

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1466	Isaac Taylor-Unitt	U11 1 Salford Harriers & AC	10:20	27	850	Alex Almond	U1127 Manchester Harriers & Ac	12:01
2	2052	Alex Farrell	U11 2 Warrington A C	10:30	28	1533	Noah Macarthur	U1128 Salford Metropolitan Ac	12:05
3	443	Hamish Heginbotham	U11 3 East Cheshire Harriers & Tames	10:35	29	2	Ugo Obianyor	U1129 Altrincham & District Ac	12:06
4	1246	Jude Rogers	U11 4 Sale Harriers Manchester	10:44	30	1535	Jenson Snape	U1130 Salford Metropolitan Ac	12:08
5	1459	Max Casey	U11 5 Salford Harriers & AC	10:50	31	759	Liam Labrosse	U1131 Macclesfield Harriers & Ac	12:10
6	1461	Harry Crowhurst	U11 6 Salford Harriers & AC	10:54	32	442	Sidney Charles	U1132 East Cheshire Harriers & Tames	12:11
7	1688	Samuel Shatwell	U11 7 Stockport Harriers & Ac	11:05	33	757	Thomas Clancy	U1133 Macclesfield Harriers & Ac	12:11
8	1460	Aaron Connor	U11 8 Salford Harriers & AC	11:06	34	2051	Leonard Broadhurst	U1134 Warrington A C	12:20
9	852	Lucas Pendlebury	U11 9 Manchester Harriers & Ac	11:08	35	1242	Conan O'Donoghue	U1135 Sale Harriers Manchester	12:22
10	2130	Ben Dunning	U1110 Warriors Pentathlon & AC	11:11	36	1230	Edward Emms	U1136 Sale Harriers Manchester	12:32
11	1462	Mason Fletcher	U1111 Salford Harriers & AC	11:11	37	1835	Oliver McKiernan	U1137 Trafford Athletic Club	12:39
12	1236	Joshua Leong	U1112 Sale Harriers Manchester	11:12	38	854	Max Svaboda	U1138 Manchester Harriers & Ac	12:41
13	1463	Noah Hartley	U1113 Salford Harriers & AC	11:12	39	1237	Kasper Lind-Hanson	U1139 Sale Harriers Manchester	12:41
14	1239	James Moran	U1114 Sale Harriers Manchester	11:20	40	853	Brandon Rodger	U1140 Manchester Harriers & Ac	12:49
15	1597	Rohan Dickinson	U1115 St Helens Sutton Ac	11:26	41	2128	Sam Dunning	U1141 Warriors Pentathlon & AC	12:52
16	1238	Harry McLoone	U1116 Sale Harriers Manchester	11:31	42	1165	Willis Howard	U1142 Oldham & Royton H & Ac	12:54
17	1464	Zac Holman	U1117 Salford Harriers & AC	11:31	43	1532	William Garside	U1143 Salford Metropolitan Ac	13:09
18	2133	Aarav Shah	U1118 Warriors Pentathlon & AC	11:33	44	2050	Percy Booker	U1144 Warrington A C	13:12
19	2057	Tristan Tickle	U1119 Warrington A C	11:38	45	1229	Oliver Curvis	U1145 Sale Harriers Manchester	13:15
20	1243	Sebastian O'Hare	U1120 Sale Harriers Manchester	11:39	46	553	Archie Fletcher	U1146 Horwich R M I Harriers	13:19
21	5	Charles Thomas	U1121 Altrincham & District Ac	11:41	47	1834	Harry Armer	U1147 Trafford Athletic Club	13:21
22	2126	Ralph Abdulla	U1122 Warriors Pentathlon & AC	11:41	48	758	Harry Hussey	U1148 Macclesfield Harriers & Ac	13:21
23	2129	Jed Dunning	U1123 Warriors Pentathlon & AC	11:44	49	2055	Edie McArthur	U1149 Warrington A C	13:25
24	1241	Harry Nichol	U1124 Sale Harriers Manchester	11:49	50	1534	Maximilian North	U1150 Salford Metropolitan Ac	14:13
25	717	Kian O'Rourke	U1125 Liverpool Harriers & Ac	11:51	51	554	Oliver Hughes	U1151 Horwich R M I Harriers	14:28
26	1247	Alpha Them	U1126 Sale Harriers Manchester	11:52	52	1227	Ernie Coleman	U1152 Sale Harriers Manchester	14:46
					53	1233	Jenson Higby	U1153 Sale Harriers Manchester	15:09

## Under 11 - Boys — TEAM RESULTS

1	Salford Harriers & AC	12	—	1	Isaac Taylor-Unitt	5	Max Casey	6	Harry Crowhurst
2	Sale Harriers Manchester	30	—	4	Jude Rogers	12	Joshua Leong	14	James Moran
3	Salford Harriers & AC 'B'	32	—	8	Aaron Connor	11	Mason Fletcher	13	Noah Hartley
4	Warriors Pentathlon & AC	50	—	10	Ben Dunning	18	Aarav Shah	22	Ralph Abdulla
5	Warrington A C	55	—	2	Alpha Them	19	Tristan Tickle	34	Leonard Broadhurst
6	Sale Harriers Manchester 'B'	60	—	16	Harry McLoone	20	Sebastian O'Hare	24	Harry Nichol
7	Manchester Harriers & Ac	74	—	9	Lucas Pendlebury	27	Alex Almond	38	Max Svaboda
8	Sale Harriers Manchester 'C'	97	—	26	Alpha Them	35	Conan O'Donoghue	36	Edward Emms
9	Salford Metropolitan Ac	101	—	28	Noah Macarthur	30	Jenson Snape	43	William Garside
10	Macclesfield Harriers & Ac	112	—	31	Liam Labrosse	33	Thomas Clancy	48	Harry Hussey
11	Sale Harriers Manchester 'D'	136	—	39	Kasper Lind-Hanson	45	Oliver Curvis	52	Ernie Coleman

## Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2334	Sophia McCready	U11 1 Wirral Ac	11:09	25	1257	Honor O'Donoghue	U1125 Sale Harriers Manchester	12:57
2	2135	Jessica Davidson	U11 2 Warriors Pentathlon & AC	11:09	26	1538	Isabelle Farrelly	U1126 Salford Metropolitan Ac	13:02
3	2059	Emilia Gandy	U11 3 Warrington A C	11:27	27	1543	Eloise Maplesden	U1127 Salford Metropolitan Ac	13:14
4	1471	Faye Johnson	U11 4 Salford Harriers & AC	11:39	28	2062	Ettie Rashud	U1128 Warrington A C	13:14
5	2205	Abby Gamble	U11 5 West Cheshire Athletic Club	11:39	29	723	Katy Smith	U1129 Liverpool Harriers & Ac	13:20
6	2058	Ivy Davidson	U11 6 Warrington A C	11:42	30	719	Ada Cameron	U1130 Liverpool Harriers & Ac	13:31
7	1468	Eliza Corrigan	U11 7 Salford Harriers & AC	11:56	31	1477	Aurellia Williams	U1131 Salford Harriers & AC	13:32
8	2333	Anna Gately	U11 8 Wirral Ac	12:01	32	1540	Pippa Hunt	U1132 Salford Metropolitan Ac	13:36
9	1251	Poppy Dowling	U11 9 Sale Harriers Manchester	12:02	33	1470	Erin Ingham	U1133 Salford Harriers & AC	13:48
10	2335	Mila Price	U1110 Wirral Ac	12:10	34	1476	Violet Thomas	U1134 Salford Harriers & AC	14:04
11	721	Caitlin McGuirk	U1111 Liverpool Harriers & Ac	12:12	35	1469	Lexi Evans	U1135 Salford Harriers & AC	14:11
12	1965	Orla Coates	U1112 Vale Royal Ac	12:19	36	162	Georgia Cudahy	U1136 Buxton AC	14:11
13	8	Isla Doyle	U1113 Altrincham & District Ac	12:23	37	762	Mariana McLanachan	U1137 Macclesfield Harriers & Ac	14:11
14	718	Florence Burman	U1114 Liverpool Harriers & Ac	12:28	38	2206	Isla Lambert	U1138 West Cheshire Athletic Club	14:11
15	857	Rebekah Miller	U1115 Manchester Harriers & Ac	12:29	39	1473	Harriet Monaghan	U1139 Salford Harriers & AC	14:22
16	1837	Betsy Widdop	U1116 Trafford Athletic Club	12:29	40	855	Esme Fenton	U1140 Manchester Harriers & Ac	15:08
17	720	Rose Fay	U1117 Liverpool Harriers & Ac	12:33	41	2063	Jessica Treagust	U1141 Warrington A C	15:17
18	1544	Alvia Smith	U1118 Salford Metropolitan Ac	12:35	42	760	Romaya Edisbury	U1142 Macclesfield Harriers & Ac	15:21
19	1536	Florence Barker	U1119 Salford Metropolitan Ac	12:40	43	1250	Abbie Brocklebank	U1143 Sale Harriers Manchester	15:24
20	856	Charlotte Hodkinson	U1120 Manchester Harriers & Ac	12:43	44	1474	Molly Oram	U1144 Salford Harriers & AC	15:30
21	2137	Polly McVicar	U1121 Warriors Pentathlon & AC	12:44	45	1596	Lucy Clauge	U1145 St Helens Sutton Ac	15:33
22	1259	Connie Summers	U1122 Sale Harriers Manchester	12:50	46	1467	Aoife Carthy	U1146 Salford Harriers & AC	15:45
23	1256	Reeva Njie	U1123 Sale Harriers Manchester	12:54	47	557	Jennifer Irving	U1147 Horwich R M I Harriers	17:44
24	1541	Holly Hutchinson	U1124 Salford Metropolitan Ac	12:56					

## Under 11 - Girls — TEAM RESULTS

1	Wirral Ac	19	—	1	Sophia McCready	8	Anna Gately	10	Mila Price
2	Warrington A C	37	—	3	Emilia Gandy	6	Ivy Davidson	28	Ettie Rashud
3	Liverpool Harriers & Ac	42	—	11	Caitlin McGuirk	14	Florence Burman	17	Rose Fay
4	Salford Harriers & AC	42	—	4	Faye Johnson	7	Eliza Corrigan	31	Aurellia Williams
5	Sale Harriers Manchester	54	—	9	Poppy Dowling	22	Connie Summers	23	Reeva Njie
6	Salford Metropolitan Ac	61	—	18	Alvia Smith	19	Florence Barker	24	Holly Hutchinson
7	Manchester Harriers & Ac	75	—	15	Rebekah Miller	20	Charlotte Hodkinson	40	Esme Fenton
8	Salford Metropolitan Ac 'B'	85	—	26	Isabelle Farrelly	27	Eloise Maplesden	32	Pippa Hunt
9	Salford Harriers & AC 'B'	102	—	33	Erin Ingham	34	Violet Thomas	35	Lexi Evans
10	Salford Harriers & AC 'C'	129	—	39	Harriet Monaghan	44	Molly Oram	46	Aoife Carthy

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2145	Owen Oswick	U13 1 Warriors Pentathlon & AC	10:28	30	860	Hadrian Pendlebury	U1330 Manchester Harriers & Ac	12:09
2	1549	Loxley Schofield	U13 2 Salford Metropolitan Ac	10:36	31	1266	Samuel Haskins	U1331 Sale Harriers Manchester	12:09
3	2147	Harry Redhead	U13 3 Warriors Pentathlon & AC	10:40	32	1843	Thomas Fotheringham	U1332Trafford Athletic Club	12:12
4	1841	Thomas Daly	U13 4 Trafford Athletic Club	10:41	33	165	Oliver Ball	U1333 Buxton AC	12:13
5	2142	Bobby Hughes	U13 5 Warriors Pentathlon & AC	10:43	34	1548	Joseph McGinnis	U1334 Salford Metropolitan Ac	12:17
6	2141	Tommy Calland	U13 6 Warriors Pentathlon & AC	10:44	35	1479	Harry Emery	U1335 Salford Harriers & AC	12:17
7	2139	Sam Baker	U13 7 Warriors Pentathlon & AC	10:45	36	2341	Orson Wakefield	U1336 Wirral Ac	12:17
8	450	Oliver Mannion	U13 8 East Cheshire Harriers & Tames	10:51	37	1839	Joseph Bowden	U1337 Trafford Athletic Club	12:18
9	1274	Daniel Topping	U13 9 Sale Harriers Manchester	10:55	38	2203	Quinn McCaul	U1338 Warriors Pentathlon & AC	12:19
10	1846	Ethan O'Brien	U1310 Trafford Athletic Club	10:59	39	1840	Sammy Cowles	U1339 Trafford Athletic Club	12:25
11	1271	Arthur O'Hare	U1311 Sale Harriers Manchester	11:02	40	2377	Aiden Cameron	Manchester Harriers & Ac	12:27
12	452	Jacob Shearing	U1312 East Cheshire Harriers & Tames	11:04	41	1599	Woody Deane	U1340 St Helens Sutton Ac	12:28
13	449	Zachary Jones	U1313 East Cheshire Harriers & Tames	11:16	42	859	Hadley Lumsden	U1341 Manchester Harriers & Ac	12:32
14	1546	Zac Edge	U1314 Salford Metropolitan Ac	11:23	43	1267	William Haskins	U1342 Sale Harriers Manchester	12:34
15	2369	Isaac Chrippes	U1315 Unattached	11:25	44	1547	Finlay Farmer	U1343 Salford Metropolitan Ac	12:35
16	1268	Joshua Howell	U1316 Sale Harriers Manchester	11:28	45	16	Farland Luca Mc	U1344 Altrincham & District Ac	12:39
17	1275	James Walsh	U1317 Sale Harriers Manchester	11:31	46	1600	James Goddard	U1345 St Helens Sutton Ac	13:00
18	2146	Finley Potter	U1318 Warriors Pentathlon & AC	11:33	47	1603	Lucas Vine	U1346 St Helens Sutton Ac	13:00
19	858	Max Hornsby	U1319 Manchester Harriers & Ac	11:52	48	1690	Edward Jones	U1347 Stockport Harriers & Ac	13:09
20	1842	Ned Farncombe	U1320 Trafford Athletic Club	11:52	49	447	Harry Bird	U1348 East Cheshire Harriers & Tames	13:15
21	1692	Jack Proctor	U1321 Stockport Harriers & Ac	11:53	50	969	Freddie Marsh	U1349 Manchester Triathlon Club	13:46
22	1545	Arthur Barker	U1322 Salford Metropolitan Ac	11:55	51	451	James Nelson	U1350 East Cheshire Harriers & Tames	13:52
23	1848	Patrick Widdop	U1323 Trafford Athletic Club	11:56	52	12	Zach Cole	U1351 Altrincham & District Ac	14:04
24	559	Leo Orrell	U1324 Horwich R M I Harriers	11:59	53	1697	Rowan Trollope	U1352 Stockport Harriers & Ac	14:19
25	13	Oscar Curran	U1325 Altrincham & District Ac	12:02	54	448	Sebastien Gregory	U1353 East Cheshire Harriers & Tames	14:23
26	1269	Edward Moran	U1326 Sale Harriers Manchester	12:03	55	1698	Robbie Winthorpe	U1354 Stockport Harriers & Ac	15:01
27	17	Harry Taylor-Kirk	U1327 Altrincham & District Ac	12:04	56	2064	Aiden Losty	U1355 Warrington A C	16:26
28	1270	Sam Moth	U1328 Sale Harriers Manchester	12:06	57	1695	Samuel Shaw	U1356 Stockport Harriers & Ac	23:26
29	1847	Daniel White	U1329 Trafford Athletic Club	12:06					

## Under 13 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Warriors Pentathlon & AC	9	—	1	Owen Oswick	3	Harry Redhead	5	Bobby Hughes
2	Warriors Pentathlon & AC 'B'	30	—	6	Tommy Calland	7	Sam Baker	17	Finley Potter
3	East Cheshire Harriers & Tames	33	—	8	Oliver Mannion	12	Jacob Shearing	13	Zachary Jones
4	Trafford Athletic Club	33	—	4	Thomas Daly	10	Ethan O'Brien	19	Ned Farncombe
5	Sale Harriers Manchester	35	—	9	Daniel Topping	11	Arthur O'Hare	15	Joshua Howell
6	Salford Metropolitan Ac	37	—	2	Loxley Schofield	14	Zac Edge	21	Arthur Barker
7	Sale Harriers Manchester 'B'	68	—	16	James Walsh	25	Edward Moran	27	Sam Moth
8	Trafford Athletic Club 'B'	81	—	22	Patrick Widdop	28	Daniel White	31	Thomas Fotheringham
9	Manchester Harriers & Ac	86	—	18	Max Hornsby	29	Hadrian Pendlebury	39	Aiden Cameron
10	Altrincham & District Ac	94	—	24	Oscar Curran	26	Harry Taylor-Kirk	44	Farland Luca Mc
11	Stockport Harriers & Ac	119	—	20	Jack Proctor	47	Edward Jones	52	Rowan Trollope
12	St Helens Sutton Ac	131	—	40	Woody Deane	45	James Goddard	46	Lucas Vine
13	East Cheshire Harriers & T 'B'	151	—	48	Harry Bird	50	James Nelson	53	Sebastien Gregory

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2150	Eve Beddow	U13 1 Warriors Pentathlon & AC	10:50	41	734	Nancy Howe	U1341 Liverpool Harriers & Ac	13:04
2	728	Esme Cameron	U13 2 Liverpool Harriers & Ac	10:57	42	1704	Darcey Rushton	U1342 Stockport Harriers & Ac	13:04
3	2364	\$Bleu Bailey	U13 3 Bingley Harriers & Ac	11:05	43	1700	Emilia Darnley	U1343 Stockport Harriers & Ac	13:08
4	2156	Daisy McVicar	U13 4 Warriors Pentathlon & AC	11:07	44	19	Alice Boothroyd	U1344 Altrincham & District Ac	13:10
5	732	Mia Ford	U13 5 Liverpool Harriers & Ac	11:27	45	2070	Lois JohnstonStarrs	U1345 Warrington A C	13:11
6	2151	Isobel Beddow	U13 6 Warriors Pentathlon & AC	11:28	46	22	Erin Maule	U1346 Altrincham & District Ac	13:16
7	1278	Eve Dowling	U13 7 Sale Harriers Manchester	11:43	47	2155	Maisy McGenity	U1347 Warriors Pentathlon & AC	13:18
8	1485	Emme Lowe	U13 8 Salford Harriers & AC	11:48	48	766	Phoebe Adams-Mercer	U13 48Macclesfield Harriers & Ac	13:23
9	2209	Poppy McKenna	U13 9 West Cheshire Athletic Club	11:49	49	2149	Rosanna Abdulla	U1349 Warriors Pentathlon & AC	13:24
10	2152	Poppy Boden	U1310 Warriors Pentathlon & AC	11:50	50	1284	Isabella Holden	U1350 Sale Harriers Manchester	13:24
11	862	Natalie Almond	U1311 Manchester Harriers & Ac	11:53	51	1605	Melissa Goddard	U1351 St Helens Sutton Ac	13:27
12	725	Tolu Adebajo	U1312 Liverpool Harriers & Ac	11:54	52	1285	Emma Jones	U1352 Sale Harriers Manchester	13:30
13	1281	Alesha Gubas	U1313 Sale Harriers Manchester	11:54	53	1701	Beth Healey	U1353 Stockport Harriers & Ac	13:30
14	1487	Imogen Weatherhead	U1314 Salford Harriers & AC	11:55	54	869	Helena Parikh	U1354 Manchester Harriers & Ac	13:31
15	2153	Delphine Cross	U1315 Warriors Pentathlon & AC	11:57	55	1291	Isabel Summers	U1355 Sale Harriers Manchester	13:41
16	1289	Lucy O'Brien	U1316 Sale Harriers Manchester	11:57	56	970	Rosa Oliveira	U1356 Manchester Triathlon Club	13:42
17	871	Lacey Steele	U1317 Manchester Harriers & Ac	11:58	57	1703	Imogen Meikle	U1357 Stockport Harriers & Ac	13:42
18	1979	Ella Drake	U1318 Vale Royal Ac	12:01	58	2154	Zoe Dunning	U1358 Warriors Pentathlon & AC	13:47
19	2157	Emily Niccolls	U1319 Warriors Pentathlon & AC	12:07	59	1550	Florence Bailey	U1359 Salford Metropolitan Ac	14:05
20	1604	Sophia Hunter	U1320 St Helens Sutton Ac	12:08	60	1975	Lily Beevers	U1360 Vale Royal Ac	14:12
21	167	Katherine Bennett	U1321 Buxton AC	12:08	61	560	Jessie Cox	U1361 Horwich R M I Harriers	14:13
22	729	Pearl Fay	U1322 Liverpool Harriers & Ac	12:14	62	1282	Grace Haywood	U1362 Sale Harriers Manchester	14:26
23	736	Sarah Roberts	U1323 Liverpool Harriers & Ac	12:19	63	1287	Evelyn Langford	U1363 Sale Harriers Manchester	14:39
24	1277	Florence Connolly	U1324 Sale Harriers Manchester	12:19	64	867	Fleur Lumsden	U1364 Manchester Harriers & Ac	14:42
25	1607	Sophie Lang	U1325 St Helens Sutton Ac	12:21	65	866	Caoimhe Finley	U1365 Manchester Harriers & Ac	14:45
26	735	Lottie Hughes	U1326 Liverpool Harriers & Ac	12:24	66	1483	Gracie Carthy	U1366 Salford Harriers & AC	14:48
27	453	Erin McMahan	U1327 East Cheshire Harriers & Tames	12:25	67	767	Lauren Harper	U1367 Macclesfield Harriers & Ac	14:55
28	730	Mia Feenan	U1328 Liverpool Harriers & Ac	12:26	68	1608	Lily McKeegan	U1368 St Helens Sutton Ac	15:01
29	731	Ava Feenan	U1329 Liverpool Harriers & Ac	12:26	69	1699	Charlotte Cooley	U1369 Stockport Harriers & Ac	15:01
30	1286	Amber Khan	U1330 Sale Harriers Manchester	12:36	70	2068	Charlotte Andrew	U1370 Warrington A C	15:13
31	1978	Eloise Davies	U1331 Vale Royal Ac	12:42	71	864	Esme Channon	U1371 Manchester Harriers & Ac	15:23
32	2210	Rose Sheppard	U1332 West Cheshire Athletic Club	12:43	72	562	Maya Gosh	U1372 Horwich R M I Harriers	15:30
33	1276	Cicely Coldwell	U1333 Sale Harriers Manchester	12:44	73	1702	Annabella Heap	U1373 Stockport Harriers & Ac	15:36
34	1482	Gabrielle Baxter	U1334 Salford Harriers & AC	12:45	74	733	Libby Holcroft	U1374 Liverpool Harriers & Ac	15:44
35	726	Yemi Adebajo	U1335 Liverpool Harriers & Ac	12:46	75	166	Scarlet Aspinall	U1375 Buxton AC	15:54
36	2071	Grace Rashud	U1336 Warrington A C	12:48	76	863	Chloe Broadbent	U1376 Manchester Harriers & Ac	16:01
37	1551	Francesca Cooper	U1337 Salford Metropolitan Ac	12:49	77	168	Hannah Cudahy	U1377 Buxton AC	16:04
38	1488	Isobel Woods	U1338 Salford Harriers & AC	12:50	78	564	Abigail Taylor	U1378 Horwich R M I Harriers	16:34
39	2211	Heidi Wetherall	U1339 West Cheshire Athletic Club	13:00	79	870	Zara Price	U1379 Manchester Harriers & Ac	16:52
40	1279	Willow Fawley	U1340 Sale Harriers Manchester	13:00					

