

Manchester Area Cross Country League at Kenworthy Woods on Saturday 8th February 2025

NOTE: The individual results include only runners who have run at least 2 races

Under 11 - Boys — Points after 3 races				Under 13 - Boys — Points after 3 races					
1	Isaac Taylor-Unitt	Salford Ha	2	(1, 2, 1)	1	Loxley Schofield	SalfordMA	4	(2, 2, 9)
2	Alex Farrell	WarringtonA	6	(2, 4, 0)	=	Harry Redhead	Warriors P	4	(3, 1, 5)
3	Alfie Furnival	WarringtonA	7	(0, 5, 2)	3	Alistair Riley	StockportH	6	(0, 4, 2)
4	Hamish Heginbotham	East Chesh	11	(3, 8, 8)	4	Owen Oswick	Warriors P	7	(1, 6, 0)
=	Max Casey	Salford Ha	11	(5, 6, 6)	5	Bobby Hughes	Warriors P	8	(5, 3, 10)
6	Harry Crowhurst	Salford Ha	13	(6, 7, 9)	6	Thomas Daly	TraffordAC	10	(4, 8, 6)
7	Mason Fletcher	Salford Ha	14	(11, 0, 3)	7	Sam Baker	Warriors P	12	(7, 5, 0)
=	Lucas Pendlebury	M'chr Harr	14	(9, 0, 5)	8	Arthur O'Hare	SaleHM	15	(11, 7, 8)
9	Oscar Reynolds	Altrincham	16	(0, 9, 7)	9	Zachary Jones	East Chesh	20	(13, 14, 7)
10	Aaron Connor	Salford Ha	19	(8, 13, 11)	10	Daniel Topping	SaleHM	21	(9, 12, 0)
11	Ben Dunning	Warriors P	20	(10, 15, 10)	11	Ethan O'Brien	TraffordAC	23	(10, 15, 13)
12	Noah Hartley	Salford Ha	23	(13, 10, 0)	=	Jacob Shearing	East Chesh	23	(12, 11, 0)
13	Joshua Leong	SaleHM	24	(12, 12, 12)	13	Zac Edge	SalfordMA	25	(14, 0, 11)
14	Samuel Shatwell	StockportH	27	(7, 20, 21)	14	James Walsh	SaleHM	32	(17, 19, 15)
15	James Moran	SaleHM	29	(14, 17, 15)	15	Oliver Ball	Buxton AC	36	(33, 20, 16)
16	Rohan Dickinson	StHSA	31	(15, 22, 16)	16	Quinn McCaul	Warriors P	39	(38, 17, 22)
17	Harry McLoone	SaleHM	32	(16, 16, 0)	17	Patrick Widdop	TraffordAC	40	(23, 23, 17)
18	Sebastian O'Hare	SaleHM	33	(20, 0, 13)	18	Arthur Barker	SalfordMA	43	(22, 21, 0)
19	Aarav Shah	Warriors P	37	(18, 19, 19)	19	Ned Farncombe	TraffordAC	44	(20, 24, 0)
=	Tristan Tickle	WarringtonA	37	(19, 21, 18)	=	Isaac Chrippes	StockportH	44	(15, 29, 0)
21	Zac Holman	Salford Ha	40	(17, 23, 0)	21	Max Hornsby	M'chr Harr	45	(19, 28, 26)
22	Harry Nichol	SaleHM	41	(24, 26, 17)	22	Jack Proctor	StockportH	46	(21, 33, 25)
23	Jed Dunning	Warriors P	45	(23, 29, 22)	=	James Thorpe	ValeRA	46	(0, 22, 24)
24	Kian O'Rourke	LiverpoolH	50	(25, 25, 26)	24	Daniel White	TraffordAC	47	(29, 35, 18)
=	Alpha Tham	SaleHM	50	(26, 24, 27)	=	Sam Moth	SaleHM	47	(28, 30, 19)
26	Ben Connolly	SaleHM	52	(0, 27, 25)	26	Dominic Riley	StockportH	48	(0, 18, 30)
27	Alex Almond	M'chr Harr	55	(27, 34, 28)	27	Edward Moran	SaleHM	53	(26, 27, 28)
28	Jenson Snape	SalfordMA	58	(30, 28, 0)	28	Thomas Fotheringham	TraffordAC	54	(32, 25, 29)
29	Charlie Reynolds	Altrincham	59	(0, 30, 29)	29	Joseph McGinnis	SalfordMA	57	(34, 34, 23)
30	Noah Macarthur	SalfordMA	61	(28, 33, 0)	=	Samuel Haskins	SaleHM	57	(31, 26, 40)
=	Sebastian White	TraffordAC	61	(0, 38, 23)	31	Sammy Cowles	TraffordAC	58	(39, 31, 27)
32	Sidney Charles	East Chesh	62	(32, 50, 30)	32	Harry Taylor-Kirk	Altrincham	59	(27, 32, 0)
33	Ollie Hutton	SaleHM	64	(0, 32, 32)	33	Hadley Lumsden	M'chr Harr	69	(42, 38, 31)
34	Leonard Broadhurst	WarringtonA	65	(34, 31, 0)	34	Joseph Bowden	TraffordAC	73	(37, 44, 36)
35	Willis Howard	Oldham&RH&	70	(42, 37, 33)	35	Harry Emery	Salford Ha	74	(35, 39, 0)
36	Brandon Rodger	M'chr Harr	71	(40, 46, 31)	36	Lucas Vine	StHSA	78	(47, 43, 35)
=	Harry Armer	TraffordAC	71	(47, 0, 24)	37	Archie Hennessy	East Chesh	80	(0, 46, 34)
38	Max Svaboda	M'chr Harr	75	(38, 0, 37)	38	Woody Deane	StHSA	83	(41, 42, 0)
39	Oliver McKiernan	TraffordAC	76	(37, 39, 0)	39	James Nelson	East Chesh	92	(51, 55, 41)
=	Ben Moth	SaleHM	76	(0, 40, 36)	40	James Goddard	StHSA	93	(46, 47, 0)
=	Sam Dunning	Warriors P	76	(41, 55, 35)	=	William Haskins	SaleHM	93	(43, 50, 0)
42	Edward Emms	SaleHM	78	(36, 42, 0)	=	Edward Jones	TraffordAC	93	(48, 45, 0)
43	Kasper Lind-Hanson	SaleHM	80	(39, 41, 0)	43	Rowan Trollope	StockportH	95	(53, 60, 42)
44	Matthew Finnigan	M'chr Harr	81	(0, 43, 38)	44	Hamish Casey	Wirral Ac	97	(0, 58, 39)
45	Archie Fletcher	HorwichRMI	85	(46, 49, 39)	45	Harry Bird	East Chesh	101	(49, 52, 0)
46	Harry Hussey	Macclesfie	89	(48, 53, 41)	46	Samuel Shaw	StockportH	104	(57, 64, 47)
47	Percy Booker	WarringtonA	91	(44, 47, 0)	47	Freddie Marsh	M'chr Tri	106	(50, 56, 0)
=	William Garside	SalfordMA	91	(43, 48, 0)	48	Zach Cole	Altrincham	111	(52, 59, 0)
=	Oliver Curvis	SaleHM	91	(45, 54, 46)	49	Sebastien Gregory	East Chesh	117	(54, 63, 0)
50	Oliver Hughes	HorwichRMI	94	(50, 57, 44)	50	Aiden Losty	WarringtonA	118	(56, 62, 0)
=	Maximilian North	SalfordMA	94	(49, 56, 45)	51	Robbie Winthorpe	StockportH	120	(55, 65, 0)
52	Ernie Coleman	SaleHM	99	(51, 58, 48)					
Salford Harriers & AC				2	(1, 1, 1)				
Warrington A C				4	(4, 2, 2)				
Sale Harriers Manchester				5	(2, 3, 3)				
Warriors Pentathlon & AC				7	(3, 4, 4)				
Manchester Harriers & AC				10	(5, 5, 6)				
Salford Metropolitan Ac				13	(6, 7, 0)				
Macclesfield Harriers & AC				16	(7, 9, 0)				
Under 11 - Girls — Points after 3 races									
1	Jasmine Rogan	Warriors P	2	(0, 1, 1)					
2	Sophia McCreedy	Wirral Ac	3	(1, 2, 4)					
3	Jessica Davidson	Warriors P	4	(2, 4, 2)					
4	Emilia Gandy	WarringtonA	6	(3, 3, 27)					
5	Melia Ferendenus	SalfordMA	10	(0, 7, 3)					
6	Ivy Davidson	WarringtonA	11	(6, 5, 12)					
7	Anna Gately	Wirral Ac	12	(8, 6, 6)					
8	Abby Gamble	WestCAC	13	(5, 8, 16)					
9	Faye Johnson	Salford Ha	16	(4, 12, 0)					
10	Isla Doyle	Altrincham	17	(12, 15, 5)					
11	Mila Price	Wirral Ac	18	(10, 13, 8)					
=	Poppy Dowling	SaleHM	18	(9, 17, 9)					
13	Eliza Corrigan	Salford Ha	21	(7, 0, 14)					
=	Orla Coates	ValeRA	21	(11, 23, 10)					
15	Scarlett Miller	LiverpoolH	26	(0, 11, 15)					
16	Caitlin McGuirk	LiverpoolH	30	(0, 19, 11)					
17	Rebekah Miller	M'chr Harr	32	(14, 21, 18)					
18	Nola Colebrook	Buxton AC	34	(0, 27, 7)					
19	Florence Barker	SalfordMA	38	(18, 20, 0)					
20	Pippa Hunt	SalfordMA	39	(32, 26, 13)					
21	Connie Summers	SaleHM	40	(21, 22, 19)					
=	Charlotte Hodkinson	M'chr Harr	40	(19, 24, 21)					
23	Rose Fay	LiverpoolH	41	(16, 25, 0)					
24	Katy Smith	LiverpoolH	44	(28, 16, 0)					

Under 13 - Girls — Points after 3 races

1	Eve Beddow	Warriors P	2	(1, 2, 1)
2	Daisy McVicar	Warriors P	6	(4, 0, 2)
3	Bleu Bailey	BingleyH&A	7	(3, 4, 0)
=	Isobel Beddow	Warriors P	7	(6, 1, 0)
5	Kitty Crossland	HorwichRMI	8	(0, 3, 5)
6	Imogen Weatherhead	Salford Ha	9	(14, 6, 3)
7	Lucy O'Brien	SaleHM	11	(16, 7, 4)
=	Emme Lowe	Salford Ha	11	(8, 5, 6)
9	Eve Dowling	SaleHM	15	(7, 8, 12)
10	Poppy McKenna	WestCAC	18	(9, 9, 0)
=	Poppy Boden	Warriors P	18	(10, 10, 8)
12	Freya Lombard	Salford Ha	19	(0, 12, 7)
13	Natalie Almond	M'chr Harr	22	(11, 11, 0)
14	Tolu Adebajo	LiverpoolH	23	(12, 15, 11)
15	Delfine Cross	Warriors P	28	(15, 13, 18)
16	Florence Connolly	SaleHM	32	(24, 23, 9)
17	Lacey Steele	M'chr Harr	33	(17, 16, 20)
18	ErinMcMahon	East Chesh	37	(27, 29, 10)
=	Grace Rashud	WarringtonA	37	(36, 14, 23)
=	Katherine Bennett	Buxton AC	37	(21, 0, 16)
21	Alesha Gubas	SaleHM	40	(13, 0, 27)
22	Emily Nicolls	Warriors P	41	(19, 27, 22)
=	Mia Feenan	LiverpoolH	41	(28, 0, 13)
24	Sophia Hunter	StHSA	42	(20, 22, 0)
=	Yemi Adebajo	LiverpoolH	42	(35, 28, 14)
=	Gabrielle Baxter	Salford Ha	42	(34, 17, 25)
27	Cicely Coldwell	SaleHM	45	(33, 21, 24)
28	Pearl Fay	LiverpoolH	46	(22, 24, 0)
29	Phoebe Brew	LiverpoolH	50	(0, 35, 15)
30	Freya Ratcliffe	Buxton AC	52	(0, 31, 21)
31	Alice Boothroyd	Altrincham	53	(44, 36, 17)
32	Sophie Lang	StHSA	55	(25, 34, 30)
33	Amber Khan	SaleHM	56	(30, 26, 0)
34	Willow Fawley	SaleHM	58	(40, 32, 26)
35	Ava Feenan	LiverpoolH	62	(29, 0, 33)
=	Sarah Roberts	LiverpoolH	62	(23, 0, 39)
37	Isobel Woods	Salford Ha	66	(38, 0, 28)
38	Emma Jones	SaleHM	68	(52, 39, 29)
39	Eloise Davies	ValeRA	69	(31, 38, 0)
40	Lois JohnstonStarrs	WarringtonA	70	(45, 25, 0)
41	Isabella Holden	SaleHM	71	(50, 40, 31)
=	Nancy Howe	LiverpoolH	71	(41, 30, 0)
43	Emilia Darnley	StockportH	72	(43, 37, 35)
44	Rose Sheppard	WestCAC	75	(32, 43, 0)
45	Heidi Wetherall	WestCAC	80	(39, 41, 0)
46	Erin Maule	Altrincham	83	(46, 0, 37)
=	Melissa Goddard	StHSA	83	(51, 47, 36)
48	Darcey Rushton	StockportH	86	(42, 44, 0)
49	Phoebe Adams-Mercer	Macclesfie	87	(48, 46, 41)
50	Zoe Dunning	Warriors P	90	(58, 0, 32)
51	Helena Parikh	M'chr Harr	96	(54, 42, 0)
52	Sofia Bagdonavicius	StHSA	97	(0, 45, 52)
=	Charlotte Andrew	WarringtonA	97	(70, 55, 42)
54	Lily McKeegan	StHSA	98	(68, 64, 34)
55	Lily Beevers	ValeRA	103	(60, 58, 45)
56	Isabel Summers	SaleHM	106	(55, 51, 0)
=	Imogen Meikle	StockportH	106	(57, 49, 0)
=	Gracie Carthy	Salford Ha	106	(66, 62, 44)
59	Fleur Lumsden	M'chr Harr	107	(64, 60, 47)
60	Grace Haywood	SaleHM	110	(62, 48, 0)
61	Caoimhe Finley	M'chr Harr	112	(65, 63, 49)
62	Florence Bailey	SalfordMA	115	(59, 56, 0)
=	Evelyn Langford	SaleHM	115	(63, 52, 0)
64	Charlotte Cooley	StockportH	119	(69, 71, 50)
=	Florence McGorry	M'chr Harr	119	(0, 66, 53)
66	Zara Price	M'chr Harr	122	(79, 79, 43)
67	Alice Sneddon	Salford Ha	123	(0, 72, 51)
68	Scarlet Aspinall	Buxton AC	129	(75, 76, 54)
69	Abigail Taylor	HorwichRMI	133	(78, 80, 55)
70	Lauren Harper	Macclesfie	134	(67, 67, 0)
=	Anna Allcutt	M'chr Harr	134	(0, 78, 56)
72	Libby Holcroft	LiverpoolH	135	(74, 61, 0)
73	Maya Gosh	HorwichRMI	137	(72, 65, 0)
74	Esme Channon	M'chr Harr	139	(71, 68, 0)
75	Chloe Broadbent	M'chr Harr	149	(76, 73, 0)
76	Hannah Cudahy	Buxton AC	152	(77, 75, 0)

