

Ov. Pos	Chip Pos	Bib no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	1153	JONNY MELLOR	M	MSEN	LIVERPOOL HARRIERS	0:49:23	0:49:23		1	1	1
2	2	518	NIGEL MARTIN	M	MSEN	SALE HARRIERS	0:51:46	0:51:45		2	2	1
3	3	50	NICHOLAS BARRY	M	MSEN	SALE HARRIERS	0:52:37	0:52:36		3	3	2
4	4	1157	JACK MORRIS	M	MSEN	STOCKPORT HARRIERS & AC	0:53:25	0:53:25		4	4	1
5	5	920	SIMON O'MEARA	M	MSEN	TRAFFORD AC	0:53:46	0:53:45		5	5	1
6	6	1236	GAVIN TOMLINSON	M	MSEN	TRAFFORD AC	0:54:07	0:54:07		6	6	2
7	7	1012	MICHAEL COOKE	M	MSEN	STOCKPORT HARRIERS & AC	0:56:17	0:56:15		7	7	2
8	8	67	MICHAEL BERKS	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB	0:56:34	0:56:33		8	8	1
9	9	1024	STEPHEN CROOK	M	MV40	STOCKPORT HARRIERS & AC	0:57:00	0:57:00		9	1	3
10	10	109	GAVIN BROWNE	M	MSEN	EAST CHESHIRE HARRIERS	0:57:44	0:57:42		10	9	1
11	11	44	JAMES BARNETT	M	MSEN	STOCKPORT HARRIERS & AC	0:58:02	0:58:00		11	10	4
12	12	323	JACK GREEN	M	MSEN	WERRINGTON JOGGERS	0:58:15	0:58:13		12	11	1
13	13	344	NICK HAMLIN	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB	0:58:29	0:58:28		13	12	2
14	14	454	GREG KELLY	M	MSEN	TRAFFORD AC	0:58:41	0:58:40		14	13	3
15	15	1041	CHRISTOPHER ELLIS	M	MSEN	CHORLTON RUNNERS	0:59:22	0:59:19		15	14	1
16	16	811	IAN WARRINGTON	M	MSEN	RADCLIFFE A.C.	0:59:25	0:59:23		16	15	1
17	17	1020	HARRY CRAVEN	M	MSEN	EAST CHESHIRE HARRIERS	0:59:39	0:59:37		17	16	2
18	18	1052	ED FAZAKERLEY	M	MV50	MANCHESTER HARRIERS & AC	1:00:21	1:00:17		18	1	1
19	19	1094	TOM HINDMARCH	M	MSEN	CHORLTON RUNNERS	1:00:36	1:00:28		19	17	2
20	20	395	LLYR HUGHES	M	MV40	STOCKPORT TRI CLUB	1:00:41	1:00:40		20	2	1
21	21	491	JOHN LLOYD	M	MV40	SALFORD HARRIERS	1:00:49	1:00:48		21	3	1
22	22	466	STEVE KNOWLES	M	MV45	GLOSSOPDALE HARRIERS	1:00:53	1:00:50		22	1	1
23	23	756	MICHAEL TAYLOR	M	MSEN	CHORLTON RUNNERS	1:00:54	1:00:52		23	18	3
24	24	1131	JONATHAN LANCASTER	M	MSEN	CHORLTON RUNNERS	1:01:10	1:01:06		24	19	4
25	25	1255	VELESKA WILLS	F	FSEN	DERBY AC	1:01:24	1:01:22	1		1	1
26	26	966	OLIVER BERNSTEIN	M	MSEN	CHORLTON RUNNERS	1:01:26	1:01:25		25	20	5
27	26	127	PHIL CARPENTER	M	MSEN	STOCKPORT HARRIERS & AC	1:01:30	1:01:25		26	21	5
28	28	66	GARY BERGIN	M	MV50	NORTHERN MASTERS AC	1:01:38	1:01:37		27	2	1
29	29	1018	DANIEL COTTLE	M	MV40	PRESTWICH AC	1:01:46	1:01:43		28	4	1
30	31	1233	PAUL THOMPSON	M	MV50	BOLTON TRI CLUB	1:01:47	1:01:45		29	3	1
31	30	622	TOM PEERS	M	MSEN	STOCKPORT HARRIERS & AC	1:01:48	1:01:44		30	22	6
32	32	710	ROBERT SHORT	M	MSEN	RADCLIFFE A.C.	1:01:51	1:01:47		31	23	2
33	33	98	GAVIN BRITAIN	M	MSEN	STOCKPORT HARRIERS & AC	1:01:53	1:01:50		32	24	7
34	34	1170	RICHARD O'SULLIVAN	M	MSEN	U/A	1:01:53	1:01:51		33	25	
35	35	822	CHRISTOPHER WHITTAKER	M	MSEN	RADCLIFFE A.C.	1:02:12	1:02:06		34	26	3
36	36	569	IAIN MURDOCH	M	MV45	STOCKPORT HARRIERS & AC	1:02:15	1:02:11		35	2	8
37	38	903	GEORGE KIRKMAN	M	MSEN	DERBY AC	1:02:23	1:02:23		36	27	1
38	37	641	JONATHAN PRICE	M	MSEN	U/A	1:02:30	1:02:21		37	28	
39	39	555	MATTHEW MORAN	M	MSEN	BRAMHALL RUNNERS	1:02:45	1:02:39		38	29	1
40	40	1250	ANDREW WHITTINGHAM	M	MV50	WILMSLOW RUNNING CLUB	1:02:47	1:02:40		39	4	1
41	41	878	MATT DARNLEY	M	MV40	BRAMHALL RUNNERS	1:02:54	1:02:48		40	5	2
42	42	91	MATTHEW BRENNAN	M	MSEN	PRESTWICH AC	1:03:01	1:02:57		41	30	2
43	43	113	PHIL BURNS	M	MV40	STOCKPORT HARRIERS & AC	1:03:10	1:03:06		42	6	9
44	44	947	JOHN WILLIAMS	M	MSEN	BRAMHALL RUNNERS	1:03:16	1:03:11		43	31	3
45	45	888	ROBERT FAIRBANKS	M	MV40	SALE HARRIERS	1:03:19	1:03:14		44	7	3
46	46	1187	ANDY QUIRKE	M	MV40	U/A	1:03:34	1:03:31		45	8	
47	47	877	VICKI CRONIN	F	FSEN	TRAFFORD AC	1:03:41	1:03:37	2		2	1
48	48	1132	PHIL LARRATT	M	MSEN	CHORLTON RUNNERS	1:03:52	1:03:48		46	32	6
49	49	1190	PHIL RAMSEY	M	MV40	BRAMHALL RUNNERS	1:03:59	1:03:54		47	9	4

50	52	1090	PAUL HETHERINGTON	M	MV45	LONELY GOAT RC	1:04:01	1:03:58	48	3	1
51	54	1205	PAUL SHARP	M	MSEN	U/A	1:04:06	1:04:01	49	33	
52	50	30	DAVE AYRE	M	MSEN	U/A	1:04:07	1:03:55	50	34	
53	53	1276	VIC WALSH	M	MV40	BELLE VUE RACERS	1:04:07	1:03:59	51	10	1
54	50	1214	MATT SLACK	M	MV40	U/A	1:04:11	1:03:55	52	11	
55	55	916	CONNOR MELVIN	M	MSEN	SELBY STRIDERS	1:04:17	1:04:06	53	35	1
56	56	467	JAMES KOK SHUN	M	MSEN	U/A	1:04:24	1:04:14	54	36	
57	57	86	STEVEN BOXWELL	M	MV40	U/A	1:04:43	1:04:34	55	12	
58	58	619	NICK PEACH	M	MV60	SALE HARRIERS	1:04:45	1:04:36	56	1	4
59	59	1290	CHRIS WALLS	M	MV40	U/A	1:04:50	1:04:44	57	13	
60	60	1173	JAMES PATTISON	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:05:01	1:04:51	58	37	3
61	61	70	TIM BILLINGTON	M	MV55	WILMSLOW RUNNING CLUB	1:05:03	1:04:55	59	1	2
62	62	245	MARK EGERTON	M	MSEN	SALFORD HARRIERS	1:05:13	1:05:03	60	38	2
63	63	1239	RICHARD TUNNICLIFFE	M	MSEN	U/A	1:05:19	1:05:09	61	39	
64	64	670	ANDREW ROGERS	M	MV45	ROCHDALE TRIATHLON CLUB	1:05:24	1:05:16	62	4	1
65	66	776	CHRIS TRASK	M	MV45	BRAMHALL RUNNERS	1:05:35	1:05:28	63	5	5
66	65	1197	LAURENCE ROACH	M	MSEN	U/A	1:05:40	1:05:23	64	40	
67	68	483	LOK LI	M	MV45	BRAMHALL RUNNERS	1:05:41	1:05:35	65	6	6
68	67	384	DAVID A HOPE	M	MV45	U/A	1:05:41	1:05:33	66	7	
69	69	41	CARL BARNES	M	MSEN	WIDNES RUNNING CLUB	1:05:47	1:05:37	67	41	1
70	70	1284	GREGORY O'CONNOR	M	MSEN	U/A	1:05:54	1:05:40	68	42	
71	74	358	DAVID HATCH	M	MSEN	U/A	1:06:05	1:05:59	69	43	
72	71	1257	TIM WING	M	MV45	TRI GURU	1:06:05	1:05:43	70	8	1
73	72	167	TONY COYNE	M	MV45	BELLE VUE RACERS	1:06:08	1:05:57	71	9	2
74	72	1089	JAMIE HESFORD	M	MSEN	BELLE VUE RACERS	1:06:08	1:05:57	72	44	3
75	75	328	CHRIS GRIEVE	M	MSEN	SWINTON RUNNING CLUB	1:06:12	1:06:08	73	45	1
76	75	1262	CIARAN WRIGHT	M	MSEN	MACCLESFIELD HARRIERS & AC	1:06:14	1:06:08	74	46	1
77	77	432	DAMIEN JONES	M	MSEN	SALE HARRIERS	1:06:26	1:06:20	75	47	5
78	81	1130	JENNY KNASS	F	FSEN	STOCKPORT HARRIERS & AC	1:06:41	1:06:38	3	3	1
79	79	703	IAN SHARPE	M	MV50	CHORLTON RUNNERS	1:06:44	1:06:37	76	5	7
80	78	1126	SIMON KENDALL	M	MV40	U/A	1:06:44	1:06:35	77	14	
81	79	960	GEMMA BARNETT	F	FSEN	VALE ROYAL	1:06:47	1:06:37	4	4	1
82	82	833	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	1:06:50	1:06:41	78	48	1
83	83	1196	PAUL RILEY	M	MV45	PENNY LANE STRIDERS	1:06:52	1:06:42	79	10	1
84	85	105	GAVIN BROWN	M	MV50	U/A	1:07:02	1:06:58	80	6	
85	84	212	MATTHEW DESCHOOLMEESTER	M	MV45	BRAMHALL RUNNERS	1:07:03	1:06:56	81	11	7
86	85	453	ALISTAIR KELL	M	MV50	SALE HARRIERS	1:07:06	1:06:58	82	7	6
87	87	1077	RICHARD HANDLEY	M	MSEN	WHITCHURCH WHIPPETS	1:07:11	1:07:05	83	49	1
88	88	913	BRIAN MCDOWELL	M	MSEN	U/A	1:07:15	1:07:06	84	50	
89	90	1053	OWEN FLAGE	M	MV45	OLDHAM&ROYTON HARRIERSAC	1:07:29	1:07:22	85	12	1
90	92	425	MARK JOHNSON	M	MSEN	U/A	1:07:39	1:07:30	86	51	
91	93	1043	STEPHEN ELLISON	M	MV40	MOUNTS BAY HARRIERS	1:07:40	1:07:32	87	15	1
92	93	550	PAUL MINTON	M	MSEN	BELLE VUE RACERS	1:07:43	1:07:32	88	52	4
93	91	229	STEVEN DOXEY	M	MV55	SWINTON RUNNING CLUB	1:07:44	1:07:28	89	2	2
94	97	1158	ALAN MORRIS	M	MV50	U/A	1:07:54	1:07:48	90	8	
95	96	775	LUKE TOWNSEND	M	MSEN	SALE HARRIERS	1:07:55	1:07:38	91	53	7
96	95	398	STEVE HUMPHRIES	M	MV45	STOCKPORT HARRIERS & AC	1:08:02	1:07:37	92	13	10
97	99	430	DAMIAN JONES	M	MSEN	DAVENPORT RUNNERS	1:08:07	1:08:00	93	54	1
98	102	875	JUSTIN CLEARY	M	MSEN	CHORLTON RUNNERS	1:08:12	1:08:09	94	55	8
99	89	402	DANIEL HUNT-EARLE	M	MSEN	U/A	1:08:15	1:07:19	95	56	

