## New Marske Harriers



# Spring - Wed 17 ${ }^{\text {th }}$ Apr Summer - Wed 26 ${ }^{\text {th }}$ June Autumn - Wed $4^{\text {th }}$ Sept <br> Licence 2013-105905 

## NORTHUMBRIAN

## Race Start Time:

### 7.00pm

Entries - On the night only
$\mathfrak{f 5}$ Please quote EA registration Number *Extra $£ 3$ for Non EA registered

5 k course consists 2 lap of coastal path \& is completely flat.

## Venue:

Registration, Changing and Prize Giving is at:

Redcar Rugby Club, Green
Lane
Redcar (Off A1085 Coast Rd)
Note the rugby club is 800 m from start-finish.

## Prizes \& Awards

For the 5 k race prizes will be awarded to the top 25 using WAVA Age Related calculation that takes age \& gender into account. Plus spot prizes for those who finish 50th, 75th \& 100th in the age related order. - awarded only if present at presentation.
Printed Results will be posted at prize giving and on the club website www.new-marske-harriers.co.uk

For further info:
Phone Katie Robson
07813273220

## Minimum Age:

14 years on day of race.

## New Marske Harriers



# Spring - Wed 17 ${ }^{\text {th }}$ Apr Summer - Wed 26 ${ }^{\text {th }}$ June Autumn - Wed $4^{\text {th }}$ Sept <br> Licence 2013-105905 

## NORTHUMBRIAN WATER

## Entries - On the night only

$\mathbf{f 5}$ Please quote EA registration Number *Extra $£ 3$ for Non EA registered

5 k course consists 2 lap of coastal path \& is completely flat.

## Race Start Time:

### 7.00pm

## Venue:

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