

# The Brooks Good Friday Races at Southport on Friday 10th April 2009

## Men's 4 Mile - MEN — PROVISIONAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Richard Burney		Liverpool Harriers	19:44	85	Bruce Eastaff	V45 14	Unattached	26:16
2	Simon Mills		Sale Harriers Manchester	19:52	86	Mike Dowsett		Unattached	26:18
3	Steve Littler		Wesham Road Runners & AC	20:17	87	Stephen McCullough	V45 15	Liverpool RC	26:19
4	Jelle Verwer	JM 1	Tipton Harriers	20:29	88	Ian Kilshaw	V50 7	Southport Waterloo	26:21
5	Luke Reddt		Liverpool Harriers	20:32	89	Carlos Irizar	V45 16	Southport Waterloo	26:23
6	Colin Potts		Liverpool Harriers	20:54	90	Peter Morgan	V50 8	Pinetops	26:24
7	Paul Sankey	V40 1	Liverpool RC	21:00	91	Robert Wilson	V50 9	Unattached	26:25
8	Richard Shearer		Southport Waterloo	21:07	92	Peter Wilkinson	V45 17	Skelmersdale Boundary H	26:28
9	Keith Johnston		Chorley Harriers	21:15	93	Dominic Nube	V40 17	Abbey Runners	26:40
10	David Thornton		Blackburn Harriers & AC	21:20	94	David Nicholls	V40 18	Unattached	26:49
11	Alan Ashton		Liverpool Harriers	21:26	95	Richard Horrocks	V40 19	Unattached	26:59
12	Peter Green		Liverpool Harriers	21:28	96	Brendon Mullaney		Unattached	27:06
13	Stephen Wrigley	V45 1	Unattached	21:30	97	Anthony Fowler	V45 18	Mersey Tri	27:10
14	Simon McKeivitt		Liverpool Harriers	21:34	98	Pete Bland	V60 2	Horwich Rmi	27:14
15	Rob Berry		Southport Waterloo	21:43	99	David Evans	V50 10	Unattached	27:24
16	Phil Peerless		Wirral AC	21:53	100	Mike O'Brien	V50 11	Manchester YMCA Harriers	27:28
17	Sean Bolland		Lancaster & Morecambe AC	21:56	101	Peter Schriewersmann		Unattached	27:31
18	Steven Wilkinson		Southport Waterloo	21:58	102	Philip Dean	V50 12	Red Rose Runners	27:33
19	Gerard Lenehan		Southport Waterloo	22:02	103	Paul Murray		Unattached	27:34
20	Robert McGrath	V40 2	Southport Waterloo	22:05	104	David Cahill		Unattached	27:38
21	Stephen Nicholls		Wigan Phoenix	22:10	105	Ian Simmor	V45 19	Mersey Tri	27:45
22	Rob Ashworth	V40 3	Southport Waterloo	22:11	106	Christopher Barrett	V45 20	Southport Waterloo	27:46
23	Joe Vis	U18 1	Southport Waterloo	22:12	107	Barry Jones		Unattached	27:47
24	Patrick Vis	U18 2	Southport Waterloo	22:28	108	Will Ferguson		Wirral AC	27:48
25	Maurice Collins	V45 2	Liverpool RC	22:36	109	Ste Pellow		Unattached	27:49
26	Peter Roome	V40 4	Southport Waterloo	22:38	110	Richard Oakley	V55 6	Red Rose Runners	27:54
27	Sean McMyler	V45 3	Bolton United Harriers & AC	22:40	111	Gary Burcher	V40 20	Unattached	27:59
28	Ian Palin		Liverpool RC	22:40	112	Jason Robinson	V40 21	Unattached	28:06
29	John Chaplin	V50 1	Blackburn Harriers & AC	22:42	113	Simon Gora		Unattached	28:10