100	100	515	BEN MARSH	M	MSEN	U/A	1:08:15	1:08:02		96	57	
101	98	1193	NICOLA REECE	F	FSEN	WILMSLOW RUNNING CLUB	1:08:21	1:07:59	5		5	1
102	103	544	STEVEN MILLAR	M	MV45	MACCLESFIELD HARRIERS & AC	1:08:23	1:08:12		97	14	2
103	101	1101	THOMAS MATTHEW HUBBARD	M	MSEN	LONELY GOAT RC	1:08:24	1:08:08		98	58	2
104	104	962	ADAM BATTERSBY	M	MSEN	MOSSLEY AFC RUNNING CLUB	1:08:26	1:08:15		99	59	1
105	105	510	JAMES MALONE	M	MV40	BELLE VUE RACERS	1:08:39	1:08:28		100	16	5
106	106	929	TOM ROGERS	M	MSEN	BELLE VUE RACERS	1:08:40	1:08:29		101	60	6
107	107	1001	MARCUS CHESTER	M	MV40	BURNDEN ROAD RUNNERS	1:08:48	1:08:32		102	17	1
108	109	1286	MATT MCNULTY	M	MV45	U/A	1:08:49	1:08:39		103	15	
109	111	1146	ROBERT MAXWELL	M	MV45	U/A	1:08:56	1:08:46		104	16	
110	111	709	MATT SHICKELL	M	MV40	SANDBACH STRIDERS	1:08:58	1:08:46		105	18	1
111	114	139	ANNE CHINOY	F	FV45	SALE HARRIERS	1:09:01	1:08:55	6		1	1
112	115	42	RUSSELL BARNES	M	MSEN	ROCHDALE TRIATHLON CLUB	1:09:03	1:08:56		106	61	2
113	110	81	LIAM BOUGHEY	M	MSEN	U/A	1:09:04	1:08:41		107	62	
114	113	909	JOSH MAKIN	M	MSEN	MANCHESTER YMCA HARRIERS	1:09:12	1:08:54		108	63	1
115	116	1251	DEAN WHITTLE	M	MSEN	PRESTWICH AC	1:09:15	1:08:57		109	64	3
116	117	228	SEAN DORAN	M	MSEN	STOCKPORT HARRIERS & AC	1:09:24	1:09:19		110	65	11
117	118	1188	BRETT RAFFERTY	M	MSEN	U/A	1:09:26	1:09:20		111	66	
118	108	32	ANDY BAGULEY	M	MV40	CHORLTON RUNNERS	1:09:32	1:08:37		112	19	1
119	121	480	PAUL LEONARD	M	MV45	U/A	1:09:42	1:09:33		113	17	
120	119	741	BENJAMIN W STREDDER	M	MV40	DIDSBURY RUNNERS	1:09:45	1:09:27		114	20	1
121	124	848	ALAN WOOD	M	MV50	LONELY GOAT RC	1:09:52	1:09:41		115	9	3
122	122	583	DAVID NIGHTINGALE	M	MV40	SWINTON RUNNING CLUB	1:09:54	1:09:36		116	21	3
123	123	752	PETER TASKER	M	MSEN	PRESTWICH AC	1:09:56	1:09:38		117	67	4
124	126	1223	STEFANIE STEVENS	F	FV50	CHORLTON RUNNERS	1:10:02	1:09:48	7		1	1
125	120	618	JON PEACH	M	MV50	MARPLE RUNNERS	1:10:11	1:09:30		118	10	1
126	127	627	KATIE PERCIVAL	F	FSEN	RADCLIFFE A.C.	1:10:16	1:10:02	8		6	1
127	128	16	WILL ALLISTER-SMITH	M	MSEN	U/A	1:10:21	1:10:03		119	68	
128	130	1120	CHRISTOPHER JOHNS	M	MSEN	U/A	1:10:22	1:10:09		120	69	
129	131	1057	JACK GALLAGHER	M	MSEN	U/A	1:10:25	1:10:12		121	70	
130	132	899	HELEN HARRINGTON	F	FSEN	VALE ROYAL	1:10:26	1:10:14	9		7	2
131	134	983	ANDREW BURGESS	M	MSEN	U/A	1:10:28	1:10:18		122	71	
132	135	632	FRANK POPDD	M	MV45	BRAMHALL RUNNERS	1:10:29	1:10:22		123	18	8
133	129	617	ALASTAIR PATTRICK	M	MSEN	CHORLTON RUNNERS	1:10:29	1:10:08		124	72	9
134	138	1133	JAYNE LAWTON	F	FV50	MARPLE RUNNERS	1:10:36	1:10:26	10		2	1
135	133	1275	ROB KEDIAN	M	MV40	U/A	1:10:39	1:10:16		125	22	
136	125	404	JAMES HYNES	M	MV50	U/A	1:10:40	1:09:44		126	11	
137	136	978	STUART BRADLEY	M	MV40	U/A	1:10:42	1:10:25		127	23	
138	139	1166	GORDON NICOLL	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:10:42	1:10:29		128	3	4
139	136	1055	WAYNE FRANCIS	M	MSEN	U/A	1:10:43	1:10:25		129	73	
140	141	1234	JOHN TODD	M	MV55	VALE ROYAL	1:10:50	1:10:39		130	4	1
141	142	14	JOHN ALLEN	M	MSEN	STOCKPORT HARRIERS & AC	1:10:56	1:10:44		131	74	12
142	145	352	GRAHAM HARRISON	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:10:58	1:10:46		132	5	5
143	140	957	AARON ATKINSON	M	MV40	STOCKPORT HARRIERS & AC	1:11:00	1:10:35		133	24	13
144	148	834	RICHARD WILLIAMS	M	MV45	MARPLE RUNNERS	1:11:06	1:10:53		134	19	2
145	145	588	PAUL NORRIS	M	MV60	WILMSLOW RUNNING CLUB	1:11:09	1:10:46		135	2	3
146	142	224	SARAH DOHERTY	F	FSEN	BRAMHALL RUNNERS	1:11:11	1:10:44	11		8	1
147	150	1212	STUART SIMPSON	M	MV50	U/A	1:11:13	1:10:56		136	12	
148	149	890	BECKY FENNELL	F	FSEN	STOCKPORT HARRIERS & AC	1:11:16	1:10:54	12		9	2
149	152	1178	JENNIE PICKARD	F	FV45	STOCKPORT HARRIERS & AC	1:11:17	1:11:04	13		2	3

150	151	300	PAUL GARNETT	M	MV55	WILMSLOW RUNNING CLUB	1:11:19	1:10:59	137	6	4
151	147	858	STEVEN YEOMAN	M	MV40	U/A	1:11:19	1:10:51	138	25	
152	153	1282	LYDIA BRIGGS	F	FSEN	SALE HARRIERS	1:11:25	1:11:10	14	10	2
153	154	817	STEVEN WELCH	M	MSEN	CHORLTON RUNNERS	1:11:32	1:11:22	139	75	10
154	155	1097	KEITH HOLMAN	M	MSEN	CHORLTON RUNNERS	1:11:33	1:11:23	140	76	11
155	156	767	MICHAEL J TINKER	M	MV45	U/A	1:11:44	1:11:25	141	20	
156	158	926	PETER PICKWELL	M	MV65	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:11:51	1:11:40	142	1	6
157	163	215	STEPHEN DIESNER	M	MV55	U/A	1:11:57	1:11:47	143	7	
158	160	184	MICHAL CWIEKALA	M	MV40	U/A	1:11:59	1:11:43	144	26	
159	158	1181	NATHAN POULTON	M	MV40	HYDE VILLAGE STRIDERS	1:12:02	1:11:40	145	27	1
160	165	242	CHRIS EDGE	M	MV40	U/A	1:12:05	1:11:53	146	28	
161	161	671	GARY ROGERSON	M	MV45	MACCLESFIELD HARRIERS & AC	1:12:05	1:11:44	147	21	3
162	166	723	MARK SMITH	M	MV45	STOCKPORT HARRIERS & AC	1:12:11	1:11:55	148	22	14
163	164	631	PAUL PLUMMER	M	MV45	STOCKPORT TRI CLUB	1:12:13	1:11:49	149	23	2
164	167	1119	AMY JAMES	F	FSEN	TRI GURU	1:12:17	1:11:58	15	11	1
165	162	61	JUDE BEK	F	FSEN	CHORLTON RUNNERS	1:12:23	1:11:45	16	12	2
166	169	880	ANIRBAN DAS	M	MV40	SWINTON RUNNING CLUB	1:12:25	1:12:09	150	29	4
167	142	292	PETE FRIGGERI	M	MV50	U/A	1:12:32	1:10:44	151	13	
168	171	572	DAVID MURPHY	M	MV40	VALE ROYAL	1:12:38	1:12:15	152	30	2
169	172	370	RICHARD HEYES	M	MSEN	BRAMHALL RUNNERS	1:12:41	1:12:20	153	77	9
170	174	294	EMILIA GAJDA	F	FSEN	STOCKPORT HARRIERS & AC	1:12:45	1:12:31	17	13	4
171	157	891	ADAM FORD	M	MV40	U/A	1:12:52	1:11:35	154	31	
172	173	967	DANIEL BINNS	M	MV45	U/A	1:12:52	1:12:26	155	24	
173	168	1114	ANDY JACKSON	M	MSEN	MARPLE RUNNERS	1:12:54	1:12:08	156	78	3
174	176	797	NEAL WAINWRIGHT	M	MSEN	CHORLTON RUNNERS	1:12:56	1:12:37	157	79	12
175	180	925	DAISY PICKLES	F	FSEN	MACCLESFIELD HARRIERS & AC	1:13:08	1:12:55	18	14	1
176	178	6	PAUL ADKINS	M	MV65	BRAMHALL RUNNERS	1:13:10	1:12:52	158	2	10
177	182	201	NICHOLA D'CRUZE	F	FSEN	PENNY LANE STRIDERS	1:13:11	1:13:00	19	15	1
178	170	123	CAROLYN CAPSEY	F	FSEN	SWINTON RUNNING CLUB	1:13:15	1:12:10	20	16	1
179	179	1268	CHRIS VAGG	M	MV45	U/A	1:13:15	1:12:54	159	25	
180	177	1280	KATIE HORSLEY	F	FSEN	SALE HARRIERS	1:13:19	1:12:45	21	17	3
181	183	141	DAVID CHRYSTIE-LOWE	M	MV60	GLOSSOPDALE HARRIERS	1:13:19	1:13:02	160	3	2
182	185	1221	ALAN STEEPLE	M	MV45	CHORLTON RUNNERS	1:13:21	1:13:03	161	26	13
183	181	94	MATTHEW BREWIS	M	MV45	U/A	1:13:23	1:12:58	162	27	
184	186	697	NIGEL SEDMAN	M	MV50	BELLE VUE RACERS	1:13:24	1:13:08	163	14	7
185	188	799	JOHN WAITING	M	MSEN	MARPLE RUNNERS	1:13:26	1:13:13	164	80	4
186	175	1167	TORI NIXON	F	FV40	LANCASTER & MORECAMBE AC	1:13:29	1:12:36	22	1	1
187	190	214	DUNCAN DICKINSON	M	MV50	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:13:33	1:13:19	165	15	7
188	192	996	DAVID CHADDERTON	M	MV70	U/A	1:13:37	1:13:26	166	1	
189	183	1045	DIANE ENDERBY	F	FSEN	CHORLTON RUNNERS	1:13:39	1:13:02	23	18	3
190	186	889	DANNY FEGAN	M	MV50	ST HELENS STRIDERS	1:13:39	1:13:08	167	16	1
191	192	265	JOHN FELTON	M	MV50	OLDHAM&ROYTON HARRIERSAC	1:13:40	1:13:26	168	17	2
192	190	519	MELANIE MATHER	F	FV45	STOCKPORT HARRIERS & AC	1:13:40	1:13:19	24	3	5
193	195	768	JODIE TINKER	F	FSEN	OLDHAM&ROYTON HARRIERSAC	1:13:41	1:13:27	25	19	1
194	199	407	BEVERLEY JACKSON	F	FV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:13:44	1:13:31	26	1	1
195	189	468	PHILIP KOK SHUN	M	MSEN	U/A	1:13:44	1:13:16	169	81	
196	198	1176	JEROEN PETERS	M	MV55	GLOSSOPDALE HARRIERS	1:13:46	1:13:30	170	8	3
197	201	334	STUART HAGUE	M	MV45	WIDNES RUNNING CLUB	1:13:49	1:13:38	171	28	2
198	192	1220	SEAN STAFFORD	M	MV50	U/A	1:13:49	1:13:26	172	18	
199	196	356	STEVE HATCH	M	MV55	U/A	1:13:52	1:13:29	173	9	

200	200	1155	REBECCA MILLS	F	FSEN	SWINTON RUNNING CLUB	1:13:53	1:13:34	27		20	2
201	196	1088	JOSHUA HENSHAW	M	MSEN	STOCKPORT TRI CLUB	1:14:00	1:13:29		174	82	3
202	204	1264	JENNY YATES	F	FV50	RADCLIFFE A.C.	1:14:16	1:13:50	28		3	2
203	206	431	JASON JONES	M	MV45	CONGLETON HARRIERS	1:14:22	1:13:54		175	29	1
204	207	1237	STEFAN DANIEL TONCU	M	MSEN	STOCKPORT HARRIERS & AC	1:14:22	1:13:57		176	83	15
205	205	535	JAMES MCINERNEY	M	MV40	U/A	1:14:23	1:13:53		177	32	
206	203	38	ANDREW BARLOW	M	MV45	U/A	1:14:23	1:13:47		178	30	
207	212	47	TONY BARRAS	M	MV45	HYDE VILLAGE STRIDERS	1:14:27	1:14:18		179	31	2
208	209	643	LINDSAY PURDIE	F	FV45	MACCLESFIELD HARRIERS & AC	1:14:29	1:14:08	29		4	2
209	209	452	DAVE KEEN	M	MV40	U/A	1:14:30	1:14:08		180	33	
210	213	829	JOHN WILLIAMS	M	MV40	U/A	1:14:37	1:14:19		181	34	
211	211	551	JEREMY MIRAMS	M	MV45	STOCKPORT HARRIERS & AC	1:14:40	1:14:17		182	32	16
212	215	645	HEIDI QUIGLEY	F	FV40	BARNSELY AC	1:14:42	1:14:26	30		2	1
213	216	78	SIMON BOAST	M	MV60	MARLBOROUGH RUNNING CLUB	1:14:48	1:14:27		183	4	1
214	218	680	MICHAEL RUFFLES	M	MSEN	STOCKPORT TRI CLUB	1:14:52	1:14:32		184	84	4
215	202	1011	IAN CONNOLLY	M	MV55	ROSSENDALE TRI	1:14:52	1:13:44		185	10	1
216	221	573	DAVE MURRAY	M	MSEN	CHORLTON RUNNERS	1:14:55	1:14:37		186	85	14
217	220	361	JOHN HAZLETON	M	MV60	U/A	1:14:55	1:14:35		187	5	
218	219	227	DARREN DONALD	M	MV40	STOCKPORT HARRIERS & AC	1:14:57	1:14:33		188	35	17
219	214	650	ALAN REYNOLDS	M	MSEN	FELL DEVILS	1:14:58	1:14:22		189	86	1
220	217	166	STEVEN M COX	M	MV45	STOCKPORT HARRIERS & AC	1:14:58	1:14:31		190	33	18
221	208	1277	SARAH RENSHAW	F	FSEN	CHORLTON RUNNERS	1:14:59	1:14:06	31		21	4
222	223	1014	BILLY COOPER	M	MV50	MANCHESTER FRONTRUNNERS	1:15:02	1:14:45		191	19	1
223	222	152	DAVID COLLEY	M	MV60	STOCKPORT TRI CLUB	1:15:04	1:14:42		192	6	5
224	224	998	JONATHAN CHARLES	M	MSEN	MOSSLEY AFC RUNNING CLUB	1:15:18	1:14:47		193	87	2
225	232	326	JEREMY GREEN	M	MV55	WERRINGTON JOGGERS	1:15:27	1:15:16		194	11	2
226	226	403	KATHRYN HUTCHINSON	F	FSEN	MACCLESFIELD HARRIERS & AC	1:15:28	1:15:06	32		22	3
227	230	938	MATTHEW SOWERBY	M	MV45	BLACKLEY WALK2RUN	1:15:30	1:15:13		195	34	1
228	229	979	RICHARD BRAILSFORD	M	MV40	MANCHESTER YMCA HARRIERS	1:15:34	1:15:12		196	36	1
229	225	1201	NEIL RYAN	M	MSEN	MANCHESTER HARRIERS & AC	1:15:37	1:15:03		197	88	2
230	234	576	HELEN MURRAY	F	FSEN	KNUTSFORD TRI CLUB	1:15:47	1:15:23	33		23	1
231	228	1139	TONY LONGDEN	M	MV55	U/A	1:15:48	1:15:08		198	12	
232	239	777	MARK DAVID TUEART	M	MSEN	U/A	1:15:49	1:15:32		199	89	
233	241	337	PAUL HAINES	M	MV45	STOCKPORT HARRIERS & AC	1:15:52	1:15:39		200	35	19
234	231	952	CALLUM APPLEBY	M	MSEN	U/A	1:15:53	1:15:15		201	90	
235	233	700	CHRIS SEWART	M	MV40	MANCHESTER HARRIERS & AC	1:15:56	1:15:19		202	37	3
236	241	1098	ANDREW HORROCKS	M	MV50	U/A	1:16:00	1:15:39		203	20	
237	235	802	JACK WALL	M	MSEN	U/A	1:16:01	1:15:24		204	91	
238	240	58	MARK BEARD	M	MV40	ROCHDALE TRIATHLON CLUB	1:16:03	1:15:34		205	38	3
239	236	18	LOUISE AMBLER	F	FSEN	TRAFFORD AC	1:16:04	1:15:28	34		24	2
240	238	759	WENDY TERRY	F	FV45	SALE HARRIERS	1:16:05	1:15:31	35		5	4
241	245	1285	JOE HANNEY	M	MV45	VALLEY STRIDERS AC	1:16:06	1:15:47		206	36	1
242	227	125	MARTIN CAROLAN	M	MSEN	DIDSBURY RUNNERS	1:16:07	1:15:07		207	92	2
243	243	346	PAUL HARRINGTON	M	MV50	FRA	1:16:08	1:15:40		208	21	1
244	246	97	REBECCA BRIMAGE	F	FV40	STOCKPORT HARRIERS & AC	1:16:20	1:15:53	36		3	6
245	247	844	HAYLEY WINDER	F	FV40	RADCLIFFE A.C.	1:16:20	1:15:54	37		4	3
246	248	930	MARK ROGERSON	M	MV50	U/A	1:16:23	1:15:57		209	22	
247	244	308	MARK GILMORE	M	MV55	DAVENPORT RUNNERS	1:16:26	1:15:45		210	13	2
248	249	49	SARA BARRON	F	FSEN	U/A	1:16:28	1:16:00	38		25	
249	251	1252	MAUREEN WILKINS	F	FV55	STOCKPORT HARRIERS & AC	1:16:32	1:16:07	39		2	7

