

YORKSHIREMAN OFF ROAD MARATHON 2008



Sponsored by Mizuno

The Classic 26 Mile Off-Road Event for Walkers & Runners, pairs or individual
 Sunday 14th September 2008, Haworth Community Centre, Butt Lane, West Yorkshire
www.kcac.co.uk

"Yorkshireman Off Road Marathon. 10.00am start. CL. 26.2 miles 3065` from Haworth Community Centre, Haworth (GR 034373)

No entries accepted on the day. Limit of 250 runners. Closing date Monday 8th September 2008 or when limit reached. Free quality training top to all competitors - Retail value £15 - thanks to our sponsors Mizuno.

This was originally a pairs event but a solo category now available. Entry £10 solo or £18 per team of two. Over 18 only.

Hot meal at finish & refreshments en-route, you are requested to carry a mug. The route is partially flagged but you are recommended to reccy the course & carry the relevant map. A full narrative is sent out with confirmation of entry. A A4 colour map of route also available at cost of 75p see below. This is an off road event & run under FRA rules & guidelines. The route covers open moorland & the highest point in West Yorks. Please carry required kit, map, compass & emergency rations.

Entries to C Marshall, Hill Top Barn, Oakworth BD22 7PY. 01535 648017, Email charlie@sportcamps.co.uk Confirmation sent by e-mail or enc SAE" - Cheques payable to Keighley and Craven AC. Please use public car parks in Haworth.

Please enter me for the Full Yorkshireman 14th September 2008

First Competitor - M ___ or F ___ (tick)

Second Competitor (full only) - M ___ or F ___ (tick)

First Name _____

First Name _____

Surname _____

Surname _____

Club _____

Club _____

Address _____

Address _____

_____ Postcode _____

_____ Postcode _____

Tel _____ Age on race day _____

Tel _____ Age on race day _____

E-mail address _____

E-mail address _____

confirmation by e-mail or post supply SAE

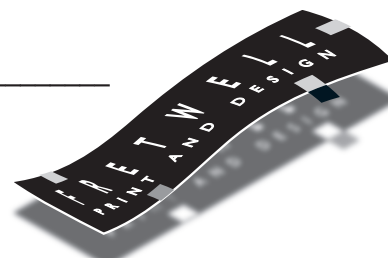
confirmation by e-mail or post supply SAE

I understand that this race is held in accordance with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signed _____

Signed _____

Quality Training Top (please circle size) Collect at Registration (Value £15)	Size: Runner 1 S / M / L / XL Size: Runner 2 S / M / L / XL
RACE ENTRY FEES £10 Individual £18 Team of 2 A4 Map(s) 75p each <input type="checkbox"/> <input type="checkbox"/>	Amount enclosed £ Include SAE for reply



Fretwell Print and Design Ltd
 Goulbourne St, Keighley BD21 1PZ
 T: 01535600714 E: enquiries@fretwell.co.uk

YORKSHIREMAN OFF ROAD HALF MARATHON 2008



Sponsored by Mizuno

Half Marathon Off-Road Event for Walkers & Runners

Sunday 14th September at 10:30am

From Haworth Community Centre, Butt Lane, West Yorkshire,

www.kcac.co.uk

Yorkshireman Half Marathon. BL. 13.1m/1750' from Haworth Community Centre, Butt Lane, Haworth (GR 034373 on the South Pennines Sheet).

Race for individuals only starts at 10:30am for runners and walkers. Online entry available (see website).

Refreshments en route also soup and sandwiches at finish. Quality training shirt to all competitors. Route partially flagged, reccy recommended. This event is run under FRA rules & guidelines, kit to be carried, including map, whistle, compass & full body cover.

For further details visit www.kcac.co.uk - Entry and payment to Charles Marshall, Hill Top Barn, Hill Top Road, Oakworth, Keighley BD22 7PY. Email: charlie@sportcamps.co.uk Tel: 01535 648017. Cheques payable to Keighley & Craven A.C.

no entries on the day. Race limit 300 runners. Entries close Monday 8th Sept or when limit reached.

Records: Adam Breaks, CVFR; f. 1:25.42 2005; Candice Leah, Clayton f. 1:43:13 2005.

Please use the public car parks in Haworth.

Please enter me for the Half Marathon 14th September 2008

Competitor - M ___ or F ___ (tick)

First Name _____ Surname _____

Age on race day _____ D.O.B. _____ Club _____

Address _____

_____ Postcode _____

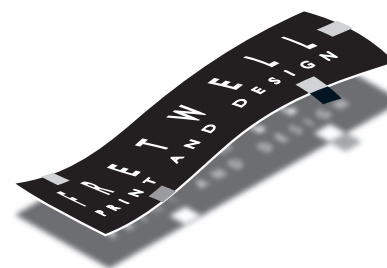
Tel _____ E-mail address _____

Walker ___ or Runner ___ (please tick) confirmation by e-mail or post supply SAE

I understand that this race is held in accordance with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signed _____

Training top (please circle size) Collect at Registration (Value £15)	Size: S / M / L / XL
RACE ENTRY FEE £10 per Individual A4 Map 75p <input type="checkbox"/>	Amount enclosed £ Include SAE for reply



Fretwell Print and Design Ltd
Goulbourne St, Keighley BD21 1PZ
T: 01535600714 E: enquiries@fretwell.co.uk

