TEAM RESULTS

1	Wirral Ac	20	—	3	Sophia McCready	6	Mila Price	11	Evie Hulse
2	Salford Metropolitan Ac	24	—	1	Melia Ferendenus	4	Georgiana Beech	19	Isabel McGinnis
3	Sale Harriers Manchester	32	—	7	Connie Summers	10	Poppy Dowling	15	Isabelle Neesam
4	Liverpool Harriers & Ac	35	—	9	Erin Freeman	12	Lula Grimes	14	Ada Cameron
5	West Cheshire AC	63	—	8	Abby Gamble	24	Heidi Anstey	31	Arianwen Setters
6	Sale Harriers Manchester 'B'	67	—	18	Darcey Davenport	20	Alice Scholfield	29	Molly Hounslow
7	Wirral Ac 'B'	69	—	16	Ziva Timson	21	Sienna Jones	32	Katie Giblett
8	Warrington A C	71	—	5	Ivy Davidson	23	Autumn Illingworth	43	Lily-Mae McMullen
9	Liverpool Harriers & Ac 'B'	74	—	22	Isabelle Ryan	25	Rose Fay	27	Sienna Hughes
10	Warriors Pentathlon & AC	80	—	17	Milly Airey	28	Amelia Draper	35	Megan Roberts
11	Salford Harriers & AC	91	—	2	Sorcha Torhill	42	Harlow Young	47	Aoife Carthy
12	Salford Metropolitan Ac 'B'	107	—	30	Elsie Fitzpatrick	38	Pearl Hunt	39	Niahm Williamson
13	Liverpool Harriers & Ac 'C'	111	—	33	Lucy Oh	37	Evelyn Stark	41	Florence Burman
14	St Helens Sutton Ac	120	—	34	Iona Donald	40	Heidi Dutton	46	Maya Radcliffe
15	Warriors Pentathlon & AC 'B'	125	—	36	Isabelle Mackie	44	Amaia Pickering	45	Lillia Agent

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Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1574	James Lombard	Salford Harriers & AC	10:43	35	1674	Jacob Crowley	Salford Metropolitan Ac	12:24
2	1375	Arthur O'Hare	Sale Harriers Manchester	10:44	36	804	Mohamed Mohamed	Liverpool Harriers & Ac	12:26
3	2381	Lucas Sawyer	West Cheshire AC	10:51	37	602	Louis Yates	Horwich R M I Harriers	12:33
4	477	Jacob Shearing	E Cheshire H & Tameside AC	10:56	38	1679	Joseph McGinnis	Salford Metropolitan Ac	12:36
5	1680	Loxley Schofield	Salford Metropolitan Ac	10:59	39	1374	Harry Nichol	Sale Harriers Manchester	12:46
6	1370	Charlie Hodgson	Sale Harriers Manchester	11:02	40	2222	Ethan Barratt	Warrington A C	12:47
7	1575	Isaac Taylor-Unitt	Salford Harriers & AC	11:05	41	181	Chester Theakstone	Bury Athletic Club	12:52
8	2297	Sam Baker	Warriors Pentathlon & AC	11:11	42	2304	Aarav Shah	Warriors Pentathlon & AC	12:53
9	2300	Bobby Hughes	Warriors Pentathlon & AC	11:13	43	1747	Woody Deane	St Helens Sutton Ac	12:54
10	2306	Julian Weinberger	Warriors Pentathlon & AC	11:17	44	1587	Zac Holman	Salford Harriers & AC	12:57
11	2302	Quinn McCaul	Warriors Pentathlon & AC	11:18	45	471	Harry Bird	E Cheshire H & Tameside AC	12:58
12	808	Edgar Walsh	Liverpool Harriers & Ac	11:28	46	476	Josh Rothwell	E Cheshire H & Tameside AC	13:02
13	1368	Toby Harrison	Sale Harriers Manchester	11:28	47	1372	Edward Moran	Sale Harriers Manchester	13:03
14	1371	Joshua Howell	Sale Harriers Manchester	11:32	48	2226	Luke Horman	Warrington A C	13:03
15	2224	Alexander Farrell	Warrington A C	11:42	49	805	Kian O'Rourke	Liverpool Harriers & Ac	13:05
16	1570	Harry Crowhurst	Salford Harriers & AC	11:42	50	2033	Wood Logan O'Neill	Trafford Athletic Club	13:09
17	1572	Noah Hartley	Salford Harriers & AC	11:42	51	1006	Isaac Bailey	Manchester Harriers & AC	13:10
18	1377	James Walsh	Sale Harriers Manchester	11:42	52	1576	Scott Wright	Salford Harriers & AC	13:12
19	1365	Yusuf Elmi	Sale Harriers Manchester	11:44	53	2305	Evan Smith	Warriors Pentathlon & AC	13:13
20	1569	Aaron Connor	Salford Harriers & AC	11:50	54	472	Sidney Charles	E Cheshire H & Tameside AC	13:20
21	2303	James Merriman	Warriors Pentathlon & AC	11:52	55	1009	Joseph Haigh	Manchester Harriers & AC	13:23
22	802	Ethan Hughes	Liverpool Harriers & Ac	11:54	56	470	Jacob Bailey	E Cheshire H & Tameside AC	13:35
23	1827	Dominic Riley	Stockport Harriers & Ac	11:54	57	1373	Billy Morgan	Sale Harriers Manchester	13:37
24	1376	Daniel Topping	Sale Harriers Manchester	11:57	58	473	Jack Chorley	E Cheshire H & Tameside AC	13:55
25	2299	Joseph Havey	Warriors Pentathlon & AC	11:57	59	2514	Leo Jones	Wirral Ac	14:10
26	2153	Max Roberts	Vale Royal Ac	11:58	60	1008	Matthew Finnigan	Manchester Harriers & AC	14:18
27	1748	James Goddard	St Helens Sutton Ac	12:06	61	7	Ugo Obianyor	Altrincham & District Ac	14:42
28	2301	Benjamin Kohring	Warriors Pentathlon & AC	12:09	62	601	Oliver Hughes	Horwich R M I Harriers	15:12
29	2516	Henry Oakes	Wirral Ac	12:11	63	1015	Maximilian Svoboda	Manchester Harriers & AC	15:15
30	807	Sam Sutton	Liverpool Harriers & Ac	12:13	64	2227	Aiden Losty	Warrington A C	15:15
31	2298	Ben Dunning	Warriors Pentathlon & AC	12:15	65	2032	Henry Jones	Trafford Athletic Club	15:43
32	475	Hamish Heginbotham	E Cheshire H & Tameside AC	12:17	66	1014	Adam Svacina	Manchester Harriers & AC	16:39
33	2031	Thomas Fotheringham	Trafford Athletic Club	12:21	67	1749	Harry Jackson	St Helens Sutton Ac	16:51
34	798	Tate Arnold-Prescott	Liverpool Harriers & Ac	12:24					

Under 13 - Boys — TEAM RESULTS

1	Sale Harriers Manchester	21	—	2	Arthur O'Hare	6	Charlie Hodgson	13	Toby Harrison
2	Salford Harriers & AC	24	—	1	James Lombard	7	Isaac Taylor-Unitt	16	Harry Crowhurst
3	Warriors Pentathlon & AC	27	—	8	Sam Baker	9	Bobby Hughes	10	Julian Weinberger
4	Sale Harriers Manchester 'B'	51	—	14	Joshua Howell	18	James Walsh	19	Yusuf Elmi
5	Warriors Pentathlon & AC 'B'	57	—	11	Quinn McCaul	21	James Merriman	25	Joseph Havey
6	Liverpool Harriers & Ac	64	—	12	Edgar Walsh	22	Ethan Hughes	30	Sam Sutton
7	Salford Metropolitan Ac	78	—	5	Loxley Schofield	35	Jacob Crowley	38	Joseph McGinnis
8	Salford Harriers & AC 'B'	81	—	17	Noah Hartley	20	Aaron Connor	44	Zac Holman
9	E Cheshire H & Tameside AC	81	—	4	Jacob Shearing	32	Hamish Heginbotham	45	Harry Bird
10	Warriors Pentathlon & AC 'C'	101	—	28	Benjamin Kohring	31	Ben Dunning	42	Aarav Shah
11	Warrington A C	103	—	15	Alexander Farrell	40	Ethan Barratt	48	Luke Horman
12	Sale Harriers Manchester 'C'	110	—	24	Daniel Topping	39	Harry Nichol	47	Edward Moran
13	Liverpool Harriers & Ac 'B'	119	—	34	Tate Arnold-Prescott	36	Mohamed Mohamed	49	Kian O'Rourke
14	St Helens Sutton Ac	137	—	27	James Goddard	43	Woody Deane	67	Harry Jackson
15	Trafford Athletic Club	148	—	33	Thomas Fotheringham	50	Wood Logan O'Neill	65	Henry Jones
16	E Cheshire H & Tameside AC 'B'	156	—	46	Josh Rothwell	54	Sidney Charles	56	Jacob Bailey
17	Manchester Harriers & AC	166	—	51	Isaac Bailey	55	Joseph Haigh	60	Matthew Finnigan

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Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2311	Roni Kohring	Warriors Pentathlon & AC	10:57	32	2037	Betsy Widdop	Trafford Athletic Club	13:29
2	2313	Daisy McVicar	Warriors Pentathlon & AC	11:05	33	2231	Emilia Gandy	Warrington A C	13:30
3	2308	Poppy Boden	Warriors Pentathlon & AC	11:59	34	604	Winnie Lancaster	Horwich R M I Harriers	13:32
4	799	Poppy Baker	Liverpool Harriers & Ac	12:08	35	478	Seren Gush	E Cheshire H & Tameside AC	13:32
5	830	Tillie Wright	Liverpool Harriers & Ac	12:17	36	2236	Bella Parkinson	Warrington A C	13:33
6	813	Alicia XBaranowska	Liverpool Harriers & Ac	12:18	37	1024	Helena Parikh	Manchester Harriers & AC	13:37
7	816	Isabelle Burney	Liverpool Harriers & Ac	12:21	38	1578	Eliza Corrigan	Salford Harriers & AC	13:45
8	1381	Florence Connolly	Sale Harriers Manchester	12:22	39	1579	Penelope Hilton	Salford Harriers & AC	13:49
9	2519	Elsie Jones	Wirral Ac	12:24	40	2158	Jane Carrington	Vale Royal Ac	13:52
10	2518	Anna Gately	Wirral Ac	12:31	41	1688	Eloise Maplesden	Salford Metropolitan Ac	13:57
11	811	Yemi Adebajo	Liverpool Harriers & Ac	12:36	42	829	Mya Teshome	Liverpool Harriers & Ac	14:00
12	1385	Lucy O'Brien	Sale Harriers Manchester	12:37	43	2383	Florence Hain	West Cheshire AC	14:06
13	2316	Jasmine Rogan	Warriors Pentathlon & AC	12:37	44	821	Libby Holcroft	Liverpool Harriers & Ac	14:06
14	2517	Violet Brady	Wirral Ac	12:39	45	1387	Aoife Wilson	Sale Harriers Manchester	14:09
15	2521	Isla Salisbury	Wirral Ac	12:40	46	823	Caitlin McGuirk	Liverpool Harriers & Ac	14:11
16	2310	Norah Kohring	Warriors Pentathlon & AC	12:42	47	818	Elsie Cunningham	Liverpool Harriers & Ac	14:16
17	814	Phoebe Brew	Liverpool Harriers & Ac	12:45	48	1683	Florence Barker	Salford Metropolitan Ac	14:18
18	817	Holly Coombe	Liverpool Harriers & Ac	12:48	49	2229	Charlotte Andrew	Warrington A C	14:32
19	2035	Cora Black	Trafford Athletic Club	12:50	50	825	Nancy Polhill	Liverpool Harriers & Ac	14:42
20	2520	Marie-Ange Robson	Wirral Ac	12:56	51	1379	Abbie Brocklebank	Sale Harriers Manchester	14:42
21	812	Daniella Asiwe	Liverpool Harriers & Ac	13:00	52	1020	Caoimhe Finley	Manchester Harriers & AC	14:54
22	1382	Willow Fawley	Sale Harriers Manchester	13:01	53	2235	Aideen Noble	Warrington A C	15:01
23	826	Sarah Roberts	Liverpool Harriers & Ac	13:04	54	828	Emmie Teshome	Liverpool Harriers & Ac	15:09
24	2159	Orla Coates	Vale Royal Ac	13:04	55	1752	Juliana Roberts	St Helens Sutton Ac	15:32
25	2309	Zoe Dunning	Warriors Pentathlon & AC	13:08	56	2157	Lily Beevers	Vale Royal Ac	15:51
26	1380	Cicely Coldwell	Sale Harriers Manchester	13:12	57	2234	Edie McArthur	Warrington A C	15:54
27	1689	Megan Williamson	Salford Metropolitan Ac	13:16	58	2238	Saffron Talbot-Barka	Warrington A C	15:59
28	824	Scarlett Miller	Liverpool Harriers & Ac	13:18	59	820	Mia Feenan	Liverpool Harriers & Ac	16:01
29	827	Katy Smith	Liverpool Harriers & Ac	13:24	60	1687	Sophia Lamarin	Salford Metropolitan Ac	16:08
30	2160	Emily Milner	Vale Royal Ac	13:25	61	208	Penelope Curzon	Buxton AC	16:16
31	1686	Pippa Hunt	Salford Metropolitan Ac	13:28	62	607	Abigail Taylor	Horwich R M I Harriers	16:43
					63	1751	Lucy Clague	St Helens Sutton Ac	18:52

Under 13 - Girls — TEAM RESULTS

1	Warriors Pentathlon & AC	6	—	1	Roni Kohring	2	Daisy McVicar	3	Poppy Boden
2	Liverpool Harriers & Ac	15	—	4	Poppy Baker	5	Tillie Wright	6	Alicia XBaranowska
3	Wirral Ac	33	—	9	Elsie Jones	10	Anna Gately	14	Violet Brady
4	Liverpool Harriers & Ac 'B'	35	—	7	Isabelle Burney	11	Yemi Adebajo	17	Phoebe Brew
5	Sale Harriers Manchester	42	—	8	Florence Connolly	12	Lucy O'Brien	22	Willow Fawley
6	Warriors Pentathlon & AC 'B'	54	—	13	Jasmine Rogan	16	Norah Kohring	25	Zoe Dunning
7	Liverpool Harriers & Ac 'C'	62	—	18	Holly Coombe	21	Daniella Asiwe	23	Sarah Roberts
8	Vale Royal Ac	94	—	24	Orla Coates	30	Emily Milner	40	Jane Carrington
9	Salford Metropolitan Ac	99	—	27	Megan Williamson	31	Pippa Hunt	41	Eloise Maplesden
10	Liverpool Harriers & Ac 'D'	99	—	28	Scarlett Miller	29	Katy Smith	42	Mya Teshome
11	Warrington A C	118	—	33	Emilia Gandy	36	Bella Parkinson	49	Charlotte Andrew
12	Sale Harriers Manchester 'B'	122	—	26	Cicely Coldwell	45	Aoife Wilson	51	Abbie Brocklebank
13	Liverpool Harriers & Ac 'E'	137	—	44	Libby Holcroft	46	Caitlin McGuirk	47	Elsie Cunningham
14	Liverpool Harriers & Ac 'F'	163	—	50	Nancy Polhill	54	Emmie Teshome	59	Mia Feenan
15	Warrington A C 'B'	168	—	53	Aideen Noble	57	Edie McArthur	58	Saffron Talbot-Barka

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time			Time	
1	1401	Noah Phillips	Sale Harriers Manchester	10:06	36	2526 Thomas Heap	Wirral Ac	11:44
2	1843	Harry Shatwell	Stockport Harriers & Ac	10:11	37	1588 Flynn Slattery	Salford Harriers & AC	11:45
3	1842	Alistair Riley	Stockport Harriers & Ac	10:21	38	1839 Aidan Greenfield	Stockport Harriers & Ac	11:47
4	2527	Fred Reese	Wirral Ac	10:24	39	2162 George Bright	Vale Royal Ac	11:49
5	2044	Oliver Davenport	Trafford Athletic Club	10:31	40	2529 Orson Wakefield	Wirral Ac	11:51
6	1397	George Horsfall	Sale Harriers Manchester	10:33	41	1391 Reuben Dunn	Sale Harriers Manchester	11:53
7	2049	Tullius Arlo Mander	Trafford Athletic Club	10:43	42	2239 Joseph Barratt	Warrington A C	11:54
8	2318	Owen Oswick	Warriors Pentathlon & AC	10:45	43	609 Charlie Cowburn	Horwich R M I Harriers	11:55
9	1029	Alfie Taylor-Wark	Manchester Harriers & AC	10:46	44	2523 Harry Evens	Wirral Ac	12:01
10	1389	Lenny Alves	Sale Harriers Manchester	10:57	45	2168 James Thorpe	Vale Royal Ac	12:03
11	2043	Thomas Daly	Trafford Athletic Club	10:57	46	18 Oscar Curran	Altrincham & District Ac	12:05
12	833	Max Myles	Liverpool Harriers & Ac	10:58	47	2245 Edward Walker	Warrington A C	12:06
13	1840	Charlie Millward	Stockport Harriers & Ac	10:59	48	611 Flynn Harris	Horwich R M I Harriers	12:06
14	486	Oliver Mannion	E Cheshire H & Tameside AC	11:01	49	2319 Jonah Pickering	Warriors Pentathlon & AC	12:12
15	2163	Harvey Brown	Vale Royal Ac	11:03	50	2052 Charlie Congdon	Trafford Athletic Club	12:15
16	2321	Harry Redhead	Warriors Pentathlon & AC	11:04	51	15 Blake Bareford	Altrincham & District Ac	12:20
17	2046	Logan Grocott	Trafford Athletic Club	11:05	52	608 William Birkin	Horwich R M I Harriers	12:20
18	1753	Bobby Birkett	St Helens Sutton Ac	11:08	53	2055 Patrick Widdop	Trafford Athletic Club	12:28
19	831	Callum Finch	Liverpool Harriers & Ac	11:08	54	836 Eric Wykes	Liverpool Harriers & Ac	12:33
20	483	Matthew Bailey	E Cheshire H & Tameside AC	11:11	55	2169 George Williams	Vale Royal Ac	12:35
21	1398	Oliver Howell	Sale Harriers Manchester	11:14	56	1690 Arthur Barker	Salford Metropolitan Ac	12:40
22	2047	S Ingleby-Castleton	Trafford Athletic Club	11:14	57	1841 Jack Proctor	Stockport Harriers & Ac	12:40
23	2039	Oscar Bundy	Trafford Athletic Club	11:16	58	21 Callum Roberts	Altrincham & District Ac	12:45
24	2242	Euan Lawton	Warrington A C	11:16	59	1395 Samuel Haskins	Sale Harriers Manchester	12:54
25	835	Cassian Williams	Liverpool Harriers & Ac	11:18	60	1027 Hadley Lumsden	Manchester Harriers & AC	13:02
26	484	Zachary Jones	E Cheshire H & Tameside AC	11:20	61	20 Musab Noman	Altrincham & District Ac	13:06
27	2528	Thomas Smout	Wirral Ac	11:21	62	832 Cian Hambleton	Liverpool Harriers & Ac	13:19
28	485	Micah Kenyon-Betts	E Cheshire H & Tameside AC	11:23	63	2054 Daniel White	Trafford Athletic Club	13:20
29	2522	Rory Boyd	Wirral Ac	11:25	64	2240 Harry Gartland	Warrington A C	13:38
30	2320	Finley Potter	Warriors Pentathlon & AC	11:31	65	1757 Lucas Vine	St Helens Sutton Ac	13:40
31	1028	Lewis Miles	Manchester Harriers & AC	11:38	66	2048 Edward Jones	Trafford Athletic Club	13:52
32	1394	Jake Harrison	Sale Harriers Manchester	11:38	67	1844 Noah Shirres	Stockport Harriers & Ac	13:55
33	2525	Arthur Goulding	Wirral Ac	11:38	68	1754 Jayden Hughes	St Helens Sutton Ac	14:05
34	2045	Ned Farncombe	Trafford Athletic Club	11:40	69	1396 William Haskins	Sale Harriers Manchester	14:12
35	24	James Warrington	Altrincham & District Ac	11:42	70	1846 Rowan Trollope	Stockport Harriers & Ac	14:38