250	253	359	PAUL HAWGOOD	M	MV50	U/A	1:16:34	1:16:14	211	23	
251	259	56	PAUL BAYLEY	M	MV55	U/A	1:16:41	1:16:25	212	14	
252	267	963	ROBIN BEAUMONT	M	MV55	U/A	1:16:44	1:16:38	213	15	
253	266	1266	NAZ ZAMEER	M	MV50	CHORLTON RUNNERS	1:16:44	1:16:36	214	24	15
254	250	437	TIM JORGENSSON	M	MV55	U/A	1:16:45	1:16:05	215	16	
255	261	171	ALEX CRITCHER	M	MV40	GLOSSOPDALE HARRIERS	1:16:46	1:16:31	216	39	4
256	252	757	RICK TAYLOR	F	FV45	U/A	1:16:46	1:16:13	40	6	
257	256	815	STEWART WAUDBY	M	MV45	MACCLESFIELD HARRIERS & AC	1:16:47	1:16:18	217	37	4
258	261	1122	BRADLEY JOHNSON	M	MV40	CHORLTON RUNNERS	1:16:47	1:16:31	218	40	16
259	237	1161	DAVID MYERS	M	MV45	MARPLE RUNNERS	1:16:49	1:15:30	219	38	5
260	265	1238	CAROLYN TREGASKIS	F	FV55	U/A	1:16:51	1:16:34	41	3	
261	258	924	DAVE PERRY	M	MV50	U/A	1:16:52	1:16:21	220	25	
262	256	531	RACHEL A MCDONNELL	F	FV45	TRAFFORD AC	1:16:54	1:16:18	42	7	3
263	263	158	SHAUN CORAM	M	MV50	BUXTON AC	1:16:57	1:16:32	221	26	1
264	255	597	ROBERT E OERTON	M	MV55	BRAMHALL RUNNERS	1:17:01	1:16:15	222	17	11
265	273	82	MARK BOUSIE	M	MV40	LONELY GOAT RC	1:17:04	1:16:49	223	41	4
266	268	427	LEE JOHNSON	M	MV40	WAKEFIELD TRIATHLON CLUB	1:17:06	1:16:39	224	42	1
267	269	1249	PAUL WHITTAKER	M	MV45	MARPLE RUNNERS	1:17:07	1:16:41	225	39	6
268	270	1051	LAURA FAIRHURST	F	FSEN	WILMSLOW RUNNING CLUB	1:17:07	1:16:45	43	26	2
269	272	1296	STEPHEN BRADLEY	M	MV60	ROAD RUNNERS CLUB	1:17:07	1:16:48	226	7	1
270	271	989	COLIN CAISLEY	M	MV45	WILMSLOW RUNNING CLUB	1:17:09	1:16:46	227	40	5
271	281	1168	JEFF NORMAN	M	MV70	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:17:11	1:16:58	228	2	8
272	273	45	PAUL BARNETT	M	MV50	U/A	1:17:12	1:16:49	229	27	
273	285	1271	JOHN RICHARDS	M	MV40	BRAMHALL RUNNERS	1:17:16	1:17:01	230	43	12
274	280	497	SEAN LORD	M	MV45	CHORLTON RUNNERS	1:17:16	1:16:57	231	41	17
275	276	1208	COLIN SHORE	M	MV45	STOCKPORT TRI CLUB	1:17:22	1:16:51	232	42	6
276	276	84	IAN BOWKER	M	MV50	U/A	1:17:24	1:16:51	233	28	
277	278	529	DANIEL MCDERMOTT	M	MV45	HYDE VILLAGE STRIDERS	1:17:24	1:16:54	234	43	3
278	253	783	DAVID TURNER	M	MSEN	RAMSBOTTOM	1:17:26	1:16:14	235	93	1
279	264	137	TIM CHESWORTH	M	MV45	U/A	1:17:28	1:16:33	236	44	
280	260	1138	RICHARD LEVELL	M	MV40	U/A	1:17:28	1:16:27	237	44	
281	283	624	ANDY PEGRAM	M	MV45	DAVENPORT RUNNERS	1:17:39	1:16:59	238	45	3
282	281	895	JOHN GORE	M	MSEN	ROCHDALE TRIATHLON CLUB	1:17:41	1:16:58	239	94	4
283	273	688	NICHOLAS SAXTON	M	MSEN	U/A	1:17:42	1:16:49	240	95	
284	287	210	CHRIS DELANEY	M	MV40	U/A	1:17:45	1:17:14	241	45	
285	289	231	KATE DOYLE	F	FV40	U/A	1:17:51	1:17:22	44	5	
286	293	1194	GLENNIS RICHARDSON	F	FV60	STOCKPORT HARRIERS & AC	1:17:53	1:17:29	45	1	8
287	286	975	TIM BLACKWELL	M	MV45	CHORLTON RUNNERS	1:17:56	1:17:02	242	46	18
288	296	383	CHRISTIAN HOOK	M	MV45	CHORLTON RUNNERS	1:17:57	1:17:38	243	47	19
289	290	73	CHARLOTTE BLACK	F	FV40	STOCKPORT TRI CLUB	1:17:58	1:17:26	46	6	1
290	292	1068	LEE GRINT	M	MV50	U/A	1:17:59	1:17:28	244	29	
291	295	401	KEZIAH HUNT-EARLE	F	FSEN	U/A	1:18:00	1:17:34	47	27	
292	288	849	MARTIN WOOD	M	MV45	BRAMHALL RUNNERS	1:18:04	1:17:16	245	48	13
293	297	990	NOLA CALLADINE	F	FV40	U/A	1:18:06	1:17:40	48	7	
294	294	110	SAN BUCKLEY	F	FV45	U/A	1:18:08	1:17:33	49	8	
295	279	162	POLLY COULSON	F	FV40	U/A	1:18:11	1:16:56	50	8	
296	290	532	ROB MCDOWELL	M	MV55	U/A	1:18:11	1:17:26	246	18	
297	299	1022	JEFFREY M CRITCHLEY	M	MV55	U/A	1:18:19	1:17:56	247	19	
298	283	1226	STEVE SWAN	M	MV45	CHORLTON RUNNERS	1:18:21	1:16:59	248	49	20
299	305	606	ROBERT PAGE	M	MV60	CHORLTON RUNNERS	1:18:26	1:18:15	249	8	21

300	302	423	JUSTIN JOHNSON	M	MSEN	HYDE VILLAGE STRIDERS	1:18:31	1:18:08	250	96	4
301	305	981	IAN BRUFF	M	MV40	U/A	1:18:33	1:18:15	251	46	
302	307	39	PAUL A BARLOW	M	MV40	ROCHDALE TRIATHLON CLUB	1:18:34	1:18:18	252	47	5
303	298	699	CAROLINE SEMPLE	F	FV50	DAVENPORT RUNNERS	1:18:35	1:17:53	51	4	1
304	303	865	CATHY ATKINSON	F	FV45	MANCHESTER TRIATHLON CLUB	1:18:38	1:18:10	52	9	1
305	301	536	TOM TOM MCMAHON	M	MSEN	U/A	1:18:39	1:18:02	253	97	
306	314	241	JAMES EDEN	M	MSEN	STOCKPORT TRI CLUB	1:18:45	1:18:25	254	98	7
307	319	305	NICO GIBERT	M	MV45	MANCHESTER FRONTRUNNERS	1:18:47	1:18:30	255	50	2
308	328	1092	SHAUN HINCHY	M	MV50	BLACKLEY WALK2RUN	1:18:57	1:18:40	256	30	2
309	299	112	JOHN BURGESS	M	MV50	CHORLTON RUNNERS	1:19:00	1:17:56	257	31	22
310	330	1230	CONNOR THACKER	M	MSEN	SALFORD METROPOLITAN ATHLETICS	1:19:00	1:18:47	258	99	1
311	316	318	JAMES GRAHAM	M	MSEN	U/A	1:19:01	1:18:26	259	100	
312	322	1163	BELINDA NEILD	F	FV40	SALFORD METROPOLITAN ATHLETICS	1:19:02	1:18:31	53	9	1
313	323	52	SHARON BARTLETT	F	FV45	U/A	1:19:03	1:18:33	54	10	
314	312	836	MELS WILLIAMSON	F	FV40	CHORLTON RUNNERS	1:19:03	1:18:24	55	10	5
315	319	1118	ANDY JACKSON	M	MV45	THE FELL DEVILS	1:19:05	1:18:30	260	51	1
316	303	362	BARRY HEAP	M	MV50	BRAMHALL RUNNERS	1:19:07	1:18:10	261	32	14
317	307	1058	TRACY GIBSON	F	FV50	EAST CHESHIRE HARRIERS	1:19:09	1:18:18	56	5	1
318	314	711	DUNCAN SHUTTLEWORTH	M	MV60	PRESTWICH AC	1:19:09	1:18:25	262	9	5
319	318	866	ADRIAN BASSETT	M	MSEN	U/A	1:19:13	1:18:29	263	101	
320	334	504	ELAINE MACDONALD	F	FSEN	STOCKPORT HARRIERS & AC	1:19:14	1:18:50	57	28	9
321	336	36	DALE BAKER	M	MSEN	U/A	1:19:17	1:18:52	264	102	
322	319	441	FAEZ KAISER	M	MV45	BRAMHALL RUNNERS	1:19:18	1:18:30	265	52	15
323	344	351	CAROLE HARRISON	F	FV50	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:19:19	1:19:07	58	6	2
324	325	1229	JOHN TEMPERLEY	M	MV55	BRAMHALL RUNNERS	1:19:20	1:18:34	266	20	16
325	338	917	NICKY MOWAT	F	FV60	WILMSLOW RUNNING CLUB	1:19:20	1:18:56	59	2	3
326	333	649	JULIA REYNOLDS	F	FV45	SALE HARRIERS	1:19:26	1:18:49	60	11	5
327	340	999	ANDREW CHARLESWORTH	M	MV45	HYDE VILLAGE STRIDERS	1:19:26	1:18:59	267	53	5
328	338	970	LEE BIRMINGHAM	M	MV50	MOSSLEY AFC RUNNING CLUB	1:19:30	1:18:56	268	33	3
329	334	336	DOMINIC HAIGH	M	MSEN	U/A	1:19:31	1:18:50	269	103	
330	352	256	GAVIN EYQUEM	M	MSEN	STOCKPORT HARRIERS & AC	1:19:32	1:19:28	270	104	20
331	327	46	JAMES BARNEY	M	MSEN	REBEL RUNNERS MEDWAY	1:19:33	1:18:37	271	105	1
332	312	62	ANDREW BELL	M	MV55	STOCKPORT HARRIERS & AC	1:19:33	1:18:24	272	21	21
333	311	278	MARK FOLEY	M	MSEN	U/A	1:19:33	1:18:23	273	106	
334	323	570	LAURA MURPHY	F	FSEN	U/A	1:19:36	1:18:33	61	29	
335	351	1235	DAMIEN TOLAN	M	MV40	BELLE VUE RACERS	1:19:36	1:19:23	274	48	8
336	309	389	KATE HOWKINS	F	FV40	U/A	1:19:39	1:18:19	62	11	
337	346	1150	CHELSEA MEARS-GRAHAM	F	FSEN	MARPLE RUNNERS	1:19:39	1:19:14	63	30	2
338	337	521	PAUL MAYBURY	M	MV50	DRAGONS RUNNING CLUB SALE	1:19:40	1:18:55	275	34	1
339	340	954	MICHAEL ASHTON	M	MV45	TRI GURU	1:19:42	1:18:59	276	54	2
340	342	29	STEVE AUGHTON	M	MV45	BRAMHALL RUNNERS	1:19:46	1:19:01	277	55	17
341	343	593	PATRICK O'BRIEN	M	MV60	BELLE VUE RACERS	1:19:48	1:19:05	278	10	9
342	326	574	GRAHAM MURRAY	M	MV55	MARPLE RUNNERS	1:19:53	1:18:35	279	22	7
343	316	385	ANDREW HORROCKS	M	MV40	U/A	1:19:54	1:18:26	280	49	
344	346	870	CARL BRADDOCK	M	MV55	DAVENPORT RUNNERS	1:19:55	1:19:14	281	23	4
345	348	1256	WAYNE WILSON	M	MV55	HRC	1:19:56	1:19:18	282	24	1
346	358	77	GARY BOAST	M	MSEN	U/A	1:19:57	1:19:37	283	107	
347	331	935	SANDRA SMITH	F	FV50	MARPLE RUNNERS	1:19:59	1:18:48	64	7	3
348	310	177	SEAN CROWLEY	M	MSEN	U/A	1:20:01	1:18:21	284	108	
349	329	1258	CONNIE WOODALL	F	FSEN	U/A	1:20:01	1:18:46	65	31	

