

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## - Senior Women Stage 1 — Final Results

| Pos | Name               | Club         | Leg Time |    |                  |                      |
|-----|--------------------|--------------|----------|----|------------------|----------------------|
| 1   | Naomi Mitchell     | Birmingha. A | 14:52    | 45 | Ellie Jones      | CityOfBir. 18:20     |
| 2   | Zoe Gilbody        | TelfordAc. A | 15:16    | 46 | Adele Potts      | Stroud&Di. B 18:22   |
| 3   | Lizzie Rayner      | TeamBathA. A | 15:21    | 47 | Michelle Dale    | Halesowen. B 18:25   |
| 4   | Emma Taylor        | CityOfSto. A | 15:24    | 48 | Grace Hinga      | Glouceste. 18:26     |
| 5   | Patricia Jackman   | NewarkAc .   | 15:27    | 49 | Mya Woodward     | TiptonHar. B 18:28   |
| 6   | Hannah Seager      | Charnwood. A | 15:29    | 50 | Helen Owen       | BittonRoa. B 18:29   |
| 7   | Rachel Gifford     | Leamingto. A | 15:33    | 51 | Hannah Wragg     | Mansfield. 18:29     |
| 8   | Amber Watson       | WesternTe. A | 15:47    | 52 | Dana Machackova  | WesternTe. C 18:31   |
| 9   | Chloe Powell       | SwindonHa. A | 15:50    | 53 | Hannah Royse     | Newcastle. A 18:37   |
| 10  | Becki Timmings     | Birmingha. B | 15:51    | 54 | Sallyann Walker  | TiptonHar. C 18:40   |
| 11  | Ashleigh Walters   | CorbyAc .    | 16:01    | 55 | Rachael Handley  | Shrewsbur. B 18:47   |
| 12  | Naomi Eaton        | WesternTe. B | 16:07    | 56 | Francesca Dix    | Solihull&. 19:00     |
| 13  | Georgina Greenwood | Stroud&Di. A | 16:12    | 57 | Kate Leeson      | Knowle&Do. 19:08     |
| 14  | Sophie Edge        | Wreake&So.   | 16:16    | 58 | Theresa Woolley  | Centurion. A 19:18   |
| 15  | Isobel Watt        | Cheltenha.   | 16:17    | 59 | Judy Hammersley  | Lichfield. 19:22     |
| 16  | Abigail Saker      | Halesowen. A | 16:21    | 60 | Jacquie Hanmer   | Harboroug. 19:28     |
| 17  | Catherine Holden   | TiptonHar. A | 16:25    | 61 | Lauren Hevey     | (Birmingha. C) 19:38 |
| 18  | Michelle Holmes    | SuttonInA.   | 16:30    | 62 | Kirsty Brook     | DudleyKin. A 19:53   |
| 19  | Amy Nicholls       | Bristol&W. A | 16:31    | 63 | Haley Cotton     | Kenilwort. B 20:10   |
| 20  | Lucy Wallace       | BittonRoa. A | 16:34    | 64 | Alice Hopper     | Bournvill. B 20:15   |
| 21  | Elizabeth Watters  | Birchfiel. A | 16:39    | 65 | Joy Woollass     | MasseyFer. A 20:23   |
| 22  | Emma Robertson     | Worcester.   | 16:41    | 66 | Jayne Lynas      | HeanorRC . B 20:35   |
| 23  | Amy Fuller         | Kenilwort. A | 16:43    | 67 | Donna Davenport  | NottsAc . B 20:47    |
| 24  | Nia Nokes          | CityOfSto. B | 16:43    | 68 | Debbie Campbell  | Northbroo. 20:49     |
| 25  | Georgia Delaney    | RoyalSutt. A | 16:57    | 69 | Laura Mcevoy     | ClcStride. 21:03     |
| 26  | Amy Dewhirst       | Stourbrid.   | 16:59    | 70 | Megan Vanleeuwen | SevernAc . 21:30     |
| 27  | Victoria Weir      | Birchfiel. B | 17:03    | 71 | Kelly Amphlett   | Newcastle. C 21:36   |
| 28  | Hannah Dale        | Bromsgrov.   | 17:04    | 72 | Amber Seddon     | Birmingha. E 21:39   |
| 29  | Lorna Hulme        | Wolverham.   | 17:06    | 73 | Fiona Townsend   | Hermitage. 22:03     |
| 30  | Kirstin Bamford    | Bristol&W. B | 17:08    | 74 | Julie Nicholls   | DudleyKin. B 22:18   |
| 31  | Mandy Vernon       | CityOfSto. D | 17:13    | 75 | Isabel Verney    | WestBromw. A 22:22   |
| 32  | Charlotte Baker    | Bournvill. A | 17:18    | 76 | Lorraine Smith   | SphinxAc . 22:38     |
| 33  | Tamsin Chick       | WestburyH.   | 17:22    | 77 | Jan Richards     | Kenilwort. C 22:43   |
| 34  | Catherine Charlton | NottsAc . A  | 17:23    | 78 | Mandy Neufeld    | AngelsRc . 22:46     |
| 35  | Laura Peake        | SpaStride.   | 17:24    | 79 | Melanie Beasley  | Kenilwort. D 23:44   |
| 36  | Naomi Cook         | Shrewsbur. A | 17:29    | 80 | Sarah James      | MasseyFer. B 24:23   |
| 37  | Robin Morris       | TelfordAc. B | 17:32    | 81 | Kira Bowes       | Centurion. B 24:43   |
| 38  | Jennifer Critchley | BanburyHa.   | 17:38    | 82 | Helen Baker      | Kenilwort. E 25:05   |
| 39  | Lily Winfield      | HeanorRC . A | 17:42    | 83 | Mary Ross        | Birmingha. D 25:24   |
| 40  | Natalie Mee        | HuncoteHa.   | 17:42    | 84 | Claire Ashmore   | Newcastle. B 26:07   |
| 41  | Amie Buttle        | Leamingto. B | 18:01    | 85 | Laura Davis      | WestBromw. B 26:40   |
| 42  | Lucy Fitzpatrick   | SwindonHa. B | 18:03    | 86 | Clare Colquhoun  | Centurion. C 27:13   |
| 43  | Caroline Tarnowski | RoyalSutt. B | 18:09    | 87 | Sharon Cave      | SneydStri. 27:44     |
| 44  | Samantha Watters   | Birchfiel. C | 18:09    |    |                  |                      |

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## - Senior Women Stage 2 — Final Results

