

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## - Masters Men Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Kristian Watson	MansfieldM A	19:04	16	Michael Bracken	Solihull&M	21:43
2	Luke Maskew	WolverhamM A	19:15	17	John Finn	StourbridM A	22:32
3	Paul Jones	ShrewsburM	19:20	18	Scott Beverley	BromsgrovM	22:37
4	Mark Ince	BirminghamA	19:22	19	Nick Hazelwood	HalesowenM	23:02
5	Tom Hunton	SwindonHaM	19:54	20	Paul Smith	NuneatonHM B	23:18
6	Daniel Jones	TeamBathAM A	19:58	21	David Bevan	NuneatonHM C	23:54
7	Mark Fritchley	WorcesterM	20:17	22	Adam Guy	WolverhamM C	25:15
8	Paul O'brien	TelfordAcM	20:19	23	Mark Whitmore	CharnwoodM	25:16
9	Neil Dixon	NewcastleM	20:21	24	Peter Walters	StourbridM B	25:45
10	Scott Hastings	NuneatonHM A	20:29	25	Stewart Bond	BournvillM A	25:56
11	Marcus Mumford	BlackPearM A	20:35	26	David Norman	WolverhamM B	26:12
12	Martin Pratt	TrenthamRM	20:37	27	Christopher Berry	BlackPearM B	27:32
13	Adam Wright	MansfieldM B	20:48	28	Daniel Wilson	BournvillM B	27:57
14	Martin Matthews	BirminghamB	21:06	29	Andrew Manning	SparkhillM A	28:49
15	Alex Tanner	TeamBathAM B	21:16	30	Graham Hygate	SparkhillM B	30:11

## - Masters Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Paul Wright	MansfieldM A	18:31	37:35	0	22	Chris Duncan	Solihull&M	26:48	48:31-	6
2	Steve Turner	BirminghamA	19:29	38:51+	2	23	Tom Robinson	BournvillM A	23:42	49:38+	2
3	Robert Kerr	ShrewsburM	20:32	39:52	0	24	Gordon Docherty	CharnwoodM	24:51	50:07-	1
4	Peter Grist	TeamBathAM A	19:58	39:56+	2	25	Robert Woodward	StourbridM B	24:52	50:37-	1
5	Paul Marson	WolverhamM A	21:15	40:30-	3	26	Robert Edwards	WolverhamM C	27:16	52:31-	4
6	Simon Dill	SwindonHaM	20:54	40:48-	1	27	Simon Outhwaite	SparkhillM A	27:07	55:56+	2
7	Craig Taylor	NewcastleM	21:02	41:23+	2	28	Kevin Peace	BournvillM B	31:02	58:59	0
8	Simon Fisher	MansfieldM B	20:48	41:36+	5	29	Craig Hinks	SparkhillM B	34:27	1:04:38+	1
9	Daniel Geisler	WorcesterM	21:43	42:00-	2	<b>Fastest runners over stage 2:</b>					
10	Johnathan Ritchie	NuneatonHM A	21:39	42:08	0	1	Paul Wright	MansfieldM A	18:31		
11	Dean Gapper	TelfordAcM	21:53	42:12-	3	2	Steve Turner	BirminghamA	19:29		
12	Phil King	TeamBathAM B	21:38	42:54+	3	3	Peter Grist	TeamBathAM A	19:58		
13	Nasar Rafiq	TrenthamRM	22:56	43:33-	3	4	Robert Kerr	ShrewsburM	20:32		
14	Jonathan Phillips	BlackPearM A	22:59	43:34-	1	5	Simon Fisher	MansfieldM B	20:48		
15	Nick Dale	BromsgrovM	21:02	43:39+	3	6	Simon Dill	SwindonHaM	20:54		
16	Robert Colman	StourbridM A	21:57	44:29+	1	7	Nick Dale	BromsgrovM	21:02		
17	Matt Gresty	BirminghamB	23:31	44:37-	3	8	Craig Taylor	NewcastleM	21:02		
18	Richard White	HalesowenM	21:43	44:45+	1	9	Ashley Atkinson	WolverhamM B	21:08		
19	Garry Hodgkins	NuneatonHM B	22:21	45:39+	1	10	Paul Marson	WolverhamM A	21:15		
20	Ashley Atkinson	WolverhamM B	21:08	47:20+	6						
21	Dean Bateman	NuneatonHM C	24:30	48:24	0						

