

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 20th October 2018

Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Daniel Bebbington	PrestonHar A	9:51	29	Sam Clegg	RotherhamH B	11:32
2	Ossama Meslek	LeedsCityA A	9:55	30	Jack Allison	LeedsCityA B	11:35
3	Jonathan Shields	CityOfShef A	10:01	31	Tom Greaves	Warrington A	11:37
4	Sam Johnson	DerbyAC A	10:03	32	Jack Stubbings	Warrington B	11:45
5	Daniel Preston	LiverpoolH A	10:10	33	Daniel Hayes	TraffordAC B	11:48
6	James Habberghan	HalifaxHar A	10:16	34	Marc Thorpe	LincolnWel	11:51
7	Dom Brown	University A	10:17	35	Andrew Norton	SteelCityS A	11:55
8	Adrian Bailes	BirtleyAc A	10:19	36	Paul Molloy	ChorltonRu	12:01
9	Kieran Walker	Middlesbro	10:21	37	Matt Lloyd	PrestonHar B	12:10
10	Xavier O'hare	TraffordAC A	10:26	38	Gareth Williams	ValeRoyalA C	12:21
11	Connor Milnes	Hallamshir	10:27	39	James Mace	RothwellHa	12:24
12	Joe Wigfield	WirralAc	10:31	40	Ashley Crow	NorthDerby A	12:27
13	Christopher Law	HolmfirthH	10:32	41	Chris Matthews	SteelCityS E	12:34
14	Luca Parker	CityOfYork	10:34	42	Sam Appleton	University B	12:35
15	Jonathan Johnson	RotherhamH A	10:43	43	Jed Turner	SheffieldR B	12:40
16	Luke Pickering	DurhamCity	10:46	44	Callum Grant	LiverpoolH C	12:46
17	Benjamin Lee	ValeRoyalA A	10:47	45	Stephen Walker	BeverleyAC	12:52
18	Joseph Ford	LiverpoolH B	10:52	46	Melvin Wallace	BarnsleyAC	13:04
19	David Westbury	DerbyAC B	10:55	47	Tom Topham	NorthDerby B	13:22
20	Jonathan Wills	RoundhayRu A	10:57	48	John Conroy	Keighley&C B	13:23
21	Ryan Griffiths	CityOfShef B	11:01	49	Lee Drummond	BirtleyAc B	13:34
22	Tom Barrett	Keighley&C A	11:01	50	*Not Declared*	MatlockAC	13:40
23	John Humphries	ValeRoyalA B	11:11	51	James Gallacher	RotherhamH C	13:49
24	Jack Brothwell	KingstonUp	11:15	52	Mark Platon	SteelCityS D	13:53
25	J Sweetnampowell	SheffieldR A	11:21	53	Martin Greenough	SteelCityS C	14:04
26	J Phillips	DoncasterA	11:22	54	Gary Podmore	SheffieldR C	14:14
27	Simon Bolland	Spenboroug	11:28	55	Mark Ayre	RoundhayRu B	14:18
28	Ed Fazakerley	Manchester	11:31	56	Tom Brooks	SteelCityS B	14:52

Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Matt Grieve	LeedsCityA A	10:13	20:08	+ 1	35	Chris Moss	SheffieldR A	12:43	24:04	- 10
2	C Durney	PrestonHar A	10:18	20:09	- 1	36	Daniel Neal	PrestonHar B	11:55	24:05	+ 1
3	Aduaqani Sharif	LiverpoolH A	10:10	20:20	+ 2	37	Chris Ireland	SheffieldR B	12:20	25:00	+ 6
4	Alfie Manthorpe	CityOfShef A	10:28	20:29	- 1	38	Andy Baguley	ChorltonRu	13:00	25:01	- 2
5	Hedley Hardcastle	DerbyAC A	10:32	20:35	- 1	39	David Morrison	BeverleyAC	12:23	25:15	+ 6
6	Josh Cowperthwaite	Middlesbro	10:18	20:39	+ 3	40	Lee Carrington	ValeRoyalA C	13:01	25:22	- 2
7	Tim Stratton	CityOfYork	10:36	21:10	+ 7	41	Paul MCGough	RothwellHa	13:26	25:50	- 2
8	Kieran Reay	BirtleyAc A	10:52	21:11	0	42	Sammy Rashid	University B	13:18	25:53	0
9	Mac O'malley	TraffordAC A	10:46	21:12	+ 1	43	Noel Adkins	BarnsleyAC	12:54	25:58	+ 3
10	Cameron Weaver	ValeRoyalA A	10:36	21:23	+ 7	44	John Connolly	LiverpoolH C	13:20	26:06	0
11	Harley Henshaw	WirralAc	10:53	21:24	+ 1	45	Gary Elkington	NorthDerby B	12:54	26:16	+ 2
12	Elliott Smales	RotherhamH A	10:43	21:26	+ 3	46	*Not Declared*	MatlockAC	12:52	26:32	+ 4
13	Max Brame	LiverpoolH B	10:36	21:28	+ 5	47	Robert Wilson	BirtleyAc B	13:08	26:42	+ 2
14	Alex Robinson	HolmfirthH	11:12	21:44	- 1	48	Thomas King	SteelCityS B	12:01	26:53	+ 8
15	Senay Guzai	DerbyAC B	10:53	21:48	+ 4	49	Ian Maher	Keighley&C B	14:07	27:30	- 1
16	Michael Gaughan	HalifaxHar A	11:40	21:56	- 10	50	Simon Vickery	RoundhayRu B	13:31	27:49	+ 5
17	Matthew Fuller	CityOfShef B	10:57	21:58	+ 4	51	Matthew Burgon	SteelCityS C	14:14	28:18	+ 2
18	Shane Robinson	LincolnWel	10:14	22:05	+ 16	52	Stuart Jones	SteelCityS D	14:54	28:47	0
19	Joe Sagar	Spenboroug	10:41	22:09	+ 8	53	Christopher Heggs	SheffieldR C	14:38	28:52	+ 1
20	Rob Everson	DurhamCity	11:31	22:17	- 4	54	Kevin Sibley	SteelCityS E	16:46	29:20	- 13
21	Ryan Watmough	Keighley&C A	11:21	22:22	+ 1						
22	Leo Cossham	Hallamshir	11:58	22:25	- 11						
23	Remi Gosal	University A	12:09	22:26	- 16						
24	Aidan Johnson	RotherhamH B	10:57	22:29	+ 5						
25	Matt Lockyer	LeedsCityA B	11:14	22:49	+ 5						
26	Matt Rowlinson	ValeRoyalA B	11:40	22:51	- 3						
27	Gregan Clarkson	KingstonUp	11:40	22:55	- 3						
28	Martin Dawson	NorthDerby A	10:51	23:18	+ 12						
29	Simon Wright	DoncasterA	11:58	23:20	- 3						
30	Darren Russell	TraffordAC B	11:38	23:26	+ 3						
31	B Jones	SteelCityS A	11:33	23:28	+ 4						
32	Luke Gamble	Warrington A	12:00	23:37	- 1						
33	Colin Bishop	Warrington B	12:03	23:48	- 1						
34	Andy Turner	RoundhayRu A	12:53	23:50	- 14						

Fastest runners over stage 2:

1	Aduaqani Sharif	LiverpoolH A	10:10
2	Matt Grieve	LeedsCityA A	10:13
3	Shane Robinson	LincolnWel	10:14
4	Josh Cowperthwaite	Middlesbro	10:18
5	C Durney	PrestonHar A	10:18
6	Alfie Manthorpe	CityOfShef A	10:28
7	Hedley Hardcastle	DerbyAC A	10:32
8	Cameron Weaver	ValeRoyalA A	10:36
9	Max Brame	LiverpoolH B	10:36
10	Tim Stratton	CityOfYork	10:36