Under 15 - Boys — Points after 3 races

1	Jake Ireland	Macclesfie	2	(1, 1, 1)
2	Michael Phelan	Warriors P	5	(3, 2, 7)
3	Thomas Wood	Macclesfie	6	(4, 4, 2)
4	Samuel Conkie	ValeRA	8	(5, 3, 0)
5	Harry Shatwell	StockportH	9	(6, 9, 3)
6	Conor McManus	SaleHM	10	(7, 6, 4)
=	George O'Donnell	Macclesfie	10	(0, 5, 5)
8	Alfie Blizzard	WarringtonA	15	(9, 13, 6)
9	Bobby Birkett	StHSA	16	(8, 8, 8)
10	Harvey Brown	ValeRA	19	(12, 7, 14)
11	Finlay Carthy	Salford Ha	22	(10, 12, 15)
12	N Glascoff-Tull	Warriors P	23	(13, 10, 17)

13	Max Grabe	Warriors P	24	(0, 11, 13)
14	Euan Lawton	WarringtonA	26	(15, 14, 12)
15	George Horstfall	SaleHM	27	(16, 16, 11)
16	Ralphie Rome	TraffordAC	28	(18, 0, 10)
17	Harry Yates	HorwichRMI	33	(0, 15, 18)
18	Riley Underhill	StHSA	34	(17, 17, 0)
19	Tullius Arlo Mander	TraffordAC	35	(26, 0, 9)
20	Joel Tidmarsh	Buxton AC	36	(20, 0, 16)
21	Oliver Howell	SaleHM	39	(19, 20, 0)
=	Finlay Mann	HorwichRMI	39	(21, 18, 26)
23	Alexander Kruithof	ValeRA	42	(33, 21, 21)
24	William Aspinall	Buxton AC	44	(24, 0, 20)
25	Joseph Thomas	TraffordAC	50	(0, 25, 25)
=	Sam Burton	Salford Ha	50	(31, 19, 0)
=	Matthew Bailey	East Chesh	50	(23, 37, 27)
28	Jake Harrison	SaleHM	51	(28, 23, 0)
29	Reuben Dunn	SaleHM	55	(29, 26, 31)
=	James Warrington	Altrincham	55	(42, 32, 23)
31	Eli Bissett	StockportH	56	(36, 24, 32)
32	Charles Bennett	Altrincham	58	(44, 28, 30)
33	Thomas Heap	Wirral Ac	59	(32, 31, 28)
34	Charlie Millward	StockportH	60	(30, 30, 37)
35	William Murphy	Warriors P	61	(35, 27, 34)
36	Evan Fitzgerald	Buxton AC	63	(39, 0, 24)
37	Adam Corry-Wilson	SaleHM	65	(48, 36, 29)
=	James Binks	Wirral Ac	65	(43, 22, 0)
39	Lucas Rhodes	East Chesh	67	(34, 0, 33)
40	Ben Jones	SaleHM	69	(46, 33, 36)
41	Murphy Midgley	LiverpoolH	72	(38, 34, 41)
42	Charlie Cowburn	HorwichRMI	76	(41, 35, 0)
43	Nico Sidebottom	Altrincham	80	(49, 41, 39)
44	Max Hill	Altrincham	81	(0, 43, 38)
45	William McIntyre	SaleHM	84	(0, 44, 40)
46	Daniel Chadwick	LiverpoolH	87	(0, 45, 42)
47	Alfie Lavelle	SalfordMA	88	(50, 38, 0)
48	Alex Cojean	Altrincham	89	(53, 46, 43)

Under 15 - Girls — Points after 3 races

1	Isla Yorke	Warriors P	2	(1, 1, 1)
2	Beatrix Soper	SaleHM	5	(2, 3, 0)
3	Robyn Heywood-Young	SaleHM	6	(4, 5, 2)
4	Oonagh McManus	SaleHM	7	(3, 4, 0)
5	Caitlin Wetters	SaleHM	9	(6, 0, 3)
6	Megan Boyer	SaleHM	10	(0, 6, 4)
7	Poppy Branch	StockportH	14	(8, 10, 6)
=	Isla Anderson	SaleHM	14	(7, 7, 10)
=	Maisie Williams	LiverpoolH	14	(9, 0, 5)
10	EvieMay Williams	WarringtonA	18	(11, 14, 7)
11	Grace Veevers	LiverpoolH	19	(10, 0, 9)
12	Lily Coates	ValeRA	25	(12, 13, 0)
=	Maddy Appleby	SaleHM	25	(13, 12, 0)
14	Sara Smith	TraffordAC	27	(15, 18, 12)
=	Emily Kinsey	WarringtonA	27	(19, 8, 0)
16	Maisie McQuirk	LiverpoolH	30	(14, 16, 0)
17	Imogen Garnett	StockportH	33	(16, 19, 17)
18	Eliza Doyle	Salford Ha	37	(21, 0, 16)
19	Isabelle Connolly	SaleHM	38	(17, 0, 21)
=	Phoebe Carroll	SaleHM	38	(23, 15, 0)
21	Erin Colebrook	Buxton AC	40	(0, 21, 19)
22	Elizabeth Lees	WarringtonA	41	(32, 30, 11)
23	Bonita Kewley	LiverpoolH	44	(29, 0, 15)
=	Savannah Mannhart	Warriors P	44	(22, 23, 22)
25	Lola Richardson	SaleHM	45	(20, 0, 25)
26	Harriet Starr	StockportH	46	(26, 20, 0)
27	Eva Hayes	WarringtonA	48	(24, 24, 0)
28	Katie Merriman	Warriors P	52	(25, 0, 27)
=	Isabelle Hope	Salford Ha	52	(35, 28, 24)
30	Abbie Fitzgerald	StockportH	53	(34, 27, 26)
31	Marissa Phillips	LiverpoolH	55	(27, 0, 28)
32	Ruby Langford	SaleHM	63	(28, 35, 0)
33	Anna Rooke	East Chesh	64	(31, 33, 40)
=	Imogen McBurnie	East Chesh	64	(39, 31, 33)
35	Annaleigh Harrison	Macclesfie	65	(0, 36, 29)
36	Olivia Kelly	StockportH	68	(36, 32, 0)
37	Sophie Davidson	Warriors P	70	(38, 0, 32)
38	Genevieve Jackson	TraffordAC	72	(51, 37, 35)
39	Poppy Coates	Warriors P	73	(30, 43, 0)
40	Ianthe Jones	TraffordAC	74	(43, 0, 31)
41	Sophie Gawthorpe	M'chr Harr	75	(37, 38, 0)
42	Emily Pattison	Altrincham	76	(42, 44, 34)
43	Olivia Taylor	HorwichRMI	77	(40, 40, 37)
44	Sophie Orrell	HorwichRMI	80	(41, 39, 0)
45	Erin Hewitt	Altrincham	81	(0, 45, 36)
46	Chloe Roper	Oldham&RH&	86	(47, 48, 39)
47	Savanna Holcroft	LiverpoolH	89	(52, 46, 43)
48	Holly Turner	HorwichRMI	90	(48, 52, 42)
=	Emily Fox	StockportH	90	(50, 49, 41)
50	Roisin Jordan	Oldham&RH&	95	(45, 50, 0)
51	Amelia Shan	HorwichRMI	97	(46, 51, 0)
=	Chloe Brownbill	StHSA	97	(53, 53, 44)

Under 17 - Men — Points after 3 races

1	Liam Johnson	StHSA	2	(1, 1, 1)
2	Pio Aron	TraffordAC	4	(2, 2, 0)
3	Jay Hutchinson	TraffordAC	7	(13, 5, 2)
=	Michael Wood	Macclesfie	7	(7, 4, 3)
5	Finlay Goddard	SaleHM	8	(5, 3, 0)
=	Theodor Austin	TraffordAC	8	(4, 0, 4)
7	Tim Ye	TraffordAC	11	(11, 6, 5)
8	Brandon Kenyon-Betts	East Chesh	17	(8, 9, 0)
=	Cian Taylor	Macclesfie	17	(12, 11, 6)
10	Archie Greenwood	TraffordAC	22	(27, 15, 7)
11	Marshall Fleet	East Chesh	23	(18, 13, 10)
12	William Vose	StHSA	24	(21, 12, 12)
=	Evan Lewis	TraffordAC	24	(16, 8, 0)
14	Christopher Parikh	M'chr Harr	25	(15, 10, 0)
15	Noel Ford	Warriors P	28	(17, 0, 11)
=	Luke Wilson	StHSA	28	(20, 21, 8)
17	Evan Horwell	TraffordAC	30	(19, 14, 16)
18	Oliver Walker	East Chesh	31	(23, 16, 15)
19	Jared Dickinson	Macclesfie	34	(26, 20, 14)
20	Sam Hill	StockportH	35	(0, 26, 9)
=	Joe Taylor	East Chesh	35	(28, 18, 17)
22	Matthew Cullen-Brown	SaleHM	36	(0, 23, 13)
=	Alfie Manser	East Chesh	36	(0, 17, 19)
24	Lewis Morris	WestCAC	41	(22, 19, 0)
25	Elliot Taylor	WarringtonA	42	(34, 24, 18)
26	Mark Titmuss	HorwichRMI	45	(24, 28, 21)
27	Tim Elgar	Salford Ha	50	(25, 25, 0)
28	Nathan Dunn	East Chesh	51	(31, 31, 20)
29	Thomas Harris	TraffordAC	53	(30, 29, 24)
30	Harvey Howard	WarringtonA	59	(39, 34, 25)
31	George Murphy	Warriors P	60	(35, 32, 28)
=	Noah Woolgar	WestCAC	60	(50, 33, 27)
=	Ethan Price	ValeRA	60	(33, 27, 0)
34	Ewan Saunders	SaleHM	62	(36, 30, 32)
=	Ryan Potts	StockportH	62	(37, 36, 26)
36	Charlie Bumstead	Altrincham	63	(40, 42, 23)
37	Archie Bennett	East Chesh	67	(38, 39, 29)
38	Samuel Bailey	M'chr Harr	68	(45, 37, 31)
=	Jack Broadhurst	SalfordMA	68	(41, 38, 30)
40	Benjamin Genner	StHSA	81	(48, 49, 33)
41	Thomas Turner	Altrincham	82	(49, 47, 35)
42	Finnan Docherty	TraffordAC	83	(42, 41, 0)
43	Charlie Park	StockportH	85	(51, 53, 34)
44	Liam Rhodes	Altrincham	87	(0, 51, 36)
=	Sebastian Stewart	East Chesh	87	(53, 50, 37)
46	Isaac True	TraffordAC	89	(43, 46, 0)
=	Ben Dale	East Chesh	89	(44, 45, 0)
48	Matthew Rolfe	Buxton AC	90	(47, 43, 0)
49	William Jones	TraffordAC	104	(52, 52, 0)

Under 17 - Ladies — Points after 3 races

1	Imogen Wharton	WarringtonA	2	(1, 1, 0)
2	Isobel Hall	SaleHM	4	(2, 0, 2)
3	Constance Jenneson	Buxton AC	5	(3, 2, 3)
4	Rosie Philbin	StockportH	7	(4, 3, 4)
5	Holly Coates	Warriors P	9	(5, 4, 0)
6	Lily Birkett	StHSA	10	(11, 5, 5)
7	Hannah Hull	WarringtonA	13	(7, 0, 6)
8	Isobel Thomas	TraffordAC	15	(13, 6, 9)
9	Clara Galbraith	M'chr Harr	17	(10, 7, 0)
10	Imogen Dunning	Warriors P	19	(12, 0, 7)
11	Eve Grabe	Warriors P	20	(14, 12, 8)
12	Harri-Ann Fleet	East Chesh	21	(0, 10, 11)
=	Hannah Robinson	LiverpoolH	21	(17, 11, 10)
14	Olivia Haselden	WarringtonA	24	(16, 8, 0)
15	Hannah Squibbs	SaleHM	29	(0, 16, 13)
16	Felicity Thelwell	StockportH	33	(27, 19, 14)
17	Holly Nolan	SaleHM	35	(0, 20, 15)
=	Esme Sly	SalfordMA	35	(26, 9, 0)
=	Sophie Bowman	TraffordAC	35	(28, 18, 17)
=	Nailah Christmas	SaleHM	35	(20, 15, 0)
21	Rebecca Cudahy	Buxton AC	38	(0, 22, 16)
22	Ursula Bailey	TraffordAC	42	(25, 17, 0)
=	Tia Harris	HorwichRMI	42	(32, 24, 18)
24	Isobel Robinson	LiverpoolH	43	(22, 21, 0)
25	Nicole Anders	StHSA	48	(23, 25, 0)
26	Jasmine Tarry	M'chr Harr	52	(29, 23, 0)

Senior Ladies under 20 — Points after 3 races

1	Nia Griffin	U20	Start2jog	4	(2, 2, 2)
=	Lucy Clitheroe	U20	StHSA	4	(3, 1, 0)
3	Sophie Armitage	U20	SaleHM	6	(4, 3, 3)
4	Emma Johnson	U20	Macclesfie	10	(6, 4, 0)
=	Lucy Henson	U20	University	10	(7, 5, 5)
6	Evie Smith	U20	Warriors P	11	(5, 6, 0)
7	Taylor Massey	U20	StHSA	12	(8, 0, 4)
8	Maria Rooke	U20	East Chesh	18	(9, 10, 9)
=	Charlotte Wilkinson	U20	HorwichRMI	18	(0, 11, 7)
10	Sarah Smith	U20	Warriors P	19	(10, 9, 0)
11	Emma Bradley	U20	HorwichRMI	25	(0, 15, 10)