Under 15 - Boys — TEAM RESULTS

1	Sale Harriers Manchester	17	—	1	Noah Phillips	6	George Horsfall	10	Lenny Alves
2	Stockport Harriers & Ac	18	—	2	Harry Shatwell	3	Alistair Riley	13	Charlie Millward
3	Trafford Athletic Club	23	—	5	Oliver Davenport	7	Tullius Arlo Mander	11	Thomas Daly
4	Warriors Pentathlon & AC	54	—	8	Owen Oswick	16	Harry Redhead	30	Finley Potter
5	Liverpool Harriers & Ac	56	—	12	Max Myles	19	Callum Finch	25	Cassian Williams
6	E Cheshire H & Tameside AC	60	—	14	Oliver Mannion	20	Matthew Bailey	26	Zachary Jones
7	Wirral Ac	60	—	4	Fred Reese	27	Thomas Smout	29	Rory Boyd
8	Trafford Athletic Club 'B'	62	—	17	Logan Grocott	22	S Ingleby-Castleton	23	Oscar Bundy
9	Sale Harriers Manchester 'B'	94	—	21	Oliver Howell	32	Jake Harrison	41	Reuben Dunn
10	Vale Royal Ac	99	—	15	Harvey Brown	39	George Bright	45	James Thorpe
11	Manchester Harriers & AC	100	—	9	Alfie Taylor-Wark	31	Lewis Miles	60	Hadley Lumsden
12	Wirral Ac 'B'	109	—	33	Arthur Goulding	36	Thomas Heap	40	Orson Wakefield
13	Warrington A C	113	—	24	Euan Lawton	42	Joseph Barratt	47	Edward Walker
14	Altrincham & District Ac	132	—	35	James Warrington	46	Oscar Curran	51	Blake Bareford
15	Trafford Athletic Club 'C'	137	—	34	Ned Farncombe	50	Charlie Congdon	53	Patrick Widdop
16	Horwich R M I Harriers	143	—	43	Charlie Cowburn	48	Flynn Harris	52	William Birkin
17	St Helens Sutton Ac	151	—	18	Bobby Birkett	65	Lucas Vine	68	Jayden Hughes
18	Stockport Harriers & Ac 'B'	162	—	38	Aidan Greenfield	57	Jack Proctor	67	Noah Shirres

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	2328	Isla Yorke	Warriors Pentathlon & AC	11:07	32	215	Evie Willis	Buxton AC	13:13
2	842	Mia Ford	Liverpool Harriers & Ac	11:26	33	846	Maisie McGuirk	Liverpool Harriers & Ac	13:14
3	1407	Megan Boyer	Sale Harriers Manchester	11:28	34	2057	Daisy Heap	Trafford Athletic Club	13:17
4	2323	Isobel Beddow	Warriors Pentathlon & AC	11:33	35	618	Millie Reid	Horwich R M I Harriers	13:18
5	1592	Emme Lowe	Salford Harriers & AC	11:40	36	838	Mya Burney	Liverpool Harriers & Ac	13:18
6	1416	Grace Hill	Sale Harriers Manchester	11:46	37	212	Katherine Bennett	Buxton AC	13:21
7	1594	Imogen Weatherhead	Salford Harriers & AC	11:46	38	2533	Faye McKeown	Wirral Ac	13:28
8	1405	Maddy Appleby	Sale Harriers Manchester	11:51	39	1761	Tess Mullen	St Helens Sutton Ac	13:33
9	848	Honor Peers	Liverpool Harriers & Ac	11:51	40	1850	Imogen Meikle	Stockport Harriers & Ac	13:33
10	839	Esme Cameron	Liverpool Harriers & Ac	11:56	41	1409	Eve Dowling	Sale Harriers Manchester	13:36
11	849	Beau Rawcliffe	Liverpool Harriers & Ac	11:58	42	837	Ella Ashford	Liverpool Harriers & Ac	13:42
12	2329	Maisie Yorke	Warriors Pentathlon & AC	12:12	43	1758	Melissa Goddard	St Helens Sutton Ac	13:46
13	2170	Lily Coates	Vale Royal Ac	12:17	44	25	Mollie Offord	Altrincham & District Ac	13:54
14	614	Kitty Crossland	Horwich R M I Harriers	12:19	45	1760	Lily McKeegan	St Helens Sutton Ac	13:57
15	1415	Robyn Heywood-Young	Sale Harriers Manchester	12:20	46	489	Imogen McBurnie	E Cheshire H & Tameside AC	13:58
16	1403	Isla Anderson	Sale Harriers Manchester	12:24	47	1762	Sophia Richardson	St Helens Sutton Ac	14:06
17	1595	Isobel Woods	Salford Harriers & AC	12:24	48	2056	Mya Black	Trafford Athletic Club	14:07
18	1033	Lacey Steele	Manchester Harriers & AC	12:28	49	615	Charlotte Lightbrown	Horwich R M I Harriers	14:09
19	490	Erin McMahon	E Cheshire H & Tameside AC	12:28	50	1413	Grace Haywood	Sale Harriers Manchester	14:11
20	847	Isabella Parry	Liverpool Harriers & Ac	12:28	51	2327	Katie Merriman	Warriors Pentathlon & AC	14:11
21	1418	Amber Khan	Sale Harriers Manchester	12:29	52	2325	Esme Joynson	Warriors Pentathlon & AC	14:13
22	852	Grace Veevers	Liverpool Harriers & Ac	12:35	53	2326	Florence Massey	Warriors Pentathlon & AC	14:22
23	620	Ava Winstanley	Horwich R M I Harriers	12:42	54	213	Kitty Harrison	Buxton AC	14:26
24	844	Nancy Howe	Liverpool Harriers & Ac	12:52	55	1299	Roisin Jordan	Oldham & Royton H & Ac	14:48
25	1591	Freya Lombard	Salford Harriers & AC	12:55	56	851	Eva Townend	Liverpool Harriers & Ac	15:08
26	2393	Margaux Schmidlin	West Cheshire AC	12:56	57	2531	Macy Howells	Wirral Ac	15:26
27	841	Pearl Fay	Liverpool Harriers & Ac	13:02	58	2532	Erin Huston	Wirral Ac	15:33
28	890	Annaleigh Harrison	Macclesfield Harriers & Ac	13:04	59	214	Evelyn Throssel	Buxton AC	16:06
29	1759	Sophie Lang	St Helens Sutton Ac	13:06	60	1032	Zara Price	Manchester Harriers & AC	16:14
30	617	Isobel Reid	Horwich R M I Harriers	13:10	61	1030	Sophie Finnigan	Manchester Harriers & AC	16:36
31	2324	Delphine Cross	Warriors Pentathlon & AC	13:11	62	26	Niamh Robinson	Altrincham & District Ac	16:44

Under 15 - Girls — TEAM RESULTS

1	Sale Harriers Manchester	17	—	3	Megan Boyer	6	Grace Hill	8	Maddy Appleby
2	Warriors Pentathlon & AC	17	—	1	Isla Yorke	4	Isobel Beddow	12	Maisie Yorke
3	Liverpool Harriers & Ac	21	—	2	Mia Ford	9	Honor Peers	10	Esme Cameron
4	Salford Harriers & AC	29	—	5	Emme Lowe	7	Imogen Weatherhead	17	Isobel Woods
5	Sale Harriers Manchester 'B'	52	—	15	Robyn Heywood-Young	16	Isla Anderson	21	Amber Khan
6	Liverpool Harriers & Ac 'B'	53	—	11	Beau Rawcliffe	20	Isabella Parry	22	Grace Veevers
7	Horwich R M I Harriers	67	—	14	Kitty Crossland	23	Ava Winstanley	30	Isobel Reid
8	Liverpool Harriers & Ac 'C'	84	—	24	Nancy Howe	27	Pearl Fay	33	Maisie McGuirk
9	St Helens Sutton Ac	111	—	29	Sophie Lang	39	Tess Mullen	43	Melissa Goddard
10	Buxton AC	123	—	32	Evie Willis	37	Katherine Bennett	54	Kitty Harrison
11	Warriors Pentathlon & AC 'B'	134	—	31	Delphine Cross	51	Katie Merriman	52	Esme Joynson
12	Liverpool Harriers & Ac 'D'	134	—	36	Mya Burney	42	Ella Ashford	56	Eva Townend
13	Manchester Harriers & AC	139	—	18	Lacey Steele	60	Zara Price	61	Sophie Finnigan
14	Wirral Ac	153	—	38	Faye McKeown	57	Macy Howells	58	Erin Huston

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2396	Lewis Morris	West Cheshire AC	14:05	29	2536	Jac Chapman	Wirral Ac	16:18
2	893	Jake Ireland	Macclesfield Harriers & Ac	14:20	30	2543	Matthew Merriman	Wirral Ac	16:20
3	2067	Emmas Finlay Dobson	Trafford Athletic Club	14:28	31	2173	Ethan Price	Vale Royal Ac	16:25
4	2065	Theodor Austin	Trafford Athletic Club	14:32	32	494	Nathan Dunn	E Cheshire H & Tameside AC	16:29
5	2077	Adrian White	Trafford Athletic Club	14:47	33	623	Mark Titmuss	Horwich R M I Harriers	16:29
6	1855	Sam Hill	Stockport Harriers & Ac	14:55	34	1428	Archer Blann	Sale Harriers Manchester	16:35
7	2340	Michael Phelan	Warriors Pentathlon & AC	14:56	35	1768	Dylan Roberts	St Helens Sutton Ac	16:35
8	1035	Christopher Parikh	Manchester Harriers & AC	14:58	36	219	Jonty Brown	Buxton AC	16:41
9	2076	Zach Rose	Trafford Athletic Club	15:26	37	2254	Alfie Blizzard	Warrington A C	16:42
10	1429	Matthew Cullen-Brown	Sale Harriers Manchester	15:28	38	498	James Rook	E Cheshire H & Tameside AC	16:53
11	2075	Evan Lewis	Trafford Athletic Club	15:31	39	2537	Luke Fisher	Wirral Ac	16:54
12	218	Alfie Branch	Buxton AC	15:33	40	2338	Huw Maddox	Warriors Pentathlon & AC	16:58
13	1433	Conor McManus	Sale Harriers Manchester	15:35	41	2544	Toby Stobbs	Wirral Ac	16:59
14	2542	Theo Kaye	Wirral Ac	15:36	42	1853	Joe Ashton	Stockport Harriers & Ac	17:06
15	495	Marshall Fleet	E Cheshire H & Tameside AC	15:39	43	2336	Max Grabe	Warriors Pentathlon & AC	17:08
16	2538	George Goulding	Wirral Ac	15:41	44	217	William Aspinall	Buxton AC	17:30
17	2068	Ben Gardner	Trafford Athletic Club	15:46	45	1693	Jack Broadhurst	Salford Metropolitan Ac	17:35
18	500	Oliver Walker	E Cheshire H & Tameside AC	15:49	46	2535	James Binks	Wirral Ac	17:38
19	894	George O'Donnell	Macclesfield Harriers & Ac	15:50	47	492	Archie Bennett	E Cheshire H & Tameside AC	17:42
20	892	Jared Dickinson	Macclesfield Harriers & Ac	15:52	48	496	Samuel Horner	E Cheshire H & Tameside AC	17:44
21	2257	Elliot Taylor	Warrington A C	15:58	49	2072	William Jones	Trafford Athletic Club	17:55
22	2541	Joshua Hatton	Wirral Ac	15:58	50	493	Ben Dale	E Cheshire H & Tameside AC	18:00
23	2540	Malachi Harty	Wirral Ac	16:03	51	28	Max McFarland	Altrincham & District Ac	18:08
24	2070	Evan Horwell	Trafford Athletic Club	16:04	52	2256	Harvey Howard	Warrington A C	18:41
25	1600	Finlay Carthy	Salford Harriers & AC	16:11	53	1767	Benjamin Genner	St Helens Sutton Ac	19:30
26	1769	Riley Underhill	St Helens Sutton Ac	16:13	54	2337	Jenson Jones	Warriors Pentathlon & AC	20:27
27	2255	Sebastian Hampson	Warrington A C	16:14	55	860	Daniel Chadwick	Liverpool Harriers & Ac	21:28
28	2069	Archie Greenwood	Trafford Athletic Club	16:15					

Under 17 - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	12	—	3	Emmas Finlay Dobson	4	Theodor Austin	5	Adrian White
2	Trafford Athletic Club 'B'	37	—	9	Zach Rose	11	Evan Lewis	17	Ben Gardner
3	Macclesfield Harriers & Ac	41	—	2	Jake Ireland	19	George O'Donnell	20	Jared Dickinson
4	Wirral Ac	52	—	14	Theo Kaye	16	George Goulding	22	Joshua Hatton
5	Sale Harriers Manchester	57	—	10	Matthew Cullen-Brown	13	Conor McManus	34	Archer Blann
6	E Cheshire H & Tameside AC	65	—	15	Marshall Fleet	18	Oliver Walker	32	Nathan Dunn
7	Wirral Ac 'B'	82	—	23	Malachi Harty	29	Jac Chapman	30	Matthew Merriman
8	Warrington A C	85	—	21	Elliot Taylor	27	Sebastian Hampson	37	Alfie Blizzard
9	Warriors Pentathlon & AC	90	—	7	Michael Phelan	40	Huw Maddox	43	Max Grabe
10	Buxton AC	92	—	12	Alfie Branch	36	Jonty Brown	44	William Aspinall
11	Trafford Athletic Club 'C'	101	—	24	Evan Horwell	28	Archie Greenwood	49	William Jones
12	St Helens Sutton Ac	114	—	26	Riley Underhill	35	Dylan Roberts	53	Benjamin Genner
13	Wirral Ac 'C'	126	—	39	Luke Fisher	41	Toby Stobbs	46	James Binks
14	E Cheshire H & Tameside AC 'B'	133	—	38	James Rook	47	Archie Bennett	48	Samuel Horner

Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2334	Isla Pastor	Warriors Pentathlon & AC	16:28	15	2251	Cara Gregory	Warrington A C	19:54
2	1598	T Hutchinson	Salford Harriers & AC	16:46	16	1763	Nicole Anders	St Helens Sutton Ac	20:01
3	1852	Poppy Branch	Stockport Harriers & Ac	17:06	17	2063	Beth Stanley	Trafford Athletic Club	20:04
4	1424	Isobel Hall	Sale Harriers Manchester	17:42	18	2335	Annabelle Rogan	Warriors Pentathlon & AC	20:06
5	621	Emily Hyder	Horwich R M I Harriers	17:44	19	857	Marissa Phillips	Liverpool Harriers & Ac	20:14
6	2331	Imogen Dunning	Warriors Pentathlon & AC	18:05	20	1425	Ruby Langford	Sale Harriers Manchester	20:47
7	2058	Rachel Bowden	Trafford Athletic Club	18:17	21	859	Isobel Robinson	Liverpool Harriers & Ac	21:27
8	2171	Nancy Carrington	Vale Royal Ac	18:29	22	1423	Manaal Christmas	Sale Harriers Manchester	21:33
9	891	Eva Mion	Macclesfield Harriers & Ac	18:44	23	2059	Genevieve Jackson	Trafford Athletic Club	21:38
10	2332	Savannah Mannhart	Warriors Pentathlon & AC	18:56	24	2568	Tia XHarris	Horwich R M I Harriers	21:44
11	2062	Sarah Smith	Trafford Athletic Club	19:08	25	491	Anna Rooke	E Cheshire H & Tameside AC	21:56
12	858	Hannah Robinson	Liverpool Harriers & Ac	19:13	26	2061	Sophia Mayer-Ward	Trafford Athletic Club	22:20
13	1422	Phoebe Carroll	Sale Harriers Manchester	19:18	27	2333	Lucy Mercer	Warriors Pentathlon & AC	22:42
14	1596	Eliza Doyle	Salford Harriers & AC	19:32	28	2249	Jessica Andrew	Warrington A C	23:12
					29	1764	Grace Nicholas	St Helens Sutton Ac	24:03