350	331	736	HARLEY STEWARD	M	MSEN	U/A	1:20:01	1:18:48		285	109	
351	361	912	ANGELA MCCARTHY	F	FV55	MARPLE RUNNERS	1:20:03	1:19:44	66		4	4
352	350	1195	STEVEN RIDGWAY	M	MSEN	U/A	1:20:04	1:19:22		286	110	
353	345	496	ANNE MARIE LORD	F	FV50	OLDHAM&ROYTON HARRIERSAC	1:20:05	1:19:12	67		8	2
354	357	677	PETER ROWE	M	MSEN	CHORLTON RUNNERS	1:20:06	1:19:35		287	111	23
355	366	946	PHIL WILCOXON	M	MV60	BELLE VUE RACERS	1:20:08	1:19:55		288	11	10
356	355	919	PETER O'BRIEN	M	MV55	HRC	1:20:11	1:19:34		289	25	2
357	355	409	ELAINE JACKSON	F	FV55	U/A	1:20:17	1:19:34	68		5	
358	363	1110	AMELIA HUNT	F	FSEN	GOYT VALLEY STRIDERS	1:20:22	1:19:49	69		32	1
359	349	628	JOSEPH PERRY	M	MSEN	U/A	1:20:24	1:19:19		290	112	
360	371	217	DANIEL DINSEY	M	MSEN	MARLBOROUGH RUNNING CLUB	1:20:26	1:20:06		291	113	2
361	372	526	DANNY. MCCARRON	M	MV55	CHORLTON RUNNERS	1:20:28	1:20:09		292	26	24
362	363	296	SUDAM GAMAGE	M	MSEN	HYDE VILLAGE STRIDERS	1:20:28	1:19:49		293	114	6
363	359	911	SIMON MARTIN	M	MSEN	U/A	1:20:29	1:19:38		294	115	
364	354	244	BEN EDMONDS	M	MSEN	U/A	1:20:31	1:19:30		295	116	
365	365	114	RICHARD BURTON	M	MV40	CHORLTON RUNNERS	1:20:33	1:19:53		296	50	25
366	367	473	PETER LAMBERT	M	MV45	U/A	1:20:34	1:19:58		297	56	
367	376	852	JEREMY WOODHAM	M	MV45	MARPLE RUNNERS	1:20:42	1:20:15		298	57	8
368	362	470	DAVE LAFFERTY	M	MSEN	U/A	1:20:43	1:19:47		299	117	
369	367	971	STUART BLACKMORE	M	MV40	U/A	1:20:44	1:19:58		300	51	
370	377	1063	PATRICIA A GOODALL	F	FV60	TOTLEY AC	1:20:44	1:20:16	70		3	1
371	384	1265	EMMA YOUNG	F	FV45	BRAMHALL RUNNERS	1:20:48	1:20:23	71		12	2
372	383	1142	MARK LYNCH	M	MV50	MARPLE RUNNERS	1:20:48	1:20:22		301	35	9
373	377	901	GARETH JONES	M	MV40	STOCKPORT TRI CLUB	1:20:49	1:20:16		302	52	8
374	382	357	CAROL HATCH	F	FV55	U/A	1:20:52	1:20:21	72		6	
375	369	1215	JONNY SLATER	M	MSEN	U/A	1:20:53	1:20:04		303	118	
376	374	1005	THOMAS CLARKE	M	MV45	EAST CHESHIRE HARRIERS	1:20:53	1:20:10		304	58	3
377	360	591	SARAH NUTT	F	FSEN	U/A	1:20:54	1:19:40	73		33	
378	375	1288	ANDY HAWORTH	M	MV45	BRAMHALL RUNNERS	1:20:57	1:20:12		305	59	18
379	400	719	JESSICA SLATER	F	FSEN	U/A	1:21:06	1:21:06	74		34	
380	372	1036	EOIN DUNLEVY	M	MSEN	DIDSBURY RUNNERS	1:21:06	1:20:09		306	119	3
381	379	718	KIMBERLY SLATER	F	FV50	U/A	1:21:06	1:20:17	75		9	
382	352	1202	DREW SAVAGE	M	MV45	CHORLTON RUNNERS	1:21:08	1:19:28		307	60	26
383	385	972	CHRIS BLACKSHAW	M	MV60	U/A	1:21:10	1:20:26		308	12	
384	388	949	GARY YATES	M	MV50	U/A	1:21:11	1:20:38		309	36	
385	386	1278	GARETH OWEN	M	MV45	FETCH EVERYONE	1:21:14	1:20:29		310	61	1
386	393	951	DANIEL ALSTON	M	MSEN	U/A	1:21:15	1:20:44		311	120	
387	389	746	NEIL SWAINSTON	M	MV45	CHORLTON RUNNERS	1:21:18	1:20:39		312	62	27
388	380	434	BENJAMIN D JONES	M	MV40	U/A	1:21:19	1:20:19		313	53	
389	397	590	PAUL NUGENT	M	MV55	U/A	1:21:22	1:21:03		314	27	
390	395	871	DAVE BRADFORD	M	MV55	U/A	1:21:25	1:20:52		315	28	
391	396	674	ANGUS ROSE	M	MV50	STOCKPORT HARRIERS & AC	1:21:27	1:20:54		316	37	22
392	394	737	LIAM STEWART	M	MSEN	U/A	1:21:30	1:20:49		317	121	
393	402	1189	HUMA RAHMAN	F	FV50	WILMSLOW RUNNING CLUB	1:21:31	1:21:09	76		10	4
394	390	272	RORY FITZGERALD	M	MSEN	U/A	1:21:33	1:20:41		318	122	
395	369	120	EGG CAMERON	F	FSEN	GOODGYM RACE TEAM	1:21:34	1:20:04	77		35	1
396	405	738	CHERYL STITT	F	FV40	GLOSSOPDALE HARRIERS	1:21:35	1:21:11	78		12	1
397	398	704	STEPHEN SHARROCKS	M	MV50	STOCKPORT HARRIERS & AC	1:21:39	1:21:04		319	38	23
398	380	1108	ETIENNE HUMPHRIES	M	MSEN	CHORLTON RUNNERS	1:21:41	1:20:19		320	123	28
399	387	630	CHRIS PITT	M	MV50	U/A	1:21:49	1:20:32		321	39	

400	406	319	JIM GRANTHAM	M	MV55	U/A	1:21:53	1:21:15	322	29	
401	413	1141	ANDY LOWE	M	MV40	BLACK FRIDAY	1:21:54	1:21:25	323	54	1
402	406	1274	A HIRSCH	F	FV60	BELLE VUE RACERS	1:21:56	1:21:15	79	4	1
403	390	722	BRUCE SMITH	M	MV50	U/A	1:21:58	1:20:41	324	40	
404	411	861	PAUL ADAMS	M	MV55	CHORLTON RUNNERS	1:22:00	1:21:24	325	30	29
405	398	843	CATHERINE WILSON	F	FV50	MACCLESFIELD HARRIERS & AC	1:22:01	1:21:04	80	11	4
406	413	1191	MICHAEL RANDLE	M	MSEN	U/A	1:22:06	1:21:25	326	124	
407	411	974	CHARLES BLACKSHAW	M	MSEN	U/A	1:22:07	1:21:24	327	125	
408	401	1291	GLYN WILLIAMS	M	MV50	SALFORD HARRIERS	1:22:07	1:21:08	328	41	3
409	416	755	TRACEY TAYLOR	F	FSEN	SALE HARRIERS	1:22:08	1:21:26	81	36	6
410	403	469	GINA KUIPPERS	F	FSEN	DIDSBURY RUNNERS	1:22:10	1:21:10	82	37	1
411	417	25	JAMES ARGYLE	M	MV45	U/A	1:22:11	1:21:28	329	63	
412	408	350	ANTHONY HARRISON	M	MV55	WINSTON RUNNERS	1:22:13	1:21:16	330	31	1
413	418	377	MIKE HODSON	M	MV45	BRAMHALL RUNNERS	1:22:14	1:21:29	331	64	19
414	429	953	JOHN ARCHER	M	MV65	WINSTON RUNNERS	1:22:16	1:22:07	332	3	2
415	421	602	CARLA OUSEY	F	FV45	SALE HARRIERS	1:22:18	1:21:41	83	13	7
416	409	406	SHERRY ISMAEL	F	FSEN	U/A	1:22:19	1:21:22	84	38	
417	390	928	ANDY RIPPON	M	MV50	U/A	1:22:22	1:20:41	333	42	
418	425	1218	JULIE SMITH	F	FV50	THE FELL DEVILS	1:22:27	1:21:50	85	12	1
419	403	682	SIMON RUSHTON	M	MV55	MARPLE RUNNERS	1:22:28	1:21:10	334	32	10
420	419	440	SALLY KAILL	F	FV40	U/A	1:22:33	1:21:34	86	13	
421	423	1199	NEIL ROSS	M	MV45	VEGAN RUNNERS UK	1:22:34	1:21:44	335	65	1
422	426	457	JOHN KENNEDY	M	MV50	U/A	1:22:36	1:21:58	336	43	
423	421	503	JOHN MACCARTHY	M	MV50	DAVENPORT RUNNERS	1:22:36	1:21:41	337	44	5
424	427	478	ADAM LAWSON	M	MSEN	U/A	1:22:38	1:22:03	338	126	
425	424	1037	FIONA DYSON	F	FV50	U/A	1:22:39	1:21:45	87	13	
426	428	794	NEIL VICKERS	M	MV60	U/A	1:22:39	1:22:05	339	13	
427	413	923	OSIAN PERKS	M	MSEN	CHORLTON RUNNERS	1:22:48	1:21:25	340	127	30
428	431	883	FAYE R DRINKWATER	F	FSEN	U/A	1:22:51	1:22:09	88	39	
429	436	1224	SARAH STUTCHFIELD	F	FV40	MARPLE RUNNERS	1:22:52	1:22:24	89	14	5
430	441	1067	CLAIRE GRIMMER	F	FV40	KNUTSFORD TRI CLUB	1:23:07	1:22:36	90	15	2
431	410	893	JASON GEORGE	M	MV45	STOCKPORT HARRIERS & AC	1:23:17	1:21:23	341	66	24
432	419	1246	HANNAH WEST	F	FSEN	MANCHESTER SRG	1:23:17	1:21:34	91	40	1
433	440	1207	NICOLA SHENTON	F	FSEN	CHORLTON RUNNERS	1:23:20	1:22:34	92	41	6
434	447	363	IAN HEBBLETHWAITE	M	MV40	U/A	1:23:20	1:22:51	342	55	
435	454	800	RICHARD WALKER	M	MV45	U/A	1:23:24	1:22:58	343	67	
436	456	851	STEVEN WOODBRIDGE	M	MSEN	U/A	1:23:25	1:23:00	344	128	
437	453	1183	AERONWY PREECE-TOWEY	F	FSEN	BRAMHALL RUNNERS	1:23:27	1:22:57	93	42	3
438	447	17	MARK ALLISTER-SMITH	M	MV55	U/A	1:23:29	1:22:51	345	33	
439	458	1293	DAVID FRENCH	M	MV50	MARPLE RUNNERS	1:23:30	1:23:03	346	45	11
440	446	234	MIKE DUNCOMBE	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:23:31	1:22:48	347	14	9
441	435	549	RYAN MILLWARD	M	MSEN	HIGH PEAK TRI CLUB	1:23:31	1:22:23	348	129	1
442	434	1228	KEN TAYLOR	M	MSEN	DAVENPORT RUNNERS	1:23:34	1:22:21	349	130	6
443	437	1222	IAN STEEPLES	M	MV45	HIGH PEAK TRI CLUB	1:23:34	1:22:27	350	68	2
444	439	435	KEITH JONES	M	MV55	U/A	1:23:37	1:22:33	351	34	
445	429	203	PETER DEAN	M	MSEN	U/A	1:23:39	1:22:07	352	131	
446	447	369	DAVID HEWITT	M	MV65	STEEL CITY STRIDERS	1:23:39	1:22:51	353	4	1
447	431	463	STEVEN KINSELLA	M	MV40	U/A	1:23:39	1:22:09	354	56	
448	433	170	SAM CRAWSHAW	M	MV40	CHORLTON RUNNERS	1:23:40	1:22:15	355	57	31
449	444	43	KATRINA BARNES	F	FV40	MACCLESFIELD HARRIERS & AC	1:23:41	1:22:40	94	16	5

450	457	934	ALISON SMITH	F	FSEN	U/A	1:23:42	1:23:02	95		43	
451	460	1125	LIAM KELLY	M	MSEN	U/A	1:23:43	1:23:10		356	132	
452	452	664	VICKY ROBINSON	F	FSEN	MARPLE RUNNERS	1:23:45	1:22:56	96		44	6
453	447	523	PAUL MCAVADY	M	MSEN	U/A	1:23:47	1:22:51		357	133	
454	444	915	JANE MELOY	F	FSEN	U/A	1:23:50	1:22:40	97		45	
455	467	347	CARL HARRINGTON	M	MV50	FRA	1:23:51	1:23:22		358	46	2
456	459	1099	IAN HOWARTH	M	MV55	U/A	1:23:53	1:23:09		359	35	
457	443	621	MICHAEL PEARSON	M	MV50	U/A	1:23:55	1:22:39		360	47	
458	472	1263	JANET WYLES	F	FV50	WILMSLOW RUNNING CLUB	1:23:57	1:23:33	98		14	5
459	473	426	FIONA JOHNSON	F	FV40	STOCKPORT HARRIERS & AC	1:23:57	1:23:35	99		17	10
460	464	1038	VICTORIA EARDLEY	F	FSEN	MACCLESFIELD HARRIERS & AC	1:23:58	1:23:18	100		46	6
461	454	186	LAURA DALTON	F	FSEN	MACCLESFIELD HARRIERS & AC	1:24:00	1:22:58	101		47	7
462	438	1227	MATT TAYLOR	M	MSEN	U/A	1:24:04	1:22:30		361	134	
463	469	494	NJAL LONG	M	MSEN	DAVENPORT RUNNERS	1:24:08	1:23:25		362	135	7
464	441	310	REBECCA GLEN	F	FV40	GOYT VALLEY STRIDERS	1:24:08	1:22:36	102		18	2
465	471	669	AMY ROGERS	F	FSEN	U/A	1:24:08	1:23:29	103		48	
466	464	1272	ALICE DURRANT	F	FSEN	CHORLTON RUNNERS	1:24:09	1:23:18	104		49	7
467	461	1109	NIGEL HUNT	M	MV55	VEGAN RUNNERS UK	1:24:13	1:23:12		363	36	2
468	476	124	ANN CARNEY	F	FV60	CHORLTON RUNNERS	1:24:17	1:23:38	105		5	8
469	477	400	PAUL HUNT	M	MV55	GOYT VALLEY STRIDERS	1:24:17	1:23:42		364	37	1
470	480	34	FIONA BAILEY	F	FSEN	U/A	1:24:20	1:23:48	106		50	
471	463	413	JEREMY JACKSON	M	MV55	U/A	1:24:22	1:23:16		365	38	
472	467	1064	LOTTIE GRAHAM	F	FSEN	NORTHBROOK AC	1:24:23	1:23:22	107		51	1
473	470	1156	ALISON MORGAN	F	FV40	WARRINGTON ROAD RUNNERS	1:24:23	1:23:28	108		19	1
474	481	157	CHERYL CORAM	F	FV45	U/A	1:24:23	1:23:59	109		14	
475	475	994	EIMEAR CATNEY	F	FV40	U/A	1:24:25	1:23:37	110		20	
476	462	219	CHRIS DOAR	M	MSEN	U/A	1:24:26	1:23:14		366	136	
477	451	1260	ROY WOODLAND	M	MV60	U/A	1:24:28	1:22:55		367	15	
478	478	252	PAUL EMMINS	M	MSEN	U/A	1:24:31	1:23:43		368	137	
479	479	129	JEREMY CARR	M	MV50	U/A	1:24:36	1:23:46		369	48	
480	473	200	KAREN DAY	F	FV50	U/A	1:24:43	1:23:35	111		15	
481	485	798	ALISON WAINWRIGHT	F	FV40	CHORLTON RUNNERS	1:24:49	1:24:11	112		21	9
482	484	173	GARETH CROOK	M	MV40	U/A	1:24:51	1:24:03		370	58	
483	466	175	ALEX CROPPER	M	MV50	U/A	1:24:52	1:23:19		371	49	
484	513	918	KAREN NEWBY	F	FV45	SCARAB TRI	1:24:55	1:24:55	113		15	1
485	496	859	HELEN YOUNG	F	FV45	TOTLEY AC	1:24:58	1:24:30	114		16	2
486	505	341	NICK HAM	M	MV55	GLOSSOPDALE HARRIERS	1:25:03	1:24:46		372	39	5
487	482	1294	DAVID BROTHERHOOD	M	MSEN	U/A	1:25:04	1:24:00		373	138	
488	495	131	RICHARD CARTER	M	MSEN	U/A	1:25:07	1:24:29		374	139	
489	494	792	CONOR VALLELLY	M	MSEN	BELLE VUE RACERS	1:25:11	1:24:26		375	140	11
490	482	977	STEPHEN BOURNE	M	MV50	U/A	1:25:12	1:24:00		376	50	
491	511	1248	ANDREW WHITMORE	M	MV40	U/A	1:25:18	1:24:52		377	59	
492	491	411	ROB JACKSON	M	MV40	U/A	1:25:18	1:24:20		378	60	
493	509	942	TOLLO TALIB	M	MSEN	CHORLTON RUNNERS	1:25:19	1:24:47		379	141	32
494	488	111	ANGELIQUE BUELER	F	FV40	CHORLTON RUNNERS	1:25:19	1:24:15	115		22	10
495	504	55	NADHIM BAYATTI	M	MV45	BRAMHALL RUNNERS	1:25:20	1:24:45		380	69	20
496	517	249	EMMA ELMERHEBI	F	FV45	MANCHESTER YMCA HARRIERS	1:25:23	1:25:00	116		17	1
497	512	702	GAYNOR SEYMOUR	F	FV40	LYME RUNNERS	1:25:25	1:24:54	117		23	1
498	486	1117	TOM JACKSON	M	MSEN	U/A	1:25:26	1:24:13		381	142	
499	505	485	STEVE LITTLE	M	MV40	U/A	1:25:27	1:24:46		382	61	

