



Amateur Athletic  
Association



**ERRA MEN'S 12 STAGE AND  
WOMEN'S 6 STAGE NATIONAL  
ROAD RELAY CHAMPIONSHIPS  
IN ASSOCIATION WITH ENGLAND ATHLETICS  
SUTTON PARK, SUTTON COLDFIELD, BIRMINGHAM  
SATURDAY 15TH APRIL 2023**

**TIMETABLE**

11.00	Under 17 Men 5k	11.05	Under 17 Women 5k
11.15	Under 15 Boys 5k	11.20	Under 15 Girls 5k
12.00 noon	Senior Men	6 x 5.38 miles (long) & 6 x 3.16 (short)	
12.20	Senior Women	2 x 5.38 miles (long) & 4 x 3.16 (short)	
12.25	5k Presentation		

**OFFICIALS**

<b>REFEREE: -</b>	Arwel WILLIAMS.
<b>ASSISTANT REFEREE:-</b>	Bob BRIMAGE.
<b>TECHNICAL DELEGATE:-</b>	John TEMPERTON.
<b>CHIEF JUDGE: -</b>	Archie JENKINS.
<b>ASS CH JUDGE:-</b>	Terry BAILEY.
<b>CLERK OF COURSE:-</b>	Mick ROBINSON.
<b>JUDGES: -</b>	Jane BROWN, Richard CARNEY, Chris CROSSWELL, Joanne DULSTON-COX, Wendy KANE, Lynne MARR, George McKAY, Alan ROBINSON, Pam ROGERS, Malcolm ROGERS, Ron SCOTT.
<b>CHIEF TIMEKEEPER: -</b>	
<b>TIMEKEEPERS: -</b>	Craig BARRETT, Dave BENNETT, Nick FOLWELL, Sarah HOW, Alison SMYTHE, John VICKERS, Steve WEBB.
<b>CHANGE OVER CHIEF:-</b>	Anne BRIMAGE.
<b>START &amp; CHANGE OVER STEWARDS:-</b>	Paula HALL, Daisy GLADSTONE, Toby JONES, Graham CUTRIS, Paul RUDKIN, Jane VICK, Neil VICK, Mary WILLIAMS. Roland YEOMANS, Steve WINFIELD.
<b>ANNOUNCERS: -</b>	
<b>RADIO COMMS:-</b>	Cath McGRATH, John HOW (Stone). Chris STOTT (Bus).
<b>REGISTRATION:-</b>	Eileen INGHAM, Colin FOX
<b>CHILD LIAISON OFFICER</b>	Sarah HOW, Jean SIMPSON.
<b>RESULTS:-</b>	Graham FECITT. (Sportsoft).
<b>ADMIN: -</b>	Jean SIMPSON, John SIMPSON.
<b>STARTER:-</b>	Graham HEELEY.
<b>LEAD CYCLIST:-</b>	Alan EDWARDS.
<b>PRESENTATION:-</b>	Mike NEIGHBOUR, Colin FOX, Jean SIMPSON.
<b>FIRST AID:-</b>	Colan Training.
<b>CHAMPIONSHIP SEC:-</b>	Ken SMITH.
<b>ERRA Secretary-</b>	Bob BRIMAGE.
<b>ERRA Website:-</b>	englishroadrunningassociation.co.uk
<b>ERRA OFFICIALS COORDINATOR</b>	Graham HEELEY.
<b>MARSHALS:-</b>	From Notts AC,

# THE ENGLISH ROAD RUNNING ASSOCIATION (ERRA)

ERRA has now been in existence for more than 18 years. It evolved from the AAA of England Road Running Management Committee with the objective of having a similar organisation to represent road running at England level as ECCA does for cross country. ERRA is now described as a "Special Association" under the AAA's and is affiliated to England Athletics and will continue to flourish under the new arrangement for athletics in England. Many joint ventures are planned with England Athletics so that their partnership will be of benefit to road running in England.

## The main activities of ERRA at present are as follows:

- organise the English National Road Running Championships, matches, competitions and Road Relays. The relays – both today's and the autumn relays – are English Championships, staged by ERRA. In the reorganisation ERRA became the Championship provider for English Road Running. So basically the relays are organised by the same organisation as in previous years.
- work with England Athletics on International road running affairs
- maintain the competition rules of UK Athletics in English Road Running Championships, matches and competitions.
- ensure events comply with the rules of the UK Athletics and International bodies in respect of doping
- record English performances for road running
- help coordinate road running fixtures in England and the United Kingdom
- advise and assist the Territorial Associations and their affiliated Clubs and Bodies in England on all matters relating to road running (including Championships)

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## ERRA GOVERNING BODY

The composition of the governing body for the English Road Running Association is as follows:

### Three elected Officers

Chairman, Treasurer and Secretary

### Nine Territorial representatives

Three from the Midlands, three from the North and three from the South

### The Management team is as follows:

**Chairman:** Mike Neighbour 6 Edney Close, Church Crookham, Fleet, Hampshire, GU52 6BW  
Tel: 01252 620945 email: mike\_iillneighbour@hotmail.com.

**Secretary:** Bob Brimage Tel: 07834280487 / 01516777380 email:bobbimage@hotmail.co.uk

**Treasurer:** Jean Simpson MBE Tel:01617247928 email:jl.jdsimpson@btinternet.com.

**Hon Championship Secretary:** Ken Smith, 18 Glenbeck Road, Whitefield,Manchester M45 7WN,  
Tel 01617963323 email: coach.ken@btinternet.com.

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## TERRITORIAL TEAM MANAGERS

### Territorial Team Managers for 2023 are:

South: Men: Vacant

Women: Vacant

North: Men: Rob Cameron (07432 647603)

Women: Vacant

Midland: Men: Bob Cytlau (01452 614783)

Women: Rita Brownlie (01564 824358)

Wales: Men: Vacant

Women: Jackie Brace (01656 667864)

# ACKNOWLEDGEMENTS

The English Road Running Association would like to thank:

England Athletics

Start Fitness

Birmingham City Council

Colan Training for their attendance

Our special guests for attending

And finally the Athletes, Team Managers, Race Officials and Helpers without whom the event would not be possible

ERRA website: [englishroadrunningassociation.co.uk](http://englishroadrunningassociation.co.uk)

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## 2023 CHAMPIONSHIPS

Area Men's 6 Stage & Women's 4 Stage	Various	23/24th September
Area Young Athlete's Relays	Various	23/24th September
ERRA Men's 6 Stage & Women's 4 Stage	Sutton Park	Saturday 7th October
ERRA Young Athlete's Relays	Sutton Park	Saturday 7th October
Area Cross Country Relays	Various	21st October
ECCA Cross Country Relays	Mansfield	4th November

## 2024 CHAMPIONSHIPS

ECCA National Cross Country		24th February
Area Men's 12 Stage & Women's 6 Stage	Various	23/24th March
ERRA Men's 12 Stage & Women's 6 Stage	Sutton Park	14th April

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## DECLARATIONS

**All teams must be declared online** by the team manager using the individual link provided. Provisional results will be prepared based on declarations received at start time, and Final results will be prepared using declarations received by 8:00 p.m. No changes will be accepted after this - **it is team managers' responsibility to ensure that correct information is used.**

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## WEB ADDRESS FOR RESULTS

**SPORTSOFT** [www.race-results.co.uk](http://www.race-results.co.uk)

Results for each race will be posted once the presentation has been completed

# IMPORTANT INFORMATION

## A RACE NUMBERS

Each Club Team has its own individual numbers 1, 2, 3 etc.

Numbers must be worn on front and back.

**Teams must be declared no later than half an hour before the event**

The letter on the number (red for long legs, black for short) relates to the Leg being run:

### MEN

Long Leg	1st 'A'	3rd 'C'	5th 'E'	7th 'J'	9th 'M'	11th 'T'
Short Leg	2nd 'B'	4th 'D'	6th 'H'	8th 'K'	10th 'P'	12th 'V'

### WOMEN

Long Leg	1st 'A'	4th 'D'			
Short Leg	2nd 'B'	3rd 'C'	5th 'E'	6th 'H'	

## B ALTERATIONS TO TEAMS

Alterations during the race must be made 15 MINUTES before the commencement of the stage to be run and must be advised to the referee. Athletes names must come from the competition entry list.

## C SAFETY OF RUNNERS ON THE COURSE

- All Team Managers should be aware that other than their actual leg runner, no other runners should be on the course running in either direction or across the course in front of the leading motorcycle or athletes whilst races are in progress.  
All runners will be informed of this over the public announcement system.
- The start is slightly downhill and the road is narrow. These factors have been considered and assessed according to the numbers of teams taking part.
- All runners should therefore be aware that at the start of each race:
  1. the width of the road is narrow
  2. the start is slightly downhill
  3. if the grass is wet on either side of the road then there is the possibility of athletes slipping on these areas
- Could you please request your athletes and supporters to keep clear of the traffic area (200 – 400m) before the finish. This is becoming a very congested area and your co-operation would be very much appreciated.

## D MASS START

There will be a mass start of all remaining runners at approximately 4:15 p.m. to 4:30p.m.

Team managers should ensure that their athletes are aware of this and are available to receive instructions from 4:00 p.m. onwards

## E FOREIGN ATHLETES

Senior and Junior age group athletes who are registered with UKA as foreign athletes may represent their First Claim English Club in the ERRA Relays on condition that they can demonstrate bona fide and unbroken residence in the UK and have been registered with UKA 'in accordance with UKA handbook rule 21(5).

The ERRA is committed to the development of English endurance runners and expects Clubs to adopt the above principle when selecting teams but recognises the valuable contribution made to many clubs by those Foreign Athletes who have chosen to live in the UK"

**Thank you for your help and cooperation.**

# PREVIOUS RESULTS - MEN'S 12 STAGE

## Non – Sutton Park Results

1967	(Wetstone) 1 Coventry G 4-34.35	2 Derby & Co 4-35.03	3 Portsmouth 4-35.36
	Short Leg: D Ibbotson (Longwood) 16.23	Long Leg: R Taylor (Coventry) 27.08	
1968	(Leicester) 1 Coventry G 4-14.36	2 Derby & Co 4-16.44	3 Belgrave 4-16.55
	Short Leg: D Inns (Portsmouth) 13.54	Long Leg: M Freary (Bolton) 26.33	
1969	(Leicester) 1 Coventry G 4-05.01	2 Belgrave 4-07.023	Tipton 4-07.06
	Short Leg: W McKim (Tipton) 13.04	Long Leg: R Taylor (Coventry) 25.55	
1973	(Derby) 1 Birchfield 4-06.10	2 Tipton 4-06.39	3 Coventry G 4-09.06
	Short Leg: D Moorcroft (Coventry) 13.00	Long Leg: I Stewart (Birchfield) 26.24	