## Under 13 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Warriors Pentathlon & AC	9	—	1	Eve Beddow	3	Daisy McVicar	5	Isobel Beddow
2	Liverpool Harriers & Ac	17	—	2	Esme Cameron	4	Mia Ford	11	Tolu Adebajo
3	Sale Harriers Manchester	33	—	6	Eve Dowling	12	Alesha Gubas	15	Lucy O'Brien
4	Warriors Pentathlon & AC 'B'	41	—	9	Poppy Boden	14	Delphine Cross	18	Emily Niccolls
5	Salford Harriers & AC	53	—	7	Emme Lowe	13	Imogen Weatherhead	33	Gabrielle Baxter
6	Liverpool Harriers & Ac 'B'	68	—	21	Pearl Fay	22	Sarah Roberts	25	Lottie Hughes
7	West Cheshire Athletic Club	77	—	8	Poppy McKenna	31	Rose Sheppard	38	Heidi Wetherall
8	Manchester Harriers & Ac	79	—	10	Natalie Almond	16	Lacey Steele	53	Helena Parikh
9	Sale Harriers Manchester 'B'	84	—	23	Florence Connolly	29	Amber Khan	32	Cicely Coldwell
10	Liverpool Harriers & Ac 'C'	89	—	27	Mia Feenan	28	Ava Feenan	34	Yemi Adebajo
11	St Helens Sutton Ac	93	—	19	Sophia Hunter	24	Sophie Lang	50	Melissa Goddard
12	Vale Royal Ac	106	—	17	Ella Drake	30	Eloise Davies	59	Lily Beevers
13	Stockport Harriers & Ac	135	—	41	Darcey Rushton	42	Emilia Darnley	52	Beth Healey
14	Sale Harriers Manchester 'C'	139	—	39	Willow Fawley	49	Isabella Holden	51	Emma Jones
15	Warrington A C	148	—	35	Grace Rashud	44	Lois JohnstonStarrs	69	Charlotte Andrew
16	Warriors Pentathlon & AC 'C'	151	—	46	Maisy McGenity	48	Rosanna Abdulla	57	Zoe Dunning
17	Buxton AC	170	—	20	Katherine Bennett	74	Scarlet Aspinall	76	Hannah Cudahy
18	Sale Harriers Manchester 'D'	177	—	54	Isabel Summers	61	Grace Haywood	62	Evelyn Langford
19	Stockport Harriers & Ac 'B'	196	—	56	Imogen Meikle	68	Charlotte Cooley	72	Annabella Heap
20	Manchester Harriers & Ac 'B'	197	—	63	Fleur Lumsden	64	Caoimhe Finley	70	Esme Channon
21	Horwich R M I Harriers	208	—	60	Jessie Cox	71	Maya Gosh	77	Abigail Taylor

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time						
1	770	Jake Ireland	U15 1 Macclesfield Harriers & Ac	17:38	28	1296	Jake Harrison	U1528	Sale Harriers Manchester	22:12
2	1856	Adrian White	U15 2 Trafford Athletic Club	17:48	29	1294	Reuben Dunn	U1529	Sale Harriers Manchester	22:25
3	2163	Michael Phelan	U15 3 Warriors Pentathlon & AC	18:57	30	1708	Charlie Millward	U1530	Stockport Harriers & Ac	22:30
4	773	Thomas Wood	U15 4 Macclesfield Harriers & Ac	19:17	31	1489	Sam Burton	U1531	Salford Harriers & AC	22:37
5	1982	Samuel Conkie	U15 5 Vale Royal Ac	19:19	32	2345	Thomas Heap	U1532	Wirral Ac	22:39
6	1709	Harry Shatwell	U15 6 Stockport Harriers & Ac	19:33	33	1983	Alexander Kruihof	U1533	Vale Royal Ac	22:39
7	1301	Conor McManus	U15 7 Sale Harriers Manchester	19:54	34	455	Lucas Rhodes	U1534	East Cheshire Harriers & Tames	22:52
8	1611	Bobby Birkett	U15 8 St Helens Sutton Ac	20:01	35	2162	William Murphy	U1535	Warriors Pentathlon & AC	22:55
9	2074	Alfie Blizzard	U15 9 Warrington A C	20:09	36	1706	Eli Bissett	U1536	Stockport Harriers & Ac	22:56
10	1490	Finlay Carthy	U1510 Salford Harriers & AC	20:19	37	1612	Sam Callaghan	U1537	St Helens Sutton Ac	23:07
11	2076	Oliver Davenport	U1511 Warrington A C	20:23	38	740	Murphy Midgley	U1538	Liverpool Harriers & Ac	23:10
12	1981	Harvey Brown	U1512 Vale Royal Ac	20:28	39	173	Evan Fitzgerald	U1539	Buxton AC	23:13
13	2159	N Glascott-Tull	U1513 Warriors Pentathlon & AC	20:30	40	1493	Flynn Slattery	U1540	Salford Harriers & AC	23:14
14	2078	Isaac McGuffie	U1514 Warrington A C	20:33	41	566	Charlie Cowburn	U1541	Horwich R M I Harriers	23:43
15	2077	Euan Lawton	U1515 Warrington A C	20:50	42	30	James Warrington	U1542	Altrincham & District Ac	23:45
16	1297	George Horsfall	U1516 Sale Harriers Manchester	21:00	43	2344	James Binks	U1543	Wirral Ac	24:00
17	1615	Riley Underhill	U1517 St Helens Sutton Ac	21:22	44	24	Charles Bennett	U1544	Altrincham & District Ac	24:01
18	1854	Ralphie Rome	U1518 Trafford Athletic Club	21:30	45	1984	James Reynolds	U1545	Vale Royal Ac	24:01
19	1298	Oliver Howell	U1519 Sale Harriers Manchester	21:41	46	1299	Ben Jones	U1546	Sale Harriers Manchester	24:15
20	174	Joel Tidmarsh	U1520 Buxton AC	21:41	47	567	Flynn Harris	U1547	Horwich R M I Harriers	24:27
21	568	Finlay Mann	U1521 Horwich R M I Harriers	21:44	48	1293	Adam Corry-Wilson	U1548	Sale Harriers Manchester	25:22
22	2161	Huw Maddox	U1522 Warriors Pentathlon & AC	21:45	49	28	Nico Sidebottom	U1549	Altrincham & District Ac	25:39
23	454	Matthew Bailey	U1523 East Cheshire Harriers & Tames	22:03	50	1554	Alfie Lavelle	U1550	Salford Metropolitan Ac	25:50
24	172	William Aspinall	U1524 Buxton AC	22:06	51	872	Finley Hornsby	U1551	Manchester Harriers & Ac	26:00
25	1850	Joe Cowles	U1525 Trafford Athletic Club	22:08	52	1553	Ted Garside	U1552	Salford Metropolitan Ac	27:31
26	1853	Tullius Arlo Mander	U1526 Trafford Athletic Club	22:11	53	26	Alex Cojeen	U1553	Altrincham & District Ac	27:51
27	27	Max McFarland	U1527 Altrincham & District Ac	22:11						

## Under 15 - Boys — TEAM RESULTS

1	Warrington A C	34	—	9	Alfie Blizzard	11	Oliver Davenport	14	Isaac McGuffie
2	Warriors Pentathlon & AC	38	—	3	Michael Phelan	13	N Glascott-Tull	22	Huw Maddox
3	Sale Harriers Manchester	42	—	7	Conor McManus	16	George Horsfall	19	Oliver Howell
4	Trafford Athletic Club	45	—	2	Adrian White	18	Ralphie Rome	25	Joe Cowles
5	Vale Royal Ac	50	—	5	Samuel Conkie	12	Harvey Brown	33	Alexander Kruihof
6	St Helens Sutton Ac	62	—	8	Bobby Birkett	17	Riley Underhill	37	Sam Callaghan
7	Stockport Harriers & Ac	72	—	6	Harry Shatwell	30	Charlie Millward	36	Eli Bissett
8	Salford Harriers & AC	81	—	10	Finlay Carthy	31	Sam Burton	40	Flynn Slattery
9	Buxton AC	83	—	20	Joel Tidmarsh	24	William Aspinall	39	Evan Fitzgerald
10	Sale Harriers Manchester 'B'	103	—	28	Jake Harrison	29	Reuben Dunn	46	Ben Jones
11	Horwich R M I Harriers	109	—	21	Finlay Mann	41	Charlie Cowburn	47	Flynn Harris
12	Altrincham & District Ac	113	—	27	Max McFarland	42	James Warrington	44	Charles Bennett

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2171	Isla Yorke	U15 1 Warriors Pentathlon & AC	20:08
2	1319	Beatrix Soper	U15 2 Sale Harriers Manchester	20:16
3	1316	Oonagh McManus	U15 3 Sale Harriers Manchester	20:28
4	1312	Robyn Heywood-Young	U15 4 Sale Harriers Manchester	20:34
5	2169	Isla Pastor	U15 5 Warriors Pentathlon & AC	21:11
6	1321	Caitlin Wetters	U15 6 Sale Harriers Manchester	21:57
7	1304	Isla Anderson	U15 7 Sale Harriers Manchester	22:07
8	1710	Poppy Branch	U15 8 Stockport Harriers & Ac	22:08
9	749	Maisie Williams	U15 9 Liverpool Harriers & Ac	22:15
10	748	Grace Veevers	U1510 Liverpool Harriers & Ac	22:42
11	2086	EvieMay Williams	U1511 Warrington A C	22:50
12	1986	Lily Coates	U1512 Vale Royal Ac	22:55
13	1305	Maddy Appleby	U1513 Sale Harriers Manchester	22:58
14	745	Maisie McGuirk	U1514 Liverpool Harriers & Ac	23:20
15	1861	Sara Smith	U1515 Trafford Athletic Club	23:33
16	1713	Imogen Garnett	U1516 Stockport Harriers & Ac	23:48
17	1310	Isabelle Connolly	U1517 Sale Harriers Manchester	23:55
18	456	Demi Baxter	U1518 East Cheshire Harriers & Tames	23:55
19	2080	Emily Kinsey	U1519 Warrington A C	24:02
20	1317	Lola Richardson	U1520 Sale Harriers Manchester	24:20
21	1495	Eliza Doyle	U1521 Salford Harriers & AC	24:27
22	2166	Savannah Mannhart	U1522 Warriors Pentathlon & AC	24:43
23	1307	Lola Brown	U1523 Sale Harriers Manchester	24:45
24	2079	Eva Hayes	U1524 Warrington A C	24:57
25	2168	Katie Merriman	U1525 Warriors Pentathlon & AC	25:04
26	1715	Harriet Starr	U1526 Stockport Harriers & Ac	25:08
27	746	Marissa Phillips	U1527 Liverpool Harriers & Ac	25:12
28	1315	Ruby Langford	U1528 Sale Harriers Manchester	25:16
29	744	Bonita Kewley	U1529 Liverpool Harriers & Ac	25:25
30	2164	Poppy Coates	U1530 Warriors Pentathlon & AC	25:31
31	458	Anna Rooke	U1531 East Cheshire Harriers & Tames	25:32
32	2081	Elizabeth Lees	U1532 Warrington A C	25:32
33	2083	Annie Noone	U1533 Warrington A C	25:41
34	1711	Abbie Fitzgerald	U1534 Stockport Harriers & Ac	25:48
35	1496	Isabelle Hope	U1535 Salford Harriers & AC	25:56
36	1714	Olivia Kelly	U1536 Stockport Harriers & Ac	26:07
37	873	Sophie Gawthorpe	U1537 Manchester Harriers & Ac	26:12
38	2165	Sophie Davidson	U1538 Warriors Pentathlon & AC	26:39
39	457	Imogen McBurnie	U1539 East Cheshire Harriers & Tames	26:46
40	573	Olivia Taylor	U1540 Horwich R M I Harriers	26:48
41	570	Sophie Orrell	U1541 Horwich R M I Harriers	27:04
42	34	Emily Pattison	U1542 Altrincham & District Ac	27:12
43	1859	Ianthe Jones	U1543 Trafford Athletic Club	27:16
44	1860	Zoe Placzkiewicz	U1544 Trafford Athletic Club	27:17
45	1172	Roisin Jordan	U1545 Oldham & Royton H & Ac	27:39
46	571	Amelia Shan	U1546 Manchester Harriers & Ac	28:22
47	1173	Chloe Roper	U1547 Oldham & Royton H & Ac	28:37
48	574	Holly Turner	U1548 Horwich R M I Harriers	28:52
49	2167	Lucy Mercer	U1549 Warriors Pentathlon & AC	28:55
50	1712	Emily Fox	U1550 Stockport Harriers & Ac	29:34
51	32	Genevieve Jackson	U1551 Altrincham & District Ac	29:45
52	743	Savanna Holcroft	U1552 Liverpool Harriers & Ac	30:02
53	1616	Chloe Brownbill	U1553 St Helens Sutton Ac	30:10

## Under 15 - Girls — TEAM RESULTS

1	Sale Harriers Manchester	9	—	2	Beatrix Soper	3	Oonagh McManus	4	Robyn Heywood-Young
2	Sale Harriers Manchester 'B'	26	—	6	Caitlin Wetters	7	Isla Anderson	13	Maddy Appleby
3	Warriors Pentathlon & AC	28	—	1	Isla Yorke	5	Isla Pastor	22	Savannah Mannhart
4	Liverpool Harriers & Ac	33	—	9	Maisie Williams	10	Grace Veevers	14	Maisie McGuirk
5	Stockport Harriers & Ac	50	—	8	Poppy Branch	16	Imogen Garnett	26	Harriet Starr
6	Warrington A C	54	—	11	EvieMay Williams	19	Emily Kinsey	24	Eva Hayes
7	Sale Harriers Manchester 'C'	60	—	17	Isabelle Connolly	20	Lola Richardson	23	Lola Brown
8	East Cheshire Harriers & Tames	88	—	18	Demi Baxter	31	Anna Rooke	39	Imogen McBurnie
9	Warriors Pentathlon & AC 'B'	93	—	25	Katie Merriman	30	Poppy Coates	38	Sophie Davidson
10	Trafford Athletic Club	102	—	15	Sara Smith	43	Ianthe Jones	44	Zoe Placzkiewicz
11	Liverpool Harriers & Ac 'B'	108	—	27	Marissa Phillips	29	Bonita Kewley	52	Savanna Holcroft
12	Stockport Harriers & Ac 'B'	120	—	34	Abbie Fitzgerald	36	Olivia Kelly	50	Emily Fox
13	Horwich R M I Harriers	127	—	40	Olivia Taylor	41	Sophie Orrell	46	Amelia Shan

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1620	Liam Johnson	U17 1 St Helens Sutton Ac	18:46	29	1724	Will Walton	U1729 Stockport Harriers & Ac	22:15
2	1870	Pio Aron	U17 2 Trafford Athletic Club	19:05	30	1879	Thomas Harris	U1730 Trafford Athletic Club	22:28
3	1874	Emmas Finlay Dobson	U173 Trafford Athletic Club	19:09	31	462	Nathan Dunn	U1731 East Cheshire Harriers & Tames	22:29
4	1871	Theodor Austin	U17 4 Trafford Athletic Club	19:10	32	180	Jonty Brown	U1732 Buxton AC	22:38
5	1337	Finlay Goddard	U17 5 Sale Harriers Manchester	19:16	33	1990	Ethan Price	U1733 Vale Royal Ac	22:44
6	2178	Oberon Kearney	U17 6 Warriors Pentathlon & AC	19:21	34	2095	Elliot Taylor	U1734 Warrington A C	22:45
7	781	Michael Wood	U17 7 Macclesfield Harriers & Ac	19:42	35	2179	George Murphy	U1735 Warriors Pentathlon & AC	23:04
8	465	Brandon Kenyon-Betts	U178 East Cheshire Harriers & Tames	19:43	36	1344	Ewan Saunders	U1736 Sale Harriers Manchester	23:17
9	1723	Zach Rose	U17 9 Stockport Harriers & Ac	19:47	37	1722	Ryan Potts	U1737 Stockport Harriers & Ac	23:18
10	2348	Ben Cronshaw	U1710 Wirral Ac	19:50	38	460	Archie Bennett	U1738 East Cheshire Harriers & Tames	24:14
11	1886	Tim Ye	U1711 Trafford Athletic Club	19:59	39	2094	Harvey Howard	U1739 Warrington A C	24:15
12	780	Cian Taylor	U1712 Macclesfield Harriers & Ac	20:05	40	35	Charlie Bumstead	U1740 Altrincham & District Ac	24:35
13	1881	Jay Hutchinson	U1713 Trafford Athletic Club	20:06	41	1556	Jack Broadhurst	U1741 Salford Metropolitan Ac	24:43
14	2096	Thomas Welsby	U1714 Warrington A C	20:07	42	1875	Finnan Docherty	U1742 Trafford Athletic Club	24:45
15	878	Christopher Parikh	U1715 Manchester Harriers & Ac	20:27	43	1887	Isaac True	U1743 Trafford Athletic Club	24:52
16	1884	Evan Lewis	U1716 Trafford Athletic Club	20:38	44	461	Ben Dale	U1744 East Cheshire Harriers & Tames	25:09
17	2177	Noel Ford	U1717 Warriors Pentathlon & AC	20:41	45	876	Samuel Bailey	U1745 Manchester Harriers & Ac	25:16
18	464	Marshall Fleet	U1718 East Cheshire Harriers & Tames	20:50	46	1557	Hayden Cooper	U1746 Salford Metropolitan Ac	25:22
19	1880	Evan Horwell	U1719 Trafford Athletic Club	20:51	47	181	Matthew Rolfe	U1747 Buxton AC	25:27
20	1622	Luke Wilson	U1720 St Helens Sutton Ac	21:15	48	1619	Benjamin Genner	U1748 St Helens Sutton Ac	25:34
21	1621	William Vose	U1721 St Helens Sutton Ac	21:27	49	37	Thomas Turner	U1749 Altrincham & District Ac	25:50
22	2220	Lewis Morris	U1722 West Cheshire Athletic Club	21:34	50	2222	Noah Woolgar	U1750 West Cheshire Athletic Club	26:01
23	469	Oliver Walker	U1723 East Cheshire Harriers & Tames	21:36	51	1721	Charlie Park	U1751 Stockport Harriers & Ac	26:16
24	583	Mark Timuss	U1724 Horwich R M I Harriers	21:54	52	1720	William Jones	U1752 Stockport Harriers & Ac	26:36
25	1501	Tim Elgar	U1725 Salford Harriers & AC	21:58	53	467	Sebastian Stewart	U1753 East Cheshire Harriers & Tames	26:37
26	779	Jared Dickinson	U1726 Macclesfield Harriers & Ac	21:58	54	579	Joseph Lawman	U1754 Horwich R M I Harriers	26:38
27	1878	Archie Greenwood	U1727 Trafford Athletic Club	22:01	55	1651	Finlay Smith	U1755 Start2jog	28:26
28	468	Joe Taylor	U1728 East Cheshire Harriers & Tames	22:03					

## Under 17 - Men — TEAM RESULTS

1	Trafford Athletic Club	9	—	2	Pio Aron	3	Emmas Finlay Dobson	4	Theodor Austin
2	Trafford Athletic Club 'B'	40	—	11	Tim Ye	13	Jay Hutchinson	16	Evan Lewis
3	St Helens Sutton Ac	42	—	1	Liam Johnson	20	Luke Wilson	21	William Vose
4	Macclesfield Harriers & Ac	45	—	7	Michael Wood	12	Cian Taylor	26	Jared Dickinson
5	East Cheshire Harriers & Tames	49	—	8	Brandon Kenyon-Betts	18	Marshall Fleet	23	Oliver Walker
6	Warriors Pentathlon & AC	58	—	6	Oberon Kearney	17	Noel Ford	35	George Murphy
7	Stockport Harriers & Ac	75	—	9	Zach Rose	29	Will Walton	37	Ryan Potts
8	Trafford Athletic Club 'C'	76	—	19	Evan Horwell	27	Archie Greenwood	30	Thomas Harris
9	Warrington A C	87	—	14	Thomas Welsby	34	Elliot Taylor	39	Harvey Howard
10	East Cheshire Harriers & T 'B'	97	—	28	Joe Taylor	31	Nathan Dunn	38	Archie Bennett

