

SENIOR MEN - Sherman Cup

Place	Time	Name	Team	Cat	No	Pos	
1	0:29:00	MCLEOD, Ryan	Tipton H	Fast	1422	1	
2	0:30:04	HEPPLES, Stephen	Loftus Athletic	Slow	1454	2	
3	0:30:10	NICHOLSON, Matthew	(1) Morpeth Harriers & AC	Fast	32	3	
4	0:30:31	STEPHENSON, Ryan	(1) Gateshead Harriers	Slow	756	4	TEAMS
5	0:30:38	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	Fast	904	5	Gateshead 19
6	0:30:54	JOHNSON, Calum	(1) Gateshead Harriers	Slow	718	6	Morpeth 25
7	0:30:56	DAWSON, Michael	(1) Morpeth Harriers & AC	Fast	13	7	Durham 73
8	0:31:12	AISTON, Phillip	(1) Wallsend Harriers	Medium	1398	8	Sunderland H 76
9	0:31:27	ELLIOTT, Marc	(1) Gateshead Harriers	Medium	700	9	Elswick 88
10	0:31:32	HARDY, Dan	(3) Shildon AC	Slow	382	10	Heaton 109
11	0:31:35	HOGG, Lewis	(1) Gateshead Harriers	Slow	714	11	Wallsend 118
12	0:31:48	CALVERT, Kevin	(1) Sunderland Harriers	Medium	1462	12	Low Fell 125
13	0:31:54	FRANKS, Conrad	(1) Gateshead Harriers	Fast	703	13	Tynedale 130
14	0:32:22	BARBOUR, Jamie	(1) Heaton Harriers	Slow (Vet)	132	14	Tynebridge 137
15	0:32:26	SWINBURNE, David	(1) Morpeth Harriers & AC	Fast	40	15	Elvet Striders 139
16	0:32:30	SANDERSON, Phillip	(2) Elvet Striders	Medium (Vet)	315	16	North Shields Poly 140
17	0:32:33	JONES, Gary	(1) Morpeth Harriers & AC	Medium	26	17	Jarrow & Hebburn 174
18	0:32:38	MCCOURT, Lawrence	(1) Gateshead Harriers	Medium	723	18	South Shields 180
19	0:32:42	JENKIN, Dan	(2) Durham City Harriers	Fast	1219	19	Newcastle Uni 243
20	0:32:56	MCMILLAN, Brendan	(2) Claremont RR	Medium	217	20	Saltwell 270
21	0:32:57	BRUDENELL, Victor	North York Moor	Slow	1457	21	Houghton 302
22	0:33:05	PEARSON, Andrew	North York Moor	Slow	1455	22	Claremont 312
23	0:33:08	BELL, Stewy	(3) Chester-le-Street	Fast (Vet)	1399	23	Blyth 343
24	0:33:11	COULSON, Phil	(2) Low Fell RC	Fast	1300	24	Alnwick 346
25	0:33:13	AYTON, Liam	(2) Durham City Harriers	Medium	1353	25	Birtley 350
26	0:33:14	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671	26	Gosforth 363
27	0:33:19	BEWICK, Brian	(1) Sunderland Harriers	Medium (Vet)	1110	27	PB Fitness 424
28	0:33:22	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	Fast (Vet)	45	28	Jesmond Joggers 473
29	0:33:29	ASKEW, James	(2) Durham City Harriers	Slow	1465	29	NE Vets 629
30	0:33:37	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	30	
31	0:33:48	HALL, Sean	(1) Gateshead Harriers	Medium	711	31	
32	0:33:49	STEPHENSON, Kevin	(1) Elswick Harriers	Medium (Vet)	667	32	
33	0:33:57	MORLEY, Chris	(1) North Shields Poly	Fast (Vet)	1054	33	
34	0:34:03	PARKER, Richard	(2) Tynedale Harriers	Medium (Vet)	277	34	
35	0:34:07	DUNN, Christopher	Sunderland Strollers (N/C)	Medium	1405	35	
36	0:34:10	BROOKES, Tom	(1) Morpeth Harriers & AC	Slow	681	36	
37	0:34:16	REED, Nathan	(1) Sunderland Harriers	Slow	1140	37	
38	0:34:19	HORSLEY, Will	(2) Elvet Striders	Slow	303	38	
39	0:34:22	SMITH, Keith	Tynebridge Harriers (N/C)	Medium (Vet)	1347	39	
40	0:34:24	GRAHAM, Steven	(1) Sunderland Harriers	Medium	1400	40	
41	0:34:25	HADDON, Alan	(1) North Shields Poly	Medium	1044	41	
42	0:34:31	HETHERINGTON, Brian	(1) Wallsend Harriers	Slow (Vet)	846	42	
43	0:34:49	SALTER, Matt	(1) Heaton Harriers	Slow	1441	43	
44	0:34:50	HALL, Mark	(3) Tynebridge Harriers	Slow (Vet)	924	44	
45	0:34:50	PRATT, Adam	(2) Tynedale Harriers	Medium	276	45	
46	0:34:52	MOIR, David	(3) Tynebridge Harriers	Medium (Vet)	930	46	
47	0:34:58	WAKENSHAW, Trevor	(3) Tynebridge Harriers	Slow (Vet)	919	47	
48	0:35:00	STEPHENS, John	(2) Low Fell RC	Medium (Vet)	556	48	
49	0:35:02	NORMAN, Stuart	(2) Gosforth Harriers & AC	Medium	367	49	
50	0:35:04	GREENWOOD, Simeon	(1) Gateshead Harriers	Medium	707	50	
51	0:35:06	JAMESON, Barry	(2) Tynedale Harriers	Slow (Vet)	267	51	
52	0:35:07	MACLEOD, Jamie	(1) Heaton Harriers	Medium	157	52	
53	0:35:11	MAXWELL, Tony	(2) Low Fell RC	Slow	535	53	
54	0:35:12	ROBINS, Dan	(1) Heaton Harriers	Medium	163	54	
55	0:35:18	SLATER, Martin	(1) Gateshead Harriers	Medium	751	55	
56	0:35:22	TURNER, Joseph	(3) Newcastle Uni	Slow	1438	56	
57	0:35:30	JONSON, Simon	(1) South Shields Harriers & AC	Slow	99	57	
58	0:35:36	WRIGHT, Davey	(1) Heaton Harriers	Medium	1390	58	
59	0:35:40	WARREN, David	(2) Low Fell RC	Medium	562	59	
60	0:35:45	GREY, Thomas	(3) Houghton AC	Slow	1093	60	
61	0:35:48	ATKINSON, Nick	(1) South Shields Harriers & AC	Medium	84	61	
62	0:35:50	WAKEFIELD, David	(1) South Shields Harriers & AC	Medium (Vet)	116	62	
63	0:35:55	MORRIS, Neil	(2) Low Fell RC	Medium (Vet)	540	63	
64	0:35:59	ARCHER, Jake	(1) Sunderland Harriers	Medium	1106	64	
65	0:36:00	FOLLEY, Tom	(1) Heaton Harriers	Medium	140	65	
66	0:36:00	PENN, Greg	(1) North Shields Poly	Medium (Vet)	1070	66	
67	0:36:01	STONE, Chris	(3) Blyth RC	Slow	439	67	
68	0:36:03	STURMAN, John	(1) Wallsend Harriers	Medium	879	68	
69	0:36:04	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium	900	69	
70	0:36:12	STOBBS, Jason	(1) Gateshead Harriers	Slow	757	70	
71	0:36:14	SILLITO, Roger	(2) Low Fell RC	Slow	1412	71	
72	0:36:15	ROBSON, Gary	(1) North Shields Poly	Slow (Vet)	1059	72	
73	0:36:19	KENNEDY, Chris	(2) Saltwell Harriers	Slow	1274	73	