## - Masters Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Daniel Wheat	MansfieldM A	20:01	57:36	0	22	Neal Lowe	NuneatonHM C	26:28	1:14:52-	1
2	Daniel Dalmedo	BirminghamA	20:47	59:38	0	23	Simon O'sullivan	Solihull&M	26:38	1:15:09-	1
3	Jason Rowland	TeamBathAM A	20:33	1:00:29+	1	24	Mark Fletcher	CharnwoodM	25:08	1:15:15	0
4	Richard Mckenna	ShrewsburM	20:47	1:00:39-	1	25	Steven Deacon	StourbridM B	25:57	1:16:34	0
5	Matt Fairlamb	WorcesterM	19:36	1:01:36+	4	26	Mark Illidge	WolverhamM C	26:23	1:18:54	0
6	Gary Worrall	WolverhamM A	21:12	1:01:42-	1	27	Andy Carroll	SparkhillM A	29:50	1:25:46	0
7	Joe Henstock	MansfieldM B	21:07	1:02:43+	1	28	James Gittins	BournvillM B	28:35	1:27:34	0
8	Ian Spencer	SwindonHaM	22:18	1:03:06-	2	29	Mick Edwards	SparkhillM B	39:12	1:43:50	0
9	Andrew Walker	NewcastleM	22:26	1:03:49-	2	<b>Fastest runners over stage 3:</b>					
10	Matt Collins	NuneatonHM A	22:09	1:04:17	0	1	Matt Fairlamb	WorcesterM	19:36		
11	Wayne Watkins	BromsgrovM	21:04	1:04:43+	4	2	Daniel Wheat	MansfieldM A	20:01		
12	Darren Hands	TelfordAcM	23:09	1:05:21-	1	3	Jason Rowland	TeamBathAM A	20:33		
13	Chris Mosiuk	TrenthamRM	22:32	1:06:05	0	4	Richard Mckenna	ShrewsburM	20:47		
14	Joe Burn	StourbridM A	21:40	1:06:09+	2	5	Daniel Dalmedo	BirminghamA	20:47		
15	Jorge Crockford	TeamBathAM B	24:26	1:07:20-	3	6	Wayne Watkins	BromsgrovM	21:04		
16	Chris Grimley	BirminghamB	22:48	1:07:25+	1	7	Joe Henstock	MansfieldM B	21:07		
17	Matthew Kinsella	NuneatonHM B	21:51	1:07:30+	2	8	Gary Worrall	WolverhamM A	21:12		
18	Jonathan Newey	BlackPearM A	25:21	1:08:55-	4	9	Joe Burn	StourbridM A	21:40		
19	Carl Follows	HalesowenM	24:39	1:09:24-	1	10	Matthew Kinsella	NuneatonHM B	21:51		
20	David Newport	WolverhamM B	23:20	1:10:40	0						
21	Xenofon Gogouvitis	BournvillM A	23:26	1:13:04+	2						

