



Cockermouth 28 September 2024

Bib number	Name	Club	Time	Start time	Actual Time
U9 Male (800m)					
1	33 Quinn Henley Orr	Seaton Athletic Club	00:03:01		00:03:01
2	41 George Williams	Cumberland Fell Runners	00:03:02		00:03:02
3	34 William Hore	Unattached	00:03:14		00:03:14
4	35 Sebastian Kemp	Unattached	00:03:27		00:03:27
5	31 Aedan Barry	Keswick AC	00:03:34		00:03:34
6	40 Matt Wild Garcia	Unattached	00:03:35		00:03:35
7	32 Parker Dunlop	Derwent AC Cockermouth	00:03:43		00:03:43
8	39 Archie Neil	Unattached	00:04:07		00:04:07
9	37 Thomas Mathieson	Cumberland Fell Runners	00:04:24		00:04:24
10	38 Owen Naylor	Keswick AC	00:05:04		00:05:04

Teams

1 Keswick AC 15 pts

U9 Female (800m)

1	2 Emily Hopkins	Copeland AC	00:03:20		00:03:20
2	3 Chloe Moore	Cumberland Fell Runners	00:03:25		00:03:25
3	4 Hannah Pratt	Unattached	00:03:30		00:03:30
4	5 Mieke Van Schelven	Cumberland Fell Runners	00:03:33		00:03:33
5	1 Anna Fisher	Unattached	00:03:37		00:03:37

Teams

None



Cockermouth 28 September 2024

Bib number	Name	Club	Time	Start time	Actual Time
U11 Male (1,500m)					
1	108 Max Steele	Seaton Athletic Club	00:05:45		00:05:45
2	111 Sean Wild Garcia	Kendal Amateur Athletic Club	00:05:47		00:05:47
3	101 Adam Horn	Eden Runners	00:06:03		00:06:03
4	99 Elliott Griffiths	Eden Runners	00:06:04		00:06:04
5	112 Toby Coward	Barrow & Furness Striders AC	00:06:09		00:06:09
6	93 Dylan Clarke	Eden Runners	00:06:13		00:06:13
7	91 Euan Anderson	Seaton Athletic Club	00:06:33		00:06:33
8	105 Ruairidh Phillips	Annan & District AC	00:06:41		00:06:41
9	106 Arthur Prosser George	Cumberland Fell Runners	00:06:45		00:06:45
10	96 Will Dixon	Unattached	00:07:06		00:07:06
11	98 Rory Firmin	Keswick AC	00:07:12		00:07:12
12	110 Wesley Van Schelven	Cumberland Fell Runners	00:07:20		00:07:20
13	107 Elliot Scanlon	Barrow & Furness Striders AC	00:07:24		00:07:24
14	94 Freddy Cowen	Seaton Athletic Club	00:07:30		00:07:30
15	100 Thomas Hodgson	Copeland AC	00:07:39		00:07:39
16	103 Oliver Marshall	Ambleside AC	00:07:51		00:07:51
17	104 Arjun Pandya	Keswick AC	00:07:55		00:07:55

Teams

None

1 Eden Runners	13 pts
2 Seaton Athletic Club	22 pts

U11 Female (1,500m)