12	Hannah Taylor	U20	University	26	(12, 14, 0)
13	Aliesha Smith	U20	East Chesh	28	(0, 17, 11)
14	Erin Doyle	U20	University	30	(14, 16, 0)
15	Charlotte Gee	U20	SalfordMA	31	(0, 19, 12)
16	Joy Ashcroft-Carter	U20	WarringtonA	34	(16, 18, 0)

Senior Ladies aged 20 to 34 — Points after 3 races

1	K Haggard	Warriors P	2	(1, 1, 1)
2	Lucy Armitage	SaleHM	5	(3, 2, 0)
=	Mollie Williams	StockportH	5	(2, 3, 0)
4	Vicki Cronin	TraffordAC	6	(0, 4, 2)
5	Ellie Kemp	LevenshulR	16	(11, 18, 5)
6	Rachel Brown	Chorlton R	18	(0, 14, 4)
7	Heather Hughes	SaleHM	19	(0, 13, 6)
8	Megan Tucker	SaleHM	20	(8, 12, 0)
9	Kate Meeson	TraffordAC	24	(13, 11, 0)
10	Oriel Hardman	Salford Ha	25	(10, 15, 0)
11	Katie Hay	University	26	(14, 0, 12)
=	Siobhan Woods	Chorlton R	26	(15, 0, 11)
13	Emma Nutt	WestCAC	28	(18, 0, 10)
14	Faye Waterhouse	StockportH	29	(9, 20, 0)
15	Francesca Bale	Chorlton R	35	(22, 23, 13)
16	Samantha Newbound	Running Be	36	(19, 28, 17)
17	Catrin Austin	LevenshulR	37	(16, 21, 0)
18	Katie Vann	M'chr Tri	39	(0, 24, 15)
19	Milly Lever	HorwichRMI	46	(0, 37, 9)
20	M Glenister-Doyle	M'chr RR	47	(26, 38, 21)
21	Yvonne King	Chorlton R	48	(23, 45, 25)
=	Amelie Higgins	University	48	(21, 27, 0)
23	Megan Lewis	East Chesh	49	(30, 39, 19)
24	Lucy Priestner	M'chr RR	50	(0, 34, 16)
25	Katie Cooper	M'chr Harr	51	(33, 43, 18)
=	Gemma Davison	DragonsRC	51	(0, 31, 20)
27	Charlotte Bliss	Glossopdal	59	(24, 35, 0)
28	Charlotte Stainer	M'chr RR	63	(0, 30, 33)
29	Kim Rothwell	Bramhall R	65	(41, 59, 24)
30	Abbie Pickard	Didsbury R	66	(25, 41, 0)
31	Jessica Mohan	Start2jog	68	(29, 54, 39)
32	Jade Ong	M'chr Tri	70	(32, 52, 38)
33	Jessica Carey	SwintonRC	71	(0, 48, 23)
34	Lucy Burch	ValeRA	74	(34, 53, 40)
=	Josie Clough	M'chr YMCA	74	(0, 40, 34)
=	Holly Waddell	DragonsRC	74	(0, 44, 30)
37	Eloise Billington	Chorlton R	78	(0, 50, 28)
38	Briony Fagan	M'chr RR	79	(35, 62, 44)
39	Imogen Nutter	StockportH	80	(0, 49, 31)
40	Jenny Woods	LevenshulR	81	(40, 67, 41)
41	Catherine Hooper	Salford Ha	85	(28, 57, 0)
=	Alice Woodbridge	Chorlton R	85	(27, 58, 0)
43	Sarah Foreman	SwintonRC	88	(0, 51, 37)
44	Kate Kinder	Hyde Villa	89	(46, 0, 43)
45	Grace O'Neill	Macclesfie	91	(0, 46, 45)
=	Hazel Jones	Start2jog	91	(31, 60, 0)
47	Marie Godward	Start2jog	92	(0, 56, 36)
48	Hannah Buckley	Hyde Villa	96	(45, 0, 51)
49	Jennifer Garner	Hyde Villa	97	(50, 0, 47)
50	Natalia Olszewska	Didsbury R	99	(47, 0, 52)
51	Natasha Broadhurst	Glossopdal	107	(39, 68, 0)
52	Natasha Bradford	Didsbury R	108	(54, 84, 54)
53	Kaylea Maidstone	Start2jog	109	(56, 85, 53)
54	Alex Bee	LevenshulR	116	(43, 73, 0)
55	Ellie Griffin	Macclesfie	119	(0, 69, 50)
56	Amy Stanley	SalfordMA	129	(49, 80, 0)

Senior Ladies (Vets) aged 35 to 39 — Points after 3 races

1	K Fitzpatrick	L35	Chorlton R	2	(0, 1, 1)
2	Amy Weyers	L35	Chorlton R	5	(0, 2, 3)
=	Chloe Elliott	L35	SaleHM	5	(2, 3, 4)
4	Claire Harris	L35	WestCAC	8	(3, 5, 0)
5	Amy Cauley	L35	TraffordAC	12	(5, 16, 7)
6	Fiona Blagg	L35	M'chr Tri	13	(0, 7, 6)
7	Zoe Storr	L35	TraffordAC	14	(4, 10, 0)
8	Ruth Beresford	L35	TraffordAC	18	(6, 12, 12)
=	Siobhan Massey	L35	StHSA	18	(8, 0, 10)
10	Hannah Brierley	L35	M'chr YMCA	22	(13, 18, 9)
11	Sarah Birkett	L35	StHSA	23	(0, 15, 8)
=	Faye Lawton	L35	WarringtonA	23	(10, 19, 13)
13	Rebecca Corbett	L35	Buxton AC	25	(11, 20, 14)
14	Melanie Monks	L35	TraffordAC	27	(12, 0, 15)
=	Hollie Steed	L35	Didsbury R	27	(9, 0, 18)
16	Roz Webster	L35	Chorlton R	28	(0, 17, 11)
17	Kate Meskeil	L35	Saddlewort	35	(14, 21, 0)
18	Katie-Niamh Crawford	L35	Didsbury R	39	(16, 0, 23)
19	Sarah Goulden	L35	SaleHM	40	(0, 24, 16)
20	Helen Rennie	L35	Bramhall R	41	(0, 22, 19)
21	Chelsea Mears-Graham	L35	Marple Run	44	(15, 29, 0)
22	Hannah Greenlee	L35	Chorlton R	45	(17, 28, 0)
23	Georgina Sargent	L35	Wilmslow S	46	(0, 25, 21)
24	Sarah Roberts	L35	M'chr Tri	48	(21, 0, 27)
25	Katie Baker	L35	M'chr YMCA	49	(0, 27, 22)
26	Alison Garrigan	L35	GoytVS	51	(20, 31, 0)

27 Kirsty Powers	L35	M'chrFR	55	(22, 33, 0)
28 Christina Hodges	L35	WinstonR	56	(0, 30, 26)
29 Egle Bates	L35	Start2jog	57	(23, 34, 0)

Senior Ladies (Vets) aged 40 to 44 — Points after 3 races

1 Laura Lombard	L40	Salford Ha	2	(1, 1, 1)
2 Laura Baker	L40	Warriors P	5	(2, 3, 0)
3 Jessica Welsh	L40	SaleHM	7	(4, 0, 3)
4 Alina Stepanchuk	L40	SalfordMA	11	(6, 7, 5)
= Rachel Kenyon	L40	M'chrFR	11	(7, 0, 4)
6 Anna Begbie	L40	ValeRA	12	(0, 6, 6)
7 Winton Julie De	L40	M'chr Tri	16	(8, 10, 8)
8 Harriet Hamilton	L40	SaleHM	19	(10, 9, 12)
9 Ruth Tidd	L40	Altrincham	22	(0, 13, 9)
10 Anest Muller	L40	WestCAC	23	(12, 11, 0)
11 Frances Kenney	L40	WilmslowRC	24	(0, 17, 7)
12 Helen Macdonald	L40	HorwichRMI	28	(0, 18, 10)
13 Rebecca Mills	L40	SwintonRC	29	(14, 22, 15)
= Kerry Dunning	L40	Warriors P	29	(16, 0, 13)
15 Anna Aspinall	L40	GoytVS	32	(9, 29, 23)
= Laura Bell	L40	WinstonR	32	(11, 23, 21)
17 Stephanie Mallett	L40	Hyde Villa	33	(19, 24, 14)
= Helen Morgan	L40	Didsbury R	33	(13, 0, 20)
19 Kim Davies	L40	BramhallR	34	(18, 25, 16)
= Sarah Renshaw	L40	Chorlton R	34	(17, 21, 17)
21 Lisa Costello	L40	BelleVR	42	(20, 32, 22)
= Charlotte Gilbert	L40	Chorlton R	42	(23, 26, 19)
23 Amy Billing	L40	StockportH	46	(21, 0, 25)
24 Helen Mutch	L40	MiddletonH	49	(25, 35, 24)
25 Meropi Tzanetakis	L40	M'chrFR	57	(28, 0, 29)
26 Claire Naylor	L40	M'chrFR	60	(27, 33, 0)
27 Elisabeth Lewis	L40	Chorlton R	62	(34, 42, 28)
28 Danielle Burns	L40	Hyde Villa	64	(26, 38, 0)
29 Aimee Woolley	L40	BelleVR	67	(32, 46, 35)
30 Nadiyah Laajam	L40	WilmslowRC	68	(0, 37, 31)
= Rachel Billington	L40	SwintonRC	68	(0, 41, 27)
32 Naomi Grabe	L40	Warriors P	69	(29, 40, 0)
33 Anna Dagnall	L40	StockportT	71	(33, 51, 38)
34 Sarah Booth	L40	Macclesfie	72	(35, 0, 37)
35 Janine Jordan	L40	MiddletonH	75	(31, 44, 0)
= Denise Yarrow	L40	Chorlton R	75	(0, 45, 30)
37 Rachel Sharples	L40	M'chr Tri	80	(0, 47, 33)
38 Victoria Williams	L40	WilmslowRC	88	(36, 52, 0)
39 Jennifer Laptew	L40	MiddletonH	92	(0, 53, 39)

Senior Ladies (Vets) aged 45 to 49 — Points after 3 races

1 Sarah Murphy	L45	ValeRA	2	(1, 1, 0)
2 Jo Rosenberg	L45	Altrincham	3	(0, 2, 1)
3 Claire Andrew	L45	WarringtonA	4	(2, 3, 2)
4 Kristy Gill	L45	Macclesfie	8	(4, 4, 0)
= Laura Brown	L45	Didsbury R	8	(5, 5, 3)
6 Amanda Hurndall	L45	SalfordMA	13	(6, 8, 7)
7 Victoria Brown	L45	WilmslowRC	14	(8, 6, 0)
8 Victoria Jackson	L45	Marple Run	15	(7, 9, 8)
= Katie Rolfe	L45	Buxton AC	15	(10, 0, 5)
10 Helen Armitage	L45	SaleHM	17	(11, 12, 6)
11 Sian Rowley	L45	SaleHM	20	(9, 11, 0)
12 Susan Johnson	L45	StHSA	25	(13, 20, 12)
13 Suzanne Smith	L45	SaleHM	32	(0, 18, 14)
14 Pamela Thurtle	L45	KnutsfordT	34	(12, 22, 0)
= Karen Little	L45	Running Be	34	(0, 16, 18)
16 Rachael Lawrance	L45	Macclesfie	35	(16, 19, 0)
= Claire Grimmer	L45	KnutsfordT	35	(22, 0, 13)
18 Helen Nation	L45	SwintonRC	36	(17, 23, 19)
= Alice Welch	L45	Altrincham	36	(0, 21, 15)
20 Helena Tinker	L45	Marple Run	39	(18, 0, 21)
21 Janet Grint	L45	StockportT	42	(19, 0, 23)
22 T Erdenesuren	L45	Altrincham	45	(20, 25, 0)
23 Katie Syrett	L45	Chorlton R	47	(25, 0, 22)
= Ruth Gowers	L45	Buxton AC	47	(23, 24, 0)
25 Claire Gwyer	L45	DragonsRC(51	(0, 27, 24)
26 Caroline Baba	L45	M'chr Harr	54	(0, 29, 25)
27 Amy Berrisford	L45	Chorlton R	58	(27, 31, 0)
28 Cheryl Pate	L45	SwintonRC	59	(0, 32, 27)
= Kate Harvest	L45	Chorlton R	59	(26, 33, 0)
30 Mel Johnson	L45	M'chrFR	60	(0, 40, 20)
31 Helen Daly	L45	Chorlton R	61	(29, 35, 32)
32 Caroline Gisby	L45	Macclesfie	62	(28, 34, 0)
33 Rachel Watson	L45	BelleVR	64	(36, 38, 28)
34 Colette Goddard	L45	StHSA	68	(33, 43, 35)
= Edyta Burgess	L45	WinstonR	68	(0, 42, 26)
36 Johanne Greenwood	L45	StyalRC	69	(38, 0, 31)
37 Alison Barbuti	L45	Chorlton R	70	(37, 39, 33)
38 Nicola Brundrett	L45	StockportT	71	(30, 50, 41)
= Veronica Barnsley	L45	M'chr Tri	71	(34, 37, 0)
40 Faye Aydin	L45	MiddletonH	76	(0, 46, 30)
41 Anna Thurston	L45	Didsbury R	79	(39, 45, 40)
42 Rowena Thomas	L45	Chorlton R	85	(43, 52, 42)
43 Gulderen Harwood	L45	StockportH	86	(0, 48, 38)
= Jayne Cordingley	L45	WinstonR	86	(0, 49, 37)
45 Paula Manley	L45	ValeRA	88	(41, 47, 0)
46 Andy Smith	L45	SwintonRC	91	(47, 54, 44)