| Pos | Name               | Club          | Leg Time | Cum Time | Gain | Pos                                  | Name               | Club          | Leg Time | Cum Time | Gain |
|-----|--------------------|---------------|----------|----------|------|--------------------------------------|--------------------|---------------|----------|----------|------|
| 1   | Megan Marchant     | WesternTe. A  | 14:27    | 30:14+   | 7    | 50                                   | Susan Gardner      | HuncoteHa.    | 21:05    | 38:47-   | 10   |
| 2   | Donna Sherwin      | CityOfSto. A  | 15:57    | 31:21+   | 2    | 51                                   | Leonie Childs      | TelfordAc. B  | 21:37    | 39:09-   | 14   |
| 3   | Annabelle Wallace  | TeamBathA. A  | 16:02    | 31:23    | 0    | 52                                   | Katie New          | SwindonHa. B  | 21:14    | 39:17-   | 10   |
| 4   | Hayley Carruthers  | TiptonHar. A  | 15:16    | 31:41+   | 13   | 53                                   | Helen Evans        | Stourbrid.    | 23:01    | 40:00-   | 27   |
| 5   | Aimee Seager       | Charnwood. A  | 16:31    | 32:00+   | 1    | 54                                   | Clare Wood         | DudleyKin. A  | 20:22    | 40:15+   | 8    |
| 6   | Rositsa Gugutkova  | Leamingto. A  | 16:40    | 32:13+   | 1    | 55                                   | Claudia Mendes     | CityOfBir.    | 22:10    | 40:30-   | 10   |
| 7   | Bethany Wallis     | WesternTe. B  | 16:10    | 32:17+   | 5    | 56                                   | Penelope Barber    | TiptonHar. C  | 21:55    | 40:35-   | 2    |
| 8   | Ellie Welch        | CorbyAc .     | 16:18    | 32:19+   | 3    | 57                                   | Susan Pinder       | HeanorRC . B  | 21:21    | 41:56+   | 9    |
| 9   | Jess Heffer        | Bristol&W. A  | 16:00    | 32:31+   | 10   | 58                                   | Nicola Waters      | Glouceste.    | 23:53    | 42:19-   | 10   |
| 10  | Sarah Nolan        | Birmingham. A | 17:45    | 32:37-   | 9    | 59                                   | Maxine Ward        | Harboroug.    | 23:00    | 42:28+   | 1    |
| 11  | Rosie West         | Wreake&So.    | 16:45    | 33:01+   | 3    | 60                                   | Louise Johnson     | Centurion. A  | 23:15    | 42:33-   | 2    |
| 12  | Cloe Hubbard       | NewarkAc .    | 17:42    | 33:09-   | 7    | 61                                   | Danielle Dawson    | Hermitage.    | 20:40    | 42:43+   | 12   |
| 13  | Jana Dewaal        | Stroud&Di. A  | 17:00    | 33:12    | 0    | 62                                   | C Defreitas        | Solihull&.    | 23:47    | 42:47-   | 6    |
| 14  | Bethany Tabor      | Wolverham.    | 16:19    | 33:25+   | 15   | 63                                   | Samantha Watts     | SevernAc.     | 21:31    | 43:01+   | 7    |
| 15  | Liz Sanigar        | BittonRoa. A  | 16:52    | 33:26+   | 5    | 64                                   | Gillian Jelley     | Lichfield.    | 23:47    | 43:09-   | 5    |
| 16  | Freya Davidse      | SwindonHa. A  | 17:46    | 33:36-   | 7    | 65                                   | Emma Eastwood      | MasseyFer. A  | 23:07    | 43:30    | 0    |
| 17  | Lucy Crayston      | CityOfSto. B  | 16:58    | 33:41+   | 7    | 66                                   | Hifsa O'Kelly      | ClcStride.    | 22:31    | 43:34+   | 3    |
| 18  | Lucy Routledge     | RoyalSutt. A  | 16:55    | 33:52+   | 7    | 67                                   | Jane Jackson       | Birmingham. E | 22:00    | 43:39+   | 5    |
| 19  | Eleanor Carney     | Bristol&W. B  | 16:55    | 34:03+   | 11   | 68                                   | Rachel McDonald    | DISQUALIFIED  | 24:08    | 43:46-   | 7    |
| 20  | H Mehager          | Birchfiel. A  | 17:31    | 34:10+   | 1    | 69                                   | Hannah Jones       | Newcastle. C  | 22:18    | 43:54+   | 2    |
| 21  | Lauren Turner      | SpaStride.    | 16:58    | 34:22+   | 14   | 70                                   | Angela Pozoramajo  | Kenilwort. C  | 21:50    | 44:33+   | 7    |
| 22  | Lisa Staley        | SuttonInA.    | 17:53    | 34:23-   | 4    | 71                                   | Joanne Carter      | AngelsRc .    | 23:22    | 46:08+   | 7    |
| 23  | Beatrice Rusby     | Worcester.    | 17:49    | 34:30-   | 1    | 72                                   | Claire Messenger   | Northbroo.    | 25:21    | 46:10-   | 4    |
| 24  | Laura Pettifer     | Kenilwort. A  | 17:50    | 34:33-   | 1    | 73                                   | S Berezenko        | WestBromw. A  | 24:01    | 46:23+   | 2    |