## Results on the Sutton Park Course (5.38/2.995m, 1970-1972 slightly longer)

1970	1 Coventry G 4-13.52	2 City of Stoke 4-14.56	3 Manchester & D 4-16.06
	Short Leg: E Strong (Bristol) 14.26	Long Leg: I Stewart (Birchfield) 25.13	
1971	1 Birchfield 4-10.58	2 Coventry G 4-11.31	3 Tipton 4-13.17
	Short Leg: D Moorcroft (Coventry) 14.27	Long Leg: M Freary (Bolton) 25.47	
1972	1 Tipton 4-13.17	2 Birchfield 4-13.35	3 Coventry G 4-13.41
	Short Leg: A Rushmer (Tipton) 14.42	Long Leg: R Wilde (Manchester & D) 25.33	
1974	1 Tipton 4-06.35	2 Edinburgh S 4-07.06	3 Cardiff 4-07.15
	Short Leg: G Morgan (Cardiff) 14.11	Long Leg: B Foster (Gateshead) 24.28	
1975	1 Gateshead 4-06.11	2 Edinburgh S 4-06.32	3 Coventry G 4-06.42
	Short Leg: B Foster (Gateshead) 13.58	Long Leg: B Ford (Aldershot) 24.45	
1976	1 Gateshead 4-04.14	2 Liverpool 4-04.51	3 Tipton 4-08.49
	Short Leg: B Foster (Gateshead) 13.37	Long Leg: D Black (Small Heath) 25.00	
1977	1 Gateshead 4-05.00	2 Liverpool 4-07.41	3 Tipton 4-09.08
	Short Leg: B Foster (Gateshead) 13.48	Long Leg: B Ford (Aldershot) 25.03	
1978	1 Tipton 4-04.49	2 Aldershot 4-07.48	3 Wolv & B 4-08.01
	Short Leg: R Smedley (Birchfield) 13.54	Long Leg: I Stewart (Tipton) 24.38	
1979	1 Gateshead 4-03.25	2 Birchfield 4-04.44	3 Tipton 4-04.55
	Short Leg: M Densley (Birchfield) 14.09	Long Leg: B Foster (Gateshead) 24.33	
1980	1 Bristol 4-00.37	2 Tipton 4-01.51	3 Gateshead 4-03.44
	Short Leg: B Smith (Gateshead) 13.36	Long Leg: B Ford (Aldershot) 24.42	
1981	1 Tipton 4-05.33	2 Aldershot 4-8.10	3 Birchfield 4-10.09
	Short Leg: I Stewart (Invicta) 13.52	Long Leg: A Armitage (Charnwood) 25.11	
1982	1 Aldershot 4-03.01	2 Tipton 4-03.11	3 Gateshead 4-03.42
	Short Leg: B Smith (Gateshead) 13.43	Long Leg: D Moorcroft (Coventry) 24.27	
1983	1 Birchfield 4-05.16	2 Tipton 4-05.50	3 Staffs Moorlands 4-08.09
	Short Leg: K Newton (Sheffield) 14.06	Long Leg: S Harris (Shaftesbury) 24.56	
1984	1 Tipton 4-04.43	2 Gateshead 4-06.36	3 Birchfield 4-07.45
	Short Leg: M O'Reilly (Highgate) 13.59	Long Leg: R Partridge (Birchfield) 25.27	
1985	1 Tipton 4-04.52	2 Birchfield 4-05.09	3 Gateshead 4-07.02
	Short Leg: B Dee (Luton) 14.00	Long Leg: J Buckner (Charnwood) 24.51	
1986	1 Tipton 4-02.58	2 Birchfield 4-03.38	3 Gateshead 4-04.28
	Short Leg: P O'Callaghan (Wolves) 13.44	Long Leg: T Milovsorov (Tipton) 24.59	
1987	1 Gateshead 4-02.56	2 Tipton 4-04.02	3 Birchfield 4-04.04
	Short Leg: S Muggleston (Westbury) 13.55	Long Leg: K Forster (Gateshead) 25.31	
1988	1 Gateshead 4-02.01	2 Birchfield 4-02.53	3 Coventry G 4-03.04
	Short Leg: M Hawkins (Bingley) 13.54	Long Leg: C Mochrie (Leicester) 25.04	
			G Turnbull (Gateshead) 25.04
			P Jenkins (Newport) 25.04
1989	1 Tipton 4-03.49	2 Wolves & Bilston 4-05.00	3 Birchfield 4-05.46
	Short Leg: I Manners (Highgate) 13.59	Long Leg: E Martin (Basildon) 24.47	
	S Newport (Blackheath) 13.59		
1990	1 Tipton 4-03.43	2 Wolves & Bilston 4-07.09	3 Coventry G 4-07.52
	Short Leg: Rob Denmark (Gateshead) 13.42	Long Leg: P Evans (Belgrave) 24.58	
1991	1 Tipton 4-04.13	2 Shaftesbury 4-05.57	3 Swansea 4-06.17
	Short Leg: R Hollinsworth (Notts) 13.55	Long Leg: E Martin (Basildon) 25.03	
1992	1 Tipton 4-04.51	2 Coventry G 4-07.47	3 Swansea 4-08.08
	Short Leg: R Denmark (Basildon) 13.33	Long Leg: C Walker (Gateshead) 25.07	
1993	1 Shaftesbury B 4-06.24	2 Boxhill Racers 4-07.01	3 Swansea 4-07.07
	Short Leg: K McCluskey (Copeland) 13-41	Long Leg: J Sherban (Shaftesbury) 25.07	
1994	1 Swansea 4-06.26	2 Boxhill RR 4-07.28	3 Blackheath 4-07.47
	Short Leg: J Hobbs (Cardiff) 13.40	Long Leg: R Denmark (Basildon) 24-30	
1995	1 Blackheath 4-03.04	2 Bingley 4-05.56	3 Morpeth 4-06.10
	Short Leg: G Davey (Sale) 13.45	Long Leg: J Hobbs (Cardiff) 25.54	
1996	1 Bingley 4-02.06	2 Tipton 4-06.27	3 Cardiff 4-06.41
	Short Leg: J Solly (Herne Hill) 13.44	Long Leg: R Nerurkar (Bingley) 24.50	
	D Burrows (Birchfield) 13.44		
1997	1 Salford 4-06.37	2 Coventry G 4-06.45	3 Birchfield 4-07.53
	Short Leg: J Mayock (Cannock &S) 13.50	Long Leg: A Pearson (Longwood) 24.52	
1998	1 Birchfield 4-07.06	2 Salford 4-09.04	3 Tipton 4-10.04
	Short Leg: R W'halley (C of Stoke) 13.49	Long Leg: M Price (Sunderland) 25.49	

# PREVIOUS RESULTS - MEN'S 12 STAGE

1999	1 Tipton 4-06.22	2 Salford 4-11.18	3 Morpeth 4-11.41
	Short Leg: A Passey (Brom & Red) 13.44	Long Leg: M Morgan (Swansea) 25.34	
2000	1 Salford 4-08.04	2 Tipton 4-10.32	3 London Irish 4-11.39
	Short Leg: J Kimtai (Tipton) 13.54	Long Leg: M Morgan (Swansea) 25-56	
2001	1 Tipton 4-10.27	2 Belgrave 4-10.33	3 Salford 4-12.34
	Short Leg: C Davies (Telford) 14.03	Long Leg: M Miles (Belgrave) 25.45	
2002	1 Belgrave 4-04.51	2 Birchfield 4-11.17	3 Morpeth 4-12.12
	Short Leg: Andy Graffin (Belgrave) 14.03	Long Leg: Alan Graffin (Belgrave) 25.45	
2003	1 Belgrave 4-08.55	2 Tipton 4-11.02	3 Birchfield 4-12.49
	Short Leg: C Thompson (AFD) 13.47	Long Leg: M McCarthy (London Irish) 25.48	
2004	1 Aldershot F & D 4-10.15	2 Belgrave 4-11.47	3 Salford 4-26.31
	Short Leg: C Davies (Telford) 13.23	Long Leg: C Thompson (AFD) 25-27	
2005	1 Belgrave 4-08.36	2 Birchfield 4-12.13	3 Leeds City AC 4-15.59
	Short Leg: S Hepples (NEB) 14.15	Long Leg: C Davies (Telford) 25-21	
2006	1 Newham & EB 4-10.08	2 Sale 4-11.39	3 Belgrave 4-12.09
	Short Leg: C Thompson (AFD) 14.02	Long Leg: M Farah (NEB) 25-27	
2007	1 Leeds City AC 4:11:31	2 Morpeth Harriers 4-13.42	3 Belgrave Harriers 4-14.43
	Short Leg: N McCormick (Morpeth) 13:39	Long Leg: J Ndayisenga(Birchfield) 25:21	
2008	1 Leeds City AC 4-09.40	2 Notts AC 4-11.01	3 Belgrave Harriers 4:11.58
	Short Leg: A Baddeley (Harrow AC) 13:39	Long Leg: J Ndayisenga(Birchfield) 25:33	
2009	1 Belgrave Harriers 4-04.43	2 Newham & Essex Beagles 4-09:54	3 Tipton Harriers 4-11.48
	Short Leg: Jonny Taylor (Morpeth H) 13:57	Long Leg: Phil Wicks (Belgrave H) 25.13	
2010	1 Newham & Essex Beagles 4-09:12	2 Tipton Harriers 4:11:26	3 Shettleston Harriers 4:12:01
	Short Leg: Bruce Raeside (Notts Ac) 14:01	Long Leg: Moumin Geele Newham&EB 25:37	
2011	1 Tipton Harriers 4-10.36	2 Newham & Essex Beagles 4.10.58	3 Morpeth Harriers 4.11.02
	Short Leg: Nick McCormick (Morpeth) 13.49	Long Leg: Phillip Nicholls (Tipton) 25.48	
2012	1 Tipton Harriers 4-10.17	2 Leeds City AC 4:13:12	3 Notts AC 4.14.13
	Short Leg: Ross Murray (Gateshead) 14:00	Long Leg: Patrick Martin (Stockport) 26:01	
2013	1 Leeds City AC 4:13:10	2 Cardiff Aac 4:14:55	3 Notts AC 4.15.56
	Short Leg: Stephen Mitchell (Bristol&W) 14:13	Long Leg: Joe MacDonald (Cardiff AAC) 26:01	
<b>2014 Shorter course (5.08m/2.69m)</b>			
2014	1 Leeds City AC 3:50:41	2 Morpeth Harriers & AC 3:51:38	3 Aldershot Farnham & District 3:51:57
	Short Leg: Niall Brooks (Sale) 12:39	Long Leg: Andrew Butchart (Centria AC) 24:20	
<b>2015 Longer course (5.57m/3.19m)</b>			
2015	Morpeth Harriers & AC 4:21:52	2 Notts AC 4:23:06	3 Leeds City AC 4:25:34
	Short Leg: Samuel Mitchell (NottsAc) 15:01	Long Leg: Michael Callegari (Shaftesbury) 26:41	
<b>2016 New course (5.38m/3.165m)</b>			
2016	1 Highgate Harriers 4:16:30	2 AFD 4:17:15	3 Bristol And West AC 4:18:08
	Short Leg: Ross Murray (Gateshead) 15:14	Long Leg:Dewi Griffiths ( Swansea) 25:28	
2017	1 Swansea Harriers 4:15:06	2 Bristol & West AC 4:19:55	3 Liverpool Harriers & AC 4:20:51
	Short Leg: Douglas Musson(NottsAc) 14:46	Long Leg:Dewi Griffiths ( Swansea) 25:10	
2018	1 Tonbridge AC 4:17:24	2 Highgate Harriers 4:18:56	3 Swansea Harriers 4:19:42
	Short Leg: Kieran Wood(Cambridge&C) 15:06	Long Leg:Alex Yee (KentAc) 24:57	
2019	1 Leeds City AC 4:12:21	2 Bristol & West AC 4:14:33	3 Aldershot Farnham & District 4:14:39
	Short Leg: Emile Cairess(LeedsCity) 14:43	Long Leg:Alex Yee (KentAc) 25:00	
2020	No competition - Covid		
2021	No competition - Covid		
2022	1 Tonbridge AC 4:13:11	2 Highgate Harriers 4:13:24	3 Bedford & County AC 4:14:25
	Short Leg: Thomas Keen (Cambridge& C) 15:10	Long Leg:Nick Goolab(BelgraveHa ) 25:23	

## Top Individual short legs 1974-2013

Pos	Name	Club	Time	Date
1	C Davies	Telford	13.23	2004
2	R Denmark	Basildon	13.33	1992
3	B Smith	Gateshead	13.36	1980
4	B Foster	Gateshead	13.37	1976
5=	A Baddeley	Harrow AC	13:39	2008
	Nick McCormick		13:39	2007
7=	I Hamer	Swansea	13.40	1992
	J Hobbs	Cardiff	13.40	1994
9	K McCluskey	Copeland	13.41	1993
10=	PO'Callaghan	Wolvs & B	13.44	1986
	D Burrows	Birchfield	13.44	1996
	J Solly	Herne Hill	13.44	1996
	A Passey	Bromsgrove	13.44	1999
14	G Davey	Sale	13.45	1995
15=	D Heath	Blackheath	13.47	1999
	C Thompson	AFD	13.47	2003

## Top Individual long legs 1974-2013

Name	Club	Time	Date
1	D Moorcroft	Coventry	24.27 1982
2	B Foster	Gateshead	24.28 1974
3	R Denmark	Basildon	24.30 1994
4	N Rose	Bristol	24.36 1979
5	I Stewart	Tipton	24.38 1978
6	B Ford	AFD	24.42 1980
7	E Martin	Basildon	24.47 1989
8=	A Hutton	Edinburgh S	24.50 1982
	R Nerurkar	Bingley	24.50 1996
10=	J Goater	Shaftesbury	24.51 1979
	J Buckner	Charnwood	24.51 1985
12	A Pearson	Longwood	24.52 1997
13	S Jones	Bristol	24.53 1980
14=	S Kenyon	Bolton	24.54 1979
	J Hobbs	Cardiff	24.54 1995