Under 17 - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	17	—	1	Isla Pastor	6	Imogen Dunning	10	Savannah Mannhart
2	Trafford Athletic Club	35	—	7	Rachel Bowden	11	Sarah Smith	17	Beth Stanley
3	Sale Harriers Manchester	37	—	4	Isobel Hall	13	Phoebe Carroll	20	Ruby Langford
4	Liverpool Harriers & Ac	52	—	12	Hannah Robinson	19	Marissa Phillips	21	Isobel Robinson

Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time		
1	1877	Rosie Philbin	L20	1	Stockport Harriers & Ac	33:57	7	227	Rebecca Cudahy	L20	7	Buxton AC	40:40
2	637	Charlotte Wilkinson	L20	2	Horwich R M I Harriers	34:24	8	624	Emma Bradley	L20	8	Horwich R M I Harriers	41:13
3	1439	Sophie Armitage	L20	3	Sale Harriers Manchester	35:23	9	504	Maria Rooke	L20	9	E Cheshire H & Tameside AC	41:57
4	2346	Eve Grabe	L20	4	Warriors Pentathlon & AC	36:43	10	1077	Amelia Topliss	L20	10	Manchester Metropolitan Uni	42:12
5	2123	Hannah Taylor	L20	5	University Of Manchester	38:35	11	634	Alice Tucker	L20	11	Horwich R M I Harriers	42:20
6	501	Harri-Ann Fleet	L20	6	E Cheshire H & Tameside AC	39:47							

Senior Ladies aged 17 to 19 — TEAM RESULTS

1	Horwich R M I Harriers	21	—	2	Charlotte Wilkinson	8	Emma Bradley	11	Alice Tucker
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**Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight**

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2177	Sarah Dufour-Jackson		Vale Royal Ac	29:29	29	265	Eloise Billington		Chorlton Runners	38:37
2	1487	Alice Wright		Sale Harriers Manchester	30:23	30	412	Chantal Ratcliffe		Didsbury Runners	38:53
3	1455	Aine Cunningham		Sale Harriers Manchester	31:58	31	1090	Sophie Alderson		Manchester Road Runners	39:23
4	1484	Megan Tucker		Sale Harriers Manchester	32:16	32	1163	Josie Clough		Manchester Ymca Harriers	39:33
5	913	Alicia Roberts		Macclesfield Harriers & Ac	32:46	33	1995	Jessica Carey		Swinton Running Club	39:42
6	1605	Oriel Hardman		Salford Harriers & AC	33:00	34	411	Abbie Pickard		Didsbury Runners	39:53
7	1609	Katie Reynolds		Salford Harriers & AC	33:08	35	287	Suzu Hill		Chorlton Runners	40:35
8	2089	Kate Meeson		Trafford Athletic Club	33:16	36	414	Juliet Snow		Didsbury Runners	40:45
9	294	P Moriarty		Chorlton Runners	33:17	37	1795	Marie Godward		Start2jog	41:10
10	267	Rachel Brown		Chorlton Runners	33:28	38	1949	Louise Coultts		Styal Running Club	41:26
11	279	L Gallyer-Barnett		Chorlton Runners	33:36	39	302	Charlotte Smith		Chorlton Runners	41:43
12	31	Alana Dunn		Altrincham & District Ac	33:54	40	402	Evie Greatorex		Didsbury Runners	42:18
13	917	Jenna Williams		Macclesfield Harriers & Ac	34:22	41	636	Sophie Walton		Horwich R M I Harriers	42:40
14	2121	Lucy Henson		University Of Manchester	34:29	42	1075	Madi Mitchell		Manchester Metropolitan Uni	42:51
15	1324	Samantha Newbound		Running Bear	34:58	43	304	Batya Stimler		Chorlton Runners	43:28
16	753	Ellie Kemp		Levenshulme Runners	35:02	44	1076	Poppy Thacker		Manchester Metropolitan Uni	43:42
17	1711	Bethany Vella		Salford Metropolitan Ac	35:24	45	1220	Josie Rogers		Marple Runners	44:06
18	1443	Anouska Brooks		Sale Harriers Manchester	35:54	46	228	Charlotte Curzon		Buxton AC	44:09
19	1135	Katie Vann		Manchester Triathlon Club	36:29	47	404	Lottie Harold		Didsbury Runners	44:49
20	628	Milly Lever		Horwich R M I Harriers	36:34	48	275	Megan Druce		Chorlton Runners	44:54
21	1319	Lucy Gleave		Running Bear	36:50	49	910	Grace O'Neill		Macclesfield Harriers & Ac	44:56
22	1074	Scarlett Liddy		Manchester Metropolitan Uni	36:51	50	506	Aliasha Smith		E Cheshire H & Tameside AC	45:16
23	2092	Eve Southern		Trafford Athletic Club	37:19	51	405	Molly McGuirk		Didsbury Runners	45:42
24	1039	Katie Cooper		Manchester Harriers & AC	37:42	52	697	Kate Kinder		Hyde Village Striders	48:57
25	1099	Lucy Priestner		Manchester Road Runners	38:11	53	292	Chloe Logue		Chorlton Runners	49:58
26	1078	Minette Watkins		Manchester Metropolitan Uni	38:14	54	396	Natasha Bradford		Didsbury Runners	52:20
27	400	Molly Curzon		Didsbury Runners	38:17	55	543	Jane Scanlon		Glossopdale Harriers	52:43
28	1098	Caitlin Morris		Manchester Road Runners	38:36						

Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2085	Sarah Hudak	L35	1 Trafford Athletic Club	32:23	16	2090	Mel Monks	L35	16 Trafford Athletic Club	39:25
2	1458	Chloe Elliott	L35	2 Sale Harriers Manchester	32:44	17	1463	Sarah Goulden	L35	17 Sale Harriers Manchester	40:25
3	1482	R Rozhdestvenskaya	L35	3 Sale Harriers Manchester	33:12	18	2466	Georgina Sargent	L35	18 Wilmslow Striders	41:15
4	281	Carly Gould	L35	4 Chorlton Runners	33:40	19	2264	Faye Lawton	L35	19 Warrington A C	41:19
5	2399	Claire Harris	L35	5 West Cheshire AC	34:19	20	2080	Ruth Beresford	L35	20 Trafford Athletic Club	41:38
6	1775	Siobhan Massey	L35	6 St Helens Sutton Ac	34:55	21	1996	Sarah Foreman	L35	21 Swinton Running Club	41:44
7	2403	Julie Douzant	L35	7 West Cheshire AC	35:06	22	1161	Katie Baker	L35	22 Manchester Ymca Harriers	41:56
8	1123	Fiona Blagg	L35	8 Manchester Triathlon Club	35:55	23	1312	Marion Davies	L35	23 Running Bear	43:47
9	731	Natalie Duncombe	L35	9 Knutsford Tri Club	36:16	24	2005	Joanna Turner	L35	24 Swinton Running Club	46:39
10	297	Lucy Walker-Etchells	L35	10 Chorlton Runners	36:22	25	1998	Kirsty Johnson	L35	25 Swinton Running Club	49:26
11	748	Catrin Austin	L35	11 Levenshulme Runners	38:02	26	963	Kirsty Powers	L35	26 Manchester Frontrunners	50:27
12	1169	Emma Mochan	L35	12 Manchester Ymca Harriers	38:40	27	2355	Claire Platts	L35	27 Warriors Pentathlon & AC	50:42
13	1321	Tine Johnson	L35	13 Running Bear	38:41	28	1802	Kaylea Maidstone	L35	28 Start2jog	50:59
14	225	Rebecca Corbett	L35	14 Buxton AC	39:10	29	1173	Sally Wood	L35	29 Manchester Ymca Harriers	51:20
15	296	Emma Parratt	L35	15 Chorlton Runners	39:19						

Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	309	Amy Weyers	L40	1 Chorlton Runners	31:56	15	1772	Sarah Birkett	L40	15 St Helens Sutton Ac	41:14
2	2431	Nicola Reece	L40	2 Wilmslow Running Club	32:12	16	280	Charlotte Gilbert	L40	16 Chorlton Runners	41:36
3	502	Katie Kay	L40	3 E Cheshire H & Tameside AC	35:08	17	1712	Holly Wright	L40	17 Salford Metropolitan Ac	41:54
4	1872	Holly Martin	L40	4 Stockport Harriers & Ac	36:16	18	1710	Rachel Thomas	L40	18 Salford Metropolitan Ac	42:06
5	2174	Anna Begbie	L40	5 Vale Royal Ac	37:10	19	2546	Christina Oakes	L40	19 Wirral Ac	42:44
6	2545	Jennifer Langston	L40	6 Wirral Ac	37:55	20	1272	Helen Mutch	L40	20 Middleton Harriers Ac	42:55
7	2001	Rebecca Mills	L40	7 Swinton Running Club	38:21	21	730	Katy Barnes	L40	21 Knutsford Tri Club	43:45
8	698	Stephanie Mallett	L40	8 Hyde Village Striders	38:55	22	125	Jen Bulman	L40	22 Bramhall Runners	45:01
9	960	Rachel Kenyon	L40	9 Manchester Frontrunners	39:22	23	1302	Jodie Tinker	L40	23 Oldham & Royton H & Ac	45:22
10	629	Helen Macdonald	L40	10 Horwich R M I Harriers	39:28	24	1199	Lyndsey Brandwood	L40	24 Marple Runners	45:59
11	2344	Kerry Dunning	L40	11 Warriors Pentathlon & AC	39:50	25	1269	Janine Jordan	L40	25 Middleton Harriers Ac	48:09
12	1695	Carolyn Bradshaw	L40	12 Salford Metropolitan Ac	40:16	26	1788	Jenna Bardsley	L40	26 Start2jog	50:23
13	962	Jacqui Phazey-Baines	L40	13 Manchester Frontrunners	40:21	27	1309	Alison Bembenek	L40	27 Running Bear	51:41
14	570	Anna Aspinall	L40	14 Goyt Valley Striders	40:41	28	450	W Selby	L40	28 Dragons Running Club (sale)	52:02
						29	35	Claire Irons	L40	29 Altrincham & District Ac	55:55

Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	29	Lora Blann	L45	1 Altrincham & District Ac	35:12	16	633	Helen Shan	L45	16 Horwich R M I Harriers	43:01
2	2423	Frances Kenney	L45	2 Wilmslow Running Club	35:20	17	2352	Dianna Mannhart	L45	17 Warriors Pentathlon & AC	43:07
3	233	Samantha Willis	L45	3 Buxton AC	35:53	18	264	Amy Berrisford	L45	18 Chorlton Runners	43:37
4	1709	Alina Stepanchuk	L45	4 Salford Metropolitan Ac	36:46	19	444	Hollie Francis	L45	19 Dragons Running Club (sale)	44:02
5	1325	Karen Oldland	L45	5 Running Bear	37:07	20	274	Helen Daly	L45	20 Chorlton Runners	44:17
6	1787	Claire Bardsley	L45	6 Start2jog	38:00	21	224	Kate Brown	L45	21 Buxton AC	44:23
7	2354	Sarah Phelan	L45	7 Warriors Pentathlon & AC	39:18	22	151	Karen Wileman	L45	22 Bramhall Runners	44:29
8	1774	Susan Johnson	L45	8 St Helens Sutton Ac	39:49	23	1993	Rachel Billington	L45	23 Swinton Running Club	44:32
9	2549	Bree Sutcliffe	L45	9 Wirral Ac	39:55	24	291	Elisabeth Lewis	L45	24 Chorlton Runners	45:23
10	631	Alison Mort	L45	10 Horwich R M I Harriers	40:35	25	263	Alison Barbuti	L45	25 Chorlton Runners	45:53
11	2185	Louise Walker	L45	11 Vale Royal Ac	40:39	26	2347	Naomi Grabe	L45	26 Warriors Pentathlon & AC	47:10
12	1465	Harriet Hamilton	L45	12 Sale Harriers Manchester	41:02	27	416	Anna Thurston	L45	27 Didsbury Runners	48:21
13	2548	Sheila Smout	L45	13 Wirral Ac	41:18	28	759	Gemma Sutherland	L45	28 Levenshulme Runners	48:45
14	958	Mel Johnson	L45	14 Manchester Frontrunners	42:01	29	1994	Sarah Borkin	L45	29 Swinton Running Club	49:52
15	408	Laura Parkin	L45	15 Didsbury Runners	42:57	30	273	Paula Cutts-Medley	L45	30 Chorlton Runners	49:53

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Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1448	Anne Chinoy	L50	1 Sale Harriers Manchester	36:11	16	1797	Tracey Griffin	L50	16 Start2jog	43:23
2	1700	Amanda Hurndall	L50	2 Salford Metropolitan Ac	37:02	17	1480	Julia Reynolds	L50	17 Sale Harriers Manchester	44:14
3	443	Vicki Cleall	L50	3 Dragons Running Club (sale)	38:17	18	1961	Victoria Lunn	L50	18 Styal Running Club	44:54
4	1878	Jennie Pickard	L50	4 Stockport Harriers & Ac	38:30	19	2269	Sarah Wharton	L50	19 Warrington A C	44:56
5	1137	Jude Wall	L50	5 Manchester Triathlon Club	39:10	20	1485	Kim Walsh	L50	20 Sale Harriers Manchester	45:04
6	2419	Katy Green	L50	6 Wilmslow Running Club	39:24	21	91	Karen Charters	L50	21 Belle Vue Racers	45:13
7	445	Madeleine Hill	L50	7 Dragons Running Club (sale)	40:03	22	226	Joanne Cudahy	L50	22 Buxton AC	45:56
8	403	Victoria Hall	L50	8 Didsbury Runners	40:20	23	1479	Carla Ousey	L50	23 Sale Harriers Manchester	46:14
9	2000	Lauren Marsden	L50	9 Swinton Running Club	40:20	24	1773	Colette Goddard	L50	24 St Helens Sutton Ac	46:39
10	915	Sue Stockdale	L50	10 Macclesfield Harriers & Ac	40:24	25	104	Rachel Watson	L50	25 Belle Vue Racers	49:16
11	1953	Johanne Greenwood	L50	11 Styal Running Club	41:34	26	100	Catherine McKenna	L50	26 Belle Vue Racers	49:25
12	1322	Karen Little	L50	12 Running Bear	42:11	27	141	Shirley Ralph	L50	27 Bramhall Runners	50:34
13	864	Georgina Walker	L50	13 Lymm Runners	42:16	28	1970	Kay Shaw	L50	28 Styal Running Club	51:09
14	1698	Jennifer Donaldson	L50	14 Salford Metropolitan Ac	42:17	29	703	Sarah Pressdee	L50	29 Hyde Village Striders	51:30
15	956	Oonagh Jaquest	L50	15 Manchester Fronrunners	42:21	30	695	Rachael Horrocks	L50	30 Hyde Village Striders	53:21

Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2175	Debbie Broad	L55	1 Vale Royal Ac	38:02	10	2464	Amanda Jackson	L55	10 Wilmslow Striders	44:33
2	1696	Jaine Brocklehurst	L55	2 Salford Metropolitan Ac	38:58	11	1043	Catherine Jones	L55	11 Manchester Harriers & AC	45:25
3	266	Nicola Boot	L55	3 Chorlton Runners	40:43	12	1702	Sharon Lightfoot	L55	12 Salford Metropolitan Ac	46:31
4	2468	Philippa Whittingham	L55	4 Wilmslow Striders	41:41	13	97	Julia Foy	L55	13 Belle Vue Racers	47:31
5	2261	Anne Gregory	L55	5 Warrington A C	41:46	14	1801	Clare Leith	L55	14 Start2jog	47:54
6	901	Joanne Hackett	L55	6 Macclesfield Harriers & Ac	41:57	15	696	Carol Kershaw	L55	15 Hyde Village Striders	48:52
7	2087	Joanne Lott	L55	7 Trafford Athletic Club	43:16	16	406	Rebecca Meeten	L55	16 Didsbury Runners	50:02
8	1959	Catherine Jackson	L55	8 Styal Running Club	43:28	17	1271	Catherine Murphy	L55	17 Middleton Harriers Ac	52:54
9	1960	Allison Kirkbride	L55	9 Styal Running Club	43:34	18	1999	Alison Lynch	L55	18 Swinton Running Club	57:15

Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	632	Janet Rashleigh	L60	1 Horwich R M I Harriers	40:06
2	964	Linda Rix	L60	2 Manchester Fronrunners	41:07
3	1326	Pippa Price	L60	3 Running Bear	42:30
4	293	Sue McGuinness	L60	4 Chorlton Runners	47:09
5	142	Michele Readitt	L60	5 Bramhall Runners	47:11
6	229	Heather Fryer-Winder	L60	6 Buxton AC	47:31
7	1874	Jennifer McGuinness	L60	7 Stockport Harriers & Ac	51:18
8	1268	Janet Hunt	L60	8 Middleton Harriers Ac	52:04

Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	1955	G Holland-Jones	L65	1 Styal Running Club	40:53
2	1452	J Cordingley	L65	2 Sale Harriers Manchester	41:25

Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	503	Angela Oldham	L70	1 E Cheshire H & Tameside AC	43:27
2	1263	Fiona Bolton	L70	2 Middleton Harriers Ac	49:58
3	2083	Sue Exon	L70	3 Trafford Athletic Club	51:23