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 20th October 2018

Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Tiarnan Crokken	PrestonHar A	10:37	30:46	+ 1
2	Thomas Rogerson	LiverpoolH A	10:27	30:47	+ 1
3	Joseph Kilgour	DerbyAC A	10:15	30:50	+ 2
4	Alexander Bellew	LeedsCityA A	10:47	30:55	- 3
5	Julian Slater	CityOfShef A	10:51	31:20	- 1
6	Lee Milburn	RotherhamH A	10:32	31:58	+ 6
7	Matthew Sutton	TraffordAC A	10:56	32:08	+ 2
8	Richard Burney	LiverpoolH B	10:42	32:10	+ 5
9	Ben Palmer	Middlesbro	11:34	32:13	- 3
10	Arun Dight	ValeRoyalA A	11:08	32:31	0
11	Jake Richardson	LincolnWel	10:27	32:32	+ 7
12	Joseph Booth	DerbyAC B	11:01	32:49	+ 3
13	Mark Cage	CityOfYork	11:47	32:57	- 6
14	Cameron Cass	CityOfShef B	11:04	33:02	+ 3
15	Steve Green	HolmfirthH	11:41	33:25	- 1
16	Simon Dunk	WirralAc	12:14	33:38	- 5
17	Johnny Alexander	DurhamCity	11:27	33:44	+ 3
18	Adrian Thomas	HalifaxHar A	12:00	33:56	- 2
19	Paul Davis	Spensoroug	11:49	33:58	0
20	Philip Hoole	RotherhamH B	11:34	34:03	+ 4
21	Nicholas Newby	BirtleyAc A	13:04	34:15	- 13
22	Josh Betteley	ValeRoyalA B	11:28	34:19	+ 4
23	Joe Brien	University A	11:54	34:20	0
24	Nick Jones	Warrington A	10:57	34:34	+ 8
25	Carl Egde	Hallamshir	12:16	34:41	- 3
26	Scott Bairstow	Keighley&C A	12:23	34:45	- 5
27	Samuel Brown	SteelCityS A	11:44	35:12	+ 4
28	Connor Fazakerley	TraffordAC B	12:08	35:34	+ 2
29	Simon Ellis	LeedsCityA B	13:01	35:50	- 4
30	Robert Cassy	SheffieldR A	11:59	36:03	+ 5
31	Kevin Newman	DoncasterA	12:47	36:07	- 2
32	Simon Downs	KingstonUp	13:22	36:17	- 5
33	Ian Monaghan	NorthDerby A	13:02	36:20	- 5
34	David Norman	Warrington B	12:45	36:33	- 1
35	Harry Hayes	PrestonHar B	12:51	36:56	+ 1
36	*Not Declared*	University B	11:11	37:04	+ 6
37	Christopher Cobb	RoundhayRu A	13:53	37:43	- 3
38	Aff Elamrani	SheffieldR B	14:01	39:01	- 1
39	Hadrian Knight	RothwellHa	13:22	39:12	+ 2
40	David Roberts	ValeRoyalA C	13:55	39:17	0
41	Peter Brame	LiverpoolH C	13:21	39:27	+ 3
42	Andrew Woffindin	SteelCityS B	12:40	39:33	+ 6
43	*Not Declared*	MatlockAC	13:08	39:40	+ 3
44	Paul Fieldsend	BarnsleyAC	13:51	39:49	- 1
45	Andy Hall	NorthDerby B	13:58	40:14	0
46	John Wright	ChorltonRu	16:11	41:12	- 8
47	Richard Parkin	BeverleyAC	16:13	41:28	- 8
48	Jimmy Sharman	SteelCityS C	13:49	42:07	+ 3
49	Innes Young	RoundhayRu B	14:33	42:22	+ 1
50	A Bell	SteelCityS E	13:04	42:24	+ 4
51	Richard Ward	SheffieldR C	14:05	42:57	+ 2
52	C Downing	SteelCityS D	15:13	44:00	0

Fastest runners over stage 3:

1	Joseph Kilgour	DerbyAC A	10:15
2	Thomas Rogerson	LiverpoolH A	10:27
3	Jake Richardson	LincolnWel	10:27
4	Lee Milburn	RotherhamH A	10:32
5	Tiarnan Crokken	PrestonHar A	10:37
6	Richard Burney	LiverpoolH B	10:42
7	Alexander Bellew	LeedsCityA A	10:47
8	Julian Slater	CityOfShef A	10:51
9	Matthew Sutton	TraffordAC A	10:56
10	Nick Jones	Warrington A	10:57

Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Patrick Dever	PrestonHar A	9:44	40:30	0
2	Richard Weir	DerbyAC A	10:03	40:53	+ 1
3	Aaron Jarvis	LiverpoolH A	10:36	41:23	- 1
4	Tommy Horton	CityOfShef A	10:17	41:37	+ 1
5	Michael Hoyle	LeedsCityA A	10:49	41:44	- 1
6	Liam Burthem	LiverpoolH B	10:34	42:44	+ 2
7	Jacob Brown	ValeRoyalA A	10:20	42:51	+ 3
8	Gareth Sampson	RotherhamH A	10:56	42:54	- 2
9	Ryan Page	LincolnWel	10:37	43:09	+ 2
10	Jeff Prest	TraffordAC A	11:13	43:21	- 3
11	James Tucker	CityOfYork	11:02	43:59	+ 2
12	Will Smith	HalifaxHar A	10:47	44:43	+ 6
13	Jack Dakin	DerbyAC B	11:56	44:45	- 1
14	Johnbailey Rice	CityOfShef B	11:54	44:56	0
15	Jacob Harman	HolmfirthH	11:41	45:06	0
16	David Brockway	WirralAc	11:31	45:09	0
17	Samuel Galpin	University A	11:00	45:20	+ 6
18	Stuart Doyle	ValeRoyalA B	11:04	45:23	+ 4
19	Jack Stokes	RotherhamH B	11:41	45:44	+ 1
20	Andrew Thake	Hallamshir	11:15	45:56	+ 5
21	Jack Wadsworth	Warrington A	11:41	46:15	+ 3
22	Kevin Ogden	Spensoroug	12:31	46:29	- 3
23	Phil Skelton	SteelCityS A	11:23	46:35	+ 4
24	Alan Buckley	LeedsCityA B	11:08	46:58	+ 5
25	Jason Catterall	DurhamCity	13:23	47:07	- 8
26	Jamie Graham	BirtleyAc A	13:12	47:27	- 5
27	Greg Marcroft	TraffordAC B	12:27	48:01	+ 1
28	Stuart Little	SheffieldR A	12:08	48:11	+ 2
29	Martin James	DoncasterA	12:21	48:28	+ 2
30	Sam Overend	Keighley&C A	13:54	48:39	- 4
31	Tim Clayton	NorthDerby A	12:30	48:50	+ 2
32	Daniel Newman	Warrington B	12:54	49:27	+ 2
33	*Not Declared*	University B	12:52	49:56	+ 3
34	James Carvello	RoundhayRu A	12:22	50:05	+ 3
35	Ross Blackburn	RothwellHa	12:01	51:13	+ 4
36	Mathew Hughes	LiverpoolH C	12:06	51:33	+ 5
37	Chris Guy	SteelCityS B	12:31	52:04	+ 5
38	Richard Murray	ValeRoyalA C	13:01	52:18	+ 2
39	*Not Declared*	MatlockAC	13:06	52:46	+ 4
40	Fred Vellacott	SheffieldR B	14:50	53:51	- 2
41	Shane James	NorthDerby B	13:40	53:54	+ 4
42	Stephen Welch	ChorltonRu	13:53	55:05	+ 4
43	Paul Stuart	SteelCityS E	12:48	55:12	+ 7
44	Darrell Harrison	BarnsleyAC	16:11	56:00	0
45	James Smith	SteelCityS C	14:18	56:25	+ 3
46	Alan Flint	BeverleyAC	15:15	56:43	+ 1
47	Anthony Toulson	RoundhayRu B	14:33	56:55	+ 2
48	Peter Robertshaw	SheffieldR C	14:17	57:14	+ 3
49	R Grocutt	SteelCityS D	15:46	59:46	+ 3

Fastest runners over stage 4:

1	Patrick Dever	PrestonHar A	9:44
2	Richard Weir	DerbyAC A	10:03
3	Tommy Horton	CityOfShef A	10:17
4	Jacob Brown	ValeRoyalA A	10:20
5	Liam Burthem	LiverpoolH B	10:34
6	Aaron Jarvis	LiverpoolH A	10:36
7	Ryan Page	LincolnWel	10:37
8	Will Smith	HalifaxHar A	10:47
9	Michael Hoyle	LeedsCityA A	10:49
10	Gareth Sampson	RotherhamH A	10:56

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 20th October 2018

Senior Men — Team Results — Final (nn) is team position after the appropriate stage.