30	Rick Bowker	V45 4	Southport Waterloo	22:44	114	Neil Holt		Unattached	28:11
31	Karl Ward		Horwich Rmi	22:52	115	Milan Juricek	V50 13	Unattached	28:14
32	Mark Almond	V40 5	Blackburn Harriers & AC	22:55	116	Adrian Sage		Unattached	28:18
33	Kevin Hesketh	V55 1	Preston Harriers	22:57	117	Alan Jones	V40 22	Deestridders	28:23
34	Andy Starkey	V45 5	West Cheshire AC	22:58	118	Andrew Sixsmith	V50 14	Pacific Spirit Tri Club	28:26
35	Richard Cary	V40 6	Southport Waterloo	22:59	119	Paul Armstrong	V45 21	Liverpool RC	28:39
36	David Edwards	V45 6	Liverpool RC	23:02	120	David O'Sullivan		Unattached	28:40
37	Steve McLean	V45 7	Southport Waterloo	23:04	121	Philip Baxendale	V55 7	Southport Waterloo	28:42
38	Simon Barker		Unattached	23:07	122	Jonathan Lawson	V40 23	Wesham Road Runners & AC	28:43
39	Tony Taylor		SALFORDHARRIERS	23:12	123	Adam Tinsley		Unattached	28:48
40	Ian White	V45 8	St Helens Sutton	23:16	124	Alan Appleton	V50 15	Unattached	28:51
41	Terry Hanley	V55 2	Red Rose Runners	23:22	125	Brian McGlynn		Unattached	28:57
42	Daniel Hughes	U18 3	St Helens Sutton	23:28	126	Andrew Reynolds	U18 6	Unattached	28:59
43	Les Ashton		Unattached	23:32	127	Alistair Bledge		Lancashire Constabulary	29:09
44	Gary Cassidy		Altrincham	23:39	128	Robert Reynolds	V50 16	Unattached	29:12
45	Paul Kinsella	V45 9	Unattached	23:44	129	Andrew Conway	V40 24	Unattached	29:14
46	Alan McDonald		Unattached	23:58	130	Dominic Rigby	V40 25	Unattached	29:19
47	Shaun Jordan	V55 3	Bingley Harriers Athletic Club	23:58	131	Clifford Thomas		Unattached	29:20
48	Christopher Dunn	V40 7	Southport Waterloo	24:00	132	Michael Bell	V40 26	Preston Harriers	29:23
49	Matthew Nelson	V45 10	Unattached	24:01	133	Michael Murray	V50 17	Chorley AC	29:24
50	David Sims		Unattached	24:06	134	Glyn Martin		Unattached	29:25
51	Chris Maher		Unattached	24:08	135	Nicholas Sinclair	V60 3	Southport Waterloo	29:27
52	Simon Redhead		Unattached	24:13	136	Paul Cheetham		Unattached	29:32
53	Mark Ashby	V45 11	Southport Waterloo	24:14	137	David McAlister	V50 18	Wallasey AC	29:34
54	James Blackburn	U18 4	Liverpool Harriers	24:17	138	Graham Morris	V45 22	Preston Harriers	29:50
55	Philip Bailey	V55 4	Southport Waterloo	24:21	139	Philip Gibbon		Unattached	29:54
56	Evan Cook	V55 5	Blackburn Harriers & AC	24:25	140	Colin Vose	V45 23	Unattached	29:58
57	Martin Bailey		Newcastle (staffs) AC	24:27	141	Nigel Starkey	V45 24	West Cheshire AC	30:06
58	Dennis Wharton	V50 2	St Helens Sutton	24:40	142	Gordon Brown	V75 1	Liverpool Harriers	30:15
59	Robert Burke	V40 8	Liverpool RC	24:43	143	Chris Wootton	V40 27	Unattached	30:23
60	Simon Birtles	V40 9	Liverpool Harriers	24:44	144	John Henderson	V40 28	Unattached	30:31