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Senior Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2177	Sarah Dufour-Jackson		Vale Royal Ac	29:29	86	632	Janet Rashleigh	L60 1	Horwich R M I Harriers	40:06
2	1487	Alice Wright		Sale Harriers Manchester	30:23	87	1695	Carolyn Bradshaw	L40 12	Salford Metropolitan Ac	40:16
3	309	Amy Weyers	L40 1	Chorlton Runners	31:56	88	403	Victoria Hall	L50 8	Didsbury Runners	40:20
4	1455	Aine Cunningham		Sale Harriers Manchester	31:58	89	2000	Lauren Marsden	L50 9	Swinton Running Club	40:20
5	2431	Nicola Reece	L40 2	Wilmslow Running Club	32:12	90	962	Jacqui Phazey-Baines	L40 13	Manchester Frontrunners	40:21
6	1484	Megan Tucker		Sale Harriers Manchester	32:16	91	915	Sue Stockdale	L50 10	Macclesfield Harriers & Ac	40:24
7	2085	Sarah Hudak	L35 1	Trafford Athletic Club	32:23	92	1463	Sarah Goulden	L35 17	Sale Harriers Manchester	40:25
8	1458	Chloe Elliott	L35 2	Sale Harriers Manchester	32:44	93	287	Suzu Hill		Chorlton Runners	40:35
9	913	Alicia Roberts		Macclesfield Harriers & Ac	32:46	94	631	Alison Work	L45 10	Horwich R M I Harriers	40:35
10	1605	Oriel Hardman		Salford Harriers & AC	33:00	95	2185	Louise Walker	L45 11	Vale Royal Ac	40:39
11	1609	Katie Reynolds		Salford Harriers & AC	33:08	96	227	Rebecca Cudahy	L20 7	Buxton AC	40:40
12	1482	R Rozhdestvenskaya	L35 3	Sale Harriers Manchester	33:12	97	570	Anna Aspinall	L40 14	Goyt Valley Striders	40:41
13	2089	Kate Meeson		Trafford Athletic Club	33:16	98	266	Nicola Bow	L55 3	Chorlton Runners	40:43
14	294	P Moriarty		Chorlton Runners	33:17	99	414	Juliet Snow		Didsbury Runners	40:45
15	267	Rachel Brown		Chorlton Runners	33:28	100	1955	G Holland-Jones	L65 1	Styal Running Club	40:53
16	279	L Gallyer-Barnett		Chorlton Runners	33:36	101	1465	Harriet Hamilton	L45 12	Sale Harriers Manchester	41:02
17	281	Carly Gould	L35 4	Chorlton Runners	33:40	102	964	Linda Rix	L60 2	Manchester Frontrunners	41:07
18	31	Alana Dunn		Altrincham & District Ac	33:54	103	1795	Marie Godward		Start2jog	41:10
19	1877	Rosie Philbin	L20 1	Stockport Harriers & Ac	33:57	104	624	Emma Bradley	L20 8	Horwich R M I Harriers	41:13
20	2399	Claire Harris	L35 5	West Cheshire AC	34:19	105	1772	Sarah Birkett	L40 15	St Helens Sutton Ac	41:14
21	917	Jenna Williams		Macclesfield Harriers & Ac	34:22	106	2466	Georgina Sargent	L35 18	Wilmslow Striders	41:15
22	637	Charlotte Wilkinson	L20 2	Horwich R M I Harriers	34:24	107	2548	Sheila Smout	L45 13	Wirral Ac	41:18
23	2121	Lucy Henson		University Of Manchester	34:29	108	2264	Faye Lawton	L35 19	Warrington A C	41:19
24	1775	Siobhan Massey	L35 6	St Helens Sutton Ac	34:55	109	1452	J Cordingley	L65 2	Sale Harriers Manchester	41:25
25	1324	Samantha Newbound		Running Bear	34:58	110	1949	Louise Coufts		Styal Running Club	41:26
26	753	Ellie Kemp		Levenshulme Runners	35:02	111	1953	Johanne Greenwood	L50 11	Styal Running Club	41:34
27	2403	Julie Douzant	L35 7	West Cheshire AC	35:06	112	280	Charlotte Gilbert	L40 16	Chorlton Runners	41:36
28	502	Katie Kay	L40 3	E Cheshire H & Tameside AC	35:08	113	2080	Ruth Beresford	L35 20	Trafford Athletic Club	41:38
29	29	Lora Blann	L45 1	Altrincham & District Ac	35:12	114	2468	Philippa Whittingham	L55 4	Wilmslow Striders	41:41
30	2423	Frances Kenney	L45 2	Wilmslow Running Club	35:20	115	302	Charlotte Smith		Chorlton Runners	41:43
31	1439	Sophie Armitage	L20 3	Sale Harriers Manchester	35:23	116	1996	Sarah Foreman	L35 21	Swinton Running Club	41:44
32	1711	Bethany Vella		Salford Metropolitan Ac	35:24	117	2261	Anne Gregory	L55 5	Warrington A C	41:46
33	233	Samantha Willis	L45 3	Buxton AC	35:53	118	1712	Holly Wright	L40 17	Salford Metropolitan Ac	41:54
34	1443	Anouska Brooks		Sale Harriers Manchester	35:54	119	1161	Katie Baker	L35 22	Manchester Ymca Harriers	41:56
35	1123	Fiona Blagg	L35 8	Manchester Triathlon Club	35:55	120	901	Joanne Hackett	L55 6	Macclesfield Harriers & Ac	41:57
36	1448	Anne Chinoy	L50 1	Sale Harriers Manchester	36:11	121	504	Maria Rooke	L20 9	E Cheshire H & Tameside AC	41:57
37	731	Natalie Duncombe	L35 9	Knutsford Tri Club	36:16	122	958	Mel Johnson	L45 14	Manchester Frontrunners	42:01
38	1872	Holly Martin	L40 4	Stockport Harriers & Ac	36:16	123	1710	Rachel Thomas	L40 18	Salford Metropolitan Ac	42:06
39	297	Lucy Walker-Etchells	L35 10	Chorlton Runners	36:22	124	1322	Karen Little	L50 12	Running Bear	42:11
40	1135	Katie Vann		Manchester Triathlon Club	36:29	125	1077	Amelia Topliss	L20 10	Manchester Metropolitan Uni	42:12
41	628	Milly Lever		Horwich R M I Harriers	36:34	126	864	Georgina Walker	L50 13	Lymm Runners	42:16
42	2346	Eve Grabe	L20 4	Warriors Pentathlon & AC	36:43	127	1698	Jennifer Donaldson	L50 14	Salford Metropolitan Ac	42:17
43	1709	Alina Stepanchuk	L45 4	Salford Metropolitan Ac	36:46	128	402	Evie Greatorex		Didsbury Runners	42:18
44	1319	Lucy Gleave		Running Bear	36:50	129	634	Alice Tucker	L20 11	Horwich R M I Harriers	42:20
45	1074	Scarlett Liddy		Manchester Metropolitan Uni	36:51	130	956	Oonagh Jaquest	L50 15	Manchester Frontrunners	42:21
46	1700	Amanda Hurdall	L50 2	Salford Metropolitan Ac	37:02	131	1326	Pippa Price	L60 3	Running Bear	42:30
47	1325	Karen Oldland	L45 5	Running Bear	37:07	132	636	Sophie Walton		Horwich R M I Harriers	42:40
48	2174	Anna Begbie	L40 5	Vale Royal Ac	37:10	133	2546	Christina Oakes	L40 19	Wirral Ac	42:44
49	2092	Eve Southern		Trafford Athletic Club	37:19	134	1075	Madi Mitchell		Manchester Metropolitan Uni	42:51
50	1039	Katie Cooper		Manchester Harriers & AC	37:42	135	1272	Helen Mutch	L40 20	Middleton Harriers Ac	42:55
51	2545	Jennifer Langston	L40 6	Wirral Ac	37:55	136	408	Laura Parkin	L45 15	Didsbury Runners	42:57
52	1787	Claire Bardsley	L45 6	Start2jog	38:00	137	633	Helen Shan	L45 16	Horwich R M I Harriers	43:01
53	748	Catrin Austin	L35 11	Levenshulme Runners	38:02	138	2352	Dianna Mannhart	L45 17	Warriors Pentathlon & AC	43:07
54	2175	Debbie Broad	L55 1	Vale Royal Ac	38:02	139	2087	Joanne Lott	L55 7	Trafford Athletic Club	43:16
55	1099	Lucy Priestner		Manchester Road Runners	38:11	140	1797	Tracey Griffin	L50 16	Start2jog	43:23
56	1078	Minette Watkins		Manchester Metropolitan Uni	38:14	141	503	Angela Oldham	L70 1	E Cheshire H & Tameside AC	43:27
57	400	Molly Curzon		Didsbury Runners	38:17	142	1959	Catherine Jackson	L55 8	Styal Running Club	43:28
58	443	Vicki Cleall	L50 3	Dragons Running Club (sale)	38:17	143	304	Batya Stimler		Chorlton Runners	43:28
59	2001	Rebecca Mills	L40 7	Swinton Running Club	38:21	144	1960	Allison Kirkbride	L55 9	Styal Running Club	43:34
60	1878	Jennie Pickard	L50 4	Stockport Harriers & Ac	38:30	145	264	Amy Berrisford	L45 18	Chorlton Runners	43:37
61	2123	Hannah Taylor	L20 5	University Of Manchester	38:35	146	1076	Poppy Thacker		Manchester Metropolitan Uni	43:42
62	1098	Caitlin Morris		Manchester Road Runners	38:36	147	730	Katy Barnes	L40 21	Knutsford Tri Club	43:45
63	265	Eloise Billington		Chorlton Runners	38:37	148	1312	Marion Davies	L35 23	Running Bear	43:47
64	1169	Emma Mochan	L35 12	Manchester Ymca Harriers	38:40	149	444	Hollie Francis	L45 19	Dragons Running Club (sale)	44:02
65	1321	Tine Johnson	L35 13	Running Bear	38:41	150	1220	Josie Rogers		Marple Runners	44:06
66	412	Chantal Ratcliffe		Didsbury Runners	38:53	151	228	Charlotte Curzon		Buxton AC	44:09
67	698	Stephanie Mallett	L40 8	Hyde Village Striders	38:55	152	1480	Julia Reynolds	L50 17	Sale Harriers Manchester	44:14
68	1696	Jaine Brocklehurst	L55 2	Salford Metropolitan Ac	38:58	153	274	Helen Daly	L45 20	Chorlton Runners	44:17
69	225	Rebecca Corbett	L35 14	Buxton AC	39:10	154	224	Kate Brown	L45 21	Buxton AC	44:23
70	1137	Jude Wall	L50 5	Manchester Triathlon Club	39:10	155	151	Karen Wileman	L45 22	Bramhall Runners	44:29
71	2354	Sarah Phelan	L45 7	Warriors Pentathlon & AC	39:18	156	1993	Rachel Billington	L45 23	Swinton Running Club	44:32
72	296	Emma Parratt	L35 15	Chorlton Runners	39:19	157	2464	Amanda Jackson	L55 10	Wilmslow Striders	44:33
73	960	Rachel Kenyon	L40 9	Manchester Frontrunners	39:22	158	404	Lottie Harold		Didsbury Runners	44:49
74	1090	Sophie Alderson		Manchester Road Runners	39:23	159	275	Megan Druce		Chorlton Runners	44:54
75	2419	Katy Green	L50 6	Wilmslow Running Club	39:24	160	1961	Victoria Lunn	L50 18	Styal Running Club	44:54
76	2090	Mel Monks	L35 16	Trafford Athletic Club	39:25	161	910	Grace O'Neill		Macclesfield Harriers & Ac	44:56
77	629	Helen Macdonald	L40 10	Horwich R M I Harriers	39:28	162	2269	Sarah Wharton	L50 19	Warrington A C	44:56
78	1163	Josie Clough		Manchester Ymca Harriers	39:33	163	125	Jen Bulman	L40 22	Bramhall Runners	45:01
79	1995	Jessica Carey		Swinton Running Club	39:42	164	1485	Kim Walsh	L50 20	Sale Harriers Manchester	45:04
80	501	Harri-Ann Fleet	L20 6	E Cheshire H & Tameside AC	39:47	165	91	Karen Charters	L50 21	Belle Vue Racers	45:13
81	1774	Susan Johnson	L45 8	St Helens Sutton Ac	39:49	166	506	Aliesha Smith		E Cheshire H & Tameside AC	45:16
82	2344	Kerry Dunning	L40 11	Warriors Pentathlon & AC	39:50	167	1302	Jodie Tinker	L40 23	Oldham & Royton H & Ac	45:22
83	411	Abbie Pickard		Didsbury Runners	39:53	168	291	Elisabeth Lewis	L45 24	Chorlton Runners	45:23
84	2549	Bree Sutcliffe	L45 9	Wirral Ac	39:55	169	1043	Catherine Jones	L55 11	Manchester Harriers & AC	45:25
85	445	Madeleine Hill	L50 7	Dragons Running Club (sale)	40:03	170	405	Molly McGuirk		Didsbury Runners	45:42

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171	263	Alison Barbuti	L45 25	Chorlton Runners	45:53	193	273	Paula Cutts-Medley	L45 30	Chorlton Runners	49:53
172	226	Joanne Cudahy	L50 22	Buxton AC	45:56	194	292	Chloe Logue		Chorlton Runners	49:58
173	1199	Lyndsey Brandwood	L40 24	Marple Runners	45:59	195	1263	Fiona Bolton	L70 2	Middleton Harriers Ac	49:58
174	1479	Carla Ousey	L50 23	Sale Harriers Manchester	46:14	196	406	Rebecca Meeten	L55 16	Didsbury Runners	50:02
175	1702	Sharon Lightfoot	L55 12	Salford Metropolitan Ac	46:31	197	1788	Jenna Bardsley	L40 26	Start2jog	50:23
176	1773	Colette Goddard	L50 24	St Helens Sutton Ac	46:39	198	963	Kirsty Powers	L35 26	Manchester Frontrunners	50:27
177	2005	Joanna Turner	L35 24	Swinton Running Club	46:39	199	141	Shirley Ralph	L50 27	Bramhall Runners	50:34
178	293	Sue McGuinness	L60 4	Chorlton Runners	47:09	200	2355	Claire Platts	L35 27	Warriors Pentathlon & AC	50:42
179	2347	Naomi Grabe	L45 26	Warriors Pentathlon & AC	47:10	201	1802	Kaylea Maidstone	L35 28	Start2jog	50:59
180	142	Michele Readitt	L60 5	Bramhall Runners	47:11	202	1970	Kay Shaw	L50 28	Styal Running Club	51:09
181	97	Julia Foy	L55 13	Belle Vue Racers	47:31	203	1874	Jennifer McGuinness	L60 7	Stockport Harriers & Ac	51:18
182	229	Heather Fryer-Winder	L60 6	Buxton AC	47:31	204	1173	Sally Wood	L35 29	Manchester Ymca Harriers	51:20
183	1801	Clare Leith	L55 14	Start2jog	47:54	205	2083	Sue Exon	L70 3	Trafford Athletic Club	51:23
184	1269	Janine Jordan	L40 25	Middleton Harriers Ac	48:09	206	703	Sarah Pressdee	L50 29	Hyde Village Striders	51:30
185	416	Anna Thurston	L45 27	Didsbury Runners	48:21	207	1309	Alison Bembenek	L40 27	Running Bear	51:41
186	759	Gemma Sutherland	L45 28	Levenshulme Runners	48:45	208	450	W Selby	L40 28	Dragons Running Club (sale)	52:02
187	696	Carol Kershaw	L55 15	Hyde Village Striders	48:52	209	1268	Janet Hunt	L60 8	Middleton Harriers Ac	52:04
188	697	Kate Kinder		Hyde Village Striders	48:57	210	396	Natasha Bradford		Didsbury Runners	52:20
189	104	Rachel Watson	L50 25	Belle Vue Racers	49:16	211	543	Jane Scanlon		Glossopdale Harriers	52:43
190	100	Catherine McKenna	L50 26	Belle Vue Racers	49:25	212	1271	Catherine Murphy	L55 17	Middleton Harriers Ac	52:54
191	1998	Kirsty Johnson	L35 25	Swinton Running Club	49:26	213	695	Rachael Horrocks	L50 30	Hyde Village Striders	53:21
192	1994	Sarah Borkin	L45 29	Swinton Running Club	49:52	214	35	Claire Irons	L40 29	Altrincham & District Ac	55:55
						215	1999	Alison Lynch	L55 18	Swinton Running Club	57:15

