



**MIDLAND COUNTIES  
ATHLETIC ASSOCIATION**

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September 2008

Dear Team Manager

**MIDLAND COUNTIES ATHLETIC ASSOCIATION  
NIKE MEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS  
SUTTON PARK – SATURDAY 20th SEPTEMBER 2008  
COMMENCING 1.30PM**

Thank you for your entry to the **Midland Counties Athletic Association NIKE Road Relay Championships** to be held at Sutton Park. A map of the course, travel details to Sutton Park, Sutton Coldfield, Birmingham and the start time of the race is provided above.

Please collect declaration sheets and numbers from the registration desk behind the announcer's bus by the Start/Finish area. Declarations must be completed and returned to the registration desk at least **30 minutes** before the start of each relay concerned.

All competitors must be 17 years of age at midnight 31<sup>st</sup> August in the calendar year of competition.

Changing and showering facilities are available at Wyndley Leisure Centre where proof of identification, i.e. your race number, will be needed to gain access to the facilities.

**PLEASE NOTE THAT ALL PARKING FOR THE EVENT IS IN SUTTON PARK - UNDER NO CIRCUMSTANCES PARK IN WYNDLEY LEISURE CENTRE CAR PARK.**

We also would ask you to remind your athletes and supporters to respect the rules and regulations of Sutton Park and behave in a fit and proper manner to other users of the Park i.e. members of the public, fellow athletes and supporters.

Should you require any further information prior to the day of the event then please contact the MCAA office.