1	70 Lola Hodgson	Ambleside AC	00:06:22		00:06:22
2	73 Charlotte Mathieson	Cumberland Fell Runners	00:06:26		00:06:26
3	81 Lucy Wood	Eden Runners	00:06:34		00:06:34
4	80 Teigan Wilcock	Kendal Amateur Athletic Club	00:06:36		00:06:36
5	65 Maia Dacre	Kendal Amateur Athletic Club	00:06:39		00:06:39
6	61 Romy Barron	Kendal Amateur Athletic Club	00:06:43		00:06:43
7	75 Gabrielle Murray	Leven Valley AC	00:06:56		00:06:56
8	77 Isabella Scanlon	Barrow & Furness Striders AC	00:07:16		00:07:16
9	79 Madeleine Whelan	Copeland AC	00:07:17		00:07:17
10	66 Jessica Ferris	Cumberland Fell Runners	00:07:19		00:07:19
11	68 Indie Goodwin	Annan & District AC	00:07:21		00:07:21
12	78 Erin Thompson	Copeland AC	00:07:31		00:07:31
13	63 Charley Cummings	Millom Striders	00:07:34		00:07:34
14	69 Isla Gordon Wilson	Annan & District AC	00:07:41		00:07:41
15	74 April Mawson	Millom Striders	00:07:46		00:07:46
16	71 Jacy-Kate Jewitt	Barrow & Furness Striders AC	00:07:52		00:07:52
17	62 Phoebe Coulthard	Eden Runners	00:07:57		00:07:57
18	76 Cerys Naylor	Keswick AC	00:08:18		00:08:18
19	67 Anna Giddings	Cumberland Fell Runners	00:08:32		00:08:32
20	72 Shia Rayne MacDonald	Annan & District AC	00:08:43		00:08:43

Teams

None

1 Keswick AC	15 pts
2 Cumberland Fell Runners	31 pts



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Bib number	Name	Club	Time	Start time	Actual Time
	3 Annan & District AC				45 pts



Cockermouth 28 September 2024

Bib number	Name	Club	Time	Start time	Actual Time
U13 Male (2,300m)					
1	153 Noah Cook	Barrow & Furness Striders AC	00:07:27		00:07:27
2	161 Charlie Hodgson	Kendal Amateur Athletic Club	00:07:35		00:07:35
3	158 Matthew Downie	Seaton Athletic Club	00:08:11		00:08:11
4	164 Ewan Mitchell	Border Harriers & AC	00:08:27		00:08:27
5	166 Jack Thwaite	Cumberland Fell Runners	00:08:55		00:08:55
6	151 Hunter Barrett	Seaton Athletic Club	00:08:56		00:08:56
7	163 Joey Marshall	Annan & District AC	00:09:00		00:09:00
8	165 Reuben Prosser George	Cumberland Fell Runners	00:09:07		00:09:07
9	168 Leo Wilson	Unattached	00:09:09		00:09:09
10	156 Harrison Cripps	Seaton Athletic Club	00:09:13		00:09:13
11	160 Joseph Giddings	Cumberland Fell Runners	00:09:47		00:09:47
12	167 Jamie Turnbull	Carlisle Aspatria AC	00:10:00		00:10:00
13	154 Harrison Cowen	Seaton Athletic Club	00:10:01		00:10:01
14	157 Joe Donnelly	Seaton Athletic Club	00:10:26		00:10:26
15	162 Remy Hutton	Seaton Athletic Club	00:10:36		00:10:36
16	169 Samuel Youngman	Cumberland Fell Runners	00:12:06		00:12:06

Teams

1	Seaton Athletic Club	19 pts
2	Cumberland Fell Runners	24 pts

U13 Female (2,300m)

1	131 Mila Barron	Kendal Amateur Athletic Club	00:08:18		00:08:18
2	136 Imogen Moore	Leven Valley AC	00:08:32		00:08:32
3	133 Lottie Donohoe	Eden Runners	00:09:12		00:09:12
4	140 Maisie Booth	Cumberland Fell Runners	00:09:23		00:09:23
5	134 Ivy Marshall	Ambleside AC	00:09:34		00:09:34
6	137 Mollie Phillips	Annan & District AC	00:10:02		00:10:02
7	138 Tara-Kayleigh Purkiss	Copeland AC	00:10:42		00:10:42
8	135 Charlotte Moore	Unattached	00:11:06		00:11:06
9	132 Lola Christie	Copeland AC	00:11:11		00:11:11