Senior Ladies — TEAM RESULTS

1	Sale Harriers Manchester	20	—	2	Alice Wright	4	Aine Cunningham	6	Megan Tucker	8	Chloe Elliott
2	Chorlton Runners	48	—	3	Amy Weyers	14	P Moriarty	15	Rachel Brown	16	L Gallyer-Barnett
3	Sale Harriers Manchester 'B'	113	—	12	R Rozhdestvenskaya	31	Sophie Armitage	34	Anouska Brooks	36	Anne Chinoy
4	Trafford Athletic Club	145	—	7	Sarah Hudak	13	Kate Meeson	49	Eve Southern	76	Mel Monks
5	Running Bear	181	—	25	Samantha Newbound	44	Lucy Gleave	47	Karen Oldland	65	Tine Johnson
6	Salford Metropolitan Ac	189	—	32	Bethany Vella	43	Alina Stepanchuk	46	Amanda Hurdall	68	Jaine Brocklehurst
7	Chorlton Runners 'B'	191	—	17	Carly Gould	39	Lucy Walker-Etchells	63	Eloise Billington	72	Emma Parratt
8	Vale Royal Ac	198	—	1	Sarah Dufour-Jackson	48	Anna Begbie	54	Debbie Broad	95	Louise Walker
9	Horwich R M I Harriers	226	—	22	Charlotte Wilkinson	41	Milly Lever	77	Helen Macdonald	86	Janet Rashleigh
10	Macclesfield Harriers & Ac	241	—	9	Alicia Roberts	21	Jenna Williams	91	Sue Stockdale	120	Joanne Hackett
11	Didsbury Runners	294	—	57	Molly Curzon	66	Chantal Ratcliffe	83	Abbie Pickard	88	Victoria Hall
12	Stockport Harriers & Ac	320	—	19	Rosie Philbin	38	Holly Martin	60	Jennie Pickard	203	Jennifer McGuinness
13	Warriors Pentathlon & AC	333	—	42	Eve Grabe	71	Sarah Phelan	82	Kerry Dunning	138	Dianna Mannhart
14	Swinton Running Club	343	—	59	Rebecca Mills	79	Jessica Carey	89	Lauren Marsden	116	Sarah Foreman
15	Buxton AC	349	—	33	Samantha Willis	69	Rebecca Corbett	96	Rebecca Cudahy	151	Charlotte Curzon
16	Manchester Metropolitan Uni	360	—	45	Scarlett Liddy	56	Minette Watkins	125	Amelia Topliss	134	Madi Mitchell
17	E Cheshire H & Tameside AC	370	—	28	Katie Kay	80	Harri-Ann Fleet	121	Maria Rooke	141	Angela Oldham
18	Wirral Ac	375	—	51	Jennifer Langston	84	Bree Sutcliffe	107	Sheila Smout	133	Christina Oakes
19	St Helens Sutton Ac	386	—	24	Siobhan Massey	81	Susan Johnson	105	Sarah Birkett	176	Colette Goddard
20	Manchester Frontrunners	387	—	73	Rachel Kenyon	90	Jacqui Phazey-Baines	102	Linda Rix	122	Mel Johnson
21	Chorlton Runners 'C'	418	—	93	Suzy Hill	98	Nicola Boot	112	Charlotte Gilbert	115	Charlotte Smith
22	Sale Harriers Manchester 'C'	454	—	92	Sarah Goulden	101	Harriet Hamilton	109	J Cordingley	152	Julia Reynolds
23	Salford Metropolitan Ac 'B'	455	—	87	Carolyn Bradshaw	118	Holly Wright	123	Rachel Thomas	127	Jennifer Donaldson
24	Horwich R M I Harriers 'B'	459	—	94	Alison Mort	104	Emma Bradley	129	Alice Tucker	132	Sophie Walton
25	Styal Running Club	463	—	100	G Holland-Jones	110	Louise Coutts	111	Johanne Greenwood	142	Catherine Jackson
26	Manchester Ymca Harriers	465	—	64	Emma Mochan	78	Josie Clough	119	Katie Baker	204	Sally Wood
27	Start2jog	478	—	52	Claire Bardsley	103	Marie Godward	140	Tracey Griffin	183	Clare Leith
28	Dragons Running Club (sale)	500	—	58	Vicki Cleall	85	Madeleine Hill	149	Hollie Francis	208	W Selby
29	Didsbury Runners 'B'	521	—	99	Juliet Snow	128	Evie Greatorex	136	Laura Parkin	158	Lottie Harold
30	Chorlton Runners 'D'	600	—	143	Batya Stimler	145	Amy Berrisford	153	Helen Daly	159	Megan Druce
31	Running Bear 'B'	610	—	124	Karen Little	131	Pippa Price	148	Marion Davies	207	Alison Bembenek
32	Hyde Village Striders	648	—	67	Stephanie Mallett	187	Carol Kershaw	188	Kate Kinder	206	Sarah Pressdee
33	Bramhall Runners	697	—	155	Karen Wileman	163	Jen Bulman	180	Michele Readitt	199	Shirley Ralph
34	Chorlton Runners 'E'	710	—	168	Elisabeth Lewis	171	Alison Barbuti	178	Sue McGuinness	193	Paula Cutts-Medley
35	Swinton Running Club 'B'	716	—	156	Rachel Billington	177	Joanna Turner	191	Kirsty Johnson	192	Sarah Borkin
36	Middleton Harriers Ac	723	—	135	Helen Pritch	184	Janine Jordan	195	Fiona Bolton	209	Janet Hunt
37	Belle Vue Racers	725	—	165	Karen Charters	181	Julia Foy	189	Rachel Watson	190	Catherine McKenna
38	Didsbury Runners 'C'	761	—	170	Molly McGuirk	185	Anna Thurston	196	Rebecca Meeten	210	Natasha Bradford

Senior Ladies (Vets) — TEAM RESULTS

1 Sale Harriers Manchester	24	—	4 Chloe Elliott	5 R Rozhdestvenskaya	15	Anne Chinoy
2 Chorlton Runners	25	—	1 Amy Weyers	6 Carly Gould	18	Lucy Walker-Etchells
3 Wilmslow Running Club	53	—	2 Nicola Reece	12 Frances Kenney	39	Katy Green
4 Salford Metropolitan Ac	72	—	19 Alina Stepanchuk	20 Amanda Hurndall	33	Jaine Brocklehurst
5 Vale Royal Ac	102	—	22 Anna Begbie	26 Debbie Broad	54	Louise Walker
6 St Helens Sutton Ac	110	—	8 Siobhan Massey	42 Susan Johnson	60	Sarah Birkett
7 Trafford Athletic Club	110	—	3 Sarah Hudak	40 Mel Monks	67	Ruth Beresford
8 Running Bear	128	—	21 Karen Oldland	31 Tine Johnson	76	Karen Little
9 Wirral Ac	129	—	23 Jennifer Langston	44 Bree Sutcliffe	62	Sheila Smout
10 Horwich R M I Harriers	140	—	41 Helen Macdonald	46 Janet Rashleigh	53	Alison Mort
11 Buxton AC	144	—	13 Samantha Willis	34 Rebecca Corbett	97	Kate Brown
12 Swinton Running Club	146	—	28 Rebecca Mills	49 Lauren Marsden	69	Sarah Foreman
13 Manchester Frontrunners	147	—	38 Rachel Kenyon	50 Jacqui Phazey-Baines	59	Linda Rix
14 Chorlton Runners 'B'	159	—	37 Emma Parratt	56 Nicola Boot	66	Charlotte Gilbert
15 Warriors Pentathlon & AC	164	—	36 Sarah Phelan	43 Kerry Dunning	85	Dianna Mannhart
16 Dragons Running Club (sale)	166	—	27 Vicki Cleall	45 Madeleine Hill	94	Hollie Francis
17 Sale Harriers Manchester 'B'	174	—	52 Sarah Goulden	58 Harriet Hamilton	64	J Cordingley
18 Stockport Harriers & Ac	185	—	17 Holly Martin	29 Jennie Pickard	139	Jennifer McGuinness
19 Salford Metropolitan Ac 'B'	193	—	47 Carolyn Bradshaw	71 Holly Wright	75	Rachel Thomas
20 Styal Running Club	211	—	57 G Holland-Jones	65 Johanne Greenwood	89	Catherine Jackson
21 Wilmslow Striders	229	—	61 Georgina Sargent	68 Philippa Whittingham	100	Amanda Jackson
22 Start2jog	232	—	24 Claire Bardsley	87 Tracey Griffin	121	Clare Leith
23 Warrington A C	235	—	63 Faye Lawton	70 Anne Gregory	102	Sarah Wharton
24 Manchester Ymca Harriers	242	—	30 Emma Mochan	72 Katie Baker	140	Sally Wood
25 Didsbury Runners	254	—	48 Victoria Hall	83 Laura Parkin	123	Anna Thurston
26 Manchester Frontrunners 'B'	287	—	74 Mel Johnson	79 Oonagh Jaquest	134	Kirsty Powers
27 Chorlton Runners 'C'	294	—	91 Amy Berrisford	96 Helen Daly	107	Elisabeth Lewis
28 Hyde Village Striders	299	—	32 Stephanie Mallett	125 Carol Kershaw	142	Sarah Pressdee
29 Sale Harriers Manchester 'C'	311	—	95 Julia Reynolds	104 Kim Walsh	112	Carla Ousey
30 Running Bear 'B'	316	—	80 Pippa Price	93 Marion Davies	143	Alison Bembenek
31 Bramhall Runners	319	—	98 Karen Wileman	103 Jen Bulman	118	Michele Readitt
32 Styal Running Club 'B'	329	—	90 Allison Kirkbride	101 Victoria Lunn	138	Kay Shaw
33 Middleton Harriers Ac	335	—	82 Helen Mutch	122 Janine Jordan	131	Fiona Bolton
34 Swinton Running Club 'B'	342	—	99 Rachel Billington	115 Joanna Turner	128	Kirsty Johnson
35 Belle Vue Racers	350	—	105 Karen Charters	119 Julia Foy	126	Rachel Watson
36 Chorlton Runners 'D'	355	—	109 Alison Barbuti	116 Sue McGuinness	130	Paula Cutts-Medley

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	521	Brandon Kenyon-Betts	U20 1	E Cheshire H & Tameside AC	28:21
2	2363	Oberon Kearney	U20 2	Warriors Pentathlon & AC	28:39
3	384	Corey Smith	U20 3	Chorlton Runners	31:17
4	2094	Alfie Bundy	U20 4	Trafford Athletic Club	32:18
5	2358	Jack Bery	U20 5	Warriors Pentathlon & AC	32:48
6	2107	Dan Partington	U20 6	Trafford Athletic Club	33:15
7	2126	Isaac East	U20 7	University Of Manchester	33:44
8	2140	Jasper Travis	U20 8	University Of Manchester	33:51
9	1086	Harley Milburn	U20 9	Manchester Metropolitan Uni	34:59
10	1052	Samuel Bailey	U2010	Manchester Harriers & AC	35:02
11	718	Kairan Mallett	U2011	Hyde Village Striders	36:02
12	666	Aidan McKenna	U2012	Horwich R M I Harriers	37:30
13	246	Matthew Rolfe	U2013	Buxton AC	37:54
14	1080	Thomas Evans	U2014	Manchester Metropolitan Uni	42:11

Senior Men aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	2132	Arlo Ludewick		University Of Manchester	25:25	73	771	Martin Dickson	Levenshulme Runners	32:41
2	1618	Joshua Birmingham		Salford Harriers & AC	26:15	74	1079	Matthew Barker	Manchester Metropolitan Uni	32:42
3	2138	Fredrick Roden		University Of Manchester	26:29	75	1720	Dayle Dwyer	Salford Metropolitan Ac	32:43
4	2191	Aaron Doyle		Vale Royal Ac	26:51	76	2550	William Ferguson	Wirral Ac	32:46
5	190	Martin Clark		Bury Athletic Club	26:55	77	2111	George Wright	Trafford Athletic Club	32:56
6	1660	Jacob Wood-Doyle		Salford Harriers & AC	26:57	78	648	Matthew Dewhurst	Horwich R M I Harriers	33:09
7	676	J Scott-Farrington		Horwich R M I Harriers	27:24	79	347	Joseph Guntrip	Chorlton Runners	33:16
8	2271	Daniel Fox		Warrington A C	27:30	80	1118	Nathan Sime	Manchester Road Runners	33:16
9	2188	Jacob Brown		Vale Royal Ac	27:41	81	1893	Rob Cleaver	Stockport Harriers & Ac	33:22
10	2102	Sam Jackson		Trafford Athletic Club	27:49	82	1819	Christopher Whyte	Start2jog	33:23
11	1622	Matthew Cooper		Salford Harriers & AC	27:51	83	462	Adam Turner	Dragons Running Club (sale)	33:42
12	2013	Matt Crichton		Swinton Running Club	27:53	84	48	Nick Cuff	Altrincham & District Ac	33:45
13	1645	Gary Priestley		Salford Harriers & AC	27:59	85	393	Oliver Wood	Chorlton Runners	33:45
14	2098	J Evans-Rodriguez		Trafford Athletic Club	28:04	86	926	Ewan Edmondson	Macclesfield Harriers & Ac	33:45
15	1636	Callum Jones		Salford Harriers & AC	28:07	87	1085	Mark Loyd	Manchester Metropolitan Uni	33:48
16	1548	Harry Sinclair		Sale Harriers Manchester	28:09	88	1189	Philip Tomkinson	Manchester Ymca Harriers	33:56
17	1513	Joseph Godwood		Sale Harriers Manchester	28:14	89	935	Daniel Leng	Macclesfield Harriers & Ac	34:06
18	1540	Paul Peters		Sale Harriers Manchester	28:14	90	2482	Peter Williams	Wilmslow Striders	34:14
19	2206	Samuel Whitehead		Vale Royal Ac	28:22	91	1113	D Harrison-Croft	Manchester Road Runners	34:16
20	651	Luke Foley		Horwich R M I Harriers	28:25	92	324	James Braban	Chorlton Runners	34:18
21	1304	Michael Mannings		Salford Harriers & AC	28:25	93	1160	Hugh Williams	Manchester Triathlon Club	34:18
22	1661	Ryan Worland		Salford Harriers & AC	28:26	94	1103	Teifion Best	Manchester Road Runners	34:43
23	945	William Stewart		Macclesfield Harriers & Ac	28:33	95	520	Michael Kennedy	E Cheshire H & Tameside AC	35:00
24	509	Gavin Browne		E Cheshire H & Tameside AC	28:33	96	659	Andrew Kelly	Horwich R M I Harriers	35:06
25	1631	Tom Hodgson		Salford Harriers & AC	28:40	97	1555	James Walsh	Sale Harriers Manchester	35:09
26	1617	Will Beauchamp		Salford Harriers & AC	28:46	98	357	Jason Johnson	Chorlton Runners	35:14
27	942	Joseph Pickard		Macclesfield Harriers & Ac	28:54	99	1081	Lorcan Gallagher	Manchester Metropolitan Uni	35:16
28	251	Samuel Soles		Buxton AC	28:55	100	323	Finn Boyd	Chorlton Runners	35:32
29	1892	Jack Catterall		Stockport Harriers & Ac	28:58	101	1116	Steven Parkinson	Manchester Road Runners	35:45
30	1543	Phil Richardson		Sale Harriers Manchester	28:59	102	982	Rob Murray-Green	Manchester Frontrunners	35:51
31	1616	Joe Barton		Salford Harriers & AC	29:03	103	1292	Leon Wint	Middleton Harriers Ac	35:55
32	1532	Marcus Nicholson		Sale Harriers Manchester	29:09	104	320	Sebastian Bate	Chorlton Runners	36:06
33	684	Brandon Whitehead		Horwich R M I Harriers	29:17	105	2368	Will Platts	Warriors Pentathlon & AC	36:08
34	1620	Kieran Cann		Salford Harriers & AC	29:25	106	2142	H York	University Of Manchester	36:16
35	1063	Luke Oldfield		Manchester Harriers & AC	29:27	107	422	Evan Davies	Didsbury Runners	36:25
36	2106	Simon O'Meara		Trafford Athletic Club	29:28	108	780	Doug Webb	Levenshulme Runners	36:33
37	649	Sam Fairhurst		Horwich R M I Harriers	29:31	109	1175	Alan Beaumont	Manchester Ymca Harriers	36:36
38	1643	Harry Partington		Salford Harriers & AC	29:49	110	2137	Thomas Partridge	University Of Manchester	36:38
39	2209	Oliver Williams		Vale Royal Ac	29:49	111	2125	Dylan Barbone	University Of Manchester	36:54
40	525	Howard Oldham		E Cheshire H & Tameside AC	29:56	112	115	Ben Moriarty	Belle Vue Racers	37:00
41	352	Ben Hobson		Chorlton Runners	29:59	113	2475	Alex Keen	Wilmslow Striders	37:13
42	548	Luke Bidwell		Glossopdale Harriers	30:03	114	765	Jordan Baxter	Levenshulme Runners	37:21
43	2104	Michael Melarkey		Trafford Athletic Club	30:08	115	238	Callum D'souza	Buxton AC	37:22
44	1088	C Stamadianos		Manchester Metropolitan Uni	30:13	116	2477	Andrew Neilson	Wilmslow Striders	37:31
45	1642	Luke McIlvenna		Salford Harriers & AC	30:28	117	1115	Greg Northwood	Manchester Road Runners	37:40
46	373	Alister Pearson		Chorlton Runners	30:31	118	764	Nicholas Barton	Levenshulme Runners	37:41
47	338	Luke Donald		Chorlton Runners	30:34	119	1247	Alexander Ratcliffe	Marple Runners	37:43
48	2437	Robert Armstrong		Wilmslow Running Club	30:38	120	340	Josh Draper	Chorlton Runners	37:56
49	2133	Oakley Machon		University Of Manchester	30:41	121	366	Ashley McDonald	Chorlton Runners	37:58
50	1140	Sam Barratt		Manchester Triathlon Club	30:46	122	2205	Jack Whalley	Vale Royal Ac	38:36
51	1104	Grant Boyne		Manchester Road Runners	30:49	123	2476	Jack Miller	Wilmslow Striders	38:50
52	680	Matthew Smith		Horwich R M I Harriers	30:56	124	979	Daniel Matthews	Manchester Frontrunners	38:53
53	2136	A Nithianantharajah		University Of Manchester	30:59	125	1089	Lucas Wells	Manchester Metropolitan Uni	38:53
54	1106	Stephen Cockram		Manchester Road Runners	31:02	126	440	Jamie Soul	Didsbury Runners	39:06
55	423	Jordan Dover		Didsbury Runners	31:09	127	427	Carl Healy	Didsbury Runners	39:09
56	567	James Stubbs		Glossopdale Harriers	31:11	128	1977	Andrew Davis	Styal Running Club	39:28
57	2128	Daniel Groves		University Of Manchester	31:11	129	343	William Franks	Chorlton Runners	39:37
58	434	Damien McHugh		Didsbury Runners	31:18	130	2012	Tom Comes	Swinton Running Club	40:05
59	86	Ryan Teare		Altrincham & District Ac	31:23	131	1335	William Mitchell	Running Bear	41:14
60	929	Billy Hicks		Macclesfield Harriers & Ac	31:25	132	738	Neil Duncombe	Knutsford Tri Club	41:38
61	2412	Paul Morrison		West Cheshire AC	31:31	133	436	Benjamin Moseley	Didsbury Runners	41:48
62	2414	Luke Squirrel		West Cheshire AC	31:33	134	987A	StillingfleetSmith	Manchester Frontrunners	42:08
63	2469	Harry Bachofner		Wilmslow Striders	31:37	135	768	Chris Bennett	Levenshulme Runners	42:19
64	327	Benjamin Brown		Chorlton Runners	31:38	136	971	Will DeVivo	Manchester Frontrunners	42:45
65	1900	Ryan Harrison		Stockport Harriers & Ac	31:44	137	374	Mike Peter	Chorlton Runners	42:48
66	439	Dan Scotson		Didsbury Runners	31:50	138	1182	Nicholas Jackson	Manchester Ymca Harriers	43:34
67	2103	Alex Jones		Trafford Athletic Club	31:59	139	1149	Stephen McFarland	Manchester Triathlon Club	43:49
68	46	Nick Bugler		Altrincham & District Ac	32:04	140	984	Borja Prado	Manchester Frontrunners	44:05
69	2131	Alex Johnson		University Of Manchester	32:06	141	2018	Andrew Porter	Swinton Running Club	45:25
70	1542	Ben Rees		Sale Harriers Manchester	32:11	142	1809	Rob Carpenter	Start2jog	45:33
71	1731	Max Saleh		Salford Metropolitan Ac	32:35	143	1815	Robert Maidstone	Start2jog	49:07
72	2011	Mark Cordiner		Swinton Running Club	32:35					