Senior Ladies (Vets) aged 50 to 54 — Points after 3 races

1 Anne Chinoy	L50	SaleHM	3	(0, 2, 1)
2 Michelle Vaughan	L50	East Chesh	4	(3, 1, 0)
3 Louisa Harrison	L50	WilmslowRC	5	(1, 4, 0)
= Anna Woolgar	L50	WestCAC	5	(2, 3, 4)
5 Jude Peck	L50	ValeRA	7	(4, 0, 3)
6 Susan Harrison	L50	WilmslowRC	10	(5, 6, 5)
7 Jaine Brocklehurst	L50	SalfordMA	14	(6, 14, 8)
8 Katy Green	L50	WilmslowRC	15	(7, 8, 0)
= Lauren Marsden	L50	SwintonRC	15	(8, 9, 7)
10 Jennie Pickard	L50	StockportH	19	(0, 10, 9)
11 Sue Stockdale	L50	Macclesfie	20	(10, 13, 10)
= Madeleine Hill	L50	DragonsRC(20	(9, 12, 11)
13 Tracey Griffin	L50	Start2jog	25	(12, 23, 13)
14 Emma Banister	L50	Chorlton R	27	(13, 20, 14)
= Anne Rosbottom	L50	Wirral Ac	27	(11, 22, 16)
16 Simone Fisher	L50	Start2jog	29	(0, 17, 12)
17 Sarah Brown	L50	StockportH	30	(0, 15, 15)
18 Cathy Atkinson	L50	M'chr Tri	34	(15, 19, 0)
19 Victoria Hall	L50	Didsbury R	36	(18, 21, 18)
20 Jennifer Donaldson	L50	SalfordMA	39	(14, 25, 0)
21 Kim Walsh	L50	SaleHM	48	(0, 26, 22)
= Gaynor Williams	L50	WinstonR	48	(22, 33, 26)
23 Isabelle Qamar	L50	Didsbury R	50	(17, 41, 33)
24 Catherine Poole	L50	M'chr Harr	52	(25, 38, 27)
25 Karen Charters	L50	BelleVR	53	(29, 36, 24)
= Mary Jones	L50	GoytVS	53	(0, 30, 23)
27 Laura Mercer	L50	SalfordMA	57	(23, 34, 0)
28 Carol Kershaw	L50	Hyde Villa	60	(31, 43, 29)
29 Melissa Westwood	L50	Wilmslow S	61	(21, 40, 0)
30 Joanne Cudahy	L50	Buxton AC	63	(26, 37, 0)
31 Marianne Veighey	L50	M'chr Tri	67	(28, 39, 0)
32 Melanie Commins	L50	Marple Run	70	(34, 0, 36)
33 Rachael Horrocks	L50	Hyde Villa	71	(37, 0, 34)
34 Sonia Harris	L50	M'chr Tri	73	(24, 49, 0)
35 Janette Watson	L50	LevenshulR	75	(0, 47, 28)
36 Julia Foy	L50	BelleVR	76	(32, 44, 0)
37 Kate Brown	L50	Running Be	81	(43, 52, 38)
38 Alison Goodall	L50	Hyde Villa	84	(36, 48, 0)
39 Gillian Aspin	L50	M'chr Tri	88	(0, 51, 37)

Senior Ladies (Vets) aged 55 to 59 — Points after 3 races

1 Wendy Higginbottom	L55	Buxton AC	2	(1, 1, 1)
2 Kerrie Wood-Doyle	L55	StockportH	4	(3, 2, 2)
3 Janine Ellis	L55	WilmslowRC	6	(0, 3, 3)
4 Philippa Whittingham	L55	Wilmslow S	10	(0, 6, 4)
= Joanne Hackett	L55	Macclesfie	10	(5, 0, 5)
6 Joanne Lott	L55	TraffordAC	11	(6, 5, 9)
7 Fiona Dyson	L55	Saddlewort	12	(8, 4, 0)
8 Pippa Price	L55	Running Be	14	(0, 7, 7)
9 Rachael Clegg	L55	Chorlton R	17	(2, 15, 0)
10 Steph Hughes	L55	Altrincham	18	(7, 0, 11)
11 Fiona Cooke	L55	BramhallR	20	(0, 10, 10)
12 Catherine Jones	L55	M'chr Harr	21	(10, 11, 13)
13 Jayne Lomax	L55	ValeRA	24	(0, 12, 12)
14 Clare Leith	L55	Start2jog	27	(13, 0, 14)
= Janet Screawn	L55	WilmslowRC	27	(12, 0, 15)
16 Heather Fryer-Winder	L55	Buxton AC	28	(11, 0, 17)
17 Jane Stiles	L55	M'chr Harr	32	(14, 19, 18)
18 Christine Copson	L55	StockportT	33	(15, 18, 0)
19 Lana Milligan	L55	Hyde Villa	37	(21, 16, 0)
= Jacky Taylor	L55	M'chr Tri	37	(16, 22, 21)
21 Kate Pusey	L55	Start2jog	40	(17, 23, 0)
= Michelle Wilder	L55	M'chr Tri	40	(18, 25, 20)
23 Rachel Bell	L55	DragonsRC(41	(0, 21, 20)
24 Kyrynda Carter-Moore	L55	MiddletonH	44	(19, 0, 25)
25 Catherine Murphy	L55	MiddletonH	45	(22, 24, 23)
26 Tracy Gregory	L55	Buxton AC	48	(0, 20, 28)
27 Jeanette Hanley	L55	LevenshulR	50	(24, 0, 26)
= Deborah Beresford	L55	M'chr Harr	50	(23, 27, 0)
= Dawn Anderson	L55	MiddletonH	50	(0, 26, 24)
30 Lyn Todd	L55	Start2jog	54	(25, 29, 0)
31 Margot Maybury	L55	DragonsRC(55	(0, 28, 27)

Senior Ladies (Vets) aged 60 to 64 — Points after 3 races

1 Linda Rix	L60	M'chrFR	2	(1, 3, 1)
2 G Holland-Jones	L60	StyalRC	4	(2, 2, 0)
3 Lynda Rowlinson	L60	SaleHM	6	(0, 4, 2)
4 Jane Gornell	L60	Glossopdal	9	(3, 6, 0)
5 Jennifer Edwards	L60	SouthCH	11	(0, 8, 3)
6 Alison Vesey	L60	Altrincham	12	(0, 7, 5)
= Andrea Marsden	L60	SalfordMA	12	(8, 12, 4)
8 Karen Hatton	L60	KnutsfordT	13	(5, 10, 8)
= Sandra McGrail	L60	MiddletonH	13	(4, 9, 0)
= Sue Strickland	L60	DragonsRC(13	(7, 11, 6)
= Ann McLaughlin	L60	M'chr Harr	13	(6, 0, 7)
12 Jennifer McGuinness	L60	StockportH	18	(9, 13, 9)
13 Helena McGoldrick	L60	StHSA	24	(0, 14, 10)
14 Kerry Gleave	L60	Running Be	27	(11, 16, 0)
= Lucy Hickey	L60	TraffordAC	27	(12, 15, 0)

Senior Ladies (Vets) aged 65 to 69 — Points after 3 races

1	J Cordingley	L65	SaleHM	2	(1, 0, 1)
2	Anna Ashton	L65	MarpleRun	4	(3, 1, 0)
=	Fiona Bolton	L65	MiddletonH	4	(2, 0, 2)
4	Judith Frankland	L65	Chorlton R	6	(0, 3, 3)
5	Mandy Winckworth	L65	StyalRC	8	(5, 4, 4)

Senior Ladies (Vets) aged 70 to 74 — Points after 3 races

1	Ann-Marie Jones	L70	Macclesfie	2	(1, 1, 0)
2	Helen Todd	L70	StockportH	4	(0, 3, 1)
=	Sue Exon	L70	TraffordAC	4	(2, 4, 2)
4	Teresa Hollins	L70	MiddletonH	6	(3, 0, 3)
5	Ruth Abbott	L70	Chorlton R	10	(0, 6, 4)
6	Carole Williams	L70	ValeRA	13	(0, 8, 5)

Senior Ladies (Vets) over 75 — Points after 3 races

1	Ian Ashcroft	L75	WilmslowRC	3	(0, 2, 1)
2	Alexis Dinsmor	L75	StockportH	5	(0, 3, 2)
3	Christine Eckersley	L75	MiddletonH	7	(0, 4, 3)

Senior Ladies — Points after 3 races

1	K Haggard		Warriors P	2	(2, 1, 1)
2	Lucy Armitage		SaleHM	6	(4, 2, 0)
=	Mollie Williams		StockportH	6	(3, 3, 0)
4	Vicki Cronin		TraffordAC	8	(0, 4, 4)
5	Laura Lombard	L40	Salford Ha	9	(6, 7, 3)
6	K Fitzpatrick	L35	Chorlton R	14	(0, 9, 5)
7	Nia Griffin	U20	Start2jog	15	(11, 8, 7)
8	Amy Weyers	L35	Chorlton R	18	(0, 10, 8)
=	Lucy Clitheroe	U20	StHSA	18	(12, 6, 0)
10	Chloe Elliott	L35	SaleHM	20	(10, 11, 10)
=	Sarah Murphy	L45	ValeRA	20	(8, 12, 0)
12	Sophie Armitage	U20	SaleHM	28	(14, 16, 14)
13	Claire Andrew	L45	WarringtonA	35	(18, 25, 17)
14	Megan Tucker		SaleHM	38	(17, 21, 0)
15	Jo Rosenberg	L45	Altrincham	39	(0, 24, 15)
=	Rachel Brown		Chorlton R	39	(0, 27, 12)
=	Claire Harris	L35	WestCAC	39	(16, 23, 0)
=	Ellie Kemp		LevenshulR	39	(26, 39, 13)
19	Emma Johnson	U20	Macclesfie	43	(21, 22, 0)
20	Heather Hughes		SaleHM	44	(0, 26, 18)
21	Lucy Henson	U20	University	48	(32, 28, 20)
22	Jessica Welsh	L40	SaleHM	49	(28, 0, 21)
23	Evie Smith	U20	Warriors P	50	(19, 31, 0)
24	Oriel Hardman		Salford Ha	51	(22, 29, 0)
=	Kate Meeson		TraffordAC	51	(31, 20, 0)
26	Taylor Massey	U20	StHSA	52	(36, 0, 16)
27	Laura Baker	L40	Warriors P	56	(24, 32, 0)
28	Fiona Blagg	L35	M'chr Tri	62	(0, 35, 27)
=	Wendy Higginbottom	L55	Buxton AC	62	(34, 43, 28)
30	Faye Waterhouse		StockportH	64	(20, 44, 0)
31	Katie Hay		University	69	(33, 0, 36)
32	Emma Nutt		WestCAC	70	(45, 0, 25)
33	Siobhan Woods		Chorlton R	71	(39, 0, 32)
34	Kristy Gill	L45	Macclesfie	72	(30, 42, 0)
=	Laura Brown	L45	Didsbury R	72	(37, 46, 35)
36	Aina Stepanchuk	L40	SalfordMA	77	(43, 58, 34)
37	Anne Chinoy	L50	SaleHM	83	(0, 57, 26)
38	Zoe Storr	L35	TraffordAC	85	(29, 56, 0)
=	Amy Cauley	L35	TraffordAC	85	(35, 122, 50)
40	Rachel Kenyon	L40	M'chr FR	86	(56, 0, 30)
=	Charlotte Wilkinson	U20	HorwichRMI	86	(0, 55, 31)
42	Maria Rooke	U20	East Chesh	90	(40, 50, 78)
=	Anna Begbie	L40	ValeRA	90	(0, 53, 37)
44	Catrin Austin		LevenshulR	92	(41, 51, 0)
=	Jude Peck	L50	ValeRA	92	(54, 0, 38)
46	Anna Woolgar	L50	WestCAC	93	(50, 64, 43)
47	Sarah Smith	U20	Warriors P	96	(48, 48, 0)
48	Francesca Bale		Chorlton R	99	(58, 59, 41)
=	Samantha Newbound		Running Be	99	(47, 71, 52)
50	Amanda Hurndall	L45	SalfordMA	100	(51, 70, 49)
51	Katie Rolfe	L45	Buxton AC	103	(63, 0, 40)
52	Victoria Jackson	L45	Marple Run	104	(53, 77, 51)
53	Katie Vann		M'chr Tri	105	(0, 61, 44)
54	Michelle Vaughan	L50	East Chesh	106	(52, 54, 0)
=	Susan Harrison	L50	WilmslowRC	106	(60, 75, 46)
56	Louisa Harrison	L50	WilmslowRC	113	(46, 67, 0)
57	Winton Julie De	L40	M'chr Tri	114	(59, 95, 55)
58	Milly Lever		HorwichRMI	120	(0, 96, 24)
=	Helen Armitage	L45	SaleHM	120	(73, 86, 47)
60	Victoria Brown	L45	WilmslowRC	121	(55, 66, 0)
61	Amelie Higgins		University	125	(57, 68, 0)
62	Lauren Marsden	L50	SwintonRC	131	(70, 89, 61)
63	Jaine Brocklehurst	L50	SalfordMA	133	(64, 121, 69)
=	Lucy Priestner		M'chr RR	133	(0, 85, 48)
65	Kerrie Wood-Doyle	L55	StockportH	136	(68, 107, 68)
66	Ruth Beresford	L35	TraffordAC	141	(65, 76, 93)
=	Sian Rowley	L45	SaleHM	141	(61, 80, 0)
68	Gemma Davison		DragonsRC(142	(0, 82, 60)
69	Harriet Hamilton	L40	SaleHM	145	(74, 94, 71)
70	Yvonne King		Chorlton R	147	(66, 127, 81)

