The Brooks Good Friday Races
at Southport on Friday 10th April 2009

Ladies 4 Mile — FINAL RESULTS

Pos	Name	Cat/Pos		Club	Time
1	Amanda Crook	L	1	Southport Waterloo AC	23:40
2	Catherine Draper	L	2	Unattached	24:04
3	Maria Lowe	L	3	Wigan Phoenix	24:30
4	Natalie Palin	L	4	Liverpool Running Club	25:08
5	Jenny Carter	L35	1	Team Bath AC	25:20
6	Sue Cooper	L55	1	Southport Waterloo AC	25:37
7	Elaine Maylor	L	7	Unattached	25:47
8	Emma Calderbank	L	8	Unattached	25:50
9	Andrea Smith	L40	1	Blackpool Wyre & Fylde	25:53
10	Joanne Perry	L	10	Unattached	26:05
11	Lauren Cooper	L	11	Unattached	26:10
12	Anne Sweeney	L50	1	Preston Harriers	26:14
13	Tracey Peters	L	13	Southport Waterloo AC	26:24
14	Marian Hesketh	L55	2	Preston Harriers	26:31
15	Claire Melbourne	L35	2	Unattached	26:33
16	Jane Waterhouse	L55	3	Unattached	26:50
17	Jennifer Pybis	L	17	Liverpool Harriers & AC	27:09
18	Sarah McRobie	L	18	Menai Track & Fiedl	27:25
19	Jayne Perry	L	19	Unattached	27:38
20	Sophie Kelly	L18	1	Southport Waterloo AC	27:57
21	Karen Faloon	L60	1	Southport Waterloo AC	28:08
22	Jenn Mattinson	L	22	Unattached	28:24
23	Sue Burke	L45	1	Liverpool Running Club	28:33
24	Louise Leek	L18	2	Southport Waterloo AC	28:53
25	Sandra Snape	L40	2	Blackburn Road Runners	29:14
26	Anne Wallworth	L50	2	Red Rose Road Runners	29:18
27	Fiona Bledge	L40	3	Wesham	29:50
28	Katherine Reece	L	28	Unattached	29:54
29	Ruth Calderbank	L55	4	Unattached	30:07
30	Kerry Eccles	L45	2	Wesham	30:12
31	Rachel Thomas	L35	3	Southport Waterloo AC	30:23
32	Emma Collins	L	32	Unattached	30:26
33	Carole Janes	L40	4	Southport Waterloo AC	30:30
34	Jane Calderbank	L	34	Unattached	30:36
35	Claire Evans	L35	4	Unattached	30:40
36	Mhairi Gass	L	36	Warrington Road Runners	30:43
37	Helena McGoldrick	L45	3	Leigh Harriers	30:57
38	Alison Lysons	L45	4	Warrington Road Runners	31:08
39	Helen Nube	L40	5	Abbey Runners	31:27
40	Jill Rothwell	L45	5	Unattached	31:37
41	Rosanna Cousins	L45	6	Unattached	31:42
42	Jennifer Lace	L	42	Hearts Hearts Health	31:56
43	Emma Wright	L	43	Unattached	32:16
44	Helen Lodge	L40	6	Unattached	32:24
45	Michaela McKavett	L40	7	Unattached	32:27
46	Catherine Nevin	L50	3	Penny Lane Striders	32:39
47	Carron Howard	L40	8	Unattached	32:41
48	Lisa Bolton	L	48	Unattached	32:47
49	Lorna Blackburn	L40	9	Unattached	32:49
50	Helen Rigg	L45	7	Southport Waterloo AC	32:50
51	Judith Deakin	L60	2	Preston Harriers	32:58
52	Jane Blacklin	L45	8	Unattached	33:07
53	Sandra Waters	L50	4	Southport Waterloo AC	33:35
54	Jackie Chambers	L35	5	Unattached	33:39
55	Poppy Lang	L16	1	Liverpool Harriers & AC	34:05
56	Glenda Seagraves	L40	10	Unattached	34:32
57	Ros Thompson	L50	5	Unattached	34:35
58	Gemma O'Neill	L	58	Unattached	34:37
59	Gillian Fox	L40	11	Unattached	34:39
60	Lesley Andrews	L45	9	Unattached	34:40
61	Helen Davies	L45	10	Unattached	35:02
62	Tracey Hughes	L40	12	Unattached	35:07
63	Suzi Curtis	L45	11	Unattached	35:27
64	Ruth Stockley	L40	13	Unattached	35:28
65	Alison Webster	L35	6	Unattached	35:47
66	Helen Mather	L45	12	Unattached	35:48
67	Kate Roome	L35	7	Unattached	35:58
68	Elizabeth Newcombe	L40	14	Unattached	36:07
69	Jennifer Kilshaw	L	69	Unattached	36:10
70	Nicola Blackburn	L35	8	Unattached	36:22
71	Gail Lowe	L40	15	Unattached	36:32
72	Diane Hawkes	L40	16	Unattached	36:40
73	Jill Scott	L65	1	Unattached	36:47
74	Gill Gillison	L50	6	Southport Waterloo AC	36:48
75	Tami Foster	L40	17	Unattached	36:55
76	Cathy Hughes	L50	7	Unattached	36:58
77	Sheila Marshall	L60	3	Southport Waterloo AC	37:16
78	Sophie Thompson	L	78	Unattached	37:33
79	Andrea Tadeo	L40	18	Unattached	37:35
80	Linda Burrows	L45	13	Unattached	37:37
81	Carolyne Horrocks	L35	9	Unattached	37:39
82	Hannah Young	L	82	Womens Running Network	37:41
83	Heather Goadsby	L40	19	Unattached	37:50
84	Karen Hargreaves	L40	20	South Ribble Runners	38:07
85	Diane Dewhurst	L35	10	South Ribble Runners	38:13
86	Patricia Pitts	L60	4	Stainland Lions	38:14
87	Susan Gilham	L45	14	Unattached	38:22
88	Kiki Doran	L	88	Unattached	38:28
89	Jacqueline McKeown	L40	21	Picton RC	38:30
90	Claire McGrory	L35	11	Hearts Hearts Health	38:43
91	Kat Price	L	91	Unattached	38:46
92	Paula Carney	L	92	Unattached	38:48
93	Rena Kuhn	L	93	Unattached	38:48
94	Fiona Valentine	L	94	Unattached	38:58
95	Joanne Brown	L40	22	Unattached	39:10
96	Belinda Halton	L45	15	Unattached	39:15
97	Harriet Kilshaw	LJ	1	Unattached	39:29
98	Corrina Kingan	L35	12	Unattached	39:50
99	Jackie Davidson	L40	23	Unattached	40:23
100	Christine Twigg	L40	24	Unattached	40:28
101	Yasmin Ashby	L40	25	Unattached	40:33
102	Justine Bateson	L35	13	Unattached	40:51
103	Angela Pellow	L	103	Unattached	41:21
104	Tracey Faulkner	L40	26	Unattached	41:34
105	Sarah Prescott	L	105	Unattached	42:10
106	Helen Cox	L55	5	Middleton Harriers	42:16
107	Alison Cox	L	107	Middleton Harriers	42:16
108	Julia Bailey	L40	27	Newcastle (staffs) AC	44:35
109	Linda Nicholls	L40	28	Unattached	46:44
110	Karen Lennon	L45	16	Unattached	46:56
111	Ria Bright	L40	29	Saddleworth	47:07
112	Wendy Southworth	L50	8	Unattached	47:16