Teams

None



Cockermouth 28 September 2024

Bib number	Name	Club	Time	Start time	Actual Time
U15 Male (3,000m)					
1	215 Joseph Tinniswood	Border Harriers & AC	00:10:10		00:10:10
2	213 Aston Stubbs	Annan & District AC	00:10:21		00:10:21
3	210 Riley Scott	Leven Valley AC	00:10:52		00:10:52
4	216 Peter Wayman	Border Harriers & AC	00:10:54		00:10:54
5	212 Mason Stubbs	Annan & District AC	00:11:03		00:11:03
6	201 Seth Abbey	Eden Runners	00:11:04		00:11:04
7	205 Liam Fulton	Border Harriers & AC	00:11:05		00:11:05
8	211 Oliver Scott	Leven Valley AC	00:11:18		00:11:18
9	207 Ethan Hughes Rudd	Cumberland Fell Runners	00:11:33		00:11:33
10	209 Henry Murray	Leven Valley AC	00:11:35		00:11:35
11	208 Thomas Iveson	Ambleside AC	00:11:49		00:11:49
12	218 Charlie Hall	Eden Runners	00:12:57		00:12:57

Teams

1	Border Harriers & AC	12 pts
2	Leven Valley AC	21 pts

U15 Female (3,000m)

1	182 Cara Bradley	Kendal Amateur Athletic Club	00:11:50		00:11:50
2	192 Evie Youngman	Cumberland Fell Runners	00:12:08		00:12:08
3	187 Suzie McNally	Border Harriers & AC	00:12:15		00:12:15
4	183 Anna Cunningham	Eden Runners	00:13:06		00:13:06
5	185 Matilda Kemp	Border Harriers & AC	00:13:13		00:13:13
6	184 Alice Hardy	Cumberland Fell Runners	00:13:30		00:13:30
7	188 Lily Slater	Kendal Amateur Athletic Club	00:14:03		00:14:03
8	181 Elena Archibald	Border Harriers & AC	00:14:34		00:14:34
9	186 Emily Mallett	Carlisle Aspatria AC	00:16:20		00:16:20
10	191 Eve Walker	Unattached	00:20:54		00:20:54

Teams

1	Border Harriers & AC	16 pts
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Bib number	Name	Club	Time	Start time	Actual Time
U17 Male (4,000m)					
1	255 Daniel Davies	Eden Runners	00:14:56		00:14:56
2	251 Alfie Addison	Kendal Amateur Athletic Club	00:15:15		00:15:15
3	258 Micah Wightman	Keswick AC	00:15:16		00:15:16
4	257 Zeke Sumner	Ambleside AC	00:15:26		00:15:26
5	259 John Williamson	Leven Valley AC	00:15:52		00:15:52
6	253 Daniel Cooper	Keswick AC	00:16:00		00:16:00
7	256 Keian McCombie	Unattached	00:16:05		00:16:05

Teams

None

U17 Female (4,000m)

1	236 Daisy Woodcock	Border Harriers & AC	00:16:15		00:16:15
2	231 Marina Bailey	Leven Valley AC	00:16:42		00:16:42
3	233 Erin Barry	Keswick AC	00:18:10		00:18:10
4	234 Isla Birch	Eden Runners	00:19:58		00:19:58