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	1625	Karl Darcy	V40 1	Salford Harriers & AC	27:09	25	54	Craig Foster	V4025 Altrincham & District Ac	35:04
2	515	Michael Holness	V40 2	E Cheshire H & Tameside AC	27:49	26	2446	Robert Jackson	V4026 Wilmslow Running Club	35:05
3	1506	Robert Dunn	V40 3	Sale Harriers Manchester	29:16	27	717	Stephen Kirk	V4027 Hyde Village Striders	35:07
4	2277	Adam Rashud	V40 4	Warrington A C	29:22	28	253	William Throssel	V4028 Buxton AC	35:33
5	381	James Savage	V40 5	Chorlton Runners	29:32	29	1143	Tom Elphick	V4029 Manchester Triathlon Club	36:25
6	395	David Wyeth	V40 6	Chorlton Runners	30:10	30	1989	Chris Turner	V4030 Styal Running Club	36:26
7	70	Tom Moseley	V40 7	Altrincham & District Ac	31:23	31	1553	Christopher Topping	V4031 Sale Harriers Manchester	36:50
8	1913	Mark Shatwell	V40 8	Stockport Harriers & Ac	31:56	32	1545D	Rozhdstvenskiy	V4032 Sale Harriers Manchester	37:04
9	2369	Bastian Weinberger	V40 9	Warriors Pentathlon & AC	32:56	33	744	Richard Smart	V4033 Knutsford Tri Club	37:14
10	686	Matthew Wilson	V4010	Horwich R M I Harriers	32:57	34	1734	Ben Williamson	V4034 Salford Metropolitan Ac	37:19
11	1504	Conor Donaghy	V4011	Sale Harriers Manchester	32:57	35	2017	Daniel Martin	V4035 Swinton Running Club	37:39
12	2359	Richard Dunning	V4012	Warriors Pentathlon & AC	33:09	36	1784	Alan McKeegan	V4036 St Helens Sutton Ac	38:01
13	41	Matthew Allen	V4013	Altrincham & District Ac	33:12	37	2007	Dean Barker-Smith	V4037 Swinton Running Club	38:01
14	1549	Jon Smalley	V4014	Sale Harriers Manchester	33:23	38	1144	Martin Forker	V4038 Manchester Triathlon Club	38:13
15	1551	Tom Stephenson	V4015	Sale Harriers Manchester	33:36	39	1983	Russell Jones	V4039 Styal Running Club	38:13
16	425	Matthew Gittins	V4016	Didsbury Runners	34:01	40	778	Russell Scott	V4040 Levenshulme Runners	39:45
17	1174	Daniel Bailey	V4017	Manchester Ymca Harriers	34:05	41	709	Richard Carney	V4041 Sale Harriers Striders	39:56
18	2409	Steven Fernyhough	V4018	West Cheshire AC	34:05	42	365	Ryan McCue	V4042 Chorlton Runners	40:26
19	1068	George Steele	V4019	Manchester Harriers & AC	34:14	43	432	Dan Levin	V4043 Didsbury Runners	40:36
20	518	Steven Jones	V4020	E Cheshire H & Tameside AC	34:14	44	1526	Rob Marsden	V4044 Sale Harriers Manchester	41:14
21	527	Haco Santana	V4021	E Cheshire H & Tameside AC	34:29	45	1235	Joe Fenton	V4045 Marple Runners	41:52
22	1148	Luke Kiernan	V4022	Manchester Triathlon Club	34:45	46	975	Robert Gregory	V4046 Manchester Frontrunners	42:15
23	2194	Daniel Gilbody	V4023	Vale Royal Ac	34:53	47	1193	Graeme Wilkinson	V4047 Manchester Ymca Harriers	49:10
24	369	Philip Moyle	V4024	Chorlton Runners	35:03					

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	2454	Peter Speake	V45 1	Wilmslow Running Club	29:18	21	736	Paul Brocklehurst	V4521 Knutsford Tri Club	35:56
2	1658	Chris Webb	V45 2	Salford Harriers & AC	30:06	22	424	Matt Farr	V4522 Didsbury Runners	36:14
3	2190	Mark Crabtree	V45 3	Vale Royal Ac	30:11	23	249	Mark Shorter	V4523 Buxton AC	36:37
4	952	Mark Walker	V45 4	Macclesfield Harriers & Ac	30:18	24	2408	Mark Davies	V4524 West Cheshire AC	36:40
5	661	Nick Leigh	V45 5	Horwich R M I Harriers	30:45	25	428	Matthew Herbert	V4525 Didsbury Runners	36:48
6	342	Tim Fletcher	V45 6	Chorlton Runners	30:55	26	925	Graeme Eddie	V4526 Macclesfield Harriers & Ac	37:13
7	42	Simon Bareford	V45 7	Altrincham & District Ac	31:17	27	980	Stanley May	V4527 Manchester Frontrunners	37:20
8	523	Tom McMahon	V45 8	E Cheshire H & Tameside AC	31:55	28	1782	Martin Johnson	V4528 St Helens Sutton Ac	37:25
9	316	Dan Atkinson	V45 9	Chorlton Runners	32:01	29	741	John Goggins	V4529 Knutsford Tri Club	38:44
10	2370	Jon Wells	V4510	Warriors Pentathlon & AC	33:01	30	2357	Hareth Abdulla	V4530 Warriors Pentathlon & AC	38:45
11	1277	Jordan Burke	V4511	Middleton Harriers Ac	33:07	31	685	Michael Wilkinson	V4531 Horwich R M I Harriers	38:50
12	377	Al Robertson	V4512	Chorlton Runners	33:08	32	358	Eamonn Keogh	V4532 Chorlton Runners	39:03
13	1501	Tony Davenport	V4513	Sale Harriers Manchester	33:11	33	453	Graham Brownhill	V4533 Dragons Running Club (sale)	39:19
14	516	Robin Horner	V4514	E Cheshire H & Tameside AC	33:18	34	355	Ehab Ibrahim	V4534 Chorlton Runners	42:08
15	456	Colin Latham	V4515	Dragons Running Club (sale)	33:20	35	1724	Stuart Mairs	V4535 Salford Metropolitan Ac	43:13
16	155	Matt Darnley	V4516	Bramhall Runners	33:25	36	1061	Casey Longden	V4536 Manchester Harriers & AC	43:41
17	507	Jonathan Aust	V4517	E Cheshire H & Tameside AC	33:25	37	1530	Adam Moran	V4537 Sale Harriers Manchester	44:31
18	44	Ian Blann	V4518	Altrincham & District Ac	33:43	38	1935	Gareth Jones	V4538 Stockport Tri Club	45:02
19	1777	Steven Anders	V4519	St Helens Sutton Ac	34:11					
20	2361	Paul Grabe	V4520	Warriors Pentathlon & AC	35:04					

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	656	Robert Hope	V50 1	Horwich R M I Harriers	28:55	25	729	Steven Walker	V5025 Hyde Village Striders	35:51
2	2552	Rob Grantham	V50 2	Wirral Ac	30:13	26	2556	Lee McKeown	V5026 Wirral Ac	36:10
3	1889	Mark Burton	V50 3	Stockport Harriers & Ac	30:16	27	351	Daniel Hill	V5027 Chorlton Runners	37:02
4	2192	Stuart Doyle	V50 4	Vale Royal Ac	30:26	28	593	Pete Woodhead	V5028 Goyt Valley Striders	37:04
5	2108	Jeff Prest	V50 5	Trafford Athletic Club	30:52	29	530	Dennis Thomas	V5029 E Cheshire H & Tameside AC	37:28
6	364	Ben McCormack	V50 6	Chorlton Runners	30:56	30	1918	Nicholas Thorne	V5030 Stockport Harriers & Ac	37:38
7	653	Julian Goudge	V50 7	Horwich R M I Harriers	30:56	31	1051	Andrew Almond	V5031 Manchester Harriers & AC	38:24
8	58	Tim Greenald	V50 8	Altrincham & District Ac	31:01	32	946	Gareth Stockdale	V5032 Macclesfield Harriers & Ac	39:13
9	2555	James Mackie	V50 9	Wirral Ac	31:15	33	420	Michael Bean	V5033 Didsbury Runners	39:14
10	2366	David Pastor	V5010	Warriors Pentathlon & AC	31:40	34	1503	Mark Day	V5034 Sale Harriers Manchester	39:25
11	683	James Titmuss	V5011	Horwich R M I Harriers	31:51	35	2364	Ronan Kearney	V5035 Warriors Pentathlon & AC	39:27
12	79	Andrew Pickford	V5012	Altrincham & District Ac	32:08	36	1498	Hector Chinoy	V5036 Sale Harriers Manchester	39:39
13	255	Robert White	V5013	Buxton AC	32:18	37	370	Andy Nicol	V5037 Chorlton Runners	40:45
14	1550	Matthew Spragg	V5014	Sale Harriers Manchester	33:11	38	2442	Stephen Greaves	V5038 Wilmslow Running Club	40:50
15	878	Thomas Store	V5015	Lymm Runners	33:15	39	746	James Upton	V5039 Knutsford Tri Club	41:29
16	1509	Olivier Gaillemin	V5016	Sale Harriers Manchester	33:16	40	441	Andrew Vaughan	V5040 Didsbury Runners	42:03
17	1534	Paul Noble	V5017	Sale Harriers Manchester	33:24	41	1066	Chris Sewart	V5041 Manchester Harriers & AC	42:41
18	585	Lucas Jones	V5018	Goyt Valley Striders	34:09	42	1536	Richard Ousey	V5042 Sale Harriers Manchester	43:04
19	1786	Andrew Wilson	V5019	St Helens Sutton Ac	34:11	43	2410	Phil Gent	V5043 West Cheshire AC	43:39
20	1633	David Hudson	V5020	Salford Harriers & AC	34:15	44	934	David Larkin	V5044 Macclesfield Harriers & Ac	44:17
21	1908	Simon Pickard	V5021	Stockport Harriers & Ac	34:30	45	247	Tim Rolfe	V5045 Buxton AC	46:33
22	922	Gareth Briggs	V5022	Macclesfield Harriers & Ac	34:51	46	1810	Jason Gould	V5046 Start2jog	47:08
23	1158	Roger Thomas	V5023	Manchester Triathlon Club	35:38	47	1780	Jim Goddard	V5047 St Helens Sutton Ac	47:20
24	1894	James Corden	V5024	Stockport Harriers & Ac	35:46	48	772	Mohammed Faruque	V5048 Levenshulme Runners	47:52

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	169	Andy Porter	V55 1	Bramhall Runners	31:01
2	1188	Tim Shanker	V55 2	Manchester Ymca Harriers	32:24
3	63	Richard Johnson	V55 3	Altrincham & District Ac	33:27
4	672	Richard O'Reilly	V55 4	Horwich R M I Harriers	35:32
5	435	Jon Meeten	V55 5	Didsbury Runners	36:25
6	382	Ian Sharpe	V55 6	Chorlton Runners	36:26
7	522	David Law	V55 7	E Cheshire H & Tameside AC	36:50
8	1982	Matthew Jackson	V55 8	Styal Running Club	37:16
9	1059	Glen Gandy	V55 9	Manchester Harriers & AC	37:36
10	1984	Robert Kirkbride	V5510	Styal Running Club	37:43
11	555	Peter Daly	V5511	Glossopdale Harriers	38:02
12	936	Steve Lomas	V5512	Macclesfield Harriers & Ac	38:02
13	2195	David Haines	V5513	Vale Royal Ac	38:06
14	153	Stephen Brundrett	V5514	Bramhall Runners	38:47
15	64	Richard Kennaugh	V5515	Altrincham & District Ac	39:02
16	2450	Barrie Powers	V5516	Wilmslow Running Club	39:11
17	2272	Mark Gregory	V5517	Warrington A C	39:59
18	244	Paul Markall	V5518	Buxton AC	41:02
19	1332	Edward Davies	V5519	Running Bear	41:25
20	2406	Andrew Carter	V5520	West Cheshire AC	43:07
21	2015	Stuart Ellis	V5521	Swinton Running Club	46:57
22	372	Chris Peachey	V5522	Chorlton Runners	47:09
23	674	Lawrence Pinnell	V5523	Horwich R M I Harriers	47:14
24	344	Mark Gamblin	V5524	Chorlton Runners	48:33
25	1069	Craig Turner	V5525	Manchester Harriers & AC	55:00

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	254	Stephen Watson	V60 1	Buxton AC	32:26
2	641	Adrian Bramham	V60 2	Horwich R M I Harriers	32:36
3	2440	Rob Downs	V60 3	Wilmslow Running Club	32:37
4	589	Paul Oakley	V60 4	Goyt Valley Striders	34:09
5	388	Richard Turner	V60 5	Chorlton Runners	34:10
6	430	Phil Kemp	V60 6	Didsbury Runners	36:28
7	512	Ian Fraser	V60 7	E Cheshire H & Tameside AC	36:40
8	250	David Soles	V60 8	Buxton AC	37:32
9	2457	Gary Tait	V60 9	Wilmslow Running Club	37:41
10	1814	Craig Leith	V6010	Start2jog	38:38
11	73	Gordon Nicoll	V6011	Altrincham & District Ac	38:47
12	985	Roberto Raso	V6012	Manchester Frontrunners	39:04
13	350	Justin Hayes	V6013	Chorlton Runners	39:08
14	314	Paul Adams	V6014	Chorlton Runners	39:19
15	1646	Trevor Rayner	V6015	Salford Harriers & AC	39:54
16	1284	Ian Ireland	V6016	Middleton Harriers Ac	40:04
17	1141	Lee Benson	V6017	Manchester Triathlon Club	40:07
18	1538	Stephen Parry	V6018	Sale Harriers Manchester	40:57
19	88	Phil Vesey	V6019	Altrincham & District Ac	41:19
20	346	Sean Glaister	V6020	Chorlton Runners	41:26
21	1334	Antonio Mion	V6021	Running Bear	41:28
22	1159	Richard Wallace	V6022	Manchester Triathlon Club	42:24
23	2494	Anthony Harrison	V6023	Winston Runners	43:53
24	1813	Iain Johnson	V6024	Start2jog	44:17
25	716	Jonathan Kerr	V6025	Hyde Village Striders	44:32
26	461	Robert Todd	V6026	Dragons Running Club (sale)	48:13
27	159	Mike Hall	V6027	Bramhall Runners	50:38

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	1541	Aidan Raftery	V65 1	Sale Harriers Manchester	36:38
2	2014	Steven Doxey	V65 2	Swinton Running Club	38:34
3	59	Graham Harrison	V65 3	Altrincham & District Ac	41:05
4	2275	David Norman	V65 4	Warrington A C	41:13
5	776	Victor Ridding	V65 5	Levenshulme Runners	45:12
6	777	Julian Sacofsky	V65 6	Levenshulme Runners	48:02

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2211	John Clarke	V70 1	Vale Royal Ac	44:51
2	2021	Glyn Davies	V70 2	Swinton Running Club	47:57
3	1070	Michael Cunningham	V80 1	Manchester Harriers & AC	48:46
4	881	Duncan Forsyth	V70 3	Lymm Runners	51:52
5	1259	David Shoesmith	V70 4	Marple Runners	51:57