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2092	Imogen Wharton	U17 1 Warrington A C	21:51	17	750	Hannah Robinson	U1717 Liverpool Harriers & Ac	26:38
2	1327	Isobel Hall	U17 2 Sale Harriers Manchester	22:41	18	2087	Cara Gregory	U1718 Warrington A C	26:49
3	179	Constance Jennesson	U17 3 Buxton AC	23:33	19	2172	Hannah Brearton	U1719 Warriors Pentathlon & AC	27:20
4	1717	Rosie Philbin	U17 4 Stockport Harriers & Ac	23:49	20	1324	Nailah Christmas	U1720 Sale Harriers Manchester	27:37
5	2173	Holly Coates	U17 5 Warriors Pentathlon & AC	23:55	21	1498	Imogen Pattison	U1721 Salford Harriers & AC	27:46
6	2219	Nancy Farmer	U17 6 West Cheshire Athletic Club	23:57	22	751	Isobel Robinson	U1722 Liverpool Harriers & Ac	28:08
7	2091	Hannah Hull	U17 7 Warrington A C	24:34	23	1617	Nicole Anders	U1723 St Helens Sutton Ac	28:12
8	1865	Rachel Bowden	U17 8 Trafford Athletic Club	24:43	24	1877	Rowan Goodrich	U1724 Trafford Athletic Club	28:18
9	777	Eva Mion	U17 9 Macclesfield Harriers & Ac	24:49	25	1864	Ursula Bailey	U1725 Trafford Athletic Club	28:29
10	874	Clara Galbraith	U1710 Manchester Harriers & Ac	25:00	26	1555	Esme Sly	U1726 Salford Metropolitan Ac	28:53
11	1618	Lily Birkett	U1711 St Helens Sutton Ac	25:14	27	1718	Felicity Thelwell	U1727 Stockport Harriers & Ac	29:04
12	2174	Imogen Dunning	U1712 Warriors Pentathlon & AC	25:32	28	1866	Sophie Bowman	U1728 Trafford Athletic Club	29:41
13	1869	Isobel Thomas	U1713 Trafford Athletic Club	25:44	29	875	Jasmine Tarry	U1729 Manchester Harriers & Ac	29:47
14	2175	Eve Grabe	U1714 Warriors Pentathlon & AC	25:50	30	1988	Ruby Carrington	U1730 Vale Royal Ac	29:52
15	2088	Sinead Gregory	U1715 Warrington A C	25:52	31	178	Scarlett Grice	U1731 Buxton AC	33:44
16	2089	Olivia Haselden	U1716 Warrington A C	26:08	32	576	Tia Harris	U1732 Horwich R M I Harriers	34:26

## Under 17 - Ladies — TEAM RESULTS

1	Warrington A C	23	—	1	Imogen Wharton	7	Hannah Hull	15	Sinead Gregory
2	Warriors Pentathlon & AC	31	—	5	Holly Coates	12	Imogen Dunning	14	Eve Grabe
3	Trafford Athletic Club	45	—	8	Rachel Bowden	13	Isobel Thomas	24	Rowan Goodrich

# Manchester Area Cross Country League

## at Heaton Park on Saturday 12th October 2024

### Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1508	Emilia Platt	L20	1 Salford Harriers & AC	28:44	10	2191	Sarah Smith	L20	10 Warriors Pentathlon & AC	37:00
2	1659	Nia Griffin	L20	2 Start2jog	32:22	11	1940	Paige Barker	L20	11 Unattached	38:05
3	1624	Lucy Clitheroe	L20	3 St Helens Sutton Ac	32:35	12	1948	Hannah Taylor	L20	12 Unattached	38:52
4	1347	Sophie Armitage	L20	4 Sale Harriers Manchester	33:47	13	1945	Helena Piotrowicz	L20	13 Unattached	38:55
5	2192	Evie Smith	L20	5 Warriors Pentathlon & AC	34:31	14	1941	Erin Doyle	L20	14 Unattached	43:02
6	787	Emma Johnson	L20	6 Macclesfield Harriers & Ac	34:45	15	2183	Isabella Clarke	L20	15 Warriors Pentathlon & AC	43:37
7	1943	Lucy Henson	L20	7 Unattached	35:26	16	2098	Joy Ashcroft-Carter	L20	16 Warrington A C	46:01
8	1630	Taylor Massey	L20	8 St Helens Sutton Ac	35:43	17	1897	Fay Lewis	L20	17 Trafford Athletic Club	50:30
9	474	Maria Rooke	L20	9 East Cheshire Harriers & Tames	36:04						

### Senior Ladies aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Warriors Pentathlon & AC      24 —      5 Evie Smith      9 Sarah Smith      10 Isabella Clarke

### Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2188	K Haggard		Warriors Pentathlon & AC	28:52	30	1666	Jessica Mohan		Start2jog	40:49
2	1737	Mollie Williams		Stockport Harriers & Ac	30:18	31	472	Megan Lewis		East Cheshire Harriers & Tames	40:59
3	1345	Lucy Armitage		Sale Harriers Manchester	30:33	32	1662	Hazel Jones		Start2jog	41:02
4	891	Alice Stiles		Manchester Harriers & Ac	31:59	33	984	Jade Ong		Manchester Triathlon Club	41:07
5	1509	Katie Reynolds		Salford Harriers & AC	32:18	34	883	Katie Cooper		Manchester Harriers & Ac	41:25
6	2231	Lucie Truett		West Cheshire Athletic Club	33:35	35	1993	Lucy Burch		Vale Royal Ac	41:42
7	1902	Bethany Reid		Trafford Athletic Club	33:54	36	941	Briony Fagan		Manchester Harriers & Ac	42:25
8	1376	Megan Tucker		Sale Harriers Manchester	34:10	37	980	Nanette Heystek		Manchester Triathlon Club	42:45
9	1735	Faye Waterhouse		Stockport Harriers & Ac	34:43	38	2187	Kirsty Greenwood		Warriors Pentathlon & AC	43:21
10	1503	Oriel Hardman		Salford Harriers & AC	34:48	39	919	Mae Grimshaw		Manchester Metropolitan Univer	43:35
11	681	Ellie Kemp		Levenshulme Runners	35:15	40	504	Natasha Broadhurst		Glossopdale Harriers	43:40
12	1904	Lauren Robinson		Trafford Athletic Club	35:19	41	692	Jenny Woods		Levenshulme Runners	44:07
13	1900	Kate Meeson		Trafford Athletic Club	35:25	42	139	Kim Rothwell		Bramhall Runners	44:23
14	1942	Katie Hay		Unattached	35:27	43	1995	Abbie Donegan		Vale Royal Ac	45:05
15	238	Rebecca Fitzsimmons		Chorlton Runners	35:50	44	696	Alex Bee		Levenshulme Runners	45:14
16	267	Siobhan Woods		Chorlton Runners	36:01	45	234	Abigail Dalton		Chorlton Runners	46:03
17	675	Catrin Austin		Levenshulme Runners	36:08	46	630	Hannah Buckley		Hyde Village Striders	47:33
18	686	Luisa Reininho		Levenshulme Runners	36:25	47	636	Kate Kinder		Hyde Village Striders	47:47
19	2228	Emma Nutt		West Cheshire Athletic Club	36:42	48	370	Natalia Olszewska		Didsbury Runners	49:15
20	1213	Samantha Newbound		Running Bear	36:51	49	1223	Hannah Roberts		Saddleworth Runners Club	49:25
21	250	Lucy Levine		Chorlton Runners	37:05	50	1572	Amy Stanley		Salford Metropolitan Ac	49:26
22	1944	Amelie Higgins		Unattached	37:35	51	632	Jennifer Garner		Hyde Village Striders	50:52
23	223	Francesca Bale		Chorlton Runners	37:40	52	952	Fedra Zaribaf		Manchester Harriers & Ac	51:28
24	248	Yvonne King		Chorlton Runners	38:21	53	2365	Nandini Gadhia		Unattached	51:30
25	501	Charlotte Bliss		Glossopdale Harriers	38:38	54	947	Sophie Norris		Manchester Harriers & Ac	51:57
26	372	Abbie Pickard		Didsbury Runners	39:32	55	361	Natasha Bradford		Didsbury Runners	53:18
27	943	M Glenister-Doyle		Manchester Harriers & Ac	39:32	56	2366	Martha Gutteridge		Unattached	54:01
28	266	Alice Woodbridge		Chorlton Runners	39:45	57	1665	Kaylea Maidstone		Start2jog	54:06
29	1505	Catherine Hooper		Salford Harriers & AC	40:02	58	981	Liz Hird		Manchester Triathlon Club	54:10

### Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2229	Tracy Rogers	L35	1 West Cheshire Athletic Club	31:27	13	1029	Hannah Brierley	L35	13 Manchester Ymca Harriers	40:14
2	1355	Chloe Elliott	L35	2 Sale Harriers Manchester	32:19	14	1222	Kate Meskill	L35	14 Saddleworth Runners Club	40:56
3	2225	Claire Harris	L35	3 West Cheshire Athletic Club	34:05	15	1076	Chelsea Mears-Graham	L35	15 Marple Runners	42:57
4	1906	Zoe Storr	L35	4 Trafford Athletic Club	35:21	16	364	Katie-Niamh Crawford	L35	16 Didsbury Runners	43:22
5	1889	Amy Cauley	L35	5 Trafford Athletic Club	35:35	17	242	Hannah Greenlee	L35	17 Chorlton Runners	43:53
6	1888	Ruth Beresford	L35	6 Trafford Athletic Club	38:19	18	977	Eleanor Cuff	L35	18 Manchester Triathlon Club	44:02
7	1195	Annette McQueen	L35	7 Radcliffe Ac	38:33	19	2320	Michelle Thompstone	L35	19 Winston Runners	46:23
8	1629	Siobhan Massey	L35	8 St Helens Sutton Ac	39:01	20	534	Alison Garrigan	L35	20 Goyt Valley Striders	46:45
9	375	Hollie Steed	L35	9 Didsbury Runners	39:19	21	987	Sarah Roberts	L35	21 Manchester Triathlon Club	47:17
10	2104	Faye Lawton	L35	10 Warrington A C	39:37	22	821	Kirsty Powers	L35	22 Manchester Frontrunners	52:57
11	185	Rebecca Corbett	L35	11 Buxton AC	39:46	23	1652	Egle Bates	L35	23 Start2jog	55:05
12	1901	Melanie Monks	L35	12 Trafford Athletic Club	40:10						

### Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1507	Laura Lombard	L40	1 Salford Harriers & AC	31:48	19	637	Stephanie Mallett	L40	19 Hyde Village Striders	41:22
2	2180	Laura Baker	L40	2 Warriors Pentathlon & AC	34:53	20	99	Lisa Costello	L40	20 Belle Vue Racers	42:13
3	1357	Emma Finney	L40	3 Sale Harriers Manchester	35:06	21	1725	Amy Billing	L40	21 Stockport Harriers & Ac	42:39
4	1379	Jessica Welsh	L40	4 Sale Harriers Manchester	35:21	22	1561	Jennifer Donaldson	L40	22 Salford Metropolitan Ac	43:04
5	471	Katie Kay	L40	5 East Cheshire Harriers & Tames	36:11	23	241	Charlotte Gilbert	L40	23 Chorlton Runners	43:06
6	1573	Alina Stepanchuk	L40	6 Salford Metropolitan Ac	36:22	24	2367	Nadiah Laajam	L40	24 Unattached	43:10
7	818	Rachel Kenyon	L40	7 Manchester Frontrunners	37:20	25	1136	Helen Mutch	L40	25 Middleton Harriers Ac	43:10
8	978	Winton Julie De	L40	8 Manchester Triathlon Club	37:42	26	631	Dannielle Burns	L40	26 Hyde Village Striders	43:12
9	530	Anna Aspinall	L40	9 Goyt Valley Striders	38:30	27	819	Claire Naylor	L40	27 Manchester Frontrunners	44:09
10	1359	Harriet Hamilton	L40	10 Sale Harriers Manchester	38:38	28	825	Meropi Tzanetakis	L40	28 Manchester Frontrunners	44:11
11	2308	Laura Bell	L40	11 Winston Runners	38:49	29	2186	Naomi Grabe	L40	29 Warriors Pentathlon & AC	44:15
12	2226	Anest Muller	L40	12 West Cheshire Athletic Club	39:05	30	663	Lauren Mollart	L40	30 Knutsford Tri Club	44:48
13	369	Helen Morgan	L40	13 Didsbury Runners	39:25	31	1132	Janine Jordan	L40	31 Middleton Harriers Ac	45:24
14	1813	Rebecca Mills	L40	14 Swinton Running Club	39:41	32	107	Aimee Woolley	L40	32 Belle Vue Racers	46:36
15	1083	Angela Stanley	L40	15 Marple Runners	40:07	33	126	Anna Dagnall	L40	33 Stockport Tri Club	49:33
16	2184	Kerry Dunning	L40	16 Warriors Pentathlon & AC	40:18	34	251	Elisabeth Lewis	L40	34 Chorlton Runners	50:32
17	254	Sarah Renshaw	L40	17 Chorlton Runners	40:46	35	782	Sarah Booth	L40	35 Macclesfield Harriers & Ac	51:02
18	127	Kim Davies	L40	18 Bramhall Runners	40:47	36	2254	Victoria Williams	L40	36 Wilmslow Running Club	56:07

**Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)**  
**Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight**

## Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time						
1	2002	Sarah Murphy	L45 1	Vale Royal Ac	32:03	25	259	Katie Syrett	L45 25	Chorlton Runners	43:16
2	2097	Claire Andrew	L45 2	Warrington A C	34:15	26	245	Kate Harvest	L45 26	Chorlton Runners	43:22
3	2182	Eleanor Carney	L45 3	Warriors Pentathlon & AC	34:49	27	227	Amy Berrisford	L45 27	Chorlton Runners	43:25
4	783	Kristy Gill	L45 4	Macclesfield Harriers & Ac	35:23	28	784	Caroline Gisby	L45 28	Macclesfield Harriers & Ac	43:38
5	362	Laura Brown	L45 5	Didsbury Runners	35:45	29	235	Helen Daly	L45 29	Chorlton Runners	44:11
6	1563	Amanda Hurdall	L45 6	Salford Metropolitan Ac	37:08	30	1770	Nicola Brundrett	L45 30	Stockport Tri Club	45:08
7	1074	Victoria Jackson	L45 7	Marple Runners	37:11	31	506	Emma Rettig	L45 31	Glossopdale Harriers	45:20
8	2240	Victoria Brown	L45 8	Wilmslow Running Club	37:16	32	1796	Caroline Stonier	L45 32	Styal Running Club	45:22
9	1370	Sian Rowley	L45 9	Sale Harriers Manchester	37:59	33	1627	Colette Goddard	L45 33	St Helens Sutton Ac	45:39
10	194	Katie Rolfe	L45 10	Buxton AC	38:12	34	973	Veronica Barnsley	L45 34	Manchester Triathlon Club	45:43
11	1346	Helen Armitage	L45 11	Sale Harriers Manchester	38:34	35	1212	Holly Nettle	L45 35	Running Bear	45:46
12	665	Pamela Thurtle	L45 12	Knutsford Tri Club	39:50	36	106	Rachel Watson	L45 36	Belle Vue Racers	46:37
13	1628	Susan Johnson	L45 13	St Helens Sutton Ac	40:24	37	225	Alison Barbuti	L45 37	Chorlton Runners	47:57
14	371	Laura Parkin	L45 14	Didsbury Runners	40:38	38	1789	Johanne Greenwood	L45 38	Styal Running Club	48:40
15	535	Rebecca Glen	L45 15	Goyt Valley Striders	40:46	39	376	Anna Thurston	L45 39	Didsbury Runners	48:50
16	789	Rachael Lawrance	L45 16	Macclesfield Harriers & Ac	41:03	40	986	Kathryn Quinn	L45 40	Manchester Triathlon Club	50:07
17	1814	Helen Nation	L45 17	Swinton Running Club	41:12	41	2000	Paula Manley	L45 41	Vale Royal Ac	50:15
18	1087	Helena Tinker	L45 18	Marple Runners	41:18	42	1211	Sarah Miles	L45 42	Running Bear	51:22
19	1773	Janet Grint	L45 19	Stockport Tri Club	41:29	43	261	Rowena Thomas	L45 43	Chorlton Runners	51:58
20	39T	Erdenesuren	L45 20	Altrincham & District Ac	41:39	44	1070	Jenny Dockney	L45 44	Marple Runners	54:08
21	595	Hayley Winder	L45 21	Horwich R M I Harriers	42:17	45	1084	Helen Stonehouse	L45 45	Marple Runners	55:35
22	661	Claire Grimmer	L45 22	Knutsford Tri Club	42:21	46	1653	Kay Doyle	L45 46	Start2jog	57:24
23	191	Ruth Gowers	L45 23	Buxton AC	42:42	47	1833	Andy Smith	L45 47	Swinton Running Club	1:01:14
24	184	Kate Brown	L45 24	Buxton AC	43:14						

## Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time						
1	2243	Louisa Harrison	L50 1	Wilmslow Running Club	36:49	23	1568	Laura Mercer	L50 23	Salford Metropolitan Ac	46:42
2	2239	Anna Woolgar	L50 2	West Cheshire Athletic Club	37:07	24	979	Sonia Harris	L50 24	Manchester Triathlon Club	46:43
3	477	Michelle Vaughan	L50 3	East Cheshire Harriers & Tames	37:10	25	890	Catherine Poole	L50 25	Manchester Harriers & Ac	46:55
4	2004	Jude Peck	L50 4	Vale Royal Ac	37:12	26	186	Joanne Cudahy	L50 26	Buxton AC	47:30
5	2244	Susan Harrison	L50 5	Wilmslow Running Club	37:50	27	1077	Karen Molloy	L50 27	Marple Runners	47:35
6	1560	Jaine Brocklehurst	L50 6	Salford Metropolitan Ac	38:13	28	992	Marianne Veighey	L50 28	Manchester Triathlon Club	47:48
7	2242	Katy Green	L50 7	Wilmslow Running Club	38:24	29	97	Karen Charters	L50 29	Belle Vue Racers	48:09
8	1812	Lauren Marsden	L50 8	Swinton Running Club	38:28	30	538	Mary Jones	L50 30	Goyt Valley Striders	48:44
9	416	Madeleine Hill	L50 9	Dragons Running Club (sale)	38:48	31	635	Carol Kershaw	L50 31	Hyde Village Striders	48:59
10	795	Sue Stockdale	L50 10	Macclesfield Harriers & Ac	39:36	32	102	Julia Foy	L50 32	Belle Vue Racers	49:17
11	2351	Anne Rosbottom	L50 11	Wirral Ac	41:47	33	136	Shirley Ralph	L50 33	Bramhall Runners	51:20
12	1658	Tracey Griffin	L50 12	Start2jog	42:32	34	1067	Melanie Commins	L50 34	Marple Runners	52:06
13	224	Emma Banister	L50 13	Chorlton Runners	42:45	35	1065	Cath Broomfield	L50 35	Marple Runners	52:54
14	1558	Laura Benifer	L50 14	Salford Metropolitan Ac	43:04	36	633	Alison Goodall	L50 36	Hyde Village Striders	53:11
15	972	Cathy Atkinson	L50 15	Manchester Triathlon Club	43:33	37	634	Rachael Horrocks	L50 37	Hyde Village Striders	53:56
16	2230	Angela Tegg	L50 16	West Cheshire Athletic Club	43:33	38	130	Jill Harrison	L50 38	Bramhall Runners	56:25
17	373	Isabelle Qamar	L50 17	Didsbury Runners	44:08	39	233	Alison Coleridge	L50 39	Chorlton Runners	57:59
18	367	Victoria Hall	L50 18	Didsbury Runners	44:22	40	976	Judith Coker	L50 40	Manchester Triathlon Club	58:42
19	1806	Rhona Barker	L50 19	Swinton Running Club	45:09	41	1570	Joanna Nixon	L50 41	Salford Metropolitan Ac	1:01:26
20	2368	Anna Seale	L50 20	Unattached	45:10	42	982	Elizabeth King	L50 42	Manchester Triathlon Club	1:04:55
21	2295	Melissa Westwood	L50 21	Wilmslow Striders	46:18	43	1206	Kate Brown	L50 43	Running Bear	1:06:18
22	2322	Gaynor Williams	L50 22	Winston Runners	46:26						

## Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time						
1	193	Wendy Higginbottom	L55 1	Buxton AC	35:33	13	892	Jane Stiles	L55 13	Manchester Harriers & Ac	47:42
2	1739	Kerrie Wood-Doyle	L55 2	Stockport Harriers & Ac	38:25	14	1771	Christine Copson	L55 14	Stockport Tri Club	48:22
3	1215	Yvonne Williams	L55 3	Running Bear	38:28	15	990	Jacky Taylor	L55 15	Manchester Triathlon Club	50:25
4	786	Joanne Hackett	L55 4	Macclesfield Harriers & Ac	41:17	16	1667	Kate Pusey	L55 16	Start2jog	51:16
5	1898	Joanne Lott	L55 5	Trafford Athletic Club	41:49	17	994	Michelle Wilder	L55 17	Manchester Triathlon Club	51:43
6	42	Steph Hughes	L55 6	Altrincham & District Ac	42:35	18	1125	Kyrinda Carter-Moorer	L55 18	Middleton Harriers Ac	52:48
7	1221	Fiona Dyson	L55 7	Saddleworth Runners Club	43:12	19	1209	Debra Jamieson	L55 19	Running Bear	53:21
8	2001	Debbie Moreton	L55 8	Vale Royal Ac	44:07	20	639	Lana Milligan	L55 20	Hyde Village Striders	53:28
9	887	Catherine Jones	L55 9	Manchester Harriers & Ac	45:23	21	1135	Catherine Murphy	L55 21	Middleton Harriers Ac	54:06
10	189	Heather Fryer-Winder	L55 10	Buxton AC	46:11	22	880	Deborah Beresford	L55 22	Manchester Harriers & Ac	54:18
11	2251	Janet Screawn	L55 11	Wilmslow Running Club	46:43	23	679	Jeanette Hanley	L55 23	Levenshulme Runners	54:55
12	1663	Clare Leith	L55 12	Start2jog	47:24	24	1668	Lyn Todd	L55 24	Start2jog	55:49

## Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time						
1	822	Linda Rix	L60 1	Manchester Fronrunners	40:31	7	421	Sue Strickland	L60 7	Dragons Running Club (sale)	47:25
2	1791	G Holland-Jones	L60 2	Styal Running Club	40:33	8	1566	Andrea Marsden	L60 8	Salford Metropolitan Ac	48:31
3	505	Jane Gornell	L60 3	Glossopdale Harriers	44:16	9	1730	Jennifer McGuinness	L60 9	Stockport Harriers & Ac	50:12
4	1134	Sandra McGrail	L60 4	Middleton Harriers Ac	45:11	10	1774	Sue Watts	L60 10	Stockport Tri Club	52:25
5	662	Karen Hatton	L60 5	Knutsford Tri Club	45:40	11	1208	Kerry Gleave	L60 11	Running Bear	54:22
6	889	Ann McLaughlin	L60 6	Manchester Harriers & Ac	46:43	12	1895	Lucy Hickey	L60 12	Trafford Athletic Club	54:31

## Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time						
1	1352	J Cordingley	L65 1	Sale Harriers Manchester	40:30	4	125	Rowena Curley	L65 4	Bramhall Runners	54:03
2	1123	Fiona Bolton	L65 2	Middleton Harriers Ac	48:54	5	1797	Mandy Winckworth	L65 5	Styal Running Club	56:47
3	1063	Anna Ashton	L65 3	Marple Runners	49:48						

## Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	788	Ann-Marie Jones	L70 1	Macclesfield Harriers & Ac	42:03
2	1893	Sue Exon	L70 2	Trafford Athletic Club	51:23
3	1130	Teresa Hollins	L70 3	Middleton Harriers Ac	53:35

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# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Senior Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	1508	Emilia Platt	L20	1 Salford Harriers & AC	28:44
2	2188	K Haggard		Warriors Pentathlon & AC	28:52
3	1737	Mollie Williams		Stockport Harriers & Ac	30:18
4	1345	Lucy Armitage		Sale Harriers Manchester	30:33
5	2229	Tracy Rogers	L35	1 West Cheshire Athletic Club	31:27
6	1507	Laura Lombard	L40	1 Salford Harriers & AC	31:48
7	891	Alice Stiles		Manchester Harriers & Ac	31:59
8	2002	Sarah Murphy	L45	1 Vale Royal Ac	32:03
9	1509	Katie Reynolds		Salford Harriers & AC	32:18
10	1355	Chloe Elliott	L35	2 Sale Harriers Manchester	32:19
11	1659	Nia Griffin	L20	2 Start2jog	32:22
12	1624	Lucy Clitheroe	L20	3 St Helens Sutton Ac	32:35
13	2231	Lucie Truett		West Cheshire Athletic Club	33:35
14	1347	Sophie Armitage	L20	4 Sale Harriers Manchester	33:47
15	1902	Bethany Reid		Trafford Athletic Club	33:54
16	2225	Claire Harris	L35	3 West Cheshire Athletic Club	34:05
17	1376	Megan Tucker		Sale Harriers Manchester	34:10
18	2097	Claire Andrew	L45	2 Warrington A C	34:15
19	2192	Evie Smith	L20	5 Warriors Pentathlon & AC	34:31
20	1735	Faye Waterhouse		Stockport Harriers & Ac	34:43
21	787	Emma Johnson	L20	6 Macclesfield Harriers & Ac	34:45
22	1503	Oriel Hardman		Salford Harriers & AC	34:48
23	2182	Eleanor Carney	L45	3 Warriors Pentathlon & AC	34:49
24	2180	Laura Baker	L40	2 Warriors Pentathlon & AC	34:53
25	1357	Emma Finney	L40	3 Sale Harriers Manchester	35:06
26	681	Ellie Kemp		Levenshulme Runners	35:15
27	1904	Lauren Robinson		Trafford Athletic Club	35:19
28	1379	Jessica Welsh	L40	4 Sale Harriers Manchester	35:21
29	1906	Zoe Storr	L35	4 Trafford Athletic Club	35:21
30	783	Kristy Gill	L45	4 Macclesfield Harriers & Ac	35:23
31	1900	Kate Meeson		Trafford Athletic Club	35:25
32	1943	Lucy Henson	L20	7 Unattached	35:26
33	1942	Katie Hay		Unattached	35:27
34	193	Wendy Higginbottom	L55	1 Buxton AC	35:33
35	1889	Amy Cauley	L35	5 Trafford Athletic Club	35:35
36	1630	Taylor Massey	L20	8 St Helens Sutton Ac	35:43
37	362	Laura Brown	L45	5 Didsbury Runners	35:45
38	238	Rebecca Fitzsimmons		Chorlton Runners	35:50
39	267	Siobhan Woods		Chorlton Runners	36:01
40	474	Maria Rooke	L20	9 East Cheshire Harriers & Tames	36:04
41	675	Catrin Austin		Levenshulme Runners	36:08
42	471	Katie Kay	L40	5 East Cheshire Harriers & Tames	36:11
43	1573	Alina Stepanchuk	L40	6 Salford Metropolitan Ac	36:22
44	686	Luisa Reininho		Levenshulme Runners	36:25
45	2228	Emma Nutt		West Cheshire Athletic Club	36:42
46	2243	Louisa Harrison	L50	1 Wilmslow Running Club	36:49
47	1213	Samantha Newbound		Running Bear	36:51
48	2191	Sarah Smith	L20	10 Warriors Pentathlon & AC	37:00
49	250	Lucy Levine		Chorlton Runners	37:05
50	2239	Anna Woolgar	L50	2 West Cheshire Athletic Club	37:07
51	1563	Amanda Hurdall	L45	6 Salford Metropolitan Ac	37:08
52	477	Michelle Vaughan	L50	3 East Cheshire Harriers & Tames	37:10
53	1074	Victoria Jackson	L45	7 Marple Runners	37:11
54	2004	Jude Peck	L50	4 Vale Royal Ac	37:12
55	2240	Victoria Brown	L45	8 Wilmslow Running Club	37:16
56	818	Rachel Kenyon	L40	7 Manchester Fronrunners	37:20
57	1944	Amelie Higgins		Unattached	37:35
58	223	Francesca Bale		Chorlton Runners	37:40
59	978	Winton Julie De	L40	8 Manchester Triathlon Club	37:42
60	2244	Susan Harrison	L50	5 Wilmslow Running Club	37:50
61	1370	Sian Rowley	L45	9 Sale Harriers Manchester	37:59
62	1940	Paige Barker	L20	11 Unattached	38:05
63	194	Katie Rolfe	L45	10 Buxton AC	38:12
64	1560	Jaine Brocklehurst	L50	6 Salford Metropolitan Ac	38:13
65	1888	Ruth Beresford	L35	6 Trafford Athletic Club	38:19
66	248	Yvonne King		Chorlton Runners	38:21
67	2242	Katy Green	L50	7 Wilmslow Running Club	38:24
68	1739	Kerrie Wood-Doyle	L55	2 Stockport Harriers & Ac	38:25
69	1215	Yvonne Williams	L55	3 Running Bear	38:28
70	1812	Lauren Marsden	L50	8 Swinton Running Club	38:28
71	530	Anna Aspinall	L40	9 Goyt Valley Striders	38:30
72	1195	Annette McQueen	L35	7 Radcliffe Ac	38:33
73	1346	Helen Armitage	L45	11 Sale Harriers Manchester	38:34
74	1359	Harriet Hamilton	L40	10 Sale Harriers Manchester	38:38
75	501	Charlotte Bliss		Glossopdale Harriers	38:38
76	416	Madeleine Hill	L50	9 Dragons Running Club (sale)	38:48
77	2308	Laura Bell	L40	11 Winston Runners	38:49
78	1948	Hannah Taylor	L20	12 Unattached	38:52
79	1945	Helena Piotrowicz	L20	13 Unattached	38:55
80	1629	Siobhan Massey	L35	8 St Helens Sutton Ac	39:01
81	2226	Anest Muller	L40	12 West Cheshire Athletic Club	39:05
82	375	Hollie Steed	L35	9 Didsbury Runners	39:19
83	369	Helen Morgan	L40	13 Didsbury Runners	39:25
84	372	Abbie Pickard		Didsbury Runners	39:32
85	943	M Glenister-Doyle		Manchester Harriers & Ac	39:32
86	795	Sue Stockdale	L50	10 Macclesfield Harriers & Ac	39:36
87	2104	Faye Lawton	L35	10 Warrington A C	39:37
88	1813	Rebecca Mills	L40	14 Swinton Running Club	39:41
89	266	Alice Woodbridge		Chorlton Runners	39:45
90	185	Rebecca Corbett	L35	11 Buxton AC	39:46
91	665	Pamela Thurtle	L45	12 Knutsford Tri Club	39:50
92	1505	Catherine Hooper		Salford Harriers & AC	40:02
93	1083	Angela Stanley	L40	15 Marple Runners	40:07
94	1901	Melanie Monks	L35	12 Trafford Athletic Club	40:10
95	1029	Hannah Brierley	L35	13 Manchester Ymca Harriers	40:14
96	2184	Kerry Dunning	L40	16 Warriors Pentathlon & AC	40:18
97	1628	Susan Johnson	L45	13 St Helens Sutton Ac	40:24
98	1352	J Cordingley	L65	1 Sale Harriers Manchester	40:30
99	822	Linda Rix	L60	1 Manchester Fronrunners	40:31
100	1791	G Holland-Jones	L60	2 Styal Running Club	40:33
101	371	Laura Parkin	L45	14 Didsbury Runners	40:38
102	254	Sarah Renshaw	L40	17 Chorlton Runners	40:46
103	535	Rebecca Glen	L45	15 Goyt Valley Striders	40:46
104	127	Kim Davies	L40	18 Bramhall Runners	40:47
105	1666	Jessica Mohan		Start2jog	40:49
106	1222	Kate Meskill	L35	14 Saddleworth Runners Club	40:56
107	472	Megan Lewis		East Cheshire Harriers & Tames	40:59
108	1662	Hazel Jones		Start2jog	41:02
109	789	Rachael Lawrance	L45	16 Macclesfield Harriers & Ac	41:03
110	984	Jade Ong		Manchester Triathlon Club	41:07
111	1814	Helen Nation	L45	17 Swinton Running Club	41:12
112	786	Joanne Hackett	L55	4 Macclesfield Harriers & Ac	41:17
113	1087	Helena Tinker	L45	18 Marple Runners	41:18
114	637	Stephanie Mallett	L40	19 Hyde Village Striders	41:22
115	883	Katie Cooper		Manchester Harriers & Ac	41:25
116	1773	Janet Grint	L45	19 Stockport Tri Club	41:29
117	39T	Erdenesuren	L45	20 Altrincham & District Ac	41:39
118	1993	Lucy Burch	L50	11 Vale Royal Ac	41:42
119	2351	Anne Rosbottom	L50	11 Wirral Ac	41:47
120	1898	Joanne Lott	L55	5 Trafford Athletic Club	41:49
121	788	Ann-Marie Jones	L70	1 Macclesfield Harriers & Ac	42:03
122	99	Lisa Costello	L40	20 Belle Vue Racers	42:13
123	595	Hayley Winder	L45	21 Horwich R M I Harriers	42:17
124	661	Claire Grimmmer	L45	22 Knutsford Tri Club	42:21
125	941	Briony Fagan		Manchester Harriers & Ac	42:25
126	1658	Tracey Griffin	L50	12 Start2jog	42:32
127	42	Steph Hughes	L55	6 Altrincham & District Ac	42:35
128	1725	Amy Billing	L40	21 Stockport Harriers & Ac	42:39
129	191	Ruth Gowers	L45	23 Buxton AC	42:42
130	224	Emma Banister	L50	13 Chorlton Runners	42:45
131	980	Nanette Heystek		Manchester Triathlon Club	42:45
132	1076	Chelsea Mears-Graham	L35	15 Marple Runners	42:57
133	1941	Erin Doyle	L20	14 Unattached	43:02
134	1561	Jennifer Donaldson	L40	22 Salford Metropolitan Ac	43:04
135	1558	Laura Benifer	L50	14 Salford Metropolitan Ac	43:04
136	241	Charlotte Gilbert	L40	23 Chorlton Runners	43:06
137	2367	Nadia Laajam	L40	24 Unattached	43:10
138	1136	Helen Mutch	L40	25 Middleton Harriers Ac	43:10
139	631	Dannielle Burns	L40	26 Hyde Village Striders	43:12
140	1221	Fiona Dyson	L55	7 Saddleworth Runners Club	43:12
141	184	Kate Brown	L45	24 Buxton AC	43:14
142	259	Katie Syrett	L45	25 Chorlton Runners	43:16
143	2187	Kirsty Greenwood		Warriors Pentathlon & AC	43:21
144	245	Kate Harvest	L45	26 Chorlton Runners	43:22
145	364	Katie-Niamh Crawford	L35	16 Didsbury Runners	43:22
146	227	Amy Berrisford	L45	27 Chorlton Runners	43:25
147	972	Cathy Atkinson	L50	15 Manchester Triathlon Club	43:33
148	2230	Angela Tegg	L50	16 West Cheshire Athletic Club	43:33
149	919	Mae Grimshaw		Manchester Metropolitan Univer	43:35
150	2183	Isabella Clarke	L20	15 Warriors Pentathlon & AC	43:37
151	784	Caroline Gisby	L45	28 Macclesfield Harriers & Ac	43:38
152	504	Natasha Broadhurst		Glossopdale Harriers	43:40
153	242	Hannah Greenlee	L35	17 Chorlton Runners	43:53
154	977	Eleanor Cuff	L35	18 Manchester Triathlon Club	44:02
155	692	Jenny Woods		Levenshulme Runners	44:07
156	2001	Debbie Moreton	L55	8 Vale Royal Ac	44:07
157	373	Isabelle Qamar	L50	17 Didsbury Runners	44:08
158	819	Claire Naylor	L40	27 Manchester Fronrunners	44:09
159	235	Helen Daly	L45	29 Chorlton Runners	44:11
160	825	Meropi Tzanetakis	L40	28 Manchester Fronrunners	44:11
161	2186	Naomi Grabe	L40	29 Warriors Pentathlon & AC	44:15
162	505	Jane Gornell	L60	3 Glossopdale Harriers	44:16
163	367	Victoria Hall	L50	18 Didsbury Runners	44:22
164	139	Kim Rothwell		Bramhall Runners	44:23
165	663	Lauren Mollart	L40	30 Knutsford Tri Club	44:48
166	1995	Abbie Donegan		Vale Royal Ac	45:05
167	1770	Nicola Brundrett	L45	30 Stockport Tri Club	45:08
168	1806	Rhona Barker	L50	19 Swinton Running Club	45:09
169	2368	Anna Seale	L50	20 Unattached	45:10
170	1134	Sandra McGrail	L60	4 Middleton Harriers Ac	45:11
171	696	Alex Bee		Levenshulme Runners	45:14
172	506	Emma Rettig	L45	31 Glossopdale Harriers	45:20
173	1796	Caroline Stonier	L45	32 Styal Running Club	45:22

Results Service by **G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)**  
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

174	887	Catherine Jones	L55 9	Manchester Harriers & Ac	45:23	222	1897	Fay Lewis	L2017	Trafford Athletic Club	50:30
175	1132	Janine Jordan	L4031	Middleton Harriers Ac	45:24	223	251	Elisabeth Lewis	L4034	Chorlton Runners	50:32
176	1627	Colette Goddard	L4533	St Helens Sutton Ac	45:39	224	632	Jennifer Garner		Hyde Village Striders	50:52
177	662	Karen Hatton	L60 5	Knutsford Tri Club	45:40	225	782	Sarah Booth	L4035	Macclesfield Harriers & Ac	51:02
178	973	Veronica Barnsley	L4534	Manchester Triathlon Club	45:43	226	1667	Kate Pusey	L5516	Start2jog	51:16
179	1212	Holly Nettle	L4535	Running Bear	45:46	227	136	Shirley Ralph	L5033	Bramhall Runners	51:20
180	2098	Joy Ashcroft-Carter	L2016	Warrington A C	46:01	228	1211	Sarah Miles	L4542	Running Bear	51:22
181	234	Abigail Dalton		Chorlton Runners	46:03	229	1893	Sue Exon	L70 2	Trafford Athletic Club	51:23
182	189	Heather Fryer-Winder	L5510	Buxton AC	46:11	230	952	Fedra Zaribaf		Manchester Harriers & Ac	51:28
183	2295	Melissa Westwood	L5021	Wilmslow Striders	46:18	231	2365	Nandini Gadhia		Unattached	51:30
184	2320	Michelle Thompson	L3519	Winston Runners	46:23	232	994	Michelle Wilder	L5517	Manchester Triathlon Club	51:43
185	2322	Gaynor Williams	L5022	Winston Runners	46:26	233	947	Sophie Norris		Manchester Harriers & Ac	51:57
186	107	Aimee Woolley	L4032	Belle Vue Racers	46:36	234	261	Rowena Thomas	L4543	Chorlton Runners	51:58
187	106	Rachel Watson	L4536	Belle Vue Racers	46:37	235	1067	Melanie Commins	L5034	Marple Runners	52:06
188	1568	Laura Mercer	L5023	Salford Metropolitan Ac	46:42	236	1774	Sue Watts	L6010	Stockport Tri Club	52:25
189	2251	Janet Screawn	L5511	Wilmslow Running Club	46:43	237	1125	Kyrynda Carter-Moore	L5518	Middleton Harriers Ac	52:48
190	979	Sonia Harris	L5024	Manchester Triathlon Club	46:43	238	1065	Cath Broomfield	L5035	Marple Runners	52:54
191	889	Ann McLaughlin	L60 6	Manchester Harriers & Ac	46:43	239	821	Kirsty Powers	L3522	Manchester Frontrunners	52:57
192	534	Alison Garrigan	L3520	Goyt Valley Striders	46:45	240	633	Alison Goodall	L5036	Hyde Village Striders	53:11
193	890	Catherine Poole	L5025	Manchester Harriers & Ac	46:55	241	361	Natasha Bradford		Didsbury Runners	53:18
194	987	Sarah Roberts	L3521	Manchester Triathlon Club	47:17	242	1209	Debra Jamieson	L5519	Running Bear	53:21
195	1663	Clare Leith	L5512	Start2jog	47:24	243	639	Lana Milligan	L5520	Hyde Village Striders	53:28
196	421	Sue Strickland	L60 7	Dragons Running Club (sale)	47:25	244	1130	Teresa Hollins	L70 3	Middleton Harriers Ac	53:35
197	186	Joanne Cudahy	L5026	Buxton AC	47:30	245	634	Rachael Horrocks	L5037	Hyde Village Striders	53:56
198	630	Hannah Buckley		Hyde Village Striders	47:33	246	2366	Martha Gutteridge		Unattached	54:01
199	1077	Karen Molloy	L5027	Marple Runners	47:35	247	125	Rowena Curley	L65 4	Bramhall Runners	54:03
200	892	Jane Stiles	L5513	Manchester Harriers & Ac	47:42	248	1665	Kaylea Maidstone		Start2jog	54:06
201	636	Kate Kinder		Hyde Village Striders	47:47	249	1135	Catherine Murphy	L5521	Middleton Harriers Ac	54:06
202	992	Marianne Veighey	L5028	Manchester Triathlon Club	47:48	250	1070	Jenny Dockney	L4544	Marple Runners	54:08
203	225	Alison Barbuti	L4537	Chorlton Runners	47:57	251	981	Liz Hird		Manchester Triathlon Club	54:10
204	97	Karen Charters	L5029	Belle Vue Racers	48:09	252	880	Deborah Beresford	L5522	Manchester Harriers & Ac	54:18
205	1771	Christine Copson	L5514	Stockport Tri Club	48:22	253	1208	Kerry Gleave	L6011	Running Bear	54:22
206	1566	Andrea Marsden	L60 8	Salford Metropolitan Ac	48:31	254	1895	Lucy Hickey	L6012	Trafford Athletic Club	54:31
207	1789	Johanne Greenwood	L4538	Styal Running Club	48:40	255	679	Jeanette Hanley	L5523	Levenshulme Runners	54:55
208	538	Mary Jones	L5030	Goyt Valley Striders	48:44	256	1652	Egle Bates	L3523	Start2jog	55:05
209	376	Anna Thurston	L4539	Didsbury Runners	48:50	257	1084	Helen Stonehouse	L4545	Marple Runners	55:35
210	1123	Fiona Bolton	L65 2	Middleton Harriers Ac	48:54	258	1668	Lyn Todd	L5524	Start2jog	55:49
211	635	Carol Kershaw	L5031	Hyde Village Striders	48:59	259	2254	Victoria Williams	L4036	Wilmslow Running Club	56:07
212	370	Natalia Olszewska		Didsbury Runners	49:15	260	130	Jill Harrison	L5038	Bramhall Runners	56:25
213	102	Julia Foy	L5032	Belle Vue Racers	49:17	261	1797	Mandy Winckworth	L65 5	Styal Running Club	56:47
214	1223	Hannah Roberts		Saddleworth Runners Club	49:25	262	1653	Kay Doyle	L4546	Start2jog	57:24
215	1572	Amy Stanley		Salford Metropolitan Ac	49:26	263	233	Alison Coleridge	L5039	Chorlton Runners	57:59
216	126	Anna Dagnall	L4033	Stockport Tri Club	49:33	264	976	Judith Coker	L5040	Manchester Triathlon Club	58:42
217	1063	Anna Ashton	L65 3	Marple Runners	49:48	265	1833	Andy Smith	L4547	Swinton Running Club	1:01:14
218	986	Kathryn Quinn	L4540	Manchester Triathlon Club	50:07	266	1570	Joanna Nixon	L5041	Salford Metropolitan Ac	1:01:26
219	1730	Jennifer McGuinness	L60 9	Stockport Harriers & Ac	50:12	267	982	Elizabeth King	L5042	Manchester Triathlon Club	1:04:55
220	2000	Paula Manley	L4541	Vale Royal Ac	50:15	268	1206	Kate Brown	L5043	Running Bear	1:06:18
221	990	Jacky Taylor	L5515	Manchester Triathlon Club	50:25						