Teams

None



Cockermouth 28 September 2024

Bib number	Name	Club	Time	Start time	Actual Time
Senior Men (8,000m)					
1	382 John Battrick	Keswick AC	00:38:57	00:11:00	00:27:57 S
2	397 Max Hazlehurst	Leven Valley AC	00:39:37	00:11:00	00:28:37 U20
3	388 Jonathan Cox	Eden Runners	00:40:29	00:11:00	00:29:29 S
4	420 Charlie Rennie	Keswick AC	00:40:52	00:11:00	00:29:52 U23
5	419 Ben Nutter	Border Harriers & AC	00:41:06	00:11:00	00:30:06 U20
6	393 Tom Dunlop	Derwent AC Cockermouth	00:42:13	00:11:00	00:31:13 V35
7	427 Kevin Wallace	Cumberland AC	00:42:34	00:11:00	00:31:34 V50
8	432 Adam Pearson	Netherhall AC	00:43:03	00:11:00	00:32:03 S
9	423 Tom Spencer	Unattached	00:43:46	00:11:00	00:32:46 S
10	383 Dave Birch	Keswick AC	00:43:59	00:11:00	00:32:59 V50
11	395 Bobby Hagan	Morpeth Harriers & AC	00:44:27	00:11:00	00:33:27 S
12	394 Ryan Galea	Tri-Lakeland	00:44:40	00:11:00	00:33:40 S
13	398 John Hore	Carlisle Tri Club	00:45:03	00:11:00	00:34:03 V40
14	409 Joseph Masters	Derwent AC Cockermouth	00:45:34	00:11:00	00:34:34 S
15	381 Jason Stephen Allard	Derwent AC Cockermouth	00:45:59	00:11:00	00:34:59 V50
16	426 Martin Varey	Border Harriers & AC	00:46:13	00:11:00	00:35:13 V50
17	406 Chris Knowles	Ellenborough AC	00:46:30	00:11:00	00:35:30 V60
18	387 Philip Cooper	Eden Runners	00:46:34	00:11:00	00:35:34 V45
19	404 Peter Kemp	Ellenborough AC	00:47:18	00:11:00	00:36:18 V45
20	411 David McCabe	Trawden Athletic Club	00:47:39	00:11:00	00:36:39 V50
21	418 Chris Naylor	Keswick AC	00:48:03	00:11:00	00:37:03 V40
22	396 David Harper	Derwent AC Cockermouth	00:48:10	00:11:00	00:37:10 V45
23	410 Chris Mathieson	Derwent AC Cockermouth	00:48:15	00:11:00	00:37:15 V40
24	431 Richard Clarke	Northern Fells Running Club	00:48:36	00:11:00	00:37:36 V50
25	389 Philip Cueto	Derwent AC Cockermouth	00:49:32	00:11:00	00:38:32 V45
26	422 Howard Seal	Cumberland Fell Runners	00:49:37	00:11:00	00:38:37 V50
27	390 Anthony Davis	Derwent AC Cockermouth	00:49:51	00:11:00	00:38:51 V60
28	416 Mark Moore	DH Runners	00:49:58	00:11:00	00:38:58 V45
29	417 Paul Morris	Keswick AC	00:50:28	00:11:00	00:39:28 V70
30	391 Paul Dixon	Keswick AC	00:51:06	00:11:00	00:40:06 V40
31	413 Owen Mills	Keswick AC	00:51:27	00:11:00	00:40:27 V50
32	415 Christopher Moore	Leven Valley AC	00:51:36	00:11:00	00:40:36 V40
33	402 Jamie Jephcott	Eden Runners	00:51:51	00:11:00	00:40:51 V50
34	414 Gary Milnes	Eden Runners	00:52:59	00:11:00	00:41:59 V60
35	421 Paul Revell	Unattached	00:53:13	00:11:00	00:42:13 V60
36	384 Garry Bower	Eden Runners	00:53:26	00:11:00	00:42:26 V50
37	399 Craig Houghton	Cumberland Fell Runners	00:55:22	00:11:00	00:44:22 V50
38	392 Paul Dobson	Northern Fells Running Club	00:55:24	00:11:00	00:44:24 V60
39	425 Peter Telford	Cumberland AC	00:55:26	00:11:00	00:44:26 V50
40	403 Andy Johnson	Netherhall AC	00:56:48	00:11:00	00:45:48 V60
41	408 Keith Masser	Eden Runners	00:58:14	00:11:00	00:47:14 V60
Teams	1 Keswick AC				15 pts
	2 Derwent AC Cockermouth				35 pts
	3 Eden Runners				54 pts
	4 Derwent AC Cockermouth	B			70 pts
	5 Keswick AC	B			80 pts
	6 Eden Runners	B			111 pts