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## - Masters Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Jan Bailey	MansfieldM A	19:00	1:16:36	0	21	Andrew Wheeler	BournvillM A	24:46	1:37:50	0
2	Harry Bowles	TeamBathAM A	19:29	1:19:58+	1	22	Terence Orouke	NuneatonHM C	23:29	1:38:21	0
3	A Tsolakis	BirminghaM A	20:25	1:20:03-	1	23	Michael Reynolds	Solihull&M	25:43	1:40:52	0
4	Jon Hart	WolverhamM A	18:38	1:20:20+	2	24	Carl Wright	StourbridM B	28:23	1:44:57+	1
5	James Stuart	ShrewsburM	20:09	1:20:48-	1	25	Roland Gibbard	CharnwoodM	30:58	1:46:13-	1
6	Luke Byrne	SwindonHaM	19:04	1:22:10+	2	26	Andrew Law	SparkhillM A	28:33	1:54:19+	1
7	Darren Kirby	WorcesterM	21:39	1:23:15-	2	27	Michael Mcdermott	BournvillM B	31:48	1:59:22+	1
8	Paul Whittingham	MansfieldM B	22:03	1:24:46-	1	<b>Fastest runners over stage 4:</b>					
9	Matthew Robinson	NewcastleM	22:37	1:26:26	0	1	Jon Hart	WolverhamM A	18:38		
10	Kevin Fisher	BromsgrovM	22:24	1:27:07+	1	2	Jan Bailey	MansfieldM A	19:00		
11	Jack Easthope	NuneatonHM A	23:03	1:27:20-	1	3	Luke Byrne	SwindonHaM	19:04		
12	Mark Dewhirst	StourbridM A	23:14	1:29:23+	2	4	Harry Bowles	TeamBathAM A	19:29		
13	Oliver Kirkland	BirminghaM B	22:28	1:29:53+	3	5	James Stuart	ShrewsburM	20:09		
14	Andy Parkes	NuneatonHM B	23:17	1:30:47+	3	6	A Tsolakis	BirminghaM A	20:25		
15	David Coales	TeamBathAM B	23:49	1:31:09	0	7	Darren Kirby	WorcesterM	21:39		
16	Chris Watson	TrenthamRM	25:22	1:31:27-	3	8	Paul Whittingham	MansfieldM B	22:03		
17	Clive Andrews	BlackPearM A	23:49	1:32:44+	1	9	Kevin Fisher	BromsgrovM	22:24		
18	James Parker	HalesowenM	23:40	1:33:04+	1	10	Oliver Kirkland	BirminghaM B	22:28		
19	Tony Preece	TelfordAcM	27:45	1:33:06-	7						
20	Lee Pearson	WolverhamM B	23:06	1:33:46	0						

## - Masters Men Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Marlon Dunkley	MansfieldM A	19:52	1:36:28	0	20	David Bristol	BournvillM A	24:29	2:02:19+	1
2	Owen Jones	BirminghaM A	19:31	1:39:34+	1	21	Alex Kismul	NuneatonHM C	28:05	2:06:26+	1
3	Simon Brace	TeamBathAM A	20:43	1:40:41-	1	22	Paul Clarke	WolverhamM B	33:23	2:07:09-	2
4	Tom Isherwood	WolverhamM A	20:27	1:40:47	0	23	Steve Howes	Solihull&M	28:23	2:09:15	0
5	Luke Butler	ShrewsburM	20:56	1:41:44	0	24	Lewis Smith	StourbridM B	27:56	2:12:53	0
6	David Sirrelle	SwindonHaM	21:09	1:43:19	0	25	Charles Fentiman	SparkhillM A	32:05	2:26:24+	1
7	Gary Berzins	MansfieldM B	22:59	1:47:45+	1	26	Paul Samuels	BournvillM B	34:04	2:33:26+	1
8	Derek Jackson	WorcesterM	24:57	1:48:12-	1	<b>Fastest runners over stage 5:</b>					
9	Andrew Massey	NuneatonHM A	22:42	1:50:02+	2	1	Owen Jones	BirminghaM A	19:31		
10	Darren Masson	BromsgrovM	23:23	1:50:30	0	2	Marlon Dunkley	MansfieldM A	19:52		
11	Tom Young	NewcastleM	24:58	1:51:24-	2	3	Tom Isherwood	WolverhamM A	20:27		
12	C Burrows	BirminghaM B	22:47	1:52:40+	1	4	Simon Brace	TeamBathAM A	20:43		
13	Ryan Jordan	StourbridM A	24:23	1:53:46-	1	5	Luke Butler	ShrewsburM	20:56		
14	Tim Hill	TeamBathAM B	22:59	1:54:08+	1	6	David Sirrelle	SwindonHaM	21:09		
15	Steven Hargrave	NuneatonHM B	23:34	1:54:21-	1	7	Andrew Butler	HalesowenM	21:54		
16	Andrew Butler	HalesowenM	21:54	1:54:58+	2	8	Chris Attwood	BlackPearM A	22:16		
17	Chris Attwood	BlackPearM A	22:16	1:55:00	0	9	Andrew Massey	NuneatonHM A	22:42		
18	Ian Heath	TrenthamRM	24:08	1:55:35-	2	10	C Burrows	BirminghaM B	22:47		
19	Paul Coupe	TelfordAcM	23:53	1:56:59	0						