## Senior Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Salford Harriers & AC	38	—	1 Emilia Platt	6 Laura Lombard	9 Katie Reynolds	22 Oriel Hardman
2 Sale Harriers Manchester	45	—	4 Lucy Armitage	10 Chloe Elliott	14 Sophie Armitage	17 Megan Tucker
3 Warriors Pentathlon & AC	68	—	2 K Haggard	19 Evie Smith	23 Eleanor Carney	24 Laura Baker
4 West Cheshire Athletic Club	77	—	5 Tracy Rogers	13 Lucie Truett	16 Claire Harris	43 Emma Nutt
5 Trafford Athletic Club	102	—	15 Bethany Reid	27 Lauren Robinson	29 Zoe Storr	31 Kate Meeson
6 Chorlton Runners	175	—	36 Rebecca Fitzsimmons	37 Siobhan Woods	47 Lucy Levine	55 Francesca Bale
7 Sale Harriers Manchester 'B'	180	—	25 Emma Finney	28 Jessica Welsh	58 Sian Rowley	69 Helen Armitage
8 Stockport Harriers & AC	209	—	3 Mollie Williams	20 Faye Waterhouse	64 Kerrie Wood-Doyle	122 Amy Billing
9 St Helens Sutton Ac	211	—	12 Lucy Clitheroe	34 Taylor Massey	74 Siobhan Massey	91 Susan Johnson
10 Wilmslow Running Club	217	—	44 Louisa Harrison	53 Victoria Brown	57 Susan Harrison	63 Katy Green
11 East Cheshire Harriers & Tames	229	—	38 Maria Rooke	40 Katie Kay	50 Michelle Vaughan	101 Megan Lewis
12 Macclesfield Harriers & Ac	234	—	21 Emma Johnson	30 Kristy Gill	80 Sue Stockdale	103 Rachael Lawrence
13 Levenshulme Runners	254	—	26 Ellie Kemp	39 Catrin Austin	42 Luisa Reininho	147 Jenny Woods
14 Didsbury Runners	266	—	35 Laura Brown	76 Hollie Steed	77 Helen Morgan	78 Abbie Pickard
15 Trafford Metropolitan Ac	277	—	41 Alina Stepanchuk	49 Amanda Hurdall	60 Jaine Brocklehurst	127 Jennifer Donaldson
16 Trafford Athletic Club 'B'	296	—	33 Amy Cauley	61 Ruth Beresford	88 Melanie Monks	114 Joanne Lott
17 Buxton AC	298	—	32 Wendy Higginbottom	59 Katie Rolfe	84 Rebecca Corbett	123 Ruth Gowors
18 Manchester Harriers & Ac	314	—	7 Alice Stiles	7 M Glenister-Doyle	109 Katie Cooper	109 Briony Fagan
19 Vale Royal Ac	320	—	8 Sarah Murphy	52 Jude Peck	112 Lucy Burch	148 Debbie Moreton
20 Start2jog	332	—	11 Nia Griffin	99 Jessica Mohan	102 Hazel Jones	120 Tracey Griffin
21 Chorlton Runners 'B'	365	—	62 Yvonne King	83 Alice Woodbridge	96 Sarah Renshaw	124 Emma Banister
22 Marple Runners	371	—	51 Victoria Jackson	87 Angela Stanley	107 Helena Tinker	126 Chelsea Mears-Graham
23 Warriors Pentathlon & AC 'B'	413	—	46 Sarah Smith	90 Kerry Dunning	135 Kirsty Greenwood	142 Isabella Clarke
24 Swinton Running Club	413	—	66 Lauren Marsden	82 Rebecca Mills	105 Helen Nation	160 Rhona Barker
25 Manchester Triathlon Club	424	—	56 Winton Julie De	104 Jade Ong	125 Nanette Heystek	139 Cathy Atkinson
26 Manchester Frontrunners	449	—	54 Rachel Kenyon	93 Linda Rix	150 Claire Naylor	152 Meropi Tzanetakis
27 Running Bear	499	—	45 Samantha Newbound	65 Yvonne Williams	170 Holly Nettle	219 Sarah Miles
28 Knutsford Tri Club	528	—	85 Pamela Thurtle	118 Claire Grimmer	157 Lauren Mollart	168 Karen Hatton
29 Glossopdale Harriers	532	—	71 Charlotte Bliss	144 Natasha Broadhurst	154 Jane Gornell	163 Emma Rettig
30 Didsbury Runners 'B'	536	—	95 Laura Parkin	137 Katie-Niamh Crawford	149 Isabelle Qamar	155 Victoria Hall
31 Chorlton Runners 'C'	537	—	129 Charlotte Gilbert	134 Katie Syrett	136 Kate Harvest	138 Amy Berrisford
32 Goyt Valley Striders	546	—	67 Anna Aspinall	97 Rebecca Glen	183 Alison Garrigan	199 Mary Jones
33 Macclesfield Harriers & Ac 'B'	580	—	106 Joanne Hackett	115 Ann-Marie Jones	143 Caroline Gisby	216 Sarah Booth
34 Hyde Village Striders	620	—	108 Stephanie Mallett	131 Danielle Burns	189 Hannah Buckley	192 Kate Kinder
35 Middleton Harriers Ac	658	—	130 Helen Mutch	161 Sandra McGrail	166 Janine Jordan	201 Fiona Bolton
36 Chorlton Runners 'D'	662	—	145 Hannah Greenlee	151 Helen Daly	172 Abigail Dalton	194 Alison Barbuti
37 Belle Vue Racers	666	—	116 Lisa Costello	177 Aimee Woolley	178 Rachel Watson	195 Karen Charters
38 Stockport Tri Club	672	—	110 Janet Grint	159 Nicola Brundrett	196 Christine Copson	207 Anna Dagnall
39 Manchester Triathlon Club 'B'	681	—	146 Eleanor Cuff	169 Veronica Barnsley	181 Sonia Harris	185 Sarah Roberts
40 Styal Running Club	706	—	94 G Holland-Jones	164 Caroline Stonier	198 Johanne Greenwood	250 Mandy Winckworth
41 Bramhall Runners	708	—	98 Kim Davies	156 Kim Rothwell	218 Shirley Ralph	236 Rowena Curley
42 Salford Metropolitan Ac 'B'	710	—	128 Laura Benifer	179 Laura Mercer	197 Andrea Marsden	206 Amy Stanley
43 Manchester Harriers & Ac 'B'	722	—	165 Catherine Jones	182 Ann McLaughlin	184 Catherine Poole	191 Jane Stiles
44 Manchester Triathlon Club 'C'	836	—	193 Marianne Veighley	209 Kathryn Quinn	212 Jacky Taylor	222 Michelle Wilder
45 Marple Runners 'B'	851	—	190 Karen Molloy	208 Anna Ashton	225 Melanie Commins	228 Cath Broomfield
46 Hyde Village Striders 'B'	880	—	202 Carol Kershaw	215 Jennifer Garner	230 Alison Goodall	233 Lana Milligan
47 Start2jog 'B'	885	—	186 Clare Leith	217 Kate Pusey	237 Kaylea Maidstone	245 Egle Bates

## Senior Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	23	—	4 Chloe Elliott	9 Emma Finney	10 Jessica Welsh
2 West Cheshire Athletic Club	25	—	1 Tracy Rogers	5 Claire Harris	19 Anna Woolgar
3 Trafford Athletic Club	56	—	11 Zoe Storr	14 Amy Cauley	31 Ruth Beresford
4 Salford Metropolitan Ac	67	—	17 Alina Stepanchuk	20 Amanda Hurndall	30 Jaine Brocklehurst
5 Wilmslow Running Club	69	—	18 Louisa Harrison	24 Victoria Brown	27 Susan Harrison
6 Warriors Pentathlon & AC	69	—	7 Eleanor Carney	8 Laura Baker	54 Kerry Dunning
7 Buxton AC	91	—	13 Wendy Higginbottom	29 Katie Rolfe	49 Rebecca Corbett
8 Didsbury Runners	104	—	15 Laura Brown	44 Hollie Steed	45 Helen Morgan
9 Sale Harriers Manchester 'B'	105	—	28 Sian Rowley	38 Helen Armitage	39 Harriet Hamilton
10 Macclesfield Harriers & Ac	122	—	12 Kristy Gill	46 Sue Stockdale	64 Rachael Lawrance
11 Vale Royal Ac	125	—	3 Sarah Murphy	23 Jude Peck	99 Debbie Moreton
12 Marple Runners	140	—	22 Victoria Jackson	51 Angela Stanley	67 Helena Tinker
13 Swinton Running Club	148	—	35 Lauren Marsden	48 Rebecca Mills	65 Helen Nation
14 Manchester Frontrunners	183	—	25 Rachel Kenyon	57 Linda Rix	101 Claire Naylor
15 St Helens Sutton Ac	212	—	42 Siobhan Massey	55 Susan Johnson	115 Colette Goddard
16 Manchester Triathlon Club	218	—	26 Winton Julie De	94 Cathy Atkinson	98 Eleanor Cuff
17 Chorlton Runners	226	—	60 Sarah Renshaw	81 Emma Banister	85 Charlotte Gilbert
18 Goyt Valley Striders	226	—	36 Anna Aspinall	61 Rebecca Glen	129 Alison Garrigan
19 Knutsford Tri Club	233	—	50 Pamela Thurtle	76 Claire Grimmer	107 Lauren Mollart
20 Macclesfield Harriers & Ac 'B'	235	—	66 Joanne Hackett	73 Ann-Marie Jones	96 Caroline Gisby
21 Didsbury Runners 'B'	251	—	59 Laura Parkin	92 Katie-Niamh Crawford	100 Isabelle Qamar
22 Stockport Harriers & Ac	263	—	33 Kerrie Wood-Doyle	79 Amy Billing	151 Jennifer McGuinness
23 Chorlton Runners 'B'	274	—	90 Katie Syrett	91 Kate Harvest	93 Amy Berrisford
24 Trafford Athletic Club 'B'	283	—	52 Melanie Monks	72 Joanne Lott	159 Sue Exon
25 Winston Runners	284	—	41 Laura Bell	121 Michelle Thompson	122 Gaynor Williams
26 Buxton AC 'B'	288	—	80 Ruth Gowers	89 Kate Brown	119 Heather Fryer-Winder
27 Salford Metropolitan Ac 'B'	292	—	83 Jennifer Donaldson	84 Laura Benifer	125 Laura Mercer
28 Hyde Village Striders	301	—	68 Stephanie Mallett	87 Dannielle Burns	146 Carol Kershaw
29 Middleton Harriers Ac	310	—	86 Helen Mutch	110 Sandra McGrail	114 Janine Jordan
30 Running Bear	310	—	34 Yvonne Williams	118 Holly Nettle	158 Sarah Miles
31 Styal Running Club	312	—	58 G Holland-Jones	112 Caroline Stonier	142 Johanne Greenwood
32 Stockport Tri Club	317	—	69 Janet Grint	108 Nicola Brundrett	140 Christine Copson
33 Belle Vue Racers	321	—	74 Lisa Costello	123 Aimee Woolley	124 Rachel Watson
34 Chorlton Runners 'C'	337	—	97 Hannah Greenlee	102 Helen Daly	138 Alison Barbuti
35 Wilmslow Running Club 'B'	340	—	32 Katy Green	126 Janet Screawn	182 Victoria Williams
36 Start2jog	365	—	77 Tracey Griffin	132 Clare Leith	156 Kate Pusey
37 Marple Runners 'B'	366	—	82 Chelsea Mears-Graham	135 Karen Molloy	149 Anna Ashton
38 Manchester Harriers & Ac	371	—	113 Catherine Jones	128 Ann McLaughlin	130 Catherine Poole
39 Manchester Triathlon Club 'B'	375	—	117 Veronica Barnsley	127 Sonia Harris	131 Sarah Roberts
40 Bramhall Runners	391	—	62 Kim Davies	157 Shirley Ralph	172 Rowena Curley
41 Manchester Triathlon Club 'C'	440	—	137 Marianne Veighey	150 Kathryn Quinn	153 Jacky Taylor
42 Middleton Harriers Ac 'B'	479	—	145 Fiona Bolton	164 Kyrinda Carter-Moore	170 Teresa Hollins
43 Marple Runners 'C'	501	—	162 Melanie Commins	165 Cath Broomfield	174 Jenny Dockney
44 Chorlton Runners 'D'	501	—	154 Elisabeth Lewis	161 Rowena Thomas	186 Alison Coleridge
45 Hyde Village Striders 'B'	507	—	167 Alison Goodall	169 Lana Milligan	171 Rachael Horrocks
46 Running Bear 'B'	535	—	168 Debra Jamieson	176 Kerry Gleave	191 Kate Brown
47 Manchester Triathlon Club 'D'	537	—	160 Michelle Wilder	187 Judith Coker	190 Elizabeth King
48 Start2jog 'B'	545	—	179 Egle Bates	181 Lyn Todd	185 Kay Doyle

## Senior Ladies - Men

Pos	Num	Name	Cat/Pos	Club	Time
1	1833	Andy Smith	L45 1	Swinton Running Club	1:01:14

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time						
1	1436	George Noble	U20 1	Sale Harriers Manchester	28:49	11	483	Callum Fricker	U2011	East Cheshire Harriers & Tames	33:34
2	1402	Finlay Day	U20 2	Sale Harriers Manchester	28:58	12	924	Matthew Barker	U2012	Manchester Metropolitan Univer	33:41
3	2015	Rhys Bowden	U20 3	Vale Royal Ac	30:27	13	1928	Toby Robinson	U2013	Trafford Athletic Club	34:17
4	2357	Jack Heap	U20 4	Wirral Ac	30:33	14	809	Will Nettle	U2014	Macclesfield Harriers & Ac	35:37
5	2370	Oliver Bailey	U20 5	Staffs Moorlands AC	30:41	15	1951	William Chandler	U2015	Unattached	35:53
6	1914	Joseph Deighton	U20 6	Trafford Athletic Club	31:19	16	933	D Quiroga	U2016	Manchester Metropolitan Univer	37:14
7	1744	Jack Catterall	U20 7	Stockport Harriers & Ac	32:11	17	934	Charles Scanlon	U2017	Manchester Metropolitan Univer	37:35
8	1952	Daniel Groves	U20 8	Unattached	33:16	18	932	Harley Milburn	U2018	Manchester Metropolitan Univer	37:51
9	1954	Keir McCulloch	U20 9	Unattached	33:28	19	653	Kairan Mallett	U2019	Hyde Village Striders	41:25
10	1924	Dan Partington	U2010	Trafford Athletic Club	33:33	20	1751	Edward Gough	U2020	Stockport Harriers & Ac	42:57

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford Athletic Club	22	—	5	Joseph Deighton	7	Dan Partington	10	Toby Robinson
2	Manchester Metropolitan Univer	34	—	9	Matthew Barker	12	D Quiroga	13	Charles Scanlon

## Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time						
1	1926	Finlay Proffitt		Trafford Athletic Club	27:23	65	384	Joe Callaghan		Didsbury Runners	35:14
2	1428	Arlo Ludewick		Sale Harriers Manchester	27:48	66	394	Meng Leong		Didsbury Runners	35:16
3	1528	Harry Wakefield		Salford Harriers & AC	28:10	67	2017	Lee Carrington		Vale Royal Ac	35:24
4	1388	Nicholas Barry		Sale Harriers Manchester	28:27	68	1635	Michael Brussels		St Helens Sutton Ac	35:33
5	1515	Matthew Cooper		Salford Harriers & AC	28:54	69	960	D Harrison-Croft		Manchester Harriers & Ac	35:37
6	1526	Callum Rowlinson		Salford Harriers & AC	28:58	70	524	Joshua Southall		Glossopdale Harriers	35:40
7	2113	Daniel Fox		Warrington A C	29:06	71	959	Thomas Grime		Manchester Harriers & Ac	35:43
8	2199	Kearney Alex Haggard		Warriors Pentathlon & AC	29:11	72	399	Miles Moran		Didsbury Runners	35:43
9	927	Campo Sebastian Del		Manchester Metropolitan Univer	29:11	73	2305	Peter Williams		Wilmslow Striders	35:52
10	2371	Louis Hudson		Keighley & Craven Ac	29:16	74	1579	Dayle Dwyer		Salford Metropolitan Ac	35:54
11	2022	Aaron Doyle		Vale Royal Ac	29:26	75	2236	Paul Morrison		West Cheshire Athletic Club	36:01
12	2048	Chris Williams		Vale Royal Ac	29:30	76	1453	Christopher Tait		Sale Harriers Manchester	36:03
13	1931	Harry Sinclair		Trafford Athletic Club	29:32	77	1936	Chris Wilson		Trafford Athletic Club	36:07
14	936	Elliot Smith		Manchester Metropolitan Univer	29:34	78	1825	Mark Cordiner		Swinton Running Club	36:18
15	2372	R Evans		Windsor Slough Eton & Hounsl	29:50	79	285	Benjamin Brown		Chorlton Runners	36:19
16	481	Gavin Browne		East Cheshire Harriers & Tames	29:52	80	834	Martin Dunn		Manchester Frontrunners	36:23
17	1955	Jonah Murray		Unattached	29:59	81	53	Nick Bugler		Altrincham & District Ac	36:28
18	1513	Akeal Chambers		Salford Harriers & AC	30:09	82	1396	George Carley		Sale Harriers Manchester	36:34
19	2028	John Humphries		Vale Royal Ac	30:44	83	1043	Richard Brierley		Manchester Ymca Harriers	36:37
20	900	Joseph Farrelly		Manchester Harriers & Ac	30:50	84	1048	Joseph Hayes		Manchester Ymca Harriers	36:44
21	2047	Oliver Williams		Vale Royal Ac	31:16	85	954	Robert Cook		Manchester Harriers & Ac	36:46
22	1445	Phil Richardson		Sale Harriers Manchester	31:18	86	698	T Boyesen-Corballis		Levenshulme Runners	36:50
23	1822	Daniel Bird		Swinton Running Club	31:24	87	439	Adam Turner		Dragons Running Club (sale)	36:59
24	1754	Harry Hind		Stockport Harriers & Ac	31:26	88	318	Louis James		Chorlton Runners	37:10
25	1522	Marcus Law		Salford Harriers & AC	31:31	89	339	Sam Poland		Chorlton Runners	37:19
26	2046	Sam Whitehead		Vale Royal Ac	31:42	90	2298	Oliver Fairbairn		Wilmslow Striders	37:35
27	338	Alister Pearson		Chorlton Runners	31:47	91	953	Teifion Best		Manchester Harriers & Ac	37:36
28	281	Liam Braby		Chorlton Runners	31:52	92	334	Elliot Drummond		Chorlton Runners	37:48
29	658	Matt Snowdon		Hyde Village Striders	31:58	93	1417	Nicholas Grimshaw		Sale Harriers Manchester	37:59
30	956	Nicholas Crisp		Manchester Harriers & Ac	32:08	94	1830	Daniel Martin		Swinton Running Club	38:01
31	2030	Daniel Lightfoot		Vale Royal Ac	32:10	95	1756	Sam Johnson		Stockport Harriers & Ac	38:03
32	323	George Langford		Chorlton Runners	32:16	96	386	Chris Essex		Didsbury Runners	38:06
33	400	Jonathan Pickup		Didsbury Runners	32:19	97	290	Justin Cleary		Chorlton Runners	38:13
34	496	Matthew Smith		East Cheshire Harriers & Tames	32:20	98	1637	Joseph Byrne		St Helens Sutton Ac	38:22
35	1929	Thomas Rogers		Trafford Athletic Club	32:28	99	385	Eddie Campbell		Didsbury Runners	38:23
36	271	Tom Arthur		Chorlton Runners	32:33	100	1041	Andrew Bowler		Manchester Ymca Harriers	38:29
37	345	Adam Rosillo		Chorlton Runners	32:38	101	1426	Philip Largan		Sale Harriers Manchester	38:35
38	997	Sam Barratt		Manchester Triathlon Club	32:48	102	491	Michael Kennedy		East Cheshire Harriers & Tames	38:36
39	1184	Matt Harratt		Oldham & Royton H & Ac	32:51	103	276	Sebastian Bate		Chorlton Runners	38:38
40	1957	Matthew Robson		Unattached	32:54	104	205	Callum D'souza		Buxton AC	38:38
41	497	Jacob Taylor		East Cheshire Harriers & Tames	32:56	105	962	Thomas Lewis		Manchester Harriers & Ac	38:47
42	527	James Stubbs		Glossopdale Harriers	32:56	106	478	Daniel Armstrong		East Cheshire Harriers & Tames	38:56
43	2014	Josh Betteley		Vale Royal Ac	32:59	107	2302	Jack Miller		Wilmslow Striders	39:16
44	2268	Robert Jackson		Wilmslow Running Club	33:01	108	2303	Andrew Neilson		Wilmslow Striders	39:16
45	1045	Mark Condon		Manchester Ymca Harriers	33:03	109	513	Lewis Bigham		Glossopdale Harriers	39:20
46	150	Robin Hulme		Bramhall Runners	33:04	110	1586	Malcolm Orrell		Salford Metropolitan Ac	39:25
47	278	Duncan Birtwistle		Chorlton Runners	33:14	111	1958	Max Waring		Unattached	39:29
48	699	Rob Cleaver		Levenshulme Runners	33:21	112	694	Nicholas Barton		Levenshulme Runners	39:33
49	648	Callum Dinsdale		Hyde Village Striders	33:26	113	968	Tom Williams		Manchester Harriers & Ac	39:38
50	2258	Matthew Braybrooke		Wilmslow Running Club	33:26	114	490	Daniel Kavanagh		East Cheshire Harriers & Tames	40:03
51	838	Pierce Lyons		Manchester Frontrunners	33:38	115	493	Paul Minton		East Cheshire Harriers & Tames	40:07
52	701	Martin Dickson		Levenshulme Runners	33:40	116	403	Jamie Soul		Didsbury Runners	40:17
53	494	Callum Parkinson		East Cheshire Harriers & Tames	33:44	117	840	Declan McGettigan		Manchester Frontrunners	40:41
54	398	Damien McHugh		Didsbury Runners	33:51	118	1109	Alexander Ratcliffe		Marple Runners	40:47
55	209	Ben Light		Buxton AC	34:02	119	1394	Mark Brown		Sale Harriers Manchester	40:56
56	1686	Oliver Woodcock		Start2jog	34:03	120	841	Niall McInnes		Manchester Frontrunners	41:12
57	704	Kitt Garvey		Levenshulme Runners	34:09	121	212	William McDonald		Buxton AC	41:12
58	511	James Barnard		Glossopdale Harriers	34:09	122	1956	A Nithianantharajah		Unattached	41:34
59	1057	Philip Tomkinson		Manchester Ymca Harriers	34:18	123	847	Alexander Vdovin		Manchester Frontrunners	42:04
60	359	Oliver Wood		Chorlton Runners	34:24	124	1012	Anthony McGuirk		Manchester Triathlon Club	42:15
61	931	Mark Lioyd		Manchester Metropolitan Univer	34:30	125	1112	James Stockdale		Marple Runners	42:32
62	2378	Thomas Clowes		Chorlton Runners	34:43	126	1820	Dean Barker-Smith		Swinton Running Club	42:34
63	926	Jack Cunningham		Manchester Metropolitan Univer	35:00	127	808	Owain Morris		Macclesfield Harriers & Ac	42:39
64	833	George Cooper		Manchester Frontrunners	35:13	128	837	Joe Jarvis		Manchester Frontrunners	42:45