71	M Glenister-Doyle		M'chr RR	150	(85, 99, 65)
72	Katy Green	L50	WilmslowRC	154	(67, 87, 0)
73	Siobhan Massey	L35	StHSA	157	(80, 0, 77)
=	Hannah Brierley	L35	M'chr YMCA	157	(95, 133, 62)
75	Megan Lewis		East Chesh	158	(107, 100, 58)
76	Ruth Tidd	L40	Altrincham	160	(0, 103, 57)
77	Frances Kenney	L40	WilmslowRC	161	(0, 116, 45)
78	Jennie Pickard	L50	StockportH	162	(0, 90, 72)
79	Charlotte Bliss		Glossopdal	163	(75, 88, 0)
80	Madeleine Hill	L50	DragonsRC(166	(76, 108, 90)
81	Katie Cooper		M'chr Harr	168	(115, 119, 53)
82	Kerry Dunning	L40	Warriors P	170	(96, 0, 74)
83	Sarah Birkett	L35	StHSA	171	(0, 112, 59)
84	Susan Johnson	L45	StHSA	172	(97, 146, 75)
85	Sue Stockdale	L50	Macclesfie	173	(86, 115, 87)
86	Rebecca Mills	L40	SwintonRC	176	(88, 135, 88)
87	Anest Muller	L40	WestCAC	179	(81, 98, 0)
88	Helen Macdonald	L40	HorwichRMI	181	(0, 117, 64)
89	Faye Lawton	L35	WarringtonA	183	(87, 140, 96)
=	Charlotte Stainer		M'chr RR	183	(0, 74, 109)
91	Laura Bell	L40	WinstonR	189	(77, 136, 112)
92	Hannah Taylor	U20	University	192	(78, 114, 0)
93	Abbie Pickard		Didsbury R	193	(84, 109, 0)
=	Helen Morgan	L40	Didsbury R	193	(83, 0, 110)
95	Rebecca Corbett	L35	Buxton AC	195	(90, 147, 105)
96	Stephanie Mallett	L40	Hyde Villa	200	(114, 139, 86)
97	Sarah Renshaw	L40	Chorlton R	201	(102, 131, 99)
98	Kim Davies	L40	Bramhall R	202	(104, 149, 98)
99	Claire Grimmer	L45	KnutsfordT	204	(124, 0, 80)
100	Hollie Steed	L35	Didsbury R	205	(82, 0, 123)
101	J Cordingley	L65	SaleHM	206	(98, 0, 108)
102	Jessica Carey		SwintonRC	207	(0, 134, 73)
=	Anna Aspinall	L40	GoytVS	207	(71, 170, 136)
104	Melanie Monks	L35	TraffordAC	210	(94, 0, 116)
105	Josie Clough		M'chr YMCA	215	(0, 101, 114)
106	Linda Rix	L60	M'chr FR	218	(99, 171, 119)
107	Holly Waddell		DragonsRC(219	(0, 125, 94)
108	Roz Webster	L35	Chorlton R	221	(0, 132, 89)
109	Helen Nation	L45	SwintonRC	226	(111, 159, 115)
110	Suzanne Smith	L45	SaleHM	227	(0, 144, 83)
111	Janine Ellis	L55	WilmslowRC	236	(0, 141, 95)
=	Jessica Mohan		Start2jog	236	(105, 161, 131)
=	Alice Welch	L45	Altrincham	236	(0, 151, 85)
114	Jade Ong		M'chr Tri	237	(110, 155, 127)
115	Charlotte Gilbert	L40	Chorlton R	238	(136, 162, 102)
116	Tracey Griffin	L50	Start2jog	239	(126, 193, 113)
117	Karen Little	L45	Running Be	240	(0, 137, 103)
118	Eloise Billington		Chorlton R	241	(0, 150, 91)
119	Sarah Brown	L50	StockportH	242	(0, 124, 118)
120	Pamela Thurtle	L45	KnutsfordT	243	(91, 152, 0)
=	Kim Rothwell		Bramhall R	243	(164, 173, 79)
122	Emma Banister	L50	Chorlton R	247	(130, 180, 117)
=	Imogen Nutter		StockportH	247	(0, 143, 104)
=	Anne Rosbottom		Wirral Ac	247	(119, 192, 128)
125	Lucy Burch	L50	ValeRA	251	(118, 157, 133)
126	Helena Tinker	L45	Marple Run	252	(113, 0, 139)
127	Rachael Lawrence	L45	Macclesfie	254	(109, 145, 0)
=	Kate Meskell	L35	Saddlewort	254	(106, 148, 0)
129	Joanne Hackett	L55	Macclesfie	256	(112, 0, 144)
130	Lisa Costello	L40	BelleVR	257	(122, 194, 135)
131	Alice Woodbridge		Chorlton R	258	(89, 169, 0)
132	Catherine Hooper		Salford Ha	259	(92, 167, 0)
133	Janet Grint	L45	StockportT	263	(116, 0, 147)
134	Simone Fisher	L50	Start2jog	265	(0, 154, 111)
135	G Holland-Jones	L60	StyalRC	266	(100, 166, 0)
136	Amy Billing	L40	StockportH	276	(128, 0, 148)
137	Joanne Lott	L55	TraffordAC	278	(120, 188, 158)
=	Sarah Foreman		SwintonRC	278	(0, 153, 125)
139	Emma Bradley	U20	HorwichRMI	279	(0, 172, 107)
140	Helen Mutch	L40	MiddletonH	281	(138, 198, 143)
141	Hazel Jones		Start2jog	287	(108, 179, 0)
=	Katie Syrett	L45	Chorlton R	287	(142, 0, 145)
143	Helen Rennie	L35	Bramhall R	289	(0, 160, 129)
=	Marie Godward		Start2jog	289	(0, 165, 124)
145	Sarah Goulden	L35	SaleHM	295	(0, 175, 120)
=	Briony Fagan		M'chr RR	295	(125, 185, 170)
147	Jenny Woods		LevenshulR	297	(155, 224, 142)
148	Katie-Niamh Crawford	L35	Didsbury R	298	(145, 0, 153)
=	Fiona Dyson	L55	Saddlewort	298	(140, 158, 0)
150	T Erdenesuren	L45	Altrincham	299	(117, 182, 0)
151	Steph Hughes	L55	Altrincham	300	(127, 0, 173)
=	Grace O'Neill		Macclesfie	300	(0, 128, 172)
153	Victoria Hall	L50	Didsbury R	303	(163, 187, 140)
154	Ruth Gowers	L45	Buxton AC	306	(129, 177, 0)
155	Georgina Sargent	L35	Wilmslow S	313	(0, 176, 137)
156	Erin Doyle	U20	University	317	(133, 184, 0)
157	Philippa Whittingham	L55	Wilmslow S	319	(0, 189, 130)
158	Cathy Atkinson	L50	M'chr Tri	325	(147, 178, 0)
159	Rachael Clegg	L55	Chorlton R	328	(38, 290, 0)
160	Helen Daly	L45	Chorlton R	335	(159, 231, 176)
161	Jennifer Donaldson	L50	SalfordMA	338	(134, 204, 0)

= Joseph Twigg	Salford Ha	71	(0, 42, 29)	114 Jordan Baxter	LevenshulR	263	(0,167, 96)
24 Liam Braby	Chorlton R	79	(28, 51, 0)	115 Malcolm Orrell	SalfordMA	264	(110,154, 0)
25 Thomas Rogers	TraffordAC	82	(35, 47, 0)	116 Tom Sylvester	DragonsRC(270	(0,165,105)
26 Adam Rosillo	Chorlton R	84	(37, 52, 47)	117 Niall McInnes	M'chrFR	272	(120,152, 0)
27 Michael Brussels	StHSA	87	(68, 81, 19)	118 Paul Minton	East Chesh	276	(115,161, 0)
28 Martin Dickson	LevenshulR	95	(52, 79, 43)	119 Alan Beaumont	M'chr YMCA	279	(0,172,107)
= Duncan Birtwistle	Chorlton R	95	(47, 0, 48)	120 Alexander Vdovin	M'chrFR	282	(123,159, 0)
= Damien McHugh	Didsbury R	95	(54, 61, 41)	121 Evan Roberts	DragonsRC(287	(0,177,110)
= Pierce Lyons	M'chrFR	95	(51, 68, 44)	122 George Raffle	Altrincham	290	(0,179,111)
32 Andrew Curvis	SaleHM	98	(0, 62, 36)	123 Benjamin Sara-Kelly	M'chr YMCA	298	(0,186,112)
33 Robin Hulme	Bramhall R	99	(46, 53, 0)	124 James Stockdale	Marple Run	299	(125,174, 0)
= Mark Condon	M'chr YMCA	99	(45, 77, 54)	125 Lewis Lepley	Didsbury R	300	(0,182,118)
35 Jacob Taylor	East Chesh	101	(41, 60, 0)	126 Owain Morris	Macclesfie	302	(127,175, 0)
36 James Stubbs	Glossopdal	105	(42, 63, 0)	127 Matthew Hill	SalfordMA	310	(130,180, 0)
37 Matt Harratt	Oldham&RH&	106	(39, 67, 0)	128 Joe Jarvis	M'chrFR	312	(128,184, 0)
= Alex Barry	Didsbury R	106	(0, 64, 42)	129 Tom Hall	Start2jog	322	(134,188, 0)
39 Sean Connon	Chorlton R	107	(0, 58, 49)				
40 Matt Crichton	SwintonRC	113	(0, 82, 31)				
41 Nicholas Jackson	M'chr YMCA	117	(0, 71, 46)	Senior Men (Vets) aged 40 to 44 — Points after 3 races			
42 Peter Williams	Wilmslow S	118	(73, 87, 45)	1 Andrew Norman	V40 Altrincham	4	(3, 1, 0)
= Rob Cleaver	LevenshulR	118	(48, 70, 0)	2 Adam Rashud	V40 WarringtoA	7	(7, 2, 5)
44 Philip Tomkinson	M'chr YMCA	119	(59, 86, 60)	= Michael Holness	V40 East Chesh	7	(1, 0, 6)
45 Robert Jackson	WilmslowRC	122	(44, 78, 0)	= David Wyeth	V40 Chorlton R	7	(10, 3, 4)
46 Ben Greene	Macclesfie	125	(0, 74, 51)	5 Chris Webb	V40 Salford Ha	12	(0, 4, 8)
47 Oliver Woodcock	Start2jog	127	(56, 0, 71)	6 Michael Berks	V40 Altrincham	13	(6, 0, 7)
48 Ben Light	Buxton AC	128	(55, 73, 0)	= Mark Shatwell	V40 StockportH	13	(8, 5, 9)
= Meng Leong	Didsbury R	128	(66, 84, 62)	8 Steven Townley	V40 Didsbury R	19	(12, 7, 0)
50 Callum Parkinson	East Chesh	129	(53, 76, 0)	9 Michael Merchant	V40 M'chr Harr	22	(16, 6, 0)
51 Dayle Dwyer	SalfordMA	131	(74, 0, 57)	10 Tom Stephenson	V40 SaleHM	24	(23, 9, 15)
52 D Harrison-Croft	M'chrRR	135	(69, 91, 66)	11 Tom McMahon	V40 East Chesh	25	(14, 0, 11)
53 Ashley Farrell	WilmslowRC	141	(0, 83, 58)	12 Colin Latham	V40 DragonsRC(27	(19, 11, 16)
54 Dan Scotson	Didsbury R	143	(0, 80, 63)	13 Richard Dunning	V40 Warriors P	31	(21, 10, 21)
55 Blair Paterson	M'chrFR	144	(0, 85, 59)	= Paul Grabe	V40 Warriors P	31	(24, 17, 14)
56 Tom Arthur	Chorlton R	145	(36, 0, 109)	15 Peter O'Neill	V40 SaleHM	35	(0, 18, 17)
= Kitt Garvey	LevenshulR	145	(0, 92, 53)	= Matt Moran	V40 Bramhall R	35	(20, 15, 0)
58 Mark Cordiner	SwintonRC	146	(78,101, 68)	17 James Hartshorne	V40 East Chesh	37	(0, 14, 23)
59 Benjamin Brown	Chorlton R	148	(79,105, 69)	18 Wayne Shaw	V40 SaleHM	44	(0, 26, 18)
60 Joe Tant	WinstonR	149	(0, 93, 56)	19 Matthew Allen	V40 Altrincham	46	(29, 22, 24)
61 Paul Morrison	WestCAC	150	(75, 75, 0)	20 Christopher Topping	V40 SaleHM	48	(25, 23, 0)
62 Miles Moran	Didsbury R	152	(72,129, 80)	21 Richard Jackson	V40 SwintonRC	51	(26, 0, 25)
63 Joe Callaghan	Didsbury R	155	(65, 90, 0)	22 George Steele	V40 M'chr Harr	52	(30, 30, 22)
64 Louis James	Chorlton R	158	(88,107, 70)	23 Mark Johnson	V40 SaleHM	57	(28, 29, 0)
= George Cooper	M'chrFR	158	(64, 94, 0)	24 Paul Connolly	V40 SalfordMA	58	(33, 31, 27)
66 Joseph Hayes	M'chr YMCA	159	(84,106, 75)	25 John Weaver	V40 MiddletonH	63	(38, 25, 39)
67 Adam Turner	DragonsRC(160	(87,117, 73)	26 Dan Levin	V40 Didsbury R	64	(0, 33, 31)
68 T Boyesen-Corballis	LevenshulR	163	(86, 0, 77)	27 Stephen Kirk	V40 Hyde Villa	65	(0, 35, 30)
69 Daniel Bailey	M'chr YMCA	166	(0,102, 64)	28 Peter Dean	V40 StockportH	73	(35, 38, 0)
70 Thomas Clowes	Chorlton R	170	(62, 0,108)	= Michael Donigan	V40 SwintonRC	73	(0, 40, 33)
= Thomas Grime	M'chrRR	170	(71, 99, 0)	30 David Booth	V40 Macclesfie	76	(0, 39, 37)
= Arthur Raffle	Altrincham	170	(0,118, 52)	31 Matthew Conner	V40 Chorlton R	77	(0, 41, 36)
73 Joshua Southall	Glossopdal	174	(70,104, 0)	32 Steven Ward	V40 DragonsRC(78	(44, 44, 34)
74 Matthew Furniss	Marple Run	175	(0,103, 72)	33 Andrew Tomlinson	V40 Wilmslow S	79	(43, 36, 0)
75 Chris Essex	Didsbury R	177	(96, 0, 81)	= Neil Ryan	V40 M'chr Harr	79	(42, 37, 0)
76 Daniel Martin	SwintonRC	178	(94,142, 84)	35 Lee Marks	V40 SalfordMA	81	(46, 51, 35)
= Nick Bugler	Altrincham	178	(0,100, 78)	36 Chris Harries	V40 BelleVR	84	(48, 42, 42)
78 Callum D'souza	Buxton AC	193	(104,138, 89)	37 Michael Wilkinson	V40 HorwichRMI	85	(0, 47, 38)
79 Sebastian Bate	Chorlton R	195	(103,162, 92)	38 Martin Forker	V40 M'chr Tri	88	(0, 48, 40)
= Christopher Tait	SaleHM	195	(76,119, 0)	39 Nicholas Colwill	V40 Chorlton R	90	(47, 46, 44)
= Sam Johnson	StockportH	195	(95, 0,100)	40 Etienne Humphries	V40 Chorlton R	91	(50, 0, 41)
82 Richard Brierley	M'chr YMCA	197	(83,114, 0)	41 Chris Woolfenden	V40 M'chrFR	94	(51, 0, 43)
83 Dan Martell	Altrincham	198	(0,133, 65)	42 Craig Butterworth	V40 Hyde Villa	98	(49, 49, 0)
= Jack Miller	Wilmslow S	198	(107, 0, 91)	43 Alan Mahoney	V40 StHSA	99	(54, 56, 45)
85 Doug Webb	LevenshulR	199	(0,125, 74)	44 Graeme Wilkinson	V40 M'chr YMCA	106	(57, 60, 49)
86 Oliver Fairbairn	Wilmslow S	203	(90,113, 0)	45 Tim Watson	V40 LevenshulR	108	(53, 55, 0)
87 Christopher Walton	M'chr Tri	206	(0,130, 76)	46 Paul Brownbill	V40 StHSA	113	(56, 57, 0)
= James Braban	Chorlton R	206	(0,127, 79)				
89 Tom Williams	M'chrRR	217	(113,155,104)	Senior Men (Vets) aged 45 to 49 — Points after 3 races			
90 Jamie Soul	Didsbury R	218	(116,163,102)	1 Matthew Barnes	V45 SaleHM	2	(0, 1, 1)
91 Alexander Ratcliffe	Marple Run	219	(118, 0,101)	2 David Norman	V45 Altrincham	3	(1, 2, 0)
92 Thomas Lewis	M'chrRR	220	(105,145,115)	3 Richard Coen	V45 WilmslowRC	6	(0, 3, 3)
= Michael Norbury	Didsbury R	220	(0,134, 86)	= Peter Speake	V45 WilmslowRC	6	(4, 0, 2)
94 Sam Poland	Chorlton R	221	(89,132, 0)	5 Nick Leigh	V45 HorwichRMI	7	(2, 5, 0)
95 John McIntyre	DragonsRC(223	(0,136, 87)	= Ben Tetler	V45 Glossopdal	7	(3, 4, 0)
96 Dean Barker-Smith	SwintonRC	224	(126,178, 98)	7 Steven Anders	V45 StHSA	14	(7, 11, 7)
= William McDonald	Buxton AC	224	(121,171,103)	= Mark Crabtree	V45 ValeRA	14	(0, 10, 4)
98 Anthony McGuirk	M'chr Tri	240	(124, 0,116)	9 Chris Donnelly	V45 SaleHM	16	(10, 0, 6)
99 Michael Kennedy	East Chesh	241	(102,139, 0)	= James Titmuss	V45 HorwichRMI	16	(8, 12, 8)
100 William Franks	Chorlton R	246	(129,169,117)	11 Mark Walker	V45 Macclesfie	21	(0, 16, 5)
101 Gary Donaldson	Buxton AC	247	(0,157, 90)	12 James Mackie	V45 Wirral Ac	22	(9, 13, 0)
102 Chris Bennett	LevenshulR	248	(135, 0,113)	13 Robin Horner	V45 East Chesh	23	(17, 14, 9)
103 Max Waring	University	251	(111,140, 0)	14 Michael Stansfield	V45 Saddlewort	26	(11, 15, 0)
= Jonathan Coulson	M'chrRR	251	(132, 0,119)	15 Chris Birkett	V45 StHSA	27	(14, 0, 13)
105 A Nithianantharajah	University	253	(122,131, 0)	16 Vic Walsh	V45 BelleVR	29	(15, 22, 14)
= Liam Ward	M'chr YMCA	253	(0,158, 95)	17 Lee Robinson	V45 Oldham&RH&	30	(12, 0, 18)
107 Nick Grayson	Start2jog	254	(133, 0,121)	18 Darren Smith	V45 Hyde Villa	33	(19, 17, 16)
108 Lewis Bigham	Glossopdal	255	(109,146, 0)	19 Jonathan Aust	V45 East Chesh	35	(20, 26, 15)
= Andrew Neilson	Wilmslow S	255	(108,147, 0)	20 Robert Roe	V45 ValeRA	37	(18, 0, 19)
110 Mishka Pillay	MiddletonH	256	(136, 0,120)	21 Philip Burns	V45 StockportH	38	(16, 25, 22)
111 Robert Maidstone	Start2jog	260	(138, 0,122)	= Jonathon Knight	V45 StockportH	38	(21, 23, 17)
112 Nicholas Barton	LevenshulR	261	(112,149, 0)	= Matt Darnley	V45 Bramhall R	38	(27, 30, 11)
= Louis Bravo	Chorlton R	261	(0,164, 97)	24 Jono Guildford	V45 M'chrFR	43	(22, 0, 21)
				25 Andy Quicke	V45 WilmslowRC	44	(24, 20, 0)