## Top Ten teams on 1974-2013 course

1	Bristol	4-00.37	1980	6	Aldershot	4-03.01	1982
2	Tipton	4-01.51	1980	7=	Coventry	4-03.04	1988
3	Gateshead	4-02.01	1988		Blackheath	4-03.04	1995
4	Bingley	4-02.06	1996	9	Belgrave	4-04.51	2002
5	Birchfield	4-02.53	1988	10	Wolves & Bilston	4-05.00	1989

## AAA CHAMPIONSHIPS – WOMEN'S 6 STAGE

### Women's Results – Sutton Park (2.995m course)

2000	1 Shaft Barnet 1-40.33	2 Birchfield 1-42.10	3 Tipton 1-44.00
	Fastest Leg: H Yelling (Hounslow) 15.58		
2001	1 Charnwood 1-42.47	2 Sale 1-42.49	3 Shaft Barnet 1-43.12
	Fastest Leg: H Yelling (Hounslow) 15.47		
2002	1 Bristol 1-39.22	2 Shaft Barnet 1-41.32	3 Liverpool 1-43.29
	Fastest Leg: L Elliott (Shaftesbury Barnet) 15.55		
2003	1 Sale HM 1-41.00	2 WSEH 1-44.56	3 Chester- Le -St 1-45.32
	Fastest Leg: H Yelling (Windsor, SHE) 15.59		
2004	1 Coventry Godiva 1-42.46	2 Tipton 1-43.13	3 Shaft Barnet 1-45.51
	Fastest Leg: H Clitheroe (Preston) 15.41		
2005	1 Bristol & West 1-43.32	2 Shaft Barnet 1-45.04	3 City of Glasgow 1-45.09
	Fastest Leg: K Reed (Bristol & West) 15.42		
2006	1 Chester-le-Street 1-44.12	2 Winch & D 1-44.42	3 Bristol & West 1-44.49
	Fastest Leg: H Dean (Hallamshire) 16.16		
2007	1 Charnwood 1-41.14	2 AFD 1-41.23	3 Chester-Le Street 1-41.56
	Fastest Leg: S Twell (Aldershot) 15:57		
2008	1 AFD 1-41.48	2 Chester Le Street 1-41.52	3 Winchester & District 1-44.45
	Fastest Leg: Juliet Potter (Charnwood) 16:06		
2009	1 Charnwood AC 1-38.14	2 AFD 1-38.21	3 Bristol & West 1-40.44
	Fastest Leg: S Twell (Aldershot) 15:15		
2010	1 AFD 1-40:30	2 Swansea Harriers 1:44:27	3 Coventry Godiva Harriers 1:45:40
	Fastest Leg: S Twell (Aldershot) 15:22		
2011	1 AFD 1.41.21	2 Charnwood AC 1.45.46	3 Swansea Harriers 1.47.25
	Fastest Leg: C Purdue (AFD) 15.23		
2012	1 AFD 1.36.30	2 Swansea Harriers 1.41.27	3 Leeds City AC 1.42.42
	Fastest Leg: C Purdue (AFD) 15.29		
2013	1 AFD 1.37.56	2 Bristol & West 1-44.13	3 Birchfield Harriers 1.45.00
	Fastest Leg: Katrina Wootton (Coventry) 15:39		

### Top individual legs

1	Steph Twell	AFD	15:15	2009	7	Katrina Wootton	Coventry	15:39	2013
2	Steph Twell	AFD	15:22	2010	8=	Helen Clitheroe	Preston	15:41	2004
3	Charlotte Purdue	AFD	15.23	2011	8=	Lauren Howarth	Leigh	15.41	2011
4	Charlotte Purdue	AFD	15:29	2012	10	Katie Reed	B&W	15:42	2005
5	Charlotte Purdue	AFD	15:31	2009	11	Hayley Yelling	Hounslow	15:47	2001
6	Katrina Wootton	Bed C	15:38	2009	12	Sonia O'Sullivan	THH	15:55	2001

### 2014 Shorter course (2.69m)

2014	1 AFD 1:27:00	2 Swansea Harriers 1:29:28	3 Bristol & West Ac 1:32:03
	Fastest Leg: Emelia Gorecka (AFD) 13:51		

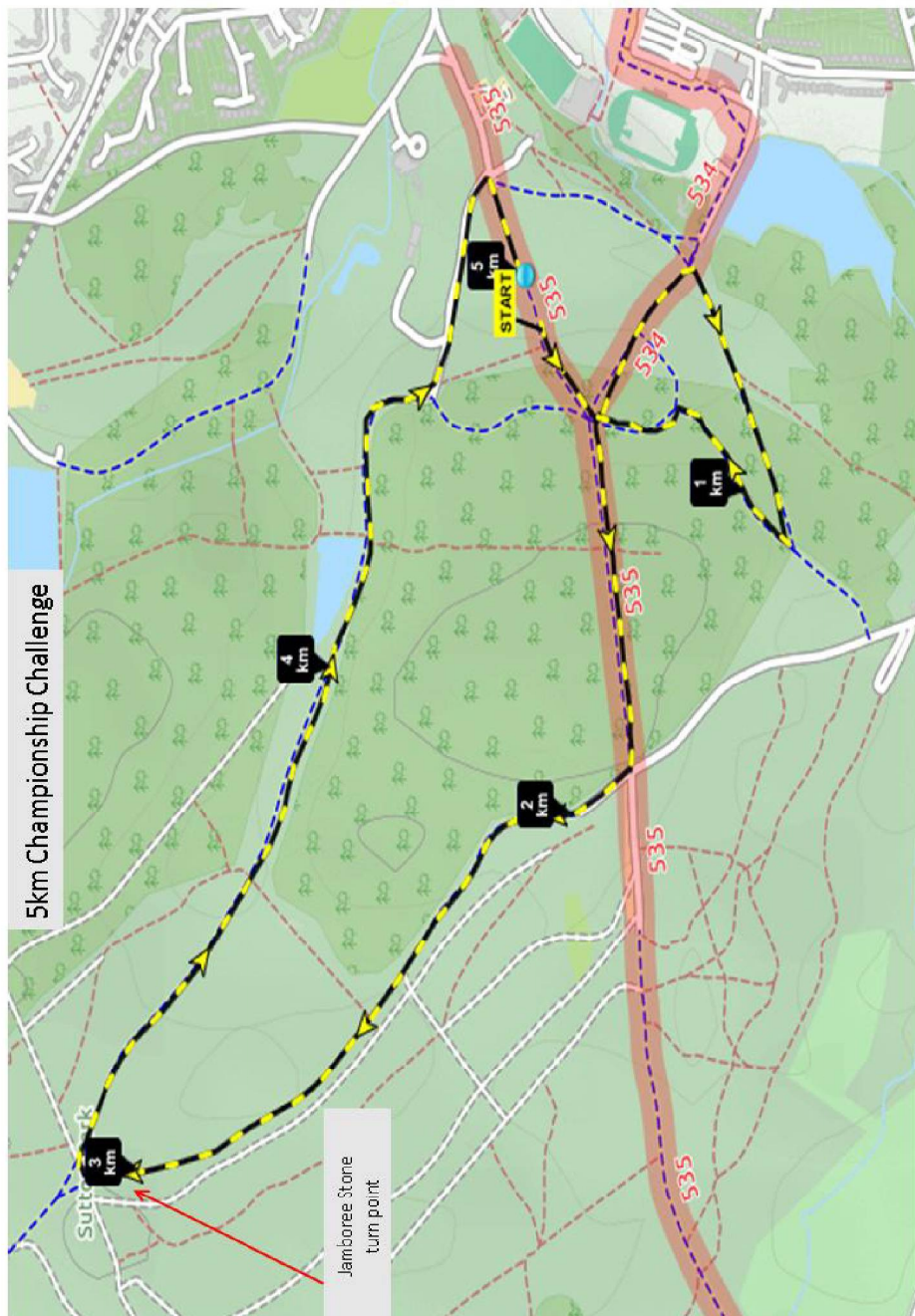
### 2015 Longer course (2@5.57m/4@3.19m)

2015	1 AFD 2:13:49	2 Bristol And West AC 2:16:44	3 Swansea Harriers 2:17:01
	Short Leg: Laura Weightman (Morpeth) 16:44		Long Leg: Emelia Gorecka (AFD) 29:53

### 2016 New course (5.38m/3.165m)

2016	1 AFD 2:08:44	2 Leeds City AC 2:13:41	3 Cambridge & Coleridge AC 2:16:32
	Short Leg: Susan Partridge (LeedsCity) 17:01		Long Leg: Stephanie Twell (Aldershot) 28:31
2017	1 Leeds City Ac 2:12:44	2 Swansea Harriers 2:16:21	3 Winchester & District AC 2:16:35
	Short Leg: Kate Maltby(Bristol&W) 16:38		Long Leg: Verity Ockenden (SwanseaHa) 29:45
2018	1 Leeds City Ac 2:11:27	2 Cambridge & Coleridge Ac 2:14:19	Rotherham Harriers & Ac 2:15:45
	Short Leg: Julia Paternain (Cambridge) 17:02		Long Leg: Tracy Barlow(ThamesVal ) 29:07
2019	1 Leeds City Ac 2:10:40	2 Herne Hill 2:12:31	3 Birchfield Harriers 2:12:06
	Short Leg: Katie Snowden 17:02		Long Leg: Anna-Emilie Moller 28:01
2020	No competition - Covid		
2021	No competition - Covid		
2022	1 Salford Harriers & Ac 2:14:27	2 Highgate Harriers 2:18:12	3 Basingstoke & Mid Hants 2:18:55
	Short Leg: Gemma Steel (Charnwood A) 17:17		Long Leg: Eleanor Bolton (SalfordHa) 29:20

# COURSE MAP - 5K





# ERRA UNDER 17 5K CHAMPIONSHIPS

## UNDER 17 RACE MEN

**BIRMINGHAM RUNNING ATHLETICS & TRI** Black red design

5 Dylan Teasdale

**BRIGHTON PHOENIX**

Blue & white

6 Owen Wallek

**HIGHGATE HARRIERS**

Black white

7 Liam Bailey 8 Felix Kent

9 Wiremu Nicole

**SALFORD HARRIERS & AC**

Red with white diagonal

10 Fintan Kehoe

**SWINDON HARRIERS**

Black & white quarters

11 Josh Burns

**TIPTON HARRIERS**

Green & white hoops

12 Luke Bailey

---

## UNDER 17 RACE LADIES

**HIGHGATE HARRIERS**

Black white

1 Lauren Russell

**SALFORD HARRIERS & AC**

Red with white diagonal

2 Matilda Byrnes 3 Marissa Caldwell 4 Sophia Roiditis

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# ERRA UNDER 15 5K CHAMPIONSHIPS