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

129	304	William Franks	Chorlton Runners	42:54	135	697	Chris Bennett	Levenshulme Runners	45:07
130	158	2Matthew Hill	Salford Metropolitan Ac	43:44	136	1156	Mishka Pillay	Middleton Harriers Ac	45:49
131	714	Tom Woods	Levenshulme Runners	43:56	137	1056	Nathaniel Stanton	Manchester Ymca Harriers	47:15
132	955	Jonathan Coulson	Manchester Harriers & Ac	43:57	138	1679	Robert Maidstone	Start2jog	48:09
133	1674	Nick Grayson	Start2jog	44:05	139	1419	Christopher Hertzog	Sale Harriers Manchester	48:35
134	1676	Tom Hall	Start2jog	44:54	140	2121	Joao Santos	Warrington A C	51:39

### Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	487	Michael Holness	V40 1	East Cheshire Harriers & Tames	29:09	31	1002	Tom Elphick	V4031 Manchester Triathlon Club	37:09
2	288	Thomas Charles	V40 2	Chorlton Runners	29:43	32	2374	John Roper	V4032 Unattached	37:13
3	82	Andrew Norman	V40 3	Altrincham & District Ac	29:46	33	1576	Paul Connolly	V4033 Salford Metropolitan Ac	37:27
4	299	Matthew Devlin	V40 4	Chorlton Runners	30:45	34	313	Michael Hargreaves	V4034 Chorlton Runners	37:43
5	753	Hywel Care	V40 5	Liverpool Harriers & Ac	30:54	35	1749	Peter Dean	V4035 Stockport Harriers & Ac	37:49
6	52	Michael Berks	V40 6	Altrincham & District Ac	31:10	36	1747	Ian Crabtree	V4036 Stockport Harriers & Ac	38:05
7	2119	Adam Rashud	V40 7	Warrington A C	31:24	37	844	John Ross	V4037 Manchester Frontrunners	38:39
8	1764	Mark Shatwell	V40 8	Stockport Harriers & Ac	31:27	38	1162	John Weaver	V4038 Middleton Harriers Ac	38:51
9	1757	Greg Kelly	V40 9	Stockport Harriers & Ac	31:48	39	1781	Robert Heathcote	V4039 Stockport Tri Club	39:07
10	360	David Wyeth	V4010	Chorlton Runners	31:54	40	153	Mike Kinnear	V4040 Bramhall Runners	39:14
11	1529	Kev Waterhouse	V4011	Salford Harriers & AC	32:34	41	425	Graham Brownhill	V4041 Dragons Running Club (sale)	39:20
12	405	Steven Townley	V4012	Didsbury Runners	33:21	42	911	Neil Ryan	V4042 Manchester Harriers & Ac	40:06
13	324	Phil Larratt	V4013	Chorlton Runners	33:24	43	2304	Andrew Tomlinson	V4043 Wilmslow Striders	40:30
14	492	Tom McMahon	V4014	East Cheshire Harriers & Tames	33:46	44	440	Steven Ward	V4044 Dragons Running Club (sale)	41:26
15	1740	James Barnett	V4015	Stockport Harriers & Ac	33:49	45	2329	Michael Thompstone	V4045 Winston Runners	41:43
16	908	Michael Merchant	V4016	Manchester Harriers & Ac	34:09	46	1585	Lee Marks	V4046 Salford Metropolitan Ac	41:45
17	308	Patrick Goodrich	V4017	Chorlton Runners	34:10	47	2380	Nicholas Colwill	V4047 Chorlton Runners	41:52
18	2286	Billy Wilson	V4018	Wilmslow Running Club	34:20	48	112	Chris Harries	V4048 Belle Vue Racers	42:07
19	430	Colin Latham	V4019	Dragons Running Club (sale)	34:32	49	644	Craig Butterworth	V4049 Hyde Village Striders	43:36
20	155	Matt Moran	V4020	Bramhall Runners	34:58	50	317	Etienne Humphries	V4050 Chorlton Runners	43:37
21	2197	Richard Dunning	V4021	Warriors Pentathlon & AC	35:06	51	849	Chris Woolfenden	V4051 Manchester Frontrunners	43:55
22	627	Matthew Wilson	V4022	Horwich R M I Harriers	35:10	52	2195	Chris Brearton	V4052 Warriors Pentathlon & AC	44:12
23	1452	Tom Stephenson	V4023	Sale Harriers Manchester	35:14	53	712	Tim Watson	V4053 Levenshulme Runners	44:44
24	2198	Paul Grabe	V4024	Warriors Pentathlon & AC	35:38	54	1644	Alan Mahoney	V4054 St Helens Sutton Ac	44:48
25	1455	Christopher Topping	V4025	Sale Harriers Manchester	35:48	55	1204	Warren Simmens	V4055 Radcliffe Ac	44:50
26	1829	Richard Jackson	V4026	Swinton Running Club	35:57	56	1634	Paul Brownbill	V4056 St Helens Sutton Ac	47:43
27	489	Steven Jones	V4027	East Cheshire Harriers & Tames	36:10	57	1061	Graeme Wilkinson	V4057 Manchester Ymca Harriers	49:41
28	1424	Mark Johnson	V4028	Sale Harriers Manchester	36:10	58	2235	Jeff Lambert	V4058 West Cheshire Athletic Club	50:36
29	51	Matthew Allen	V4029	Altrincham & District Ac	36:13	59	1684	Barry Sherwood	V4059 Start2jog	57:55
30	913	George Steele	V4030	Manchester Harriers & Ac	36:29					

### Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	83	David Norman	V45 1	Altrincham & District Ac	30:06	33	152	Chris Kershaw	V4533 Bramhall Runners	38:05
2	613	Nick Leigh	V45 2	Horwich R M I Harriers	30:11	34	160	Phil Ramsey	V4534 Bramhall Runners	38:06
3	528	Ben Tetler	V45 3	Glossopdale Harriers	31:35	35	387	Matt Farr	V4535 Didsbury Runners	38:13
4	2279	Peter Speake	V45 4	Wilmslow Running Club	31:55	36	2361	Lee McKeown	V4536 Wirral Ac	38:23
5	346	Darren Russell	V45 5	Chorlton Runners	32:00	37	802	Graeme Eddie	V4537 Macclesfield Harriers & Ac	38:23
6	619	Alastair Murray	V45 6	Horwich R M I Harriers	32:58	38	815	James Wood	V4538 Macclesfield Harriers & Ac	38:27
7	1632	Steven Anders	V45 7	St Helens Sutton Ac	33:01	39	522	Rob Sheldon	V4539 Glossopdale Harriers	38:37
8	622	James Titmuss	V45 8	Horwich R M I Harriers	33:10	40	1584	Richard Knight	V4540 Salford Metropolitan Ac	38:40
9	2360	James Mackie	V45 9	Wirral Ac	33:20	41	1225	Carl Martin	V4541 Saddleworth Runners Club	38:43
10	1406	Chris Donnelly	V4510	Sale Harriers Manchester	33:22	42	897	Matthew Crimes	V4542 Manchester Harriers & Ac	38:46
11	1226	Michael Stansfield	V4511	Saddleworth Runners Club	34:01	43	552	Pete Woodhead	V4543 Goyt Valley Striders	38:55
12	1187	Lee Robinson	V4512	Oldham & Royton H & Ac	34:08	44	321	Eamonn Keogh	V4544 Chorlton Runners	38:56
13	523	Paul Skuse	V4513	Glossopdale Harriers	34:09	45	389	Matthew Herbert	V4545 Didsbury Runners	39:10
14	1633	Chris Birkett	V4514	St Helens Sutton Ac	34:27	46	2194	Hareth Abdulla	V4546 Warriors Pentathlon & AC	40:41
15	118	Vic Walsh	V4515	Belle Vue Racers	34:40	47	1643	Martin Johnson	V4547 St Helens Sutton Ac	40:50
16	1742	Philip Burns	V4516	Stockport Harriers & Ac	34:48	48	2044	David Ward	V4548 Vale Royal Ac	40:54
17	488	Robin Horner	V4517	East Cheshire Harriers & Tames	35:06	49	143	Richard Adams	V4549 Bramhall Runners	41:19
18	2040	Robert Roe	V4518	Vale Royal Ac	35:18	50	319	Philip Jenkinson	V4550 Chorlton Runners	41:37
19	657	Darren Smith	V4519	Hyde Village Striders	35:20	51	1144	Joe Cannavan	V4551 Middleton Harriers Ac	41:46
20	479	Jonathan Aust	V4520	East Cheshire Harriers & Tames	35:23	52	202	Duncan Campbell	V4552 Buxton AC	41:55
21	1758	Jonathon Knight	V4521	Stockport Harriers & Ac	35:41	53	298	Stephen Davison	V4553 Chorlton Runners	42:15
22	836	Jono Guildford	V4522	Manchester Frontrunners	35:50	54	1798	McNally Richard Bond	V4554 Styal Running Club	42:23
23	390	Mark Keatley	V4523	Didsbury Runners	36:21	55	912	Chris Sewart	V4555 Manchester Harriers & Ac	42:46
24	2276	Andy Quicke	V4524	Wilmslow Running Club	36:26	56	1575	Martin Burke	V4556 Salford Metropolitan Ac	42:53
25	1520	David Hudson	V4525	Salford Harriers & AC	36:40	57	1683	Matt Selby	V4557 Start2jog	44:00
26	282	Craig Bradbury	V4526	Chorlton Runners	36:52	58	284	David Brocklebank	V4558 Chorlton Runners	44:35
27	148	Matt Darnley	V4527	Bramhall Runners	37:04	59	116	Andrew Taylor	V4559 Belle Vue Racers	45:13
28	355	Guy Weaver	V4528	Chorlton Runners	37:04	60	1096	Michael Connelly	V4560 Marple Runners	46:36
29	510	Dan Bailey	V4529	Glossopdale Harriers	37:22	61	703	Mohammed Faruque	V4561 Levenshulme Runners	46:47
30	1015	Mark Pagram	V4530	Manchester Triathlon Club	37:30	62	1685	Tom Turner	V4562 Start2jog	49:39
31	1512	Richard Brook	V4531	Salford Harriers & AC	37:32	63	109	James Corrigan	V4563 Belle Vue Racers	50:11
32	1410	Robert Fairbanks	V4532	Sale Harriers Manchester	37:41	64	1673	Jason Gould	V4564 Start2jog	50:29

## Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	2023	Stuart Doyle	V50 1	Vale Royal Ac	31:57	25	1022	Stephen Taylor	V5025 Manchester Triathlon Club	39:41
2	609	Julian Goudge	V50 2	Horwich R M I Harriers	32:44	26	349	Ian Sharpe	V5026 Chorlton Runners	39:52
3	1743	Mark Burton	V50 3	Stockport Harriers & Ac	32:56	27	894	Andrew Almond	V5027 Manchester Harriers & Ac	40:02
4	495	Gareth Raven	V50 4	East Cheshire Harriers & Tames	33:07	28	380	Michael Bean	V5028 Didsbury Runners	40:04
5	514	Stefan Bramwell	V50 5	Glossopdale Harriers	33:12	29	645	Andrew Charlesworth	V5029 Hyde Village Striders	40:33
6	2256	Barry Archbold	V50 6	Wilmslow Running Club	33:13	30	1401	Mark Day	V5030 Sale Harriers Manchester	41:01
7	1411	Tom Fordyce	V50 7	Sale Harriers Manchester	33:47	31	813	Gareth Stockdale	V5031 Macclesfield Harriers & Ac	41:17
8	1925	Jeff Prest	V50 8	Trafford Athletic Club	34:04	32	1767	Mark Smith	V5041 Vale Royal Ac	41:51
9	1778	Nicholas Chick	V50 9	Stockport Tri Club	34:07	33	144	Steve Aughton	V5033 Bramhall Runners	41:55
10	1413	Olivier Gaillemin	V5010	Sale Harriers Manchester	35:00	34	406	Andrew Vaughan	V5034 Didsbury Runners	42:37
11	2375	Craig Jeffery	V5011	Unattached	35:07	35	2196	Steve Cole	V5035 Warriors Pentathlon & AC	42:48
12	1024	Roger Thomas	V5012	Manchester Triathlon Club	35:39	36	2200	Ronan Kearney	V5036 Warriors Pentathlon & AC	42:49
13	1391	Jason Bowers	V5013	Sale Harriers Manchester	36:09	37	1785	Colin Shore	V5037 Stockport Tri Club	42:49
14	157	Frank Podd	V5014	Bramhall Runners	36:11	38	2026	David Haines	V5038 Vale Royal Ac	43:02
15	1650	Andrew Wilson	V5015	St Helens Sutton Ac	36:27	39	1775	Scott Armstrong	V5039 Stockport Tri Club	43:07
16	800	Gareth Briggs	V5016	Macclesfield Harriers & Ac	37:11	40	2264	Stephen Greaves	V5040 Wilmslow Running Club	43:16
17	1113	John Stockdale	V5017	Marple Runners	37:22	41	2025	Geoff Fawkes	V5041 Vale Royal Ac	43:31
18	1746	James Corden	V5018	Stockport Harriers & Ac	37:28	42	1108	Darren Peatfield	V5042 Marple Runners	43:48
19	827	John Ash	V5019	Manchester Frontrunners	37:37	43	1458	Wayne Wardle	V5043 Sale Harriers Manchester	44:46
20	214	Jonathan Sewell	V5020	Buxton AC	37:45	44	378	Jonathan Atkinson	V5044 Didsbury Runners	45:57
21	1780	Paul Graveney	V5021	Stockport Tri Club	38:07	45	2238	Julian Tegg	V5045 West Cheshire Athletic Club	46:13
22	499	Dennis Thomas	V5022	East Cheshire Harriers & Tames	38:59	46	1106	Gavin Nixon	V5046 Marple Runners	47:37
23	1595	Shane Wolstencroft	V5023	Salford Metropolitan Ac	39:13	47	1407	Chris Downs	V5047 Sale Harriers Manchester	50:50
24	1098	Steve Grace	V5024	Marple Runners	39:13	48	213	Tim Rolfe	V5048 Buxton AC	51:18

## Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	70	Richard Johnson	V55 1	Altrincham & District Ac	33:42	19	896	Lloyd Barlow	V5519 Manchester Harriers & Ac	42:05
2	1055	Tim Shanker	V55 2	Manchester Ymca Harriers	34:10	20	2376	Ben Shaw	V5520 Eryri Harriers	42:10
3	801	Darren Dunn	V55 3	Macclesfield Harriers & Ac	35:12	21	146	Adam Brown	V5521 Bramhall Runners	42:13
4	2362	Steve Spence	V55 4	Wirral Ac	36:01	22	1590	Mark Shuttleworth	V5522 Salford Metropolitan Ac	42:24
5	2049	Gareth Williams	V55 5	Vale Royal Ac	36:35	23	2114	Mark Gregory	V5523 Warrington A C	42:27
6	2233	Andrew Clague	V55 6	West Cheshire Athletic Club	36:52	24	358	Ian Williamson	V5524 Chorlton Runners	42:28
7	1678	Craig Leith	V55 7	Start2jog	38:01	25	814	Michael Thorley	V5525 Macclesfield Harriers & Ac	42:37
8	74	Jonathan Leslie	V55 8	Altrincham & District Ac	38:04	26	1161	Anthony Walsh	V5526 Middleton Harriers Ac	44:10
9	1009	Tim Johns	V55 9	Manchester Triathlon Club	38:16	27	279	Warren Bowden	V5527 Chorlton Runners	44:28
10	904	Glen Gandy	V5510	Manchester Harriers & Ac	39:06	28	649	Andrew Horrocks	V5528 Hyde Village Striders	46:02
11	1091	Ian Bowker	V5511	Marple Runners	40:12	29	210	Paul Markall	V5529 Buxton AC	46:39
12	71	Richard Kennaugh	V5512	Altrincham & District Ac	40:14	30	305	Mark Gambin	V5530 Chorlton Runners	47:28
13	517	Peter Daly	V5513	Glossopdale Harriers	40:16	31	1000	Simon Davidson	V5531 Manchester Triathlon Club	48:13
14	810	Ray O'Keefe	V5514	Macclesfield Harriers & Ac	40:23	32	1784	Nick Roberts	V5532 Stockport Tri Club	48:19
15	529	Michael Unsworth	V5515	Glossopdale Harriers	40:38	33	441	Dennis Yarwood	V5533 Dragons Running Club (sale)	48:53
16	1639	Barry Graney	V5516	St Helens Sutton Ac	40:40	34	337	Chris Peachey	V5534 Chorlton Runners	49:27
17	1777	Paul Carrington	V5517	Stockport Tri Club	41:20	35	117	Farouk Vawda	V5535 Belle Vue Racers	50:43
18	2274	Gary Morrison	V5518	Wilmslow Running Club	41:40	36	1116	Mark Warner	V5536 Marple Runners	53:43

## Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	2124	Stephen Watmough	V60 1	Warrington A C	33:57	14	1524	Trevor Rayner	V6014 Salford Harriers & AC	42:32
2	547	Paul Oakley	V60 2	Goyt Valley Striders	35:48	15	95	Phil Vesey	V6015 Altrincham & District Ac	42:35
3	58	Richard Evans	V60 3	Altrincham & District Ac	36:41	16	2325	Anthony Harrison	V6016 Winston Runners	43:22
4	2038	Colin Price	V60 4	Vale Royal Ac	36:56	17	1593	Ian Taylor	V6017 Salford Metropolitan Ac	45:02
5	1910	Richard Byers	V60 5	Trafford Athletic Club	37:02	18	2278	Ian Smallwood	V6018 Wilmslow Running Club	45:09
6	486	Barry Hirst	V60 6	East Cheshire Harriers & Tames	38:14	19	307	Sean Glaister	V6019 Chorlton Runners	45:34
7	215	David Soles	V60 7	Buxton AC	38:45	20	1010	George Lipscomb	V6020 Manchester Triathlon Club	46:29
8	392	Phil Kemp	V60 8	Didsbury Runners	38:51	21	1398	Frank Cordingley	V6021 Sale Harriers Manchester	47:32
9	429	Andy Land	V60 9	Dragons Running Club (sale)	39:44	22	438	Rob Todd	V6022 Dragons Running Club (sale)	47:35
10	2116	David Norman	V6010	Warrington A C	40:28	23	1677	Iain Johnson	V6023 Start2jog	48:10
11	843	Roberto Raso	V6011	Manchester Frontrunners	40:52	24	2299	Toby Gold	V6024 Wilmslow Striders	48:31
12	1776	Paul Beckett	V6012	Stockport Tri Club	41:06	25	709	Julian Sacofsky	V6025 Levenshulme Runners	49:31
13	540	Matt Biglin	V6013	Goyt Valley Striders	42:02	26	1439	Stephen Parry	V6026 Sale Harriers Manchester	50:03

## Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time					
1	1443	Aidan Raftery	V65 1	Sale Harriers Manchester	37:44	6	2324	Paul Barber	V65 6 Winston Runners	42:35
2	2272	Tom McGaff	V65 2	Wilmslow Running Club	39:02	7	2281	Pete Stock	V65 7 Wilmslow Running Club	44:40
3	1589	Mike Race	V65 3	Salford Metropolitan Ac	40:07	8	115	Patrick O'Brien	V65 8 Belle Vue Racers	45:19
4	121	Steven Wyatt	V65 4	Belle Vue Racers	41:57	9	596	David Barnes	V65 9 Horwich R M I Harriers	48:21
5	515	David Chrystie-Lowe	V65 5	Glossopdale Harriers	42:25					

## Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time					
1	296	Michael Curley	V75 1	Chorlton Runners	40:58	7	898	Michael Cunningham	V75 2 Manchester Harriers & Ac	50:55
2	2011	Tony Archer	V70 1	Vale Royal Ac	44:18	8	1826	Glyn Davies	V70 6 Swinton Running Club	51:34
3	2379	John Pollard	V70 2	Glossopdale Harriers	45:54	9	550	Stephen Sanders	V70 7 Goyt Valley Striders	51:45
4	2020	John Clarke	V70 3	Vale Royal Ac	47:18	10	1768	Robert Taylor	V75 3 Stockport Harriers & Ac	55:44
5	1146	Alan Garvey	V70 4	Middleton Harriers Ac	49:43					
6	1383	John Archer	V70 5	Sale Harriers Manchester	50:09					

