

The Mid Lancs Cross Country League at Lancaster University on Saturday 12th January 2008

Under 11 Girl — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Zoe Tynan	Liverpool Harriers & Ac	5:11	24	Naomi Wadsworth	Barrow & Furness Striders AC	6:03
2	Elizabeth Greenwood	Blackburn Harriers & AC	5:13	25	Louise Graham	Liverpool Harriers & Ac	6:09
3	Molly Betmead	Blackpool Wyre & Fylde	5:16	26	Lorna Morris	Blackburn Harriers & AC	6:11
4	Alisha Johnson	Blackpool Wyre & Fylde	5:20	27	Jessica Lowe	Liverpool Harriers & Ac	6:12
5	Amy Moran	Pendle Athletic Club	5:23	28	Katie Williams	Liverpool Harriers & Ac	6:14
6	Emily Borthwick	Wigan & District H & Ac	5:28	29	Kelly Smith	Blackpool Wyre & Fylde	6:16
7	Layla Foley	Lytham St Annes Rr Club	5:35	30	Keeley Allen	Blackburn Harriers & AC	6:17
8	Polly Pearse	Blackburn Harriers & AC	5:36	31	Alice Thompson	Liverpool Harriers & Ac	6:23
9	Emily Grey	Blackpool Wyre & Fylde	5:36	32	Olivia Maccormack	Liverpool Harriers & Ac	6:27
10	Danielle Thompson	Wigan & District H & Ac	5:37	33	Gemma Kinsley	Wigan & District H & Ac	6:28
11	Kate Lawler	Blackpool Wyre & Fylde	5:40	34	Lucinda Mulligan	Hyndburn Ac	6:29
12	Isabel Perez	Liverpool Harriers & Ac	5:41	35	Lauran Donaldson	Liverpool Pembroke & Sefton H	6:30
13	Bethany Everson	Blackpool Wyre & Fylde	5:43	36	Bethany Blackwell	Chorley Harriers	6:37
14	Rebecca Flanagan	Rossendale Harriers & Ac	5:44	37	Hannah Swift	Wigan & District H & Ac	6:40
15	Eleanor Robertson	Lytham St Annes Rr Club	5:45	38	Nikole Coombes	Chorley Harriers	6:41
16	Sarah Bell	Lancaster & Morecambe Ac	5:48	39	Amy Plummer	Hyndburn Ac	6:45
17	Sophie Laker	Preston Harriers & Ac	5:49	40	Shannon Perry	Lancaster & Morecambe Ac	6:46
18	Jess Melling	Wigan & District H & Ac	5:57	41	Megan Adamson	Chorley Harriers	6:47
19	Charlotte Haines	Liverpool Pembroke & Sefton H	5:58	42	Chloe Law	Rossendale Harriers & Ac	7:07
20	Paris Huiwitsen	Barrow & Furness Striders AC	6:00	43	Hannah Lupton	Wigan & District H & Ac	7:10
21	Sophie Seddon	Barrow & Furness Striders AC	6:01	44	Ashleigh Broadbent	Hyndburn Ac	7:24
22	Tania Wilson	Ellenborough Ac	6:02				
23	Alice Bowyer	Wigan & District H & Ac	6:02				

Under 11 boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Bradley Yates	Blackpool Wyre & Fylde	5:00	19	William Atkinson	Blackburn Harriers & AC	5:46
2	???	???	5:03	20	James Watson	Blackburn Harriers & AC	5:47
3	Callum Davidson	Rossendale Harriers & Ac	5:04	21	Jake Broughton	Blackburn Harriers & AC	5:48
4	Nathan Browne	Liverpool Pembroke & Sefton H	5:06	22	Scott Rhodes	Southport Waterloo Ac	5:58
5	Dale Allen	Blackburn Harriers & AC	5:09	23	\$Killian Hamill	Blackburn Harriers & AC	5:59
6	Alex Cross	Blackpool Wyre & Fylde	5:10	24	Jack Mulligan	Hyndburn Ac	6:03
7	Robert Blow	Blackburn Harriers & AC	5:18	25	Jake Melling	Wigan & District H & Ac	6:09
8	Benjamin Roberts	Lancaster & Morecambe Ac	5:19	26	Jordan Wilcock	Hyndburn Ac	6:10
9	Ciaran Johnson	Blackpool Wyre & Fylde	5:21	27	Matthew Smith	Clayton Le Moors Harriers	6:11
10	William Moynihan	Hyndburn Ac	5:22	28	Laurence Johnson	Bowland Fell Runners	6:13
11	Jack Hindle	Blackburn Harriers & AC	5:23	29	Nathan Chadwick	Glaxo Hoad Hill Harriers	6:14
12	Kyle Smith	Hyndburn Ac	5:24	30	Jake Whittle	Wigan & District H & Ac	6:20
13	Corey Boothe	Wigan & District H & Ac	5:26	31	Luke Spencer	Southport Waterloo Ac	6:23
14	Kyle Hanson	Barrow & Furness Striders AC	5:28	32	Matthew Lawson	Southport Waterloo Ac	6:26
15	Reece Farnhill	Hyndburn Ac	5:29	33	Lewis Garratty	Hyndburn Ac	6:33
16	Aaron Quinn	Liverpool Pembroke & Sefton H	5:30	34	Connor Borthwick	Wigan & District H & Ac	6:53
17	Jamie Hauserman	Blackburn Harriers & AC	5:31	35	Marcus McIntyre	Hyndburn Ac	7:07
18	Luke Pepper	Blackpool Wyre & Fylde	5:32	36	Alexander Chadwick	Glaxo Hoad Hill Harriers	8:52

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Under 13 Girl — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lauren Gowland	Blackpool Wyre & Fylde	6:09	27	Jessie Scott	Chorley Ac	7:03
2	Jade Lord	Pendle Athletic Club	6:12	28	Jodie Ferguson	Blackpool Wyre & Fylde	7:03
3	Florie McLeish	Preston Harriers & Ac	6:16	29	Scarlett Collins	Liverpool Pembroke & Sefton H	7:05
4	Beth Tynan	Liverpool Harriers & Ac	6:20	30	Rachael Scott	Preston Harriers & Ac	7:05
5	Ashley Smith	Preston Harriers & Ac	6:25	31	Emily Wilson	Pendle Athletic Club	7:05
6	Sarah Hodgson	Lancaster & Morecambe Ac	6:26	32	Laura McCourt	Liverpool Harriers & Ac	7:07
7	Katie B-Folan	Liverpool Harriers & Ac	6:31	33	Lucy Alderman	Pendle Athletic Club	7:09
8	Sally Seanson	Blackburn Harriers & AC	6:32	34	Anna Watson	Blackburn Harriers & AC	7:09
9	Rebecca Donohue	Liverpool Harriers & Ac	6:36	35	Sabrina Walley	Wigan & District H & Ac	7:15
10	Olivia Perez	Liverpool Harriers & Ac	6:37	36	Hannah Burgon	Liverpool Harriers & Ac	7:16
11	\$Rhiannon Hamill	Blackburn Harriers & AC	6:45	37	Katy Fisher	Preston Harriers & Ac	7:16
12	Patricia Irizar	Southport Waterloo Ac	6:46	38	Victoria Mawer	Southport Waterloo Ac	7:19
13	Holly Barrett	Liverpool Harriers & Ac	6:47	39	Hannah Smith	Hyndburn Ac	7:36
14	Sally Wareing	Southport Waterloo Ac	6:48	40	Katie Collinson	Preston Harriers & Ac	7:40
15	Ellon Hart	Southport Waterloo Ac	6:48	41	Lauren Sharkey	Lancaster & Morecambe Ac	7:41
16	Natasha Kyffin	Liverpool Harriers & Ac	6:50	42	Emile Welsby	Wigan & District H & Ac	7:43
17	Lauren Burrell	Blackpool Wyre & Fylde	6:51	43	Phoebe Watson	Preston Harriers & Ac	7:51
18	Harriet Kneller	Wigan & District H & Ac	6:52	44	Annan Lewis	Barrow & Furness Striders AC	7:52
19	Natalie Thompson	Wigan & District H & Ac	6:54	45	Lucy Minns	Blackpool Wyre & Fylde	7:59
20	Hannah Topham	Hyndburn Ac	6:55	46	Anna Gillies	Barrow & Furness Striders AC	8:01
21	Sarah McDonough	Liverpool Harriers & Ac	6:55	47	Helen Sagar Hesketh	Hyndburn Ac	8:03
22	Hannah Wain	Liverpool Harriers & Ac	6:56	48	???	???	8:06
23	Jessica McDermott	Preston Harriers & Ac	7:00	49	Elizabeth Cooper	Liverpool Pembroke & Sefton H	8:08
24	Christina Bell	Lancaster & Morecambe Ac	7:00	50	Faith Biddle	Hyndburn Ac	8:26
25	Alice Garnett	Pendle Athletic Club	7:02	51	Erin Devlin	Liverpool Pembroke & Sefton H	8:46
26	Vicky Evans	Liverpool Harriers & Ac	7:02	52	Charlotte Platt	Chorley Harriers	8:50

