

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

- U17 Women Stage 1 — Final Results

Pos	Name	Club	Leg Time					
1	Olivia Mcghee	Rugby&Nor	13:59		15	Jessica Sheppard	Cheltenha	15:56
2	Jorja Wright	Birchfiel	14:04		16	Elizabeth Warne	RoyalSutt A	16:06
3	Tilly Thursfield	CityOfSto	14:23		17	Leila Denne	BanburyHa A	16:07
4	Lucy Hellingsworth	Halesowen	14:27		18	Katie Leese	Mansfield	16:14
5	Ella Spencer	SwindonHa	14:39		19	Felicity Lowe	NorthSome	16:53
6	Ruby West	Wreake&So A	14:41		20	Esther Vaughan	Leamingto	16:55
7	G Rittersherratt	Bristol&W	14:54		21	J Morris	Charnwood	17:03
8	Millie Cossins	Stroud&Di A	14:56		22	Mariah Taha	RoyalSutt B	17:09
9	Magdalena Gancheva	Kettering	14:58		23	Charlotte Jackson	KetterinB	17:56
10	Megan White	Wolverham	15:03		24	Madeleine Dodge	Wreake&So B	19:11
11	Lola Barker	Solihull&	15:10		25	Imogen Baker	Birmingha	19:20
12	Charlotte Lunt	CityOfStB	15:11		26	Charlotte Bell	Stroud&Di B	19:30
13	Kararose Welborn	Bromsgrov	15:35					
14	Annie Silvers	Stratford	15:51					

- U17 Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Grace Burge	CityOfSto	14:48	29:11+	2	19	Amelie Paul	Cheltenha	17:39	33:35-	4
2	Darcy Cowden	CityOfStB	14:18	29:29+	10	20	Imogen Ransom	BanburyHa A	17:45	33:52-	3
3	Jessica Dale	Halesowen	15:24	29:51+	1	21	Imogen Neal	RoyalSutt B	17:10	34:19+	1
4	Cassie Pearson	Birchfiel	15:52	29:56-	2	22	Nyah Stretton	Wreake&So B	15:47	34:58+	2
5	Lucy Donaghey	Wreake&So A	15:21	30:02+	1	23	Evie Brooker	KetterinB	17:05	35:01	0
6	Fraya Saunders	Rugby&Nor	16:12	30:11-	5	24	Ellie Mckeon	Birmingha	20:54	40:14+	1
7	Sophie Hancock	Kettering	15:55	30:53+	2	Fastest runners over stage 2:					
8	Carley Lainton	SwindonHa	16:25	31:04-	3	1	Darcy Cowden	CityOfStB	14:18		
9	Ronni Read	Wolverham	16:23	31:26+	1	2	Grace Burge	CityOfSto	14:48		
10	Lottie Tomkins	Stroud&Di A	17:04	32:00-	2	3	Lucy Donaghey	Wreake&So A	15:21		
11	Celia Atkins	Bromsgrov	16:27	32:02+	2	4	Jessica Dale	Halesowen	15:24		
12	Zoe Lewsey	Solihull&	16:54	32:04-	1	5	Nyah Stretton	Wreake&So B	15:47		
13	Amelia Arbon	Mansfield	16:09	32:23+	5	6	Cassie Pearson	Birchfiel	15:52		
14	Pippa Houghton	NorthSome	15:55	32:48+	5	7	Pippa Houghton	NorthSome	15:55		
15	Scarlett Beddow	RoyalSutt A	16:43	32:49+	1	8	Sophie Hancock	Kettering	15:55		
16	Lily Hunter	Leamingto	16:00	32:55+	4	9	Lily Hunter	Leamingto	16:00		
17	Emma Knightlebel	Bristol&W	18:23	33:17-	10	10	Amelia Arbon	Mansfield	16:09		
18	Martha Peters	Stratford	17:36	33:27-	4						

- U17 Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Shaikira King	Wreake&So A	13:32	43:34+	4	16	Lauren Davis	Leamingto	19:07	52:02	0
2	Lara Smith	CityOfSto	15:06	44:17-	1	17	Emilyrose Lloyd	RoyalSutt B	18:06	52:25+	4
3	Ffion Collins	Halesowen	14:39	44:30	0	18	Freya Allitt	KetterinB	17:36	52:37+	5
4	Emily Blackstock	SwindonHa	15:16	46:20+	4	Fastest runners over stage 3:					
5	Hasset Kifle	CityOfStB	16:52	46:21-	3	1	Isla Mcgowan	BanburyHa A	13:18		
6	Zoleka Mzuku	Wolverham	15:04	46:30+	3	2	Shaikira King	Wreake&So A	13:32		
7	Iona Ellwood	Kettering	16:15	47:08	0	3	Ffion Collins	Halesowen	14:39		
8	Isla Mcgowan	BanburyHa A	13:18	47:10+	12	4	Zoleka Mzuku	Wolverham	15:04		
9	Erin Musty	Cheltenha	15:30	49:05+	10	5	Lara Smith	CityOfSto	15:06		
10	Amy Newbould	Mansfield	17:04	49:27+	3	6	Emily Blackstock	SwindonHa	15:16		
11	Lara Beddow	RoyalSutt A	16:40	49:29+	4	7	Erin Musty	Cheltenha	15:30		
12	Francesca Poore	NorthSome	16:44	49:32+	2	8	Imogen Saunders	Wreake&So B	16:09		
13	Georgina Crampton	Stroud&Di A	17:33	49:33-	3	9	Iona Ellwood	Kettering	16:15		
14	Imogen Saunders	Wreake&So B	16:09	51:07+	8	10	Lara Beddow	RoyalSutt A	16:40		
15	Brooke Rossney	Stratford	18:13	51:40+	3						

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2024

U17 Women — Team Results — Final (nn) is team position after the appropriate stage.