## UNDER 15 RACE BOYS

### **BIRMINGHAM RUNNING ATHLETICS & TRI** Black red design

33 Jack Price

### **HALESOWEN ACC**

Yellow white brown

34 Jack Leader 35 S Morgan

### **MANSFIELD HARRIERS**

Green & blue

36 Jacob Nugent

### **ROYAL SUTTON COLDFIELD ATHLETIC CLUB** Royal blue with white vertical

29 Imogen Neal 37 Christian Neal

### **TIPTON HARRIERS**

Green & white hoops

38 Jake Harding 39 Thomas Hynes-Oughton 40 Tyler Kendrick

41 Kane Salmon-Hodges

### **WARRIORS PENTATHLON & AC**

Yellow

42 Jamie Barnes 43 Sam Clarke 44 Oberon Kearney 45 Noel Ford

---

## UNDER 15 RACE GIRLS

### **BIRMINGHAM RUNNING ATHLETICS & TRI** Black red design

21 Arriella Dalmedo 22 Alba Smith-Pena

### **BRENTWOOD BEAGLES ATHLETICS CLUB** Blue & red

23 Olivia Forrest

### **HALESOWEN ACC**

Yellow white brown

24 Ffion Collins 25 Jessica Dale 26 Lucy Hellingsworth

### **LIVERPOOL HARRIERS & AC**

Old gold vest with liverbird

27 Holly Cross

### **MANSFIELD HARRIERS**

Green & blue

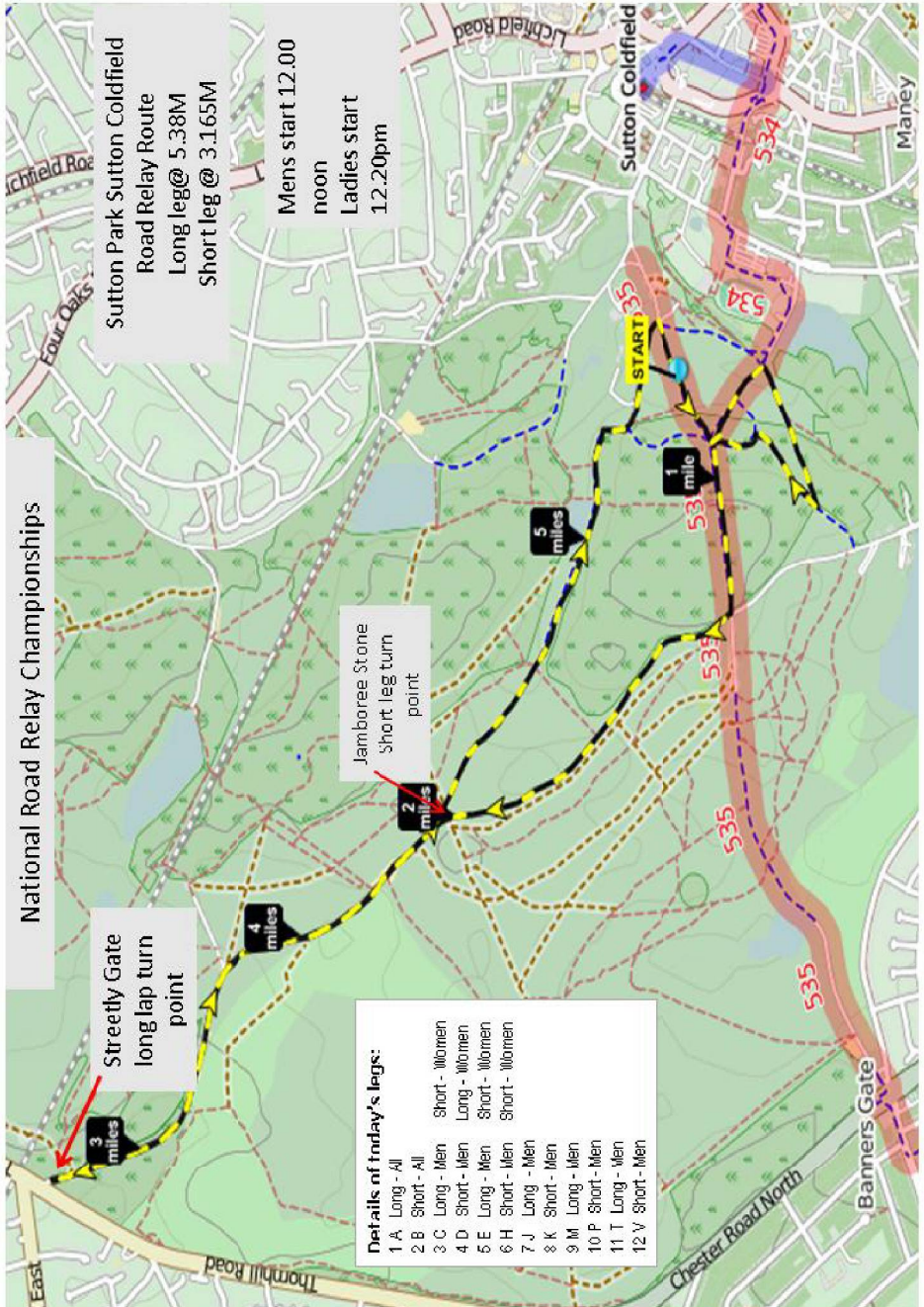
28 Amelia Arbon

### **SALFORD HARRIERS & AC**

Red with white diagonal

30 Sophia Nation 31 Darcy Slattery 32 Jasmine Wright

# COURSE MAP - RELAYS



# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## ABINGDONAC

David Bunn James Clayton  
 Joe Evansmurray Paul Hughes  
 Les Newell Alex Pennington  
 Owen Stepney Alec Vessey

## Yellow, black & burgundy

Liam Crossman Matthew Crossman Adam Ede  
 Craig Jardine Aric Klukowski Jack Miller  
 Harrison Read Jack Shayler Eric Southam  
 Cameron Weir

## team 1

## ALDRESHOT FARNHAM & DISTRICT

Dan Acheson Ian Bailey  
 Ben Bishop Daniel Black  
 Xavier Booth Jack Boswell  
 Ben Bradley Darren Bradley  
 Steven Connor Simon Cooper  
 Will Davies Harvey Dixon  
 Oliver Emmet Sean Fontana  
 Joshua Grace Ricky Harvie  
 Mark Hyde Jack Johnson  
 Alex Matthews Jack McGuire  
 Tom Mount Russell Murphy  
 Elliot Pocock Alex Pointon  
 R Riverostevenet Jack Rowe  
 Shaun Smith Tobias Smith  
 Luca Vilimanovic Robert Wakefield

## Red, white & green

Ted Barnicoat Will Barnicoat Richard Batchelor  
 Joe Blacknell Stephen Blake Dane Blomquist  
 Stuart Boswell Mike Boucher Kim Bowling  
 Tom Chandler Callum Charleston Adam Clarke  
 Ellis Cross Finlay Cross Nik Darlington  
 Max Duckworth Sam Eglan Lasse Eini  
 Michael Garrard George Gathercole Nathan Gibson  
 Max Heyden Andrew Hislop Harry Hyde  
 Ethan Kendall Finlay Kirk Richard Lovejoy  
 Harry Morgan George Morris Joe Morwood  
 Sam Nesbitt Joseph O'connell Alfred Packett  
 Daniel Quinlan James Quinlan Thomas Renshaw  
 Stephen Scullion Edward Smart Bryn Smith  
 Liam Stone Brian Stopher C Thompson

## teams 2&3

## ALDRIDGERC

Jacob Barton Steve Blakemore  
 Scott Davies Daniel Day  
 Mark Fanning Bruce Fanshawe  
 Steve Hammond Lee Harris  
 Stephen Mccann Michael Morley  
 Toby Oury Harshad Patel  
 Adam Smith Gordon Walker  
 Andrew Wood

## Blue black

Philip Brayford Mandeep Chatha Adam Cole  
 Ben Dean Alex Dicken Peter Dimbleby  
 Andrew Fisher Mark Foster Duncan Gould  
 Trevor Harris Liam Harrold Stephen Marshall  
 Tom Neal Ryan Noon Quentin Oury  
 John Pearce T Pledgerbarton Simon Rhodes  
 Martin Wall Luke White Daniel Williams

## team 4

## BEDFORD & COUNTY AC

Ben Alcock Henry Bambrick  
 Andre Bonadies Matt Bray  
 Ben Davies Darren Deed  
 Jack Goodwin Michael Harrison  
 Jonathan Janes Dan Jarvis  
 Paul Mizon Charlie Palmer  
 Jamie Webster Stanley Willis

## Blue with white side stripe

Matt Bergin Andrew Blair Ed Blythman  
 Harry Brodie Ethan Cairns Noah Champion  
 Craig Emmerson John Eves Dan Foster  
 Andrew Headley Steve Herring Steve Horton  
 Sam Kneerobinson Matt Leach James Minter  
 Tom Powell Joe Strange Alan Turnbull  
 Sam Winters Alfred Yabsley

## team 5

## BELGRAVE HARRIERS

Daniel Agustus Ugur Altan  
 Ollie Garrod S Gebreselassie  
 Robert Kelly Lloyd Kempson  
 Charlie Mccarthy Michael Mccarthy  
 Oliver Prior Craig Ruddy  
 Callum Stewart Luke Thornton  
 Chad Wolpert

## Claret & gold

Ross Christie James Fox Steve Gardner  
 Amritpal Ghatora Nick Goolab Matthew Holman  
 Angus Lamb Matthew Low George Loxton  
 Conall Mcnally Matthew Merrick Jonathan Neville  
 Jonathan Scott Oliver Smith Sam Sommerville  
 Joshua Trigwell Matt Welsh Philip Wicks

## team 6

## BIRCHFIELD HARRIERS

Omar Ahmed Ed Banks  
 Jonathan Bradford Orlando Corea  
 Shaun Evans Alex George  
 Andrew Jacobs Kadar Omar  
 Dominic Smith Thomas Smith  
 Finlay White

## Black with stag

Thomas Beasley Jason Bennett Matt Biggs  
 Adam Day Chris Djiala Thomas Dodd  
 Elliot Giles Rob Harris Joseph Heathcock  
 Max Price William Richardson Matt Scarsbrook  
 Daniel Swain Daniel Ullah James Vaughan

## team 7

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## BIRMINGHAM RUNNING ATHLETICS & TRI Black red design

Abayomi Adedimeji	Grant Anderson	Colin Bailey	Henry Brocklehurst	Michael Burgess
John Burnham	Paul Cannon	Richard Carney	Daniel Carpenter	Lewis Carr
Ben Carrington	Damian Cartland	Robert Chesner	Alexander Clegg	Nigel Clegg
Paul Coughlan	Jonathan Cullen	Daniel Dalmedo	Charlie Davis	Christopher Davy
Nigel Dawes	Sandeep Dharmi	Alex Dickson	James Drakeford	Steven Dunsby
Conor Farrell	Oscar Fleming	Harry Fowler	Michael Gilbride	Richard Gray
Matt Gresty	Chris Grimley	Adam Hill	Carl Horton	Oliver Hudson
Oliver Hugh	Mark Ince	Paul Jolliffe	Owen Jones	Oliver Kirkland
Martin Ludford	Jeremy Maclean	James Marshall	Martin Matthews	Matthew Mccullagh
Jethro Mcgraw	William Mckemey	John Mckeon	Selvin Mills	Kevin Minogue
Lee Neal	Kevin Oakes	Alex Parker	Adam Peacock	Stuart Pearson
Chris Pickering	Andy Piddington	Matthew Pollard	Daniel Robinson	Sean Rose
Alec Sabey	Omar Saeed	Andrew Saker	David Sansom	Nathan Smith
John Stolberg	Patrick Townsend	A Tsolakis	Joseph Tuffin	Steve Turner
Robert Vaughan	Jake Williamson			

teams 8&9

## BORDER HARRIERS & AC

Harry Butler	James Douglas
Adrian Holliday	David Holmes
Jonny Lowe	Paul Lowery
Robin Regan	Stuart Robinson
Stephen Weston	

## Orange with black diagonal

Mark Emmerson	Paul Graves
Kevin Hull	Tom Humphries
Graham Millican	Nathan Postill
Blain Rooney	James Salt

team 10

Julian Hatcher
Ross Landon
Richard Rankin
Ashley Todd

## BRIGHTON & HOVE AC

Z Arasaretnamhale	Howard Bristow
Nick Dawson	James Dicks
Craig Halsey	Joshua Hobbs
Thomas Niner	Callum Olden
Sam Wilkinson	Henry Yelling

## Red with two back hoops

Matthew Bristow	W Buswell
Tom Eames	Timmy Gedin
Finley Hurren	Kit Monti
Dante Oprandi	Louis Taub

team 11

Richard Clayton
Matthew Grindrod
Kevin Moore
James Turner

## BRISTOL & WEST AC

Aled Anderson	Jack Bancroft
Aaron Bruce	Luke Burgess
Andrew Drake	Andrew Grigg
Owain Jones	Timothy Lefroy
Stephen Olaleye	Harry Parker
Matthew Robinson	Andy Salmon
Kurt Taylor	Jonathan Thewlis

## Red & white

David Bedwell	Samuel Bedwell
William Christofi	David Corkey
Owen Hibbert	Jon Higgins
Felix Mcgrath	Jarlath Mckenna
Philip Parry	Nick Roberts
Alexander Stewart	Adam Stokes
Andrew Watt	Mike Wilsmore

team 12

Graham Breen
Max Davis
Sam Johnson
C Neilson
Ben Robinson
Daniel Studley
Adam Wilson

## BROMSGROVE & REDDITCH

Ty Adkins	Mark Appleton
Brett Elesmore	Kevin Fisher
Patrick Mackie	Harrison Mayne
Peter Vale	Wayne Watkins