<p>1 Preston Harriers 'A' 40:30</p> <p>1 Daniel Bebbington (1) 9:51 2 C Durney (2) 10:18 3 Tiaman Croken (1) 10:37 4 Patrick Dever (1) 9:44</p> <p>2 Derby AC 'A' 40:53</p> <p>1 Sam Johnson (4) 10:03 2 Hedley Hardcastle (5) 10:32 3 Joseph Kilgour (3) 10:15 4 Richard Weir (2) 10:03</p> <p>3 Liverpool Harriers & Ac 'A' 41:23</p> <p>1 Daniel Preston (5) 10:10 2 Aduaqani Sharif (3) 10:10 3 Thomas Rogerson (2) 10:27 4 Aaron Jarvis (3) 10:36</p> <p>4 City Of Sheffield & Dearne Ac 'A' 41:37</p> <p>1 Jonathan Shields (3) 10:01 2 Alfie Manthorpe (4) 10:28 3 Julian Slater (5) 10:51 4 Tommy Horton (4) 10:17</p> <p>5 Leeds City AC 'A' 41:44</p> <p>1 Ossama Meslek (2) 9:55 2 Matt Grieve (1) 10:13 3 Alexander Bellew (4) 10:47 4 Michael Hoyle (5) 10:49</p> <p>6 Liverpool Harriers & Ac 'B' 42:44</p> <p>1 Joseph Ford (18) 10:52 2 Max Brame (13) 10:36 3 Richard Burney (8) 10:42 4 Liam Burthem (6) 10:34</p> <p>7 Vale Royal Ac 'A' 42:51</p> <p>1 Benjamin Lee (17) 10:47 2 Cameron Weaver (10) 10:36 3 Arun Dight (10) 11:08 4 Jacob Brown (7) 10:20</p> <p>8 Rotherham Harriers & Ac 'A' 42:54</p> <p>1 Jonathan Johnson (15) 10:43 2 Elliott Smales (12) 10:43 3 Lee Milburn (6) 10:32 4 Gareth Sampson (8) 10:56</p> <p>9 Lincoln Wellington AC 43:09</p> <p>1 Marc Thorpe (34) 11:51 2 Shane Robinson (18) 10:14 3 Jake Richardson (11) 10:27 4 Ryan Page (9) 10:37</p> <p>10 Trafford AC 'A' 43:21</p> <p>1 Xavier O'hare (10) 10:26 2 Mac O'malley (9) 10:46 3 Matthew Sutton (7) 10:56 4 Jeff Prest (10) 11:13</p> <p>11 City Of York Ac 43:59</p> <p>1 Luca Parker (14) 10:34 2 Tim Stratton (7) 10:36 3 Mark Cage (13) 11:47 4 James Tucker (11) 11:02</p> <p>12 Halifax Harriers & Ac 'A' 44:43</p> <p>1 James Haberghan (6) 10:16 2 Michael Gaughan (16) 11:40 3 Adrian Thomas (18) 12:00 4 Will Smith (12) 10:47</p> <p>13 Derby AC 'B' 44:45</p> <p>1 David Westbury (19) 10:55 2 Senay Guzai (15) 10:53 3 Joseph Booth (12) 11:01 4 Jack Dakin (13) 11:56</p> <p>14 City Of Sheffield & Dearne Ac 'B' 44:56</p> <p>1 Ryan Griffiths (21) 11:01 2 Matthew Fuller (17) 10:57 3 Cameron Cass (14) 11:04 4 Johnbailey Rice (14) 11:54</p> <p>15 Holmfirth Harriers Ac 45:06</p> <p>1 Christopher Law (13) 10:32 2 Alex Robinson (14) 11:12 3 Steve Green (15) 11:41 4 Jacob Harman (15) 11:41</p> <p>16 Wirral Ac 45:09</p> <p>1 Joe Wigfield (12) 10:31 2 Harley Henshaw (11) 10:53 3 Simon Dunk (16) 12:14 4 David Brockway (16) 11:31</p>	<p>17 University Of Sheffield 'A' 45:20</p> <p>1 Dom Brown (7) 10:17 2 Remi Gosal (23) 12:09 3 Joe Brien (23) 11:54 4 Samuel Galpin (17) 11:00</p> <p>18 Vale Royal Ac 'B' 45:23</p> <p>1 John Humphries (23) 11:11 2 Matt Rowlinson (26) 11:40 3 Josh Betteley (22) 11:28 4 Stuart Doyle (18) 11:04</p> <p>19 Rotherham Harriers & Ac 'B' 45:44</p> <p>1 Sam Clegg (29) 11:32 2 Aidan Johnson (24) 10:57 3 Philip Hoole (20) 11:34 4 Jack Stokes (19) 11:41</p> <p>20 Hallamshire Harriers Sheffield 45:56</p> <p>1 Connor Milnes (11) 10:27 2 Leo Cossham (22) 11:58 3 Carl Egdel (25) 12:16 4 Andrew Thake (20) 11:15</p> <p>21 Warrington A C 'A' 46:15</p> <p>1 Tom Greaves (31) 11:37 2 Luke Gamble (32) 12:00 3 Nick Jones (24) 10:57 4 Jack Wadsworth (21) 11:41</p> <p>22 Spenborough & Dist Ac 46:29</p> <p>1 Simon Bolland (27) 11:28 2 Joe Sagar (19) 10:41 3 Paul Davis (19) 11:49 4 Kevin Ogden (22) 12:31</p> <p>23 Steel City Striders Rc 'A' 46:35</p> <p>1 Andrew Norton (35) 11:55 2 B Jones (31) 11:33 3 Samuel Brown (27) 11:44 4 Phil Skelton (23) 11:23</p> <p>24 Leeds City AC 'B' 46:58</p> <p>1 Jack Allison (30) 11:35 2 Matt Lockyer (25) 11:14 3 Simon Ellis (29) 13:01 4 Alan Buckley (24) 11:08</p> <p>25 Durham City Harriers & Ac 47:07</p> <p>1 Luke Pickering (16) 10:46 2 Rob Everson (20) 11:31 3 Johnny Alexander (17) 11:27 4 Jason Catterall (25) 13:23</p> <p>26 Birtley Ac 'A' 47:27</p> <p>1 Adrian Bailes (8) 10:19 2 Kieran Reay (8) 10:52 3 Nicholas Newby (21) 13:04 4 Jamie Graham (26) 13:12</p> <p>27 Trafford AC 'B' 48:01</p> <p>1 Daniel Hayes (33) 11:48 2 Darren Russell (30) 11:38 3 Connor Fazakerley (28) 12:08 4 Greg Marcroft (27) 12:27</p> <p>28 Sheffield Rc 'A' 48:11</p> <p>1 J Sweetnampowell (25) 11:21 2 Chris Moss (35) 12:43 3 Robert Cassy (30) 11:59 4 Stuart Little (28) 12:08</p> <p>29 Doncaster AC 48:28</p> <p>1 J Phillips (26) 11:22 2 Simon Wright (29) 11:58 3 Kevin Newman (31) 12:47 4 Martin James (29) 12:21</p> <p>30 Keighley & Craven Ac 'A' 48:39</p> <p>1 Tom Barrett (22) 11:01 2 Ryan Watmough (21) 11:21 3 Scott Bairstow (26) 12:23 4 Sam Overend (30) 13:54</p> <p>31 North Derbyshire Rc 'A' 48:50</p> <p>1 Ashley Crow (40) 12:27 2 Martin Dawson (28) 10:51 3 Ian Monaghan (33) 13:02 4 Tim Clayton (31) 12:30</p> <p>32 Warrington A C 'B' 49:27</p> <p>1 Jack Stubbings (32) 11:45 2 Colin Bishop (33) 12:03 3 David Norman (34) 12:45 4 Daniel Newman (32) 12:54</p>
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Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 20th October 2018