Manchester Area Cross Country League at Liverpool on Saturday 22nd November 2025

Senior Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	2132	Arlo Ludewick		University Of Manchester	25:25	85	70Tom Moseley	V40 7	Altrincham & District Ac	31:23
2	1618	Joshua Birmingham		Salford Harriers & AC	26:15	86	86Ryan Teare		Altrincham & District Ac	31:23
3	2138	Fredrick Roden		University Of Manchester	26:29	87	929Billy Hicks		Macclesfield Harriers & Ac	31:25
4	2191	Aaron Doyle		Vale Royal Ac	26:51	88	2412Paul Morrison		West Cheshire AC	31:31
5	190	Martin Clark		Bury Athletic Club	26:55	89	2414Luke Squirrell		West Cheshire AC	31:33
6	1660	Jacob Wood-Doyle		Salford Harriers & AC	26:57	90	2469Harry Bachofner		Wilmslow Striders	31:37
7	1625	Karl Darcy	V40 1	Salford Harriers & AC	27:09	91	327Benjamin Brown		Chorlton Runners	31:38
8	676	J Scott-Farrington		Horwich R M I Harriers	27:24	92	2366David Pastor	V5010	Warriors Pentathlon & AC	31:40
9	2271	Daniel Fox		Warrington A C	27:30	93	1900Ryan Harrison		Stockport Harriers & Ac	31:44
10	2188	Jacob Brown		Vale Royal Ac	27:41	94	439Dan Scotson		Didsbury Runners	31:50
11	2102	Sam Jackson		Trafford Athletic Club	27:49	95	683James Titmuss	V5011	Horwich R M I Harriers	31:51
12	515	Michael Holness	V40 2	E Cheshire H & Tameside AC	27:49	96	523Tom McMahan	V45 8	E Cheshire H & Tameside AC	31:55
13	1622	Matthew Cooper		Salford Harriers & AC	27:51	97	1913Mark Shatwell	V40 8	Stockport Harriers & Ac	31:56
14	2013	Matt Crichton		Swinton Running Club	27:53	98	2103Alex Jones		Trafford Athletic Club	31:59
15	1645	Gary Priestley		Salford Harriers & AC	27:59	99	316Dan Atkinson	V45 9	Chorlton Runners	32:01
16	2098	J Evans-Rodriguez		Trafford Athletic Club	28:04	100	46Nick Bugler		Altrincham & District Ac	32:04
17	1636	Callum Jones		Salford Harriers & AC	28:07	101	2131Alex Johnson		University Of Manchester	32:06
18	1548	Harry Sinclair		Sale Harriers Manchester	28:09	102	79Andrew Pickford	V5012	Altrincham & District Ac	32:08
19	1513	Joseph Godwood		Sale Harriers Manchester	28:14	103	1542Ben Rees		Sale Harriers Manchester	32:11
20	1540	Paul Peters		Sale Harriers Manchester	28:14	104	255Robert White	V5013	Buxton AC	32:18
21	521	Brandon Kenyon-Betts	U20 1	E Cheshire H & Tameside AC	28:21	105	2094Alfie Bundy	U20 4	Trafford Athletic Club	32:18
22	2206	Samuel Whitehead		Vale Royal Ac	28:22	106	1188Tim Shanker	V55 2	Manchester Ymca Harriers	32:24
23	651	Luke Foley		Horwich R M I Harriers	28:25	107	254Stephen Watson	V60 1	Buxton AC	32:26
24	1304	Michael Mannings		Salford Harriers & AC	28:25	108	1731Max Saleh		Salford Metropolitan Ac	32:35
25	1661	Ryan Worland		Salford Harriers & AC	28:26	109	2011Mark Cordiner		Swinton Running Club	32:35
26	945	William Stewart		Macclesfield Harriers & Ac	28:33	110	641Adrian Bramham	V60 2	Horwich R M I Harriers	32:36
27	509	Gavin Browne		E Cheshire H & Tameside AC	28:33	111	2440Rob Downs	V60 3	Wilmslow Running Club	32:37
28	2363	Oberon Kearney	U20 2	Warriors Pentathlon & AC	28:39	112	771Martin Dickson		Levenshulme Runners	32:41
29	1631	Tom Hodgson		Salford Harriers & AC	28:40	113	1079Matthew Barker		Manchester Metropolitan Uni	32:42
30	1617	Will Beauchamp		Salford Harriers & AC	28:46	114	1720Dayle Dwyer		Salford Metropolitan Ac	32:43
31	942	Joseph Pickard		Macclesfield Harriers & Ac	28:54	115	2550William Ferguson		Wirral Ac	32:46
32	251	Samuel Soles		Buxton AC	28:55	116	2358Jack Berry	U20 5	Warriors Pentathlon & AC	32:48
33	656	Robert Hope	V50 1	Horwich R M I Harriers	28:55	117	2111George Wright		Trafford Athletic Club	32:56
34	1892	Jack Catterall		Stockport Harriers & Ac	28:58	118	2369Bastian Weinberger	V40 9	Warriors Pentathlon & AC	32:56
35	1543	Phil Richardson		Sale Harriers Manchester	28:59	119	686Matthew Wilson	V4010	Horwich R M I Harriers	32:57
36	1616	Joe Barton		Salford Harriers & AC	29:03	120	1504Conor Donaghy	V4011	Sale Harriers Manchester	32:57
37	1532	Marcus Nicholson		Sale Harriers Manchester	29:09	121	2370Jon Wells	V4510	Warriors Pentathlon & AC	33:01
38	1506	Robert Dunn	V40 3	Sale Harriers Manchester	29:16	122	1277Jorden Burke	V4511	Middleton Harriers Ac	33:07
39	684	Brandon Whitehead		Horwich R M I Harriers	29:17	123	377Al Robertson	V4512	Chorlton Runners	33:08
40	2454	Peter Speake	V45 1	Wilmslow Running Club	29:18	124	648Matthew Dewhurst		Horwich R M I Harriers	33:09
41	2277	Adam Rashud	V40 4	Warrington A C	29:22	125	2359Richard Dunning	V4012	Warriors Pentathlon & AC	33:09
42	1620	Kieran Cann		Salford Harriers & AC	29:25	126	1501Tony Davenport	V4513	Sale Harriers Manchester	33:11
43	1063	Luke Oldfield		Manchester Harriers & AC	29:27	127	1550Matthew Spragg	V5014	Sale Harriers Manchester	33:11
44	2106	Simon O'Meara		Trafford Athletic Club	29:28	128	41Matthew Allen	V4013	Altrincham & District Ac	33:12
45	649	Sam Fairhurst		Horwich R M I Harriers	29:31	129	878Thomas Store	V5015	Lymm Runners	33:15
46	381	James Savage	V40 5	Chorlton Runners	29:32	130	2107Dan Partington	U20 6	Trafford Athletic Club	33:15
47	1643	Harry Partington		Salford Harriers & AC	29:49	131	347Joseph Guntrip		Chorlton Runners	33:16
48	2209	Oliver Williams		Vale Royal Ac	29:49	132	1118Nathan Sime		Manchester Road Runners	33:16
49	525	Howard Oldham		E Cheshire H & Tameside AC	29:56	133	1509Olivier Gaillemin	V5016	Sale Harriers Manchester	33:16
50	352	Ben Hobson		Chorlton Runners	29:59	134	516Robin Horner	V4514	E Cheshire H & Tameside AC	33:18
51	548	Luke Bidwell		Glossopdale Harriers	30:03	135	456Colin Latham	V4515	Dragons Running Club (sale)	33:20
52	1658	Chris Webb	V45 2	Salford Harriers & AC	30:06	136	1893Rob Cleaver		Stockport Harriers & Ac	33:22
53	2104	Michael Melarkey		Trafford Athletic Club	30:08	137	1549Jon Smalley	V4014	Sale Harriers Manchester	33:23
54	395	David Wyeth	V40 6	Chorlton Runners	30:10	138	1819Christopher Whyte		Start2jog	33:23
55	2190	Mark Crabtree	V45 3	Vale Royal Ac	30:11	139	1534Paul Noble	V5017	Sale Harriers Manchester	33:24
56	1088	C Stamadianos		Manchester Metropolitan Uni	30:13	140	155Matt Darnley	V4516	Bramhall Runners	33:25
57	2552	Rob Grantham	V50 2	Wirral Ac	30:13	141	507Jonathan Aust	V4517	E Cheshire H & Tameside AC	33:25
58	1889	Mark Burton	V50 3	Stockport Harriers & Ac	30:16	142	63Richard Johnson	V55 3	Altrincham & District Ac	33:27
59	952	Mark Walker	V45 4	Macclesfield Harriers & Ac	30:18	143	1551Tom Stephenson	V4015	Sale Harriers Manchester	33:36
60	2192	Stuart Doyle	V50 4	Vale Royal Ac	30:26	144	462Adam Turner		Dragons Running Club (sale)	33:42
61	1642	Luke McIlvenna		Salford Harriers & AC	30:28	145	44Ian Blann	V4518	Altrincham & District Ac	33:43
62	373	Alister Pearson		Chorlton Runners	30:31	146	2126Isaac East	U20 7	University Of Manchester	33:44
63	338	Luke Donald		Chorlton Runners	30:34	147	48Nick Cuff		Altrincham & District Ac	33:45
64	2437	Robert Armstrong		Wilmslow Running Club	30:38	148	393Oliver Wood		Chorlton Runners	33:45
65	2133	Oakley Machon		University Of Manchester	30:41	149	926Ewan Edmondson		Macclesfield Harriers & Ac	33:45
66	661	Nick Leigh	V45 5	Horwich R M I Harriers	30:45	150	1085Mark Lloyd		Manchester Metropolitan Uni	33:48
67	1140	Sam Barratt		Manchester Triathlon Club	30:46	151	2140Jasper Travis	U20 8	University Of Manchester	33:51
68	1104	Grant Boyne		Manchester Road Runners	30:49	152	1189Philip Tomkinson		Manchester Ymca Harriers	33:56
69	2108	Jeff Prest	V50 5	Trafford Athletic Club	30:52	153	425Matthew Gittins	V4016	Didsbury Runners	34:01
70	342	Tim Fletcher	V45 6	Chorlton Runners	30:55	154	1174Daniel Bailey	V4017	Manchester Ymca Harriers	34:05
71	364	Ben McCormack	V50 6	Chorlton Runners	30:56	155	2409Steven Fernyhough	V4018	West Cheshire AC	34:05
72	653	Julian Goudge	V50 7	Horwich R M I Harriers	30:56	156	935Daniel Leng		Macclesfield Harriers & Ac	34:06
73	680	Matthew Smith		Horwich R M I Harriers	30:56	157	585Lucas Jones	V5018	Goyt Valley Striders	34:09
74	2136	A Nithianantharajah		University Of Manchester	30:59	158	589Paul Oakley	V60 4	Goyt Valley Striders	34:09
75	58	Tim Greenald	V50 8	Altrincham & District Ac	31:01	159	388Richard Turner	V60 5	Chorlton Runners	34:10
76	169	Andy Porter	V55 1	Bramhall Runners	31:01	160	1777Steven Anders	V4519	St Helens Sutton Ac	34:11
77	1106	Stephen Cockram		Manchester Road Runners	31:02	161	1786Andrew Wilson	V5019	St Helens Sutton Ac	34:11
78	423	Jordan Dover		Didsbury Runners	31:09	162	1068George Steele	V4019	Manchester Harriers & AC	34:14
79	567	James Stubbs		Glossopdale Harriers	31:11	163	2482Peter Williams		Wilmslow Striders	34:14
80	2128	Daniel Groves		University Of Manchester	31:11	164	518Steven Jones	V4020	E Cheshire H & Tameside AC	34:14
81	2555	James Mackie	V50 9	Wirral Ac	31:15	165	1633David Hudson	V5020	Salford Harriers & AC	34:15
82	42	Simon Bareford	V45 7	Altrincham & District Ac	31:17	166	1113D Harrison-Croft		Manchester Road Runners	34:16
83	384	Corey Smith	U20 3	Chorlton Runners	31:17	167	324James Braban		Chorlton Runners	34:18
84	434	Damien McHugh		Didsbury Runners	31:18	168	1160Hugh Williams		Manchester Triathlon Club	34:18

169	527	Haco Santana	V4021	E Cheshire H & Tameside AC	34:29	260	2357	Hareth Abdulla	V4530	Warriors Pentathlon & AC	38:45
170	1908	Simon Pickard	V5021	Stockport Harriers & Ac	34:30	261	73	Gordon Nicoll	V6011	Altrincham & District Ac	38:47
171	1103	Teifion Best		Manchester Road Runners	34:43	262	153	Stephen Brundrett	V5514	Bramhall Runners	38:47
172	1148	Luke Kiernan	V4022	Manchester Triathlon Club	34:45	263	685	Michael Wilkinson	V4531	Horwich R M I Harriers	38:50
173	922	Gareth Briggs	V5022	Macclesfield Harriers & Ac	34:51	264	2476	Jack Miller		Wilmslow Striders	38:50
174	2194	Daniel Gilbody	V4023	Vale Royal Ac	34:53	265	979	Daniel Matthews		Manchester Frontrunners	38:53
175	1086	Harley Milburn	U20	9 Manchester Metropolitan Uni	34:59	266	1089	Lucas Wells		Manchester Metropolitan Uni	38:53
176	520	Michael Kennedy		E Cheshire H & Tameside AC	35:00	267	64	Richard Kennaugh	V5515	Altrincham & District Ac	39:02
177	1052	Samuel Bailey	U2010	Manchester Harriers & AC	35:02	268	358	Eamonn Keogh	V4532	Chorlton Runners	39:03
178	369	Philip Moyle	V4024	Chorlton Runners	35:03	269	985	Roberto Raso	V6012	Manchester Frontrunners	39:04
179	54	Craig Foster	V4025	Altrincham & District Ac	35:04	270	440	Jamie Soul		Didsbury Runners	39:06
180	2361	Paul Grabe	V4520	Warriors Pentathlon & AC	35:04	271	350	Justin Hayes	V6013	Chorlton Runners	39:08
181	2446	Robert Jackson	V4026	Wilmslow Running Club	35:05	272	427	Carl Healy		Didsbury Runners	39:09
182	659	Andrew Kelly		Horwich R M I Harriers	35:06	273	2450	Barrie Powers	V5516	Wilmslow Running Club	39:11
183	717	Stephen Kirk	V4027	Hyde Village Striders	35:07	274	946	Gareth Stockdale	V5032	Macclesfield Harriers & Ac	39:13
184	1555	James Walsh		Sale Harriers Manchester	35:09	275	420	Michael Bean	V5033	Didsbury Runners	39:14
185	357	Jason Johnson		Chorlton Runners	35:14	276	314	Paul Adams	V6014	Chorlton Runners	39:19
186	1081	Lorcan Gallagher		Manchester Metropolitan Uni	35:16	277	453	Graham Brownhill	V4533	Dragons Running Club (sale)	39:19
187	323	Finn Boyd		Chorlton Runners	35:32	278	1503	Mark Day	V5034	Sale Harriers Manchester	39:25
188	672	Richard O'Reilly	V55	4 Horwich R M I Harriers	35:32	279	2364	Ronan Kearney	V5035	Warriors Pentathlon & AC	39:27
189	253	William Throssel	V4028	Buxton AC	35:33	280	1977	Andrew Davis		Styal Running Club	39:28
190	1158	Roger Thomas	V5023	Manchester Triathlon Club	35:38	281	343	William Franks		Chorlton Runners	39:37
191	1116	Steven Parkinson		Manchester Road Runners	35:45	282	1498	Hector Chinoy	V5036	Sale Harriers Manchester	39:39
192	1894	James Corden	V5024	Stockport Harriers & Ac	35:46	283	778	Russell Scott	V4040	Levenshulme Runners	39:45
193	729	Steven Walker	V5025	Hyde Village Striders	35:51	284	1646	Trevor Rayner	V6015	Salford Harriers & AC	39:54
194	982	Rob Murray-Green		Manchester Frontrunners	35:51	285	709	Richard Carney	V4041	Hyde Village Striders	39:56
195	1292	Leon Wint		Middleton Harriers Ac	35:55	286	2272	Mark Gregory	V5517	Warrington A C	39:59
196	736	Paul Brocklehurst	V4521	Knutsford Tri Club	35:56	287	1284	Ian Ireland	V6016	Middleton Harriers Ac	40:04
197	718	Kairan Mallett	U2011	Hyde Village Striders	36:02	288	2012	Tom Cornes		Swinton Running Club	40:05
198	320	Sebastian Bate		Chorlton Runners	36:06	289	1141	Lee Benson	V6017	Manchester Triathlon Club	40:07
199	2368	Will Platts		Warriors Pentathlon & AC	36:08	290	365	Ryan McCue	V4042	Chorlton Runners	40:26
200	2556	Lee McKeown	V5026	Wirral Ac	36:10	291	432	Dan Levin	V4043	Didsbury Runners	40:36
201	424	Matt Farr	V4522	Didsbury Runners	36:14	292	370	Andy Nicol	V5037	Chorlton Runners	40:45
202	2142	H York		University Of Manchester	36:16	293	2442	Stephen Greaves	V5038	Wilmslow Running Club	40:50
203	422	Evan Davies		Didsbury Runners	36:25	294	1538	Stephen Pary	V6018	Sale Harriers Manchester	40:57
204	435	Jon Meeten	V55	5 Didsbury Runners	36:25	295	244	Paul Markall	V5518	Buxton AC	41:02
205	1143	Tom Elphick	V4029	Manchester Triathlon Club	36:25	296	59	Graham Harrison	V65	3 Altrincham & District Ac	41:05
206	382	Ian Sharpe	V55	6 Chorlton Runners	36:26	297	2275	David Norman	V65	4 Warrington A C	41:13
207	1989	Chris Turner	V4030	Styal Running Club	36:26	298	1335	William Mitchell		Running Bear	41:14
208	430	Phil Kemp	V60	6 Didsbury Runners	36:28	299	1526	Rob Marsden	V4044	Sale Harriers Manchester	41:14
209	780	Doug Webb		Levenshulme Runners	36:33	300	88	Phil Vesey	V6019	Altrincham & District Ac	41:19
210	1175	Alan Beaumont		Manchester Ymca Harriers	36:36	301	1332	Edward Davies	V5519	Running Bear	41:25
211	249	Mark Shorter	V4523	Buxton AC	36:37	302	346	Sean Glaister	V6020	Chorlton Runners	41:26
212	1541	Aidan Raftery	V65	1 Sale Harriers Manchester	36:38	303	1334	Antonio Mion	V6021	Running Bear	41:28
213	2137	Thomas Partridge		University Of Manchester	36:38	304	746	James Upton	V5039	Knutsford Tri Club	41:29
214	2408	Mark Davies	V4524	West Cheshire AC	36:40	305	738	Neil Duncombe		Knutsford Tri Club	41:38
215	512	Ian Fraser	V60	7 E Cheshire H & Tameside AC	36:40	306	436	Benjamin Moseley		Didsbury Runners	41:48
216	428	Matthew Herbert	V4525	Didsbury Runners	36:48	307	1235	Joe Fenton	V4045	Marple Runners	41:52
217	1553	Christopher Topping	V4031	Sale Harriers Manchester	36:50	308	441	Andrew Vaughan	V5040	Didsbury Runners	42:03
218	522	David Law	V55	7 E Cheshire H & Tameside AC	36:50	309	355	Ehab Ibrahim	V4534	Chorlton Runners	42:08
219	2125	Dylan Barbone		University Of Manchester	36:54	310	987A	StillingfleetSmith		Manchester Frontrunners	42:08
220	115	Ben Moriarty		Belle Vue Racers	37:00	311	1080	Thomas Evans	U2014	Manchester Metropolitan Uni	42:11
221	351	Daniel Hill	V5027	Chorlton Runners	37:02	312	975	Robert Gregory	V4046	Manchester Frontrunners	42:15
222	593	Pete Woodhead	V5028	Goyt Valley Striders	37:04	313	768	Chris Bennett		Levenshulme Runners	42:19
223	1545	D Rozhdestvenskiy	V4032	Sale Harriers Manchester	37:04	314	1159	Richard Wallace	V6022	Manchester Triathlon Club	42:24
224	925	Graeme Eddie	V4526	Macclesfield Harriers & Ac	37:13	315	1066	Chris Sewart	V5041	Manchester Harriers & AC	42:41
225	2475	Alex Keen		Wilmslow Striders	37:13	316	971	Will DeVivo		Manchester Frontrunners	42:45
226	744	Richard Smart	V4033	Knutsford Tri Club	37:14	317	374	Mike Peter		Chorlton Runners	42:48
227	1982	Matthew Jackson	V55	8 Styal Running Club	37:16	318	1536	Richard Ousey	V5042	Sale Harriers Manchester	43:04
228	1734	Ben Williamson	V4034	Salford Metropolitan Ac	37:19	319	2406	Andrew Carter	V5520	West Cheshire AC	43:07
229	980	Stanley May	V4527	Manchester Frontrunners	37:20	320	1724	Stuart Mairs	V4535	Salford Metropolitan Ac	43:13
230	765	Jordan Baxter		Levenshulme Runners	37:21	321	1182	Nicholas Jackson		Manchester Ymca Harriers	43:34
231	238	Callum D'souza		Buxton AC	37:22	322	2410	Phil Gent	V5043	West Cheshire AC	43:39
232	1782	Martin Johnson	V4528	St Helens Sutton Ac	37:25	323	1061	Casey Longden	V4536	Manchester Harriers & AC	43:41
233	530	Dennis Thomas	V5029	E Cheshire H & Tameside AC	37:28	324	1149	Stephen McFarland		Manchester Triathlon Club	43:49
234	666	Aidan McKenna	U2012	Horwich R M I Harriers	37:30	325	2494	Anthony Harrison	V6023	Winston Runners	43:53
235	2477	Andrew Neilson		Wilmslow Striders	37:31	326	984	Borja Prado		Manchester Frontrunners	44:05
236	250	David Soles	V60	8 Buxton AC	37:32	327	934	David Larkin	V5044	Macclesfield Harriers & Ac	44:17
237	1059	Glen Gandy	V55	9 Manchester Harriers & AC	37:36	328	1813	Iain Johnson	V6024	Start2jog	44:17
238	1918	Nicholas Thorne	V5030	Stockport Harriers & Ac	37:38	329	1530	Adam Moran	V4537	Sale Harriers Manchester	44:31
239	2017	Daniel Martin	V4035	Swinton Running Club	37:39	330	716	Jonathan Kerr	V6025	Hyde Village Striders	44:32
240	1115	Greg Northwood		Manchester Road Runners	37:40	331	2211	John Clarke	L70	1 Vale Royal Ac	44:51
241	764	Nicholas Barton		Levenshulme Runners	37:41	332	1935	Gareth Jones	V4538	Stockport Tri Club	45:02
242	2457	Gary Tait	V60	9 Wilmslow Running Club	37:41	333	776	Victor Ridding	V65	5 Levenshulme Runners	45:12
243	1247	Alexander Ratcliffe		Marple Runners	37:43	334	2018	Andrew Porter		Swinton Running Club	45:25
244	1984	Robert Kirkbride	V5510	Styal Running Club	37:43	335	1809	Rob Carpenter		Start2jog	45:33
245	246	Matthew Rolfe	U2013	Buxton AC	37:54	336	247	Tim Rolfe	V5045	Buxton AC	46:33
246	340	Josh Draper		Chorlton Runners	37:56	337	2015	Stuart Ellis	V5521	Swinton Running Club	46:57
247	366	Ashley McDonald		Chorlton Runners	37:58	338	1810	Jason Gould	V5046	Start2jog	47:08
248	1784	Alan McKeegan	V4036	St Helens Sutton Ac	38:01	339	372	Chris Peachey	V5522	Chorlton Runners	47:09
249	2007	Dean Barker-Smith	V4037	Swinton Running Club	38:01	340	674	Lawrence Pinnell	V5523	Horwich R M I Harriers	47:14
250	555	Peter Daly	V5511	Glossopdale Harriers	38:02	341	1780	Jim Goddard	V5047	St Helens Sutton Ac	47:20
251	936	Steve Lomas	V5512	Macclesfield Harriers & Ac	38:02	342	772	Mohammed Faruque	V5048	Levenshulme Runners	47:52
252	2195	David Haines	V5513	Vale Royal Ac	38:06	343	2021	Glyn Davies	L70	2 Swinton Running Club	47:57
253	1144	Martin Forker	V4038	Manchester Triathlon Club	38:13	344	777	Julian Sacofsky	V65	6 Levenshulme Runners	48:02
254	1983	Russell Jones	V4039	Styal Running Club	38:13	345	461	Robert Todd	V6026	Dragons Running Club (sale)	48:13
255	1051	Andrew Almond	V5031	Manchester Harriers & AC	38:24	346	344	Mark Gamblin	V5524	Chorlton Runners	48:33
256	2014	Steven Doney	V65	2 Swinton Running Club	38:34	347	1070	Michael Cunningham	L80	1 Manchester Harriers & AC	48:33
257	2205	Jack Whalley		Vale Royal Ac	38:36						
258	1814	Craig Leith	V6010	Start2jog	38:38	348	1815	Robert Maidstone		Start2jog	49:07
259	741	John Goggins	V4529	Knutsford Tri Club	38:44	349	1193	Graeme Wilkinson	V4047	Manchester Ymca Harriers	49:10