500	498	1065	SALLY GREEN	F	FV55	WARRINGTON ROAD RUNNERS	1:25:29	1:24:36	118		7	2
501	538	443	TOM KASPROWICZ	M	MV55	ROAD RUNNERS CLUB	1:25:31	1:25:31		383	40	2
502	492	1254	NATALIE WILLIAMS	F	FSEN	ROCHDALE TRIATHLON CLUB	1:25:31	1:24:22	119		52	1
503	497	663	PHILIPPA ROBINSON	F	FSEN	BELLE VUE RACERS	1:25:32	1:24:32	120		53	2
504	505	1154	RICHARD MERCER	M	MV50	U/A	1:25:39	1:24:46		384	51	
505	521	731	JOANNE STAFFORD	F	FV45	U/A	1:25:39	1:25:04	121		18	
506	521	35	ISABEL BAILEY	F	FV45	U/A	1:25:40	1:25:04	122		19	
507	489	360	CURTIS HAYES	M	MSEN	U/A	1:25:41	1:24:17		385	143	
508	499	394	HANNAH HUGHES	F	FV40	U/A	1:25:41	1:24:37	123		24	
509	520	1281	SARAH WALSH	F	FV40	BELLE VUE RACERS	1:25:45	1:25:02	124		25	3
510	519	874	DAMIAN CARTER	M	MV45	MACCLESFIELD HARRIERS & AC	1:25:45	1:25:01		386	70	5
511	514	20	VICKY ANDERSON	F	FV45	WILMSLOW STRIDERS	1:25:47	1:24:57	125		20	1
512	493	1079	SADIA HAQ	F	FSEN	CHORLTON RUNNERS	1:25:49	1:24:23	126		54	11
513	490	472	SARAH LAKE	F	FV50	U/A	1:25:51	1:24:18	127		16	
514	500	165	SAM COWELL	M	MSEN	U/A	1:25:51	1:24:38		387	144	
515	486	106	JAKE BROWN	M	MSEN	U/A	1:25:53	1:24:13		388	145	
516	523	390	MARK J HOWLETT	M	MV50	U/A	1:25:54	1:25:05		389	52	
517	505	941	PHILIP STEPHENSON	M	MV40	U/A	1:25:55	1:24:46		390	62	
518	525	460	EMMA KERWIN	F	FSEN	BELLE VUE RACERS	1:25:55	1:25:08	128		55	4
519	531	708	JEN SHERSTONE	F	FV40	RBR CLUB	1:25:56	1:25:21	129		26	1
520	526	388	ANDY HOWARD	M	MSEN	U/A	1:26:01	1:25:09		391	146	
521	529	982	DAVID BUNYAN	M	MV55	TRI GURU	1:26:01	1:25:18		392	41	3
522	515	634	CHRIS POTTER	M	MV40	CHORLTON RUNNERS	1:26:02	1:24:59		393	63	33
523	510	1259	WENDY WOODHEAD	F	FSEN	MANCHESTER HARRIERS & AC	1:26:03	1:24:49	130		56	1
524	537	374	ANTHONY HILLIER	M	MV70	GLOSSOPDALE HARRIERS	1:26:05	1:25:29		394	3	6
525	528	1253	ANNMARIE WILLIAMS	F	FV45	PENNY LANE STRIDERS	1:26:07	1:25:16	131		21	2
526	502	261	JOHN FAY	M	MSEN	ROYTON ROAD RUNNERS	1:26:15	1:24:41		395	147	1
527	502	539	JAMES MEEHAN	M	MSEN	U/A	1:26:16	1:24:41		396	148	
528	524	1179	GARRY PLANT	M	MV45	HIGH PEAK TRI CLUB	1:26:17	1:25:07		397	71	3
529	527	117	GAVIN BUTLER	M	MV50	U/A	1:26:18	1:25:12		398	53	
530	543	1	JILL ABBOTT	F	FV55	MACCLESFIELD HARRIERS & AC	1:26:18	1:25:40	132		8	8
531	539	1174	CHRIS PEACHEY	M	MV50	CHORLTON RUNNERS	1:26:22	1:25:36		399	54	34
532	560	486	SHARON D LIVESEY	F	FV40	ROCHDALE TRIATHLON CLUB	1:26:22	1:25:55	133		27	2
533	560	655	TIM RICHARDSON	M	MV50	ROCHDALE TRIATHLON CLUB	1:26:22	1:25:55		400	55	6
534	547	476	GEMMA LARKIN	F	FSEN	CHORLTON RUNNERS	1:26:24	1:25:45	134		57	12
535	547	331	SALLY GRIMWOOD	F	FV40	CHORLTON RUNNERS	1:26:24	1:25:45	135		28	13
536	515	589	RICHARD NORRIS	M	MSEN	DIDSBURY RUNNERS	1:26:25	1:24:59		401	149	4
537	536	673	SUZIE ROSCOE	F	FSEN	CONGLETON HARRIERS	1:26:25	1:25:28	136		58	1
538	549	405	LUCY IRONMONGER	F	FSEN	CHORLTON RUNNERS	1:26:26	1:25:46	137		59	14
539	541	85	JOHN BOWN	M	MV50	U/A	1:26:26	1:25:39		402	56	
540	545	298	LOIS GARDNER	F	FSEN	CHORLTON RUNNERS	1:26:28	1:25:42	138		60	15
541	500	161	KEVIN COSTIGAN	M	MV45	U/A	1:26:28	1:24:38		403	72	
542	517	609	ANGELO PALDINO	M	MSEN	U/A	1:26:33	1:25:00		404	150	
543	560	276	EMMA FLINT	F	FV45	CHORLTON RUNNERS	1:26:34	1:25:55	139		22	16
544	535	714	PHIL SIGLEY	M	MSEN	LONELY GOAT RC	1:26:35	1:25:25		405	151	5
545	530	164	RUTH COUSIN	F	FV40	CHORLTON RUNNERS	1:26:36	1:25:19	140		29	17
546	532	1085	KAYLEA HAYNES	F	FSEN	START2JOG	1:26:37	1:25:23	141		61	1
547	543	410	GAIL C JACKSON	F	FV40	U/A	1:26:40	1:25:40	142		30	
548	549	1026	DARREN CUNNINGHAM	M	MV45	U/A	1:26:42	1:25:46		406	73	
549	556	545	RACHEL MILLARD	F	FSEN	U/A	1:26:42	1:25:52	143		62	

550	558	418	ALEX JAMES	M	MSEN	U/A	1:26:44	1:25:54	407	152	
551	549	601	CHRIS ORR	M	MV45	U/A	1:26:46	1:25:46	408	74	
552	532	28	ANNA ASHTON	F	FV60	MARPLE RUNNERS	1:26:48	1:25:23	144	6	7
553	566	163	DOMINIC COUPES	M	MV50	MARPLE RUNNERS	1:26:49	1:25:59	409	57	12
554	553	1165	DAVID NEWTON	M	MV55	MACCLESFIELD HARRIERS & AC	1:26:49	1:25:49	410	42	6
555	558	623	RACHAEL PEERS	F	FSEN	WILMSLOW RUNNING CLUB	1:26:49	1:25:54	145	63	6
556	556	372	GAIL HILL	F	FV45	MACCLESFIELD HARRIERS & AC	1:26:51	1:25:52	146	23	9
557	568	1062	SHARON GOLDRICK	F	FV40	MIDDLETON HARRIERS	1:26:54	1:26:03	147	31	1
558	572	121	CHARLOTTE CAMERON	F	FV40	CHORLTON RUNNERS	1:26:54	1:26:14	148	32	18
559	564	907	CATHERINE LINE	F	FSEN	U/A	1:26:55	1:25:56	149	64	
560	549	188	SARAH DANIELS	F	FV40	CHORLTON RUNNERS	1:27:01	1:25:46	150	33	19
561	541	330	MIKE GRIMSHAW	M	MV45	MIDDLETON HARRIERS	1:27:03	1:25:39	411	75	1
562	546	364	SIMON R HEDGES	M	MV45	CHORLTON RUNNERS	1:27:05	1:25:44	412	76	35
563	597	199	STEPHEN DAY	M	MV50	U/A	1:27:10	1:27:10	413	58	
564	574	686	MATT SANDERS	M	MV45	U/A	1:27:13	1:26:19	414	77	
565	573	931	CHRIS SANDERS	M	MV45	U/A	1:27:13	1:26:17	415	78	
566	539	324	JOSEPH GREEN	M	MSEN	U/A	1:27:14	1:25:36	416	153	
567	567	93	HELEN BREWIS	F	FV40	STOCKPORT TRI CLUB	1:27:17	1:26:00	151	34	2
568	553	1054	LAUREN FLOYD	F	FSEN	U/A	1:27:18	1:25:49	152	65	
569	575	151	RACHEL COLLEY	F	FSEN	U/A	1:27:21	1:26:22	153	66	
570	588	1105	SIMON HUGHES	M	MSEN	MARPLE RUNNERS	1:27:23	1:26:53	417	154	13
571	584	1242	SEAN WARD	M	MV55	HRC	1:27:23	1:26:45	418	43	3
572	581	189	SARAH DARLEY	F	FSEN	VEGAN RUNNERS UK	1:27:23	1:26:35	154	67	1
573	565	386	CRAIG HORSFIELD	M	MV45	U/A	1:27:24	1:25:57	419	79	
574	553	876	JUSTIN COLEMAN	M	MV45	SWINTON RUNNING CLUB	1:27:25	1:25:49	420	80	5
575	532	471	SIMON B LAKE	M	MV60	ROYTON ROAD RUNNERS	1:27:27	1:25:23	421	16	2
576	576	701	CHRIS SEYMOUR	M	MV50	U/A	1:27:30	1:26:26	422	59	
577	560	445	HELEN J KAY	F	FV45	U/A	1:27:32	1:25:55	155	24	
578	598	1160	JAMES MURPHY	M	MSEN	U/A	1:27:32	1:27:12	423	155	
579	591	297	DONNA GARDNER	F	FSEN	OLDHAM&ROYTON HARRIERSAC	1:27:34	1:27:00	156	68	3
580	584	582	ALICE NICOLAY	F	FSEN	VEGAN RUNNERS UK	1:27:35	1:26:45	157	69	2
581	582	827	KAREN WILEMAN	F	FV40	BRAMHALL RUNNERS	1:27:39	1:26:43	158	35	4
582	598	107	RICHARD BROWN	M	MV40	KNUTSFORD TRI CLUB	1:27:42	1:27:12	424	64	1
583	586	1100	STEPHEN BRIAN HUBBARD	M	MV55	LONELY GOAT RC	1:27:43	1:26:47	425	44	6
584	570	552	ALEXANDRA MITCHELL	F	FSEN	U/A	1:27:48	1:26:08	159	70	
585	587	1023	LINDSEY CROMBLEHOLME	F	FV45	STOCKPORT HARRIERS & AC	1:27:48	1:26:52	160	25	11
586	569	696	ANDREW SEDDON	M	MSEN	U/A	1:27:48	1:26:07	426	156	
587	595	973	ALISON BLACKSHAW	F	FV55	U/A	1:27:49	1:27:04	161	9	
588	577	1135	KIM LENDON	F	FSEN	U/A	1:27:55	1:26:27	162	71	
589	604	1292	SCOTT RILEY	M	MSEN	U/A	1:27:58	1:27:27	427	157	
590	578	1206	PATRICK SHAW	M	MSEN	U/A	1:28:02	1:26:32	428	158	
591	583	11	HARRIET ALEXANDER	F	FSEN	U/A	1:28:03	1:26:44	163	72	
592	571	955	MARK ASHWORTH	M	MV50	U/A	1:28:04	1:26:12	429	60	
593	578	771	SARAH TOMASSI	F	FSEN	ROYTON ROAD RUNNERS	1:28:10	1:26:32	164	73	1
594	580	233	MARK DUNCAN	M	MV40	U/A	1:28:11	1:26:33	430	65	
595	608	855	DUNCAN WORTH	M	MV55	SALFORD METROPOLITAN ATHLETICS	1:28:12	1:27:44	431	45	2
596	590	260	PAUL FARRINGTON	M	MV45	BRAMHALL RUNNERS	1:28:12	1:26:57	432	81	21
597	593	1056	CAROLINE FUREY	F	FV40	U/A	1:28:15	1:27:03	165	36	
598	593	785	CRAIG TURNER	M	MV50	MANCHESTER HARRIERS & AC	1:28:19	1:27:03	433	61	4
599	603	1021	PAUL CREAM	M	MV60	CONGLETON HARRIERS	1:28:22	1:27:25	434	17	2