## Red & blue diagonals

Peter Ball	Scott Beverley
Andrew Freeman	David Gemmell
Luke O'gorman	Luke Richardson
Paul West	

team 13

Nick Dale
Henry Gibbs
Jaroslav Sosko

## BURY AC

Patrick Babb	Peter Barrow
Joshua Cole	Matthew Collister
Byron Edwards	Jon Evans
Mark Granby	Jack Griffiths
Michael Hunter	Paul Johnston
Irfan Qureshi	Sudhanshu Sharma
Michael Starrs	Craig Sykes
Conor Wilkinson	

## Red & black

Giles Bennett	Emilio Buono
Benjamin Coop	Gary Crowshaw
Rob Fowler	Matthew Garside
Anthony Hallahan	Jordan Harreld
Matthew Lowe	Paul Marshall
Curtis Simpson	Colin Smith
Declan Tattersall	Brian Thomas

team 14

Martin Clark
Ryan Cunliffe
Callum Gaunt
Luke Harreld
Tim Pockney
Samuel Smyth
Ian Warrington

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## CAMBRIDGE & COLERIDGE AC

Cameron Ackroyd Michael Bartram  
James Dunce Callum Elson  
Max Godfrey Jack Gray  
George Keen Fredrik Krylander  
William Newcombe Oliver Park  
Norman Shreeve Matthew Slater  
Adam Tapley James Teagle

## White vest, 2 blue hoops

Thomas Bridger Chris Darling  
Axel Finke Matthew Fox  
Kristian Green Tim Harrison  
Nathan Mapperley Alexander Melloy  
Arthur Payne Isaac Rothwell  
Nick Smallwood Sullivan Smith  
Joseph Turner Ian Williamson

## team 15

Cillian Doherty  
Michael Gilbert  
Ben Jones  
Hamish Morton  
George Rowland  
Jack Stantonstock

## CENTRAL AC

Struan Bennett Andrew Butchart  
Tom Grahammarr Ben Greenwood  
Joel Lange Ben Macmillan  
Cameron Milne Calum Phillip

## Yellow with blue side panels

Dale Colley Jamie Crowe  
Alastair Hay Hamish Hickey  
Alastair Marshall Ryan Martin  
Matthew Sutherland

## team 16

Luca Fanottoli  
Andrew Irvine  
Lewis Mccomb

## CORSTORPHINE AAC

David Addison Stephen Addison  
Andrew Ferguson Tom Ferrington  
Aaron Hoyle Malcolm Lang

## white with black stripe under

Julian Barrable Ewan Brown  
Cameron Fordyce Jack Fullerton  
Donald Macaulay Calum Mckenzie

## team 17

Dermot Cummins  
Ritchie Gardiner  
Fraser Smith

## COVENTRY GODVA HARRIERS

William Averill Peter Banks  
Damien Chambeffort Max Chapman  
Pierce Clisham David Cooper  
William Fuller Linton Gardiner  
Jamie Hnatushka Scott Hudspith  
Samuel Marshall Joe Mcleod  
Caiden Tate Michael Todd  
Wais Yip

## Red/yellow band

James Bennett Andrew Boon  
Daniel Clarke Simon Clarke  
Daniel Dalton Peter Eccleston  
Martin Gittins Edward Griffiths  
Nathan Jones Michael Katsoulis  
A Mitrofanjuk Jose Ortizgonzalez  
Richard Todd Benjamin Tran

## team 18

Joe Chalmers  
Miles Clisham  
Garry Flude  
Matthew Hadlum  
Cheak Lee  
Harvey Speed  
John Treadwell

## DONCASTER AC

Will Aitkin Connor Anderson  
Thomas Chisholm M Christison  
Lee Davies Mariusz Felczerek  
Martin James Joshua Latham  
Alexander Moseley Kevin Newman  
George Phillips J Phillips  
Lee Varley Joseph Wade  
Simon Wright

## Green, blue & white

P Badger Paulanthony Bond  
Andy Constantine Adam Cotterill  
Andrew Forsyth Stephen Fox  
Malcolm Leggett Samuel Lockwood  
Luke Osbon J Osborne  
J Poulston Nathan Robinson  
Pete Wade Joe Warren

## team 19

Chris Campbell  
H Cullen  
Oliver Hope  
Adam Lowe  
Simon Parkin  
Pete Tallents  
Callum Wilson

## EALING SOUTHALL & MIDDLESEX AC

Elias Ahmed Archie Allenjones  
Peter Flewitt Colin Foster  
Wayne Harrison Mohamed Hashi  
Oscar Jones Mark Kencroft  
James Morley Stephen Morris  
Simon Shaw Jav Sondh  
Phil York

## Green with yellow stripe

Akira Anzaijackson T Bowcambe  
Adam Goodman Sam Gunnewicht  
C Hepworth Jonathan Horan  
Tim Lawrence Chris Mason  
Stephen Plummer Santosh Rai  
Nick Steel J Taylorcaldwell

## team 20

Robert Brown  
Sean Hanrahan  
Fergus Jones  
Jonah Mezey  
Eddie Rowe  
Kristian Tung

## EAST CHESHIRE HARRIERS & TAMES

John Bowker Gavin Browne  
Callum Fricker Saul Gallagher  
Vincent Jubbs Daniel Kavanagh  
Michael Obi Callum Parkinson  
Christopher Swire Jacob Taylor

## Green & gold

Liam Browne Allan Cooke  
James Hartshorne Harry Hind  
Gary Matthews Tom Mcguinness  
Glen Piper Gareth Raven  
Denis Thomas

## team 21

Ian Fraser  
Joseph Hudak  
Paul Minton  
Matthew Rothwell

## ELVET STRIDERS

Geoff Davis Iain Gibson  
Michael Littlewood Lindsay Mcewan  
Phil Ray Mark Warner

## Purple/green/white

Georgie Hebdon Liam Huntington  
David Milligan Kallum Moses

## team 22

Sam Jackson  
Bryan Potts

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## GATESHEAD HARRIERS & AC

Daniel Alexander  
Toby Bryant  
David Dawson  
Conrad Franks  
Phillip Jamieson  
Matthew Linsley  
Wayse Molavian  
Joe Wales

Paul Attley  
James Campbell  
Jack Douglas  
Peter Grimoldby  
Reece Jefferson  
Ethan Mcglen  
Lewis Pemberton

## White, red horizontal block

Ali Bailey  
Stuart Collier  
Oliver Douglass  
Sam Hansen  
Calum Johnson  
Steven Medd  
Caleb Prudhoe

Craig Bery  
Kevin Connolly  
Anthony Duggan  
David Herring  
Tim Kelso  
Stuart Milburn  
Dave Richardson

**team 23**  
Josh Blevins  
James Cripwell  
Kieran Flannery  
Henry Hope  
Oliver Lewis  
Luca Minale  
Benjamin Schofield

## GLOUCESTER AC

Marc Barnett  
Richard Decamps  
Luke Hine  
Lee Smith

Martin Brook  
Eugenio Diz  
Neil Hobbs  
Alasdair Stewart

## Red & white

Samuel Crowther  
David Gresswell  
Mike Mansfield  
Jason Tilley

Arthur Daley  
Finlay Hawkins  
Steve Millward  
James Walters

**team 24**  
Andrew Decamps  
Pete Haynes  
Owen Parry  
Harry Wells

## HALESOWEN ACC

Matt Allen  
Adrian Dale  
James Hoult  
Jack Mcconnell  
David Turvey

Paul Allen  
Peter Dear  
Ethan Jordan  
Bill Nock  
Andrew White

## Yellow white brown

Paul Bradley  
Joseph Donkin  
David Lewis  
Phillip Scarr  
Andrew Yapp

Andrew Butler  
Nick Hazelwood  
Adrian Low  
James Thomas

**team 25**  
Adam Cross  
Steven Horton  
Roger Mallard  
Marc Turner

## HALLAMSHIRE HARRIERS SHEFFIELD

David Addenbrooke  
C Battersby  
Tom Buckley  
Elisha Demello  
Daniel Haworth  
Gavin Keight  
Alex Mason

Toby Antcliff  
Ben Beattie  
Philip Cooper  
Craig Fishwick  
Andrew Heyes  
Ben Kelly  
James Mccrae

## Red

Dave Archer  
Cameron Bell  
Leo Cossham  
Matthew Fuller  
Wyatt Hill  
Sam Kenmore  
Connor Milnes

Richard Barker  
John Birch  
Matthew Craig  
Laurence Griffin  
Peter Hodges  
David Lewis  
Tommy Power

**team 26**  
Jed Bartlett  
Euan Brown  
Jonathan Crickmore  
Jamie Hall  
Bertie Houghton  
Hugh Mackie  
Robert Smith

## HARTLEPOOL BURN ROAD HARRIERS Old gold & green

John Anderson  
Michael Jones  
Shaun Sant

Simon Bennett  
Simon Lawlor  
Colin Stead

Ian Bilton  
Andrew Minister  
Steven Walker

Ian Cook  
Tony Oliver  
Paul Wilson

**team 27**  
Richard Darling  
Isaac Organ

## HERCULES WIMBLEDON AC

Oliver Carrington  
Charlie Eastaugh  
James Hamilton  
William Leslie  
Chris Mcilroy  
Alex Robinson  
Frederick Slemeck  
Simon Wade

E Charlesworth  
Ross Franks  
Howell Harrod  
Edward Mallett  
Andrew Merry  
Keith Scofield  
James Stockings  
Archie Walton

## Yellow & red

Joseph Clark  
Bradley Goater  
Tom Jervis  
George Mallett  
Andrew Penney  
Oliver Scott  
Sam Todd  
Liam White

Joe Croft  
Dave Grima  
Finn Johnson  
Tom Maloney  
Justin Reid  
Matthew Sharp  
Ben Toomer  
Charlie Wyllie

**teams 28&29**  
Andrew Davies  
Austin Hall  
Peter Lee  
Stuart Mccallum  
Hector Revill  
Henry Silverstein  
Rob Tuer

## HERNE HILL HARRIERS

Sam Bramwell  
Andrew Clarke  
Brandon Dewar  
Alex Gutteridge  
Arlo Ludewick  
David Moyse  
Ronan Tanguy  
Ryan Willmott

Jack Brotchie  
Simon Coombes  
Joe Elliott  
Fintan Kearney  
Stephen Mcleod  
Raj Paranandi  
Simon Wade

## Red & black hoops

James Brown  
Mike Cummings  
Deron Fagan  
Lewis Laylee  
George Melville  
Morgan Roberts  
Oliver Walker

Ross Brown  
Jeff Cunningham  
Joseph Fenwick  
Alex Lee  
Gregory Mills  
Max Rose  
Andrew Warburton

**team 30**  
Matthew Cartwright  
Carl Delaney  
Andrew Georgeson  
Seve Loudon  
Oliver Mills  
Daniel Shaw  
Adam Westbury

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## HIGHGATE HARRIERS

Harry Allan  
James Barber  
Andres Chau  
Lewis Greaves  
Sam Jinks  
Henry Murdoch  
Robert Wilson

Jacob Allen  
Sam Brashaw  
Alex Crossland  
Flurry Grierson  
James Johnson  
Roger Poolman

## Black white

Robel Bahelbi  
William Broom  
Michael Dan  
Ash Harrell  
Nick Jones  
Sean Renfer

Jack Bailey  
Robbie Brown  
Terry Fawden  
Ben Harries  
Alexander Lepreire  
Jack Steenson

## teams 31&32

Alex Bampton  
Peter Chambers  
Seyedtaha Ghafari  
Charlie Hayward  
Daniel Lewis  
Monte Watson

## KENTAC

N Armitagehookes  
C Busaileh  
Barny Day  
Mohamed Elmi  
John Gilbert  
Oliver Harland  
Peter Lighting  
Daniel Messias  
Laurie Oliver  
Paul Pollock  
Jake Simmonds  
Alex Yee

Ben Armsom  
Ben Clarke  
Dame Dibaba  
Kieran Fitzpatrick  
John Gilchrist  
Joe Hartley  
Lyndon Marfell  
Matthew Moroney  
Nicholas Ostrowski  
William Ross  
Mathew Speed  
Joseph Yee

## Blue & red

Russell Bentley  
Ian Clarke  
Cameron Dockerill  
Sean Fitzpatrick  
Richard Giles  
Owen Hind  
Ed Matthews  
Chris Mullin  
Adam Paterson  
Luke Rowland  
Thomas Thain

James Boustead  
Che Compton  
Robert Donohue  
Jack Foster  
C Greenwood  
Fergus Johnson  
Isaac Maxwell  
Patrick Nation  
Daniel Pettitt  
George Russell  
Jonathan Tipper