## - Masters Men Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain	Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	C Patterson	MansfieldM A	18:58	1:55:26	0	20	Philip Evans	NuneatonHM C	23:54	2:30:20+	1
2	Robert Vaughan	BirminghaM A	19:53	1:59:27	0	21	Paul Rogers	WolverhamM B	23:25	2:30:34+	1
3	M Costello	ShrewsburM	19:06	2:00:50+	2	22	James Pollard	BournvillM A	29:51	2:32:10-	2
4	James Donald	TeamBathAM A	20:47	2:01:28-	1	23	Chris Reynolds	StourbridM B	21:56	2:34:49+	1
5	Ben Foster	WolverhamM A	21:13	2:02:00-	1	24	Paul Lloyd	Solihull&M	29:06	2:38:21-	1
6	Courtenay Chessell	SwindonHaM	19:51	2:03:10	0	25	Shangxi Wen	BournvillM B	31:11	3:04:37+	1
7	Matthew Bottomore	MansfieldM B	21:00	2:08:45	0	<b>Fastest runners over stage 6:</b>					
8	Luke Melling	NuneatonHM A	21:07	2:11:09+	1	1	C Patterson	MansfieldM A	18:58		
9	David O'brien	WorcesterM	23:23	2:11:35-	1	2	M Costello	ShrewsburM	19:06		
10	Adam Tyson	NewcastleM	20:54	2:12:18+	1	3	Courtenay Chessell	SwindonHaM	19:51		
11	Alex Parker	BirminghaM B	20:35	2:13:15+	1	4	Robert Vaughan	BirminghaM A	19:53		
12	Robert Mole	BromsgrovM	23:08	2:13:38-	2	5	Alex Parker	BirminghaM B	20:35		
13	Stephen Rose	TeamBathAM B	21:24	2:15:32+	1	6	James Donald	TeamBathAM A	20:47		
14	Ezra Parker	StourbridM A	22:17	2:16:03-	1	7	Adam Tyson	NewcastleM	20:54		
15	Chris Hamerhodes	NuneatonHM B	23:47	2:18:08	0	8	Matthew Bottomore	MansfieldM B	21:00		
16	James Wilson	TelfordAcM	23:42	2:20:41+	3	9	Luke Melling	NuneatonHM A	21:07		
17	David Leather	BlackPearM A	25:51	2:20:51	0	10	Ben Foster	WolverhamM A	21:13		
18	AlexMorgan	HalesowenM	26:52	2:21:50-	2						
19	Roger Grand	TrenthamRM	26:29	2:22:04-	1						