600	600	592	JANE NYLAND	F	FV45	U/A	1:28:30	1:27:18	166	26	
601	606	1192	GEOFF READ	M	MV65	HELSEBY	1:28:32	1:27:37	435	5	1
602	605	240	KIM EASTHAM	F	FV50	MACCLESFIELD HARRIERS & AC	1:28:34	1:27:33	167	17	10
603	588	488	MICHAEL LIVINGSTONE	M	MV55	U/A	1:28:35	1:26:53	436	46	
604	591	1204	SARAH SCOTT	F	FSEN	U/A	1:28:36	1:27:00	168	74	
605	601	1059	MARIANNE GIBSON	F	FSEN	STOCKPORT HARRIERS & AC	1:28:37	1:27:22	169	75	12
606	621	399	MOIRA HUNT	F	FV60	GOYT VALLEY STRIDERS	1:28:41	1:28:07	170	7	3
607	610	115	PAUL BUSOW	M	MV45	WIDNES RUNNING CLUB	1:28:43	1:27:48	437	82	3
608	596	1159	LEE MULLIGAN	M	MSEN	MANCHESTER SRG	1:28:52	1:27:08	438	159	1
609	629	1073	SHAUN HACKNEY	M	MV45	DAVENPORT RUNNERS	1:28:57	1:28:17	439	83	8
610	612	271	ALISON FITTON	F	FV50	U/A	1:28:57	1:27:53	171	18	
611	609	458	HANNAH KERRIGAN	F	FSEN	U/A	1:28:58	1:27:45	172	76	
612	615	689	MICHELE SAYCELL	F	FV45	U/A	1:29:00	1:27:57	173	27	
613	611	932	NEIL SERGEANT	M	MV65	BEVERLEY AC	1:29:04	1:27:52	440	6	1
614	607	902	SARAH KELLY	F	FSEN	CHORLTON RUNNERS	1:29:04	1:27:42	174	77	20
615	631	1123	ARON JOHNSTON	M	MV40	WILMSLOW RUNNING CLUB	1:29:09	1:28:20	441	66	6
616	618	138	KEITH CHIDLEY	F	FV45	U/A	1:29:09	1:28:02	175	28	
617	619	733	KEITH STANIFORTH	F	FV40	U/A	1:29:09	1:28:03	176	37	
618	619	145	KEITH CLARKSON	F	FSEN	U/A	1:29:10	1:28:03	177	78	
619	627	1044	NEIL ELMY	M	MV45	U/A	1:29:10	1:28:16	442	84	
620	616	1019	DAVID CRACKNELL	M	MSEN	MARPLE RUNNERS	1:29:17	1:27:58	443	160	14
621	612	959	FRANCES BARNETT	F	FV40	U/A	1:29:18	1:27:53	178	38	
622	601	415	BEN JACKSON	M	MSEN	U/A	1:29:19	1:27:22	444	161	
623	634	322	NINA GREEN	F	FV55	STOCKPORT HARRIERS & AC	1:29:19	1:28:30	179	10	13
624	624	197	STEWART DAWSON	M	MV50	U/A	1:29:20	1:28:12	445	62	
625	624	15	LIZ ALLISON	F	FV50	U/A	1:29:20	1:28:12	180	19	
626	635	1032	BARBARA DICKINSON	F	FV45	EAST CHESHIRE HARRIERS	1:29:24	1:28:32	181	29	2
627	629	498	NICK LOWNDES	M	MSEN	DIDSBURY RUNNERS	1:29:25	1:28:17	446	162	5
628	638	691	JESSICA SCOTT	F	FSEN	U/A	1:29:29	1:28:35	182	79	
629	617	174	CHANTEL CROPPER	F	FV45	U/A	1:29:33	1:27:59	183	30	
630	621	1129	LENNIE KINSELLA	M	MV40	U/A	1:29:37	1:28:07	447	67	
631	642	607	SHEILA PAICE	F	FV55	U/A	1:29:50	1:28:51	184	11	
632	612	698	JAMES SELLEN	M	MV55	DAVENPORT RUNNERS	1:29:51	1:27:53	448	47	9
633	633	818	BRITTA WERNER	F	FV40	VEGAN RUNNERS UK	1:29:51	1:28:27	185	39	3
634	639	1185	ANTHONY PRESTON	M	MV40	BELLE VUE RACERS	1:29:55	1:28:41	449	68	12
635	650	378	GRAHAM HOLBROOK	M	MV45	TRAFFORD AC	1:29:56	1:29:11	450	85	4
636	650	379	ALISON HOLBROOK	F	FV45	TRAFFORD AC	1:29:57	1:29:11	186	31	4
637	623	1210	VIKKI SIMPSON	F	FV45	DAVENPORT RUNNERS	1:29:57	1:28:09	187	32	2
638	650	190	NICOLE DAVENPORT	F	FSEN	TRAFFORD AC	1:29:57	1:29:11	188	80	5
639	636	1231	VICTORIA THOMPSON	F	FSEN	CHORLTON RUNNERS	1:29:58	1:28:33	189	81	21
640	626	887	RUSSELL EVANS	M	MV40	U/A	1:29:59	1:28:15	451	69	
641	627	886	KATY EVANS	F	FV40	U/A	1:29:59	1:28:16	190	40	
642	665	786	YVONNE TWELVETREE	F	FV65	TOTLEY AC	1:30:00	1:29:31	191	1	3
643	644	857	WIOLETA WYDRYCH	F	FSEN	GLOSSOPDALE HARRIERS	1:30:04	1:28:56	192	82	2
644	632	542	KATIE MEREDITH	F	FV50	CHORLTON RUNNERS	1:30:06	1:28:24	193	20	22
645	637	134	JOHN CAULFIELD	M	MV50	U/A	1:30:06	1:28:34	452	63	
646	661	900	ATHENAI HILL	F	FSEN	U/A	1:30:08	1:29:28	194	83	
647	668	283	DEBBIE FORSTER	F	FV45	DISLEY RUNNERS	1:30:09	1:29:39	195	33	1
648	642	327	HANNAH GREENLEE	F	FSEN	U/A	1:30:10	1:28:51	196	84	
649	647	285	DAVE FOWLER	M	MSEN	HIGHGATE HARRIERS	1:30:13	1:29:08	453	163	1

650	648	371	STEVEN HIGGINSON	M	MV40	U/A	1:30:15	1:29:10	454	70	
651	653	1287	STEVEN FOWLER	M	MV55	U/A	1:30:16	1:29:12	455	48	
652	648	898	JAY HARGREAVES	M	MV45	U/A	1:30:16	1:29:10	456	86	
653	660	517	GARY MARSHALL	M	MSEN	ROYTON ROAD RUNNERS	1:30:17	1:29:20	457	164	3
654	655	610	GEOFF PALEY	M	MV40	DRAGONS RUNNING CLUB SALE	1:30:18	1:29:14	458	71	2
655	664	1172	ROB PARKIN	M	MV45	CONGLETON HARRIERS	1:30:26	1:29:30	459	87	3
656	675	116	EMMA BUTLER	F	FSEN	CHORLTON RUNNERS	1:30:27	1:29:49	197	85	23
657	655	1075	PHILIP HALL	M	MV45	HYDE VILLAGE STRIDERS	1:30:28	1:29:14	460	88	7
658	661	807	TIM WALSHAM	M	MV45	U/A	1:30:30	1:29:28	461	89	
659	661	128	RACHEL CARPENTER	F	FSEN	LONELY GOAT RC	1:30:31	1:29:28	198	86	1
660	641	264	EVVIE FEINGOLD	F	FV50	PRESTWICH AC	1:30:33	1:28:47	199	21	1
661	646	1184	LEE PRESCOTT	M	MV45	BLACKLEY WALK2RUN	1:30:39	1:29:04	462	90	3
662	645	965	GARETH BELL	M	MV45	BLACKLEY WALK2RUN	1:30:40	1:29:01	463	91	4
663	653	801	CHRIS WALKER	M	MV55	U/A	1:30:41	1:29:12	464	49	
664	639	367	PERCY HERBERT	M	MV40	U/A	1:30:42	1:28:41	465	72	
665	668	727	TIMOTHY SMITH	M	MSEN	U/A	1:30:46	1:29:39	466	165	
666	658	760	CHRIS TETLEY	M	MV60	GOYT VALLEY STRIDERS	1:30:49	1:29:18	467	18	2
667	677	580	DARREN NELSON-HALL	M	MSEN	BRAMHALL RUNNERS	1:30:55	1:29:51	468	166	22
668	670	342	JULIE HAMILTON	F	FV40	SWINTON RUNNING CLUB	1:30:56	1:29:40	200	41	3
669	678	782	ANDREW J TURNER	M	MV50	U/A	1:30:56	1:29:54	469	64	
670	658	644	ISABELLE QAMAR	F	FV45	DIDSBURY RUNNERS	1:30:58	1:29:18	201	34	2
671	686	444	PETER KAVANAGH	M	MV45	U/A	1:30:58	1:30:08	470	92	
672	671	831	JOEL WILLIAMS	M	MV40	U/A	1:30:59	1:29:42	471	73	
673	679	479	KATHARINE LAY	F	FV45	DRAGONS RUNNING CLUB SALE	1:31:03	1:29:55	202	35	1
674	682	366	DIANE HENNIGAN	F	FV45	PENNY LANE STRIDERS	1:31:05	1:29:58	203	36	3
675	685	581	JANE NICHOLSON	F	FV55	PENNY LANE STRIDERS	1:31:06	1:30:01	204	12	4
676	693	1149	HUGH MCKENNA	M	MV70	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:31:07	1:30:35	472	4	10
677	657	842	LINDA WILSON	F	FSEN	SWINTON RUNNING CLUB	1:31:08	1:29:16	205	87	4
678	702	397	IAN HUMPHREYS	M	MV50	MACCLESFIELD HARRIERS & AC	1:31:11	1:31:11	473	65	7
679	675	1116	ROSANNA JACKSON	F	FSEN	U/A	1:31:11	1:29:49	206	88	
680	667	83	GARRY BOWER	M	MV45	ROYTON ROAD RUNNERS	1:31:13	1:29:36	474	93	4
681	666	936	ELLIOTT SMITH	M	MSEN	U/A	1:31:13	1:29:34	475	167	
682	674	307	LIANE GILLIGAN	F	FSEN	ROYTON ROAD RUNNERS	1:31:23	1:29:45	207	89	2
683	672	525	GARETH MCCAFFERY	M	MSEN	ROYTON ROAD RUNNERS	1:31:23	1:29:44	476	168	5
684	680	575	TRACY MURRAY	F	FV50	MARPLE RUNNERS	1:31:23	1:29:56	208	22	8
685	672	647	MICHAEL REDBURN	M	MV55	U/A	1:31:30	1:29:44	477	50	
686	682	75	TRACEY BLANCHARD	F	FV45	UK RUN CHAT	1:31:40	1:29:58	209	37	1
687	687	1004	MICHAEL CLARK	M	MSEN	U/A	1:31:40	1:30:19	478	169	
688	680	753	JOANNE TASKER	F	FSEN	PRESTWICH AC	1:31:42	1:29:56	210	90	2
689	688	316	LISA GORSON	F	FV45	DIDSBURY RUNNERS	1:31:49	1:30:21	211	38	3
690	684	320	HELEN GRAY	F	FV50	GOYT VALLEY STRIDERS	1:31:50	1:29:59	212	23	4
691	692	1203	MARK SCHOFIELD	M	MV40	CHORLTON RUNNERS	1:31:54	1:30:32	479	74	36
692	689	301	LAURA GARROD	F	FSEN	U/A	1:31:58	1:30:22	213	91	
693	700	1241	DAVID WARD	M	MSEN	DAVENPORT RUNNERS	1:32:00	1:31:04	480	170	10
694	710	295	MARTIN GALLAGHER	M	MV45	U/A	1:32:03	1:31:28	481	94	
695	689	1270	CAROLYN HUME	F	FV50	BRAMHALL RUNNERS	1:32:04	1:30:22	214	24	5
696	694	191	IVAN DAVIES	M	MV40	HRC	1:32:07	1:30:48	482	75	4
697	702	1046	JACQUI EVANS	F	FV40	DAVENPORT RUNNERS	1:32:09	1:31:11	215	42	3
698	689	758	AIMEE H TEARE	F	FSEN	DAVENPORT RUNNERS	1:32:09	1:30:22	216	92	4
699	705	665	TOM ROBINSON	M	MSEN	U/A	1:32:15	1:31:12	483	171	

700	696	7	VIJAY AGGARWAL	M	MV40	CHORLTON RUNNERS	1:32:17	1:30:54	484	76	37
701	714	489	REBEKAH LIVSEY	F	FSEN	STOCKPORT HARRIERS & AC	1:32:19	1:31:42	217	93	14
702	697	8	DEEPAK AGGARWAL	M	MV50	CHORLTON RUNNERS	1:32:19	1:30:56	485	66	38
703	695	608	EMILY PAINE	F	FSEN	U/A	1:32:21	1:30:53	218	94	
704	698	183	JAMES CUTHBERT	M	MV55	U/A	1:32:22	1:30:58	486	51	
705	701	571	LORRAINE MURPHY	F	FSEN	CHORLTON RUNNERS	1:32:28	1:31:09	219	95	24
706	702	1072	JONATHAN GUY	M	MSEN	U/A	1:32:32	1:31:11	487	172	
707	699	992	DAVID CASEY	M	MV45	BLACKLEY WALK2RUN	1:32:36	1:31:02	488	95	5
708	710	505	KARAN MACDONALD	F	FV50	U/A	1:32:36	1:31:28	220	25	
709	712	340	NICHOLAS G HALSALL	M	MV55	HRC	1:32:40	1:31:30	489	52	5
710	709	223	REBECCA DODD-CHANDLER	F	FSEN	CHORLTON RUNNERS	1:32:42	1:31:21	221	96	25
711	706	5	ALYSON ADAMS	F	FV50	BRAMHALL RUNNERS	1:32:43	1:31:15	222	26	6
712	713	791	KAREN VALE	F	FV50	ROCHDALE TRIATHLON CLUB	1:32:50	1:31:40	223	27	3
713	708	1016	EDDIE CORCORAN	M	MV45	BLACKLEY WALK2RUN	1:32:52	1:31:19	490	96	6
714	707	492	MICHELLE LLOYD	F	FV45	BLACKLEY WALK2RUN	1:32:52	1:31:17	224	39	1
715	722	513	EMILY MARNER	F	FSEN	WILMSLOW STRIDERS	1:32:53	1:32:00	225	97	2
716	714	660	NICHOLAS ROBERTS	M	MV50	STOCKPORT HARRIERS & AC	1:32:57	1:31:42	491	67	25
717	728	904	JAMES LAMBE	M	MV55	U/A	1:32:59	1:32:27	492	53	
718	732	863	JOHN ANDERS	M	MV45	U/A	1:33:00	1:32:29	493	97	
719	732	118	EDDIE CALDOW	M	MSEN	U/A	1:33:04	1:32:29	494	173	
720	724	1042	ROLAND ELLISON	M	MV45	U/A	1:33:05	1:32:07	495	98	
721	720	1269	PETA WALSH	F	FV60	STOCKPORT HARRIERS & AC	1:33:12	1:31:55	226	8	15
722	723	838	MIKE WILLOUGHBY	M	MV50	U/A	1:33:18	1:32:04	496	68	
723	717	290	ANDREW FREEMAN	M	MV45	U/A	1:33:24	1:31:50	497	99	
724	725	187	SCOTT A DAMERUM	M	MV45	DRAGONS RUNNING CLUB SALE	1:33:28	1:32:21	498	100	3
725	718	1283	JEMMA DAWSON	F	FV40	U/A	1:33:30	1:31:51	227	43	
726	725	537	JILL MCMILLAN	F	FV40	HRC	1:33:32	1:32:21	228	44	1
727	735	1039	JOANNE EGERTON	F	FV40	HYDE VILLAGE STRIDERS	1:33:34	1:32:36	229	45	1
728	716	1000	CAMERON CHATTON	M	MSEN	VEGAN RUNNERS UK	1:33:35	1:31:46	499	174	3
729	719	1273	CARMEN CACERES MELEAN	F	FV45	DRAGONS RUNNING CLUB SALE	1:33:37	1:31:54	230	40	2
730	738	751	PETE TANKER	M	MV55	U/A	1:33:44	1:32:42	500	54	
731	721	856	MARK WRIGHT	M	MV40	U/A	1:33:46	1:31:59	501	77	
732	737	884	DAVID EKIN	M	MV50	U/A	1:33:47	1:32:41	502	69	
733	752	1198	GORDON ROGAN	M	MV55	MARPLE RUNNERS	1:33:54	1:33:28	503	55	15
734	728	1137	LEE LESTON-JONES	M	MV45	MARPLE RUNNERS	1:33:54	1:32:27	504	101	16
735	730	779	ROBYN TUNNICLIFF	F	FSEN	DAVENPORT RUNNERS	1:33:59	1:32:28	231	98	5
736	730	780	REBECCA TUNNICLIFF	F	FSEN	HARROGATE HARRIERS & AC	1:33:59	1:32:28	232	99	1
737	734	812	DAVID WATERHOUSE	M	MV60	MOOR RUNNING FRIENDS	1:34:01	1:32:32	505	19	1
738	735	772	ANDREW TOMKINSON	M	MV45	ROCHDALE HARRIERS	1:34:04	1:32:36	506	102	1
739	746	332	JENNY GRINDROD	F	FV50	ROCHDALE TRIATHLON CLUB	1:34:10	1:33:00	233	28	4
740	727	1086	JENNIFER HELM	F	FV40	PRESTWICH AC	1:34:11	1:32:24	234	46	3
741	740	412	MICHAEL JACKSON	M	MSEN	U/A	1:34:13	1:32:43	507	175	
742	742	754	LEA TAYLOR	F	FSEN	MARPLE RUNNERS	1:34:17	1:32:50	235	100	9
743	743	770	HELEN TODD	F	FV65	STOCKPORT HARRIERS & AC	1:34:19	1:32:51	236	2	16
744	745	60	KATY BEETHAM	F	FV45	U/A	1:34:22	1:32:59	237	41	
745	744	577	CLAIRE NAYLOR	F	FSEN	MANCHESTER FRONTRUNNERS	1:34:22	1:32:53	238	101	1
746	738	558	JO MORLEY	F	FV45	DAVENPORT RUNNERS	1:34:29	1:32:42	239	42	6
747	749	1027	PAUL CURTIS	M	MV45	U/A	1:34:30	1:33:12	508	103	
748	753	762	MICHELLE THOMSON	F	FSEN	HRC	1:34:36	1:33:30	240	102	2
749	741	997	PAMELA CHAPMAN	F	FV55	DAVENPORT RUNNERS	1:34:37	1:32:49	241	13	7