Under 13 Girl — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Harriers & Ac	30	—	4	Beth Tynan	7	Katie B-Folan	9	Rebecca Donohue	10	Olivia Perez
2	Preston Harriers & Ac	59	—	3	Florie McLeish	5	Ashley Smith	22	Jessica McDermott	29	Rachael Scott
3	Liverpool Harriers & Ac	68	—	12	Holly Barrett	15	Natasha Kyffin	20	Sarah McDonough	21	Hannah Wain
4	Southport Waterloo Ac	75	—	11	Patricia Irizar	13	Sally Wareing	14	Ellon Hart	37	Victoria Mawer
5	Pendle Athletic Club	88	—	2	Jade Lord	24	Alice Garnett	30	Emily Wilson	32	Lucy Alderman
6	Blackpool Wyre & Fylde	88	—	1	Lauren Gowland	16	Lauren Burrell	27	Jodie Ferguson	44	Lucy Minns
7	Wigan & District H & Ac	110	—	17	Harriet Kneller	18	Natalie Thompson	34	Sabrina Walley	41	Emile Welsby
8	Hyndburn Ac	151	—	19	Hannah Topham	38	Hannah Smith	46	Helen Sagar Hesketh	48	Faith Biddle

The Mid Lancs Cross Country League

at Lancaster University on Saturday 12th January 2008

U15G & U13B - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time				
1	Luke Towers	Liverpool Harriers & Ac	13:10	23	Andrew Barlow	Blackpool Wyre & Fylde	15:01
2	Jack Christie	Liverpool Harriers & Ac	13:11	24	\$George Banks	Unattached	15:11
3	Ryan Croasdale	Lancaster & Morecambe Ac	13:15	25	Harry Modley	Lancaster & Morecambe Ac	15:16
4	Liam Ellis	Southport Waterloo Ac	13:30	26	Jake Carradus	Kendal Amateur Athletic Club	15:16
5	Daniel Quarmby	Blackpool Wyre & Fylde	13:47	27	Luis Blyth	Blackpool Wyre & Fylde	15:16
6	Kyle Nicholls	Liverpool Pembroke & Sefton H	13:51	28	Alexander Nash	Blackpool Wyre & Fylde	15:17
7	Joseph O'Donnell	Preston Harriers & Ac	13:54	29	Tom Hartley	Kendal Amateur Athletic Club	15:24
8	Ashley Allen	Blackburn Harriers & AC	13:58	30	Neng Wildman	Pendle Athletic Club	16:06
9	Daniel Walsh	Rossendale Harriers & Ac	14:06	31	Ben Haines	Liverpool Pembroke & Sefton H	16:18
10	Chris Manning	Liverpool Harriers & Ac	14:06	32	Joseph Pearse	Blackburn Harriers & AC	16:23
11	Andrew Hutchinson	Liverpool Pembroke & Sefton H	14:27	33	James McGuirk	Kendal Amateur Athletic Club	16:33
12	Samuel Storey	Barrow & Furness Striders AC	14:31	34	Graham Boreham	Southport Waterloo Ac	16:41
13	Warren Turner	Liverpool Pembroke & Sefton H	14:32	35	Ryan Bradshaw	Burnley Ac	16:58
14	Jamie Midgley	Blackpool Wyre & Fylde	14:33	36	Sean Vis	Southport Waterloo Ac	17:03
15	Ben XEckersley	Blackburn Harriers & AC	14:34	37	Jonathan Hunter	Liverpool Harriers & Ac	17:05
16	Daniel Bebbington	Chorley Ac	14:34	38	Alex Roome	Southport Waterloo Ac	17:13
17	Declan Bulmer	Pendle Athletic Club	14:42	39	Jonathan Bride	Liverpool Pembroke & Sefton H	17:29
18	Christopher Lawson	Southport Waterloo Ac	14:48	40	Daniel Gratton	Chorley Ac	18:13
19	George Curran	Liverpool Pembroke & Sefton H	14:48	41	Aaron Chadwick	Glaxo Hoad Hill Harriers	18:21
20	Pascal Dark	Rossendale Harriers & Ac	14:55	42	\$Callum Sykora	Unattached	19:07
21	Declan Cathie	Blackburn Harriers & AC	14:58	43	Robert McGuirk	Kendal Amateur Athletic Club	20:13
22	Gary Clark	Southport Waterloo Ac	15:00	44	Conner McGuirk	Kendal Amateur Athletic Club	20:55

U15G & U13B - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Liverpool Pembroke & Sefton H	49 —	6 Kyle Nicholls	11 Andrew Hutchinson	13 Warren Turner	19 George Curran
2 Liverpool Harriers & Ac	49 —	1 Luke Towers	2 Jack Christie	10 Chris Manning	36 Jonathan Hunter
3 Blackpool Wyre & Fylde	68 —	5 Daniel Quarmby	14 Jamie Midgley	23 Andrew Barlow	26 Luis Blyth
4 Blackburn Harriers & AC	75 —	8 Ashley Allen	15 Ben XEckersley	21 Declan Cathie	31 Joseph Pearse
5 Southport Waterloo Ac	77 —	4 Liam Ellis	18 Christopher Lawson	22 Gary Clark	33 Graham Boreham
6 Kendal Amateur Athletic Club	126 —	25 Jake Carradus	28 Tom Hartley	32 James McGuirk	41 Robert McGuirk

U15G & U13B - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time				
1	Ella Rembowski	Blackpool Wyre & Fylde	14:10	18	Katie Morris	Southport Waterloo Ac	15:52
2	Emma Spencer	Pendle Athletic Club	14:30	19	Jade Hyslop	Liverpool Pembroke & Sefton H	15:57
3	Melissa Berry	Pendle Athletic Club	14:32	20	Poppy Lang	Liverpool Harriers & Ac	15:59
4	Holly Broughton	Blackburn Harriers & AC	14:44	21	Cherisse Walley	Wigan & District H & Ac	16:01
5	Lorain Towers	Liverpool Harriers & Ac	14:46	22	Ellen Buckley	Preston Harriers & Ac	16:07
6	Holly Crabtree	Pendle Athletic Club	14:53	23	Laurice Hyland	Liverpool Harriers & Ac	16:21
7	Bianca Pedersen	Blackpool Wyre & Fylde	14:57	24	Sophie Kelly	Southport Waterloo Ac	16:35
8	Charlotte Atkinson	Blackburn Harriers & AC	15:00	25	Rebecca Swindells	Rossendale Harriers & Ac	16:45
9	Catherine Hulme	Southport Waterloo Ac	15:04	26	Eve Fellows	Liverpool Pembroke & Sefton H	16:53
10	Jessica Crook	Preston Harriers & Ac	15:04	27	Nicole Garner	Liverpool Pembroke & Sefton H	17:26
11	Lucie Patry	Blackburn Harriers & AC	15:13	28	Sophie Broome	Chorley Harriers	17:42
12	Anna Schumacher	Liverpool Harriers & Ac	15:14	29	Imogen Crabtree	Chorley Harriers	18:00
13	Nichola Jackson	Preston Harriers & Ac	15:20	30	Rachel Leech	Blackburn Harriers & AC	18:37
14	Samantha Smith	Blackpool Wyre & Fylde	15:26	31	Sarah Wilson	Pendle Athletic Club	19:22
15	Eilidh McLeish	Preston Harriers & Ac	15:34	32	Megan Farrimond	Wigan & District H & Ac	19:31
16	Jenny Girdler	Southport Waterloo Ac	15:41				
17	Zoe Woodward	Liverpool Harriers & Ac	15:43				