# Manchester Area Cross Country League at Heaton Park on Saturday 12th October 2024

## Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	1926	Finley Proffitt		Trafford Athletic Club	27:23	86	648	Callum Dinsdale	Hyde Village Striders	33:26
2	1428	Arlo Ludewick		Sale Harriers Manchester	27:48	87	2258	Matthew Braybrooke	Wilmslow Running Club	33:26
3	1528	Harry Wakefield		Salford Harriers & AC	28:10	88	1954	Keir McCulloch	U20 9 Unattached	33:28
4	1388	Nicholas Barry		Sale Harriers Manchester	28:27	89	1924	Dan Partington	U2010 Trafford Athletic Club	33:33
5	1436	George Noble	U20 1	Sale Harriers Manchester	28:49	90	483	Callum Fricker	U2011 East Cheshire Harriers & Tames	33:34
6	1515	Matthew Cooper		Salford Harriers & AC	28:54	91	838	Pierce Lyons	Manchester Frontrunners	33:38
7	1526	Callum Rowlinson		Salford Harriers & AC	28:58	92	701	Martin Dickson	Levenshulme Runners	33:40
8	1402	Finlay Day	U20 2	Sale Harriers Manchester	28:58	93	924	Matthew Barker	U2012 Manchester Metropolitan Univer	33:41
9	2113	Daniel Fox		Warrington A C	29:06	94	70	Richard Johnson	V55 1 Altrincham & District Ac	33:42
10	487	Michael Holness	V40 1	East Cheshire Harriers & Tames	29:09	95	494	Callum Parkinson	East Cheshire Harriers & Tames	33:44
11	2199	Kearney Alex Haggard		Warriors Pentathlon & AC	29:11	96	492	Tom McMahon	V4014 East Cheshire Harriers & Tames	33:46
12	927	Campo Sebastian Del		Manchester Metropolitan Univer	29:11	97	1411	Tom Fordyce	V50 7 Sale Harriers Manchester	33:47
13	2371	Louis Hudson		Keighley & Craven Ac	29:16	98	1740	James Barnett	V4015 Stockport Harriers & Ac	33:49
14	2022	Aaron Doyle		Vale Royal Ac	29:26	99	398	Damien McHugh	Didsbury Runners	33:51
15	2048	Chris Williams		Vale Royal Ac	29:30	100	2124	Stephen Watmough	V60 1 Warrington A C	33:57
16	1931	Harry Sinclair		Trafford Athletic Club	29:32	101	1226	Michael Stansfield	V4511 Saddleworth Runners Club	34:01
17	936	Elliot Smith		Manchester Metropolitan Univer	29:34	102	209	Ben Light	Buxton AC	34:02
18	288	Thomas Charles	V40 2	Chorlton Runners	29:43	103	1686	Oliver Woodcock	Start2jog	34:03
19	82	Andrew Norman	V40 3	Altrincham & District Ac	29:46	104	1925	Jeff Prest	V50 8 Trafford Athletic Club	34:04
20	2372	R Evans		Windsor Slough Eton & Hounsl	29:50	105	1778	Nicholas Chick	V50 9 Stockport Tri Club	34:07
21	481	Gavin Browne		East Cheshire Harriers & Tames	29:52	106	1187	Lee Robinson	V4512 Oldham & Royton H & Ac	34:08
22	1955	Jonah Murray		Unattached	29:59	107	704	Kitt Garvey	Levenshulme Runners	34:09
23	83	David Norman	V45 1	Altrincham & District Ac	30:06	108	511	James Barnard	Glossopdale Harriers	34:09
24	1513	Akhaal Chambers		Salford Harriers & AC	30:09	109	908	Michael Merchant	V4016 Manchester Harriers & Ac	34:09
25	613	Nick Leigh	V45 2	Horwich R M I Harriers	30:11	110	523	Paul Skuse	V4513 Glossopdale Harriers	34:09
26	2015	Rhys Bowden	U20 3	Vale Royal Ac	30:27	111	308	Patrick Goodrich	V4017 Chorlton Runners	34:10
27	2357	Jack Heap	U20 4	Wirral Ac	30:33	112	1055	Tim Shanker	V55 2 Manchester Ymca Harriers	34:10
28	2370	Oliver Bailey	U20 5	Staffs Moorlands AC	30:41	113	1928	Toby Robinson	U2013 Trafford Athletic Club	34:17
29	2028	John Humphries		Vale Royal Ac	30:44	114	1057	Philip Tomkinson	Manchester Ymca Harriers	34:18
30	299	Matthew Devlin	V40 4	Chorlton Runners	30:45	115	2286	Billy Wilson	V4018 Wilmslow Running Club	34:20
31	900	Joseph Farrelly		Manchester Harriers & Ac	30:50	116	359	Oliver Wood	Chorlton Runners	34:24
32	753	Hywel Care	V40 5	Liverpool Harriers & Ac	30:54	117	1633	Chris Birkett	V4514 St Helens Sutton Ac	34:27
33	52	Michael Berks	V40 6	Altrincham & District Ac	31:10	118	931	Mark Lloyd	Manchester Metropolitan Univer	34:30
34	2047	Oliver Williams		Vale Royal Ac	31:16	119	430	Colin Latham	V4019 Dragons Running Club (sale)	34:32
35	1445	Phil Richardson		Sale Harriers Manchester	31:18	120	118	Vic Walsh	V4515 Belle Vue Racers	34:40
36	1914	Joseph Deighton	U20 6	Trafford Athletic Club	31:19	121	2378	Thomas Clowes	Chorlton Runners	34:43
37	2119	Adam Rashud	V40 7	Warrington A C	31:24	122	1742	Philip Burns	V4516 Stockport Harriers & Ac	34:48
38	1822	Daniel Bird		Swinton Running Club	31:24	123	155	Matt Moran	V4020 Bramhall Runners	34:58
39	1754	Harry Hind		Stockport Harriers & Ac	31:26	124	926	Jack Cunningham	Manchester Metropolitan Univer	35:00
40	1764	Mark Shatwell	V40 8	Stockport Harriers & Ac	31:27	125	1413	Olivier Gaillemin	V5010 Sale Harriers Manchester	35:00
41	1522	Marcus Law		Salford Harriers & AC	31:31	126	488	Robin Horner	V4517 East Cheshire Harriers & Tames	35:06
42	528	Ben Tetler	V45 3	Glossopdale Harriers	31:35	127	2197	Richard Dunning	V4021 Warriors Pentathlon & AC	35:06
43	2046	Sam Whitehead		Vale Royal Ac	31:42	128	2375	Craig Jeffery	V5011 Unattached	35:07
44	338	Alister Pearson		Chorlton Runners	31:47	129	627	Matthew Wilson	V4022 Horwich R M I Harriers	35:10
45	1757	Greg Kelly	V40 9	Stockport Harriers & Ac	31:48	130	801	Darren Dunn	V55 3 Macclesfield Harriers & Ac	35:12
46	281	Liam Braby		Chorlton Runners	31:52	131	833	George Cooper	Manchester Frontrunners	35:13
47	360	David Wyeth	V4010	Chorlton Runners	31:54	132	384	Joe Callaghan	Didsbury Runners	35:14
48	2279	Peter Speake	V45 4	Wilmslow Running Club	31:55	133	1452	Tom Stephenson	V4023 Sale Harriers Manchester	35:14
49	2023	Stuart Doyle	V50 1	Vale Royal Ac	31:57	134	394	Meng Leong	Didsbury Runners	35:16
50	658	Matt Snowdon		Hyde Village Striders	31:58	135	2040	Robert Roe	V4518 Vale Royal Ac	35:18
51	346	Darren Russell	V45 5	Chorlton Runners	32:00	136	657	Darren Smith	V4519 Hyde Village Striders	35:20
52	956	Nicholas Crisp		Manchester Harriers & Ac	32:08	137	479	Jonathan Aust	V4520 East Cheshire Harriers & Tames	35:23
53	2030	Daniel Lightfoot		Vale Royal Ac	32:10	138	2017	Lee Carrington	Vale Royal Ac	35:24
54	1744	Jack Catterall	U20 7	Stockport Harriers & Ac	32:11	139	1635	Michael Brussels	St Helens Sutton Ac	35:33
55	323	George Langford		Chorlton Runners	32:16	140	960	D Harrison-Croft	Manchester Harriers & Ac	35:37
56	400	Jonathan Pickup		Didsbury Runners	32:19	141	809	Will Nettle	U2014 Macclesfield Harriers & Ac	35:37
57	496	Matthew Smith		East Cheshire Harriers & Tames	32:20	142	2198	Paul Grabe	V4024 Warriors Pentathlon & AC	35:38
58	1929	Thomas Rogers		Trafford Athletic Club	32:28	143	1024	Roger Thomas	V5012 Manchester Triathlon Club	35:39
59	271	Tom Arthur		Chorlton Runners	32:33	144	524	Joshua Southall	Glossopdale Harriers	35:40
60	1529	Kev Waterhouse	V4011	Salford Harriers & AC	32:34	145	1758	Jonathon Knight	V4521 Stockport Harriers & Ac	35:41
61	345	Adam Rosillo		Chorlton Runners	32:38	146	959	Thomas Grime	Manchester Harriers & Ac	35:43
62	609	Julian Goudge	V50 2	Horwich R M I Harriers	32:44	147	399	Miles Moran	Didsbury Runners	35:43
63	997	Sam Barratt		Manchester Triathlon Club	32:48	148	1455	Christopher Topping	V4025 Sale Harriers Manchester	35:48
64	1184	Matt Harratt		Oldham & Royton H & Ac	32:51	149	547	Paul Oakley	V60 2 Goyt Valley Striders	35:48
65	1957	Matthew Robson		Unattached	32:54	150	836	Jono Guildford	V4522 Manchester Frontrunners	35:50
66	1743	Mark Burton	V50 3	Stockport Harriers & Ac	32:56	151	2305	Peter Williams	Wilmslow Striders	35:52
67	497	Jacob Taylor		East Cheshire Harriers & Tames	32:56	152	1951	William Chandler	U2015 Unattached	35:53
68	527	James Stubbs		Glossopdale Harriers	32:56	153	1579	Dayle Dwyer	Salford Metropolitan Ac	35:54
69	619	Alastair Murray	V45 6	Horwich R M I Harriers	32:58	154	1829	Richard Jackson	V4026 Swinton Running Club	35:57
70	2014	Josh Betteley		Vale Royal Ac	32:59	155	2236	Paul Morrison	West Cheshire Athletic Club	36:01
71	2268	Robert Jackson		Wilmslow Running Club	33:01	156	2362	Steve Spence	V55 4 Wirral Ac	36:01
72	1632	Steven Anders	V45 7	St Helens Sutton Ac	33:01	157	1453	Christopher Tait	Sale Harriers Manchester	36:03
73	1045	Mark Condon		Manchester Ymca Harriers	33:03	158	1936	Chris Wilson	Trafford Athletic Club	36:07
74	150	Robin Hulme		Bramhall Runners	33:04	159	1391	Jason Bowers	V5013 Sale Harriers Manchester	36:09
75	495	Gareth Raven	V50 4	East Cheshire Harriers & Tames	33:07	160	489	Steven Jones	V4027 East Cheshire Harriers & Tames	36:10
76	622	James Titmuss	V45 8	Horwich R M I Harriers	33:10	161	1424	Mark Johnson	V4028 Sale Harriers Manchester	36:10
77	514	Stefan Bramwell	V50 5	Glossopdale Harriers	33:12	162	157	Frank Podd	V5014 Bramhall Runners	36:11
78	2256	Barry Archbold	V50 6	Wilmslow Running Club	33:13	163	51	Matthew Allen	V4029 Altrincham & District Ac	36:13
79	278	Duncan Birtwistle		Chorlton Runners	33:14	164	1825	Mark Cordiner	Swinton Running Club	36:18
80	1952	Daniel Groves	U20 8	Unattached	33:16	165	285	Benjamin Brown	Chorlton Runners	36:19
81	2360	James Mackie	V45 9	Wirral Ac	33:20	166	390	Mark Keatley	V4523 Didsbury Runners	36:21
82	405	Steven Townley	V4012	Didsbury Runners	33:21	167	834	Martin Dunn	Manchester Frontrunners	36:23
83	699	Rob Cleaver		Levenshulme Runners	33:21	168	2276	Andy Quicke	V4524 Wilmslow Running Club	36:26
84	1406	Chris Donnelly	V4510	Sale Harriers Manchester	33:22	169	1650	Andrew Wilson	V5015 St Helens Sutton Ac	36:27
85	324	Phil Larratt	V4013	Chorlton Runners	33:24	170	53	Nick Bugler	Altrincham & District Ac	36:28

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171	913	George Steele	V4030	Manchester Harriers & Ac	36:29	262	1022	Stephen Taylor	V5025	Manchester Triathlon Club	39:41
172	1396	George Carley		Sale Harriers Manchester	36:34	263	429	Andy Land	V60 9	Dragons Running Club (sale)	39:44
173	2049	Gareth Williams	V55 5	Vale Royal Ac	36:35	264	349	Ian Sharpe	V5026	Chorlton Runners	39:52
174	1043	Richard Brierley		Manchester Ymca Harriers	36:37	265	894	Andrew Almond	V5027	Manchester Harriers & Ac	40:02
175	1520	David Hudson	V4525	Salford Harriers & AC	36:40	266	490	Daniel Kavanagh		East Cheshire Harriers & Tames	40:03
176	58	Richard Evans	V60 3	Altrincham & District Ac	36:41	267	380	Michael Bean	V5028	Didsbury Runners	40:04
177	1048	Joseph Hayes		Manchester Ymca Harriers	36:44	268	911	Neil Ryan	V4042	Manchester Harriers & Ac	40:06
178	954	Robert Cook		Manchester Harriers & Ac	36:46	269	493	Paul Minton		East Cheshire Harriers & Tames	40:07
179	698	T Boyesen-Corballis		Levenshulme Runners	36:50	270	1589	Mike Race	V65 3	Salford Metropolitan Ac	40:07
180	2233	Andrew Clague	V55 6	West Cheshire Athletic Club	36:52	271	1091	Ian Bowker	V5511	Marple Runners	40:12
181	282	Craig Bradbury	V4526	Chorlton Runners	36:52	272	71	Richard Kennaugh	V5512	Altrincham & District Ac	40:14
182	2038	Colin Price	V60 4	Vale Royal Ac	36:56	273	517	Peter Daly	V5513	Glossopdale Harriers	40:16
183	439	Adam Turner		Dragons Running Club (sale)	36:59	274	403	Jamie Soul		Didsbury Runners	40:17
184	1910	Richard Byers	V60 5	Trafford Athletic Club	37:02	275	810	Ray O'Keefe	V5514	Macclesfield Harriers & Ac	40:23
185	148	Matt Darnley	V4527	Bramhall Runners	37:04	276	2116	David Norman	V6010	Warrington A C	40:28
186	355	Guy Weaver	V4528	Chorlton Runners	37:04	277	2304	Andrew Tomlinson	V4043	Wilmslow Striders	40:30
187	1002	Tom Elphick	V4031	Manchester Triathlon Club	37:09	278	645	Andrew Charlesworth	V5029	Hyde Village Striders	40:33
188	318	Louis James		Chorlton Runners	37:10	279	529	Michael Unsworth	V5515	Glossopdale Harriers	40:38
189	800	Gareth Briggs	V5016	Macclesfield Harriers & Ac	37:11	280	1639	Barry Graney	V5516	St Helens Sutton Ac	40:40
190	2374	John Roper	V4032	Unattached	37:13	281	840	Declan McGettigan		Manchester Frontrunners	40:41
191	933	D Quiroga	U2016	Manchester Metropolitan Univer	37:14	282	2194	Hareth Abdulla	V4546	Warriors Pentathlon & AC	40:41
192	339	Sam Poland		Chorlton Runners	37:19	283	1109	Alexander Ratcliffe		Marple Runners	40:47
193	1113	John Stockdale	V5017	Marple Runners	37:22	284	1643	Martin Johnson	V4547	St Helens Sutton Ac	40:50
194	510	Dan Bailey	V4529	Glossopdale Harriers	37:22	285	843	Roberto Raso	V6011	Manchester Frontrunners	40:52
195	1576	Paul Connolly	V4033	Salford Metropolitan Ac	37:27	286	2044	David Ward	V4548	Vale Royal Ac	40:54
196	1746	James Corden	V5018	Stockport Harriers & Ac	37:28	287	1394	Mark Brown		Sale Harriers Manchester	40:56
197	1015	Mark Pagram	V4530	Manchester Triathlon Club	37:30	288	296	Michael Curley	V75 1	Chorlton Runners	40:58
198	1512	Richard Brook	V4531	Salford Harriers & AC	37:32	289	1401	Mark Day	V5030	Sale Harriers Manchester	41:01
199	934	Charles Scanlon	U2017	Manchester Metropolitan Univer	37:35	290	1776	Paul Beckett	V6012	Stockport Tri Club	41:06
200	2298	Oliver Fairbairn		Wilmslow Striders	37:35	291	841	Niall McInnes		Manchester Frontrunners	41:12
201	953	Teifion Best		Manchester Harriers & Ac	37:36	292	212	William McDonald		Buxton AC	41:12
202	827	John Ash	V5019	Manchester Frontrunners	37:37	293	813	Gareth Stockdale	V5031	Macclesfield Harriers & Ac	41:17
203	1410	Robert Fairbanks	V4532	Sale Harriers Manchester	37:41	294	143	Richard Adams	V4549	Bramhall Runners	41:19
204	313	Michael Hargreaves	V4034	Chorlton Runners	37:43	295	1777	Paul Carrington	V5517	Stockport Tri Club	41:20
205	1443	Aidan Raftery	V65 1	Sale Harriers Manchester	37:44	296	653	Kairan Mallett	U2019	Hyde Village Striders	41:25
206	214	Jonathan Sewell	V5020	Buxton AC	37:45	297	440	Steven Ward	V4044	Dragons Running Club (sale)	41:26
207	334	Elliot Drummond		Chorlton Runners	37:48	298	1956	A Nithianantharajah		Unattached	41:34
208	1749	Peter Dean	V4035	Stockport Harriers & Ac	37:49	299	319	Philip Jenkinson	V4550	Chorlton Runners	41:37
209	932	Harley Milburn	U2018	Manchester Metropolitan Univer	37:51	300	2274	Gary Morrison	V5518	Wilmslow Running Club	41:40
210	1417	Nicholas Grimshaw		Sale Harriers Manchester	37:59	301	2329	Michael Thompstone	V4045	Winston Runners	41:43
211	1830	Daniel Martin		Swinton Running Club	38:01	302	1585	Lee Marks	V4046	Salford Metropolitan Ac	41:45
212	1678	Craig Leith	V55 7	Start2jog	38:01	303	1144	Joe Cannavan	V4551	Middleton Harriers Ac	41:46
213	1756	Sam Johnson		Stockport Harriers & Ac	38:03	304	1767	Mark Smith	V5032	Stockport Harriers & Ac	41:51
214	74	Jonathan Leslie	V55 8	Altrincham & District Ac	38:04	305	2380	Nicholas Colwill	V4047	Chorlton Runners	41:52
215	1747	Ian Crabtree	V4036	Stockport Harriers & Ac	38:05	306	202	Duncan Campbell	V4552	Buxton AC	41:55
216	152	Chris Kershaw	V4533	Bramhall Runners	38:05	307	144	Steve Aughton	V5033	Bramhall Runners	41:55
217	386	Chris Essex		Didsbury Runners	38:06	308	121	Steven Wyatt	V65 4	Belle Vue Racers	41:57
218	160	Phil Ramsey	V4534	Bramhall Runners	38:06	309	540	Matt Biglin	V6013	Goyt Valley Striders	42:02
219	1780	Paul Graveney	V5021	Stockport Tri Club	38:07	310	847	Alexander Vdovin		Manchester Frontrunners	42:04
220	290	Justin Cleary		Chorlton Runners	38:13	311	896	Lloyd Barlow	V5519	Manchester Harriers & Ac	42:05
221	387	Matt Farr	V4535	Didsbury Runners	38:13	312	112	Chris Harries	V4048	Belle Vue Racers	42:07
222	486	Barry Hirst	V60 6	East Cheshire Harriers & Tames	38:14	313	2376	Ben Shaw	V5520	Erly Harriers	42:10
223	1009	Tim Johns	V55 9	Manchester Triathlon Club	38:16	314	146	Adam Brown	V5521	Bramhall Runners	42:13
224	1637	Joseph Byrne		St Helens Sutton Ac	38:22	315	1012	Anthony McGuirk		Manchester Triathlon Club	42:15
225	385	Eddie Campbell		Didsbury Runners	38:23	316	298	Stephen Davison	V4553	Chorlton Runners	42:15
226	2361	Lee McKeown	V4536	Wirral Ac	38:23	317	1798	McNally Richard Bond	V45 54	Styal Running Club	42:23
227	802	Graeme Eddie	V4537	Macclesfield Harriers & Ac	38:23	318	1590	Mark Shuttleworth	V5522	Salford Metropolitan Ac	42:24
228	815	James Wood	V4538	Macclesfield Harriers & Ac	38:27	319	515	David Chrystie-Lowe	V65 5	Glossopdale Harriers	42:25
229	1041	Andrew Bowler		Manchester Ymca Harriers	38:29	320	2114	Mark Gregory	V5523	Warrington A C	42:27
230	1426	Philip Largan		Sale Harriers Manchester	38:35	321	358	Ian Williamson	V5524	Chorlton Runners	42:28
231	491	Michael Kennedy		East Cheshire Harriers & Tames	38:36	322	1524	Trevor Rayner	V6014	Salford Harriers & AC	42:32
232	522	Rob Sheldon	V4539	Glossopdale Harriers	38:37	323	1112	James Stockdale		Marple Runners	42:32
233	276	Sebastian Bate		Chorlton Runners	38:38	324	1820	Dean Barker-Smith		Swinton Running Club	42:34
234	205	Callum D'souza		Buxton AC	38:38	325	2324	Paul Barber	V65 6	Winston Runners	42:35
235	844	John Ross	V4037	Manchester Frontrunners	38:39	326	95	Phil Vesey	V6015	Altrincham & District Ac	42:35
236	1584	Richard Knight	V4540	Salford Metropolitan Ac	38:40	327	814	Michael Thorley	V5525	Macclesfield Harriers & Ac	42:37
237	1225	Carl Martin	V4541	Saddleworth Runners Club	38:43	328	406	Andrew Vaughan	V5034	Didsbury Runners	42:37
238	215	David Soles	V60 7	Buxton AC	38:45	329	808	Owain Morris		Macclesfield Harriers & Ac	42:39
239	897	Matthew Crimes	V4542	Manchester Harriers & Ac	38:46	330	837	Joe Jarvis		Manchester Frontrunners	42:45
240	962	Thomas Lewis		Manchester Harriers & Ac	38:47	331	912	Chris Sewart	V4555	Manchester Harriers & Ac	42:46
241	392	Phil Kemp	V60 8	Didsbury Runners	38:51	332	2196	Steve Cole	V5035	Warriors Pentathlon & AC	42:48
242	1162	John Weaver	V4038	Middleton Harriers Ac	38:51	333	2200	Ronan Kearney	V5036	Warriors Pentathlon & AC	42:49
243	552	Pete Woodhead	V4543	Goyt Valley Striders	38:55	334	1785	Colin Shore	V5037	Stockport Tri Club	42:49
244	321	Eamonn Keogh	V4544	Chorlton Runners	38:56	335	1575	Martin Burke	V4556	Salford Metropolitan Ac	42:53
245	478	Daniel Armstrong		East Cheshire Harriers & Tames	38:56	336	304	William Franks		Chorlton Runners	42:54
246	499	Dennis Thomas	V5022	East Cheshire Harriers & Tames	38:59	337	1751	Edward Gough	U2020	Stockport Harriers & Ac	42:57
247	2272	Tom McGaff	V65 2	Wilmslow Running Club	39:02	338	2026	David Haines	V5038	Vale Royal Ac	43:02
248	904	Glen Gandy	V5510	Manchester Harriers & Ac	39:06	339	1775	Scott Armstrong	V5039	Stockport Tri Club	43:07
249	1781	Robert Heathcote	V4039	Stockport Tri Club	39:07	340	2264	Stephen Greaves	V5040	Wilmslow Running Club	43:16
250	389	Matthew Herbert	V4545	Didsbury Runners	39:10	341	2325	Anthony Harrison	V6016	Winston Runners	43:22
251	1595	Shane Wolstencroft	V5023	Salford Metropolitan Ac	39:13	342	2025	Geoff Fawkes	V5041	Vale Royal Ac	43:31
252	1098	Steve Grace	V5024	Marple Runners	39:13	343	644	Craig Butterworth	V4049	Hyde Village Striders	43:36
253	153	Mike Kinnear	V4040	Bramhall Runners	39:14	344	317	Etienne Humphries	V4050	Chorlton Runners	43:37
254	2302	Jack Miller		Wilmslow Striders	39:16	345	1582	Matthew Hill		Salford Metropolitan Ac	43:44
255	2303	Andrew Neilson		Wilmslow Striders	39:16	346	1108	Darren Peatfield	V5042	Marple Runners	43:48
256	513	Lewis Bigham		Glossopdale Harriers	39:20	347	849	Chris Woolfenden	V4051	Manchester Frontrunners	43:55
257	425	Graham Brownhill	V4041	Dragons Running Club (sale)	39:20	348	714	Tom Woods		Levenshulme Runners	43:56
258	1586	Malcolm Orrell		Salford Metropolitan Ac	39:25	349	955	Jonathan Coulson		Manchester Harriers & Ac	43:57
259	1958	Max Waring		Unattached	39:29	350	1683	Matt Selby	V4557	Start2jog	44:00
260	694	Nicholas Barton		Levenshulme Runners	39:33	351	1674	Nick Grayson		Start2jog	44:05
261	968	Tom Williams		Manchester Harriers & Ac	39:38	352	1161	Anthony Walsh	V5526	Middleton Harriers Ac	44:10