## teams 33&34

Ross Braden  
Samuel Dames  
Ian Ellwood  
Calum Fraser  
Ben Harding  
Robert Laing  
Chris Mcgurk  
M Nicholls  
Neil Phillips  
Robert Sesemann  
P Woodfordsmith

## KNOWLE & DORRIDGE RC

Peter Austin  
Michael Day  
Gregory Turner

Paul Baker  
Matt Hipwell  
Steven Whatmore

## Green & gold

Paul Bentley  
Jonathan Jennings  
Nick Woolley

David Carbutt  
Gary Polhill

## team 35

William Connors  
Lewis Towers

## LEEDSCITY AC

Mohamed Abshir  
Alexander Bellew  
Mike Burrett  
Matthew Clough  
Joshua Dickinson  
Sean Flanagan  
Jason Hall  
Adam Houchell  
W Indelbu  
Ross Mckelvie  
Drew Norcup  
Graham Rush  
Jonathan Stewart  
Patrick Vis

Richard Allen  
Gordon Benson  
Emile Cairess  
Jenson Connell  
Benjamin Douglas  
Leon Foster  
Mick Hill  
Greg Hull  
Stephen Lisgo  
Ossama Meslek  
Josh Norman  
Michael Salter  
Linton Taylor  
Jonathan Walton

## Blue with amber diagonals

Jack Allison  
Ed Bovingdon  
Eddie Callis  
Joseph Cook  
Thomas Edwards  
Martin Gostling  
Reuben Hill  
Eddie Hunter  
Oliver Lockley  
Cal Mills  
Christopher Oddy  
Philip Sesemann  
Robert Torch  
JWoodcockshaw

John Ashcroft  
Rory Bradford  
Gavyn Chalmers  
Joseph Dakkak  
Simon Ellis  
Adam Grice  
Myles Holdsworth  
Ethan Hussey  
Matthew Lockyer  
David Mullarkey  
David Parkin  
Andrew Smith  
Joseph Townsend

## teams 36&37

John Beattie  
Alan Buckley  
Jason Cherriman  
Timothy Davies  
Martin Farran  
Matthew Grieve  
Nick Hooker  
Finnian Hutchinson  
Abinizer Markos  
Louis Neale  
Martin Roscoe  
Chris Smith  
Philip Townsend

## LEIGH HARRIERS & AC

Chris Benjamin  
Martin Conroy  
John Howarth  
Ian Mayes  
Dave Smith  
James Wilkinson

Daniel Calland  
Stuart Flitcroft  
John Indricks  
Daniel Mitchinson  
Richard Smith

## White vest green chevrons

Graham Cash  
Matthew Holliday  
Thomas Kneller  
Neil Pendlebury  
Adam Teece

Jonathan Collier  
Adam Howarth  
Scott Lancaster  
David Pollitt  
Adam Wilkinson

## team 38

Malcolm Collins  
Adam Howarth  
B Livingston  
Gary Sanderson  
C Wilkinson

## LES CROUPIERS

N Christoforato  
Arwel Evans  
Matt Hopkins  
Richard Ross

George Collinson  
Tom Flitcroft  
Reuben Keating  
Ian Southwell

## Red with green hoop

David Craig  
Peter Gillibrand  
Tadhgh Keating  
T Whitmarshknight

Jerome Edwards  
Philip Hambleton  
Paul Morton  
Colin Williams

## team 39

Vaughan Edwards  
Ryan Holt  
Elliot Richards  
Owain Zerilli



# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## LIVERPOOL HARRIERS & AC

Harry Blackburn Peter Brame  
David Devine Jonjo Doherty  
Mathew Jackson Alex Kelly  
Dylan Taylor Adrian Roach  
Jake Stafford Harry Sweeney  
Mathew Wood

## Old gold vest with liverbird

Stephen Campbell Hywel Care  
Ethan Dunn Adam Ferris  
Matthew Leahy Michael Mccarthy  
Thomas Rogerson Mark Ryan  
Luke Towers Matt Tripp

## team 40

Thomas Dempsey  
Callum Grant  
Lee Midghall  
Matthew Skaife  
Thomas Webster

## MORPETH HARRIERS & AC

Joseph Anderson Carl Avery  
Cameronross Boyek Matthew Briggs  
William Cork Alex Cunningham  
Sam Hancox Ian Harding  
George Lowry Connor Marshall  
Adam Pratt Thomas Prentice  
Peter Smallcombe Mark Snowball  
James Young

## Royal blue/2 white bands

Robert Balmбра Mark Banks  
Finn Brodie Alexander Brown  
Jason Dawson Alistair Douglass  
A Jannetta Andrew Lawrence  
Lawrence Mccourt Daniel Melling  
Kieran Reay Ralph Robson  
James Tilley Matthew Walton

## team 41

Lee Bennett  
John Butters  
Robert Hancox  
Anthony Liddle  
Christopher Parr  
Jordan Scott  
Phillip Winkler

## NEWARK AC

Timothy Bagguley Jan Bailey  
Adrian Dix George Edwards  
Lewis Hopkinson Robert Lindsay  
Gareth Owens Conorwilliam Pacey  
David Robinson Jack Robinson  
Daniel Wheat

## Blue & grey

Lee Braithwaite Thomas Braithwaite  
Geoffrey Gregory Chris Harrison  
Leigh Marshall Tom Marshall  
Jonathan Palmer Ben Pearson  
E Smithrasmussen Adam Swallow

## team 42

Oliver Crampton  
George Hatton  
Tom Newbold  
Simon Roberts  
Chris Ward

## NEWHAM & ESSEX BEAGLES AC

Nick Armstrong Frank Baddick  
Jacob Cann Rory Chesser  
Jack Hallas Mark Hanrahan  
Victor Nutakor Frank Obrien  
Edgars Sumskis Liam Tharme  
Luca Zangari

## Yellow & black

Wayne Bell Callum Bowenjones  
Jordan Clay Jad Elhoussami  
Olivier Heaslip Oscar Kentegan  
Alec Parcell Eoin Pierce  
C Voneitzen Taite Wallis

## team 43

Charlie Brisley  
John Gordon  
Eddie Nathaniel  
Ned Potter  
Rocco Zamanbrowne

## NOTTS AC

Milan Campion Cameron Cass  
Sam Godwin Tim Hartley  
Aaron Hunt Finlay Hutchinson  
John Muddeman Robert Needham  
Peter Parkinson Tony Payne  
Cameron Smith Jack Speake  
Alastair Watson Craig Wescott

## Green, gold, white

Patric Clark Tom Dejong  
Rezene Hayle Freddie Hessian  
Stuart King Steve Long  
Joe Newman Ben Norris  
Jarratt Perkins George Phillips  
Stuart Spencer George Tipping  
Andrew Williams Matthew Williams

## team 44

Harry Foster  
Jack Holland  
Samuel Moakes  
David Oxland  
Bruce Raeside  
Merhawi Tkue  
Anthony Woodward

## NUNEATON HARRIERS

Dean Bateman R Carvell  
Richard Doveston Jack Easthope  
Chris Hamerhodes Steven Hargrave  
Samuel Howard Chris Jordan  
Andrew Massey Luke Melling  
Andy Parkes Johnathan Ritchie  
Nicky Wall Nicholas Wilson

## Red & blue

James Clarke K Colemansmith  
Eric Fowler James Gillum  
Andy Harris Philip Harris  
Jonathan King Matthew Kinsella  
Matiss Murphy Vincent Newton  
Daniel Rowen Paul Smith  
Barry Yates Sam Yates

## team 45

Thomas Dixon  
Alan Glaister  
S Hastingsstuart  
Ian Mansell  
Andrew Offor  
Martin Swan

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## PONTYPRIDDROADENTS AC

Jack Blackburn	Charlie Bleasdale
Ben Butlermadden	Andy Cole
Jacob Griffiths	Daniel Hamilton
Keith James	David Jones
Grant Medcraft	Michael Morgan
James Peters	Laurence Pole
Jac Smith	Joe Thomas
Stuart Wadlow	Scott Wheeler

## Black & white

Sam Boreham	Themis Bower
Peter Coles	Ryan Cullen
Billy Hayton	Mark Horsman
David Long	Lloyd Manningjames
Symon Murphy	Adam Payne
Andrew Reynolds	Samuel Richards
Daniel Thrift	Jai Tsim

## team 46

Adam Bull
Paul Graham
Andrew How
Steve Payne
Ewan Short
Jamie Vanstone

## READING AC

Mark Booth	Rohan Brooks
Luc Jolly	Shreyas Kanyady
m Martinezdeq	Andy Mcdonald
Haider Razaq	James Rennie
Thomas Yzzaq	George Suthon

## Red with blue/white side panel

Jonny Davies	Isaac Farnworth
David Lewis	Mate Lorincz
Tom Nike	Chris Parker
Matthew Rodda	Sam Rodda
Jeff Titmas	Martin Turton

## team 47

Joe Hayes
Charlie Madelaine
Richard Price
Ben Rollings
Neil Walker

## RICHMOND & ZETLAND HARRIERS

Ian Christon	Laurence Corbett
Carl Gibson	David Hack
Steve Middleton	Tom O'mahoney
Paul Simpson	Dan Spencer

## Red & white

Lee Davies	Paul Ellis
Ken Harker	Anthony Jefford
Joseph Reeve	Marc Scott
Charlie Stephenson	Jake Stephenson

## team 48

Mark Forrest
Carl Jones
Rob Scott
Scott Wardman

## ROTHERHAM HARRIERS & AC

Ben Burton	Sam Clegg
Chris Griffiths	Thomas Halloway
Philip Hoole	Aidan Johnson
James Mellor	Lee Milburn
Simonmatthew Oak	Matthew Parker
Carl Taylor	Rob Watkinson

## Black vest

Kyle Craib	Joshua Gilbert
Richard Harris	Rhian Hastey
R Jonesdavies	Steven Marshall
Elliott Morton	Dean Norton
Andy Parkin	Gareth Sampson
Scott Williams	Joshua Wragg

## team 49

Sam Gilson
Simon Holt
Joseph Massingham
David Nuttall
Elliott Smales

## ROYAL SUTTON COLDFIELD AC

Chris Bannister	Alex Blackham
Sam Coxon	Sam Crawford
Daniel Floyd	Oliver Harradence
Paul Jenkins	Barry Lloyd
Nick Marsh	Eamonn Mcinerney
Dylan Orourke	Andrew Parkinson
Edward Stead	David Sutton
Ian Wood	

## Royal blue with white vertical

Nicolas Blunt	Martin Clutterbuck
Subodh Dave	Tony Davies
John Hayman	Shaun Hemmings
Thomas Lloyd	Dean Lucas
Sam Micklewright	Richard Naylor
Ethan Patel	Ollie Sheppard
Paul Terleski	Frederic Tremblay

## team 50

Simon Corker
Stewart Deeming
Chris Hine
Steve Marklew
George O'connor
Russell Simpson
Brad Watkins

## SALE HARRIERS MANCHESTER

Matthew Barnes	Nicholas Barry
Andrew Curvis	Jay Donegan
Joseph Godwood	Daniel Gray
M Kiddrossiter	Nigel Martin
William Onek	Paul Peters
Philip Robertson	Tom Stephenson
James Wignall	

## Green, red & white

Oliver Bartlett	Alex Bradford
John Faulkner	C Fielding
Oliver Higby	Daniel Kashi
Andrew Mooney	Thomas Moran
David Proctor	Phil Richardson
Nicholas Tynan	Max Wharton

## team 51

Ben Brunswick
Tom Fordyce
Tim Kennedy
Adetomiwa Oladiti
Robbie Rigby
Alan White

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## SALFORD HARRIERS & AC

Joseph Bailey  
Will Beauchamp  
Marc Brown  
Robert Clarke  
Alan Corlett  
Matt Dickinson  
Gunn Anderson  
Matthew Holt  
James Kovacs  
Leo Loughran  
Jack Ofarrell  
Callum Rowlinson  
Paul Stephens  
Mark Walsh  
Elliott Williams

Tommi Baker  
Andy Benson  
Ashley Buckley  
Mark Collier  
Thomas Cornthwaite  
Joshua Dutton  
Carl Hardman  
Sam Hopkins  
Matthew Latham  
Duncan Mason  
Trevor Rayner  
Mark Russell  
Joe Steward  
Sean Warburton  
Luke Wordsworth