26	Mark Keatley	V45	Didsbury R	48	(23, 0, 25)
27	Robert Olliver	V45	ValeRA	51	(0, 27, 24)
	= Guy Weaver	V45	Chorlton R	51	(28, 34, 23)
29	David Hudson	V45	Salford Ha	54	(25, 29, 0)
30	Andy Adkin	V45	Chorlton R	56	(0, 21, 35)
31	Robert Fairbanks	V45	SaleHM	58	(32, 41, 26)
32	Chris Kershaw	V45	Bramhall R	62	(33, 0, 29)
	= Matt Farr	V45	Didsbury R	62	(35, 46, 27)
34	Pete Woodhead	V45	GoytVS	68	(43, 37, 31)
	= James Wood	V45	Macclesfie	68	(38, 38, 30)
	= Richard Knight	V45	SalfordMA	68	(40, 42, 28)
	= Mark Pagram	V45	M'chr Tri	68	(30, 0, 38)
38	Rob Sheldon	V45	Glossopdal	71	(39, 45, 32)
39	Phil Ramsey	V45	Bramhall R	73	(34, 39, 0)
40	Matthew Crimes	V45	M'chr Harr	76	(42, 35, 41)
41	Graeme Eddie	V45	Macclesfie	77	(37, 40, 0)
42	Lee McKeown	V45	Wirral Ac	79	(36, 43, 0)
43	Rhys Jones	V45	KnutsfordT	82	(0, 48, 34)
44	Martin Johnson	V45	StHSA	83	(47, 0, 36)
45	Phil Facey	V45	M'chr YMCA	84	(0, 51, 33)
46	David Ward	V45	ValeRA	85	(48, 0, 37)
47	Matthew Herbert	V45	Didsbury R	89	(45, 44, 0)
48	Chris Sewart	V45	M'chr Harr	94	(55, 58, 39)
49	McNally Richard Bond	V45	StyalRC	98	(54, 0, 44)
50	Steve Billington	V45	SwintonRC	102	(0, 60, 42)
51	Michael Connelly	V45	Marple Run	105	(60, 0, 45)
52	Martin Burke	V45	SalfordMA	109	(56, 53, 0)
	= Duncan Campbell	V45	Buxton AC	109	(52, 57, 0)
54	Dominic Parry	V45	RadcliffeA	110	(0, 62, 48)
55	Stephen Davison	V45	Chorlton R	112	(53, 59, 0)
56	David Brocklebank	V45	Chorlton R	122	(58, 64, 0)
57	Mohammed Faruque	V45	LevenshulR	127	(61, 66, 0)
58	Tom Turner	V45	Start2jog	131	(62, 69, 0)
	= Jason Gould	V45	Start2jog	131	(64, 67, 0)

Senior Men (Vets) aged 50 to 54 — Points after 3 races

1	Gareth Raven	V50	Salford Ha	2	(4, 1, 1)
2	Stuart Doyle	V50	ValeRA	4	(1, 3, 3)
3	Julian Goudge	V50	HorwichRMI	7	(2, 5, 0)
4	Jeff Prest	V50	TraffordAC	10	(8, 0, 2)
5	Robert White	V50	Buxton AC	15	(0, 10, 5)
6	Olivier Gaillemin	V50	SaleHM	17	(10, 11, 7)
7	Andrew Wilson	V50	StHSA	22	(15, 14, 8)
8	Paul Noble	V50	SaleHM	25	(0, 12, 13)
9	Jim Pendrill	V50	Macclesfie	27	(0, 15, 12)
10	Frank Podd	V50	Bramhall R	28	(14, 17, 14)
	= Roger Thomas	V50	M'chr Tri	28	(12, 21, 16)
12	John Ash	V50	M'chr FR	30	(19, 20, 11)
13	Jason Bowers	V50	SaleHM	31	(13, 18, 0)
	= Gareth Briggs	V50	Macclesfie	31	(16, 22, 15)
15	James Corden	V50	StockportH	35	(18, 23, 17)
16	Paul Graveney	V50	StockportT	43	(21, 0, 22)
17	John Stockdale	V50	Marple Run	44	(17, 27, 0)
18	Steve Grace	V50	Marple Run	45	(24, 0, 21)
19	Jonathan Sewell	V50	Buxton AC	46	(20, 26, 0)
20	Shane Wolstencroft	V50	SalfordMA	47	(23, 0, 24)
21	Steven Gavin	V50	SaleHM	48	(0, 28, 20)
22	Andrew Almond	V50	M'chr Harr	50	(27, 33, 23)
	= Stephen Taylor	V50	M'chr Tri	50	(25, 25, 0)
24	Paul Gee	V50	SalfordMA	53	(0, 34, 19)
	= Dennis Thomas	V50	East Chesh	53	(22, 31, 0)
26	Michael Bean	V50	Didsbury R	59	(28, 0, 31)
27	Mark Day	V50	SaleHM	62	(30, 35, 32)
28	Damian Aspin	V50	M'chr Tri	64	(0, 37, 27)
29	Stephen Greaves	V50	WilmslowRC	65	(40, 36, 29)
30	Mark Smith	V50	StockportH	66	(32, 45, 34)
	= Ian Sharpe	V50	Chorlton R	66	(26, 0, 40)
32	Gareth Stockdale	V50	Macclesfie	67	(31, 0, 36)
33	Colin Caisley	V50	WilmslowRC	69	(0, 39, 30)
34	Barry Fenton	V50	M'chr Harr	70	(0, 42, 28)
35	Colin Shore	V50	StockportT	72	(37, 46, 35)
36	Andrew Vaughan	V50	Didsbury R	73	(34, 48, 39)
	= Ronan Kearney	V50	Warriors P	73	(36, 0, 37)
38	David Haines	V50	ValeRA	79	(38, 41, 0)
39	Geoff Fawkes	V50	ValeRA	82	(41, 49, 41)
40	Jonathan Atkinson	V50	Didsbury R	88	(44, 52, 44)
41	Gavin Nixon	V50	Marple Run	91	(46, 56, 45)
42	Toby Pogson	V50	M'chr Tri	94	(0, 51, 43)
43	Dave Gaskell	V50	KnutsfordT	96	(0, 54, 42)
44	Julian Tegg	V50	WestCAC	100	(45, 55, 0)

Senior Men (Vets) aged 55 to 59 — Points after 3 races

1	Andy Porter	V55	Bramhall R	2	(0, 1, 1)
2	Tim Shanker	V55	M'chr YMCA	4	(2, 0, 2)
	= Richard Johnson	V55	Altrincham	4	(1, 4, 3)
4	Gareth Williams	V55	ValeRA	12	(5, 7, 0)
	= Jonathan Leslie	V55	Altrincham	12	(8, 8, 4)
6	Andrew Clague	V55	WestCAC	16	(6, 10, 0)
7	Ian Simpson	V55	ValeRA	17	(0, 11, 6)
8	Craig Leith	V55	Start2jog	18	(7, 13, 11)
9	Tim Johns	V55	M'chr Tri	19	(9, 12, 10)

10	Ray O'Keefe	V55	Macclesfie	29	(14, 15, 0)
11	Ian Bowker	V55	Marple Run	33	(11, 22, 0)
	= Andrew Lidstone	V55	Buxton AC	33	(0, 21, 12)
13	Michael Unsworth	V55	Glossopdal	34	(15, 19, 0)
14	Richard Kenneough	V55	Altrincham	35	(12, 23, 0)
15	Barry Graney	V55	StHSA	36	(16, 0, 20)
	= Adam Brown	V55	Bramhall R	36	(21, 25, 15)
17	Lloyd Barlow	V55	M'chr Harr	37	(19, 18, 0)
	= Peter Daly	V55	Glossopdal	37	(13, 24, 0)
19	Paul Maybury	V55	DragonsRC(43	(0, 26, 17)
20	Stephen Brown	V55	StockportH	45	(0, 31, 14)
21	Gary Morrison	V55	WilmslowRC	47	(18, 29, 0)
22	Steve Lomas	V55	Macclesfie	48	(0, 39, 9)
	= Paul Markall	V55	Buxton AC	48	(29, 34, 19)
24	Mark Shuttleworth	V55	SalfordMA	49	(22, 27, 0)
25	Simon Davidson	V55	M'chr Tri	56	(31, 0, 25)
26	Farouk Vawda	V55	BelleVR	57	(35, 37, 22)
27	Nick Roberts	V55	StockportT	58	(32, 44, 26)
	= Ray Devine	V55	SalfordMA	58	(0, 35, 23)
29	Warren Bowden	V55	Chorlton R	60	(27, 33, 0)
30	Jeff Blackford	V55	Didsbury R	64	(0, 40, 24)
31	Andrew Horrocks	V55	Hyde Villa	70	(28, 42, 0)
32	Mark Gamblin	V55	Chorlton R	73	(30, 43, 0)
33	Mark Warner	V55	Marple Run	82	(36, 46, 0)

Senior Men (Vets) aged 60 to 64 — Points after 3 races

1	Stephen Watmough	V60	WarringtonA	2	(1, 1, 1)
2	Paul Oakley	V60	GoytVS	4	(2, 2, 2)
3	Richard Evans	V60	Altrincham	7	(3, 0, 4)
4	Richard Byers	V60	TraffordAC	9	(5, 4, 0)
5	David Soles	V60	Buxton AC	12	(7, 7, 5)
6	Phil Kemp	V60	Didsbury R	13	(8, 5, 8)
	= David Norman	V60	WarringtonA	13	(10, 3, 0)
8	Roberto Raso	V60	M'chr FR	14	(11, 8, 6)
9	Paul Beckett	V60	StockportT	21	(12, 9, 0)
10	Steven Doxey	V60	SwintonRC	22	(0, 13, 9)
11	Trevor Rayner	V60	Salford Ha	26	(14, 15, 12)
12	Phil Vesey	V60	Altrincham	27	(15, 12, 0)
13	Anthony Harrison	V60	WinstonR	30	(16, 14, 17)
14	Sean Glaister	V60	Chorlton R	31	(19, 16, 15)
15	Frank Cordingley	V60	SaleHM	35	(21, 0, 14)
16	Ian Smallwood	V60	WilmslowRC	36	(18, 18, 0)
17	Andy Wood	V60	BelleVR	38	(0, 19, 19)
	= Rob Todd	V60	DragonsRC(38	(22, 20, 18)
19	Iain Johnson	V60	Start2jog	42	(23, 22, 20)
20	Toby Gold	V60	Wilmslow S	45	(24, 21, 0)
21	Julian Sacofsky	V60	LevenshulR	46	(25, 0, 21)