Place	Time	Name	Team	Cat	No	Pos
74	0:36:20	JARDINE, Oliver	(1) Heaton Harriers	Slow	149	74
75	0:36:20	MEDD, Steven	(1) Gateshead Harriers	Medium	726	75
76	0:36:21	HODGSON, Alan	(1) Sunderland Harriers	Slow	1127	76
77	0:36:24	GRAY, Matthew	(3) Newcastle Uni	Slow	1430	77
78	0:36:24	WATSON, Jak	(1) South Shields Harriers & AC	Medium	120	78
79	0:36:26	HEMY (V), Vaughan	(1) North Shields Poly	Medium (Vet)	1048	79
80	0:36:28	WOODS, John	(1) Morpeth Harriers & AC	Slow	49	80
81	0:36:28	BALMAIN, Daniel	(1) Elswick Harriers	Slow	626	81
82	0:36:29	CLARK, Jason	(1) Elswick Harriers	Slow	641	82
83	0:36:31	DANIELS, David	(3) Tynebridge Harriers	Slow (Vet)	922	83
84	0:36:38	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vet)	92	84
85	0:36:42	GARLAND, James	(2) Elvet Striders	Slow	294	85
86	0:36:45	COUPLAND, Ronnie	(2) Tynedale Harriers	Slow	250	86
87	0:36:46	VOLPE, Steve	(1) Wallsend Harriers	Slow (Vet)	884	87
88	0:36:48	STEPHENSON, Lea	(2) Tynedale Harriers	Slow	278	88
89	0:36:49	WOOD, Keith	(2) Saltwell Harriers	Slow (Vet)	1299	89
90	0:36:50	BAINBRIDGE, George	(1) South Shields Harriers & AC	Slow (Vet)	87	90
91	0:36:51	CROWE, Martin	(1) Elswick Harriers	Slow (Vet)	639	91
92	0:36:52	MARSHALL, Stephen	(2) Durham City Harriers	Slow (Vet)	1224	92
93	0:36:55	HARRIS, David	(3) Chester-le-Street	Slow	1459	93
94	0:36:57	COOPER, Paul R	(1) Sunderland Harriers	Slow (Vet)	1116	94
95	0:36:59	WILKINSON, Jonathan	(2) Durham City Harriers	Slow	1352	95
96	0:37:00	PORTEOUS, James	(1) Gateshead Harriers	Medium	741	96
97	0:37:01	CONNELLY, Kevin	(1) Gateshead Harriers	Slow	695	97
98	0:37:02	JAMES, Paul	(1) Wallsend Harriers	Slow	848	98
99	0:37:10	MCDONALD, Chris	(1) South Shields Harriers & AC	Slow (Vet)	104	99
100	0:37:11	DEACON, Craig	(3) Jarrow & Hebburn AC	Slow	890	100
101	0:37:12	KELLY, David	(2) Birtley AC	Slow (Vet)	178	101
102	0:37:16	LILLICO, Jim	(1) Alnwick Harriers	Slow (Vet)	67	102
103	0:37:17	HUTCHINSON, Paul	(2) Tynedale Harriers	Medium	264	103
104	0:37:18	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Medium	86	104
105	0:37:18	MCENTEE, Scott	(1) Heaton Harriers	Medium	154	105
106	0:37:19	MOORE, Michael	(1) North Shields Poly	Slow (Vet)	1053	106
107	0:37:20	LISTER, Kevin	(3) North East Vets	Medium (Vet)	388	107
108	0:37:21	SMITH, Fred	(2) Saltwell Harriers	Medium (Vet)	1290	108
109	0:37:34	HURSE, John	(3) Tynebridge Harriers	Slow	960	109
110	0:37:36	MCCLUNE, Andrew Philip	(3) Newcastle Uni	Slow	1432	110
111	0:37:40	DAVISON, Jack	(1) Sunderland Strollers	Slow	1410	111
112	0:37:42	EMMETT, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	93	112
113	0:37:43	TAIT, Ted	(2) Durham City Harriers	Slow (Vet)	1238	113
114	0:37:44	ROBINSON, Geoff	(2) Durham City Harriers	Slow	1349	114
115	0:37:44	MCGAHEY, Tim	(2) Jesmond Joggers	Slow (Vet)	411	115
116	0:37:45	AGAN, Richard	(1) Alnwick Harriers	Medium	51	116
117	0:37:48	GIBSON, David	(2) Elvet Striders	Slow (Vet)	295	117
118	0:37:53	MCGARTH, Shaun	(3) Houghton AC	Slow (Vet)	1095	118
119	0:37:54	OAKES, Karl	(2) Birtley AC	Medium (Vet)	185	119
120	0:38:01	KNIGHT, Kevin	(2) Durham City Harriers	Medium (Vet)	1222	120
121	0:38:02	DUNLOP, Sean	(2) Low Fell RC	Medium (Vet)	498	121
122	0:38:03	WHITEHEAD, Chris	(1) North Shields Poly	Slow (Vet)	1067	122
123	0:38:04	LOUGHNEY, Andrew	(1) North Shields Poly	Slow (Vet)	1052	123
124	0:38:05	FOSTER, Alan	(3) Houghton AC	Slow	1092	124
125	0:38:07	FRANCE, David	(2) Low Fell RC	Slow	1248	125
126	0:38:12	DICKER, Gary	(1) Heaton Harriers	Slow (Vet)	1378	126
127	0:38:14	TAYLOR, John	(3) PB Fitness	Slow	916	127
128	0:38:19	SQUIRES, Andy	(1) Alnwick Harriers	Slow (Vet)	75	128
129	0:38:21	CURRAN, Robert	(2) Gosforth Harriers & AC	Slow	354	129
130	0:38:22	EILLES, Ronnie	(2) Birtley AC	Slow	1374	130
131	0:38:24	YOUNG, Barry	(1) North Shields Poly	Slow (Vet)	1068	131
132	0:38:25	MCKINNON, Iain	(1) Heaton Harriers	Slow	156	132
133	0:38:29	STEWART, Graeme	(3) Blyth RC	Slow	438	133
134	0:38:32	BROADHURST, Mike	(2) Tynedale Harriers	Slow (Vet)	241	134
135	0:38:33	REEVES, Thomas	(2) Elvet Striders	Slow (Vet)	311	135
136	0:38:34	GREEN, Philip	(1) Heaton Harriers	Slow (Vet)	143	136
137	0:38:36	SMART, Liam	(1) Wallsend Harriers	Slow	876	137
138	0:38:40	HARTLEY, Andrew	(1) Elswick Harriers	Slow (Vet)	649	138
139	0:38:43	KINGSTON, Matthew	(2) Claremont RR	Slow (Vet)	211	139
140	0:38:45	HANCOX, Rob	(1) Morpeth Harriers & AC	Slow (Vet)	21	140
141	0:38:47	ARMSTRONG, Graham	(1) Wallsend Harriers	Slow (Vet)	826	141
142	0:38:49	GIBSON, Nathan	(1) South Shields Harriers & AC	Slow	95	142
143	0:38:59	CAIRNS, Steven	(3) Blyth RC	Slow	1423	143
144	0:39:05	HODGSON, Craig	(1) Heaton Harriers	Slow	1395	144
145	0:39:06	HOLLEY, Martin	(3) Newcastle Uni	Slow	1431	145
146	0:39:08	MCBAIN, Darren	(2) Durham City Harriers	Slow	1226	146
147	0:39:18	DINSMORE, Paddy	(1) Wallsend Harriers	Slow (Vet)	839	147