U15G & U13B - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Pendle Athletic Club	42 —	2 Emma Spencer	3 Melissa Berry	6 Holly Crabtree	31 Sarah Wilson
2 Blackburn Harriers & AC	53 —	4 Holly Broughton	8 Charlotte Atkinson	11 Lucie Patry	30 Rachel Leech
3 Liverpool Harriers & Ac	54 —	5 Lorain Towers	12 Anna Schumacher	17 Zoe Woodward	20 Poppy Lang
4 Preston Harriers & Ac	60 —	10 Jessica Crook	13 Nichola Jackson	15 Eilidh McLeish	22 Ellen Buckley
5 Southport Waterloo Ac	67 —	9 Catherine Hulme	16 Jenny Girdler	18 Katie Morris	24 Sophie Kelly

The Mid Lancs Cross Country League at Lancaster University on Saturday 12th January 2008

U17W & U15B - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Hannah Bateson	Lancaster & Morecambe Ac	15:37	9	Catherine Whitfield	Wigan & District H & Ac	18:55
2	Annika Jarman	Lancaster & Morecambe Ac	15:39	10	Liz Wignall	Lancaster & Morecambe Ac	19:34
3	Rhea Ellis	Southport Waterloo Ac	16:46	11	Melanie Taylor	Blackburn Harriers & AC	20:00
4	Emma Flanagan	Rossendale Harriers & Ac	17:34	12	Rachael Flynn	Southport Waterloo Ac	20:41
5	\$Leanne Sheehy	Salford Metropolitan AC	17:39	13	Francesca Gregory	Rossendale Harriers & Ac	20:51
6	Michaela Brolly	Clayton Le Moors Harriers	17:45	14	Lois Grinstead	Pendle Athletic Club	21:13
7	Abigail Mackley	Preston Harriers & Ac	18:21	15	Heather Parker	Rossendale Harriers & Ac	22:11
8	Elena Dowthwaite	Preston Harriers & Ac	18:37	16	Charlotte Murray	Chorley Ac	25:53

U17W & U15B - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster & Morecambe Ac	12	—	1	Hannah Bateson	2	Annika Jarman	9	Liz Wignall
2	Rossendale Harriers & Ac	30	—	4	Emma Flanagan	12	Francesca Gregory	14	Heather Parker

U17W & U15B - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Toby Loveridge	Liverpool Pembroke & Sefton H	15:23	24	Callum Rowett	Preston Harriers & Ac	17:12
2	Mike Bride	Liverpool Pembroke & Sefton H	15:33	25	Adam Weightman	Blackpool Wyre & Fylde	17:20
3	Anthony Hauseman	Blackburn Harriers & AC	15:41	26	Adam Goldfarb	Liverpool Pembroke & Sefton H	17:33
4	Kristian Bibby	Preston Harriers & Ac	15:42	27	Graham Morris	Lancaster & Morecambe Ac	17:42
5	Richard Morrell	Preston Harriers & Ac	15:58	28	James Bretherton	Preston Harriers & Ac	17:43
6	Jai Vernon-McGuigan	Southport Waterloo Ac	16:04	29	Tom Rowley	Blackpool Wyre & Fylde	17:43
7	Joe Johnston	Rossendale Harriers & Ac	16:08	30	Elliot Whyllie	Rossendale Harriers & Ac	17:44
8	Edward Rimmer	Liverpool Pembroke & Sefton H	16:19	31	Sam Lyons	Burnley Ac	17:44
9	Chris Matthews	Blackburn Harriers & AC	16:21	32	James Brownless	Hyndburn Ac	17:47
10	Chris Hatton	Liverpool Pembroke & Sefton H	16:25	33	Liam McGuinness	Lancaster & Morecambe Ac	17:49
11	Joseph Gigli	Blackpool Wyre & Fylde	16:25	34	Jack Stringfellow	Rossendale Harriers & Ac	18:03
12	Jamie Gallagher	Blackburn Harriers & AC	16:28	35	Luke Gregory	Rossendale Harriers & Ac	18:12
13	Ryan Smith	Hyndburn Ac	16:29	36	Sam Richards	Pendle Athletic Club	18:16
14	Luke Croasdale	Lancaster & Morecambe Ac	16:32	37	Mark Brown	Chorley Harriers	18:31
15	Robert Warner	Blackburn Harriers & AC	16:36	38	Gregory Nash	Blackpool Wyre & Fylde	19:11
16	Callum Mason	Lancaster & Morecambe Ac	16:38	39	Ryan Eastaugh	Blackpool Wyre & Fylde	19:22
17	John Meakin	Liverpool Pembroke & Sefton H	16:38	40	Luke Hodgson	Lancaster & Morecambe Ac	19:24
18	Beau Smith	Lancaster & Morecambe Ac	16:44	41	Sam Skill	Kendal Amateur Athletic Club	19:27
19	James Eastham	Blackburn Harriers & AC	16:54	42	Mark Hollowell	Blackpool Wyre & Fylde	19:53
20	Thomas Kneller	Wigan & District H & Ac	16:56	43	Michael Murray	Chorley Ac	20:44
21	Alan McKeown	Blackburn Harriers & AC	17:03	44	David Wilson	Pendle Athletic Club	21:11
22	Adam Bateson	Lancaster & Morecambe Ac	17:05	45	Mathew McDonald	Chorley Harriers	23:03
23	Sean Kirkbride	Liverpool Pembroke & Sefton H	17:08	46	James Shuttleworth	Chorley Harriers	25:00

U17W & U15B - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Pembroke & Sefton H	21	—	1	Toby Loveridge	2	Mike Bride	8	Edward Rimmer	10	Chris Hatton
2	Blackburn Harriers & AC	39	—	3	Anthony Hauseman	9	Chris Matthews	12	Jamie Gallagher	15	Robert Warner
3	Preston Harriers & Ac	61	—	4	Kristian Bibby	5	Richard Morrell	24	Callum Rowett	28	James Bretherton
4	Lancaster & Morecambe Ac	70	—	14	Luke Croasdale	16	Callum Mason	18	Beau Smith	22	Adam Bateson
5	Blackpool Wyre & Fylde	103	—	11	Joseph Gigli	25	Adam Weightman	29	Tom Rowley	38	Gregory Nash
6	Rossendale Harriers & Ac	106	—	7	Joe Johnston	30	Elliot Whyllie	34	Jack Stringfellow	35	Luke Gregory

The Mid Lancs Cross Country League at Lancaster University on Saturday 12th January 2008

U17M & S Womn - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Karl Billington	Blackburn Harriers & AC	24:41	13	Jack Modley	Lancaster & Morecambe Ac	27:37
2	Joseph Kelly	Rosendale Harriers & Ac	25:02	14	Daniel Evans	Pendle Athletic Club	27:46
3	Matthew Lloyd	Preston Harriers & Ac	25:21	15	Sean Dignam	Liverpool Pembroke & Sefton H	27:55
4	Jordon Beard	Rosendale Harriers & Ac	25:25	16	Luke Berry	Blackpool Wyre & Fylde	28:16
5	Chris Hesketh	Liverpool Pembroke & Sefton H	25:43	17	David Gough	Southport Waterloo Ac	28:41
6	Matthew Crehan	Wigan & District H & Ac	25:54	18	Lee Calvert	Preston Harriers & Ac	28:52
7	Patrick Vis	Southport Waterloo Ac	25:56	19	Paul Hodgson	Lancaster & Morecambe Ac	29:02
8	Ashley Kay	Rosendale Harriers & Ac	25:59	20	Danny Maynard	Blackburn Harriers & AC	29:14
9	Ben White	Pendle Athletic Club	26:39	21	Thomas Hanlon	Liverpool Pembroke & Sefton H	29:17
10	Matthew Davison	Preston Harriers & Ac	26:48	22	Tom Maden	Rosendale Harriers & Ac	30:10
11	Garth Beckwith	Pendle Athletic Club	27:05	23	Declan Lyons	Hyndburn Ac	35:24
12	Joe Vis	Southport Waterloo Ac	27:22				