| 25  | Sarah Sheppard     | Cheltenham.   | 18:30    | 34:47-   | 10   | 74                                   | Anna Mcmanus       | Bournvill. B  | 26:12    | 46:27-   | 10   |
| 26  | Sophie Banks       | Birchfiel. B  | 17:49    | 34:52+   | 1    | 75                                   | Holly Thompson     | Newcastle. B  | 20:35    | 46:42+   | 9    |
| 27  | Sarah Gill         | Halesowen. A  | 18:33    | 34:54-   | 11   | 76                                   | Sarah Goodland     | SphinxAc .    | 24:49    | 47:27    | 0    |
| 28  | Joanne Donnelly    | CityOfSto. D  | 17:49    | 35:02+   | 3    | 77                                   | Helen Bloomer      | Birmingham. D | 22:31    | 47:55+   | 6    |
| 29  | Lucy Calrow        | TiptonHar. B  | 16:46    | 35:14+   | 20   | 78                                   | Claire Coventry    | MasseyFer. B  | 24:08    | 48:31+   | 2    |
| 30  | Emily Chandler     | Stroud&Di. B  | 16:55    | 35:17+   | 16   | 79                                   | Sally Husselbee    | DudleyKin. B  | 26:17    | 48:35-   | 5    |
| 31  | Scarlett Williams  | TelfordAc. A  | 20:02    | 35:18-   | 29   | 80                                   | Eleanor Johnstone  | Kenilwort. D  | 26:06    | 49:50-   | 1    |
| 32  | Alexandra Herrick  | Shrewsbur. A  | 18:05    | 35:34+   | 4    | 81                                   | Leanne Harrison    | SneydStri.    | 22:33    | 50:17+   | 6    |
| 33  | Grace Ball         | Bournvill. A  | 18:36    | 35:54-   | 1    | 82                                   | Catherine Atkinson | Kenilwort. E  | 25:43    | 50:48    | 0    |
| 34  | Sarah Conway       | Birchfiel. C  | 17:54    | 36:03+   | 10   | 83                                   | Denise Makepeace   | Centurion. B  | 26:38    | 51:21-   | 2    |
| 35  | Jade Ocean         | WesternTe. C  | 17:35    | 36:06+   | 17   | 84                                   | Michelle Cresswell | WestBromw. B  | 28:37    | 55:17+   | 1    |
| 36  | Sophie Toyn        | Mansfield.    | 17:44    | 36:13+   | 15   | 85                                   | Sharon Seston      | Centurion. C  | 29:16    | 56:29+   | 1    |
| 37  | Megan Orriss       | WestburyH.    | 19:05    | 36:27-   | 4    | <b>Fastest runners over stage 2:</b> |                    |               |          |          |      |
| 38  | Sarah Costin       | NottsAc . A   | 19:06    | 36:29-   | 4    | 1                                    | Megan Marchant     | WesternTe. A  | 14:27    |          |      |
| 39  | Georgina Newell    | BanburyHa.    | 18:57    | 36:35-   | 1    | 2                                    | Hayley Carruthers  | TiptonHar. A  | 15:16    |          |      |
| 40  | Martha Wood        | RoyalSutt. B  | 18:28    | 36:37+   | 3    | 3                                    | Donna Sherwin      | CityOfSto. A  | 15:57    |          |      |
| 41  | Lynette Porter     | BittonRoa. B  | 18:38    | 37:07+   | 9    | 4                                    | Jess Heffer        | Bristol&W. A  | 16:00    |          |      |
| 42  | Hannah Pease       | Shrewsbur. B  | 18:23    | 37:10+   | 13   | 5                                    | Annabelle Wallace  | TeamBathA. A  | 16:02    |          |      |
| 43  | Verity Atkins      | Leamingto. B  | 19:27    | 37:28-   | 2    | 6                                    | Bethany Wallis     | WesternTe. B  | 16:10    |          |      |
| 44  | Charlotte Hicks    | HeanorRC . A  | 20:20    | 38:02-   | 5    | 7                                    | Ellie Welch        | CorbyAc .     | 16:18    |          |      |
| 45  | Kerry Thompson     | Knowle&Do.    | 18:56    | 38:04+   | 12   | 8                                    | Bethany Tabor      | Wolverham.    | 16:19    |          |      |
| 46  | Naomi Bekoe        | Birmingham. B | 22:17    | 38:08-   | 36   | 9                                    | Aimee Seager       | Charnwood. A  | 16:31    |          |      |
| 47  | Alys Crofts        | Newcastle. A  | 19:40    | 38:17+   | 6    | 10                                   | Rositsa Gugutkova  | Leamingto. A  | 16:40    |          |      |
| 48  | Ryley MalonePriest | Halesowen. B  | 19:57    | 38:22-   | 1    |                                      |                    |               |          |          |      |
| 49  | Nicola Johnston    | Kenilwort. B  | 18:27    | 38:37+   | 14   |                                      |                    |               |          |          |      |