Place	Time	Name	Team	Cat	No	Pos
148	0:39:21	JOYCE, Peter	(3) PB Fitness	Slow	912	148
149	0:39:22	FOWLER, Andrew	(3) PB Fitness	Slow	911	149
150	0:39:23	TURNBULL, Alan	(1) North Shields Poly	Slow (Vet)	1065	150
151	0:39:25	SKELDON, Mick	(1) Wallsend Harriers	Slow (Vet)	875	151
152	0:39:38	RICHIE, Ian	(3) Jarrow & Hebburn AC	Slow	1449	152
153	0:39:48	SCOTT, Duncan	(2) Claremont RR	Slow	228	153
154	0:39:54	PURVIS, Stephen	(3) Jarrow & Hebburn AC	Slow	1450	154
155	0:39:56	COULSON, David	(2) Birtley AC	Slow (Vet)	173	155
156	0:39:59	ALEXANDER, Alec	(1) Gateshead Harriers	Slow	682	156
157	0:40:01	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vet)	97	157
158	0:40:02	DAVIS, Geoff	(2) Elvet Striders	Slow (Vet)	292	158
159	0:40:12	SANDERSON, Chris	(1) Elswick Harriers	Slow	625	159
160	0:40:14	QUINN, David	(1) North Shields Poly	Slow	1376	160
161	0:40:16	MCDONALD, Ian	(2) Jesmond Joggers	Slow (Vet)	409	161
162	0:40:18	SPIERS, Martin	(1) North Shields Poly	Slow (Vet)	1062	162
163	0:40:20	DEVLIN, Frank	(1) Gateshead Harriers	Slow (Vet)	699	163
164	0:40:22	RUSSELL, Simon	(1) South Shields Harriers & AC	Slow (Vet)	123	164
165	0:40:27	TODD, Michael	(1) Wallsend Harriers	Slow (Vet)	882	165
166	0:40:29	JARDIN, David	(1) Elswick Harriers	Medium	652	166
167	0:40:31	WALKER, Peter	(1) South Shields Harriers & AC	Slow (Vet)	117	167
168	0:40:33	MORROW, David	(1) South Shields Harriers & AC	Slow	129	168
169	0:40:39	HARRIS, Shaun	(1) Heaton Harriers	Slow	144	169
170	0:40:40	HADDON, Martin	(1) North Shields Poly	Slow	1045	170
171	0:40:41	BAKER, Micky	(3) Tynebridge Harriers	Slow (Vet)	920	171
172	0:40:44	DAVINSON, Mark	(3) Derwentside AC	Slow	466	172
173	0:40:46	CAVANAGH, Les	(2) Low Fell RC	Slow (Vet)	491	173
174	0:40:49	HARDEN, George	(1) Sunderland Harriers	Slow (Vet)	1124	174
175	0:40:50	TOWNSEND, Richard	(2) Saltwell Harriers	Slow (Vet)	1296	175
176	0:40:51	GIBSON, Mike	(1) South Shields Harriers & AC	Slow	128	176
177	0:40:59	ARMSTRONG, Iain	(2) Saltwell Harriers	Slow	1251	177
178	0:41:02	JAMES, Phil	(2) Saltwell Harriers	Slow (Vet)	1273	178
179	0:41:05	BYRON, Marcus	(2) Tynedale Harriers	Slow (Vet)	246	179
180	0:41:06	ROWE, David Craig	(3) Tynebridge Harriers	Slow	937	180
181	0:41:07	CHRISTOPHER, Len	(1) Sunderland Harriers	Slow (Vet)	1114	181
182	0:41:10	CARRAHAR, Kevin	(1) Sunderland Harriers	Slow (Vet)	1113	182
183	0:41:13	DAVIDSON, Ricky	(3) Blyth RC	Slow	1424	183
184	0:41:34	BELL, Michael	(1) Wallsend Harriers	Slow (Vet)	829	184
185	0:41:35	DANIALS, Simon	(2) Gosforth Harriers & AC	Slow (Vet)	1335	185
186	0:41:37	MACLEOD, Joseph	(1) Heaton Harriers	Slow (Vet)	158	186
187	0:41:38	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vet)	312	187
188	0:41:41	FORSTER, Tim	(2) Saltwell Harriers	Slow (Vet)	1263	188
189	0:41:42	BUCKLEY, Brian	(3) Derwentside AC	Slow	465	189
190	0:41:44	EMMERSON, Paul	(2) Durham City Harriers	Slow	1203	190
191	0:41:45	HARDING, Jamie	(2) Claremont RR	Slow (Vet)	204	191
192	0:41:47	BHO GAL, Paramjeet	(1) Heaton Harriers	Slow (Vet)	135	192
193	0:41:48	SKIRROW, Graham	(1) Alnwick Harriers	Slow (Vet)	73	193
194	0:41:53	O'GARA (V), Terry	(1) Wallsend Harriers	Slow (Vet)	865	194
195	0:41:56	YORSTON, Neil	(1) South Shields Harriers & AC	Slow	122	195
196	0:42:02	BITTLESTONE, William	(1) Sunderland Harriers	Slow (Vet)	1111	196
197	0:42:03	LYNCH, Conor	(2) Jesmond Joggers	Slow	407	197
198	0:42:05	WHITE, Conrad	(2) Elvet Striders	Slow (Vet)	326	198
199	0:42:06	TYE, Graham	(1) Heaton Harriers	Slow (Vet)	1443	199
200	0:42:07	EMMETT, Vince	(1) Sunderland Harriers	Slow (Vet)	1120	200
201	0:42:11	SMITH, Fred	(3) Ryton Tri	Slow (Vet)	1083	201
202	0:42:18	ARMSTRONG, Steve	(1) Wallsend Harriers	Slow	827	202
203	0:42:22	USHER, Brian	(3) Aurora	Slow (Vet)	1331	203
204	0:42:25	WALKER, Steve	(3) Blyth RC	Slow (Vet)	441	204
205	0:42:26	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vet)	1136	205
206	0:42:27	GRAHAM, Peter	(2) Tynedale Harriers	Slow (Vet)	258	206
207	0:42:32	RICHARDSON, Paul	(2) Saltwell Harriers	Slow	1285	207
208	0:42:37	LANGFORD, Alan	(1) Heaton Harriers	Slow (Vet)	150	208
209	0:42:44	JOYCE (V), Michael	(3) Jarrow & Hebburn AC	Slow (Vet)	894	209
210	0:42:55	LEONARD, Simon	(3) Houghton AC	Slow	1094	210
211	0:42:57	HARRISON, Graham	(2) Saltwell Harriers	Slow (Vet)	1269	211
212	0:43:00	KNOX, Martin	(3) Aycliffe RC	Slow	1363	212
213	0:43:00	KYTE, Steve	(1) Elswick Harriers	Slow (Vet)	653	213
214	0:43:22	READMAN, Alan	(3) Houghton AC	Slow (Vet)	1101	214
215	0:43:23	LEMIN, Simon	(3) Blyth RC	Slow	432	215
216	0:43:25	GILLINGHAM, Nick	(1) Alnwick Harriers	Slow (Vet)	1460	216
217	0:43:28	GILMORE, David	(1) North Shields Poly	Slow (Vet)	1074	217
218	0:43:48	WATSON, Geoff	(2) Durham City Harriers	Slow	1244	218
219	0:43:49	MURRAY, Ron	(3) Tynebridge Harriers	Slow (Vet)	931	219
220	0:43:50	HUME, Brian	(2) Low Fell RC	Slow (Vet)	517	220
221	00:44:00	ARMSTRONG, Scott	(2) Jesmond Joggers	Slow	397	221