1 Wreake & Soar Valley	'A'	43:34	16 Leamington Cycling & Ac	52:02
1 Ruby West (6) 14:41	2 Lucy Donaghey (5) 15:21		1 Esther Vaughan (20) 16:55	2 Lily Hunter (16) 16:00
3 Shaikira King (1) 13:32			3 Lauren Davis (16) 19:07	
2 City Of Stoke Ac	44:17	17 Royal Sutton Coldfield Ac	'B'	52:25
1 Tilly Thursfield (3) 14:23	2 Grace Burge (1) 14:48	1 Mariah Taha (22) 17:09	2 Imogen Neal (21) 17:10	
3 Lara Smith (2) 15:06		3 Emilyrose Lloyd (17) 18:06		
3 Halesowen Acc	44:30	18 Kettering Town Harriers	'B'	52:37
1 Lucy Hellingsworth (4) 14:27	2 Jessica Dale (3) 15:24	1 Charlotte Jackson (23) 17:56	2 Evie Brooker (23) 17:05	
3 Ffion Collins (3) 14:39		3 Freya Allitt (18) 17:36		
4 Swindon Harriers	46:20	Incomplete Teams:		
1 Ella Spencer (5) 14:39	2 Carley Lainton (8) 16:25	Birchfield Harriers		
3 Emily Blackstock (4) 15:16		1 Jorja Wright (2) 14:04	2 Cassie Pearson (4) 15:52	
5 City Of Stoke Ac	'B'	46:21	Rugby & Northampton Ac	
1 Charlotte Lunt (12) 15:11	2 Darcy Cowden (2) 14:18		1 Olivia Mcghee (1) 13:59	2 Fraya Saunders (6) 16:12
3 Hasset Kifle (5) 16:52			Bromsgrove & Redditch	
6 Wolverhampton & Bilston	46:30		1 Kararose Welborn (13) 15:35	2 Celia Atkins (11) 16:27
1 Megan White (10) 15:03	2 Ronni Read (9) 16:23		Solihull & Small Heath Ac	
3 Zoleka Mzuku (6) 15:04			1 Lola Barker (11) 15:10	2 Zoe Lewsey (12) 16:54
7 Kettering Town Harriers	47:08		Bristol & West Ac	
1 Magdalena Gancheva (9) 14:58	2 Sophie (7) 16:15		1 G Rittersherratt (7) 14:54	2 Emma Knightlabel (17) 18:23
Hancock (7) 15:55	3 Iona Ellwood (7) 16:15		Birmingham Running Athletics	
8 Banbury Harriers Ac	'A'	47:10	1 Imogen Baker (25) 19:20	2 Ellie Mckeeon (24) 20:54
1 Leila Denne (17) 16:07	2 Imogen Ransom (20) 17:45		Charnwood A C	
3 Isla Mcgowan (8) 13:18			1 J Morris (21) 17:03	
9 Cheltenham & County Harriers	49:05		Stroud & District Ac	
1 Jessica Sheppard (15) 15:56	2 Amelie Paul (19) 17:39		1 Charlotte Bell (26) 19:30	'B'
3 Erin Musty (9) 15:30			Fastest of all legs	
10 Mansfield Harriers	49:27		1 Isla Mcgowan BanburyHa A 13:18(3)	
1 Katie Leese (18) 16:14	2 Amelia Arbon (13) 16:09		2 Shaikira King Wreake&So A 13:32(3)	
3 Amy Newbould (10) 17:04			3 Olivia Mcghee Rugby&Nor 13:59(1)	
11 Royal Sutton Coldfield Ac	'A'	49:29	4 Jorja Wright Birchfiel 14:04(1)	
1 Elizabeth Wame (16) 16:06	2 Scarlett Beddow (15) 16:43		5 Darcy Cowden CityOfStB 14:18(2)	
3 Lara Beddow (11) 16:40			6 Tilly Thursfield CityOfSto 14:23(1)	
12 North Somerset Ac	49:32		7 Lucy Hellingsworth Halesowen 14:27(1)	
1 Felicity Lowe (19) 16:53	2 Pippa Houghton (14) 15:55		8 Ella Spencer SwindonHa 14:39(1)	
3 Francesca Poore (12) 16:44			= Ffion Collins Halesowen 14:39(3)	
13 Stroud & District Ac	'A'	49:33	10 Ruby West Wreake&So A 14:41(1)	
1 Millie Cossins (8) 14:56	2 Lottie Tomkins (10) 17:04			
3 Georgina Crampton (13) 17:33				
14 Wreake & Soar Valley	'B'	51:07		
1 Madeleine Dodge (24) 19:11	2 Nyah Stretton (22) 15:47			
3 Imogen Saunders (14) 16:09				
15 Stratford Upon Avon Ac	51:40			
1 Annie Silvers (14) 15:51	2 Martha Peters (18) 17:36			
3 Brooke Rossney (15) 18:13				