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## - Senior Women Stage 3 — Final Results

| Pos | Name               | Club           | Leg Time | Cum Time | Time Gain |
|-----|--------------------|----------------|----------|----------|-----------|
| 1   | Lauren Cooper      | WesternTe. A   | 15:05    | 45:19    | 0         |
| 2   | Anna Domville      | TeamBathA. A   | 15:30    | 46:53+   | 1         |
| 3   | Amie Williams      | TiptonHar. A   | 15:47    | 47:28+   | 1         |
| 4   | Sarah Mackness     | CityOfSto. A   | 16:36    | 47:57-   | 2         |
| 5   | Amber Bullingham   | WesternTe. B   | 16:27    | 48:44+   | 2         |
| 6   | Erin Treacy        | CorbyAc .      | 16:59    | 49:18+   | 2         |
| 7   | Anna Ford          | Bristol&W. A   | 17:09    | 49:40+   | 2         |
| 8   | Monica Williamson  | Leamingto. A   | 17:39    | 49:52-   | 2         |
| 9   | Susan Mcmanus      | Birchfiel. A   | 16:09    | 50:19+   | 11        |
| 10  | Lucy Hart          | Wreake&So.     | 17:30    | 50:31+   | 1         |
| 11  | Emily Merrison     | CityOfSto. B   | 17:03    | 50:44+   | 6         |
| 12  | Olivia Harris      | RoyalSutt. A   | 17:06    | 50:58+   | 6         |
| 13  | Emma Clarke        | Bristol&W. B   | 17:14    | 51:17+   | 6         |
| 14  | Robyn Hinsley      | BittonRoa. A   | 17:56    | 51:22+   | 1         |
| 15  | Freya Mcfadden     | Stroud&Di. A   | 18:12    | 51:24-   | 2         |
| 16  | Emily Jones        | Birmingha. A   | 18:56    | 51:33-   | 6         |
| 17  | Rebecca Cornell    | SwindonHa. A   | 18:08    | 51:44-   | 1         |
| 18  | Victoria Millband  | SuttonInA.     | 17:22    | 51:45+   | 4         |
| 19  | Maria Calleia      | Wolverham.     | 18:30    | 51:55-   | 5         |
| 20  | Louise Collins     | Halesowen. A   | 17:13    | 52:07+   | 7         |
| 21  | Fiona Buxton       | CityOfSto. D   | 17:13    | 52:15+   | 7         |
| 22  | Lilia Mico         | Worcester.     | 17:50    | 52:20+   | 1         |
| 23  | K Etheringtonbates | NewarkAc .     | 19:26    | 52:35-   | 11        |
| 24  | Florence Roberts   | Shrewsbur. A   | 17:08    | 52:42+   | 8         |
| 25  | r Jansenvan        | Birchfiel. B   | 17:54    | 52:46+   | 1         |
| 26  | Charlie Quayle     | Kenilwort. A   | 18:16    | 52:49-   | 2         |
| 27  | Fee Maycock        | WesternTe. C   | 17:35    | 53:41+   | 8         |
| 28  | Lisa Kendrick      | TiptonHar. B   | 18:37    | 53:51+   | 1         |
| 29  | Emily Gapper       | TelfordAc. A   | 18:49    | 54:07+   | 2         |
| 30  | Alison Foord       | Charnwood. A   | 22:21    | 54:21-   | 25        |
| 31  | Ellen Gallie       | NottsAc . A    | 17:53    | 54:22+   | 7         |
| 32  | Susan Cox          | SpaStride.     | 20:02    | 54:24-   | 11        |
| 33  | Tina Hill          | Stroud&Di. B   | 19:10    | 54:27-   | 3         |
| 34  | Milly Foster       | Cheltenham.    | 20:00    | 54:47-   | 9         |
| 35  | Maeve Robinson     | WestburyH.     | 18:24    | 54:51+   | 2         |
| 36  | Georgie Speck      | BanburyHa.     | 18:24    | 54:59+   | 3         |
| 37  | Emma Reid          | Kenilwort. B   | 16:33    | 55:10+   | 12        |
| 38  | Joanna Cox         | Bournvill. A   | 20:30    | 56:24-   | 5         |
| 39  | Katie Britnell     | RoyalSutt. B   | 19:54    | 56:31+   | 1         |
| 40  | Emma Mason         | Mansfield.     | 20:38    | 56:51-   | 4         |
| 41  | Emma Morley        | Birmingha. B   | 18:53    | 57:01+   | 5         |
| 42  | Caitlin Taylor     | Newcastle. A   | 19:09    | 57:26+   | 5         |
| 43  | Eve Walpole        | Leamingto. B   | 20:11    | 57:39    | 0         |
| 44  | Felicity March     | BittonRoa. B   | 20:37    | 57:44-   | 3         |
| 45  | Anna Harding       | HeanorRC . A   | 20:05    | 58:07-   | 1         |
| 46  | Sally Spencer      | Halesowen. B   | 20:35    | 58:57+   | 2         |
| 47  | Lucy Gapper        | TelfordAc. B   | 21:00    | 1:00:09+ | 4         |
| 48  | Katherine Plummer  | Knowle&Do.     | 22:11    | 1:00:15- | 3         |
| 49  | Amy Cotter         | DudleyKin. A   | 20:23    | 1:00:38+ | 5         |
| 50  | Kerry Griffiths    | HuncoteHa.     | 22:06    | 1:00:53  | 0         |
| 51  | Amber Spackman     | Glouceste.     | 19:19    | 1:01:38+ | 7         |
| 52  | Nadia Maalin       | CityOfBir.     | 21:24    | 1:01:54+ | 3         |
| 53  | Jenny Martin       | Stourbrid.     | 22:08    | 1:02:08  | 0         |
| 54  | Joanne Matthews    | Hermitage.     | 19:29    | 1:02:12+ | 7         |
| 55  | Felicity Webb      | SwindonHa. B   | 22:55    | 1:02:12- | 3         |
| 56  | Ruth Horton        | TiptonHar. C   | 21:41    | 1:02:16  | 0         |
| 57  | Georgina Riley     | HeanorRC . B   | 21:01    | 1:02:57  | 0         |
| 58  | Jan Cassidy        | Newcastle. C   | 19:16    | 1:03:10+ | 11        |
| 59  | Carly O'neil       | Lichfield.     | 20:54    | 1:04:03+ | 5         |
| 60  | Evelyn Iwanek      | Birmingha. D   | 17:00    | 1:04:55+ | 17        |
| 61  | Hannah Jones       | Kenilwort. C   | 21:09    | 1:05:42+ | 9         |
| 62  | Heather Fooks      | Solihull&.     | 22:56    | 1:05:43  | 0         |
| 63  | Katie Giles        | Centurion. A   | 23:34    | 1:06:07- | 3         |
| 64  | Sophie Collier     | SevernAc .     | 23:52    | 1:06:53- | 1         |
| 65  | Heather Ip         | ClcStride.     | 24:21    | 1:07:55+ | 1         |
| 66  | Helen Pemberton    | AngelsRc .     | 22:06    | 1:08:14+ | 5         |
| 67  | Sonia Karamat      | MasseyFer. A   | 24:45    | 1:08:15- | 2         |
| 68  | C Bullivant        | (Birmingha. C) | 24:58    | 1:08:44  | 0         |
| 69  | Megan Brocklebank  | Harboroug.     | 27:35    | 1:10:03- | 10        |
| 70  | Sarah Franklin     | WestBromw. A   | 24:30    | 1:10:53+ | 3         |
| 71  | Louise Hancock     | Newcastle. B   | 24:19    | 1:11:01+ | 4         |
| 72  | Chelsey Deighton   | SphinxAc .     | 23:40    | 1:11:07+ | 4         |
| 73  | Jackie Bulman      | Kenilwort. D   | 22:07    | 1:11:57+ | 7         |
| 74  | Michelle Yates     | MasseyFer. B   | 25:35    | 1:14:06+ | 4         |
| 75  | Karen Huxtable     | DudleyKin. B   | 26:12    | 1:14:47+ | 4         |
| 76  | Sarah Asprey       | Kenilwort. E   | 24:19    | 1:15:07+ | 6         |
| 77  | Carly Wood         | Northbroo.     | 29:56    | 1:16:06- | 5         |
| 78  | Michelle Smith     | Centurion. B   | 26:18    | 1:17:39+ | 5         |
| 79  | Emma Cobley        | SneydStri.     | 32:11    | 1:22:28+ | 2         |
| 80  | Rabina Begum       | WestBromw. B   | 29:22    | 1:24:39+ | 4         |