61	Tony Jackson	V50 3	Newburgh Nomads RC	24:49	145	Joseph Furnedged	V55 8	Northern Vets AC	30:37
62	Gerard McTague		Liverpool Harriers	24:51	146	Gareth Redhead		Unattached	30:39
63	Mutch Graeme		WDAC	24:57	147	Peter Yates Thompson	V55 9	Unattached	30:44
64	Ian Hayburn	V40 10	St Helens Sutton	24:58	148	Peter Hough	V40 29	Unattached	31:02
65	David Quinn		Liverpool Harriers	25:04	149	Molloy Mark	V40 30	Warrington Road Runners	31:20
66	Mark Hargreaves		Liverpool Harriers	25:08	150	Sid Bailey	V50 19	Deestridders	31:22
67	Michael Cunningham	V45 12	Southport Waterloo	25:11	151	Harold Gott	V65 1	Northern Vets AC	31:27
68	Stephen Pery	V50 4	Lancaster & Morecambe AC	25:12	152	Ben Cribb	V45 25	Unattached	31:30
69	Anthony Chadwick	V40 11	Liverpool RC	25:21	153	Timothy Freer	V45 26	Unattached	31:35
70	John McMyler		Wigan Phoenix	25:27	154	John Edwards	V40 31	Unattached	31:39
71	Daniel Rees	V50 5	Unattached	25:28	155	Andy Hitchin	V40 32	Unattached	31:45
72	Mike Morgan		Southport Waterloo	25:33	156	Robbie Birchall		Hearts RC	31:48
73	George Pierce	V40 12	Liverpool RC	25:34	157	Daniel Bolton		Chorley Harriers	31:50
74	Jake Healy	U18 5	St Helens Sutton	25:36	158	Vincent Killen	V45 27	Littlewoods RC	31:51
75	Paul Cain	V40 13	Southport Waterloo	25:40	159	Anthony Killen	V40 33	Unattached	31:52
76	David Smith		Unattached	25:51	160	Alex Stones	V45 28	Red Rose Runners	31:53
77	Paul Rainford	V40 14	Liverpool RC	25:51	161	Andrew Walmsley	V40 34	Unattached	32:00
78	Paul Wareing	V45 13	Chorley AC	25:52	162	Stephen Gibson	V45 29	Unattached	32:04
79	Andrew Healy		Liverpool RC	25:54	163	Clive James	V45 30	Southport Waterloo	32:07
80	David Owen		Liverpool RC	25:56	164	Daniel Riley		Unattached	32:10
81	Peter Sandford	V50 6	Dallam RC	25:58	165	Donald Wilkinson	V45 31	Unattached	32:19
82	Mark Blackburn	V40 15	South Liverpool RC	25:59	166	Steve Cooney	V40 35	Unattached	32:26
83	Billy Hargreaves	V60 1	Liverpool Harriers	26:04	167	Robert Harrison	V55 10	Unattached	32:29
84	Dave Wall	V40 16	Wigan Phoenix	26:10	168	Richard Hughes	V55 11	Southport Waterloo	33:07

169	Howard Henshaw	V65 2	Blackpool Wyre & Fylde	33:15	178	Paul Lane		Unattached	35:47
170	Allan Howard	V50 20	Red Rose Runners	33:24	179	David Hoyle	V50 22	Unattached	35:52
171	Jon Singleton	V50 21	Southport Waterloo	33:40	180	Les Bradley	V50 23	Unattached	35:55
172	Norman Greenwood	V70 1	Blackpool Wyre & Fylde	34:39	181	Geoff Howard	V70 2	Northern Vets AC	36:45
173	Peter Christian	V45 32	Unattached	34:57	182	Steven Hartley		Unattached	42:38
174	John Windsor	V45 33	Unattached	34:57	183	Dom Antrobus		Unattached	43:57
175	Tony Coffey		Liverpool RC	35:12	184	Rod Henderson	V60 4	Unattached	45:49
