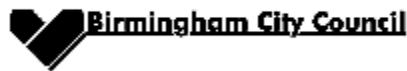




# Amateur Athletic Association of England



## ENGLISH ROAD RUNNING ASSOCIATION IN CONJUNCTION WITH ENGLAND ATHLETICS NIKE Senior Women's 4 Stage (4 x4.315 km) National Road Relay Championship SATURDAY 18 October 2008 –12 Noon– SUTTON PARK



**CLOSING DATE Monday 6<sup>th</sup> October 2008**

OPEN RELAY RACE: Clubs are not allowed to enter more than **THREE TIMES** the number entitled to compete. A Club entering more than one team in a race shall be allowed to select their teams from the Club entry for that event. Teams must be declared before the start of the race.

CLUB: .....

Secretary/Team Manager: .....Tel: .....

Address: ..... Club Colours: .....

.....Email.....

Date: .....

Please entry \_\_\_ Teams Entrance Fee £ \_\_\_ enclosed. Entry Fee £26.00 per team

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the Club under the Rules governing Team and Relay Races, and that the following particulars are complete and correct.

**Signed: Hon Secretary/Team Manager** \_\_\_\_\_ Date \_\_\_\_\_

To enter the National Road Relays please enter online by Sports Soft system at { HYPERLINK "http://WWW.race-results.co.uk" } Postal entries will be accepted in special circumstances make cheques payable to `English Road Running Association` and send to the Championship Secretary, with a correctly stamped return address envelope to: 34,Sunnywood Drive,Tottington,Bury,Lancashire. BL8 3EN

### **RULE 5 – FIRST CLAIM STATUS – ALL RULES APPLY**

FOREIGN ATHLETES JUNIOR/SENIOR MEN & WOMEN. Please note, notwithstanding the above, athletes may NOT compete under these rules until they have been registered with UK Athletics, and have been resident in the UK for a minimum of two months prior to the date of competition.

**RULE 207 (iv) (v)** Junior Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events.

### **RULE 216(6) WILL APPLY**

**CLOTHING:** **All** team runners **MUST** wear the same design of registered Club vest and colours, unless the Referee has given permission for a change to be made.