U17M & S Womn - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Rosendale Harriers & Ac	14	—	2	Joseph Kelly	4	Jordon Beard	8	Ashley Kay
2	Preston Harriers & Ac	31	—	3	Matthew Lloyd	10	Matthew Davison	18	Lee Calvert
3	Pendle Athletic Club	34	—	9	Ben White	11	Garth Beckwith	14	Daniel Evans
4	Southport Waterloo Ac	36	—	7	Patrick Vis	12	Joe Vis	17	David Gough
5	Liverpool Pembroke & Sefton H	41	—	5	Chris Hesketh	15	Sean Dignam	21	Thomas Hanlon

U17M & S Womn - Ladies under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat	Club	Time
1	Melissa Ronan	LJ	1 Liverpool Harriers & Ac	31:22	7	Sarah Allen	LJ	7 Preston Harriers & Ac	33:43
2	Sophie Whiteside	LJ	2 Liverpool Harriers & Ac	32:18	8	Danielle Leahy	LJ	8 Liverpool Harriers & Ac	35:22
3	Rhiannon Silson	LJ	3 Eden Runners	32:37	9	Hannah Watson	LJ	9 Preston Harriers & Ac	35:46
4	Sarah Yeomans	LJ	4 Rosendale Harriers & Ac	32:46	10	Catherine Gallagher	LJ	10 Rosendale Harriers & Ac	36:16
5	Hannah McManus	LJ	5 Liverpool Harriers & Ac	33:02	11	Charlotte Linfoot	LJ	11 Wigan & District H & Ac	42:55
6	Katie Morris	LJ	6 Blackburn Harriers & AC	33:34	12	Jeanette Murray	LJ	12 Chorley Ac	46:01

U17M & S Womn - Ladies under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Harriers & Ac	8	—	1	Melissa Ronan	2	Sophie Whiteside	5	Hannah McManus
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U17M & S Womn - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde	21	—	1	Caroline Betmead	7	Bev Wright	13	Andrea Smith
2	Preston Harriers & Ac	23	—	2	Philippa Walsh	10	Sarah Gohil	11	Marion Hesketh
3	Wesham Road Runners & Ac	39	—	8	Joanna Goorney	15	Julie Cruse	16	Kath Hoyer
4	Chorley Harriers	42	—	4	Lynne Clough	17	Anna Crabtree	21	Jacqueline Redmayne
5	Clayton Le Moors Harriers	52	—	6	Anna Kelly	20	Irene Roche	26	Wendy Dodds
6	Wesham Road Runners & Ac 'B'	68	—	18	Carmel Sullivan	19	Michaela Dempsey	31	Kerry Eccles
7	Preston Harriers & Ac 'B'	83	—	22	Robyn Anderson	27	Alison Armour	34	Caroline Collinson
8	Blackpool Wyre & Fylde 'B'	87	—	24	Alison Titterington	30	Ruth Calderbank	33	Debbie Cardwell
9	Glaxo Hoad Hill Harriers	101	—	23	Stephanie Gillies	37	Penny Moreton	41	Lynn Howie
10	Blackpool Wyre & Fylde 'C'	127	—	40	Joanne Wilcock	42	Liz Routledge	45	Hilary Goorney

U17M & S Womn - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers & Ac	20	—	1	Philippa Walsh	6	Marion Hesketh	13	Alison Armour
2	Clayton Le Moors Harriers	24	—	3	Anna Kelly	9	Irene Roche	12	Wendy Dodds
3	Blackpool Wyre & Fylde	28	—	4	Bev Wright	10	Alison Titterington	14	Ruth Calderbank
4	Wesham Road Runners & Ac	30	—	7	Julie Cruse	8	Kath Hoyer	15	Kerry Eccles

The Mid Lancs Cross Country League

at Lancaster University on Saturday 12th January 2008

U17M & S Womn - Ladies over 18 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Sarah Tunstall	L	1 Kendal Amateur Athletic Club	26:08	40	Irene Roche	L45	9 Clayton Le Moors Harriers	34:40
2	Caroline Betmead	L35	1 Blackpool Wyre & Fylde	27:50	41	Kathryn Culshaw	L	41 Wigan Phoenix	34:53
3	Sarah Dugdale	L	3 Skipton Ac	29:10	42	Jacqueline Redmayne	L35	11 Chorley Harriers	35:07
4	Kirsty Longlay	L	4 Liverpool Pembroke & Sefton H	29:20	43	Robyn Anderson	L35	12 Preston Harriers & Ac	35:12
5	Philippa Walsh	L45	1 Preston Harriers & Ac	29:21	44	Stephanie Gillies	L35	13 Glaxo Hoad Hill Harriers	35:20
6	Evelyn Dugdale	L35	2 Kendal Amateur Athletic Club	29:25	45	Danielle Leahy	LJ	8 Liverpool Harriers & Ac	35:22
7	Lynne Clough	L35	3 Chorley Harriers	29:35	46	Hannah Watson	LJ	9 Preston Harriers & Ac	35:46
8	Joanne Perry	L	8 Lancaster & Morecambe Ac	30:44	47	Alison Titterington	L45	10 Blackpool Wyre & Fylde	35:56
9	Katie Trickett	L	9 Pendle Athletic Club	30:45	48	Michelle Spencer	L	48 Southport Waterloo Ac	35:59
10	Rowena Browne	L45	2 Bowland Fell Runners	30:47	49	Catherine Gallagher	LJ	10 Rossendale Harriers & Ac	36:16
11	Anna Kelly	L45	3 Clayton Le Moors Harriers	30:49	50	Teresa Douglas	L50	1 Eden Runners	36:27
12	Bev Wright	L45	4 Blackpool Wyre & Fylde	30:53	51	Wendy Dodds	L45	11 Clayton Le Moors Harriers	36:30
13	Daanielle Pye	L	13 Lancaster & Morecambe Ac	31:01	52	Alison Armour	L45	12 Preston Harriers & Ac	36:40
14	Helen Booth	L	14 Lancaster & Morecambe Ac	31:07	53	Jackie Taylor	L40	2 Blackburn Harriers & AC	36:41
15	Melissa Ronan	LJ	1 Liverpool Harriers & Ac	31:22	54	Rebecca Harrington	L	54 Liverpool Pembroke & Sefton H	36:51
16	Joanna Goorney	L35	4 Wesham Road Runners & Ac	31:53	55	Emma Priestley	L	55 Kendal Amateur Athletic Club	37:11
17	Emma Deakin	L	17 Preston Harriers & Ac	32:03	56	Dawn Richards	L35	14 Pendle Athletic Club	37:15
18	Andrea Wainscott	L	18 Clayton Le Moors Harriers	32:09	57	Ruth Calderbank	L45	13 Blackpool Wyre & Fylde	37:19
19	Sue Cooper	L45	5 Southport Waterloo Ac	32:11	58	Kerry Eccles	L45	14 Wesham Road Runners & Ac	37:28
20	Sarah Gohil	L35	5 Preston Harriers & Ac	32:16	59	Daryl Peter	L45	15 Chorley Harriers	37:30
21	Sophie Whiteside	LJ	2 Liverpool Harriers & Ac	32:18	60	Debbie Cardwell	L35	15 Blackpool Wyre & Fylde	37:35
22	Marion Hesketh	L45	6 Preston Harriers & Ac	32:29	61	Caroline Collinson	L40	3 Preston Harriers & Ac	37:53
23	Jacqui Jones	L35	6 Wigan Phoenix	32:33	62	Jacqueline Wain	L35	16 Kendal Amateur Athletic Club	38:09
24	Rhiannon Silson	LJ	3 Eden Runners	32:37	63	Jane Scott	L40	4 Chorley Harriers	38:54
25	Andrea Smith	L35	7 Blackpool Wyre & Fylde	32:40	64	Penny Moreton	L45	16 Glaxo Hoad Hill Harriers	39:38
26	Tracey Dutton	L35	8 Wigan Phoenix	32:41	65	Christine Perry	L45	17 Lancaster & Morecambe Ac	39:57
27	Sarah Yeomans	LJ	4 Rossendale Harriers & Ac	32:46	66	Tracy Hulme	L45	18 Wesham Road Runners & Ac	40:00
28	Nicola Raby	L	28 Chorley Harriers	32:58	67	Joanne Wilcock	L35	17 Blackpool Wyre & Fylde	40:31
29	Hannah McManus	LJ	5 Liverpool Harriers & Ac	33:02	68	Melanie Koth	L	68 Lytham St Annes Rr Club	40:47
30	Charlotte Finch	L	30 Wigan Phoenix	33:04	69	Lynn Howie	L40	5 Glaxo Hoad Hill Harriers	41:43
31	Julie Cruse	L45	7 Wesham Road Runners & Ac	33:05	70	Faye Holden	L	70 Pendle Athletic Club	41:51
32	Tracy Peters	L	32 Southport Waterloo Ac	33:09	71	Liz Routledge	L35	18 Blackpool Wyre & Fylde	41:59
33	Katie Morris	LJ	6 Blackburn Harriers & AC	33:34	72	Pauline Weller	L45	19 Wesham Road Runners & Ac	42:28
34	Sarah Allen	LJ	7 Preston Harriers & Ac	33:43	73	Charlotte Linfoot	LJ	11 Wigan & District H & Ac	42:55
35	Kath Hoyer	L45	8 Wesham Road Runners & Ac	34:00	74	Janet Pound	L45	20 Chorley Ac	44:45
36	Anna Crabtree	L35	9 Chorley Harriers	34:11	75	Hilary Goorney	L45	21 Blackpool Wyre & Fylde	45:51
37	Carmel Sullivan	L40	1 Wesham Road Runners & Ac	34:17	76	Jeanette Murray	LJ	12 Chorley Ac	46:01
38	Jayne Perry	L	38 Lancaster & Morecambe Ac	34:29	77	Sue Allen	L45	22 Clayton Le Moors Harriers	46:07
39	Michaela Dempsey	L35	10 Wesham Road Runners & Ac	34:38	78	Dawn Lock	L45	23 Lytham St Annes Rr Club	52:21