Place	Time	Name	Team	Cat	No	Pos
222	00:44:02	SHILLITOE, Ben	(1) Heaton Harriers	Slow	169	222
223	00:44:04	COULSON, Lee	(1) Elswick Harriers	Slow (Vet)	638	223
224	00:44:07	JAMISON, Simon	(1) North Shields Poly	Slow	1463	224
225	00:44:09	HALL, Richard	(2) Elvet Striders	Slow (Vet)	298	225
226	00:44:11	GIBSON, Paul	(2) Birtley AC	Slow	1456	226
227	00:44:13	WHEELER, Stephen	(2) Jesmond Joggers	Slow (Vet)	418	227
228	00:44:18	WEIR, Richard	(1) Wallsend Harriers	Slow (Vet)	887	228
229	00:44:20	FORSTER, Tony	(2) Birtley AC	Slow (Vet)	176	229
230	00:44:22	MILLMORE, Lee	(2) Birtley AC	Medium	182	230
231	00:44:23	PEARSON, Stephen	(3) Houghton AC	Slow (Vet)	1099	231
232	00:44:26	MCCALLION, Paul	(2) Gosforth Harriers & AC	Slow	1337	232
233	00:44:35	WRIGHT, David	(2) Low Fell RC	Slow (Vet)	565	233
234	00:44:43	JOYCE, Peter	(1) Wallsend Harriers	Slow (Vet)	849	234
235	00:45:04	GRAY, David	(3) Blackhill Bounders	Slow (Vet)	450	235
236	00:45:06	LOMBARD, Keith	(2) Tynedale Harriers	Slow	1303	236
237	00:45:15	WARD, Christopher	(1) Heaton Harriers	Slow	1466	237
238	00:45:24	GIBSON, Colin	(3) Aycliffe RC	Slow (Vet)	1359	238
239	00:45:35	SCORER, Jamie	(1) South Shields Harriers & AC	Slow	112	239
240	00:45:41	REA, Paul	(2) Saltwell Harriers	Slow (Vet)	1282	240
241	00:45:54	CURRY, Stephen	(1) Elswick Harriers	Slow (Vet)	640	241
242	00:45:55	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vet)	366	242
243	00:45:57	FLYNN, James	(1) Wallsend Harriers	Slow (Vet)	842	243
244	00:46:00	RICHARDSON, Alex	(1) Wallsend Harriers	Slow (Vet)	870	244
245	00:46:03	DAY, Aaron	(1) South Shields Harriers & AC	Slow	1464	245
246	00:46:04	DICKINSON, Ralph	(3) Blyth RC	Slow (Vet)	425	246
247	00:46:05	BERNARD, Pablo	(1) South Shields Harriers & AC	Slow (Vet)	124	247
248	00:46:08	HENDERSON, Jeff	(3) North East Vets	Slow (Vet)	386	248
249	00:46:18	CLARK, Andrew	(1) North Shields Poly	Slow (Vet)	1383	249
250	00:46:18	WEBB, Andrew	(1) North Shields Poly	Slow (Vet)	1381	250
251	00:46:23	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vet)	854	251
252	00:46:30	CURRIE, Alan	(2) Tynedale Harriers	Slow (Vet)	253	252
253	00:46:36	MILBOURNE, Bill	(2) Claremont RR	Slow (Vet)	218	253
254	00:46:41	KEAR, David	(2) Claremont RR	Slow (Vet)	210	254
255	00:46:46	SCOTT, Steve	(3) Houghton AC	Slow (Vet)	1102	255
256	00:46:57	LAMB, Craig	(2) Low Fell RC	Slow	529	256
257	00:46:58	LEE, Philip	(1) Alnwick Harriers	Slow (Vet)	1414	257
258	00:47:12	LONG, Gordon	(2) Low Fell RC	Slow (Vet)	531	258
259	00:47:20	MCENTEE, Colin	(1) Heaton Harriers	Slow (Vet)	1444	259
260	00:47:25	STOBBS, Robert	(1) Gateshead Harriers	Slow (Vet)	758	260
261	00:47:52	SMALL, Mark	(1) North Shields Poly	Slow (Vet)	1061	261
262	00:47:56	ELSY, Michael	(1) South Shields Harriers & AC	Slow (Vet)	125	262
263	00:47:59	KIRTLEY, Rob	(3) Tynebridge Harriers	Slow (Vet)	933	263
264	00:48:02	ROBSON, Dave	(2) Elvet Striders	Slow (Vet)	314	264
265	00:48:45	MILLMORE, Tom	(2) Birtley AC	Slow (Vet)	183	265
266	00:48:56	BROWN, Brian	(2) Durham City Harriers	Slow (Vet)	1195	266
267	00:48:57	PRUDHAM (V), Joe	(3) Jarrow & Hebburn AC	Slow (Vet)	896	267
268	00:49:32	TURNBULL, James	(3) Tynebridge Harriers	Slow (Vet)	1341	268
269	00:49:54	GRASSIE, Mark	(3) Tynebridge Harriers	Slow (Vet)	964	269
270	00:49:59	ADAMSON, George	(1) North Shields Poly	Slow (Vet)	1029	270
271	00:50:40	THOMPSON, Mark	(2) Saltwell Harriers	Slow (Vet)	1295	271
272	00:51:06	SMITH, Alan	(2) Elvet Striders	Slow (Vet)	318	272
273	00:51:33	YOUNG, Dennis	(1) Heaton Harriers	Slow (Vet)	1379	273
274	00:52:46	WHITTAKER, Eric	(3) North East Vets	Slow (Vet)	394	274
275	00:52:59	DUFF, Michael	(3) Tynebridge Harriers	Slow (Vet)	942	275
276	00:53:44	MURRAY, Barry	(2) Birtley AC	Slow (Vet)	184	276
277	00:55:39	MCDONALD, Ken	(1) South Shields Harriers & AC	Slow (Vet)	105	277
278	00:58:14	HUME, Mark	(1) Alnwick Harriers	Slow (Vet)	63	278
279	01:00:13	ROUTLEDGE, George	(1) Heaton Harriers	Slow (Vet)	165	279

U17s - Sherman Cup

Place	Time	Name	Team	Cat	No	Pos		
1	0:21:17	NISBET, Jonathan	Morpeth H	Fast	109	1		
2	0:22:06	MASKELL, Barry	Gateshead H	Fast	263	2		
3	0:22:16	BAILES, Adrian	Birtley AC	Fast	135	3		
4	0:22:21	DUNN, Isaac	Blackhill Bounders	Fast	284	4		
5	0:22:21	CROMBIE, Patrick	Sunderland H	Fast	236	5	TEAMS	
6	0:22:31	BARR, Adam	Gateshead H	Slow	260	6	Gateshead	15
7	0:23:10	STEWART, Jamie	Gateshead H	Fast	267	7	Morpeth	37
8	0:23:20	NICHOLSON, Chris	Gateshead H	Fast	266	8	Sunderland H	43
9	0:23:23	COULTHARD, Matthew	Shildon AC	Slow	66	9		
10	0:23:24	POVEY, Scott	Blyth RC	Fast	44	10		
11	0:23:45	CURRIE, Jonathan	Tynedale H	Slow	74	11		
12	0:23:54	LORRAINE, Robbie	Gateshead H	Fast	262	12		
13	0:24:37	BELL, Jordan	Blackhill Bounders	Fast	283	13		
14	0:25:02	EWART, Adam	Gosforth H	Slow	26	14		
15	0:25:14	JANSEN, Jake	Blyth RC	Fast	42	15		
16	0:25:18	EVANS, Jonathan	South Shields	Slow	149	16		
17	0:25:46	CALDWELL, Phillip	Morpeth H	Fast	105	17		
18	0:26:28	KELLY, Jack	Sunderland H	Slow	234	18		
19	0:26:36	HANCOX, Sam	Morpeth H	Fast	106	19		
20	0:26:58	HIND, Michael	Sunderland H	Slow	189	20		
21	0:27:25	LEVISON, Matthew	Morpeth H	Slow	108	21		

U15s BOYS - Sherman Cup

Place	Time	Name	Team	Cat	No	Pos		
1	0:10:39	COYNE, Thomas	Jarrow & Hebburn	Fast	221	1		
2	0:10:41	JOHNSON, Henry	Schildon AC	Slow	315	2		
3	0:10:45	GOULDING, Tom	Chester-le-Street	Fast	300	3		TEAMS
4	0:10:48	JONES, Joel	Sunderland H	Fast	241	4	Shildon	23
5	0:11:06	WINKLER, Philip	Morpeth H	Fast	117	5	Gateshead	30
6	0:11:07	CRIPWELL, James	Gateshead H	Fast	268	6	Tynedale	37
7	0:11:22	FINDLAY, Jake	Schildon AC	Fast	69	7	Morpeth	40
8	0:11:33	ROUTLEDGE, Toby	Tynedale H	Fast	75	8	Sunderland H	43
9	0:11:35	HOWARTH, Jonathan	Gateshead H	Fast	269	9	Houghton	63
10	0:11:41	WALKER, Joe	Elswick H	Fast	16	10	Alnwick	77
11	0:11:43	ROBINSON, Fergus	Tynedale H	Fast	86	11	Gosforth	78
12	0:11:46	LEWIS, Jarod	Morpeth H	Slow	119	12		
13	0:11:48	MCGRATH, Liam	Houghton AC	Fast	94	13		
14	0:11:53	BELL, Joseph	Schildon AC	Slow	68	14		
15	0:11:57	MOUNT, Thomas	Gateshead H	Fast	273	15		
16	0:12:08	LENG, Daniel	Alnwick Harriers	Fast	167	16		
17	0:12:09	HILL, Adam	Wallsend Harriers	Fast	211	17		
18	0:12:10	MORLEY, Dominic	Tynedale H	Slow	82	18		
19	0:12:15	MCANANEY, James	Sunderland H	Slow	181	19		
20	0:12:22	IRVINE, Luca	Sunderland H	Fast	240	20		
21	0:12:25	MCQUADE, Barney	Gosforth H	Fast	30	21		
22	0:12:26	THOMPSON, Lewis	Houghton AC	Fast	98	22		
23	0:12:32	ALLAN, Andrew	Morpeth H	Fast	120	23		
24	0:12:38	CARTWRIGHT, Daniel	Gosforth H	Fast	23	24		
25	0:12:39	ELLIS, Breadon	Wallsend Harriers	Slow	213	25		
26	0:12:41	SHEFFER, Chris	Blyth RC	Fast	52	26		
27	0:12:41	HEPPELL, James	Morpeth H	Slow	313	27		
28	0:12:46	MITCHEN, Ben	Houghton AC	Slow	95	28		
29	0:12:47	SKIRROW, Peter	Alnwick Harriers	Slow	169	29		
30	0:12:53	MULLEN, Aidan	Blyth RC	Slow	56	30		
31	0:13:04	MATHER, Andrew	North Shields Poly	Slow	229	31		
32	0:13:44	COXON, Harvey	Alnwick Harriers	Slow	166	32		
33	0:13:56	MACKAY, Alex	Gosforth H	Slow	32	33		
34	0:13:58	MORLEY, Jake	North Shields Poly	Slow	231	34		
35	0:14:00	WADE, Jack	Schildon AC	Slow	70	35		
36	0:14:41	OLIVER, Callum	South Shields	Slow	297	36		
37	0:15:02	GREEN, James	Heaton Harriers	Slow	296	37		
38	0:15:10	PAULSEN, Hans	Morpeth H	Slow	209	38		
39	0:15:17	KEEDY, Matthew	South Shields	Slow	298	39		