Senior Men (Vets) aged 65 to 69 — Points after 3 races

1	Aidan Raftery	V65	SaleHM	2	(1, 1, 1)
2	Tom McGaff	V65	WilmslowRC	4	(2, 2, 11)
3	Mike Race	V65	SalfordMA	5	(3, 3, 2)
4	David Chrystie-Lowe	V65	Glossopdal	8	(5, 0, 3)
5	Paul Barber	V65	WinstonR	10	(6, 7, 4)
6	Steve Shaughnessy	V65	StockportH	11	(0, 6, 5)
7	Patrick O'Brien	V65	BelleVR	14	(8, 10, 6)
8	Phil Wilcoxon	V65	BelleVR	16	(0, 8, 8)
	= Pete Stock	V65	WilmslowRC	16	(0, 9, 7)
10	Victor Ridding	V65	LevenshulR	20	(0, 11, 9)
11	David Barnes	V65	HorwichRMI	21	(9, 12, 0)

Senior Men (Vets) aged 70 to 74 — Points after 3 races

1	David Gee	L70	M'chr Harr	2	(0, 1, 1)
2	Tony Archer	V70	ValeRA	3	(1, 2, 4)
3	Andy Watts	L70	WilmslowRC	5	(0, 3, 2)
4	John Clarke	V70	ValeRA	6	(3, 4, 3)
5	Alan Garvey	V70	MiddletonH	9	(4, 6, 5)
6	John Archer	V70	SaleHM	12	(5, 7, 0)
7	Glyn Davies	V70	SwintonRC	14	(6, 8, 0)

Senior Men (Vets) over 75 — Points after 3 races

1	Michael Curley	V75	Chorlton R	2	(1, 1, 1)
2	Michael Cunningham	V75	M'chr Harr	4	(2, 2, 2)
3	Robert Taylor	V75	StockportH	7	(3, 4, 4)
4	Zcynel Aydin	L75	MiddletonH	8	(0, 3, 5)

Senior Men — Points after 3 races

1	Arlo Ludewick	SaleHM	3	(2, 3, 1)	
2	Nicholas Barry	SaleHM	8	(4, 4, 6)	
3	Callum Rowlinson	Salford Ha	10	(7, 0, 3)	
4	Aaron Doyle	ValeRA	17	(14, 12, 5)	
	= Campo Sebastian Del	MMU	17	(12, 7, 10)	
6	Charlie Harding	Salford Ha	18	(0, 14, 4)	
	= George Noble	U20	SaleHM	18	(0, 11, 7)
8	Finlay Day	U20	SaleHM	19	(8, 0, 11)
	= Matthew Cooper	Salford Ha	19	(6, 13, 14)	
10	Chris Williams	ValeRA	21	(15, 6, 0)	
11	Gavin Browne	East Chesh	32	(21, 20, 12)	
12	Lewis Eccleston	M'chr Tri	35	(0, 26, 9)	
13	Andrew Norman	V40	Altrincham	38	(19, 19, 0)
14	Adetomiwa Oladiti	SaleHM	40	(0, 18, 22)	

15 Akkeal Chambers	Salford Ha	41	(24, 17, 0)	106 Jonathan Aust	V45	East Chesh	253	(137,198,116)
16 Philip Radford	Chorlton R	50	(0, 30, 20)	= Ashley Farrell		WilmslowRC	253	(0,147,106)
17 Michael Holness	V40 East Chesh	53	(10, 0, 43)	108 Darren Smith	V45	Hyde Villa	254	(136,146,118)
= Matthew Barnes	V45 SaleHM	53	(0, 32, 21)	109 Dayle Dwyer		SalfordMA	258	(153, 0,105)
19 Jack Heap	U20 Wirral Ac	56	(27, 37, 29)	110 Dan Scotson		Didsbury R	259	(0,139,120)
20 David Norman	V45 Altrincham	59	(23, 36, 0)	111 Blair Paterson		M'chrFR	263	(0,155,108)
21 Rhys Bowden	U20 ValeRA	65	(26, 40, 39)	112 Kitt Garvey		LevenshulR	265	(0, 170, 95)
22 Gareth Raven	V50 Salford Ha	66	(75, 38, 28)	113 Matt Moran	V40	Bramhall R	266	(123,143, 0)
23 Doyle Jacob Wood	StockportH	68	(0, 42, 26)	114 Robert Roe	V45	ValeRA	269	(135, 0,134)
24 Phil Richardson	SaleHM	70	(35, 35, 36)	115 Jonathon Knight	V45	StockportH	270	(145,165,125)
25 Richard Coen	V45 WilmslowRC	71	(0, 41, 30)	116 Paul Oakley	V60	GoytVS	271	(149,190,122)
26 Oliver Bailey	U20 Staffs Moo	72	(28, 44, 0)	117 D Harrison-Croft		M'chrRR	273	(140,168,133)
= Peter Speake	V45 WilmslowRC	72	(48, 0, 24)	118 Joe Tant		WinstonR	276	(0,172,104)
28 Adam Rashud	V40 WarringtonA	78	(37, 45, 41)	119 Matt Darnley	V45	Bramhall R	278	(185,239, 93)
29 Michael Berks	V40 Altrincham	79	(33, 0, 46)	120 Andrew Wilson	V50	StHSA	279	(169,174,110)
30 Daniel Bird	SwintonRC	82	(38, 67, 44)	121 Philip Burns	V45	StockportH	281	(122,197,159)
31 Nick Leigh	V45 HorwichRMI	83	(25, 58, 0)	122 James Hartshorne	V40	East Chesh	285	(0,141,144)
32 Josh Watson	U20 TraffordAC	84	(0, 47, 37)	123 Paul Morrison		WestCAC	288	(155,133, 0)
33 David Wyeth	V40 Chorlton R	87	(47, 53, 40)	124 Peter O'Neill	V40	SaleHM	292	(0,171,121)
34 Mark Shatwell	V40 StockportH	93	(40, 75, 53)	= Will Nettle	U20	Macclesfie	292	(141,151, 0)
= Ben Tetler	V45 Glossopdal	93	(42, 51, 0)	126 Paul Noble	V50	SaleHM	295	(0,156,139)
36 George Langford	Chorlton R	97	(55, 64, 42)	= Roger Thomas	V50	M'chr Tri	295	(143,229,152)
37 Marcus Law	Salford Ha	101	(41, 60, 0)	128 Joe Callaghan		Didsbury R	299	(132,167, 0)
38 Harry Hind	StockportH	103	(39, 80, 64)	129 Richard Jackson	V40	SwintonRC	303	(154, 0,149)
39 Oliver Williams	ValeRA	104	(34, 0, 70)	130 George Cooper		M'chrFR	304	(131,173, 0)
40 Isaac Battye	U20 HorwichRMI	106	(0, 56, 50)	= Mark Cordiner		SwintonRC	304	(164,186,140)
= Stuart Doyle	V50 ValeRA	106	(49, 57, 58)	= Frank Podd	V50	Bramhall R	304	(162,200,142)
= Jack Catterall	U20 StockportH	106	(54, 84, 52)	133 Benjamin Brown		Chorlton R	306	(165,195,141)
43 Joseph Twigg	Salford Ha	108	(0, 61, 47)	134 Jono Guildford	V45	M'chrFR	307	(150, 0,157)
44 Chris Webb	V40 Salford Ha	116	(0, 68, 48)	135 George Steele	V40	M'chr Harr	309	(171,232,138)
45 Liam Braby	Chorlton R	119	(46, 73, 0)	= Matthew Allen	V40	Altrincham	309	(163,187,146)
46 Sam Barratt	M'chr Tri	122	(63, 0, 59)	137 Daniel Bailey		M'chr YMCA	312	(0,189,123)
= Jonathan Pickup	Didsbury R	122	(56, 0, 66)	138 Miles Moran		Didsbury R	313	(147,247,166)
48 Thomas Rogers	TraffordAC	124	(58, 66, 0)	139 Jim Pendrill	V50	Macclesfie	314	(0,178,136)
49 Andy Porter	V55 Bramhall R	135	(0, 81, 54)	140 Arthur Raffle		Altrincham	316	(0,222, 94)
50 Adam Rosillo	Chorlton R	137	(61, 76, 85)	141 Richard Evans	V60	Altrincham	321	(176, 0,145)
51 Mark Crabtree	V45 ValeRA	138	(0, 87, 51)	142 Tom Arthur		Chorlton R	322	(59, 0,263)
52 Steven Anders	V45 StHSA	145	(72, 98, 73)	143 Wayne Shaw	V40	SaleHM	327	(0,203,124)
53 James Titmuss	V45 HorwichRMI	150	(76,100, 74)	144 Andy Quicke	V45	WilmslowRC	328	(168,160, 0)
54 Chris Donnelly	V45 SaleHM	151	(84, 0, 67)	145 Thomas Grime		M'chr RR	330	(146,184, 0)
= Robin Hulme	Bramhall R	151	(74, 77, 0)	146 Louis James		Chorlton R	331	(188,201,143)
56 Jeff Prest	V50 TraffordAC	153	(104, 0, 49)	147 Gareth Briggs	V50	Macclesfie	336	(189,236,147)
57 Julian Goudge	V50 HorwichRMI	155	(62, 93, 0)	148 John Ash	V50	M'chr FR	337	(202,228,135)
58 Jacob Taylor	East Chesh	158	(67, 91, 0)	= Joshua Southall		Glossopdal	337	(144,193, 0)
59 Damien McHugh	Didsbury R	163	(99, 92, 71)	150 Joseph Hayes		M'chr YMCA	338	(177,199,161)
60 Andrew Curvis	SaleHM	164	(0,101, 63)	= Adam Turner		DragonsRC(338	(183,217,155)
= Dan Partington	U20 TraffordAC	164	(89,109, 75)	152 Christopher Topping	V40	SaleHM	339	(148,191, 0)
= Michael Brussels	StHSA	164	(139,142, 25)	153 Mark Keatley	V45	Didsbury R	342	(166, 0,176)
63 Duncan Birtwistle	Chorlton R	166	(79, 0, 87)	= Matthew Furniss		Marple Run	342	(0,192,150)
64 Pierce Lyons	M'chr FR	169	(91,115, 78)	= T Boyesen-Corballis		LevenshulR	342	(179, 0,163)
= Martin Dickson	LevenshulR	169	(92,138, 77)	156 Nick Bugler		Altrincham	349	(0,185,164)
66 James Stubbs	Glossopdal	172	(68,104, 0)	157 James Corden	V50	StockportH	350	(196,253,154)
67 Mark Condon	M'chr YMCA	175	(73,136,102)	158 Paul Connolly	V40	SalfordMA	355	(195,251,160)
= Matthew Barker	U20 MMU	175	(93, 82, 0)	159 Guy Weaver	V45	Chorlton R	359	(186,265,173)
69 Matt Harratt	Oldham&RH&	176	(64,112, 0)	160 Jason Bowers	V50	SaleHM	365	(159,206, 0)
= Sean Cannon	Chorlton R	176	(0, 88, 88)	161 Harley Milburn	U20	MMU	376	(209,227,167)
71 Steven Townley	V40 Didsbury R	177	(82, 95, 0)	162 Christopher Tait		SaleHM	380	(157,223, 0)
72 Alex Barry	Didsbury R	181	(0,105, 76)	163 Gareth Williams	V55	ValeRA	381	(173,208, 0)
73 Stephen Watmough	V60 WarringtonA	183	(100,128, 83)	164 Jonathan Leslie	V55	Altrincham	382	(214,220,168)
74 James Mackie	V45 Wirral Ac	188	(81,107, 0)	165 Thomas Clowes		Chorlton R	383	(121, 0,262)
75 Daniel Groves	U20 University	191	(80,111, 0)	166 Dan Martell		Altrincham	386	(0,256,130)
76 Toby Robinson	U20 TraffordAC	193	(113,157, 80)	= Robert Olliver	V45	ValeRA	386	(0,212,174)
= Tom McMahon	V45 East Chesh	193	(96, 0, 97)	= Chris Essex		Didsbury R	386	(217, 0,169)
78 Richard Johnson	V55 Altrincham	194	(94,164,100)	= Robert Fairbanks	V45	SaleHM	386	(203,288,183)
79 Robin Horner	V45 East Chesh	199	(126,113, 86)	170 Mark Johnson	V40	SaleHM	387	(161,226, 0)
80 Matt Crichton	SwintonRC	201	(0,144, 57)	171 Daniel Martin		SwintonRC	388	(211,271,177)
= Rob Cleaver	LevenshulR	201	(83,118, 0)	= Richard Brierley		M'chr YMCA	388	(174,214, 0)
82 Keir McCulloch	U20 University	202	(88,114, 0)	173 Andy Adkin	V45	Chorlton R	394	(0,161,233)
83 Tim Shanker	V55 M'chr YMCA	203	(112, 0, 91)	174 Doug Webb		LevenshulR	398	(0,240,158)
= Michael Merchant	V40 M'chr Harr	203	(109, 94, 0)	175 James Braban		Chorlton R	409	(0,244,165)
85 Nicholas Jackson	M'chr YMCA	206	(0,122, 84)	176 Edward Gough	U20	StockportH	410	(337, 97,313)
86 Robert White	V50 Buxton AC	208	(0,129, 79)	= Christopher Walton		M'chr Tri	410	(0,248,162)
= Robert Jackson	WilmslowRC	208	(71,137, 0)	= Aidan Raftery	V65	SaleHM	410	(205,257,205)
88 Callum Fricker	U20 East Chesh	210	(90,120, 0)	= David Hudson	V45	Salford Ha	410	(175,235, 0)
= Mark Walker	V45 Macclesfie	210	(0,145, 65)	180 Chris Kershaw	V45	Bramhall R	412	(216, 0,196)
90 Chris Birkett	V45 StHSA	215	(117, 0, 98)	= Matt Farr	V45	Didsbury R	412	(221,319,191)
91 Ben Greene	Macclesfie	220	(0,130, 90)	182 Oliver Fairbairn		Wilmslow S	413	(200,213, 0)
92 Olivier Gaillemain	V50 SaleHM	224	(125,131, 99)	183 Paul Graveney	V50	StockportT	418	(219, 0,199)
= Michael Stansfield	V45 Saddlewort	224	(101,123, 0)	184 Callum D'souza		Buxton AC	420	(234,264,186)
94 Philip Tomkinson	M'chr YMCA	225	(114,158,111)	185 Craig Leith	V55	Start2jog	427	(212,296,215)
95 Tom Stephenson	V40 SaleHM	229	(133,117,112)	186 Sebastian Bate		Chorlton R	428	(233,340,195)
= Ben Light	Buxton AC	229	(102,127, 0)	187 Richard Knight	V45	SalfordMA	429	(236,289,193)
97 Callum Parkinson	East Chesh	230	(95,135, 0)	188 Tim Johns	V55	M'chr Tri	433	(223,294,210)
98 Lee Robinson	V45 Oldham&RH&	232	(106, 0,126)	189 James Wood	V45	Macclesfie	435	(228,284,207)
99 Vic Walsh	V45 BelleVR	233	(120,162,113)	190 Richard Byers	V60	TraffordAC	436	(184,252, 0)
= Peter Williams	Wilmslow S	233	(151,159, 82)	191 Michael Norbury		Didsbury R	438	(0,258,180)
101 Colin Latham	V40 DragonsRC(236	(119,125,117)	= John Weaver	V40	MiddletonH	438	(242,196,242)
102 Richard Dunning	V40 Warriors P	248	(127,121,131)	193 Andrew Clague	V55	WestCAC	439	(180,259, 0)
103 Meng Leong	Didsbury R	249	(134,152,115)	194 David Soles	V60	Buxton AC	440	(238,314,202)
104 Paul Grabe	V40 Warriors P	251	(142,154,109)	195 Jack Miller		Wilmslow S	444	(254, 0,190)
= Oliver Woodcock	Start2jog	251	(103, 0,148)	196 Mark Pagram	V45	M'chr Tri	446	(197, 0,249)