### Fastest runners over stage 3:

|    |                  |              |       |
|----|------------------|--------------|-------|
| 1  | Lauren Cooper    | WesternTe. A | 15:05 |
| 2  | Anna Domville    | TeamBathA. A | 15:30 |
| 3  | Amie Williams    | TiptonHar. A | 15:47 |
| 4  | Susan Mcmanus    | Birchfiel. A | 16:09 |
| 5  | Amber Bullingham | WesternTe. B | 16:27 |
| 6  | Emma Reid        | Kenilwort. B | 16:33 |
| 7  | Sarah Mackness   | CityOfSto. A | 16:36 |
| 8  | Erin Treacy      | CorbyAc .    | 16:59 |
| 9  | Evelyn Iwanek    | Birmingha. D | 17:00 |
| 10 | Emily Merrison   | CityOfSto. B | 17:03 |

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## - Senior Women Stage 4 — Final Results

| Pos | Name               | Club         | Leg Time | Cum Time | Gain |                                      |                   |              |       |            |
|-----|--------------------|--------------|----------|----------|------|--------------------------------------|-------------------|--------------|-------|------------|
| 1   | Millie Porter      | WesternTe. A | 15:12    | 1:00:31  | 0    | 41                                   | Annette Belcher   | RoyalSutt. B | 21:28 | 1:17:59- 2 |
| 2   | Freya Spruit       | TeamBathA. A | 15:39    | 1:02:32  | 0    | 42                                   | Frances Keenan    | Leamingto. B | 20:58 | 1:18:37+ 1 |
| 3   | Jade Charlton      | TiptonHar. A | 16:04    | 1:03:32  | 0    | 43                                   | Anita Hicks       | HeanorRC . A | 20:31 | 1:18:38+ 2 |
| 4   | Isabella Shaw      | CityOfSto. A | 16:26    | 1:04:23  | 0    | 44                                   | Myshola Kirkham   | Knowle&Do.   | 18:56 | 1:19:11+ 4 |
| 5   | Abbie Milnes       | WesternTe. B | 16:00    | 1:04:44  | 0    | 45                                   | Cristina Obrien   | TelfordAc. B | 19:10 | 1:19:19+ 2 |
| 6   | Zara Hadfield      | Leamingto. A | 16:31    | 1:06:23+ | 2    | 46                                   | Alice Bucklow     | Hermitage.   | 18:25 | 1:20:37+ 8 |
| 7   | Megan Powell       | Bristol&W. A | 17:12    | 1:06:52  | 0    | 47                                   | Emma Stalberg     | Glouceste.   | 19:04 | 1:20:42+ 4 |
| 8   | Amanda Kelly       | CityOfSto. B | 16:41    | 1:07:25+ | 3    | 48                                   | Jessica Noake     | HuncoteHa.   | 20:30 | 1:21:23+ 2 |
| 9   | K Newcombe         | Stroud&Di. A | 16:24    | 1:07:48+ | 6    | 49                                   | Tamsin Carpenter  | CityOfBir.   | 20:09 | 1:22:03+ 3 |
| 10  | Rachel Stowell     | BittonRoa. A | 17:02    | 1:08:24+ | 4    | 50                                   | Rachel Smith      | Stourbrid.   | 20:00 | 1:22:08+ 3 |
| 11  | Lucie Taitharris   | Wolverham.   | 16:47    | 1:08:42+ | 8    | 51                                   | M Cunningham      | Newcastle. C | 19:56 | 1:23:06+ 7 |
| 12  | Phoebe Dodd        | Halesowen. A | 16:43    | 1:08:50+ | 8    | 52                                   | Wendy Raybould    | DudleyKin. A | 23:09 | 1:23:47- 3 |
| 13  | Meghan Beesley     | Birchfiel. A | 18:37    | 1:08:56- | 4    | 53                                   | Jessica Jones     | Halesowen. B | 25:19 | 1:24:16- 7 |
| 14  | Eleanor Pitcher    | Shrewsbur. A | 16:16    | 1:08:58+ | 10   | 54                                   | Rita Fisher       | HeanorRC . B | 22:06 | 1:25:03+ 3 |
| 15  | Nicola Turner      | Worcester.   | 16:52    | 1:09:12+ | 7    | 55                                   | Rachel Lane       | TiptonHar. C | 22:56 | 1:25:12+ 1 |
| 16  | Sandra Birina      | CorbyAc .    | 20:06    | 1:09:24- | 10   | 56                                   | Sade Mckenzie     | Centurion. A | 20:01 | 1:26:08+ 7 |
| 17  | Rebecca Harrison   | CityOfSto. D | 17:21    | 1:09:36+ | 4    | 57                                   | K Burnettnicholl  | Kenilwort. C | 20:32 | 1:26:14+ 4 |
| 18  | Tracy Parker       | SuttonInA.   | 18:34    | 1:10:19  | 0    | 58                                   | Jane Spencer      | SwindonHa. B | 24:14 | 1:26:26- 3 |
| 19  | Helen Pike         | Birmingha. A | 18:56    | 1:10:29- | 3    | 59                                   | Samantha Dyer     | AngelsRc .   | 19:36 | 1:27:50+ 7 |
| 20  | Brittany Teague    | WesternTe. C | 16:56    | 1:10:37+ | 7    | 60                                   | Idella Goga       | SevernAc .   | 21:43 | 1:28:36+ 4 |
| 21  | Louise Cronin      | Bristol&W. B | 19:23    | 1:10:40- | 8    | 61                                   | Laura Leaver      | CicStride.   | 20:48 | 1:28:43+ 4 |
| 22  | Rachel Oram        | SwindonHa. A | 19:11    | 1:10:55- | 5    | 62                                   | Lizzie Watts      | MasseyFer. A | 21:33 | 1:29:48+ 5 |
| 23  | Laura Hawkins      | TiptonHar. B | 17:12    | 1:11:03+ | 5    | 63                                   | Madeleine Stevens | Harboroug.   | 20:49 | 1:30:52+ 6 |
| 24  | Rachel See         | Cheltenha.   | 17:02    | 1:11:49+ | 10   | 64                                   | Alison Condlyffe  | Newcastle. B | 23:15 | 1:34:16+ 7 |
| 25  | Victoria Bradbury  | Birchfiel. B | 19:09    | 1:11:55  | 0    | 65                                   | Emily Cresswell   | WestBromw. A | 23:39 | 1:34:32+ 5 |
| 26  | Claire Davidson    | SpaStride.   | 17:44    | 1:12:08+ | 6    | 66                                   | Lucy Gwynne       | Kenilwort. D | 22:59 | 1:34:56+ 7 |
| 27  | Shamira Naiduyoung | Kenilwort. A | 19:30    | 1:12:19- | 1    | 67                                   | Kirstie Wilson    | MasseyFer. B | 25:36 | 1:39:42+ 7 |
| 28  | Tilly Lainchbury   | BanburyHa.   | 17:41    | 1:12:40+ | 8    | 68                                   | Kay Wright        | DudleyKin. B | 25:38 | 1:40:25+ 7 |
| 29  | Thearose Lowe      | Stroud&Di. B | 18:21    | 1:12:48+ | 4    | 69                                   | Clare Crofts      | Kenilwort. E | 25:22 | 1:40:29+ 7 |
| 30  | Isobelle Standell  | TelfordAc. A | 19:01    | 1:13:08- | 1    | 70                                   | Phoebe Tully      | SphinxAc .   | 31:20 | 1:42:27+ 2 |
| 31  | Hannah Batchelor   | WestburyH.   | 18:41    | 1:13:32+ | 4    | 71                                   | Sarah Oakes       | Centurion. B | 26:19 | 1:43:58+ 7 |
| 32  | Tilly Owens        | NewarkAc .   | 21:24    | 1:13:59- | 9    | 72                                   | Verity Brannen    | Northbroo.   | 28:47 | 1:44:53+ 5 |
| 33  | Lesley Mellor      | Kenilwort. B | 19:26    | 1:14:36+ | 4    | 73                                   | Tara Donnelly     | WestBromw. B | 27:30 | 1:52:09+ 7 |
| 34  | Katy Mcgonigal     | Bournvill. A | 19:00    | 1:15:24+ | 4    | <b>Fastest runners over stage 4:</b> |                   |              |       |            |
| 35  | Katie Speake       | NottsAc . A  | 21:42    | 1:16:04- | 4    | 1                                    | Millie Porter     | WesternTe. A | 15:12 |            |
| 36  | Jemma Morrison     | Birmingha. B | 19:27    | 1:16:28+ | 5    | 2                                    | Freya Spruit      | TeamBathA. A | 15:39 |            |
| 37  | m Vander           | RoyalSutt. A | 25:49    | 1:16:47- | 25   | 3                                    | Abbie Milnes      | WesternTe. B | 16:00 |            |
| 38  | Chloe Parsons      | BittonRoa. B | 19:22    | 1:17:06+ | 6    | 4                                    | Jade Charlton     | TiptonHar. A | 16:04 |            |
| 39  | Sarah Bradbury     | Mansfield.   | 20:17    | 1:17:08+ | 1    | 5                                    | Eleanor Pitcher   | Shrewsbur. A | 16:16 |            |
| 40  | Julia Young        | Newcastle. A | 20:08    | 1:17:34+ | 2    | 6                                    | K Newcombe        | Stroud&Di. A | 16:24 |            |
|     |                    |              |          |          |      | 7                                    | Isabella Shaw     | CityOfSto. A | 16:26 |            |
|     |                    |              |          |          |      | 8                                    | Zara Hadfield     | Leamingto. A | 16:31 |            |
|     |                    |              |          |          |      | 9                                    | Amanda Kelly      | CityOfSto. B | 16:41 |            |
|     |                    |              |          |          |      | 10                                   | Phoebe Dodd       | Halesowen. A | 16:43 |            |