U17M & S Womn - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster & Morecambe Ac	32	—	7	Joanne Perry	12	Daanielle Pye	13	Helen Booth
2	Blackpool Wyre & Fylde	37	—	2	Caroline Betmead	11	Bev Wright	24	Andrea Smith
3	Preston Harriers & Ac	39	—	4	Philippa Walsh	16	Emma Deakin	19	Sarah Gohil
4	Kendal Amateur Athletic Club	60	—	1	Sarah Tunstall	5	Evelyn Dugdale	54	Emma Priestley
5	Liverpool Harriers & Ac	62	—	14	Melissa Ronan	20	Sophie Whiteside	28	Hannah McManus
6	Clayton Le Moors Harriers	66	—	10	Anna Kelly	17	Andrea Wainscott	39	Irene Roche
7	Chorley Harriers	68	—	6	Lynne Clough	27	Nicola Raby	35	Anna Crabtree
8	Wigan Phoenix	76	—	22	Jacqui Jones	25	Tracey Dutton	29	Charlotte Finch
9	Wesham Road Runners & Ac	79	—	15	Joanna Goorney	30	Julie Cruse	34	Kath Hoyer
10	Preston Harriers & Ac 'B'	96	—	21	Marion Hesketh	33	Sarah Allen	42	Robyn Anderson
11	Southport Waterloo Ac	96	—	18	Sue Cooper	31	Tracy Peters	47	Michelle Spencer
12	Wesham Road Runners & Ac 'B'	131	—	36	Carmel Sullivan	38	Michaela Dempsey	57	Kerry Eccles
13	Pendle Athletic Club	132	—	8	Katie Trickett	55	Dawn Richards	69	Faye Holden
14	Preston Harriers & Ac 'C'	156	—	45	Hannah Watson	51	Alison Armour	60	Caroline Collinson
15	Blackpool Wyre & Fylde 'B'	161	—	46	Alison Titterington	56	Ruth Calderbank	59	Debbie Cardwell
16	Chorley Harriers 'B'	161	—	41	Jacqueline Redmayne	58	Daryl Peter	62	Jane Scott
17	Glaxo Hoad Hill Harriers	174	—	43	Stephanie Gillies	63	Penny Moreton	68	Lynn Howie
18	Blackpool Wyre & Fylde 'C'	210	—	66	Joanne Wilcock	70	Liz Routledge	74	Hilary Goorney

The Mid Lancs Cross Country League at Lancaster University on Saturday 12th January 2008