## Red with white diagonal

Paul Bannister  
Alexander Birkett  
Michael Cayton  
Oliver Cook  
Paul Creighton  
Patrick Faulkner  
Michael Heaney  
David Hudson  
Philip Leybourne  
Scott Matthews  
C Richards  
John Seed  
Gary Thomason  
Kevin Waterhouse  
Ryan Worland

David Barratt  
Jack Bristow  
Akkeal Chambers  
Paul Coon  
Gary Dale  
Ian Grime  
Patrick Henderson  
Robert Hughes  
Bruno Lima  
Billy Mccartney  
Benjamin Riddell  
Adam Slodowicz  
Josh Tighe  
Chris Webb

## teams 52&53

Joe Barton  
M Brocklehurst  
Shaun Chambers  
Sean Cordell  
Karl Darcy  
Grant  
Nathan Hilditch  
Callum Jones  
Chris Livesey  
Joseph Moores  
David Rigby  
Robert Smyk  
Harry Wakefield  
Ewan Wheelwright

## SWANSEA HARRIERS

Jonathan Butler  
Marc Hobbs  
Kristian Jones  
Will Munday  
Jack Turner

Luca Cortellese  
Jac Hopkins  
Michael Kallenberg  
Dan Rothwell

## White vest two green bands

Dewi Griffiths  
Jonathan Hopkins  
Rees Matthew  
Guy Smith

Matthew Harvey  
Dafydd Jay  
Blair Mcwhirter  
Jonathan Tobin

## team 54

Finley Hines  
Dafydd Jones  
Ben Mitchell  
Paul Tobin

## SWINDON HARRIERS

Robert Abraham  
Steve Connolly  
Collin Fox  
Nathan Hackley  
Isaac Mcadam  
Ethan Pierce  
Ian Spencer  
Matthew Woodward

Paul Bonner  
Paul Cox  
Andrew Fulford  
M Harrisonatosatto  
Ben McIntyre  
Christopher Reade  
Dan Thomas

## Black & white quarters

Luke Byrne  
Simon Dill  
Kieran Golding  
Elliot Hill  
Isaac Mould  
Sebastian Reynolds  
William Trew

Simon Byrne  
Elliot Doughty  
Stephen Goulding  
Omer Homer  
Gary Obrien  
Matthew Ryder  
Paul Widdows

## team 55

Courtenay Chessell  
Stuart Foster  
Jack Gunning  
Ben Lines  
Michael Passmore  
Michael Sloman  
Harry Woods

## TEAMBATHAC

Elliott Avis  
Aidan Daniel  
Brian Glynn  
Daniel Jones  
Steve Rose

Alex Carter  
Thomas Davies  
Peter Grist  
Owen Lythell  
Alex Tanner

## Blue & yellow

Leon Chevalier  
James Donald  
Alex Hammond  
Ewen Malloch  
Michael Towler

David Coales  
Robert Eaton  
John Howorth  
Aaron Pritchard  
Malcolm Treby

## team 56

Otto Copping  
Andrew Fooks  
Robert Howorth  
Sam Rawes

## THAMES VALLEY HARRIERS

Mohamud Aadan  
Yann Bouremel  
Michael Crone  
Alex Goodall  
Conor Kissanewood  
Oliver Newton  
Jordan Rowe  
Robert Vallance

Fahad Abdi  
Michael Cameron  
Manuel Dasilva  
Conall Green  
Jirka Kucera  
Calum Nicol  
Paulos Surafel

## Light blue with black sidea

M Abdullahibinow  
Hugo Cayssials  
Myles Edwards  
Louis Hodge  
Gordon Low  
Stephen Norris  
Thomas Taylor

Ollie Barbaresi  
Toby Clyde  
James Ellis  
Jake Hooley  
Sebastien Maillard  
William Perkin  
Oliver Teenan

## team 57

John Borton  
Jacques Corbytuech  
Niki Faulkner  
Ryan Keane  
Daniel Mulryan  
Basil Rock  
Christopher Thomas

## TIPTON HARRIERS

Tom Acha  
James Booker  
George Cunningham  
Gareth Griffiths  
Cameron Lomax  
Ryan Quiney  
Gary Whitehouse

George Appleby  
Richard Carpenter  
Nick Hardy  
Harvey Maguire  
Todd Quiney  
Ian Williams

## Green & white hoops

Michael Banks  
Jonathon Carter  
Jack Cunningham  
Andrew Henderson  
Robert Meredith  
Joe Read

Dean Bate  
Ethan Compton  
Ross Denwette  
Tom Holden  
Darren Perry  
Wayne Russell

## team 58

Thomas Bentley  
Aaron Cooperbrown  
Ben Gamble  
Dan Lewis  
Karl Quiney  
Luke Vine

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## TONBRIDGE AC

Charles Adair  
James Beeston  
Henry Bretz  
bers  
Cornwellmckeown  
Angus Currie  
Toby Emm  
Tom James  
Thomas Lockhart  
George Marshall  
Ben Pearce  
Julian Rendall  
Jay Smith  
Adam Tibbals  
Oliver White

Isaac Arnott  
Will Beeston  
Jamie Brown  
Jordan Chambers  
Edward Coutts  
Corey De'ath  
Ananjan Ganguli  
Jack Keywood  
Daniel Longhurst  
Sean Molloy  
M Pitcairnknowles  
Tom Richards  
Stephen Strange  
Jacek Traczynski  
Tom Woolley

## White & 3 blue hoops

Nicholas Arnott  
Anthony Bennett  
Stuart Brown  
Nathan Chapman  
Charles Crick  
Matthew Dennis  
Jamie Goodge  
James Kingston  
Jamie Macdonald  
Benjamin Murphy  
Richard Preston  
Tom Rule  
James Taylor  
Joseph Watts

James Ashton  
Cain Bradley  
Jamie Bryant  
Ben Cole  
Anthony Crush  
Matthew Dubery  
Luke Hooper  
Alasdair Kinloch  
Daniel Madams  
Christopher Olley  
Luke Reeves  
Graeme Saker  
Matthew Taylor  
Miles Weatherseed

## teams 59&60

Alexander Beeston  
Daniel Bradley  
Cameron Cham-  
M  
Huxley Crush  
Michael Ellis  
Alex Howard  
Calum Laing  
Nathan Marsh  
Harry Paton  
Kieran Reilly  
Adam Singleterry  
Michael Thomson  
James West

## VALLEY STRIDERS AC

Jonathan Ball  
Sean Fitzgerald  
Robert Howard  
Rav Panesar  
John Shanks  
Tom Thomas

Andrew Bennett  
Paul Fotherby  
Huw Lippiatt  
Andy Parkinson  
David Song  
Marcos Valero

## White with black logo

Edward Cheseldine  
Daniel Grant  
Gary Mann  
Jonathan Pownall  
Sam Storey  
Joost Vogel

Matthew Dix  
Paul Grave  
Dave Middlemas  
Philip Radford  
Gavin Taylor  
Jonathan Young

## team 61

Daniel Fisher  
John Hobbs  
James Morris  
Ian Sanderson  
Gwilym Thomas

## WESTERN TEMPO

David Aubrey  
Luke Davis  
Marcus England  
Mike Hughes  
Alexander Jones  
Matthew Nelson  
Tom Radley  
Phil Wylie

Matthew Brunnock  
James Denne  
Tom Evetts  
Dom James  
Charlie Jones  
William New  
C Roxburgh

## Orange & black

Sam Butler  
Stephen Derrett  
Marc Fallows  
Henry James  
William Kennedy  
Daniel Owen  
Eliot Taylor

Luke Carroll  
Alex Doherty  
Simon Hall  
Mark James  
Clark Lawson  
John Parker  
Bryan Vaughan

## team 62

Liam Colahan  
William Douglas  
Jamie Harper  
David Johnson  
Alex Lee  
Ben Price  
Douglas Wight

## WOLVERHAMPTON & BILSTON

Rich Amorwilkes  
Ben Foster  
Mark Illidge  
Thomas Pryor

Greg Asbury  
Adam Guy  
Daniel Malone  
David Smith

## White, red, green & yellow

Daniel Brazier  
Paul Hammond  
Daniel Maskew  
Joseph Stquinton

Robert Cartwright  
Peter Hood  
David Norman  
Daniel Turner

## team 63

Paul Clarke  
Dylan Illidge  
Lee Partridge  
Daniel Vaughan

## YORK KNAVESMIRE HARRIERS

Jasper Baker  
Edward Dunn  
Charlie Goodwin  
Jason Higgins  
Oliver Noble  
Edmund Roberts  
Adrian Stipetic  
Paddy Wordsworth

Sandeep Bokhoree  
Glynn Ellwood  
Gareth Green  
Karl Humphreys  
Tom Pavis  
Stephen Robson  
Gordon Walmsley

## Yellow & black

Robert Bozeat  
Ian Fairlamb  
Nick Griffin  
Richard Lowson  
Richard Purser  
Ewan Sewell  
Robert Ward

Gareth Burrow  
Simon Fricke  
Giles Hawking  
Matthew Lunn  
Jack Rank  
Jake Shannon  
Rob Whitaker

## team 64

Tim Cowham  
Patrick Good  
Rory Henderson  
Geoff Marchmont  
Tom Ratcliffe  
David Smithers  
Alan Wilkinson

# ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

## OUR RESULTS

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Leg 5		:	
Leg 6		:	
Leg 7		:	
Leg 8		:	
Leg 9		:	
Leg 10		:	
Leg 11		:	
Leg 12		:	
Total		: :	

## OUR RESULTS (B Team)

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Leg 5		:	
Leg 6		:	
Leg 7		:	
Leg 8		:	
Leg 9		:	
Leg 10		:	
Leg 11		:	
Leg 12		:	
Total		: :	

# ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

## ALDERSHOT FARNHAM & DISTRICT

Karen Andrews  
Katriona Brown  
Laura Gent  
Tamara Hibbins  
Millie Jordanlee  
Pippa Roessler  
Stephanie Twell  
Hannah Wooley

Hannah Angell  
Niamh Brown  
Amy Griffiths  
Liz Hood  
Niamh Mcloughlin  
Nancy Scott  
Sophie Vallis

## Red, white & green

Katie Bingle  
Georgie Bruinvels  
Lauren Hall  
Ruby Horton  
Emily Moyes  
Louise Small  
Kiki Webb

Emma Boswell  
Kate Estlea  
Jessica Hayward  
Katie Hughes  
Hazel O'connell  
Emma Stevens  
Emma Wilson

## teams 201&202

Philippa Bowden  
Alice Garner  
Anna Hedley  
Maddie Jordanlee  
Harriet Preedy  
Katie Stevens  
Maisie Witty

## BEDFORD & COUNTY AC

Molly Betmead  
Rebecca Murray  
Tia Wilson

Alice Burgin  
Lauren Nichols

## Blue with white side stripe

Imogen Chesterton  
Natasha Peters

Emma Coombes  
Josie Smith

## team 203

Charlotte Kent  
Carla Whitmore

## BELGRAVE HARRIERS

Lea Adamson  
Emily Bradley  
Laura Goodson  
Daniella Maggs  
Anna Sharp

Sarah Astin  
Rachel Brown  
Ellamay Hards  
Orna Meginley

## Claret & gold

Kate Axford  
Mimi Cordenlloyd  
Stephanie Hewitt  
Samantha Munday

Natalie Beadle  
Georgia Curry  
Naomi Lenane  
Olivia Papaioannou

## teams 204-206

Katarina Bonner  
Ellen Erskine  
Zoe Macdonald  
Kristina Popadich

## BIRCHFIELD HARRIERS

Ghita Bahimhouari  
Naomi Collier  
Esther Hunt  
Sarah Mcdonald  
Lucy Niemz  
Georgina Rogers  
Amelia Taylor

Salihah Baig  
Sarah Conway  
r Jansenvan  
Robyn Mcdowall  
Ejoro Okoro  
Olivia Scott  
Ellen Taylor

## Black with stag

Carli Baldwin  
Laura Crick  
Annie Kibble  
Caitlin Mcmorrow  
Lillian Partridge  
Mesirak Seme  
Lisa Taylor

Victoria Bradbury  
Emily Evans  
Jessie Lutwyche  
Sara Mcnamee  
Chloe Richardson  
Ella Shirley  
Frances Vickers