U13s BOYS - Sherman Cup

Place	Time	Name	Team	Cat	No	Pos		
1	0:11:19	LONSDALE, Markhim	Gateshead H	Fast	277	1		
2	0:11:39	CASSIDY, Ewan	Elswick H	Fast	18	2		
3	0:11:40	HOPKINS, Jacob	Morpeth H	Fast	125	3	Teams	
4	0:11:43	HEDLEY, Kieran	Morpeth H	Slow	129	4	Morpeth	22
5	0:11:52	TAYLOR, Luke	Derwentside AC	Slow	185	5	Elswick	33
6	0:12:00	WAKEFIELD, Matthew	South Shields	Fast	160	6	Tynedale	42
7	0:12:12	BROWN, Alex	Houghton AC	Fast	100	7	Chester-le-Street	45
8	0:12:19	PEARSON, Max	Tynedale H	Fast	84	8	Gateshead	59
9	0:12:29	DONNELLY, Jack	Blaydon Harriers	Slow	203	9	Gosforth	64
10	0:12:33	ANDERSON, Jonathan	Tynedale H	Fast	78	10	Sunderland H	67
11	0:12:35	COWPERTHWAITTE, Tom	Chester-le-Street	Slow	303	11	Houghton	89
12	0:12:38	SMITH, Jack	Sunderland H	Fast	253	12		
13	0:12:46	PINKNEY, Kieran	Chester-le-Street	Slow	302	13		
14	0:12:50	COLLINS, Sam	Elswick H	Fast	192	14		
15	0:12:52	CRAGGS, Leon	Morpeth H	Slow	320	15		
16	0:12:56	DANIELS, Oliver	Gosforth H	Fast	31	16		
17	0:12:56	POTTS, James	Elswick H	Fast	193	17		
18	0:13:04	KELLY, Luke	Birtley AC	Fast	144	18		
19	0:13:08	RUSSELL, Jed	Gosforth H	Fast	37	19		
20	0:13:09	ARMSTRONG, Jack	Wallsend Harriers	Slow	214	20		
21	0:13:22	ARTHUR, Ryan	Chester-le-Street	Slow	308	21		
22	0:13:23	NICHOLSON, Jason	Gateshead H	Fast	278	22		
23	0:13:34	KIRBY, Philip	Morpeth H	Fast	127	23		
24	0:13:37	JACKSON, Christopher	Tynedale H	Slow	200	24		
25	0:13:42	WALTON, Kian	Sunderland H	Slow	312	25		
26	0:13:44	MYERS, Sam	Tynedale H	Slow	89	26		
27	0:13:46	MORLEY, Matthew	North Shields Poly	Fast	232	27		
28	0:13:46	BRYDON, Lewis	South Shields	Slow	314	28		
29	0:13:47	BIRD, Sam	Gosforth H	Slow	281	29		
30	0:13:49	MARTIN, Kyle	Sunderland H	Slow	248	30		
31	0:13:53	WILLIAMS, Samuel	Morpeth H	Slow	130	31		
32	0:13:55	FULLER, Sean	Elswick H	Slow	194	32		
33	0:13:55	BYRON, Fabien	Tynedale H	Slow	316	33		
34	0:14:04	PAGET, Aidan	Sunderland H	Slow	310	34		
35	0:14:04	PHILLIPS, Luke	Sunderland H	Slow	250	35		
36	0:14:05	PHILLIPS, Matthew	Gateshead H	Slow	279	36		
37	0:14:18	SHOTTON, William	Sunderland H	Slow	309	37		
38	0:14:25	HORNER, Sam	Houghton AC	Slow	102	38		
39	0:14:26	GILLINGHAM, Oliver	Alnwick Harriers	Slow	173	39		
40	0:14:45	WATSON, Kieran	Sunderland H	Slow	256	40		
41	0:14:56	MCANANEY, Matthew	Sunderland H	Slow	311	41		
42	0:14:59	GAFFNEY, Joe	Sunderland H	Slow	245	42		
43	0:15:03	CAMPION, David	Gateshead H	Slow	275	43		
44	0:15:08	PAGE, Adam	Houghton AC	Slow	103	44		
45	0:15:11	PICKERING, Jason	Gateshead H	Slow	280	45		
46	0:16:21	TAYLOR, Kieran	Birtley AC	Slow	147	46		
47	0:16:33	ELLIS, Dominic	Chester-le-Street	Slow	319	47		
48	0:16:56	WILLIAMS, Peter	Heaton Harriers	Slow	295	48		
49	0:17:25	GREEN, Thomas	Heaton Harriers	Slow	294	49		