750	754	1025	HANNAH CROSS-PHILLIPSON	F	FSEN	U/A	1:34:39	1:33:31	242		103	
751	758	661	REBECCA ROBINSON	F	FSEN	U/A	1:34:43	1:33:56	243		104	
752	747	1033	ALICE DOHERTY	F	FSEN	CHORLTON RUNNERS	1:34:45	1:33:03	244		105	26
753	759	1247	GUY WHITFIELD	M	MV45	EAST CHESHIRE HARRIERS	1:34:49	1:33:57		509	104	4
754	760	1144	ANDREA MAIDMENT	F	FV50	EAST CHESHIRE HARRIERS	1:34:50	1:33:59	245		29	3
755	750	1186	RICHARD PURKHARDT	M	MSEN	U/A	1:34:51	1:33:24		510	176	
756	751	311	CATRIN GLYN	F	FSEN	U/A	1:34:54	1:33:27	246		106	
757	748	793	TRACY VERNON	F	FV55	GOYT VALLEY STRIDERS	1:34:59	1:33:10	247		14	5
758	773	64	LINDSAY BENNISON	F	FV55	U/A	1:35:03	1:34:28	248		15	
759	765	122	SUE CAMPBELL	F	FV65	U/A	1:35:06	1:34:15	249		3	
760	755	59	RACHEL BECKETT	F	FV50	CHORLTON RUNNERS	1:35:07	1:33:40	250		30	27
761	757	885	STEFANIE ELSTUB	F	FSEN	U/A	1:35:27	1:33:55	251		107	
762	756	1115	CHRIS JACKSON	M	MSEN	U/A	1:35:28	1:33:54		511	177	
763	764	315	AMANDA GORAL	F	FSEN	U/A	1:35:30	1:34:13	252		108	
764	767	10	CATHERINE ALEXANDER	F	FSEN	U/A	1:35:42	1:34:22	253		109	
765	763	250	ANTHONY ELSTON	M	MV60	DRAGONS RUNNING CLUB SALE	1:35:42	1:34:10		512	20	4
766	778	150	JOE COLLETT	M	MSEN	VEGAN RUNNERS UK	1:35:43	1:34:51		513	178	4
767	765	333	DAVID GRUNDY	M	MV55	U/A	1:35:50	1:34:15		514	56	
768	761	1066	JOHN GREENHAM	M	MSEN	U/A	1:35:54	1:34:04		515	179	
769	762	1127	ROSS KENNEDY	M	MV40	U/A	1:35:55	1:34:07		516	78	
770	770	568	SIMON MUNDAY	M	MV50	U/A	1:35:56	1:34:24		517	70	
771	775	1171	LISA OTTIWELL	F	FV40	U/A	1:35:57	1:34:41	254		47	
772	786	667	FRANK ROGER	M	MV45	BELLE VUE RACERS	1:35:59	1:35:44		518	105	13
773	768	1102	AMY HUDGELL	F	FSEN	U/A	1:35:59	1:34:23	255		110	
774	771	448	STEPHANIE R KAY	F	FSEN	SWINTON RUNNING CLUB	1:36:03	1:34:27	256		111	5
775	774	1031	DAWN DEVINE	F	FV50	MACCLESFIELD HARRIERS & AC	1:36:04	1:34:32	257		31	11
776	771	335	STEVEN HAIG	M	MV45	DAVENPORT RUNNERS	1:36:06	1:34:27		519	106	11
777	768	1035	LISA DONNELLY	F	FV40	BELLE VUE RACERS	1:36:13	1:34:23	258		48	5
778	776	424	MEL JOHNSON	F	FV40	MANCHESTER FRONTRUNNERS	1:36:16	1:34:47	259		49	2
779	782	1091	JILLIAN HEYWOOD	F	FV45	ROYTON ROAD RUNNERS	1:36:31	1:35:04	260		43	3
780	779	211	RACHEL DENNISON	F	FSEN	CHORLTON RUNNERS	1:36:33	1:34:53	261		112	28
781	780	213	BRIAN DEVLIN	M	MV40	CHORLTON RUNNERS	1:36:34	1:34:54		520	79	39
782	780	862	PETER ADAMS	M	MV45	CHORLTON RUNNERS	1:36:35	1:34:54		521	107	40
783	776	599	IAN OLIVER	M	MV55	ROCHDALE TRIATHLON CLUB	1:36:39	1:34:47		522	57	7
784	788	63	RAN BENNETT	M	MV45	SALE HARRIERS	1:37:02	1:35:56		523	108	8
785	785	1010	AMANDA COLLINGE	F	FV45	MARPLE RUNNERS	1:37:03	1:35:42	262		44	10
786	787	987	ANTONY BYATT	M	MV50	VEGAN RUNNERS UK	1:37:04	1:35:46		524	71	5
787	784	281	LAURA J FORKER	F	FSEN	U/A	1:37:06	1:35:28	263		113	
788	783	501	BERNADETT LYNAS	F	FSEN	MARPLE RUNNERS	1:37:06	1:35:18	264		114	11
789	790	1007	HANNAH COATES	F	FSEN	CHORLTON RUNNERS	1:37:20	1:36:00	265		115	29
790	793	1028	JANE DAMERUM	F	FV40	DRAGONS RUNNING CLUB SALE	1:37:21	1:36:13	266		50	3
791	798	95	DENISE BRIEN	F	FV45	BLACKLEY WALK2RUN	1:37:25	1:36:32	267		45	2
792	791	422	ALAN JENKINSON	M	MV70	STYAL RUNNING CLUB	1:37:26	1:36:03		525	5	1
793	792	565	COLM MULHERN	M	MV40	WINSTON RUNNERS	1:37:27	1:36:04		526	80	3
794	799	881	ANDREA DRAMEH	F	FV45	U/A	1:37:29	1:36:37	268		46	
795	789	945	ESTHER WHALLEY	F	FV40	U/A	1:37:30	1:35:57	269		51	
796	795	980	JAKE BRAMWELL	M	MSEN	U/A	1:37:32	1:36:14		527	180	
797	793	1169	JOHN NORRIS	M	MV55	MARPLE RUNNERS	1:37:34	1:36:13		528	58	17
798	804	560	ANN MORRISSEY	F	FV50	HYDE VILLAGE STRIDERS	1:37:38	1:36:56	270		32	2
799	805	584	LORRAINE NOBLE	F	FV55	FYLDE COAST RUNNERS	1:37:38	1:36:57	271		16	1

800	800	715	VAL SIGLEY	F	FV60	U/A	1:37:58	1:36:46	272		9	
801	808	72	LINDSEY BISHOP	F	FSEN	U/A	1:38:10	1:37:16	273		116	
802	808	694	JENNY SCOTT	F	FSEN	U/A	1:38:10	1:37:16	274		117	
803	801	207	JAMES DEIGHTON	M	MV45	MARPLE RUNNERS	1:38:11	1:36:49		529	109	18
804	802	456	MIKE KELLY	M	MV45	MARPLE RUNNERS	1:38:13	1:36:51		530	110	19
805	803	147	OLLIE COBURN	M	MSEN	MARPLE RUNNERS	1:38:13	1:36:53		531	181	20
806	797	446	ALYSON KAY	F	FV40	DAVENPORT RUNNERS	1:38:14	1:36:25	275		52	8
807	796	958	AMELIA BALLANCE	F	FSEN	DAVENPORT RUNNERS	1:38:14	1:36:23	276		118	9
808	807	612	SHEILA PARKER	F	FV60	U/A	1:38:36	1:37:13	277		10	
809	813	421	BECKY JENKINS EVANS	F	FSEN	U/A	1:38:48	1:37:31	278		119	
810	812	40	SARAH BARNARD	F	FV40	U/A	1:38:49	1:37:30	279		53	
811	810	765	ALICE THROUP	F	FSEN	U/A	1:38:51	1:37:26	280		120	
812	811	933	DAVID SHERIDAN	M	MV65	U/A	1:38:58	1:37:27		532	7	
813	822	598	GAIL O'HARE	F	FV50	MANCHESTER TRIATHLON CLUB	1:38:59	1:38:09	281		33	2
814	806	774	MARTIN TOWNSEND	M	MV60	MARPLE RUNNERS	1:39:00	1:37:11		533	21	21
815	824	204	CLAIRE DEANE	F	FV50	MANCHESTER TRIATHLON CLUB	1:39:00	1:38:10	282		34	3
816	815	579	JOY NELSON	F	FV40	U/A	1:39:10	1:37:39	283		54	
817	815	237	JAMES EADON	M	MSEN	U/A	1:39:10	1:37:39		534	182	
818	820	734	ELAINE STATHAM	F	FV75	CONGLETON HARRIERS	1:39:24	1:37:51	284		1	2
819	826	1081	GULDEREN HARWOOD	F	FV40	U/A	1:39:25	1:38:20	285		55	
820	815	1211	HEATHER SIMPSON	F	FV50	U/A	1:39:31	1:37:39	286		35	
821	815	1164	DELLA NELSON	F	FV50	U/A	1:39:31	1:37:39	287		36	
822	814	493	NEIL LOCKETT	M	MSEN	U/A	1:39:33	1:37:38		535	183	
823	819	153	HELEN COLLIER	F	FV40	U/A	1:39:36	1:37:46	288		56	
824	827	1087	STEVE HENNESSEY	M	MV60	GOYT VALLEY STRIDERS	1:39:40	1:38:25		536	22	3
825	821	638	BECKIE PRENDERS	F	FSEN	U/A	1:39:40	1:38:04	289		121	
826	828	1096	LISA HODGSON	F	FSEN	U/A	1:39:43	1:38:30	290		122	
827	825	447	GEOFF KAY	M	MV65	SWINTON RUNNING CLUB	1:39:47	1:38:11		537	8	6
828	831	787	PAUL TWINE	M	MV40	U/A	1:39:47	1:38:59		538	81	
829	822	939	TANIA SPARKS	F	FSEN	PENNY LANE STRIDERS	1:39:53	1:38:09	291		123	5
830	834	968	LOUISE BIRD	F	FV45	HRC	1:40:02	1:39:07	292		47	3
831	835	969	HOLLY BIRD	F	FSEN	U/A	1:40:03	1:39:08	293		124	
832	829	729	SHIRLEY SNEDDON	F	FV50	ROCHDALE TRIATHLON CLUB	1:40:16	1:38:40	294		37	5
833	830	637	JOANNE PRENDERGAST	F	FV45	U/A	1:40:24	1:38:49	295		48	
834	833	596	SUZANNE O'DONOGHUE	F	FV45	HRC	1:40:30	1:39:06	296		49	4
835	831	1069	ADRIAN GUERRIER	M	MV65	PRESTWICH AC	1:40:45	1:38:59		539	9	6
836	837	230	NANCY J DOYLE	F	FV50	U/A	1:40:50	1:39:20	297		38	
837	843	288	ERIKA FRAME	F	FV50	BRAMHALL RUNNERS	1:40:52	1:39:53	298		39	7
838	838	502	CLAIRE LYNCH	F	FV45	MARPLE RUNNERS	1:40:54	1:39:28	299		50	12
839	842	1074	JACKIE HALL	F	FV50	HYDE VILLAGE STRIDERS	1:40:55	1:39:43	300		40	3
840	836	1147	CAROL MAYNARD	F	FV40	U/A	1:40:58	1:39:13	301		57	
841	841	314	IAN GOODHEAD	M	MV40	MIKKELLER RUNNING CLUB	1:40:58	1:39:42		540	82	1
842	852	130	RACHEL CARTER	F	FV50	U/A	1:40:59	1:40:20	302		41	
843	849	1006	KAREN CLEMINSON	F	FV50	MALTBY RUNNING CLUB	1:41:11	1:40:05	303		42	1
844	848	769	ROBERT TODD	M	MV55	DRAGONS RUNNING CLUB SALE	1:41:11	1:40:03		541	59	5
845	844	89	CLAIRE BRADLEY	F	FV40	MARPLE RUNNERS	1:41:27	1:40:00	304		58	13
846	845	681	MARIA RUSHTON	F	FV55	MARPLE RUNNERS	1:41:27	1:40:01	305		17	14
847	845	1049	LOUISE EWBank	F	FSEN	MARPLE RUNNERS	1:41:27	1:40:01	306		125	15
848	850	1232	REBECCA THOMPSON	F	FSEN	SALFORD METROPOLITAN ATHLETICS	1:41:29	1:40:06	307		126	2
849	855	1148	CAROLINE MCCLELLAND	F	FV55	U/A	1:41:31	1:40:44	308		18	