176	Paul Stennett	V45 34	Unattached	35:44	185	John Evans	V65 3	Unattached	50:05
177	Jon Bradley		Unattached	35:46					

### Men's 4 Mile - MEN (Vets) — PROVISIONAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Paul Sankey	V40 1	Liverpool RC	21:00	58	Christopher Barrett	V45 20	Southport Waterloo	27:46
2	Stephen Wrigley	V45 1	Unattached	21:30	59	Richard Oakley	V55 6	Red Rose Runners	27:54
3	Robert McGrath	V40 2	Southport Waterloo	22:05	60	Gary Burcher	V40 20	Unattached	27:59
4	Rob Ashworth	V40 3	Southport Waterloo	22:11	61	Jason Robinson	V40 21	Unattached	28:06
5	Maurice Collins	V45 2	Liverpool RC	22:36	62	Milan Juricek	V50 13	Unattached	28:14
6	Peter Roome	V40 4	Southport Waterloo	22:38	63	Alan Jones	V40 22	Deestridders	28:23
7	Sean McMyler	V45 3	Bolton United Harriers & AC	22:40	64	Andrew Sixsmith	V50 14	Pacific Spirit Tri Club	28:26
8	John Chaplin	V50 1	Blackburn Harriers & AC	22:42	65	Paul Armstrong	V45 21	Liverpool RC	28:39
9	Rick Bowker	V45 4	Southport Waterloo	22:44	66	Philip Baxendale	V55 7	Southport Waterloo	28:42
10	Mark Almond	V40 5	Blackburn Harriers & AC	22:55	67	Jonathan Lawson	V40 23	Wesham Road Runners & AC	28:43
11	Kevin Hesketh	V55 1	Preston Harriers	22:57	68	Alan Appleton	V50 15	Unattached	28:51
12	Andy Starkey	V45 5	West Cheshire AC	22:58	69	Robert Reynolds	V50 16	Unattached	29:12
13	Richard Cary	V40 6	Southport Waterloo	22:59	70	Andrew Conway	V40 24	Unattached	29:14
14	David Edwards	V45 6	Liverpool RC	23:02	71	Dominic Rigby	V40 25	Unattached	29:19
15	Steve McLean	V45 7	Southport Waterloo	23:04	72	Michael Bell	V40 26	Preston Harriers	29:23
16	Ian White	V45 8	St Helens Sutton	23:16	73	Michael Murray	V50 17	Chorley AC	29:24
17	Terry Hanley	V55 2	Red Rose Runners	23:22	74	Nicholas Sinclair	V60 3	Southport Waterloo	29:27
18	Paul Kinsella	V45 9	Unattached	23:44	75	David McAlister	V50 18	Wallasey AC	29:34
19	Shaun Jordan	V55 3	Bingley Harriers Athletic Club	23:58	76	Graham Morris	V45 22	Preston Harriers	29:50
20	Christopher Dunn	V40 7	Southport Waterloo	24:00	77	Colin Vose	V45 23	Unattached	29:58
21	Matthew Nelson	V45 10	Unattached	24:01	78	Nigel Starkey	V45 24	West Cheshire AC	30:06
22	Mark Ashby	V45 11	Southport Waterloo	24:14	79	Gordon Brown	V75 1	Liverpool Harriers	30:15
23	Philip Bailey	V55 4	Southport Waterloo	24:21	80	Chris Wootton	V40 27	Unattached	30:23
24	Evan Cook	V55 5	Blackburn Harriers & AC	24:25	81	John Henderson	V40 28	Unattached	30:31
25	Dennis Wharton	V50 2	St Helens Sutton	24:40	82	Joseph Furnedged	V55 8	Northern Vets AC	30:37
26	Robert Burke	V40 8	Liverpool RC	24:43	83	Peter Yates Thompson	V55 9	Unattached	30:44
27	Simon Birtles	V40 9	Liverpool Harriers	24:44	84	Peter Hough	V40 29	Unattached	31:02