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time					
1	\$Simon Deakin		Leeds City AC	32:45	71	Peter Ackland	V40 21	Kendal Amateur Athletic Club	41:10
2	John McCole		Liverpool Harriers & Ac	33:00	72	Stephen McLean	V40 22	Southport Waterloo Ac	41:12
3	Michael Aspinall		Lancaster & Morecambe Ac	33:26	73	Richard Davis	V40 23	Wesham Road Runners & Ac	41:17
4	Phil Leybourne	V40 1	Blackpool Wyre & Fylde	33:35	74	Mike Johnson	V40 24	Bowland Fell Runners	41:19
5	James Douglas		Border Harriers & Ac	34:05	75	Neil McDonald	V40 25	Preston Harriers & Ac	41:20
6	\$James Kevan		Horwich R M I Harriers	34:07	76	Aaron Barker	JM 8	Rossendale Harriers & Ac	41:22
7	\$Nick Sharp		Ambleside	34:12	77	Brian Horrocks	V40 26	Clayton Le Moors Harriers	41:25
8	Angus Holford	JM 1	Lancaster & Morecambe Ac	34:43	78	Neil Holding	V40 27	West Pennine Runners	41:27
9	Mark Crossdale	V40 2	Lancaster & Morecambe Ac	34:54	79	John Wright	V40 28	Blackpool Wyre & Fylde	41:28
10	Peter Street	JM 2	Preston Harriers & Ac	34:57	80	Clark Roberts		Liverpool Pembroke & Sefton H	41:30
11	\$Ben Harrison		Morpeth Harriers & Ac	34:59	81	Nigel Thompson	V40 29	Lytham St Annes Rr Club	41:35
12	Russell Parrington		Lancaster & Morecambe Ac	35:03	82	Mark Ellithorn	V40 30	Chorley Harriers	41:37
13	Mark Aspinall	V40 3	Clayton Le Moors Harriers	35:25	83	Barry Mitchell	V60 1	Clayton Le Moors Harriers	41:40
14	Peter Savage	JM 3	Barrow & Furness Striders AC	35:31	84	Ray Handley	V50 10	Southport Waterloo Ac	41:44
15	Mark Chippendale		Bowland Fell Runners	35:32	85	John Singleton	V50 11	Clayton Le Moors Harriers	41:47
16	Malcolm Eadie		Blackpool Wyre & Fylde	35:35	86	Martin Brady	V40 31	Clayton Le Moors Harriers	41:55
17	Charlie Pass		Wesham Road Runners & Ac	35:38	87	Steve Smith	V40 32	Preston Harriers & Ac	41:58
18	Stuart Robinson		Blackpool Wyre & Fylde	35:45	88	John Worthington		Wigan Phoenix	42:00
19	Bob Atkinson	V40 4	Barrow & Furness Striders AC	35:49	89	Chris Lane		Chorley Harriers	42:02
20	Luke Minns	JM 4	Blackpool Wyre & Fylde	36:00	90	Barry Abram	V40 33	Wigan Phoenix	42:02
21	Ian Greenwood	V40 5	Clayton Le Moors Harriers	36:03	91	David Watson	V40 34	Preston Harriers & Ac	42:10
22	Andyren Buttery		Rossendale Harriers & Ac	36:09	92	Paul Jackson	V40 35	Chorley Harriers	42:12
23	Richard Mace		Border Harriers & Ac	36:15	93	Chris Taylor	JM 9	Clayton Le Moors Harriers	42:20
24	Kieran Rowlands		Lancaster & Morecambe Ac	36:44	94	David Waddington	V40 36	Wigan Phoenix	42:20
25	Matthew Livingstone		Preston Harriers & Ac	36:47	95	Jason Harman		Lancaster & Morecambe Ac	42:25
26	Jack Thompson	JM 5	Pendle Athletic Club	36:52	96	Kevin Edwards	V40 37	Wigan Phoenix	42:25
27	Mike Whyatt	V40 6	Garstang	37:00	97	Alan Glasgow	V50 12	Wesham Road Runners & Ac	42:29
28	Quentin Harding	V40 7	Bowland Fell Runners	37:01	98	Bill Gardner	V40 38	Lancaster & Morecambe Ac	42:31
29	Steve Murdoch	V45 1	Eden Runners	37:16	99	Tony Pritchard	V50 13	Garstang	42:32
30	Philip Bolton	JM 6	Rossendale Harriers & Ac	37:21	100	Trevor Uttley	V40 39	Blackpool Wyre & Fylde	42:39
31	David Hamilton	V40 8	Southport Waterloo Ac	37:23	101	Graham Pinder	V40 40	Glaxo Hoad Hill Harriers	42:52
32	Jeffrey Chadwick		Glaxo Hoad Hill Harriers	37:26	102	David Herne	V45 3	Chorley Harriers	42:58
33	David Twigg		Preston Harriers & Ac	37:29	103	Dave Waywell	V60 2	Wesham Road Runners & Ac	43:02
34	Alex Rowe	V50 1	Wesham Road Runners & Ac	37:37	104	Adam Taylor		Chorley Harriers	43:06
35	Robert Ashworth	V40 9	Southport Waterloo Ac	37:42	105	Terry Hellings	V50 14	Lytham St Annes Rr Club	43:08
36	David Fulford		Glaxo Hoad Hill Harriers	37:52	106	Gary Platt	V40 41	Chorley Harriers	43:09
37	Gary Shaw		Clayton Le Moors Harriers	37:55	107	Phil Iddon		Chorley Harriers	43:11
38	Gary Pendlebury	V50 2	Wesham Road Runners & Ac	38:00	108	Graham Webster	V50 15	Lytham St Annes Rr Club	43:15
39	Chris Breakell	V40 10	Lancaster & Morecambe Ac	38:01	109	Richard Bellaries	V50 16	Clayton Le Moors Harriers	43:16
40	Russell Barron		Chorley Harriers	38:07	110	Willie Richmond	V40 42	Lytham St Annes Rr Club	43:18
41	Gary Pearse	V40 11	Blackburn Harriers & AC	38:10	111	Joe Swarbrick	V50 17	Red Rose Road Runners	43:18
42	Sean Molloy	V40 12	Rossendale Harriers & Ac	39:04	112	David Williams	V40 43	Chorley Harriers	43:25
43	Grant Cunliffe	JM 7	Rossendale Harriers & Ac	39:16	113	Mark Bradley	V40 44	Glaxo Hoad Hill Harriers	43:26
44	Mike O'Donnell	V40 13	Preston Harriers & Ac	39:18	114	Peter Broome	V50 18	Blackpool Wyre & Fylde	43:27
45	Jon Dudley		Liverpool Pembroke & Sefton H	39:21	115	James Hickie	V40 45	Clayton Le Moors Harriers	43:28
46	Gerry Lenehan		Southport Waterloo Ac	39:32	116	Steve Perry	V50 19	Lancaster & Morecambe Ac	43:29
47	Brian Fogarty		Blackburn Harriers & AC	39:37	117	Tony Croft	V40 46	Lytham St Annes Rr Club	43:33
48	John Houghton	V50 3	Blackpool Wyre & Fylde	39:40	118	Gordon Everard	V50 20	Lancaster & Morecambe Ac	43:37
49	Chris Chapman		Preston Harriers & Ac	39:48	119	David Collins	V40 47	Wigan Phoenix	43:38
50	Christopher Howie		Glaxo Hoad Hill Harriers	39:50	120	Eric Hampton		Glaxo Hoad Hill Harriers	43:39
51	Andy Eccles	V40 14	Wigan Phoenix	39:52	121	Michael McLoughlin	V55 1	Preston Harriers & Ac	43:44
52	Paul Neild		Bowland Fell Runners	39:54	122	Paul Johnson	V50 21	Bowland Fell Runners	43:50
53	Derek Buckley	V50 4	Wesham Road Runners & Ac	39:57	123	Peter Singleton	V50 22	Blackpool Wyre & Fylde	43:58
54	Gary Johnston	V50 5	Blackpool Wyre & Fylde	40:07	124	Martin Bates	V50 23	Wesham Road Runners & Ac	44:02
55	Jim Crehan	V50 6	Wigan & District H & Ac	40:16	125	Geoff Lyons	V40 48	Garstang	44:12
56	Chris Wilson	V40 15	Wigan Phoenix	40:21	126	Steve Burrowes	V40 49	Kendal Amateur Athletic Club	44:33
57	Ian Pudge		Rossendale Harriers & Ac	40:26	127	Brian O'Reilly	V40 50	Southport Waterloo Ac	44:36
58	Kevin Hesketh	V50 7	Preston Harriers & Ac	40:35	128	Mike Eddleston	V50 24	Clayton Le Moors Harriers	44:36
59	Chris Essex-Crosby		Blackpool Wyre & Fylde	40:40	129	Stephen Mort		Preston Harriers & Ac	44:38
60	Adam Hulme		Blackpool Wyre & Fylde	40:42	130	David Scott	V60 3	Clayton Le Moors Harriers	44:46
61	\$Leon Mabike		Unattached	40:46	131	Paul Wareing	V40 51	Chorley Ac	44:54
62	Fred Lynch	V50 8	Red Rose Road Runners	40:47	132	Chris Warren	V50 25	Lancaster & Morecambe Ac	44:57
63	John Collier	V50 9	Wesham Road Runners & Ac	40:48	133	Gordon Thompson	V45 4	Preston Harriers & Ac	44:59
64	Barry Brock	V40 16	Clayton Le Moors Harriers	40:49	134	John Linaker		Burnley Ac	45:00
65	Ali Welsh	V45 2	Bowland Fell Runners	40:51	135	Paul Seddon		Wigan Phoenix	45:05
66	Ged Walsh		Rossendale Harriers & Ac	40:56	136	Roger Taylor	V40 52	Preston Harriers & Ac	45:07
67	Stuart Williams	V40 17	Blackpool Wyre & Fylde	40:57	137	Liam Boardman		Chorley Harriers	45:09
68	Peter Roome	V40 18	Southport Waterloo Ac	40:58	138	\$Graham Grinstead	V40 53	Grassington	45:16
69	John Sprackland	V40 19	Southport Waterloo Ac	41:05	139	Mike Peat	V45 5	Lancaster & Morecambe Ac	45:19
70	Lee Dowthwaite	V40 20	Bowland Fell Runners	41:09	140	Alex Turnbull	V60 4	Wigan Phoenix	45:30