# Midland Counties Road Relays

## at Sutton Park on Saturday 21st September 2024

### Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

|  |   |
|--|---|
| <p><b>1 Western Tempo. 'A' 1:00:31</b></p> <p>1 Amber Watson (8) 15:47 2 Megan Marchant (1) 14:27<br/>3 Lauren Cooper (1) 15:05 4 Millie Porter (1) 15:12</p>                              | <p><b>17 City Of Stoke Ac. 'D' 1:09:36</b></p> <p>1 Mandy Vernon (31) 17:13 2 Joanne Donnelly (28) 17:49<br/>3 Fiona Buxton (21) 17:13 4 Rebecca Harrison (17) 17:21</p>              |
| <p><b>2 Team Bath Ac. 'A' 1:02:32</b></p> <p>1 Lizzie Rayner (3) 15:21 2 Annabelle Wallace (3) 16:02<br/>3 Anna Domville (2) 15:30 4 Freya Spruit (2) 15:39</p>                            | <p><b>18 Sutton In Ashfield Harriers &amp;. 1:10:19</b></p> <p>1 Michelle Holmes (18) 16:30 2 Lisa Staley (22) 17:53<br/>3 Victoria Millband (18) 17:22 4 Tracy Parker (18) 18:34</p> |
| <p><b>3 Tipton Harriers. 'A' 1:03:32</b></p> <p>1 Catherine Holden (17) 16:25 2 Hayley Carruthers (4) 15:16<br/>3 Amie Williams (3) 15:47 4 Jade Charlton (3) 16:04</p>                    | <p><b>19 Birmingham Running Athletics. 'A' 1:10:29</b></p> <p>1 Naomi Mitchell (1) 14:52 2 Sarah Nolan (10) 17:45<br/>3 Emily Jones (16) 18:56 4 Helen Pike (19) 18:56</p>            |
| <p><b>4 City Of Stoke Ac. 'A' 1:04:23</b></p> <p>1 Emma Taylor (4) 15:24 2 Donna Sherwin (2) 15:57<br/>3 Sarah Mackness (4) 16:36 4 Isabella Shaw (4) 16:26</p>                            | <p><b>20 Western Tempo. 'C' 1:10:37</b></p> <p>1 Dana Machackova (52) 18:31 2 Jade Ocean (35) 17:35<br/>3 Fee Maycock (27) 17:35 4 Brittany Teague (20) 16:56</p>                     |
| <p><b>5 Western Tempo. 'B' 1:04:44</b></p> <p>1 Naomi Eaton (12) 16:07 2 Bethany Wallis (7) 16:10<br/>3 Amber Bullingham (5) 16:27 4 Abbie Milnes (5) 16:00</p>                            | <p><b>21 Bristol &amp; West Ac. 'B' 1:10:40</b></p> <p>1 Kirstin Bamford (30) 17:08 2 Eleanor Carney (19) 16:55<br/>3 Emma Clarke (13) 17:14 4 Louise Cronin (21) 19:23</p>           |
| <p><b>6 Leamington Cycling &amp; Ac. 'A' 1:06:23</b></p> <p>1 Rachel Gifford (7) 15:33 2 Rositsa Gugutkova (6) 16:40<br/>3 Monica Williamson (8) 17:39 4 Zara Hadfield (6) 16:31</p>       | <p><b>22 Swindon Harriers. 'A' 1:10:55</b></p> <p>1 Chloe Powell (9) 15:50 2 Freya Davidse (16) 17:46<br/>3 Rebecca Cornell (17) 18:08 4 Rachel Oram (22) 19:11</p>                   |
| <p><b>7 Bristol &amp; West Ac. 'A' 1:06:52</b></p> <p>1 Amy Nicholls (19) 16:31 2 Jess Heffer (9) 16:00<br/>3 Anna Ford (7) 17:09 4 Megan Powell (7) 17:12</p>                             | <p><b>23 Tipton Harriers. 'B' 1:11:03</b></p> <p>1 Mya Woodward (49) 18:28 2 Lucy Calrow (29) 16:46<br/>3 Lisa Kendrick (28) 18:37 4 Laura Hawkins (23) 17:12</p>                     |
| <p><b>8 City Of Stoke Ac. 'B' 1:07:25</b></p> <p>1 Nia Nokes (24) 16:43 2 Lucy Crayston (17) 16:58<br/>3 Emily Merrison (11) 17:03 4 Amanda Kelly (8) 16:41</p>                            | <p><b>24 Cheltenham &amp; County Harriers. 1:11:49</b></p> <p>1 Isobel Watt (15) 16:17 2 Sarah Sheppard (25) 18:30<br/>3 Milly Foster (34) 20:00 4 Rachel See (24) 17:02</p>          |
| <p><b>9 Stroud &amp; District Ac. 'A' 1:07:48</b></p> <p>1 Georgina Greenwood (13) 16:12 2 Jana (2) 16:12<br/>Dewaal (13) 17:00 3 Freya Mcfadden (15) 18:12<br/>4 K Newcombe (9) 16:24</p> | <p><b>25 Birchfield Harriers. 'B' 1:11:55</b></p> <p>1 Victoria Weir (27) 17:03 2 Sophie Banks (26) 17:49<br/>3 r Jansenvan (25) 17:54 4 Victoria Bradbury (25) 19:09</p>             |
| <p><b>10 Bitton Road Runners. 'A' 1:08:24</b></p> <p>1 Lucy Wallace (20) 16:34 2 Liz Sanigar (15) 16:52<br/>3 Robyn Hinsley (14) 17:56 4 Rachel Stowell (10) 17:02</p>                     | <p><b>26 Spa Striders. 1:12:08</b></p> <p>1 Laura Peake (35) 17:24 2 Lauren Turner (21) 16:58<br/>3 Susan Cox (32) 20:02 4 Claire Davidson (26) 17:44</p>                             |
| <p><b>11 Wolverhampton &amp; Bilston. 1:08:42</b></p> <p>1 Lorna Hulme (29) 17:06 2 Bethany Tabor (14) 16:19<br/>3 Maria Calleia (19) 18:30 4 Lucie Taitharris (11) 16:47</p>              | <p><b>27 Kenilworth Runners. 'A' 1:12:19</b></p> <p>1 Amy Fuller (23) 16:43 2 Laura Pettifer (24) 17:50<br/>3 Charlie Quayle (26) 18:16 4 Shamira Naiduyoung (27) 19:30</p>           |
| <p><b>12 Halesowen Acc. 'A' 1:08:50</b></p> <p>1 Abigail Saker (16) 16:21 2 Sarah Gill (27) 18:33<br/>3 Louise Collins (20) 17:13 4 Phoebe Dodd (12) 16:43</p>                             | <p><b>28 Banbury Harriers Ac. 1:12:40</b></p> <p>1 Jennifer Critchley (38) 17:38 2 Georgina Newell (39) 18:57<br/>3 Georgie Speck (36) 18:24 4 Tilly Lainchbury (28) 17:41</p>        |
| <p><b>13 Birchfield Harriers. 'A' 1:08:56</b></p> <p>1 Elizabeth Watters (21) 16:39 2 H Mehager (20) 17:31<br/>3 Susan Mcmanus (9) 16:09 4 Meghan Beesley (13) 18:37</p>                   | <p><b>29 Stroud &amp; District Ac. 'B' 1:12:48</b></p> <p>1 Adele Potts (46) 18:22 2 Emily Chandler (30) 16:55<br/>3 Tina Hill (33) 19:10 4 Thearose Lowe (29) 18:21</p>              |
| <p><b>14 Shrewsbury Ac. 'A' 1:08:58</b></p> <p>1 Naomi Cook (36) 17:29 2 Alexandra Herrick (32) 18:05<br/>3 Florence Roberts (24) 17:08 4 Eleanor Pitcher (14) 16:16</p>                   | <p><b>30 Telford Ac. 'A' 1:13:08</b></p> <p>1 Zoe Gilbody (2) 15:16 2 Scarlett Williams (31) 20:02<br/>3 Emily Gapper (29) 18:49 4 Isobelle Standell (30) 19:01</p>                   |
| <p><b>15 Worcester Ac. 1:09:12</b></p> <p>1 Emma Robertson (22) 16:41 2 Beatrice Rusby (23) 17:49<br/>3 Lilia Mico (22) 17:50 4 Nicola Turner (15) 16:52</p>                               | <p><b>31 Westbury Harriers. 1:13:32</b></p> <p>1 Tamsin Chick (33) 17:22 2 Megan Orriss (37) 19:05<br/>3 Maeve Robinson (35) 18:24 4 Hannah Batchelor (31) 18:41</p>                  |
| <p><b>16 Corby Ac. 1:09:24</b></p> <p>1 Ashleigh Walters (11) 16:01 2 Ellie Welch (8) 16:18<br/>3 Erin Treacy (6) 16:59 4 Sandra Birina (16) 20:06</p>                                     | <p><b>32 Newark Ac. 1:13:59</b></p> <p>1 Patricia Jackman (5) 15:27 2 Cloe Hubbard (12) 17:42<br/>3 K Etheringtonbates (23) 19:26 4 Tilly Owens (32) 21:24</p>                        |