28	Tony Jackson	V50 3	Newburgh Nomads RC	24:49	85	Molloy Mark	V40 30	Warrington Road Runners	31:20
29	Ian Hayburn	V40 10	St Helens Sutton	24:58	86	Sid Bailey	V50 19	Deestridders	31:22
30	Michael Cunningham	V45 12	Southport Waterloo	25:11	87	Harold Gott	V65 1	Northern Vets AC	31:27
31	Stephen Pery	V50 4	Lancaster & Morecambe AC	25:12	88	Ben Cribb	V45 25	Unattached	31:30
32	Anthony Chadwick	V40 11	Liverpool RC	25:21	89	Timothy Freer	V45 26	Unattached	31:35
33	Daniel Rees	V50 5	Unattached	25:28	90	John Edwards	V40 31	Unattached	31:39
34	George Pierce	V40 12	Liverpool RC	25:34	91	Andy Hitchin	V40 32	Unattached	31:45
35	Paul Cain	V40 13	Southport Waterloo	25:40	92	Vincent Killen	V45 27	Littlewoods RC	31:51
36	Paul Rainford	V40 14	Liverpool RC	25:51	93	Anthony Killen	V40 33	Unattached	31:52
37	Paul Wareing	V45 13	Chorley AC	25:52	94	Alex Stones	V45 28	Red Rose Runners	31:53
38	Peter Sandford	V50 6	Dallam RC	25:58	95	Andrew Walmsley	V40 34	Unattached	32:00
39	Mark Blackburn	V40 15	South Liverpool RC	25:59	96	Stephen Gibson	V45 29	Unattached	32:04
40	Billy Hargreaves	V60 1	Liverpool Harriers	26:04	97	Clive James	V45 30	Southport Waterloo	32:07
41	Dave Wall	V40 16	Wigan Phoenix	26:10	98	Donald Wilkinson	V45 31	Unattached	32:19
42	Bruce Eastaff	V45 14	Unattached	26:16	99	Steve Cooney	V40 35	Unattached	32:26
43	Stephen McCullough	V45 15	Liverpool RC	26:19	100	Robert Harrison	V55 10	Unattached	32:29
44	Ian Kilshaw	V50 7	Southport Waterloo	26:21	101	Richard Hughes	V55 11	Southport Waterloo	33:07
45	Carlos Irizar	V45 16	Southport Waterloo	26:23	102	Howard Henshaw	V65 2	Blackpool Wyre & Fylde	33:15
46	Peter Morgan	V50 8	Pinetops	26:24	103	Allan Howard	V50 20	Red Rose Runners	33:24
47	Robert Wilson	V50 9	Unattached	26:25	104	Jon Singleton	V50 21	Southport Waterloo	33:40
48	Peter Wilkinson	V45 17	Skelmersdale Boundary H	26:28	105	Norman Greenwood	V70 1	Blackpool Wyre & Fylde	34:39
49	Dominic Nube	V40 17	Abbey Runners	26:40	106	Peter Christian	V45 32	Unattached	34:57
50	David Nicholls	V40 18	Unattached	26:49	107	John Windsor	V45 33	Unattached	34:57
51	Richard Horrocks	V40 19	Unattached	26:59	108	Paul Stennett	V45 34	Unattached	35:44
52	Anthony Fowler	V45 18	Mersey Tri	27:10	109	David Hoyle	V50 22	Unattached	35:52
53	Pete Bland	V60 2	Horwich Rmi	27:14	110	Les Bradley	V50 23	Unattached	35:55
54	David Evans	V50 10	Unattached	27:24	111	Geoff Howard	V70 2	Northern Vets AC	36:45
55	Mike O'Brien	V50 11	Manchester YMCA Harriers	27:28	112	Rod Henderson	V60 4	Unattached	45:49
56	Philip Dean	V50 12	Red Rose Runners	27:33	113	John Evans	V65 3	Unattached	50:05
57	Ian Simnor	V45 19	Mersey Tri	27:45					