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Sport
Soft

141 Gareth Williams	V40 54 Southport Waterloo Ac	45:39	178 Craig Menzies	Garstang	49:45
142 Philip Butler	V40 55 Red Rose Road Runners	45:51	179 Robert Gillies	V50 35 Preston Harriers & Ac	50:15
143 Russell Mabbutt	V40 56 Wesham Road Runners & Ac	45:58	180 Daniel Linaker	JM 10 Burnley Ac	50:16
144 Stephen Fletcher	V50 26 Chorley Ac	46:01	181 Brian Porter	V40 67 Wesham Road Runners & Ac	50:26
145 David Worthington	V50 27 Lancaster & Morecambe Ac	46:01	182 John Swift	V60 6 Chorley Ac	50:32
146 David Large	V40 57 Preston Harriers & Ac	46:06	183 Andrew Walker	V40 68 Eden Runners	50:47
147 Phil Lakeland	V50 28 Preston Harriers & Ac	46:06	184 Simon Cole	V40 69 Lytham St Annes Rr Club	50:52
148 Gary Banks	V45 6 Unattached	46:27	185 Peter Gibson	V50 36 Blackpool Wyre & Fylde	51:03
149 John Bridge	V40 58 Eden Runners	46:33	186 Tony Lowery	V40 70 Eden Runners	51:48
150 Eddy Little	Preston Harriers & Ac	46:46	187 George Parrington	V60 7 Lancaster & Morecambe Ac	51:52
151 Carlos Irizar	V40 59 Southport Waterloo Ac	46:50	188 Dave Wood	V50 37 Blackpool Wyre & Fylde	51:55
152 Phill Cornell	Garstang	46:52	189 Stephen Young	Preston Harriers & Ac	52:04
153 Richard Briscoe	Burnley Ac	46:52	190 John Sharples	V50 38 Wesham Road Runners & Ac	52:11
154 Nigel Shepherd	V40 60 Wesham Road Runners & Ac	46:58	191 Richard Lawson	V60 8 Clayton Le Moors Harriers	52:19
155 Graham Schofield	V50 29 Chorley Harriers	47:26	192 John Vis	V40 71 Southport Waterloo Ac	52:33
156 Mark Midgley	V40 61 Wesham Road Runners & Ac	47:28	193 Stuart Hartley	V50 39 Burnley Ac	52:52
157 James Matthews	Chorley Harriers	47:30	194 Ron Bray	V60 9 Blackpool Wyre & Fylde	53:09
158 Richard Jones	Garstang	47:32	195 Geoff Lund	V60 10 Garstang	53:53
159 John Warnock	Preston Harriers & Ac	47:36	196 Peter James	V50 40 West Pennine Runners	54:16
160 Mikergina Brown	V45 7 Preston Harriers & Ac	47:39	197 John Winters	V60 11 Blackpool Wyre & Fylde	54:37
161 Phil Leaver	V50 30 Wesham Road Runners & Ac	47:41	198 Henry Minorczyk	V60 12 Chorley Ac	54:50
162 Jeffrey Wright	V45 8 Blackpool Wyre & Fylde	47:42	199 M Thistlethwaite	V55 2 Clayton Le Moors Harriers	54:59
163 David Brooks	Blackpool Wyre & Fylde	47:46	200 Phil Dixon	V40 72 Garstang	55:04
164 Patrick Cousins	V45 9 Unattached	47:52	201 John Bradley	V60 13 Blackpool Wyre & Fylde	55:29
165 David Shaw	V50 31 Barrow & Furness Striders AC	48:05	202 David Cosh	V50 41 Lytham St Annes Rr Club	56:02
166 Paul Wilson	V40 62 Pendle Athletic Club	48:08	203 Karl Fursey	Glaxo Hoad Hill Harriers	56:03
167 Roy Hart	V60 5 Wigan Phoenix	48:13	204 Phil Martin	V60 14 Lytham St Annes Rr Club	56:20
168 Alby Douglas	V50 32 Eden Runners	48:25	205 Michael Murray	V50 42 Chorley Ac	57:02
169 Phil Dean	V40 63 Red Rose Road Runners	48:29	206 Norman Greenwood	V60 15 Blackpool Wyre & Fylde	57:19
170 Peter Ion	Kendal Amateur Athletic Club	48:31	207 Brian Dearnaley	V60 16 Preston Harriers & Ac	57:59
171 Jonathan Lawson	V40 64 Wesham Road Runners & Ac	48:52	208 Mike Johnson	V40 73 Glaxo Hoad Hill Harriers	58:26
172 Peter Bolton	V45 10 Red Rose Road Runners	48:54	209 Mike Walsh	V60 17 Wesham Road Runners & Ac	59:02
173 Ian Squire	V40 65 Lytham St Annes Rr Club	48:59	210 David Roberts	V60 18 Preston Harriers & Ac	1:01:31
174 John Flatley	V45 11 Wigan Phoenix	49:00	211 Phil McCullaugh	V50 43 Chorley Ac	1:02:17
175 David Dyson	V50 33 Blackpool Wyre & Fylde	49:11	212 Adriann Smith	V55 3 Chorley Ac	1:05:31
176 Phil Burke	V40 66 Blackpool Wyre & Fylde	49:25	213 Mike Coppin	V60 19 Chorley Ac	1:08:52
177 Alan Smart	V50 34 Blackpool Wyre & Fylde	49:44			

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Lancaster & Morecambe Ac	76	—	2 Michael Aspinall	5 Angus Holford	6 Mark Croasdale	8 Russell Parrington	20 Kieran Rowlands	35 Chris Breakell
2 Blackpool Wyre & Fylde	139	—	3 Phil Leybourne	12 Malcolm Eadie	14 Stuart Robinson	16 Luke Minns	44 John Houghton	50 Gary Johnston
3 Preston Harriers & Ac	196	—	7 Peter Street	21 Matthew Livingstone	29 David Twigg	40 Mike O'Donnell	45 Chris Chapman	54 Kevin Hesketh
4 Rossendale Harriers & Ac	235	—	18 Andyren Buttery	26 Philip Bolton	38 Sean Molloy	39 Grant Cunliffe	53 Ian Pudge	61 Ged Walsh
5 Wesham Road Runners & Ac	252	—	13 Charlie Pass	30 Alex Rowe	34 Gary Pendlebury	49 Derek Buckley	58 John Collier	68 Richard Davis
6 Clayton Le Moors Harriers	268	—	9 Mark Aspinall	17 Ian Greenwood	33 Gary Shaw	59 Barry Brock	72 Brian Horrocks	78 Barry Mitchell
7 Bowland Fell Runners	277	—	11 Mark Chippendale	24 Quentin Harding	48 Paul Neild	60 Ali Welsh	65 Lee Dowthwaite	69 Mike Johnson
8 Southport Waterloo Ac	294	—	27 David Hamilton	31 Robert Ashworth	42 Gery Lenehan	63 Peter Roome	64 John Sprackland	67 Stephen McLean
9 Glaxo Hoad Hill Harriers	425	—	28 Jeffrey Chadwick	32 David Fulford	46 Christopher Howie	96 Graham Pinder	108 Mark Bradley	115 Eric Hampton
10 Wigan Phoenix	447	—	47 Andy Eccles	52 Chris Wilson	83 John Worthington	85 Barry Abram	89 David Waddington	91 Kevin Edwards
11 Blackpool Wyre & Fylde 'B'	451	—	55 Chris Essex-Crosby	56 Adam Hulme	62 Stuart Williams	74 John Wright	95 Trevor Uttley	109 Peter Broome
12 Chorley Harriers	480	—	36 Russell Barron	77 Mark Ellithorn	84 Chris Lane	87 Paul Jackson	97 David Heme	99 Adam Taylor
13 Clayton Le Moors Harriers 'B'	586	—	80 John Singleton	81 Martin Brady	88 Chris Taylor	104 Richard Bellaries	110 James Hickie	123 Mike Eddleston
14 Preston Harriers & Ac 'B'	606	—	70 Neil McDonald	82 Steve Smith	86 David Watson	116 Michael McLoughlin	124 Stephen Mort	128 Gordon Thompson
15 Lytham St Annes Rr Club	661	—	76 Nigel Thompson	100 Terry Hellings	103 Graham Webster	105 Willie Richmond	112 Tony Croft	165 Ian Squire
16 Lancaster & Morecambe Ac 'B'	667	—	90 Jason Harman	93 Bill Gardner	111 Steve Perry	113 Gordon Everard	127 Chris Warren	133 Mike Peat
17 Garstang	703	—	23 Mike Whyatt	94 Tony Pritchard	120 Geoff Lyons	145 Phill Cornell	151 Richard Jones	170 Craig Menzies
18 Chorley Harriers 'B'	740	—	101 Gary Platt	102 Phil Iddon	107 David Williams	132 Liam Boardman	148 Graham Schofield	150 James Matthews
19 Wesham Road Runners & Ac 'B'	742	—	92 Alan Glasgow	98 Dave Waywell	119 Martin Bates	137 Russell Mabbutt	147 Nigel Shepherd	149 Mark Midgley
20 Preston Harriers & Ac 'C'	860	—	131 Roger Taylor	140 David Large	141 Phil Lakeland	143 Eddy Little	152 John Warnock	153 Mikergina Brown
21 Blackpool Wyre & Fylde 'C'	933	—	118 Peter Singleton	155 Jeffrey Wright	156 David Brooks	167 David Dyson	168 Phil Burke	169 Alan Smart
22 Chorley Ac	1027	—	126 Paul Wareing	138 Stephen Fletcher	174 John Swift	190 Henry Minorczyk	197 Michael Murray	202 Phil McCullaugh
23 Blackpool Wyre & Fylde 'D'	1123	—	177 Peter Gibson	180 Dave Wood	186 Ron Bray	189 John Winters	193 John Bradley	198 Norman Greenwood