Yours sincerely

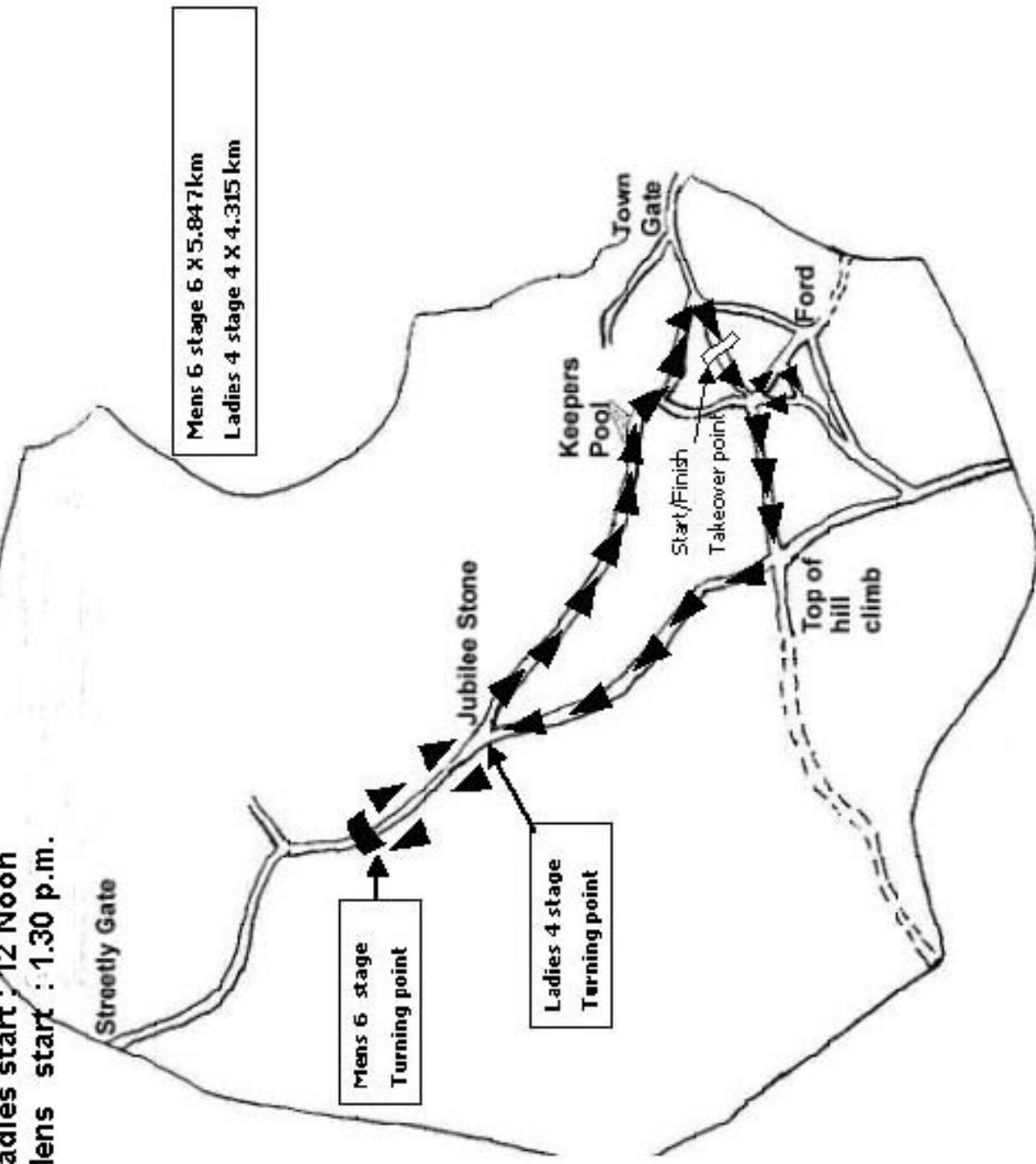
*Dave McNamee*

**Dave McNamee**  
**Chairman MCAA Road Running Committee**

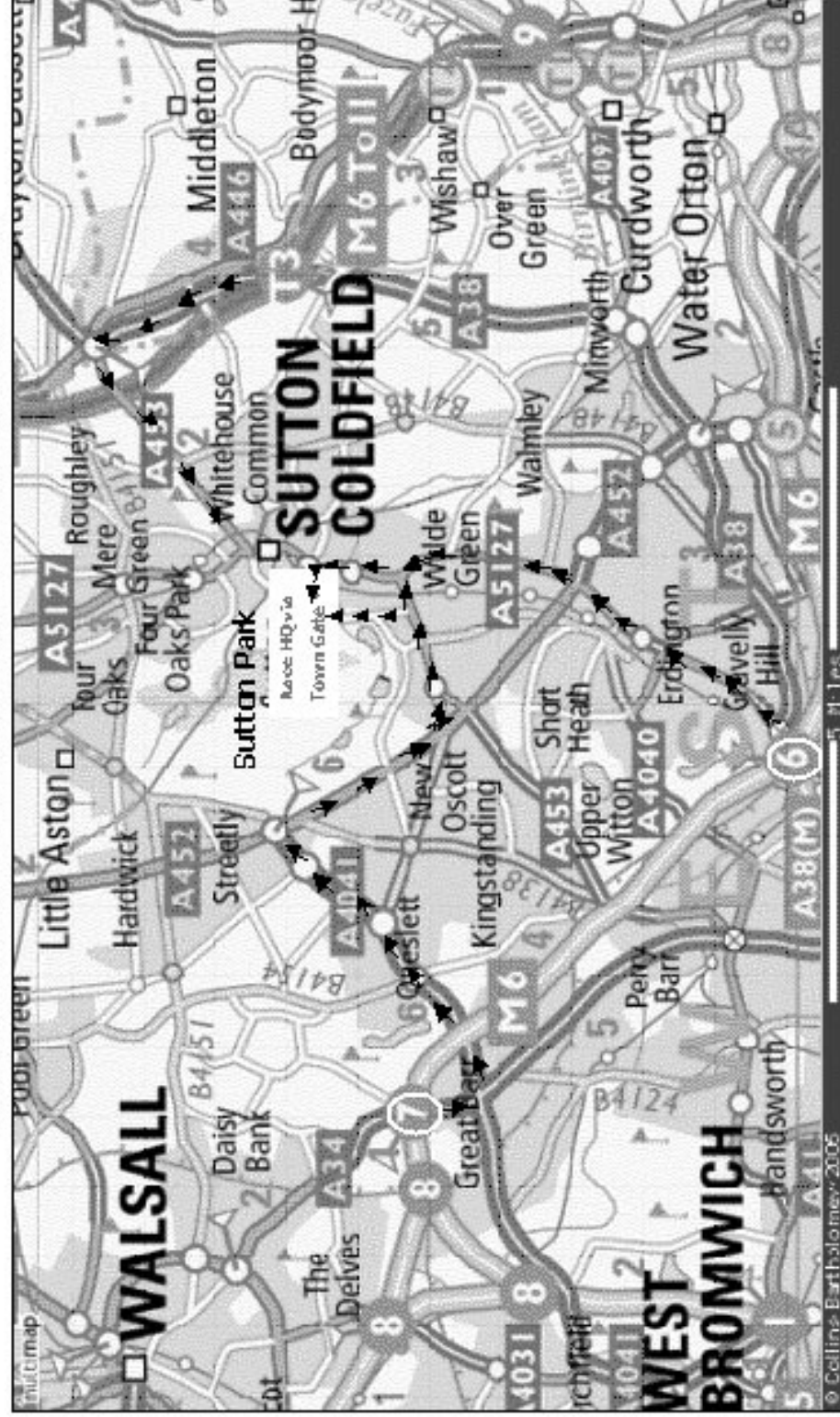
**Midland Counties AA Senior Road Relay Championships, Sutton Park, Sutton Coldfield**

**Senior Ladies start : 12 Noon**

**Senior Mens start : 1.30 p.m.**



## SUGGESTED ROUTES TO SUTTON COLDFIELD



**From M6 J7:** A34 towards Birmingham, left From **M6 J6:** Follow A5127 northwards at Scott Arms, follow A4041 to edge of to Wyde Green and Sutton Coldfield. In Sutton Park, turn right at roundabout onto town centre bear left by railway station, A452 towards Birm. Then left onto turn left opposite centre car parking to go under railway bridge onto Town Gate. Monmouth Drive and continue around Park to Wyndley Leisure Centre to Town Gate.

**M6 Toll, Junction 13:** Follow A38 north (Lichfield) Turn left onto A453 for about 3k. Once in Anchorage Road, turn sharp right into Upper Clifton Road and then right at mini roundabout.

# Sutton Park Relays HQ and Environs