850	856	986	ELLEN BUTCHER	F	FV40	ROTHERHAM HARRIERS & AC	1:41:32	1:40:45	309	59	1
851	839	132	CHRISTINE CARTER	F	FV45	U/A	1:41:33	1:39:37	310	51	
852	840	1217	JULIE SMITH	F	FV50	HIVE22	1:41:35	1:39:40	311	43	1
853	845	712	BARBARA SHUTTLEWORTH	F	FV60	U/A	1:41:49	1:40:01	312	11	
854	851	1245	ELAINE WEINBREN	F	FV45	U/A	1:42:01	1:40:17	313	52	
855	853	564	DOT MULDOON	F	FV50	CHORLTON RUNNERS	1:42:04	1:40:34	314	44	30
856	862	847	SARAH WITHERS	F	FSEN	U/A	1:42:24	1:41:10	315	127	
857	854	282	STEPHEN M FORRESTER	M	MSEN	U/A	1:42:26	1:40:38	542	184	
858	869	927	DOLINA REEVES	F	FSEN	U/A	1:42:37	1:41:48	316	128	
859	859	993	DEBRA CASH	F	FV50	ROYTON ROAD RUNNERS	1:42:45	1:41:08	317	45	4
860	861	1124	SALLY JONES	F	FV50	U/A	1:42:46	1:41:09	318	46	
861	864	449	SIMON KAYE	M	MV50	DIDSBURY RUNNERS	1:42:51	1:41:20	543	72	6
862	857	304	JULIE E GIBBS	F	FV40	U/A	1:42:55	1:41:03	319	60	
863	863	1030	JANE DEAVILLE	F	FV45	U/A	1:42:57	1:41:12	320	53	
864	868	243	SIMON EDGE	M	MSEN	U/A	1:42:59	1:41:46	544	185	
865	858	823	FELICITY WICKS	F	FSEN	U/A	1:42:59	1:41:07	321	129	
866	859	9	MEGAN ALDERTON	F	FSEN	U/A	1:43:02	1:41:08	322	130	
867	865	1003	CRAIG CLARE	M	MSEN	U/A	1:43:06	1:41:21	545	186	
868	867	1182	TONY PRATT	M	MV50	MARPLE RUNNERS	1:43:06	1:41:44	546	73	22
869	866	1216	STUART SMART	M	MSEN	RUN SANDYMOOR	1:43:07	1:41:23	547	187	1
870	870	420	MARIE JENKINS EVANS	F	FV40	U/A	1:43:09	1:41:54	323	61	
871	879	293	DAVID FUREY	M	MV40	U/A	1:43:18	1:42:31	548	83	
872	882	274	JANINE FLETCHER	F	FV45	HYDE VILLAGE STRIDERS	1:43:30	1:42:48	324	54	4
873	875	507	DAVID MADDERS	M	MV45	HRC	1:43:32	1:42:14	549	111	6
874	872	185	HANNAH DABINETT	F	FSEN	ROSSENDALE HARRIERS	1:43:45	1:42:02	325	131	1
875	871	1261	MARTIN WRIGHT	M	MSEN	MANCHESTER SRG	1:43:45	1:42:01	550	188	2
876	873	984	KELLY BURGESS	F	FSEN	U/A	1:43:45	1:42:03	326	132	
877	876	894	MO GILL	M	MV40	CHORLTON RUNNERS	1:43:48	1:42:19	551	84	41
878	877	533	TIM MCFARLANE	M	MV45	CHORLTON RUNNERS	1:43:51	1:42:23	552	112	42
879	874	1061	CHRISTINA GLOZIER	F	FV55	U/A	1:43:55	1:42:06	327	19	
880	883	839	MAX WILLOUGHBY	M	MSEN	U/A	1:44:03	1:42:49	553	189	
881	878	275	SUE FLETCHER	F	FV60	U/A	1:44:15	1:42:24	328	12	
882	880	248	CATHERINE ELLIOTT	F	FV45	CHORLTON RUNNERS	1:44:18	1:42:35	329	55	31
883	886	205	DAVID DEANE	M	MV55	MANCHESTER TRIATHLON CLUB	1:44:33	1:43:11	554	60	1
884	884	1295	EMMA ENSTON	F	FSEN	U/A	1:44:34	1:43:02	330	133	
885	888	964	CAROLINE BELL	F	FV55	LONELY GOAT RC	1:44:34	1:43:29	331	20	2
886	881	806	CATHERINE WALSH	F	FV45	U/A	1:44:34	1:42:40	332	56	
887	890	1047	BRIAN EVANS	M	MV65	U/A	1:44:36	1:43:41	555	10	
888	887	1009	LAURA COLEMAN	F	FSEN	U/A	1:44:43	1:43:27	333	134	
889	884	343	LEA HAMILTON	F	FSEN	U/A	1:44:52	1:43:02	334	135	
890	896	19	RUTH AMIN	F	FV40	BELLE VUE RACERS	1:45:12	1:44:12	335	62	6
891	889	263	IAN FEINGOLD	M	MV50	PRESTWICH AC	1:45:17	1:43:30	556	74	7
892	898	578	LAURA NEGUS	F	FSEN	DIDSBURY RUNNERS	1:45:32	1:44:31	336	136	4
893	892	339	EMMA HALL	F	FSEN	BLACKLEY WALK2RUN	1:45:39	1:44:04	337	137	3
894	897	182	ALICIA CUSTIS	F	FV50	U/A	1:45:44	1:44:14	338	47	
895	891	788	NATALIE TZITZAS	F	FV40	U/A	1:45:51	1:43:51	339	63	
896	893	1279	LAURA CRAGG	F	FSEN	U/A	1:45:54	1:44:05	340	138	
897	894	896	VINNY HANLON	M	MV45	U/A	1:46:03	1:44:08	557	113	
898	895	1112	MARTIN ISHERWOOD-SMITH	M	MSEN	DAVENPORT RUNNERS	1:46:10	1:44:10	558	190	12
899	899	687	CATH SAUNDERS	F	FV50	DAVENPORT RUNNERS	1:46:43	1:44:45	341	48	10

900	901	1013	EMILY COOKSEY	F	FSEN	U/A	1:46:49	1:45:00	342	139	
901	900	181	JILL CUMSTON	F	FV50	DAVENPORT RUNNERS	1:46:50	1:44:51	343	49	11
902	902	761	SARAH THOMAS	F	FSEN	U/A	1:46:55	1:45:22	344	140	
903	912	80	MICHALA BOOTH	F	FV45	DAVENPORT RUNNERS	1:46:56	1:46:56	345	57	12
904	905	2	CLAIRE ABERDEEN	F	FV50	WIDNES RUNNING CLUB	1:47:24	1:45:39	346	50	1
905	903	1209	RACHEL SHOUKAIR	F	FV45	DAVENPORT RUNNERS	1:47:27	1:45:28	347	58	13
906	904	26	JASON ARTINGSTALL	M	MSEN	U/A	1:47:32	1:45:32		559	191
907	908	750	KATALIN SZABO	F	FSEN	U/A	1:47:38	1:46:07	348	141	
908	908	652	WAYNE RICHARDS	M	MV55	FYLDE COAST RUNNERS	1:47:38	1:46:07		560	61
909	906	287	SHARON FOY	F	FV45	DAVENPORT RUNNERS	1:47:47	1:45:48	349	59	14
910	907	747	NIGEL M SWALLOW	M	MV50	U/A	1:47:58	1:45:56		561	75
911	914	495	EMMA LORD	F	FV45	MACCLESFIELD HARRIERS & AC	1:48:06	1:47:26	350	60	12
912	910	1008	DAVID COLE	M	MSEN	BELLE VUE RACERS	1:48:22	1:46:30		562	192
913	911	1225	JAN SWALES	F	FV55	WIDNES RUNNING CLUB	1:48:28	1:46:42	351	21	2
914	919	266	JULIE FELTON	F	FV50	OLDHAM&ROYTON HARRIERSAC	1:48:46	1:48:15	352	51	4
915	913	53	JOHN BASING	M	MV55	BELLE VUE RACERS	1:49:06	1:46:59		563	62
916	915	872	TONY BRAY	M	MV65	FRA	1:49:18	1:47:45		564	11
917	916	554	SUSAN MOORE	F	FV40	GLOSSOPDALE HARRIERS	1:49:27	1:47:48	353	64	3
918	917	820	ELAINE WHITEHEAD	F	FV40	U/A	1:49:46	1:48:09	354	65	
919	920	567	DAVID MUNDAY	M	MSEN	GLOSSOPDALE HARRIERS	1:49:59	1:48:21		565	193
920	922	500	JENNIFER LUTTON	F	FSEN	WINSTON RUNNERS	1:50:05	1:48:40	355	142	1
921	921	744	RAM SUNDAR	M	MV50	DRAGONS RUNNING CLUB SALE	1:50:05	1:48:25		566	76
922	918	289	YVONNE FRASER	F	FV45	HYDE VILLAGE STRIDERS	1:50:14	1:48:11	356	61	5
923	929	914	DANIEL MCNICOL	M	MSEN	U/A	1:50:16	1:49:16		567	194
924	930	202	BELEN DE PEDRO	F	FSEN	U/A	1:50:24	1:49:20	357	143	
925	924	556	MORAG E MORGAN	F	FV65	BRAMHALL RUNNERS	1:50:31	1:48:54	358	4	8
926	927	654	JENNIFER RICHARDSON	F	FSEN	DIDSBURY RUNNERS	1:50:39	1:49:11	359	144	5
927	927	1103	LAURA HUDSON	F	FSEN	U/A	1:50:39	1:49:11	360	145	
928	925	154	JOSEPH CONNOR	M	MSEN	BRAMHALL RUNNERS	1:50:42	1:48:57		568	195
929	923	1060	JAYNE L GILMORE	F	FSEN	U/A	1:50:45	1:48:52	361	146	
930	926	1121	DANIELLE JOHNSON	F	FSEN	NORTHWICH RUNNING CLUB	1:50:51	1:48:58	362	147	1
931	931	707	CATHERINE SHEPPARD	F	FV50	HYDE VILLAGE STRIDERS	1:51:24	1:49:21	363	52	6
932	933	781	EMMA TURNER	F	FV45	BRAMHALL RUNNERS	1:51:41	1:49:58	364	62	9
933	934	1240	ANDY TURNER	M	MV50	STOCKPORT TRI CLUB	1:51:43	1:50:00		569	77
934	935	706	RACHEL SHENTON	F	FV40	MILE SHY	1:51:52	1:50:02	365	66	1
935	936	528	DEANA L MCCAULEY	F	FV50	MILE SHY	1:51:52	1:50:04	366	53	2
936	932	74	REBECCA BLACKBURN	F	FSEN	HYDE VILLAGE STRIDERS	1:51:54	1:49:51	367	148	7
937	938	748	ELIZABETH SWART	F	FV50	U/A	1:52:11	1:50:37	368	54	
938	937	950	IRYNA ABAH	F	FSEN	U/A	1:52:19	1:50:27	369	149	
939	939	254	JEN ENTWISTLE	F	FSEN	RAMSBOTTOM	1:52:26	1:51:00	370	150	1
940	940	784	ANNA TURNER	F	FSEN	U/A	1:53:07	1:51:12	371	151	
941	941	850	MELANIE WOOD	F	FV45	U/A	1:53:18	1:51:24	372	63	
942	941	69	PHILIPPA BILLINGS	F	FV40	U/A	1:53:18	1:51:24	373	67	
943	943	604	KATE OWEN	F	FV50	U/A	1:53:23	1:51:30	374	55	
944	944	354	JAYNE M HART	F	FV45	U/A	1:53:30	1:51:34	375	64	
945	945	809	LOUISE E WARD	F	FSEN	U/A	1:53:39	1:51:52	376	152	
946	946	144	GAYNOR CLARKE	F	FSEN	U/A	1:53:51	1:52:14	377	153	
947	947	462	ANDREW KINNEY	M	MV50	HRC	1:54:18	1:52:25		570	78
948	948	1082	MICHAEL N HATTON	M	MV60	RUN SANDYMOOR	1:54:27	1:52:46		571	23
949	949	1289	HOWARD FRIEND	M	MV55	MILE SHY	1:54:34	1:53:01		572	63

950	951	1076	AMANDA HAMER	F	FV50	BLACKLEY WALK2RUN	1:55:44	1:54:10	378		56	4
951	950	1143	ALISTAIR MACARTHUR	M	MV45	U/A	1:55:56	1:53:59		573	114	
952	952	633	SUE PORTER	F	FV55	U/A	1:55:59	1:54:11	379		22	
953	953	509	ROSEMARY MALLACE	F	FV65	CHORLTON RUNNERS	1:56:13	1:54:15	380		5	32
954	958	1002	M CHUNG	F	FSEN	U/A	1:56:21	1:55:05	381		154	
955	954	258	REBECCA FAIRCLOUGH	F	FV40	U/A	1:56:27	1:54:32	382		68	
956	955	520	EMMA MAY	F	FSEN	U/A	1:56:28	1:54:35	383		155	
957	960	742	REBECCA STYLES	F	FV45	STOCKPORT TRI CLUB	1:56:33	1:56:33	384		65	3
958	957	1267	CATH JONES	F	FV55	BRAMHALL RUNNERS	1:56:33	1:54:42	385		23	10
959	956	490	JOHN LIVSEY	M	MV50	U/A	1:56:39	1:54:38		574	79	
960	959	991	KAREN CARTER	F	FV50	ROCHDALE TRIATHLON CLUB	1:56:45	1:55:08	386		57	6
961	961	506	CELIA MACDONALD	F	FV55	U/A	1:58:18	1:56:43	387		24	
962	964	235	SARAH DURKIN	F	FSEN	U/A	1:58:34	1:57:42	388		156	
963	962	713	MARC SIDDERLEY	M	MSEN	U/A	1:59:06	1:57:13		575	196	
964	963	1200	CLARE RUBIN	F	FV45	VEGAN RUNNERS UK	1:59:14	1:57:27	389		66	4
965	968	1213	RACHEL SINGER	F	FV65	U/A	1:59:19	1:58:26	390		6	
966	965	1071	TIM GUY	M	MV60	U/A	1:59:48	1:57:50		576	24	
967	966	392	PAULA HUGHES	F	FV70	U/A	1:59:59	1:57:58	391		1	
968	967	172	JENNIFER CROCKER	F	FSEN	BELLE VUE RACERS	1:59:59	1:58:00	392		157	7
969	971	717	MICHAEL F SKINKIS	M	MV65	U/A	2:00:57	2:00:57		577	12	
970	969	778	LISA TUMELTY	F	FSEN	U/A	2:01:51	1:59:51	393		158	
971	970	1050	DARREN FAHY	M	MSEN	U/A	2:01:57	1:59:58		578	197	
972	972	459	CLARE KERSWILL	F	FSEN	U/A	2:03:53	2:02:05	394		159	
973	973	805	LYNNE WALSH	F	FV45	LONELY GOAT RC	2:04:21	2:02:25	395		67	3
974	974	716	ADRIAN SIMMONDS	M	MV50	DAVENPORT RUNNERS	2:05:08	2:03:13		579	80	13
975	975	1244	AJ WATSON	F	FSEN	VEGAN RUNNERS UK	2:05:34	2:03:49	396		160	5
976	976	635	DIANA POWELL	F	FV60	BRAMHALL RUNNERS	2:06:40	2:04:49	397		13	11
977	977	614	SAM PARTINGTON	F	FV40	U/A	2:07:12	2:05:17	398		69	
978	978	270	KATHERINE FISHER	F	FV40	DAVENPORT RUNNERS	2:07:57	2:06:05	399		70	15
979	979	148	STEPHEN COLE	M	MV50	STOCKPORT HARRIERS & AC	2:07:57	2:06:06		580	81	26
980	980	882	LIE DRAMEH	M	MV50	U/A	2:08:30	2:07:38		581	82	
981	981	12	ZEKI AL-KHISHALI	M	MSEN	MARPLE RUNNERS	2:09:53	2:09:03		582	198	23
982	982	814	COLETTE WATLING	F	FV55	DIDSBURY RUNNERS	2:15:00	2:13:08	400		25	6
983	983	71	JO-ANN BIRTLES	F	FV50	U/A	2:16:20	2:14:26	401		58	
984	984	1134	JACK LEEMING	M	MSEN	U/A	2:16:32	2:14:32		583	199	
985	986	976	DEBBIE BOARDMAN	F	FV45	STOCKPORT HARRIERS & AC	2:17:11	2:15:25	402		68	17
986	985	921	TONY PARK	M	MV55	STOCKPORT HARRIERS & AC	2:17:11	2:15:03		584	64	27
DQ		662	MARK ROBINSON	M	MSEN	U/A						
DQ		481	ANDREW LEONARD	M	MSEN	U/A						