SENIOR MEN - Sherman Cup

Place	Time	Name	Team	Cat	No						
1	0:29:00	MCLEOD, Ryan	Tipton H	Fast	1422	98	0:37:02	JAMES, Paul	(1) Wallsend Harriers	Slow	848
2	0:30:04	HEPPLES, Stephen	Loftus Athletic	Slow	1454	99	0:37:10	MCDONALD, Chris	(1) South Shields Harriers & AC	Slow (Vet)	104
3	0:30:10	NICHOLSON, Matthew	(1) Morpeth Harriers & AC	Fast	32	100	0:37:11	DEACON, Craig	(3) Jarrow & Hebburn AC	Slow	890
4	0:30:31	STEPHENSON, Ryan	(1) Gateshead Harriers	Slow	756	101	0:37:12	KELLY, David	(2) Birtley AC	Slow (Vet)	178
5	0:30:38	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	Fast	904	102	0:37:16	LILLICO, Jim	(1) Alnwick Harriers	Slow (Vet)	67
6	0:30:54	JOHNSON, Calum	(1) Gateshead Harriers	Slow	718	103	0:37:17	HUTCHINSON, Paul	(2) Tynedale Harriers	Medium	264
7	0:30:56	DAWSON, Michael	(1) Morpeth Harriers & AC	Fast	13	104	0:37:18	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Medium	86
8	0:31:12	AISTON, Phillip	(1) Wallsend Harriers	Medium	1398	105	0:37:18	MCENTEE, Scott	(1) Heaton Harriers	Medium	154
9	0:31:27	ELLIOTT, Marc	(1) Gateshead Harriers	Medium	700	106	0:37:19	MOORE, Michael	(1) North Shields Poly	Slow (Vet)	1053
10	0:31:32	HARDY, Dan	(3) Shildon AC	Slow	382	107	0:37:20	LISTER, Kevin	(3) North East Vets	Medium (Vet)	388
11	0:31:35	HOGG, Lewis	(1) Gateshead Harriers	Slow	714	108	0:37:21	SMITH, Fred	(2) Saltwell Harriers	Medium (Vet)	1290
12	0:31:48	CALVERT, Kevin	(1) Sunderland Harriers	Medium	1462	109	0:37:34	HURSE, John	(3) Tynebridge Harriers	Slow	960
13	0:31:54	FRANKS, Conrad	(1) Gateshead Harriers	Fast	703	110	0:37:36	MCCLUNE, Andrew Philip	(3) Newcastle Uni	Slow	1432
14	0:32:22	BARBOUR, Jamie	(1) Heaton Harriers	Slow (Vet)	132	111	0:37:40	DAVISON, Jack	(1) Sunderland Strollers	Slow	1410
15	0:32:26	SWINBURNE, David	(1) Morpeth Harriers & AC	Fast	40	112	0:37:42	EMMETT, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	93
16	0:32:30	SANDERSON, Phillip	(2) Elvet Striders	Medium (Vet)	315	113	0:37:43	TAIT, Ted	(2) Durham City Harriers	Slow (Vet)	1238
17	0:32:33	JONES, Gary	(1) Morpeth Harriers & AC	Medium	26	114	0:37:44	ROBINSON, Geoff	(2) Durham City Harriers	Slow	1349
18	0:32:38	MCCOURT, Lawrence	(1) Gateshead Harriers	Medium	723	115	0:37:44	MCGAHEY, Tim	(2) Jesmond Joggers	Slow (Vet)	411
19	0:32:42	JENKIN, Dan	(2) Durham City Harriers	Fast	1219	116	0:37:45	AGAN, Richard	(1) Alnwick Harriers	Medium	51
20	0:32:56	MCMILLAN, Brendan	(2) Clarendon RR	Medium	217	117	0:37:48	GIBSON, David	(2) Elvet Striders	Slow (Vet)	295
21	0:32:57	BRUDENELL, Victor	North York Moor	Slow	1457	118	0:37:53	MCGARTH, Shaun	(3) Houghton AC	Slow (Vet)	1095
22	0:33:05	PEARSON, Andrew	North York Moor	Slow	1455	119	0:37:54	OAKES, Karl	(2) Birtley AC	Medium (Vet)	185
23	0:33:08	BELL, Stewy	(3) Chester-le-Street	Fast (Vet)	1399	120	0:38:01	KNIGHT, Kevin	(2) Durham City Harriers	Medium (Vet)	1222
24	0:33:11	COULSON, Phil	(2) Low Fell RC	Fast	1300	121	0:38:02	DUNLOP, Sean	(2) Low Fell RC	Medium (Vet)	498
25	0:33:13	AYTON, Liam	(2) Durham City Harriers	Medium	1353	122	0:38:03	WHITEHEAD, Chris	(1) North Shields Poly	Slow (Vet)	1067
26	0:33:14	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671	123	0:38:04	LOUGHNEY, Andrew	(1) North Shields Poly	Slow (Vet)	1052
27	0:33:19	BEWICK, Brian	(1) Sunderland Harriers	Medium (Vet)	1110	124	0:38:05	FOSTER, Alan	(3) Houghton AC	Slow	1092
28	0:33:22	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	Fast (Vet)	45	125	0:38:07	FRANCE, David	(2) Low Fell RC	Slow	1248
29	0:33:29	ASKEW, James	(2) Durham City Harriers	Slow	1465	126	0:38:12	DICKER, Gary	(1) Heaton Harriers	Slow (Vet)	1378
30	0:33:37	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	127	0:38:14	TAYLOR, John	(3) PB Fitness	Slow	916
31	0:33:48	HALL, Sean	(1) Gateshead Harriers	Medium	711	128	0:38:19	SQUIRES, Andy	(1) Alnwick Harriers	Slow (Vet)	75
32	0:33:49	STEPHENSON, Kevin	(1) Elswick Harriers	Medium (Vet)	667	129	0:38:21	CURRAN, Robert	(2) Gosforth Harriers & AC	Slow	354
33	0:33:57	MORLEY, Chris	(1) North Shields Poly	Fast (Vet)	1054	130	0:38:22	EILLES, Ronnie	(2) Birtley AC	Slow	1374
34	0:34:03	PARKER, Richard	(2) Tynedale Harriers	Medium (Vet)	277	131	0:38:24	YOUNG, Barry	(1) North Shields Poly	Slow (Vet)	1068
35	0:34:07	DUNN, Christopher	Sunderland Strollers (N/C)	Medium	1405	132	0:38:25	MCKINNON, Iain	(1) Heaton Harriers	Slow	156
36	0:34:10	BROOKES, Tom	(1) Morpeth Harriers & AC	Slow	681	133	0:38:29	STEWART, Graeme	(3) Blyth RC	Slow	438
37	0:34:16	REED, Nathan	(1) Sunderland Harriers	Slow	1140	134	0:38:32	BROADHURST, Mike	(2) Tynedale Harriers	Slow (Vet)	241
38	0:34:19	HORSLEY, Will	(2) Elvet Striders	Slow	303	135	0:38:33	REEVES, Thomas	(2) Elvet Striders	Slow (Vet)	311
39	0:34:22	SMITH, Keith	Tynebridge Harriers (N/C)	Medium (Vet)	1347	136	0:38:34	GREEN, Philip	(1) Heaton Harriers	Slow (Vet)	143
40	0:34:24	GRAHAM, Steven	(1) Sunderland Harriers	Medium	1400	137	0:38:36	SMART, Liam	(1) Wallsend Harriers	Slow	876
41	0:34:25	HADDON, Alan	(1) North Shields Poly	Medium	1044	138	0:38:40	HARTLEY, Andrew	(1) Elswick Harriers	Slow (Vet)	649
42	0:34:31	HETHERINGTON, Brian	(1) Wallsend Harriers	Slow (Vet)	846	139	0:38:43	KINGSTON, Matthew	(2) Clarendon RR	Slow (Vet)	211
43	0:34:49	SALTER, Matt	(1) Heaton Harriers	Slow	1441	140	0:38:45	HANCOX, Rob	(1) Morpeth Harriers & AC	Slow (Vet)	21
44	0:34:50	HALL, Mark	(3) Tynebridge Harriers	Slow (Vet)	924	141	0:38:47	ARMSTRONG, Graham	(1) Wallsend Harriers	Slow (Vet)	826
45	0:34:50	PRATT, Adam	(2) Tynedale Harriers	Medium	276	142	0:38:49	GIBSON, Nathan	(1) South Shields Harriers & AC	Slow	95
46	0:34:52	MOIR, David	(3) Tynebridge Harriers	Medium (Vet)	930	143	0:38:59	CAIRNS, Steven	(3) Blyth RC	Slow	1423
47	0:34:58	WAKENSHAW, Trevor	(3) Tynebridge Harriers	Slow (Vet)	919	144	0:39:05	HODGSON, Craig	(1) Heaton Harriers	Slow	1395
48	0:35:00	STEPHENS, John	(2) Low Fell RC	Medium (Vet)	556	145	0:39:06	HOLLEY, Martin	(3) Newcastle Uni	Slow	1431
49	0:35:02	NORMAN, Stuart	(2) Gosforth Harriers & AC	Medium	367	146	0:39:08	MCBAIN, Darren	(2) Durham City Harriers	Slow	1226
50	0:35:04	GREENWOOD, Simeon	(1) Gateshead Harriers	Medium	707	147	0:39:18	DINSMORE, Paddy	(1) Wallsend Harriers	Slow (Vet)	839
51	0:35:06	JAMESON, Barry	(2) Tynedale Harriers	Slow (Vet)	267	148	0:39:21	JOYCE, Peter	(3) PB Fitness	Slow	912
52	0:35:07	MACLEOD, Jamie	(1) Heaton Harriers	Medium	157	149	0:39:22	FOWLER, Andrew	(3) PB Fitness	Slow	911
53	0:35:11	MAXWELL, Tony	(2) Low Fell RC	Slow	535	150	0:39:23	TURNBULL, Alan	(1) North Shields Poly	Slow (Vet)	1065
54	0:35:12	ROBINS, Dan	(1) Heaton Harriers	Medium	163	151	0:39:25	SKELDON, Mick	(1) Wallsend Harriers	Slow (Vet)	875
55	0:35:18	SLATER, Martin	(1) Gateshead Harriers	Medium	751	152	0:39:38	RICHIE, Ian	(3) Jarrow & Hebburn AC	Slow	1449
56	0:35:22	TURNER, Joseph	(3) Newcastle Uni	Slow	1438	153	0:39:48	SCOTT, Duncan	(2) Clarendon RR	Slow	228
57	0:35:30	JONSON, Simon	(1) South Shields Harriers & AC	Slow	99	154	0:39:54	PURVIS, Stephen	(3) Jarrow & Hebburn AC	Slow	1450
58	0:35:36	WRIGHT, Davey	(1) Heaton Harriers	Medium	1390	155	0:39:56	COULSON, David	(2) Birtley AC	Slow (Vet)	173
59	0:35:40	WARREN, David	(2) Low Fell RC	Slow	562	156	0:39:59	ALEXANDER, Alec	(1) Gateshead Harriers	Slow	682
60	0:35:45	GREY, Thomas	(3) Houghton AC	Medium	1093	157	0:40:01	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vet)	97
61	0:35:48	ATKINSON, Nick	(1) South Shields Harriers & AC	Medium	84	158	0:40:02	DAVIS, Geoff	(2) Elvet Striders	Slow (Vet)	292
62	0:35:50	WAKEFIELD, David	(1) South Shields Harriers & AC	Medium (Vet)	116	159	0:40:12	SANDERSON, Chris	(1) Elswick Harriers	Slow	625
63	0:35:55	MORRIS, Neil	(2) Low Fell RC	Medium (Vet)	540	160	0:40:14	QUINN, David	(1) North Shields Poly	Slow	1376
64	0:35:59	ARCHER, Jake	(1) Sunderland Harriers	Medium	1106	161	0:40:16	MCDONALD, Ian	(2) Jesmond Joggers	Slow (Vet)	409
65	0:36:00	FOLLEY, Tom	(1) Heaton Harriers	Medium	140	162	0:40:18	SPIERS, Martin	(1) North Shields Poly	Slow (Vet)	1062
66	0:36:00	PENN, Greg	(1) North Shields Poly	Medium (Vet)	1070	163	0:40:20	DEVLIN, Frank	(1) Gateshead Harriers	Slow (Vet)	699
67	0:36:01	STONE, Chris	(3) Blyth RC	Slow	439	164	0:40:22	RUSSELL, Simon	(1) South Shields Harriers & AC	Slow (Vet)	123
68	0:36:03	STURMAN, John	(1) Wallsend Harriers	Medium	879	165	0:40:27	TODD, Michael	(1) Wallsend Harriers	Slow (Vet)	882
69	0:36:04	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium	900	166	0:40:29	JARDIN, David	(1) Elswick Harriers	Medium	652
70	0:36:12	STOBBS, Jason	(1) Gateshead Harriers	Slow	757	167	0:40:31	WALKER, Peter	(1) South Shields Harriers & AC	Slow (Vet)	117
71	0:36:14	SILLITO, Roger	(2) Low Fell RC	Slow	1412	168	0:40:33	MORROW, David	(1) South Shields Harriers & AC	Slow	129
72	0:36:15	ROBSON, Gary	(1) North Shields Poly	Slow (Vet)	1059	169	0:40:39	HARRIS, Shaun	(1) Heaton Harriers	Slow	144
73	0:36:19	KENNEDY, Chris	(2) Saltwell Harriers	Slow	1274	170	0:40:40	HADDON, Martin	(1) North Shields Poly	Slow	1045
74	0:36:20	JARDINE, Oliver	(1) Heaton Harriers	Slow	149	171	0:40:41	BAKER, Micky	(3) Tynebridge Harriers	Slow (Vet)	920
75	0:36:20	MEDD, Steven	(1) Gateshead Harriers	Medium	726	172	0:40:44	DAVINSON, Mark	(3) Derwentside AC	Slow	466
76	0:36:21	HODGSON, Alan	(1) Sunderland Harriers	Slow	1127	173	0:40:46	CAVANAGH, Les	(2) Low Fell RC	Slow (Vet)	491
77	0:36:24	GRAY, Matthew	(3) Newcastle Uni	Slow	1430	174	0:40:49	HARDEN, George	(1) Sunderland Harriers	Slow (Vet)	1124
78	0:36:24	WATSON, Jak	(1) South Shields Harriers & AC	Medium	120	175	0:40:50	TOWNSEND, Richard	(2) Saltwell Harriers	Slow (Vet)	1296
79	0:36:26	HEMY (V), Vaughan	(1) North Shields Poly	Medium (Vet)	1048	176	0:40:51	GIBSON, Mike	(1) South Shields Harriers & AC	Slow	128
80	0:36:28	WOODS, John	(1) Morpeth Harriers & AC	Slow	49	177	0:40:59	ARMSTRONG, Iain	(2) Saltwell Harriers	Slow	1251
81	0:36:28	BALMAIN, Daniel	(1) Elswick Harriers	Slow	626	178	0:41:02	JAMES, Phil	(2) Saltwell Harriers	Slow (Vet)	1273
82	0:36:29	CLARK, Jason	(1) Elswick Harriers	Slow	641	179	0:41:05	BYRON, Marcus	(2) Tynedale Harriers	Slow (Vet)	246
83	0:36:31	DANIELS, David	(3) Tynebridge Harriers	Slow (Vet)	922	180	0:41:06	ROWE, David Craig	(3) Tynebridge Harriers	Slow	937
84	0:36:38	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vet)	92	181	0:41:07	CHRISTOPHER, Len	(1) Sunderland Harriers	Slow (Vet)	1114
85	0:36:42	GARLAND, James	(2) Elvet Striders	Slow	294	182	0:41:10	CARRAHAR, Kevin	(1) Sunderland Harriers	Slow (Vet)	1113
86	0:36:45	COUPLAND, Ronnie	(2) Tynedale Harriers	Slow	250	183	0:41:13	DAVIDSON, Ricky	(3) Blyth RC	Slow	1424
87	0:36:46	VOLPE, Steve	(1) Wallsend Harriers	Slow (Vet)	884	184	0:41:34	BELL, Michael	(1) Wallsend Harriers	Slow (Vet)	829
88	0:36:48	STEPHENSON, Lea	(2) Tynedale Harriers	Slow	278	185	0:41:35	DANIALS, Simon	(2) Gosforth Harriers & AC	Slow (Vet)	1335
89	0:36:49	WOOD, Keith	(2) Saltwell Harriers	Slow (Vet)	1299	186	0:41:37	MACLEOD, Joseph	(1) Heaton Harriers	Slow (Vet)	158
90	0:36:50	BAINBRIDGE, George	(1) South Shields Harriers & AC	Slow (Vet)	87	187	0:41:38	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vet)	312
91	0:36:51	CROWE, Martin	(1) Elswick Harriers	Slow (Vet)	639	188	0:41:41	FORSTER, Tim	(2) Saltwell Harriers	Slow (Vet)	1263
92	0:36:52	MARSHALL, Stephen	(2) Durham City Harriers	Slow (Vet)	1224	189	0:41:42	BUCKLEY, Brian	(3) Derwentside AC	Slow	465
93	0:36:55	HARRIS, David	(3) Chester-le-Street	Slow	1459	190	0:41:44	EMMERSON, Paul	(2) Durham City Harriers	Slow	1203
94	0:36:57	COOPER, Paul R	(1) Sunderland Harriers	Slow (Vet)	1116	191	0:41:45	HARDING, Jamie	(2) Clarendon RR	Slow (Vet)	204
95	0:36:59	WILKINSON, Jonathan	(2) Durham City Harriers	Slow	1352	192	0:41:47	BHOGAL, Paramjeet	(1) Heaton Harriers	Slow (Vet)	135