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350 159Mike Hall	V6027 Bramhall Runners	50:38
351 881Duncan Forsyth	L70 3 Lymm Runners	51:52
352 1259David Shoesmith	L70 4 Marple Runners	51:57
353 1069Craig Turner	V5525 Manchester Harriers & AC	55:00

Senior Men — TEAM RESULTS

1 Salford Harriers & AC	60 —	2 Joshua Birmingham	6 Jacob Wood-Doyle	7 Karl Darcy	13 Matthew Cooper	15 Gary Priestley	17 Callum Jones
2 Sale Harriers Manchester	167 —	18 Harry Sinclair	19 Joseph Godwood	20 Paul Peters	35 Phil Richardson	37 Marcus Nicholson	38 Robert Dunn
3 Salford Harriers & AC 'B'	186 —	24 Michael Mannings	25 Ryan Worland	29 Tom Hodgson	30 Will Beauchamp	36 Joe Barton	42 Kieran Cann
4 Vale Royal Ac	199 —	4 Aaron Doyle	10 Jacob Brown	22 Samuel Whitehead	48 Oliver Williams	55 Mark Crabtree	60 Stuart Doyle
5 Horwich R M I Harriers	214 —	8 J Scott-Farrington	23 Luke Foley	33 Robert Hope	39 Brandon Whitehead	45 Sam Fairhurst	66 Nick Leigh
6 Trafford Athletic Club	291 —	11 Sam Jackson	16 J Evans-Rodriguez	44 Simon O'Meara	53 Michael Melarkey	69 Jeff Prest	98 Alex Jones
7 University Of Manchester	324 —	1 Arlo Ludewick	3 Fredrick Roden	65 Oakley Machon	74 A Nithianantharajah	80 Daniel Groves	101 Alex Johnson
8 E Cheshire H & Tameside AC	339 —	12 Michael Holness	21 Brandon Kenyon-Betts	27 Gavin Browne	49 Howard Oldham	96 Tom McMahon	134 Robin Horner
9 Chorlton Runners	345 —	46 James Savage	50 Ben Hobson	54 David Wyeth	62 Alister Pearson	63 Luke Donald	70 Tim Fletcher
10 Macclesfield Harriers & AC	508 —	26 William Stewart	31 Joseph Pickard	59 Mark Walker	87 Billy Hicks	149 Ewan Edmondson	156 Daniel Leng
11 Altrincham & District Ac	530 —	75 Tim Greenald	82 Simon Bareford	85 Tom Moseley	86 Ryan Teare	100 Nick Bugler	102 Andrew Pickford
12 Stockport Harriers & AC	588 —	34 Jack Catterall	58 Mark Burton	93 Ryan Harrison	97 Mark Shatwell	136 Rob Cleaver	170 Simon Pickard
13 Horwich R M I Harriers 'B'	593 —	72 Julian Goudge	73 Matthew Smith	95 James Titmuss	110 Adrian Bramham	119 Matthew Wilson	121 Matthew Dewhurst
14 Chorlton Runners 'B'	598 —	71 Ben McCormack	83 Corey Smith	91 Benjamin Brown	99 Dan Atkinson	123 Al Robertson	134 Joseph Guntrip
15 Warriors Pentathlon & AC	600 —	28 Oberon Kearney	92 David Pastor	116 Jack Berry	118 Bastian Weinberger	121 Jon Wells	125 Richard Dunning
16 Sale Harriers Manchester 'B'	746 —	103 Ben Rees	120 Conor Donaghy	126 Tony Davenport	127 Matthew Spragg	133 Olivier Gaillemin	137 Jon Smalley
17 Manchester Road Runners	805 —	68 Grant Boyne	77 Brandon Cockram	132 Nathan Sime	166 D Harrison-Croft	171 Teifion Best	191 Steven Parkinson
18 Didsbury Runners	813 —	78 Jordan Dover	84 Damien McHugh	94 Dan Scotson	153 Matthew Gittins	201 Matt Farr	203 Evan Davies
19 Buxton AC	874 —	32 Samuel Soles	104 Robert White	107 Stephen Watson	189 William Throssel	211 Mark Shorter	231 Callum D'souza
20 Wilmslow Running Club	911 —	40 Peter Speake	64 Robert Armstrong	111 Rob Downs	181 Robert Jackson	242 Gary Tait	273 Barrie Powders
21 Manchester Metropolitan Uni	946 —	56 C Stamadianos	113 Matthew Barker	150 Mark Lloyd	175 Harley Milburn	186 Lorcan Gallagher	266 Lucas Wells
22 Altrincham & District Ac 'B'	1002 —	128 Matthew Allen	142 Richard Johnson	145 Ian Blann	147 Nick Cuff	179 Craig Foster	261 Gordon Nicoll
23 Chorlton Runners 'C'	1024 —	148 Oliver Wood	159 Richard Turner	167 James Braban	178 Philip Moyle	185 Jason Johnson	187 Finn Boyd
24 Manchester Triathlon Club	1055 —	67 Sam Barratt	168 Hugh Williams	172 Luke Kiernan	190 Roger Thomas	205 Tom Elphick	253 Martin Forker
25 E Cheshire H & Tameside AC 'B'	1083 —	141 Jonathan Aust	164 Steven Jones	169 Haco Santana	176 Michael Kennedy	215 Ian Fraser	218 David Law
26 Sale Harriers Manchester 'C'	1118 —	139 Paul Noble	143 Tom Stephenson	184 James Walsh	212 Aidan Raftery	217 Christopher Topping	223 D Rozhdestvenskiy
27 Swinton Running Club	1155 —	14 Matt Crichton	109 Mark Cordiner	239 Daniel Martin	249 Dean Barker-Smith	256 Steven Doxey	288 Tom Cornes
28 West Cheshire AC	1187 —	88 Paul Morrison	89 Luke Squirrell	155 Steven Fernyhough	214 Mark Davies	319 Andrew Carter	322 Phil Gent
29 Manchester Harriers & AC	1189 —	43 Luke Oldfield	162 George Steele	177 Samuel Bailey	237 Glen Gandy	255 Andrew Almond	315 Chris Sewart
30 Manchester Ymca Harriers	1292 —	106 Tim Shanker	152 Philip Tomkinson	154 Daniel Bailey	210 Alan Beaumont	321 Nicholas Jackson	349 Graeme Wilkinson
31 Chorlton Runners 'D'	1386 —	198 Sebastian Bate	206 Ian Sharpe	221 Daniel Hill	246 Josh Draper	247 Ashley McDonald	268 Eamonn Keogh
32 Levenshulme Runners	1388 —	112 Martin Dickson	209 Doug Webb	230 Jordan Baxter	241 Nicholas Barton	283 Russell Scott	313 Chris Bennett
33 Didsbury Runners 'B'	1445 —	204 Jon Meeten	208 Phil Kemp	216 Matthew Herbert	270 Jamie Soul	272 Carl Healy	275 Michael Bean
34 Manchester Frontrunners	1579 —	194 Rob Murray-Green	229 Stanley May	265 Daniel Matthews	269 Roberto Raso	310 A Stillingfleet-Smith	312 Robert Gregory
35 Chorlton Runners 'E'	1712 —	271 Justin Hayes	276 Paul Adams	281 William Franks	290 Ryan McCue	292 Andy Nicol	302 Sean Glaister
36 Start2jog	1745 —	138 Christopher Whyte	258 Craig Leith	328 Iain Johnson	335 Rob Carpenter	338 Jason Gould	348 Robert Maidstone
37 Sale Harriers Manchester 'D'	1800 —	278 Mark Day	282 Hector Chinoy	294 Stephen Parry	299 Rob Marsden	318 Richard Ousey	329 Adam Moran

Senior Men (Vets) — TEAM RESULTS

1 Chorlton Runners	51 —	7 James Savage	9 David Wyeth	17 Tim Fletcher	18 Ben McCormack
2 Horwich R M I Harriers	63 —	3 Robert Hope	15 Nick Leigh	19 Julian Goudge	26 James Titmuss
3 Altrincham & District Ac	97 —	20 Tim Greenald	23 Simon Bareford	24 Tom Moseley	30 Andrew Pickford
4 Sale Harriers Manchester	129 —	4 Robert Dunn	38 Conor Donaghy	43 Tony Davenport	44 Matthew Spragg
5 E Cheshire H & Tameside AC	130 —	2 Michael Holness	27 Tom McMahon	48 Robin Horner	53 Jonathan Aust
6 Warriors Pentathlon & AC	142 —	25 David Pastor	36 Bastian Weinberger	39 Jon Wells	42 Richard Dunning
7 Stockport Harriers & AC	190 —	12 Mark Burton	28 Mark Shatwell	69 Simon Pickard	81 James Corden
8 Sale Harriers Manchester 'B'	203 —	47 Olivier Gaillemin	50 Jon Smalley	51 Paul Noble	55 Tom Stephenson
9 Chorlton Runners 'B'	205 —	29 Dan Atkinson	41 Al Robertson	62 Richard Turner	73 Philip Moyle
10 Vale Royal Ac	214 —	10 Mark Crabtree	14 Stuart Doyle	72 Daniel Gilbody	118 David Haines
11 Salford Harriers & AC	218 —	1 Karl Darcy	8 Chris Webb	67 David Hudson	142 Trevor Rayner
12 Wilmslow Running Club	228 —	5 Peter Speake	35 Rob Downs	76 Robert Jackson	112 Gary Tait
13 Altrincham & District Ac 'B'	229 —	45 Matthew Allen	54 Richard Johnson	56 Ian Blann	74 Craig Foster
14 Buxton AC	234 —	31 Robert White	33 Stephen Watson	79 William Throssel	91 Mark Shorter
15 Horwich R M I Harriers 'B'	277 —	34 Adrian Bramham	37 Matthew Wilson	78 Richard O'Reilly	128 Michael Wilkinson
16 Macclesfield Harriers & AC	302 —	13 Mark Walker	71 Gareth Briggs	101 Graeme Eddie	117 Steve Lomas
17 Didsbury Runners	318 —	57 Matthew Gittins	85 Matt Farr	86 Jon Meeten	90 Phil Kemp
18 E Cheshire H & Tameside AC 'B'	325 —	66 Steven Jones	68 Haco Santana	94 Ian Fraser	97 David Law
19 St Helens Sutton Ac	347 —	63 Steven Anders	64 Andrew Wilson	106 Martin Johnson	114 Alan McKeegan
20 Manchester Triathlon Club	356 —	70 Luke Kiernan	80 Roger Thomas	87 Tom Elphick	119 Martin Forker
21 Bramhall Runners	393 —	21 Andy Porter	52 Matt Darnley	127 Stephen Brundrett	193 Mike Hall
22 Styal Running Club	425 —	89 Chris Turner	103 Matthew Jackson	113 Robert Kirkbride	120 Russell Jones
23 Sale Harriers Manchester 'C'	426 —	92 Aidan Raftery	96 Christopher Topping	100 D Rozhdestvenskiy	138 Mark Day
24 Chorlton Runners 'C'	448 —	88 Ian Sharpe	98 Daniel Hill	130 Eamonn Keogh	132 Justin Hayes
25 Manchester Harriers & AC	461 —	65 George Steele	109 Glen Gandy	121 Andrew Almond	166 Chris Sewart
26 Knutsford Tri Club	469 —	83 Paul Brocklehurst	102 Richard Smart	124 John Goggins	160 James Upton
27 Hyde Village Striders	478 —	77 Stephen Kirk	82 Steven Walker	143 Richard Carney	176 Jonathan Kerr
28 West Cheshire AC	490 —	59 Steven Fernyhough	93 Mark Davies	168 Andrew Carter	170 Phil Gent
29 Swinton Running Club	529 —	111 Daniel Martin	115 Dean Barker-Smith	122 Steven Doxey	181 Stuart Ellis
30 Didsbury Runners 'B'	540 —	95 Matthew Herbert	135 Michael Bean	148 Dan Levin	162 Andrew Vaughan
31 Altrincham & District Ac 'C'	564 —	126 Gordon Nicoll	129 Richard Kennaugh	153 Graham Harrison	156 Phil Vesey
32 Chorlton Runners 'D'	590 —	136 Paul Adams	147 Ryan McCue	149 Andy Nicol	158 Sean Glaister
33 Sale Harriers Manchester 'D'	613 —	140 Hector Chinoy	151 Stephen Parry	155 Rob Marsden	167 Richard Ousey
34 Levenshulme Runners	694 —	141 Russell Scott	179 Victor Ridding	186 Mohammed Faruque	188 Julian Sacofsky