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

## Masters Men — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Mansfield Harriers M</b>			<b>'A' 1:55:26</b>			<b>14 Stourbridge Rc M</b>			<b>'A' 2:16:03</b>		
1	Kristian Watson	(1) 19:04	2	Paul Wright	(1) 18:31	1	John Finn	(17) 22:32	2	Robert Colman	(16) 21:57
3	Daniel Wheat	(1) 20:01	4	Jan Bailey	(1) 19:00	3	Joe Burn	(14) 21:40	4	Mark Dewhurst	(12) 23:14
5	Marlon Dunkley	(1) 19:52	6	C Patterson	(1) 18:58	5	Ryan Jordan	(13) 24:23	6	Ezra Parker	(14) 22:17
<b>2 Birmingham Running Athletics M</b>			<b>'A' 1:59:27</b>			<b>15 Nuneaton Harriers M</b>			<b>'B' 2:18:08</b>		
1	Mark Ince	(4) 19:22	2	Steve Turner	(2) 19:29	1	Paul Smith	(20) 23:18	2	Garry Hodgkins	(19) 22:21
3	Daniel Dalmedo	(2) 20:47	4	A Tsolakis	(3) 20:25	3	Matthew Kinsella	(17) 21:51	4	Andy Parkes	(14) 23:17
5	Owen Jones	(2) 19:31	6	Robert Vaughan	(2) 19:53	5	Steven Hargrave	(15) 23:34	6	Chris Hamerhodes	(15) 23:47
<b>3 Shrewsbury Ac M</b>			<b>2:00:50</b>			<b>16 Telford Ac M</b>			<b>2:20:41</b>		
1	Paul Jones	(3) 19:20	2	Robert Kerr	(3) 20:32	1	Paul O'brien	(8) 20:19	2	Dean Gapper	(11) 21:53
3	Richard Mckenna	(4) 20:47	4	James Stuart	(5) 20:09	3	Darren Hands	(12) 23:09	4	Tony Preece	(19) 27:45
5	Luke Butler	(5) 20:56	6	M Costello	(3) 19:06	5	Paul Coupe	(19) 23:53	6	James Wilson	(16) 23:42
<b>4 Team Bath Ac M</b>			<b>'A' 2:01:28</b>			<b>17 Black Pear Joggers M</b>			<b>'A' 2:20:51</b>		
1	Daniel Jones	(6) 19:58	2	Peter Grist	(4) 19:58	1	Marcus Mumford	(11) 20:35	2	Jonathan Phillips	(14) 22:59
3	Jason Rowland	(3) 20:33	4	Harry Bowles	(2) 19:29	3	Jonathan Newey	(18) 25:21	4	Clive Andrews	(17) 23:49
5	Simon Brace	(3) 20:43	6	James Donald	(4) 20:47	5	Chris Attwood	(17) 22:16	6	David Leather	(17) 25:51
<b>5 Wolverhampton &amp; Bilston M</b>			<b>'A' 2:02:00</b>			<b>18 Halesowen Acc M</b>			<b>2:21:50</b>		
1	Luke Maskew	(2) 19:15	2	Paul Marson	(5) 21:15	1	Nick Hazelwood	(19) 23:02	2	Richard White	(18) 21:43
3	Gary Worrall	(6) 21:12	4	Jon Hart	(4) 18:38	3	Carl Follows	(19) 24:39	4	James Parker	(18) 23:40
5	Tom Isherwood	(4) 20:27	6	Ben Foster	(5) 21:13	5	Andrew Butler	(16) 21:54	6	Alex Morgan	(18) 26:52
<b>6 Swindon Harriers M</b>			<b>2:03:10</b>			<b>19 Trentham Rc M</b>			<b>2:22:04</b>		
1	Tom Hunton	(5) 19:54	2	Simon Dill	(6) 20:54	1	Martin Pratt	(12) 20:37	2	Nasar Rafiq	(13) 22:56
3	Ian Spencer	(8) 22:18	4	Luke Byrne	(6) 19:04	3	Chris Mosiuk	(13) 22:32	4	Chris Watson	(16) 25:22
5	David Sirrelle	(6) 21:09	6	Courtenay Chessell	(6) 19:51	5	Ian Heath	(18) 24:08	6	Roger Grand	(19) 26:29
<b>7 Mansfield Harriers M</b>			<b>'B' 2:08:45</b>			<b>20 Nuneaton Harriers M</b>			<b>'C' 2:30:20</b>		
1	Adam Wright	(13) 20:48	2	Simon Fisher	(8) 20:48	1	David Bevan	(21) 23:54	2	Dean Bateman	(21) 24:30
3	Joe Henstock	(7) 21:07	4	Paul Whittingham	(8) 22:03	3	Neal Lowe	(22) 26:28	4	Terence Orouke	(22) 23:29
5	Gary Berzins	(7) 22:59	6	Matthew Bottomore	(7) 21:00	5	Alex Kismul	(21) 28:05	6	Philip Evans	(20) 23:54
<b>8 Nuneaton Harriers M</b>			<b>'A' 2:11:09</b>			<b>21 Wolverhampton &amp; Bilston M</b>			<b>'B' 2:30:34</b>		
1	Scott Hastings	(10) 20:29	2	Johnathan Ritchie	(10) 21:39	1	David Norman	(26) 26:12	2	Ashley Atkinson	(20) 21:08
3	Matt Collins	(10) 22:09	4	Jack Easthope	(11) 23:03	3	David Newport	(20) 23:20	4	Lee Pearson	(20) 23:06
5	Andrew Massey	(9) 22:42	6	Luke Melling	(8) 21:07	5	Paul Clarke	(22) 33:23	6	Paul Rogers	(21) 23:25
<b>9 Worcester Ac M</b>			<b>2:11:35</b>			<b>22 Bournville Harriers M</b>			<b>'A' 2:32:10</b>		
1	Mark Fritchley	(7) 20:17	2	Daniel Geisler	(9) 21:43	1	Stewart Bond	(25) 25:56	2	Tom Robinson	(23) 23:42
3	Matt Fairlamb	(5) 19:36	4	Darren Kirby	(7) 21:39	3	Xenofon Gogouvitis	(21) 23:26	4	Andrew Wheeler	(21) 24:46
5	Derek Jackson	(8) 24:57	6	David O'brien	(9) 23:23	5	David Bristoll	(20) 24:29	6	James Pollard	(22) 29:51
<b>10 Newcastle Staffs Ac M</b>			<b>2:12:18</b>			<b>23 Stourbridge Rc M</b>			<b>'B' 2:34:49</b>		
1	Neil Dixon	(9) 20:21	2	Craig Taylor	(7) 21:02	1	Peter Walters	(24) 25:45	2	Robert Woodward	(25) 24:52
3	Andrew Walker	(9) 22:26	4	Matthew Robinson	(9) 22:37	3	Steven Deacon	(25) 25:57	4	Carl Wright	(24) 28:23
5	Tom Young	(11) 24:58	6	Adam Tyson	(10) 20:54	5	Lewis Smith	(24) 27:56	6	Chris Reynolds	(23) 21:56
<b>11 Birmingham Running Athletics M</b>			<b>'B' 2:13:15</b>			<b>24 Solihull &amp; Small Heath Ac M</b>			<b>2:38:21</b>		
1	Martin Matthews	(14) 21:06	2	Matt Gresty	(17) 23:31	1	Michael Bracken	(16) 21:43	2	Chris Duncan	(22) 26:48
3	Chris Grimley	(16) 22:48	4	Oliver Kirkland	(13) 22:28	3	Simon O'sullivan	(23) 26:38	4	Michael Reynolds	(23) 25:43
5	C Burrows	(12) 22:47	6	Alex Parker	(11) 20:35	5	Steve Howes	(23) 28:23	6	Paul Lloyd	(24) 29:06
<b>12 Bromsgrove &amp; Redditch M</b>			<b>2:13:38</b>			<b>25 Bournville Harriers M</b>			<b>'B' 3:04:37</b>		
1	Scott Beverley	(18) 22:37	2	Nick Dale	(15) 21:02	1	Daniel Wilson	(28) 27:57	2	Kevin Peace	(28) 31:02
3	Wayne Watkins	(11) 21:04	4	Kevin Fisher	(10) 22:24	3	James Gittins	(28) 28:35	4	Michael McDermott	(27) 31:48
5	Darren Masson	(10) 23:23	6	Robert Mole	(12) 23:08	5	Paul Samuels	(26) 34:04	6	Shangxi Wen	(25) 31:11
<b>13 Team Bath Ac M</b>			<b>'B' 2:15:32</b>			<b>Incomplete Teams:</b>					
1	Alex Tanner	(15) 21:16	2	Phil King	(12) 21:38	<b>Sparkhill Harriers M</b>					
3	Jorge Crockford	(15) 24:26	4	David Coales	(15) 23:49	<b>'A'</b>					
5	Tim Hill	(14) 22:59	6	Stephen Rose	(13) 21:24	1	Andrew Manning	(29) 28:49	2	Simon Outhwaite	(27) 27:07
					3	Andy Carroll	(27) 29:50	4	Andrew Law	(26) 28:33	
					5	Charles Fentiman	(25) 32:05				