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

|   |                               |   |                                  |
|---|-------------------------------|---|----------------------------------|
| <b>33 Kenilworth Runners. 'B' 1:14:36</b>           |                               | <b>50 Stourbridge Rc. 1:22:08</b>             |                                  |
| 1 Haley Cotton (63) 20:10                           | 2 Nicola Johnston (49) 18:27  | 1 Amy Dewhurst (26) 16:59                     | 2 Helen Evans (53) 23:01         |
| 3 Emma Reid (37) 16:33                              | 4 Lesley Mellor (33) 19:26    | 3 Jenny Martin (53) 22:08                     | 4 Rachel Smith (50) 20:00        |
| <b>34 Bournville Harriers. 'A' 1:15:24</b>          |                               | <b>51 Newcastle Staffs Ac. 'C' 1:23:06</b>    |                                  |
| 1 Charlotte Baker (32) 17:18                        | 2 Grace Ball (33) 18:36       | 1 Kelly Amphlett (71) 21:36                   | 2 Hannah Jones (69) 22:18        |
| 3 Joanna Cox (38) 20:30                             | 4 Katy Mcgonigal (34) 19:00   | 3 Jan Cassidy (58) 19:16                      | 4 MCunningham (51) 19:56         |
| <b>35 Notts Ac. 'A' 1:16:04</b>                     |                               | <b>52 Dudley Kingswinford Rc. 'A' 1:23:47</b> |                                  |
| 1 Catherine Charlton (34) 17:23                     | 2 Sarah Costin (38) 19:06     | 1 Kirsty Brook (62) 19:53                     | 2 Clare Wood (54) 20:22          |
| 3 Ellen Gallie (31) 17:53                           | 4 Katie Speake (35) 21:42     | 3 Amy Cotter (49) 20:23                       | 4 Wendy Raybould (52) 23:09      |
| <b>36 Birmingham Running Athletics. 'B' 1:16:28</b> |                               | <b>53 Halesowen Acc. 'B' 1:24:16</b>          |                                  |
| 1 Becki Timmings (10) 15:51                         | 2 Naomi Bekoe (46) 22:17      | 1 Michelle Dale (47) 18:25                    | 2 Ryley Malone Priest (48) 19:57 |
| 3 Emma Morley (41) 18:53                            | 4 Jemma Morrison (36) 19:27   | 3 Sally Spencer (46) 20:35                    | 4 Jessica Jones (53) 25:19       |
| <b>37 Royal Sutton Coldfield Ac. 'A' 1:16:47</b>    |                               | <b>54 Heanor Rc. 'B' 1:25:03</b>              |                                  |
| 1 Georgia Delaney (25) 16:57                        | 2 Lucy Routledge (18) 16:55   | 1 Jayne Lynas (66) 20:35                      | 2 Susan Pinder (57) 21:21        |
| 3 Olivia Harris (12) 17:06                          | 4 m Vander (37) 25:49         | 3 Georgina Riley (57) 21:01                   | 4 Rita Fisher (54) 22:06         |
| <b>38 Bitton Road Runners. 'B' 1:17:06</b>          |                               | <b>55 Tipton Harriers. 'C' 1:25:12</b>        |                                  |
| 1 Helen Owen (50) 18:29                             | 2 Lynette Porter (41) 18:38   | 1 Sallyann Walker (54) 18:40                  | 2 Penelope Barber (56) 21:55     |
| 3 Felicity March (44) 20:37                         | 4 Chloe Parsons (38) 19:22    | 3 Ruth Horton (56) 21:41                      | 4 Rachel Lane (55) 22:56         |
| <b>39 Mansfield Harriers. 1:17:08</b>               |                               | <b>56 Centurion Rc. 'A' 1:26:08</b>           |                                  |
| 1 Hannah Wragg (51) 18:29                           | 2 Sophie Toyn (36) 17:44      | 1 Theresa Woolley (58) 19:18                  | 2 Louise Johnson (60) 23:15      |
| 3 Emma Mason (40) 20:38                             | 4 Sarah Bradbury (39) 20:17   | 3 Katie Giles (63) 23:34                      | 4 Sade Mckenzie (56) 20:01       |
| <b>40 Newcastle Staffs Ac. 'A' 1:17:34</b>          |                               | <b>57 Kenilworth Runners. 'C' 1:26:14</b>     |                                  |
| 1 Hannah Royle (53) 18:37                           | 2 Alys Crofts (47) 19:40      | 1 Jan Richards (77) 22:43                     | 2 Angela Pozoramajo (70) 21:50   |
| 3 Caitlin Taylor (42) 19:09                         | 4 Julia Young (40) 20:08      | 3 Hannah Jones (61) 21:09                     | 4 K Bumetnicholl (57) 20:32      |
| <b>41 Royal Sutton Coldfield Ac. 'B' 1:17:59</b>    |                               | <b>58 Swindon Harriers. 'B' 1:26:26</b>       |                                  |
| 1 Caroline Tamowski (43) 18:09                      | 2 Martha Wood (40) 18:28      | 1 Lucy Fitzpatrick (42) 18:03                 | 2 Katie New (52) 21:14           |
| 3 Katie Britnell (39) 19:54                         | 4 Annette Belcher (41) 21:28  | 3 Felicity Webb (55) 22:55                    | 4 Jane Spencer (58) 24:14        |
| <b>42 Leamington Cycling &amp; Ac. 'B' 1:18:37</b>  |                               | <b>59 Angels Rc. 1:27:50</b>                  |                                  |
| 1 Amie Buttle (41) 18:01                            | 2 Verity Atkins (43) 19:27    | 1 Mandy Neufeld (78) 22:46                    | 2 Joanne Carter (71) 23:22       |
| 3 Eve Walpole (43) 20:11                            | 4 Frances Keenan (42) 20:58   | 3 Helen Pemberton (66) 22:06                  | 4 Samantha Dyer (59) 19:36       |
| <b>43 Heanor Rc. 'A' 1:18:38</b>                    |                               | <b>60 Severn Ac. 1:28:36</b>                  |                                  |
| 1 Lily Winfield (39) 17:42                          | 2 Charlotte Hicks (44) 20:20  | 1 Megan Vanleeuwen (70) 21:30                 | 2 Samantha Watts (63) 21:31      |
| 3 Anna Harding (45) 20:05                           | 4 Anita Hicks (43) 20:31      | 3 Sophie Collier (64) 23:52                   | 4 Idella Goga (60) 21:43         |
| <b>44 Knowle &amp; Dorridge Rc. 1:19:11</b>         |                               | <b>61 Clc Striders. 1:28:43</b>               |                                  |
| 1 Kate Leeson (57) 19:08                            | 2 Kerry Thompson (45) 18:56   | 1 Laura Mcevoy (69) 21:03                     | 2 Hifsa O'Kelly (66) 22:31       |
| 3 Katherine Plummer (48) 22:11                      | 4 Myshola Kirkham (44) 18:56  | 3 Heather Ip (65) 24:21                       | 4 Laura Leaver (61) 20:48        |
| <b>45 Telford Ac. 'B' 1:19:19</b>                   |                               | <b>62 Massey Ferguson Rc. 'A' 1:29:48</b>     |                                  |
| 1 Robin Morris (37) 17:32                           | 2 Leonie Childs (51) 21:37    | 1 Joy Woollass (65) 20:23                     | 2 Emma Eastwood (65) 23:07       |
| 3 Lucy Gapper (47) 21:00                            | 4 Cristina O'Brien (45) 19:10 | 3 Sonia Karamat (67) 24:45                    | 4 Lizzie Watts (62) 21:33        |
| <b>46 Hermitage Harriers. 1:20:37</b>               |                               | <b>63 Harborough Ac. 1:30:52</b>              |                                  |
| 1 Fiona Townsend (73) 22:03                         | 2 Danielle Dawson (61) 20:40  | 1 Jacquie Hanmer (60) 19:28                   | 2 Maxine Ward (59) 23:00         |
| 3 Joanne Matthews (54) 19:29                        | 4 Alice Bucklow (46) 18:25    | 3 Megan Brocklebank (69) 27:35                | 4 Madeleine Stevens (63) 20:49   |
| <b>47 Gloucester Ac. 1:20:42</b>                    |                               | <b>64 Newcastle Staffs Ac. 'B' 1:34:16</b>    |                                  |
| 1 Grace Hinga (48) 18:26                            | 2 Nicola Waters (58) 23:53    | 1 Claire Ashmore (84) 26:07                   | 2 Holly Thompson (75) 20:35      |
| 3 Amber Spackman (51) 19:19                         | 4 Emma Stalberg (47) 19:04    | 3 Louise Hancock (71) 24:19                   | 4 Alison Condylyffe (64) 23:15   |
| <b>48 Huncote Harriers. 1:21:23</b>                 |                               | <b>65 West Bromwich Harriers. 'A' 1:34:32</b> |                                  |
| 1 Natalie Mee (40) 17:42                            | 2 Susan Gardner (50) 21:05    | 1 Isabel Verney (75) 22:22                    | 2 S Berezenko (73) 24:01         |
| 3 Kerry Griffiths (50) 22:06                        | 4 Jessica Noake (48) 20:30    | 3 Sarah Franklin (70) 24:30                   | 4 Emily Cresswell (65) 23:39     |
| <b>49 City Of Birmingham Striders. 1:22:03</b>      |                               | <b>66 Kenilworth Runners. 'D' 1:34:56</b>     |                                  |
| 1 Ellie Jones (45) 18:20                            | 2 Claudia Mendes (55) 22:10   | 1 Melanie Beasley (79) 23:44                  | 2 Eleanor Johnstone (80) 26:06   |
| 3 Nadia Maalin (52) 21:24                           | 4 Tamsin Carpenter (49) 20:09 | 3 Jackie Bulman (73) 22:07                    | 4 Lucy Gwynne (66) 22:59         |

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## 67 Massey Ferguson Rc.