Place	Time	Name	Team	Cat	No						
96	0:37:00	PORTEOUS, James	(1) Gateshead Harriers	Medium	741	193	0:41:48	SKIRROW, Graham	(1) Alnwick Harriers	Slow (Vet)	73
97	0:37:01	CONNELLY, Kevin	(1) Gateshead Harriers	Slow	695	194	0:41:53	O'GARA (V), Terry	(1) Wallsend Harriers	Slow (Vet)	865
195	0:41:56	YORSTON, Neil	(1) South Shields Harriers & AC	Slow	122	274	00:52:46	WHITTAKER, Eric	(3) North East Vets	Slow (Vet)	394
196	0:42:02	BITTLESTONE, William	(1) Sunderland Harriers	Slow (Vet)	1111	275	00:52:59	DUFF, Michael	(3) Tynebridge Harriers	Slow (Vet)	942
197	0:42:03	LYNCH, Conor	(2) Jesmond Joggers	Slow	407	276	00:53:44	MURRAY, Barry	(2) Birtley AC	Slow (Vet)	184
198	0:42:05	WHITE, Conrad	(2) Elvet Striders	Slow (Vet)	326	277	00:55:39	MCDONALD, Ken	(1) South Shields Harriers & AC	Slow (Vet)	105
199	0:42:06	TYE, Graham	(1) Heaton Harriers	Slow (Vet)	1443	278	00:58:14	HUME, Mark	(1) Alnwick Harriers	Slow (Vet)	63
200	0:42:07	EMMETT, Vince	(1) Sunderland Harriers	Slow (Vet)	1120	279	01:00:13	ROUTLEDGE, George	(1) Heaton Harriers	Slow (Vet)	165
201	0:42:11	SMITH, Fred	(3) Ryton Tri	Slow (Vet)	1083						
202	0:42:18	ARMSTRONG, Steve	(1) Wallsend Harriers	Slow	827						
203	0:42:22	USHER, Brian	(3) Aurora	Slow (Vet)	1331						
204	0:42:25	WALKER, Steve	(3) Blyth RC	Slow (Vet)	441						
205	0:42:26	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vet)	1136						
206	0:42:27	GRAHAM, Peter	(2) Tynedale Harriers	Slow (Vet)	258						
207	0:42:32	RICHARDSON, Paul	(2) Saltwell Harriers	Slow	1285						
208	0:42:37	LANGFORD, Alan	(1) Heaton Harriers	Slow (Vet)	150						
209	0:42:44	JOYCE (V), Michael	(3) Jarrow & Hebburn AC	Slow (Vet)	894						
210	0:42:55	LEONARD, Simon	(3) Houghton AC	Slow	1094						
211	0:42:57	HARRISON, Graham	(2) Saltwell Harriers	Slow (Vet)	1269						
212	0:43:00	KNOX, Martin	(3) Aycliffe RC	Slow	1363						
213	0:43:00	KYTE, Steve	(1) Elswick Harriers	Slow (Vet)	653						
214	0:43:22	READMAN, Alan	(3) Houghton AC	Slow (Vet)	1101						
215	0:43:23	LEMING, Simon	(3) Blyth RC	Slow	432						
216	0:43:25	GILLINGHAM, Nick	(1) Alnwick Harriers	Slow (Vet)	1460						
217	0:43:28	GILMORE, David	(1) North Shields Poly	Slow (Vet)	1074						
218	0:43:48	WATSON, Geoff	(2) Durham City Harriers	Slow	1244						
219	0:43:49	MURRAY, Ron	(3) Tynebridge Harriers	Slow (Vet)	931						
220	0:43:50	HUME, Brian	(2) Low Fell RC	Slow (Vet)	517						
221	00:44:00	ARMSTRONG, Scott	(2) Jesmond Joggers	Slow	397						
222	00:44:02	SHILLITOE, Ben	(1) Heaton Harriers	Slow	169						
223	00:44:04	COULSON, Lee	(1) Elswick Harriers	Slow (Vet)	638						
224	00:44:07	JAMISON, Simon	(1) North Shields Poly	Slow	1463						
225	00:44:09	HALL, Richard	(2) Elvet Striders	Slow (Vet)	298						
226	00:44:11	GIBSON, Paul	(2) Birtley AC	Slow	1456						
227	00:44:13	WHEELER, Stephen	(2) Jesmond Joggers	Slow (Vet)	418						
228	00:44:18	WEIR, Richard	(1) Wallsend Harriers	Slow (Vet)	887						
229	00:44:20	FORSTER, Tony	(2) Birtley AC	Slow (Vet)	176						
230	00:44:22	MILLMORE, Lee	(2) Birtley AC	Medium	182						
231	00:44:23	PEARSON, Stephen	(3) Houghton AC	Slow (Vet)	1099						
232	00:44:26	MCCALLION, Paul	(2) Gosforth Harriers & AC	Slow	1337						
233	00:44:35	WRIGHT, David	(2) Low Fell RC	Slow (Vet)	565						
234	00:44:43	JOYCE, Peter	(1) Wallsend Harriers	Slow (Vet)	849						
235	00:45:04	GRAY, David	(3) Blackhill Bounders	Slow (Vet)	450						
236	00:45:06	LOMBARD, Keith	(2) Tynedale Harriers	Slow	1303						
237	00:45:15	WARD, Christopher	(1) Heaton Harriers	Slow	1466						
238	00:45:24	GIBSON, Colin	(3) Aycliffe RC	Slow (Vet)	1359						
239	00:45:35	SCORER, Jamie	(1) South Shields Harriers & AC	Slow	112						
240	00:45:41	REA, Paul	(2) Saltwell Harriers	Slow (Vet)	1282						
241	00:45:54	CURRY, Stephen	(1) Elswick Harriers	Slow (Vet)	640						
242	00:45:55	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vet)	366						
243	00:45:57	FLYNN, James	(1) Wallsend Harriers	Slow (Vet)	842						
244	00:46:00	RICHARDSON, Alex	(1) Wallsend Harriers	Slow (Vet)	870						
245	00:46:03	DAY, Aaron	(1) South Shields Harriers & AC	Slow	1464						
246	00:46:04	DICKINSON, Ralph	(3) Blyth RC	Slow (Vet)	425						
247	00:46:05	BERNARD, Pablo	(1) South Shields Harriers & AC	Slow (Vet)	124						
248	00:46:08	HENDERSON, Jeff	(3) North East Vets	Slow (Vet)	386						
249	00:46:18	CLARK, Andrew	(1) North Shields Poly	Slow (Vet)	1383						
250	00:46:18	WEBB, Andrew	(1) North Shields Poly	Slow (Vet)	1381						
251	00:46:23	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vet)	854						
252	00:46:30	CURRIE, Alan	(2) Tynedale Harriers	Slow (Vet)	253						
253	00:46:36	MILBOURNE, Bill	(2) Claremont RR	Slow (Vet)	218						
254	00:46:41	KEAR, David	(2) Claremont RR	Slow (Vet)	210						
255	00:46:46	SCOTT, Steve	(3) Houghton AC	Slow (Vet)	1102						
256	00:46:57	LAMB, Craig	(2) Low Fell RC	Slow	529						
257	00:46:58	LEE, Philip	(1) Alnwick Harriers	Slow (Vet)	1414						
258	00:47:12	LONG, Gordon	(2) Low Fell RC	Slow (Vet)	531						
259	00:47:20	MCENTEE, Colin	(1) Heaton Harriers	Slow (Vet)	1444						
260	00:47:25	STOBBS, Robert	(1) Gateshead Harriers	Slow (Vet)	758						
261	00:47:52	SMALL, Mark	(1) North Shields Poly	Slow (Vet)	1061						
262	00:47:56	ELSY, Michael	(1) South Shields Harriers & AC	Slow (Vet)	125						
263	00:47:59	KIRTLEY, Rob	(3) Tynebridge Harriers	Slow (Vet)	933						
264	00:48:02	ROBSON, Dave	(2) Elvet Striders	Slow (Vet)	314						
265	00:48:45	MILLMORE, Tom	(2) Birtley AC	Slow (Vet)	183						
266	00:48:56	BROWN, Brian	(2) Durham City Harriers	Slow (Vet)	1195						
267	00:48:57	PRUDHAM (V), Joe	(3) Jarrow & Hebburn AC	Slow (Vet)	896						
268	00:49:32	TURNBULL, James	(3) Tynebridge Harriers	Slow (Vet)	1341						
269	00:49:54	GRASSIE, Mark	(3) Tynebridge Harriers	Slow (Vet)	964						
270	00:49:59	ADAMSON, George	(1) North Shields Poly	Slow (Vet)	1029						
271	00:50:40	THOMPSON, Mark	(2) Saltwell Harriers	Slow (Vet)	1295						
272	00:51:06	SMITH, Alan	(2) Elvet Striders	Slow (Vet)	318						
273	00:51:33	YOUNG, Dennis	(1) Heaton Harriers	Slow (Vet)	1379						