33 University Of Sheffield 'B' 49:56
 1 Sam Appleton (42) 12:35 2 Sammy Rashid (42) 13:18
 3 Undeclared (36) 11:11 4 Undeclared (33) 12:52

34 Roundhay Runners 'A' 50:05
 1 Jonathan Wills (20) 10:57 2 Andy Turner (34) 12:53
 3 Christopher Cobb (37) 13:53 4 James Carvello (34) 12:22

35 Rothwell Harriers & Ac 51:13
 1 James Mace (39) 12:24 2 Paul Mcgough (41) 13:26
 3 Hadrian Knight (39) 13:22 4 Ross Blackburn (35) 12:01

36 Liverpool Harriers & Ac 'C' 51:33
 1 Callum Grant (44) 12:46 2 John Connolly (44) 13:20
 3 Peter Brame (41) 13:21 4 Mathew Hughes (36) 12:06

37 Steel City Striders Rc 'B' 52:04
 1 Tom Brooks (56) 14:52 2 Thomas King (48) 12:01
 3 Andrew Woffindin (42) 12:40 4 Chris Guy (37) 12:31

38 Vale Royal Ac 'C' 52:18
 1 Gareth Williams (38) 12:21 2 Lee Carrington (40) 13:01
 3 David Roberts (40) 13:55 4 Richard Murray (38) 13:01

39 Matlock AC 52:46
 1 Undeclared (50) 13:40 2 Undeclared (46) 12:52
 3 Undeclared (43) 13:08 4 Undeclared (39) 13:06

40 Sheffield Rc 'B' 53:51
 1 Jed Turner (43) 12:40 2 Chris Ireland (37) 12:20
 3 Afif Elamrani (38) 14:01 4 Fred Vellacott (40) 14:50

41 North Derbyshire Rc 'B' 53:54
 1 Tom Topham (47) 13:22 2 Gary Elkington (45) 12:54
 3 Andy Hall (45) 13:58 4 Shane James (41) 13:40

42 Chorlton Runners 55:05
 1 Paul Molloy (36) 12:01 2 Andy Baguley (38) 13:00
 3 John Wright (46) 16:11 4 Stephen Welch (42) 13:53

43 Steel City Striders Rc 'E' 55:12
 1 Chris Matthews (41) 12:34 2 Kevin Sibley (54) 16:46
 3 A Bell (50) 13:04 4 Paul Stuart (43) 12:48

44 Barnsley AC 56:00
 1 Melvin Wallace (46) 13:04 2 Noel Adkins (43) 12:54
 3 Paul Fieldsend (44) 13:51 4 Darrell Harrison (44) 16:11

45 Steel City Striders Rc 'C' 56:25
 1 Martin Greenough (53) 14:04 2 Matthew Burgon (51) 14:14
 3 Jimmy Sharman (48) 13:49 4 James Smith (45) 14:18

46 Beverley AC 56:43
 1 Stephen Walker (45) 12:52 2 David Morrison (39) 12:23
 3 Richard Parkin (47) 16:13 4 Alan Flint (46) 15:15

47 Roundhay Runners 'B' 56:55
 1 Mark Ayre (55) 14:18 2 Simon Vickery (50) 13:31
 3 Innes Young (49) 14:33 4 Anthony Toulson (47) 14:33

48 Sheffield Rc 'C' 57:14
 1 Gary Podmore (54) 14:14 2 Christopher Heggs (53) 14:38
 3 Richard Ward (51) 14:05 4 Peter Robertshaw (48) 14:17

49 Steel City Striders Rc 'D' 59:46
 1 Mark Platton (52) 13:53 2 Stuart Jones (52) 14:54
 3 C Downing (52) 15:13 4 R Grocutt (49) 15:46

Incomplete Teams:

Middlesbrough AC

1 Kieran Walker (9) 10:21 2 Josh Cowperthwaite (6) 10:18
 3 Ben Palmer (9) 11:34

Kingston Upon Hull Ac

1 Jack Brothwell (24) 11:15 2 Gregan Clarkson (27) 11:40
 3 Simon Downs (32) 13:22

Preston Harriers

1 Matt Lloyd (37) 12:10 2 Daniel Neal (36) 11:55
 3 Harry Hayes (35) 12:51

Birtley Ac

1 Lee Drummond (49) 13:34 2 Robert Wilson (47) 13:08

Keighley & Craven Ac

1 John Conroy (48) 13:23 2 Ian Maher (49) 14:07

Manchester Harriers & Ac

1 Ed Fazakerley (28) 11:31

Rotherham Harriers & Ac

1 James Gallacher (51) 13:49

Fastest of all legs

1	Patrick Dever	PrestonHar	A	9:44	(4)
2	Daniel Bebbington	PrestonHar	A	9:51	(1)
3	Ossama Meslek	LeedsCityA	A	9:55	(1)
4	Jonathan Shields	CityOfShef	A	10:01	(1)
5	Richard Weir	DerbyAC	A	10:03	(4)
=	Sam Johnson	DerbyAC	A	10:03	(1)
7	Daniel Preston	LiverpoolH	A	10:10	(1)
=	Aduaqani Sharif	LiverpoolH	A	10:10	(2)
9	Matt Grieve	LeedsCityA	A	10:13	(2)
10	Shane Robinson	LincolnWel		10:14	(2)