



**MIDLAND COUNTIES AA
 UNDER 15 GIRLS 3 X 3.861 Km ROAD RELAY CHAMPIONSHIP
 SUNDAY 21st SEPTEMBER 2008 – 1.05pm - SUTTON PARK, BIRMINGHAM**

CLOSING DATE MONDAY 1st SEPTEMBER 2008

An unlimited number of teams can be entered.

OPEN RELAY RACE: Clubs are not allowed to enter more than **THREE TIMES** the number entitled to compete. A Club entering more than one team in a race shall be allowed to select their teams from the club entry for that event. Teams must be declared before the start of the race.

CLUB

Club Colours

Secretary/Team Manager

Address

Tel..... **Date**.....

Mobile Number..... **E-mail**.....

Please enterTeams. Entry £ 12.00 per team Cheque value enclosed

Details of teams are provided on attached competitors entry sheet(s).

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the club under the rules governing team and relay races, and that the declared particulars are complete and correct.

Signed **Secretary/Team Manager****Date**.....

Please send the cheque, payable to “**Midland Counties Athletics Association**” plus a correctly stamped return **SAE** marked for the attention of the **MCAA Road Running Championship Secretary** at the following address:
Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR

RULE 5 - FIRST CLAIM STATUS – The competition year extends from 1st October to 30th September in the following year.

RULE 207 (ii) Under 15 girls road running competitions for under 15s shall be confined to competitors who are aged 13 or 14 on 31st August prior to the commencement of the competition year as defined above.

RULE 216(6) WILL APPLY

CLOTHING: All team runners must wear the same design of registered Club vest and Colours, unless the referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule 16.

Midland Counties Athletic Association Qualification: An athlete is eligible to represent his/her Club in Midland Championships either by:

- A. By birth,
- B. By 9 months bona fide continuous residence within the regional boundary immediately prior to the date of competition,
- C. By 9 month's service in HM forces stationed within the regional boundary,
- D. By first claim membership of an affiliated Club with headquarters within the regional boundary,
- E. A member of the England Athletics membership scheme

PLEASE PRINT CLEARLY (in capital letters) AND INSERT NAMES IN APLHABETIC (by surname) ORDER.

Club No:.....Club.....Category / Age group

Name	D.O.B.	Date of Election to Club
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RULE 207 (i) Under 13 boys and girls road running competitions for under 13s shall be confined to competitors who are aged 11 on the day of competition or 12 on 31st August prior to the commencement of the competition year as defined above.

RULE 207 (ii) Under 15 boys and girls road running competitions for under 15s shall be confined to competitors who are aged 13 or 14 on the day of competition on 31st August prior to the commencement of the competition year as defined above.

RULE 207 (iii) Under 17 men and Women road running competitions for under 17s shall be confined to competitors who are aged 15 or 16 on the day of competition on 31st August prior to the commencement of the competition year as defined above.

RULE 207 (iv) (v) Junior Men & Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events.

PLEASE NOTE Athletes are NOT allowed to run more than one leg