Sherman Cup 2010/11

	Senior	U17	U15	U13	Total	Place
Gateshead H & AC	19	15	30	59	123	1
Morpeth H & AC	25	37	40	22	124	2
Sunderland H & AC	76	43	43	67	229	3
Tynedale H & AC	130		37	42	209	
Houghton AC	302		63	89	454	
Gosforth H	363		78	64	505	
Elswick H	88			33	121	
Alnwick H	346		77		423	
Shildon AC			23		23	
Chester-le-Street				45	45	
Durham City H	73				73	
Heaton H	109				109	
Wallsend H & AC	118				118	
Low Fell RC	125				125	
Tynebridge H	137				137	
Elvet Striders	139				139	
North Shields Poly	140				140	
Jarrow & Hebburn AC	174				174	
South Shields H & AC	180				180	
Newcastle Uni	243				243	
Saltwell H	270				270	
Claremont RR	312				312	
Blyth RC	343				343	
Birtley H & AC	350				350	
PB Fitness	424				424	
Jesmond Joggers	473				473	
NE Vets	629				629	
Aurora H					0	
Blackhill Bounders					0	
Blaydon H & AC					0	
Crook & District AC					0	
Derwentside AC					0	
Ryton Triathlon Club					0	
Sunderland Strollers					0	
Tyne & Wear Fire & Rescue					0	