## teams 207&208

Haley Carruthers  
Bryony Gunn  
Ashlin Mcaree  
Rae Nicholls  
Hannah Robinson  
Becky Straw  
Elizabeth Watters

## BIRMINGHAM RUNNING ATHLETICS

Lucia Armstrong  
Rosie Delaune  
Emma Morley  
Alice Stewart

Cathlyn Bone  
Ellon Hart  
Carly O'Neill  
Antonia Walder

## Black red design

Rachel Brown  
Kathryn Holland  
Helen Pike  
Ruth Wilkinson

Roanna Burgess  
Rachel Kilgallon  
Naomi Rae

## team 209

Louise Dawes  
Sonia Marin  
Sarah Rosswade

## BITTON ROAD RUNNERS

Fiona Blackmore  
Liz Sanigar

Helen Clark  
Zoe Tucker

## Blue/yellow

Helen Hinsley  
Catherine Vooght

Lisa Newing  
Lucy Wallace

## team 210

Lynette Porter

## BOURNVILLE HARRIERS

Lorna Alani  
Jude Glynn  
Linda Howell  
Georgina Robson

Katie Allditrose  
Jaeda Goodman  
Charlie Hurd

## Teal with navy trim

Fiona Barker  
Marianne Hensman  
Rebecca Jones

Lucy Burdett  
Kathryn Holliday  
Faith Lucas

## team 211

Aison Davies  
Mathilde Housley  
K O'donnell

## BROMSGROVE & REDDITCH

Jane Anderson  
J Hounsellhardy  
Sarah Richardson  
C Warrington

Charlotte Ball  
Natasha Malin  
Faye Stanyard  
Rebecca Woolley

## Red & blue diagonals

Sharon Fox  
Claire Miles  
Beth Sykes

Sophie Groom  
Emma Perzhorn  
Lauren Sykes

## team 212

Natalie Hatfield  
Esme Ranger  
Liz Vaughan

## CAMBUSLANG HARRIERS

Hannah Addison  
Kirsty O'brien

Catriona Bain  
Rachel Wardrope

## Red vest with white hoop

Lesley Blackwood  
J Etherington

## team 213

Eve Mackinnon

# ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

## CHARNWOOD A C

Vicky Baddick Olivia Bonshor  
Samantha Harrison Lucy Jones  
Lexie Mccloughlin Hannah Nuttall  
Gemma Steel

## Green & gold

Sophie Coldwell Estelle Damant  
Wendy Lockton Amelie Mccann  
Aimee Seager Emily Smith

## team 214

Natalie Egginton  
Clare Mckittrick  
Laurarose Smith

## CITY OF STOKE AC

Emily Batkin Louise Dawson  
Chloe Hawkins Lucy Hayes  
Jennifer Marriott Lucy Matthews  
Jade Tomlinson Mandy Vernon

## White vest red & black bands

Joanne Donnelly Harriet Drennan  
Anna Hollingworth Victoria Hughes  
Nia Nokes Donna Sherwin

## team 215

Rebecca Harrison  
Sarah Mackness  
Emma Taylor

## DATCHET DASHERS

Laura Baylis Catherine Foster  
Jilly Raw Emma Twomey

## White with club logo on front

Emily Gow Helen Jonestotays

## team 216

Emma Mckechnie

## GUILDFORD & GODALMING AC

A Attenborough Carolyne Baxter  
Susanna Harrison Hannah Knights

## Green & black

Nici Cahusac Chloe Crossman  
Sam Ludlowtaylor Naomi Maini

## team 217

Eleanor Harrison  
Suzannah Monk

## HALLAMSHIRE HARRIERS SHEFFIEL

Catherine Allen Hatti Archer  
Lauren Heyes Saskia Huxham  
Eve Pannone Laura Robertson  
Harriet Wingfield

## Red

Nicola Birch Jenny Evans  
Lauren Mcneil Hannah Metherall  
Calli Thackery Che Wigfieldturner

## team 218

Alice Gamble  
Katie Palfreeman  
Phillipa Williams

## HERNE HILL HARRIERS

Annabelle Acres Phoebe Anderson  
Gabriel Carnwath Jennifer Clancy  
Poppy Craigmcefeely Charlotte Davies  
Hannah Edwards Karen Ellison  
J Haywardbhikha Kaitlin Hewitt  
Grace Leyland Natasha Lodge  
Lily Newton Katie Snowden  
Julia Wedmore

## Red & black hoops

Katie Balme Phoebe Bowen  
Helena Corbin Eliza Cottingham  
Fiona Demauny Laura Donnelly  
Megan Gildea Georgie Grgec  
Annabel Hobday Helena Keenan  
Evie Mcdermott Saskia Millard  
Charlotte Spencer Nikki Sturzaker

## teams 219&220

Alex Brown  
Jessica Craig  
Oleksandra Dzeban  
Sarah Grover  
Charlotte Kenyon  
Jennifer Nandi  
Suzanne Swaine

## HIGHGATE HARRIERS

Natasha Cendrowicz Ellen Donald  
Rebecca Johnson Jemima Renfer  
Karina Thornton Hannah Viner

## Black white

Louise Faherty Yasmin Goater  
Sabina Russell Ashley Scottwilson

## teams 221&222

Nina Griffith  
Alice Steele

## KENT AC

Victoria Buck Clare Elms  
Claire Oxlade Alexa Parker

## Blue & red

Ellie Freeden Sarah Hanley  
Bryony Proctor Katie Rowland

## team 223

C Nicfhogartaigh

## LEEDSCITY AC

Leila Armoush Katrina Ballantyne  
Claire Duck Rachel Friend  
Zoe Hunter Zoe Kidney  
S Lukeredwards Georgia Malir  
Heather Townsend Olivia Utting

## Blue with amber diagonals

Eilidh Bell Eleanor Curran  
Hannah Gravett H Hannahstroud  
Heather Langham Alice Leake  
Camilla Mcknespiey S Pennycook  
Charlotte Vanzelst Jennifer Walsh

## teams 224&225

Celia Demaria  
Rhianne Hughes  
Amicia Lee  
Sarah Potter

## NOTTS AC

Catherine Charlton Joanne Clamp  
Ellen Gallie Ami Nash  
Joanne Spencer Amy Taylor

## Green, gold, white

Sarah Costin Gabrielle Curran  
Beth Neal Megan Rosier

## team 226

Donna Davenport  
Katie Speake

## READING AC

Anna Boniface Lauren Church  
Laurie Marlow Ella Saunders

## Red with blue/white side panel

Sophie Crumly Natalia Hackett  
Kirsty Walker

## team 227

Emma Howsham

# ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

## ROTHERHAM HARRIERS & AC

Emmajane Ball Jenny Blizard  
Mel Driver Lori Handbury  
Samantha Hughes Zara Knappy  
Abbie Smith Mya Taylor

## Black vest white trim

Naomi Clegg Sophie Cowper  
Olivia Hare Natalie Harris  
Ellenjoanna Mcleod Nicole Norton

## team 228

Fiona Davies  
Hannah Holmes  
Emma Parkinson

## SALFORD HARRIERS & AC

Sinead Bent Eleanor Bolton  
Catherine Hooper Ruth Jones  
Helen Smith

## Red with white diagonal

Anna Bracegirdle T Brockleylangford  
Laura Lombard Nicola Mason

## team 229

Sarah Carroll  
Sally O'gorman

## STEEL CITY STRIDERS RC

Ellen Broad Caroline Brock  
Hannah Holliday Abbie Pearse

## Green & gold

Yasmine Chaffer Katie Gill  
Claire Wren

## team 230

Emily Green

## STROUD & DISTRICT AC

Charlie Arnold Tanwen Bird  
Charlie Gorman Georgina Greenwood  
Sammantha Law K Newcombe  
Annie Testar Tara Truman

## Green, red, blue

Sophie Bruce Emily Chandler  
Penny Howard  
Inca Padfield C Pintopearson  
Jane Wassell

## team 231

Joanne Fifield  
Laura Lakin  
Fern Ryan

## SWANSEA HARRIERS

Darcie Bass Emma Baxter  
Caryl Edwards Iona Evans  
Kate Roberts B Strattonthomas

## White vest two green bands

Megan Carterdaves Ella Davies  
Olivia Gwynn Sophia Harrison  
Millie Thorne Gemma Tutton

## team 232

Helenmarie Davies  
Sioned Howells  
Hannah Williams

## THAMES HARE & HOUNDS

Claire Altmann Elizabeth Apsley  
Serena Carter Ella Fennelly  
Daisy Irvinghyman Lauren Major  
Ruby Woolfe

## White with black saltire

Maddy Austin Chloe Beckett  
Helene Greenwood Felicity Hayward  
Bethanie Murray Katie Smith

## team 233

Rachel Boswell  
Katy Hedgethorne  
Katherine Turner

## THAMES VALLEY HARRIERS

Stephanie Ainley Chloe Baker  
Charlotte Buckley Emily Carroll  
Selina Clifford Lisa Dasilva  
Joy Giorgi Zenia Gordon  
Vivien Lesti Yvie Lock  
Tash Mundell Niamh Murphy  
Suaila Sa Heather Seaward  
Nadia Whittaker

## Light blue with black sides

Tracy Barlow Lara Becini  
Victoria Carter Amelia Casey  
J Dringmorris Melina Duer  
Siana Jones Daisy Jowers  
Fran Lou Helen Mallisonking  
Kate Olding Jasmine Palmer  
Emerie Sheriden Sarah Short

## teams 234&235

Lydia Blythe  
Madeline Casey  
Isabelle Franco  
Diana Kennedy  
Alexandra Mundell  
Nathalie Podder  
Rosie Vallance

## TIPTON HARRIERS

Sharon Bailey Penelope Barber  
Katie Hawkins Lynne Hill  
Rachel Lane Shadforthgroucutt

## Green & white hoops

Jade Charlton Victoria Charlton  
Catherine Holden Clare Hollis  
Jessie Walker

## team 236

Amy Hadley  
Lisa Kendrick

## TONBRIDGE AC

Ella Ayden Phoebe Barker  
Nichola Evans Katie Goodge  
Verity Hopkins Grazia Manzotti  
Lucy Reid Noemie Thomson

## White & 3 blue hoops

Amelia Beeston Chloe Bird  
Annabelle Hales Lydia Hawker  
Jessica Murphy E Pitcairnkowles  
Harriet Woolley

## team 237

Annabel Carter  
Maria Heslop  
P Pitcairnkowles

## TYNEBRIDGE HARRIERS

Rebecca Blain Lucy Crookes  
Jessica Graham Amy Johnson  
Robyn Naylor Anna Oswald  
Zoe Thompson Rachel Turnbull

## White/black

Jessica Eaton Erin Fairlamb  
Sophie Marr Lucy Matheson  
Marloes Peeters Kathryn Stevenson

## team 238

Amy Fuller  
Nicole Mcintyre  
Hannah Stewart



# ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

## WESTERN TEMPO

Izzy Axford  
Hattie Jenkins  
Machackova  
Hanni Peters

Rachel Brown  
Roxanne Jones  
Megan Marchant  
Emma Powell

## Orange & black

Amber Bullingham  
Ruth Jones  
Jordan Matthews  
J Rockliffe

Naomi Eaton  
Martha Lloyd  
Fee Maycock  
Brittany Teague

## team 239

H Havelockallan  
Dana  
Abbie Milnes

## YORK KNAVESMIRE HARRIERS

Emily Baines  
Natalie Greaves  
Becky Penty  
Nik Tarrega

Bethany Bengner  
Hazel Hall  
Josie Rawes  
Rebekah Thomas

## Yellow & black

Kathryn Dickinson  
Claire Jones  
Cassie Read  
Edwina Wilcox

Lauren Dimmack  
Barbora Kolarikova  
Francesca Sawyer

## team 240

Melanie Ellwood  
Becky Mason  
Hannah Strange

## OUR RESULTS A

	Athlete	Time	Position
<b>Leg 1</b>		:	
<b>Leg 2</b>		:	
<b>Leg 3</b>		:	
<b>Leg 4</b>		:	
<b>Leg 5</b>		:	
<b>Leg 6</b>		:	
<b>Total</b>		: :	

## OUR RESULTS B

	Athlete	Time	Position
<b>Leg 1</b>		:	
<b>Leg 2</b>		:	
<b>Leg 3</b>		:	
<b>Leg 4</b>		:	
<b>Leg 5</b>		:	
<b>Leg 6</b>		:	
<b>Total</b>		: :	

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