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= John McIntyre		DragonsRC(446	(0,262,184)	288 William Franks		Chorlton R	629	(336,380,293)
198 Sam Poland		Chorlton R	447	(192,255, 0)	289 Ian Bowker	V55	Marple Run	636	(271,365, 0)
199 Steve Grace	V50	Marple Run	450	(252, 0,198)	290 Richard Kennaugh	V55	Altrincham	638	(272,366, 0)
200 Sam Johnson		StockportH	453	(213, 0,240)	291 Chris Bennett		LevenshulR	640	(364, 0,276)
201 Pete Woodhead	V45	GoytVS	454	(243,281,211)	= Lloyd Barlow	V55	M'chr Harr	640	(311,329, 0)
202 Shane Wolstencroft	V50	SalfordMA	455	(251, 0,204)	293 Peter Daly	V55	Glossopdal	642	(273,369, 0)
= Rob Sheldon	V45	Glossopdal	455	(232,307,223)	= Alexander Vdovin		M'chr FR	642	(310,332, 0)
204 Phil Kemp	V60	Didsbury R	461	(241,282,220)	= Alan Mahoney	V40	StHSA	642	(360,436,282)
205 Dan Levin	V40	Didsbury R	467	(0,279,188)	296 Geoff Fawkes	V50	ValeRA	645	(342,420,303)
= Ian Simpson	V55	ValeRA	467	(0,278,189)	297 Alan Beaumont		M'chr YMCA	647	(0,386,261)
= Steven Gavin	V50	SaleHM	467	(0,275,192)	298 Paul Beckett	V60	StockportT	652	(290,362, 0)
= John Stockdale	V50	Marple Run	467	(193,274, 0)	299 Sean Glaister	V60	Chorlton R	659	(368,429,291)
209 Andrew Almond	V50	M'chr Harr	468	(265,310,203)	300 Anthony Harrison	V60	WinstonR	660	(341,427,319)
210 Jonathan Sewell	V50	Buxton AC	476	(206,270, 0)	301 Jonathan Coulson		M'chr RR	661	(349, 0,312)
211 Stephen Kirk	V40	Hyde Villa	480	(0,299,181)	302 Evan Roberts		DragonsRC(665	(0,398,267)
212 Mike Race	V65	SalfordMA	483	(270,323,213)	303 Steve Lomas	V55	Macclesfie	667	(0,466,201)
213 Paul Gee	V50	SalfordMA	495	(0,313,182)	= Frank Cordingley	V60	SaleHM	667	(381, 0,286)
214 Michael Kennedy		East Chesh	497	(231,266, 0)	305 George Raffle		Altrincham	672	(0,401,271)
215 Roberto Raso	V60	M'chr FR	501	(285,331,216)	306 Stephen Brown	V55	StockportH	673	(0,413,260)
216 Phil Ramsey	V45	Bramhall R	503	(218,285, 0)	= Steven Doxey	V60	SwintonRC	673	(0,422,251)
217 Gary Donaldson		Buxton AC	508	(0,321,187)	= Patrick O'Brien	V65	BelleVR	673	(367,435,306)
218 Tom Williams		M'chr RR	511	(261,318,250)	309 Tony Archer	V70	ValeRA	674	(354,431,320)
= Matthew Crimes	V45	M'chr Harr	511	(239,272,285)	310 Nick Grayson		Start2jog	676	(351, 0,325)
220 Michael Bean	V50	Didsbury R	513	(267, 0,246)	311 Michael Connelly	V45	Marple Run	682	(375, 0,307)
= Graeme Eddie	V45	Macclesfie	513	(227,286, 0)	312 Mishka Pillay		MiddletonH	685	(369, 0,316)
222 Jamie Soul		Didsbury R	519	(274,345,245)	313 John Clarke	V70	ValeRA	693	(379,464,314)
223 Lee McKeown	V45	Wirral Ac	521	(226,295, 0)	314 Duncan Campbell	V45	Buxton AC	694	(306,388, 0)
= David Norman	V60	WarringtonA	521	(276,245, 0)	315 Paul Markall	V55	Buxton AC	697	(376,439,321)
225 Stephen Taylor	V50	M'chr Tri	523	(262,261, 0)	316 Martin Burke	V45	SalfordMA	699	(335,364, 0)
226 Michael Curley	V75	Chorlton R	526	(288,333,238)	317 Paul Maybury	V55	DragonsRC(700	(0,400,300)
227 Max Waring		University	527	(259,268, 0)	318 Jonathan Atkinson	V50	Didsbury R	703	(371,442,332)
= Alexander Ratcliffe		Marple Run	527	(283, 0,244)	319 Gary Morrison	V55	WilmslowRC	707	(300,407, 0)
= Martin Johnson	V45	StHSA	527	(284, 0,243)	320 David Haines	V50	ValeRA	708	(338,370, 0)
= Steven Ward	V40	DragonsRC(527	(297,348,230)	321 Steve Shaughnessy	V65	StockportH	709	(0,408,301)
231 Thomas Lewis		M'chr RR	529	(240,290,289)	322 Steve Billington	V45	SwintonRC	713	(0,426,287)
232 Lee Marks	V40	SalfordMA	533	(302,378,231)	323 Craig Butterworth	V40	Hyde Villa	715	(343,372, 0)
233 David Ward	V45	ValeRA	534	(286, 0,248)	= James Stockdale		Marple Run	715	(323,392, 0)
234 Liam Ward		M'chr YMCA	536	(0,328,208)	325 Rob Todd	V60	DragonsRC(718	(382,469,336)
235 William McDonald		Buxton AC	539	(292,385,247)	326 Benjamin Sara-Kelly		M'chr YMCA	719	(0,445,274)
236 Peter Dean	V40	StockportH	544	(208,336, 0)	327 Lewis Lepley		Didsbury R	720	(0,425,295)
= Mark Day	V50	SaleHM	544	(289,325,255)	328 Mark Shuttleworth	V55	SalfordMA	722	(318,404, 0)
238 Andrew Neilson		Wilmslow S	547	(255,292, 0)	329 Owain Morris		Macclesfie	724	(329,395, 0)
= Dennis Thomas	V50	East Chesh	547	(246,301, 0)	330 Iain Johnson	V60	Start2jog	726	(386,479,340)
= Lewis Bigham		Glossopdal	547	(256,291, 0)	= Simon Davidson	V55	M'chr Tri	726	(387, 0,339)
241 A Nithianantharajah		University	548	(298,250, 0)	332 Gavin Nixon	V50	Marple Run	728	(383,482,345)
242 Dean Barker-Smith		SwintonRC	549	(324,399,225)	333 Robert Maidstone		Start2jog	729	(385, 0,344)
243 Matthew Herbert	V45	Didsbury R	555	(250,305, 0)	334 Nick Roberts	V55	StockportT	730	(388,483,342)
244 Tom McGaff	V65	WilmslowRC	556	(247,309,333)	335 Pete Stock	V65	WilmslowRC	731	(0,421,310)
245 Rhys Jones	V45	KnutsfordT	559	(0,330,229)	336 Farouk Vawda	V55	BelleVR	732	(403,458,329)
246 Nicholas Barton		LevenshulR	560	(260,300, 0)	337 Julian Sacofsky	V60	LevenshulR	735	(394, 0,341)
247 Ian Sharpe	V50	Chorlton R	562	(264, 0,298)	= Phil Wilcoxon	V65	BelleVR	735	(0,417,318)
248 Damian Aspin	V50	M'chr Tri	564	(0,343,221)	339 Benny Fiddimore	V20	Wadhurst R	739	(0,411,328)
249 Gareth Stockdale	V50	Macclesfie	566	(293, 0,273)	= Graeme Wilkinson	V40	M'chr YMCA	739	(396,490,343)
250 Michael Donigan	V40	SwintonRC	569	(0,341,228)	341 Stephen Davison	V45	Chorlton R	740	(316,424, 0)
251 Stephen Greaves	V50	WilmslowRC	571	(340,334,237)	= Andy Watts	L70	WilmslowRC	740	(0,438,302)
= Andrew Lidstone	V55	Buxton AC	571	(0,354,217)	343 Phil Vesey	V60	Altrincham	744	(326,418, 0)
253 Mark Smith	V50	StockportH	574	(304,402,270)	344 Alan Garvey	V70	MiddletonH	747	(397,485,350)
= Malcolm Orrell		SalfordMA	574	(258,316, 0)	345 Toby Pogson	V50	M'chr Tri	750	(0,441,309)
= David Booth	V40	Macclesfie	574	(0,338,236)	346 Michael Cunningham	V75	M'chr Harr	752	(405,486,347)
256 Phil Facey	V45	M'chr YMCA	576	(0,352,224)	= Dave Gaskell	V50	KnutsfordT	752	(0,448,304)
= Matthew Conner	V40	Chorlton R	576	(0,342,234)	348 Matthew Hill		SalfordMA	760	(345,415, 0)
258 Chris Harries	V40	BelleVR	578	(312,344,266)	349 Robert Taylor	V75	StockportH	762	(411,500,351)
259 Andrew Tomlinson	V40	Wilmslow S	579	(277,302, 0)	350 Joe Jarvis		M'chr FR	767	(330,437, 0)
260 Louis Bravo		Chorlton R	581	(0,359,222)	351 Victor Ridding	V65	LevenshulR	771	(0,449,322)
261 Nicholas Colwill	V40	Chorlton R	582	(305,357,277)	352 Dominic Parry	V45	RadcliffeA	773	(0,443,330)
262 Neil Ryan	V40	M'chr Harr	585	(268,317, 0)	353 Warren Bowden	V55	Chorlton R	774	(355,419, 0)
263 David Chrystie-Lowe	V65	Glossopdal	588	(319, 0,269)	354 Ray Devine	V55	SalfordMA	777	(0,446,331)
264 Colin Caisley	V50	WilmslowRC	592	(0,353,239)	355 Tim Watson	V40	LevenshulR	791	(358,433, 0)
265 Kairan Mallett	U20	Hyde Villa	593	(296,297, 0)	356 Andy Wood	V60	BelleVR	799	(0,461,338)
266 Jordan Baxter		LevenshulR	596	(0,377,219)	357 Jeff Blackford	V55	Didsbury R	801	(0,467,334)
= Chris Sewart	V45	M'chr Harr	596	(331,405,265)	358 David Brocklebank	V45	Chorlton R	812	(356,456, 0)
268 Ray O'Keefe	V55	Macclesfie	597	(275,322, 0)	359 Tom Hall		Start2jog	813	(362,451, 0)
269 Barry Fenton	V50	M'chr Harr	600	(0,374,226)	360 Ian Smallwood	V60	WilmslowRC	824	(365,459, 0)
270 Trevor Rayner	V60	Salford Ha	601	(322,428,279)	361 Julian Tegg	V50	WestCAC	830	(373,457, 0)
271 Michael Wilkinson	V40	HorwichRMI	602	(0,361,241)	362 Paul Brownbill	V40	StHSA	836	(384,452, 0)
= Adam Brown	V55	Bramhall R	602	(314,394,288)	363 Andrew Horrocks	V55	Hyde Villa	844	(372,472, 0)
= Niall McInnes		M'chr FR	602	(291,311, 0)	364 Mohammed Faruque	V45	LevenshulR	850	(377,473, 0)
274 David Gee	L70	M'chr Harr	603	(0,368,235)	365 Zcynel Aydin	L75	MiddletonH	851	(0,499,352)
275 Barry Graney	V55	StHSA	604	(280, 0,324)	366 Mark Gambliin	V55	Chorlton R	854	(380,474, 0)
276 Anthony McGuirk		M'chr Tri	605	(315, 0,290)	367 Toby Gold	V60	Wilmslow S	861	(390,471, 0)
277 Colin Shore	V50	StockportT	606	(334,403,272)	368 David Barnes	V65	HorwichRMI	866	(389,477, 0)
278 Etienne Humphries	V40	Chorlton R	608	(344, 0,264)	369 Tom Turner	V45	Start2jog	876	(395,481, 0)
= Paul Barber	V65	WinstonR	608	(325,412,283)	370 Jason Gould	V45	Start2jog	877	(401,476, 0)
= Paul Minton		East Chesh	608	(269,339, 0)	371 John Archer	V70	SaleHM	886	(399,487, 0)
= Ronan Kearney	V50	Warriors P	608	(333, 0,275)	372 Glyn Davies	V70	SwintonRC	899	(407,492, 0)
282 Tom Sylvester		DragonsRC(613	(0,360,253)	373 Mark Warner	V55	Marple Run	907	(410,497, 0)
= McNally Richard Bond	V45	StyalRC	613	(317, 0,296)					
284 Chris Woolfenden	V40	M'chr FR	615	(347, 0,268)					
285 Michael Unsworth	V55	Glossopdal	616	(279,337, 0)					
286 Andrew Vaughan	V50	Didsbury R	620	(328,414,292)					
287 Martin Forker	V40	M'chr Tri	623	(0,367,256)					