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353 2195	Chris Brearton	V4052	Warriors Pentathlon & AC	44:12	383 1106	Gavin Nixon	V5046	Marple Runners	47:37
354 2011	Tony Archer	V70 1	Vale Royal Ac	44:18	384 1634	Paul Brownbill	V4056	St Helens Sutton Ac	47:43
355 279	Warren Bowden	V5527	Chorlton Runners	44:28	385 1679	Robert Maidstone		Start2jog	48:09
356 284	David Brocklebank	V4558	Chorlton Runners	44:35	386 1677	Iain Johnson	V6023	Start2jog	48:10
357 2281	Pete Stock	V65 7	Wilmslow Running Club	44:40	387 1000	Simon Davidson	V5531	Manchester Triathlon Club	48:13
358 712	Tim Watson	V4053	Levenshulme Runners	44:44	388 1784	Nick Roberts	V5532	Stockport Tri Club	48:19
359 1458	Wayne Wardle	V5043	Sale Harriers Manchester	44:46	389 596	David Barnes	V65 9	Horwich R M I Harriers	48:21
360 1644	Alan Mahoney	V4054	St Helens Sutton Ac	44:48	390 2299	Toby Gold	V6024	Wilmslow Striders	48:31
361 1204	Warren Simmens	V4055	Radcliffe Ac	44:50	391 1419	Christopher Hertzog		Sale Harriers Manchester	48:35
362 1676	Tom Hall		Start2jog	44:54	392 441	Dennis Yarwood	V5533	Dragons Running Club (sale)	48:53
363 1593	Ian Taylor	V6017	Salford Metropolitan Ac	45:02	393 337	Chris Peachey	V5534	Chorlton Runners	49:27
364 697	Chris Bennett		Levenshulme Runners	45:07	394 709	Julian Sacofsky	V6025	Levenshulme Runners	49:31
365 2278	Ian Smallwood	V6018	Wilmslow Running Club	45:09	395 1685	Tom Turner	V4562	Start2jog	49:39
366 116	Andrew Taylor	V4559	Belle Vue Racers	45:13	396 1061	Graeme Wilkinson	V4057	Manchester Ymca Harriers	49:41
367 115	Patrick O'Brien	V65 8	Belle Vue Racers	45:19	397 1146	Alan Garvey	V70 4	Middleton Harriers Ac	49:43
368 307	Sean Glaister	V6019	Chorlton Runners	45:34	398 1439	Stephen Parry	V6026	Sale Harriers Manchester	50:03
369 1156	Mishka Pillay		Middleton Harriers Ac	45:49	399 1383	John Archer	V70 5	Sale Harriers Manchester	50:09
370 2379	John Pollard	V70 2	Glossopdale Harriers	45:54	400 109	James Corrigan	V4563	Belle Vue Racers	50:11
371 378	Jonathan Atkinson	V5044	Didsbury Runners	45:57	401 1673	Jason Gould	V4564	Start2jog	50:29
372 649	Andrew Horrocks	V5528	Hyde Village Striders	46:02	402 2235	Jeff Lambert	V4058	West Cheshire Athletic Club	50:36
373 2238	Julian Tegg	V5045	West Cheshire Athletic Club	46:13	403 117	Farouk Wawda	V5535	Belle Vue Racers	50:43
374 1010	George Lipscomb	V6020	Manchester Triathlon Club	46:29	404 1407	Chris Downs	V5047	Sale Harriers Manchester	50:50
375 1096	Michael Connelly	V4560	Marple Runners	46:36	405 898	Michael Cunningham	V75 2	Manchester Harriers & Ac	50:55
376 210	Paul Markall	V5529	Buxton AC	46:39	406 213	Tim Rolfe	V5048	Buxton AC	51:18
377 703	Mohammed Faruque	V4561	Levenshulme Runners	46:47	407 1826	Glyn Davies	V70 6	Swinton Running Club	51:34
378 1056	Nathaniel Stanton		Manchester Ymca Harriers	47:15	408 2121	Joao Santos		Warrington A C	51:39
379 2020	John Clarke	V70 3	Vale Royal Ac	47:18	409 550	Stephen Sanders	V70 7	Goyt Valley Striders	51:45
380 305	Mark Gamblin	V5530	Chorlton Runners	47:28	410 1116	Mark Warner	V5536	Marple Runners	53:43
381 1398	Frank Cordingley	V6021	Sale Harriers Manchester	47:32	411 1768	Robert Taylor	V75 3	Stockport Harriers & Ac	55:44
382 438	Rob Todd	V6022	Dragons Running Club (sale)	47:35	412 1684	Barry Sherwood	V4059	Start2jog	57:55

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	128	—	2 Arlo Ludewick	4 Nicholas Barry	5 George Noble	8 Finlay Day	31 Phil Richardson	78 Chris Donnelly
2 Salford Harriers & AC	130	—	3 Hary Wakefield	6 Matthew Cooper	7 Callum Rowlinson	21 Akkeal Chambers	37 Marcus Law	56 Kev Waterhouse
3 Vale Royal Ac	144	—	13 Aaron Doyle	14 Chris Williams	23 Rhys Bowden	25 John Humphries	30 Oliver Williams	39 Sam Whitehead
4 Chorlton Runners	215	—	17 Thomas Charles	26 Matthew Devlin	40 Alister Pearson	42 Liam Braby	43 David Wyeth	47 Darren Russell
5 Trafford Athletic Club	281	—	1 Finley Proffitt	15 Harry Sinclair	32 Joseph Deighton	54 Thomas Rogers	82 Dan Partington	97 Jeff Prest
6 East Cheshire Harriers & Tames	297	—	10 Michael Holness	19 Gavin Browne	53 Matthew Smith	62 Jacob Taylor	70 Gareth Raven	83 Callum Fricker
7 Stockport Harriers & Ac	314	—	35 Harry Hind	36 Mark Shatwell	41 Greg Kelly	50 Jack Catterall	61 Mark Burton	91 James Barnett
8 Chorlton Runners 'B'	420	—	51 George Langford	55 Tom Arthur	57 Adam Rosillo	74 Duncan Birtwistle	79 Phil Larratt	104 Patrick Goodrich
9 Altrincham & District Ac	469	—	18 Andrew Norman	20 David Norman	29 Michael Berks	87 Richard Johnson	154 Matthew Allen	161 Nick Bugler
10 Glossopdale Harriers	513	—	38 Ben Tetler	63 James Stubbs	72 Stefan Bramwell	101 James Barnard	103 Paul Skuse	136 Joshua Southall
11 Manchester Metropolitan Univer	523	—	12 Campo Sebastian Del	16 Elliot Smith	86 Matthew Barker	111 Mark Lloyd	117 Jack Cunningham	181 D Quiroga
12 Wilmslow Running Club	531	—	44 Peter Speake	66 Robert Jackson	73 Barry Archbold	81 Matthew Braybrooke	108 Billy Wilson	159 Andy Quicke
13 Vale Royal Ac 'B'	580	—	45 Stuart Doyle	49 Daniel Lightfoot	65 Josh Betteley	127 Robert Roe	130 Lee Carrington	164 Gareth Williams
14 Didsbury Runners	609	—	52 Jonathan Pickup	76 Steven Townley	92 Damien McHugh	124 Joe Callaghan	126 Meng Leong	139 Miles Moran
15 Manchester Harriers & Ac	609	—	27 Joseph Farrelly	48 Nicholas Crisp	102 Michael Merchant	132 DHarrison-Croft	138 Thomas Grime	162 George Steele
16 Horwich R M I Harriers	712	—	22 Nick Leigh	58 Julian Goudge	64 Alastair Murray	71 James Timuss	121 Matthew Wilson	376 David Barnes
17 Sale Harriers Manchester 'B'	771	—	90 Tom Fordyce	118 Olivier Gaillemain	125 Tom Stephenson	140 Christopher Topping	148 Christopher Tait	150 Jason Bowers
18 East Cheshire Harriers & T 'B'	788	—	88 Callum Parkinson	89 Tom McMahon	119 Robin Horner	129 Jonathan Aust	151 Steven Jones	212 Barry Hirst
19 Manchester Ymca Harriers	832	—	68 Mark Condon	105 Tim Shanker	107 Philip Tomkinson	165 Richard Brierley	168 Joseph Hayes	219 Andrew Bowler
20 Chorlton Runners 'C'	907	—	109 Oliver Wood	114 Thomas Clowes	156 Benjamin Brown	172 Craig Bradbury	177 Guy Weaver	179 Louis James
21 Manchester Frontrunners	924	—	84 Pierce Lyons	123 George Cooper	142 Jono Guildford	158 Martin Dunn	192 John Ash	225 John Ross
22 Bramhall Runners	928	—	69 Robin Hulme	116 Matt Moran	153 Frank Podd	176 Matt Darnley	206 Chris Kershaw	208 Phil Ramsey
23 St Helens Sutton Ac	951	—	67 Steven Anders	110 Chris Birkett	131 Michael Brussels	160 Andrew Wilson	214 Joseph Byrne	269 Barry Graney
24 Levenshulme Runners	1016	—	77 Rob Cleaver	85 Martin Dickson	100 Kitt Garvey	170 T Boyesen-Corballis	249 Nicholas Barton	335 Tom Woods
25 Manchester Triathlon Club	1023	—	59 Sam Barratt	135 Roger Thomas	178 Tom Elphick	187 Mark Pagram	213 Tim Johns	251 Stephen Taylor
26 Stockport Harriers & Ac 'B'	1044	—	115 Philip Burns	137 Jonathon Knight	186 James Corden	198 Peter Dean	203 Sam Johnson	205 Ian Crabtree
27 Warrington A C	1102	—	9 Daniel Fox	33 Adam Rashud	93 Stephen Watmough	265 David Norman	307 Mark Gregory	305 Joao Santos
28 Sale Harriers Manchester 'C'	1123	—	152 Mark Johnson	163 George Carley	193 Robert Fairbanks	195 Aidan Raftery	200 Nicholas Grimshaw	220 Philip Lorgan
29 Macclesfield Harriers & Ac	1134	—	122 Darren Dunn	133 Will Nettle	180 Gareth Briggs	217 Graeme Eddie	218 James Wood	264 Ray O'Keefe
30 Hyde Village Striders	1136	—	46 Matt Snowden	80 Callum Dinsdale	128 Darren Smith	267 Andrew Charlesworth	285 Kairan Mallett	330 Craig Buttenworth
31 Warriors Pentathlon & AC	1175	—	11 Kearney Alex Haggard	120 Richard Dunning	134 Paul Grabe	271 Hareth Abdulla	319 Steve Cole	320 Ronan Kearney
32 Chorlton Runners 'D'	1240	—	182 Sam Poland	194 Michael Hargreaves	197 Elliot Drummond	210 Justin Cleary	223 Sebastian Bate	234 Eamonn Keogh
33 Swinton Running Club	1240	—	34 Daniel Bird	145 Richard Jackson	155 Mark Corder	201 Daniel Martin	311 Dean Barker-Smith	394 Glyn Davies
34 Didsbury Runners 'B'	1261	—	157 Mark Keatley	207 Chris Essex	211 Matt Farr	215 Eddie Campbell	231 Phil Kemp	240 Matthew Herbert
35 Salford Metropolitan Ac	1303	—	144 Dayle Dwyer	185 Paul Connolly	226 Richard Knight	241 Shane Wolstencroft	248 Malcolm Orrell	259 Mike Race
36 Manchester Harriers & Ac 'B'	1307	—	169 Robert Cook	191 Teiffion Best	229 Matthew Crimes	230 Thomas Lewis	238 Glen Gandy	250 Tom Williams
37 Buxton AC	1318	—	95 Ben Light	196 Jonathan Sewell	224 Callum D'souza	228 David Soles	281 William McDonald	294 Duncan Campbell
38 Stockport Tri Club	1430	—	98 Nicholas Chick	209 Paul Graveney	239 Robert Heathcote	279 Paul Beckett	284 Paul Carrington	321 Colin Shore
39 Dragons Running Club (sale)	1440	—	112 Colin Latham	174 Adam Turner	247 Graham Brownhill	252 Andy Land	286 Steven Ward	369 Rob Todd
40 Wilmslow Striders	1465	—	143 Peter Williams	190 Oliver Fairbairn	244 Jack Miller	245 Andrew Neilson	266 Andrew Tomlinson	377 Toby Gold
41 Glossopdale Harriers 'B'	1488	—	184 Dan Bailey	222 Rob Sheldon	246 Lewis Bigham	262 Peter Daly	268 Michael Unsworth	306 David Christie-Lowe
42 Marple Runners	1600	—	183 John Stockdale	242 Steve Grace	260 Ian Bowker	272 Alexander Ratcliffe	310 James Stockdale	333 Darren Peatfield
43 Start2jog	1694	—	96 Oliver Woodcock	202 Craig Leith	337 Matt Selby	338 Nick Grayson	349 Tom Hall	372 Robert Maidstone
44 Chorlton Runners 'E'	1721	—	253 Ian Sharpe	277 Michael Curley	287 Philip Jenkinson	293 Nicholas Colwill	303 Stephen Davison	308 Ian Williams
45 Manchester Frontrunners 'B'	1773	—	270 Declan McGettigan	274 Roberto Raso	280 Niall McInnes	298 Alexander D'ovoin	317 Joe Jarvis	334 Tom Williams
46 Belle Vue Racers	1803	—	113 Vic Walsh	296 Steven Wyatt	300 Chris Harries	353 Andrew Taylor	354 Patrick O'Brien	387 James Corrigan
47 Vale Royal Ac 'C'	1809	—	173 Colin Price	275 David Ward	325 David Haines	329 Geoff Fawkes	341 Tony Archer	366 John Clarke
48 Manchester Harriers & Ac 'C'	1856	—	254 Andrew Almond	257 Neil Ryan	299 Lloyd Barlow	318 Chris Sewart	336 Jonathan Coulson	392 Michael Cunningham
49 Sale Harriers Manchester 'D'	2031	—	276 Mark Brown	278 Mark Day	346 Wayne Wardle	368 Frank Cordingley	378 Christopher Hertzog	385 Stephen Parry
50 Chorlton Runners 'F'	2061	—	323 William Franks	331 Etienne Humphries	342 Warren Bowden	343 David Brocklebank	355 Sean Glaister	367 Mark Gamblin

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Chorlton Runners	37	—	2 Thomas Charles	6 Matthew Devlin	13 David Wyeth	16 Darren Russell
2 Altrincham & District Ac	45	—	3 Andrew Norman	4 David Norman	8 Michael Berks	30 Richard Johnson
3 Horwich R M I Harriers	66	—	5 Nick Leigh	18 Julian Goudge	20 Alastair Murray	23 James Titmuss
4 Stockport Harriers & Ac	74	—	10 Mark Shatwell	12 Greg Kelly	19 Mark Burton	33 James Barnett
5 East Cheshire Harriers & Tames	104	—	1 Michael Holness	22 Gareth Raven	31 Tom McMahon	50 Robin Horner
6 Wilmslow Running Club	154	—	14 Peter Speake	25 Barry Archbold	43 Billy Wilson	72 Andy Quicke
7 Glossopdale Harriers	162	—	11 Ben Tetler	24 Stefan Bramwell	40 Paul Skuse	87 Dan Bailey
8 Sale Harriers Manchester	163	—	28 Chris Donnelly	32 Tom Fordyce	49 Olivier Gaillemain	54 Tom Stephenson
9 Vale Royal Ac	225	—	15 Stuart Doyle	55 Robert Roe	75 Gareth Williams	80 Colin Price
10 Chorlton Runners 'B'	232	—	29 Phil Larratt	41 Patrick Goodrich	79 Craig Bradbury	83 Guy Weaver
11 St Helens Sutton Ac	282	—	21 Steven Anders	44 Chris Birkett	73 Andrew Wilson	144 Barry Graney
12 Sale Harriers Manchester 'B'	288	—	61 Christopher Topping	66 Jason Bowers	68 Mark Johnson	93 Robert Fairbanks
13 Stockport Harriers & Ac 'B'	293	—	47 Philip Burns	60 Jonathon Knight	89 James Corden	97 Peter Dean
14 Bramhall Runners	300	—	48 Matt Moran	69 Frank Podd	82 Matt Darnley	101 Chris Kershaw
15 Didsbury Runners	318	—	27 Steven Townley	71 Mark Keatley	104 Matt Farr	116 Phil Kemp
16 Manchester Triathlon Club	339	—	59 Roger Thomas	84 Tom Elphick	90 Mark Pagram	106 Tim Johns
17 East Cheshire Harriers & T 'B'	349	—	57 Jonathan Aust	67 Steven Jones	105 Barry Hirst	120 Dennis Thomas
18 Manchester Harriers & Ac	350	—	39 Michael Merchant	74 George Steele	115 Matthew Crimes	122 Glen Gandy
19 Macclesfield Harriers & Ac	355	—	53 Darren Dunn	85 Gareth Briggs	108 Graeme Eddie	109 James Wood
20 Warrington A C	357	—	9 Adam Rashud	34 Stephen Watmough	140 David Norman	174 Mark Gregory
21 Salford Harriers & AC	360	—	17 Kev Waterhouse	76 David Hudson	91 Richard Brook	176 Trevor Rayner
22 Altrincham & District Ac 'B'	383	—	70 Matthew Allen	77 Richard Evans	99 Jonathan Leslie	137 Richard Kennaugh
23 Manchester Frontrunners	413	—	63 Jono Guildford	92 John Ash	111 John Ross	147 Roberto Raso
24 Stockport Tri Club	414	—	37 Nicholas Chick	103 Paul Graveney	123 Robert Heathcote	151 Paul Beckett
25 Warriors Pentathlon & AC	436	—	51 Richard Dunning	58 Paul Grabe	145 Hareth Abdulla	182 Steve Cole
26 Dragons Running Club (sale)	458	—	45 Colin Latham	128 Graham Brownhill	130 Andy Land	155 Steven Ward
27 Salford Metropolitan Ac	460	—	88 Paul Connolly	112 Richard Knight	125 Shane Wolstencroft	135 Mike Race
28 Chorlton Runners 'C'	493	—	94 Michael Hargreaves	119 Eamonn Keogh	131 Ian Sharpe	149 Michael Curley
29 Marple Runners	541	—	86 John Stockdale	126 Steve Grace	136 Ian Bowker	193 Darren Peatfield
30 Bramhall Runners 'B'	546	—	102 Phil Ramsey	127 Mike Kinnear	153 Richard Adams	164 Steve Aughton
31 Glossopdale Harriers 'B'	564	—	110 Rob Sheldon	138 Peter Daly	143 Michael Unsworth	173 David Chrystie-Lowe
32 Belle Vue Racers	587	—	46 Vic Walsh	165 Steven Wyatt	168 Chris Harries	208 Andrew Taylor
33 Buxton AC	590	—	96 Jonathan Sewell	114 David Soles	163 Duncan Campbell	217 Paul Markall
34 Goyt Valley Striders	592	—	62 Paul Oakley	118 Pete Woodhead	166 Matt Biglin	246 Stephen Sanders
35 Hyde Village Striders	602	—	56 Darren Smith	142 Andrew Charlesworth	191 Craig Butterworth	213 Andrew Horrocks
36 Manchester Harriers & Ac 'B'	614	—	132 Andrew Almond	134 Neil Ryan	167 Lloyd Barlow	181 Chris Sewart
37 Didsbury Runners 'B'	649	—	124 Matthew Herbert	133 Michael Bean	180 Andrew Vaughan	212 Jonathan Atkinson
38 Chorlton Runners 'D'	663	—	156 Philip Jenkinson	162 Nicholas Colwill	170 Stephen Davison	175 Ian Williamson
39 Wilmslow Running Club 'B'	667	—	121 Tom McGaff	157 Gary Morrison	188 Stephen Greaves	201 Pete Stock
40 Sale Harriers Manchester 'C'	669	—	95 Aidan Raftery	150 Mark Day	203 Wayne Wardle	221 Frank Cordingley
41 Middleton Harriers Ac	708	—	117 John Weaver	160 Joe Cannavan	196 Anthony Walsh	235 Alan Garvey
42 Vale Royal Ac 'B'	722	—	148 David Ward	186 David Haines	190 Geoff Fawkes	198 Tony Archer
43 Salford Metropolitan Ac 'B'	722	—	159 Lee Marks	172 Mark Shuttleworth	185 Martin Burke	206 Ian Taylor
44 Start2jog	751	—	98 Craig Leith	195 Matt Selby	225 Iain Johnson	233 Tom Turner
45 Stockport Tri Club 'B'	752	—	154 Paul Carrington	184 Colin Shore	187 Scott Armstrong	227 Nick Roberts
46 Chorlton Runners 'E'	801	—	192 Etienne Humphries	199 Warren Bowden	200 David Brocklebank	210 Sean Glaister