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Bib number	Name	Club	Time	Start time	Actual Time	
Senior Women (8,000m)						
1	309 Abigail Woolaston	Keswick AC	00:40:10	00:05:00	00:35:10	U23
2	272 Samantha Ayers	Keswick AC	00:44:05	00:05:00	00:39:05	V50
3	300 Claire Russell	Cumberland Fell Runners	00:44:19	00:05:00	00:39:19	V50
4	302 Ruth Walker	Border Harriers & AC	00:44:39	00:05:00	00:39:39	U20
5	284 Hazel Davies	Keswick AC	00:45:31	00:05:00	00:40:31	V50
6	274 Chloe Barron	Ambleside AC	00:46:10	00:05:00	00:41:10	S
7	306 Caron White	Cumberland AC	00:46:17	00:05:00	00:41:17	V50
8	293 Katie Milburn	Eden Runners	00:46:36	00:05:00	00:41:36	V40
9	287 Isobel Graham	Derwent AC Cockermouth	00:46:58	00:05:00	00:41:58	V60
10	304 Debbie Walker	Derwent AC Cockermouth	00:47:54	00:05:00	00:42:54	V45
11	273 Leeann Barber	Cumberland Fell Runners	00:48:41	00:05:00	00:43:41	V40
12	279 Abi Catt	Eden Runners	00:49:18	00:05:00	00:44:18	S
13	303 Lindsay Walker	Keswick AC	00:49:59	00:05:00	00:44:59	V45
14	311 Helen Nicholson	Eden Runners	00:50:55	00:05:00	00:45:55	V45
15	286 Bev Faulder	Cumberland AC	00:51:40	00:05:00	00:46:40	V45
16	301 Michelle Tones	Keswick AC	00:52:14	00:05:00	00:47:14	V50
17	271 Stella Atherton	Cumberland AC	00:52:31	00:05:00	00:47:31	V50
18	299 Judy Rowe	Keswick AC	00:53:11	00:05:00	00:48:11	V50
19	296 Bethan Naylor	Keswick AC	00:53:43	00:05:00	00:48:43	V40
20	288 Gill Harding	DH Runners	00:54:38	00:05:00	00:49:38	V60
21	280 Sarah Chaudhri	Derwent AC Cockermouth	00:54:59	00:05:00	00:49:59	V60
22	310 Laura Wylie	Cumberland AC	00:55:18	00:05:00	00:50:18	V35
23	294 Fiona Moore	DH Runners	00:55:39	00:05:00	00:50:39	V45
24	295 Gina Mumford	Eden Runners	00:55:53	00:05:00	00:50:53	V60
25	298 Tracey Owen	Cumberland Ac	00:56:43	00:05:00	00:51:43	V45
26	278 Justine Carruthers	Eden Runners	00:58:40	00:05:00	00:53:40	V50
27	282 Nicola Cowan	Cumberland AC	00:59:21	00:05:00	00:54:21	V40
28	277 Wendy Cannon	Eden Runners	01:00:22	00:05:00	00:55:22	V50
29	305 Angela Watson	Eden Runners	01:00:23	00:05:00	00:55:23	V45
30	292 Karen McLean	Cumberland AC	D.N.F.		D.N.F.	V60
31	308 Vicky Woof	Kendal Amateur Athletic Club	D.N.F.		D.N.F.	U20
32	307 Alexie Williams	Keswick AC	D.N.F.		D.N.F.	V40

Teams

1	Keswick AC		8 pts
2	Eden Runners		34 pts
3	Cumberland AC		39 pts
4	Derwent AC Cockermouth		40 pts
5	Keswick AC	B	47 pts
6	Cumberland AC	B	74 pts
7	Eden Runners	B	78 pts