Senior Men under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time						
1	Angus Holford	JM	1 Lancaster & Morecambe Ac	34:43	6	Philip Bolton	JM	6	Rossendale Harriers & Ac	37:21
2	Peter Street	JM	2 Preston Harriers & Ac	34:57	7	Grant Cunliffe	JM	7	Rossendale Harriers & Ac	39:16
3	Peter Savage	JM	3 Barrow & Furness Striders AC	35:31	8	Aaron Barker	JM	8	Rossendale Harriers & Ac	41:22
4	Luke Minns	JM	4 Blackpool Wyre & Fylde	36:00	9	Chris Taylor	JM	9	Clayton Le Moors Harriers	42:20
5	Jack Thompson	JM	5 Pendle Athletic Club	36:52	10	Daniel Linaker	JM	10	Burnley Ac	50:16

Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Rossendale Harriers & Ac	21	—	6	Philip Bolton	7	Grant Cunliffe	8	Aaron Barker
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Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wesham Road Runners & Ac	66	—	10	Alex Rowe	12	Gary Pendlebury	19	Derek Buckley	25	John Collier
2	Blackpool Wyre & Fylde	66	—	1	Phil Leybourne	17	John Houghton	20	Gary Johnston	28	Stuart Williams
3	Clayton Le Moors Harriers	71	—	3	Mark Aspinall	5	Ian Greenwood	26	Barry Brock	37	Brian Horrocks
4	Southport Waterloo Ac	79	—	9	David Hamilton	11	Robert Ashworth	29	Peter Roome	30	John Sprackland
5	Bowland Fell Runners	100	—	7	Quentin Harding	27	Ali Welsh	31	Lee Dowthwaite	35	Mike Johnson
6	Preston Harriers & Ac	121	—	16	Mike O'Donnell	23	Kevin Hesketh	36	Neil McDonald	46	Steve Smith
7	Wigan Phoenix	137	—	18	Andy Eccles	22	Chris Wilson	47	Barry Abram	50	David Waddington
8	Lancaster & Morecambe Ac	137	—	2	Mark Croasdale	13	Chris Breakell	53	Bill Gardner	69	Steve Perry
9	Clayton Le Moors Harriers 'B'	193	—	42	Barry Mitchell	44	John Singleton	45	Martin Brady	62	Richard Bellaries
10	Chorley Harriers	207	—	41	Mark Ellithorn	49	Paul Jackson	57	David Herne	60	Gary Platt
11	Wesham Road Runners & Ac 'B'	220	—	34	Richard Davis	52	Alan Glasgow	58	Dave Waywell	76	Martin Bates
12	Lytham St Annes Rr Club	223	—	40	Nigel Thompson	59	Terry Hellings	61	Graham Webster	63	Willie Richmond
13	Blackpool Wyre & Fylde 'B'	236	—	39	John Wright	55	Trevor Uttley	67	Peter Broome	75	Peter Singleton
14	Southport Waterloo Ac 'B'	243	—	33	Stephen McLean	43	Ray Handley	79	Brian O'Reilly	88	Gareth Williams
15	Garstang	266	—	6	Mike Whyatt	54	Tony Pritchard	77	Geoff Lyons	129	Geoff Lund
16	Red Rose Road Runners	284	—	24	Fred Lynch	64	Joe Swarbrick	89	Philip Butler	107	Phil Dean
17	Preston Harriers & Ac 'B'	290	—	48	David Watson	73	Michael McLoughlin	84	Gordon Thompson	85	Roger Taylor
18	Wigan Phoenix 'B'	315	—	51	Kevin Edwards	72	David Collins	87	Alex Turnbull	105	Roy Hart
19	Eden Runners	327	—	8	Steve Murdoch	95	John Bridge	106	Alby Douglas	118	Andrew Walker
20	Lancaster & Morecambe Ac 'B'	332	—	71	Gordon Everard	83	Chris Warren	86	Mike Peat	92	David Worthington
21	Clayton Le Moors Harriers 'C'	354	—	68	James Hickie	80	Mike Eddleston	81	David Scott	125	Richard Lawson
22	Wesham Road Runners & Ac 'C'	387	—	90	Russell Mabbutt	97	Nigel Shepherd	99	Mark Midgley	101	Phil Leaver
23	Preston Harriers & Ac 'C'	402	—	93	David Large	94	Phil Lakeland	100	Mikergina Brown	115	Robert Gillies
24	Chorley Ac	422	—	82	Paul Wareing	91	Stephen Fletcher	117	John Swift	132	Henry Minorczyk
25	Lytham St Annes Rr Club 'B'	435	—	70	Tony Croft	110	Ian Squire	119	Simon Cole	136	David Cosh
26	Blackpool Wyre & Fylde 'C'	441	—	102	Jeffrey Wright	112	David Dyson	113	Phil Burke	114	Alan Smart
27	Blackpool Wyre & Fylde 'D'	502	—	120	Peter Gibson	123	Dave Wood	128	Ron Bray	131	John Winters
28	Chorley Ac 'B'	570	—	138	Michael Murray	143	Phil McCullaugh	144	Adriann Smith	145	Mike Coppin

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wesham Road Runners & Ac	7	—	1	Alex Rowe	2	Gary Pendlebury	4	Derek Buckley
2	Blackpool Wyre & Fylde	28	—	3	John Houghton	5	Gary Johnston	20	Peter Broome
3	Wesham Road Runners & Ac 'B'	37	—	9	John Collier	13	Alan Glasgow	15	Dave Waywell
4	Clayton Le Moors Harriers	40	—	10	Barry Mitchell	12	John Singleton	18	Richard Bellaries
5	Preston Harriers & Ac	63	—	7	Kevin Hesketh	23	Michael McLoughlin	33	Phil Lakeland
6	Lancaster & Morecambe Ac	72	—	21	Steve Perry	22	Gordon Everard	29	Chris Warren
7	Lytham St Annes Rr Club	89	—	16	Terry Hellings	17	Graham Webster	56	David Cosh
8	Clayton Le Moors Harriers 'B'	102	—	27	Mike Eddleston	28	David Scott	47	Richard Lawson
9	Blackpool Wyre & Fylde 'B'	104	—	25	Peter Singleton	39	David Dyson	40	Alan Smart
10	Wesham Road Runners & Ac 'C'	107	—	26	Martin Bates	35	Phil Leaver	46	John Sharples
11	Chorley Ac	126	—	31	Stephen Fletcher	42	John Swift	53	Henry Minorczyk
12	Blackpool Wyre & Fylde 'C'	137	—	43	Peter Gibson	45	Dave Wood	49	Ron Bray
13	Preston Harriers & Ac 'B'	162	—	41	Robert Gillies	60	Brian Dearnaley	61	David Roberts
14	Blackpool Wyre & Fylde 'D'	166	—	52	John Winters	55	John Bradley	59	Norman Greenwood
15	Chorley Ac 'B'	183	—	58	Michael Murray	62	Phil McCullaugh	63	Adriann Smith

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Clayton Le Moors Harriers	12	—	1	Barry Mitchell	3	David Scott	8	Richard Lawson
2	Blackpool Wyre & Fylde	33	—	9	Ron Bray	11	John Winters	13	John Bradley
3	Chorley Ac	36	—	6	John Swift	12	Henry Minorczyk	18	Mike Coppin