|   |     |         |   |
|---|-----|---------|---|
| 1 Sarah James (80) 24:23<br>3 Michelle Yates (74) 25:35 | ‘B’ | 1:39:42 | 2 Claire Coventry (78) 24:08<br>4 Kirstie Wilson (67) 25:36 |
|---|-----|---------|---|

## Solihull & Small Heath Ac.

|  |     |       |                          |
|--|-----|-------|--------------------------|
| 1 Francesca Dix (56) 19:00<br>3 Heather Fooks (62) 22:56 | ‘C’ | 23:47 | 2 C Defreitas (62) 23:47 |
|--|-----|-------|--------------------------|

## 68 Dudley Kingswinford Rc.

|  |     |         |   |
|--|-----|---------|---|
| 1 Julie Nicholls (74) 22:18<br>3 Karen Huxtable (75) 26:12 | ‘B’ | 1:40:25 | 2 Sally Husselbee (79) 26:17<br>4 Kay Wright (68) 25:38 |
|--|-----|---------|---|

## Birmingham Running Athletics. ‘C’

|  |     |       |                           |
|--|-----|-------|---------------------------|
| 1 Lauren Hevey (61) 19:38<br>3 CBullivant (68) 24:58 | ‘C’ | 24:08 | 2 DISQUALIFIED (68) 24:08 |
|--|-----|-------|---------------------------|

## Sneyd Striders.

|   |     |       |                              |
|---|-----|-------|------------------------------|
| 1 Sharon Cave (87) 27:44<br>3 EmmaCobley (79) 32:11 | ‘C’ | 22:33 | 2 Leanne Harrison (81) 22:33 |
|---|-----|-------|------------------------------|

## 69 Kenilworth Runners.

|   |     |         |  |
|---|-----|---------|--|
| 1 Helen Baker (82) 25:05<br>3 Sarah Asprey (76) 24:19 | ‘E’ | 1:40:29 | 2 Catherine Atkinson (82) 25:43<br>4 Clare Crofts (69) 25:22 |
|---|-----|---------|--|

## Birchfield Harriers. ‘C’

|                               |     |       |                           |
|-------------------------------|-----|-------|---------------------------|
| 1 Samantha Watters (44) 18:09 | ‘C’ | 17:54 | 2 Sarah Conway (34) 17:54 |
|-------------------------------|-----|-------|---------------------------|

## 70 Sphinx Ac.

|  |     |         |  |
|--|-----|---------|--|
| 1 Lorraine Smith (76) 22:38<br>3 Chelsey Deighton (72) 23:40 | ‘B’ | 1:42:27 | 2 Sarah Goodland (76) 24:49<br>4 Phoebe Tully (70) 31:20 |
|--|-----|---------|--|

## Shrewsbury Ac. ‘B’

|                              |     |       |                           |
|------------------------------|-----|-------|---------------------------|
| 1 Rachael Handley (55) 18:47 | ‘B’ | 18:23 | 2 Hannah Pease (42) 18:23 |
|------------------------------|-----|-------|---------------------------|

## 71 Centurion Rc.

|  |     |         |   |
|--|-----|---------|---|
| 1 Kira Bowes (81) 24:43<br>3 Michelle Smith (78) 26:18 | ‘B’ | 1:43:58 | 2 Denise Makepeace (83) 26:38<br>4 Sarah Oakes (71) 26:19 |
|--|-----|---------|---|

## Birmingham Running Athletics. ‘E’

|                           |     |       |                           |
|---------------------------|-----|-------|---------------------------|
| 1 Amber Seddon (72) 21:39 | ‘E’ | 22:00 | 2 Jane Jackson (67) 22:00 |
|---------------------------|-----|-------|---------------------------|

## Bournville Harriers. ‘B’

|                           |     |       |                           |
|---------------------------|-----|-------|---------------------------|
| 1 Alice Hopper (64) 20:15 | ‘B’ | 26:12 | 2 Anna Mcmanus (74) 26:12 |
|---------------------------|-----|-------|---------------------------|

## 72 Northbrook Ac.

|   |     |         |  |
|---|-----|---------|--|
| 1 Debbie Campbell (68) 20:49<br>3 Carly Wood (77) 29:56 | ‘B’ | 1:44:53 | 2 Claire Messenger (72) 25:21<br>4 Verity Brannen (72) 28:47 |
|---|-----|---------|--|

## Centurion Rc. ‘C’

|                              |     |       |                            |
|------------------------------|-----|-------|----------------------------|
| 1 Clare Colquhoun (86) 27:13 | ‘C’ | 29:16 | 2 Sharon Seston (85) 29:16 |
|------------------------------|-----|-------|----------------------------|

## 73 West Bromwich Harriers.

|   |     |         |   |
|---|-----|---------|---|
| 1 Laura Davis (85) 26:40<br>3 Rabina Begum (80) 29:22 | ‘B’ | 1:52:09 | 2 Michelle Cresswell (84) 28:37<br>4 Tara Donnelly (73) 27:30 |
|---|-----|---------|---|

## Bromsgrove & Redditch.

|                          |     |       |                              |
|--------------------------|-----|-------|------------------------------|
| 1 Hannah Dale (28) 17:04 | ‘B’ | 20:47 | 2 Donna Davenport (67) 20:47 |
|--------------------------|-----|-------|------------------------------|

## Notts Ac.

|                              |     |       |                              |
|------------------------------|-----|-------|------------------------------|
| 1 Donna Davenport (67) 20:47 | ‘B’ | 20:47 | 2 Donna Davenport (67) 20:47 |
|------------------------------|-----|-------|------------------------------|

## Incomplete Teams:

### Wreake & Soar Valley.

|  |     |       |                         |
|--|-----|-------|-------------------------|
| 1 Sophie Edge (14) 16:16<br>3 Lucy Hart (10) 17:30 | ‘A’ | 16:45 | 2 Rosie West (11) 16:45 |
|--|-----|-------|-------------------------|

### Charnwood A.C.

|  |     |       |                          |
|--|-----|-------|--------------------------|
| 1 Hannah Seager (6) 15:29<br>3 Alison Foord (30) 22:21 | ‘A’ | 16:31 | 2 Aimee Seager (5) 16:31 |
|--|-----|-------|--------------------------|

### Lichfield Rc.

|  |     |       |                             |
|--|-----|-------|-----------------------------|
| 1 Judy Hammersley (59) 19:22<br>3 Carly O’neill (59) 20:54 | ‘D’ | 22:31 | 2 Gillian Jelley (64) 23:47 |
|--|-----|-------|-----------------------------|

### Birmingham Running Athletics.

|  |     |       |                            |
|--|-----|-------|----------------------------|
| 1 Mary Ross (83) 25:24<br>3 Evelyn Iwanek (60) 17:00 | ‘D’ | 22:31 | 2 Helen Bloomer (77) 22:31 |
|--|-----|-------|----------------------------|

## Fastest of all legs

|                     |            |   |          |
|---------------------|------------|---|----------|
| 1 Megan Marchant    | WesternTe. | A | 14:27(2) |
| 2 Naomi Mitchell    | Birmingha. | A | 14:52(1) |
| 3 Lauren Cooper     | WesternTe. | A | 15:05(3) |
| 4 Millie Porter     | WesternTe. | A | 15:12(4) |
| 5 Zoe Gilbody       | TelfordAc. | A | 15:16(1) |
| = Hayley Carruthers | TiptonHar. | A | 15:16(2) |
| 7 Lizzie Rayner     | TeamBathA. | A | 15:21(1) |
| 8 Emma Taylor(V35)  | CityOfSto. | A | 15:24(1) |
| 9 Patricia Jackman  | NewarkAc . |   | 15:27(1) |
| 10 Hannah Seager    | Charnwood. | A | 15:29(1) |