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## Charnwood A C M

1	Mark Whitmore	(23)	25:16	2	Gordon Docherty	(24)	24:51
3	Mark Fletcher	(24)	25:08	4	Roland Gibbard	(25)	30:58

## Wolverhampton & Bilston M 'C'

1	Adam Guy	(22)	25:15	2	Robert Edwards	(26)	27:16
3	Mark Illidge	(26)	26:23				

## Sparkhill Harriers M 'B'

1	Graham Hygate	(30)	30:11	2	Craig Hinks	(29)	34:27
3	Mick Edwards	(29)	39:12				

## Black Pear Joggers M 'B'

1	Christopher Berry	(27)	27:32				
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## Fastest of all legs

1	Paul Wright(V35)	MansfieldM	A	18:31(2)
2	Jon Hart(V40)	WolverhamM	A	18:38(4)
3	C Patterson(V35)	MansfieldM	A	18:58(6)
4	Jan Bailey(V45)	MansfieldM	A	19:00(4)
5	Luke Byrne(V35)	SwindonHaM		19:04(4)
=	Kristian Watson(V35)	MansfieldM	A	19:04(1)
7	M Costello(V35)	ShrewsburM		19:06(6)
8	Luke Maskew	WolverhamM	A	19:15(1)
9	Paul Jones(V50)	ShrewsburM		19:20(1)
10	Mark Ince(V45)	BirminghamM	A	19:22(1)